

What seniors should know about prediabetes

Senior Post

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WVU scores tough win over Iowa State

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OBITUARIES

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Fowler, Willis

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LEGISLATION

“Baby Olivia” pro-life video put in park by Rules Committee

BY BRAD MCELHINNY

WVMetroNews.com

CHARLESTON — A bill that would require eighth grade viewings of a specific video showing insemination and fetal development by a particular national group involved in abortion politics has been parked for now.

The bill had been on track for passage in the state Senate on Monday. But senators on Friday referred Senate Bill 468 to the Rules Committee, which is often a holdover spot where bills may remain in purgatory or reemerge after further consideration.

A section of the bill called the “Baby Olivia Act” would require public school viewings of “Meet Baby Olivia,” by Live Action, a nonprofit organization that has been active in national anti-abortion work.

The video begins with an image of a fetus called Olivia and then goes on to show sperm fertilizing an egg. “This is the moment that life begins.” After that, the video shows weeks of development.

During a Senate Education Committee meeting last week, some senators asked questions about the bill. Sen. Charles Trump, R-Morgan, asked for examples in state law where specific vendors are required. Sen. Charles Clements, R-Wetzel, asked questions related to judicial scrutiny.

West Virginia Free, which advocates for reproductive rights, including abortion access, has expressed several concerns about the bill.

“Senate Bill 468 would force

SEE VIDEO, A-7

MON COUNTY

Local officials say Exit 155 needs both state and federal dollars

BY BEN CONLEY

BConley@DominionPost.com

Call it the Cadillac of problems.

In 2019, the state of West Virginia said it was committing \$66 million to reconfigure I-79 Exit 155.

Working with the county and developer WestRidge, the state said the new interchange would be constructed in a divergent diamond configuration with a west-bound flyover and new bridges over Chaplin Hill Road.

Last month, it was announced

that the U.S. Department of Transportation had awarded \$54.3 million for, according to the DOT's project description, a lot of the same work.

So, is there really \$120 million coming to address Exit 155? If so, who's paying for what?

The answer to the first question, according to Monongalia County Commissioner Jeff Arnett, is yes.

Arnett and Commission President Sean Sikora were part of a Jan. 19 meeting with West

SEE STATE, A-2

A tale of two halves



Submitted photos

Top photo, Matt Plum's pink 1959 Cadillac crated and ready to ship to its new home at an as-yet undisclosed location. The front half of Plum's Cadillac (bottom left) and the back half (bottom right) are also pictured.

An iconic car begins second (maybe third) life in north-central West Virginia

BY JIM BISSETT

JBissett@DominionPost.com

FAIRMONT — Well, you may go to college, the King of Rock ‘n’ Roll once sang.

You may, Elvis also opined — albeit redundantly — go to school.

You may have a pink Cadillac, as the son (and Sun) of Memphis was also known

to muse.

But, came Mr. Presley's boisterous — albeit slightly ungrammatical — proclamation: Don't you be nobody's fool.

In the 1950s, Elvis was It.

He bisected the boulevard of gospel and blues — thus begetting rock — with one hand on the wheel and a two-toned loafer

mashing the gas pedal.

And his vehicle of choice was a Cadillac, including the pink one he sang about that was plunked off the lot and paid for in full in 1955, thanks to his new RCA paycheck.

Fifty million Elvis fans, it was said then, couldn't be wrong.

As far as Morgantown-area entrepreneur and youth sports coach Matt Plum is concerned, a bunch of car designers in

SEE TALE, A-2

GOVERNMENT

Public library obscenity bill yet to make an agenda

BY BRAD MCELHINNY

WVMetroNews.com

CHARLESTON — Legislation to open libraries to felony prosecution if minors gain access to obscene materials has been a source of controversy, but it hasn't yet hit a committee agenda.

Right now, public and school libraries have exemptions to West Virginia's law against displaying or disseminating obscene material to minors. House Bill 4654 would work by simply removing the exemptions.

West Virginia's obscenity laws have possible punishments of fines up to \$25,000 and up to five years imprisonment.

A public hearing last Wednesday to discuss the implications divided participants and drew attention from the public, particularly as some presenters read explicit material aloud.

But the bill has not yet made an agenda.

It had been listed on the Jan. 19 House Judiciary Committee agenda, but a big snow wiped that out. Then, Jan. 22, the bill was pulled from that day's meeting in anticipation of the public hearing.

The public hearing on Jan. 24 was spicy and led into another Judiciary Committee meeting that afternoon. Sometimes the subjects of public hearings can lead straight into committee consideration of the related bill, but when the Judiciary Committee agenda came out that day, the obscenity bill was not on it. Then, this past Friday, the committee dealt with four bills but not that one.

At the Legislature, any bill can disappear from consideration for a while and then pop back up later or in a different format. But the library bill's sponsor, Delegate Brandon Steele, has hints of doubt when he discusses his desire for it to move forward.

“There's a real question as to whether or not that's going to come back up on the agenda. I would have assumed it would have come back up on Wednesday after the hearing, which is when I would have typically done that,” said Steele, R-Raleigh. “It's really

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QUINN SLAZINSKI, Forward, WVU Mountaineer Men's Basketball is a student athlete compensated through the Country Roads Trust.

STATE

PSC: FirstEnergy says Ohio lobbying scandal had no effect on West Virginia bills

BY DAVID BEARD
DBeard@DominionPost.com

An independent audit into the finances of FirstEnergy sisters Mon Power and Potomac Edison found that West Virginia customers rates were not affected by what has been called the Ohio lobbying scandal.

Raymond Valdes, director of rates and regulatory affairs for the companies, made the statement during a Thursday evidentiary hearing on the base rate case before the Public Service Commission. The PSC issued a release on the statement on Friday.

In August, the companies and the PSC agreed to an accounting firm, Van Reen Accounting of Rhode Island, to perform a “Focused Management Audit” in connection with this rate case in the Ohio lobbying scandal.

A Focused Management Audit is an in-depth investigation of one or several specific areas of a utility’s management and operations. The audit concerned lobbying expenses of Ohio-based FirstEnergy, which paid a \$230 million penalty in 2021 after being charged with wire fraud concerning legislation — HB 6 — passed in Ohio in 2019.

Van Reen completed the audit last Dec. 28.

During the hearing, PSC chair Charlotte R. Lane asked Valdes, “Did the Van Reen study find any rate impact or any impact on West Virginia Mon Power or PE customers arising out of the Ohio scandal?”

Valdes answered, “It found that there were no — the scandal known as House Bill 6, it found that there were no charges in customer rates as a result of that. I think it’s the very first page. There’s an executive summary. They go in a little bit more detail, but it’s one of the very first items that they address that

found no evidence of any House Bill 6 charges and customer rates.”

“OK,” Lane responded. “Well, that’s good to know.”

The Dominion Post previously reported that the PSC said in August it did not believe the Ohio scandal had any bearing on Mon Power/Potomac Edison rates in West Virginia, or that the companies did any similar lobbying at the West Virginia Capitol. Any expenses on a utility’s books related to illegal activities would be excluded from rate recovery.

But in a Dec. 26 filing, on

pages 251-252 of a 493 page document, FirstEnergy witness Tracy Ashton corrected prior testimony about costs associated with HB 6, where she said no costs were passed to West Virginia customers.

Costs related to HB 6 were incurred after 2013, she said in her new testimony, and FirstEnergy did not calculate the impact of those costs on the companies’ vegetation management surcharge or its federal air pollution compliance costs.

“FirstEnergy has since estimated that it is possible that HB 6 costs and certain non-recoverable and

non-operating costs could have been applied to these projects.”

They estimated the figure at \$53,000. The Van Reen audit findings were released after Ashton’s testimony.

Mon Power, Potomac Edison and the various parties involved in the companies’ base rate increase case filed a proposed settlement with the PSC on Jan. 23 and await the PSC’s approval.

They’ve settled on an increase of \$105 million, a 6.4% overall hike, effective March 27. The companies said the settlement will increase the average monthly residential bill by 7.9% — \$9.94.

The companies’ request to cut in half the credit for net-metering for home solar customers was not included in the settlement and the parties have asked the PSC to decide on that.

CRIME

FBI agent addresses child human trafficking in state

BY KATHERINE SKELDON
WVMetroNews.com

CHARLESTON — FBI Special Agent Ellen Duffy presented a specific occurrence of human trafficking involving a child in West Virginia recently on MetroNews Talkline that ended successfully.

This follows a training event conducted by U.S. Attorney for West Virginia’s Southern District Will Thompson and U.S. Attorney for West Virginia’s Northern District Bill Ihlenfeld regarding the ongoing connection the state is seeing between human trafficking and substance use disorder.

At the training event, they said that 80% of those being trafficked in West Virginia are under the age of 10 and are in the care of a family member. In addition, they said many of the victims are in foster care and are trafficked so their parent or family member can profit from drugs.

Duffy reiterated this ongoing issue of human trafficking in the state on Talkline Monday, which is any illegal exploitation of a person, but she said in this case, it commonly involves sex exploitation of children.

“In reality what we’re seeing more of unfortunately is parents and caregivers who are exploiting children that they are taking care of and making money essentially by offering them for sex,” Duffy said.

Duffy discussed an adjudicated case on Talkline, which she had presented during the training

session. She said the case that was recently taken up by the FBI and the U.S. Attorney for WV’s Northern District Office prosecuted a mother who was sexually exploiting her daughter to a man in exchange for money and gifts.

“First selling sexual pictures of the daughter to a male customer and then eventually driving her daughter to a hotel room for sex with that male,” she said.

She said the pictures in the case started when the daughter was in her pre-teen to early teenage years, and the sexual activity took place when the girl was between 15 and 16.

“Fortunately in this case, the stars really aligned and the victim, the survivor really, was able to get a lot of support,” said Duffy. “She had the good fortune of having a wonderful guardian who had come into her life who had enabled her to come forward and share what had happened.”

She said the mother is set to spend 40 years in federal prison.

Duffy said, unfortunately however, these particular cases often don’t work out quite so favorably.

She said kids or even adults being trafficked typically do not have the resources to leave the trafficking situations and get the help they need.

Duffy said along with simply not having the resources to do so, victims also many times face

shame and guilt over the notion of coming forward. She said this leaves it difficult for the FBI to place any specific number on how often this situation occurs, but she said it’s more than what people even realize.

“It’s very difficult for them to come forward and share that story, especially when that may be their only caretaker,” Duffy said. “So it’s hard for us to get any exact numbers or sense of it, but I will say, you know, we receive reports from the Human Trafficking Hotline and it’s not a one-off, unfortunately there are many, many people in our state in these vulnerable positions.”

She said, for instance, in the particular case she discussed, the child was attending school and the mother was going to work and it was kept out of the attention from anyone.

Duffy said while substance abuse is a common thread in relation to human trafficking in the state, there are many other factors that play a role. She said similar to other forms of abuse, there’s typically an element of power and control the trafficker feels as motivation for them to continue doing it, as well as various issues needing to be addressed on the customer’s end who is paying for the services to occur.

Duffy said to call the National Human Trafficking Hotline at 888-378-7888 to report any suspected cases of human trafficking.

GRANTS

WVU Higher Education in Prison Initiative selected for Sunshine Lady Foundation award

DPNews@DominionPost.com

The West Virginia University Higher Education in Prison Initiative (WVU HEPI) has been awarded two years of grant funding from the Sunshine Lady Foundation to support its Academic Leadership and Development Program.

The initiative is committed to improving educational access and equity for people imprisoned in the Appalachian region. Its work includes building an associate degree program at State Correctional Institution Greene (SCI-Greene), a maximum-security prison in Waynesburg, Pa.

HEPI offers leadership development opportunities for people impacted by the criminal punishment system, provides support to released people pursuing higher education and integrates restorative practices and a commitment to racial justice into everyday operations. The initiative aims to build supportive networks that bridge the divide of prison walls and make possible a more diverse and inclusive WVU Mountaineer community.

HEPI also partners with the Appalachian Prison Book Project on a scholarship program, awarding scholarships each year to released people enrolled in college in West Virginia. The education scholarship provides key support to students transitioning from prison to the university, which helps build a supportive network of formerly incarcerated college and graduate students across the region.

HEPI will receive \$60,000 each year for the two years via the Sunshine Lady grant. Funds will be used to invest in growth opportunities and experiential learning for currently and formerly incarcerated people: tutoring positions, a book club, technical support and coursework on the inside; a graduate assistantship for a released student, scholarships and emergency funds on the outside.

Prior to learning of this award, HEPI’s Reentry

foundational to building a reentry program, especially needed in the state.

“We were in conversation with the Sunshine Lady Foundation for a year or so before we were invited to apply,” said Founding Director Katy Ryan. “It has been a genuine partnership and such a learning opportunity. I’m grateful for the steady guidance from Sunshine Lady and to Eberly College for assistance with the grant application. The students at Greene are doing truly phenomenal work. Their motivation to learn and to share what they are learning with others inspires all of us at HEPI.”

At Greene, a peer-led Writing Studio will be staffed by students who, in providing writing services to people throughout the prison, will develop a host of professional skills. The book club makes books and educational discussions available beyond the cohort. Technical support will help students complete coursework and improve computer skills.

The main beneficiaries of this award are students at Greene and recently released people pursuing higher education. The cohort will earn academic credits toward degrees and gain a supportive community and confidence as scholars, artists, entrepreneurs and writers. Others confined at Greene will benefit from the Book Club and Writing Studio.

Recently released scholarship recipients will have financial support for their educational goals and a community to assist with navigating higher education.

HEPI will also expand leadership opportunities and strengthen its capacity to support people transitioning from prison to the university, creating a pathway to campus for HEPI participants who wish to continue their education at WVU upon release. Currently, no formal pathway exists.

Prior to learning of this award, HEPI’s Reentry

coordinator and system-impacted graduate student, Darrin Lester, provided support to returning citizens, assisting with housing, employment, technology and education, until his recent death. Throughout his transition from prison and reentry work, the initiative learned how critical it is to have an emergency fund that can be accessed quickly during crises, whether related to mental health, physical health, or housing.

“The purpose of HEPI is not rehabilitation but transformation. We believe education is essential for that process to have any real meaning,” Lester said. “As someone who has spent close to 30 years in and out of prison, I can attest that we do better when we know better. That better can only be realized through critical and analytical thought. It helps us to see the world around us through a different perspective. More importantly it allows us to see ourselves and our potential in a new light. I can’t become, I can.”

Co-Founder and Program Coordinator Rayna Momen said the award would help take the reentry initiatives to the next level.

“We are grateful for the early and continued support we have received for this Initiative from the university and the Laughing Gull Foundation since our inception,” said Momen. With 95% of incarcerated people eventually being released, reentry support is critical to prison education programs and these efforts begin on the inside.”

HEPI stresses higher education’s capacity to increase self-efficacy, reaffirm humanity, create lifelong learning practices, inspire curiosity, and strengthen practical leadership and communication and problem solving skills. One student wrote: “We all seem to be on a mission of improvement of the self and by proxy an improvement of the opportunities and culture inside these walls.”

For more information on WVU HEPI, including ways to support the initiative, contact Jim Nolan, interim director, at jnolan2@wvu.edu or Momen at rmomen@mix.wvu.edu.

The grant was made through the WVU Foundation, the nonprofit organization that receives and administers private donations on behalf of the university.

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HEALTH

Dr. Badhwar provides heart surgery to Jamaican children

DPNews@DominionPost.com

Dr. Vinay Badhwar, executive chair of the WVU Heart and Vascular Institute (HVI), and other HVI providers recently completed a humanitarian heart surgery mission trip to Bustamante Hospital for Children in Kingston, Jamaica, providing care for children and young adults with rheumatic valve diseases.

The mission trip was supported by Chain of Hope, Every Heartbeat Matters, the Cardiac Kids Foundation and the Gift of Life International.

Badhwar and the HVI team performed complex mitral valve repairs on young patients suffering from severely leaking and abnormal mitral valves.

According to Badhwar, all the patients did very well and are expected to return to normal lives with their own natural valves.

Heart defects are the No.



WVU photo

Dr. Badhwar and his WVU Heart and Vascular Institute team surround one of the patients cared for in Jamaica.

1 birth defect worldwide, with more than 400 children born each year in Jamaica with a congenital heart defect. Most of these children will die before their teens if they don't receive the medical and surgical intervention they need.

Badhwar has participated in this effort since 2012. Along with Badhwar, HVI representatives included Dr. Ali Darehzereshki, Fe Herald and Tamisa VanMeter, surgical

scrub tech.

Badhwar's family also played a role in the mission. His daughter, Isabella, a senior at Morgantown High School, worked with her mother, Jennifer, to donate and distribute teddy bears adorned with WVU Medicine Children's clothing.

Humanitarian missions, like this one, are important and just one more way the HVI team is saving and improving lives.

COMMUNITY

Limited free dental exams available for children Friday

DPNews@DominionPost.com

WVU Dental will host Give Kids a Smile Day from 9 a.m. to 3 p.m. Friday.

A limited number of appointments will be

available for children ages 1 to 17 years old.

Appointments include exams, oral health education and radiographs as needed. Parents need to call 304-293-6208 as soon as

possible to schedule an appointment.

Care is provided by WVU School of Dentistry students under the direction of faculty dentists.

ELECTION

Biden returns to South Carolina to show his determination to win back Black voters in 2024

Associated Press

COLUMBIA, S.C. — Joe Biden doesn't need to worry about his prospects in South Carolina's Democratic primary next week. He's got that locked up.

He also knows he's not likely to win the solidly red state come November. It hasn't voted for a Democrat since 1976.

He's spent the weekend in the state nonetheless, intent on driving home two messages: He's loyal to the

state that saved his campaign in 2020 and he's determined to win back Black voters here and elsewhere who were central to his election last time but are less enthused this go-round.

"You're the reason I am president," Biden told attendees at the state party's fundraising dinner ahead of its first ever "first-in-the-nation" Democratic primary on Feb. 3. "You're the reason Kamala Harris

is a historic vice president. And you're the reason Donald Trump is a defeated former president. You're the reason Donald Trump is a loser. And you're the reason we're going to win and beat him again."

Biden received raved applause and chants of "four more years" from attendees at the dinner, as he criticized his predecessor's policies and highlighted his efforts to support Black Americans.

MAKE

FROM PAGE A-1

not my call whether or not that bill goes back on the agenda, but I would think for my constituents and the vast majority of the constituents of my colleagues they would prefer to see the bill run.

"So I don't always understand, and I'm not in the back room with the thought process with the leadership and the committee chairman, but that's his discretion of what to put on the agenda and if he doesn't feel like that's something he wants to pursue there's not a whole lot I can do about that."

Several states, including Arkansas, have passed

similar laws opening libraries to obscenity laws in recent years. Often, library materials under scrutiny are not straight-out pornography but instead works like "This Book is Gay" and "Beyond Magenta: Transgender Teens Speak Out."

The most challenged in 2021 and 2022, according to the American Library Association, was "Gender Queer," an illustrated memoir that recounts the author's exploration of gender identity and sexuality.

Federal obscenity laws generally follow a three-pronged test, including whether a reasonable person finds that the material, taken as a whole, lacks serious literary, artistic,

political or scientific value.

Steele said librarians from his own community approached him with concerns about material available to minors, and he has sponsored a similar bill three years in a row. The first two years, the bill also did not make an agenda.

"I still feel the same way," he said Friday. "I think what we're really talking about is, if it's illegal in the parking lot it should be illegal in the building. I think the public hearing bore out that there's a significant amount of interest in seeing this proceed."

As Steele discussed the bill on the House floor before that day's session,

librarians had gathered just outside the chamber for an annual legislative day, scheduled and planned way before this controversy hit.

Megan Tarbett, president of the West Virginia Library Association, was near a display table just under the statue of a pointing Sen. Robert C. Byrd, ready to answer any questions about the role of libraries in communities.

Tarbett, in an interview, said libraries need to have materials for a range of tastes in their communities and that they have systems in place to consider challenges over what's appropriate. In responding to such complaints, she said, material can be removed, placed in a different section

or kept in place.

The library association opposes the bill, she made clear.

"We do oppose this bill because it's not necessary," she said. "We are already following our own individual procedures as well as state code. We are working our best to have something for everyone on the shelf, but if it's something you do have concerns about come talk to us."

Brian Raitz, director at the Parkersburg & Wood County Library, has experienced several situations with challenged materials. He said "Gender Queer" has been the subject of criticism. Raitz said that book is in the adult biography section.

He said the reconsider-

ation process is one avenue for challenges.

"I do not question their emotional response to material like this," Raitz said on MetroNews' "Talkline." "I think just about everybody in every community will be able to find something in their library that will probably offend them. So I don't fault people with emotional responses to materials. That is their right and their ability to communicate that."

Raitz said the exemption currently in the law is not for libraries and museums to hide behind or to allow obscene materials.

"I can clearly say to you, without a doubt, we have no pornography," he said. "We have nothing obscene in our collection, period."

DR. STEPHEN POWELL RETIRING AFTER 40 YEARS OF SERVICE

Ophthalmologist Stephen Powell, MD, will be retiring on **February 29, 2024**, following more than 40 years serving patients in our region.

Dr. Powell began his career as an ophthalmologist in 1983. In 1987, he began working in private practice in Morgantown. In the early 1990's he founded Regional Eye Associates and expanded the practice to better serve patients. Under Dr. Powell's passionate leadership, Regional Eye Associates has grown to include several talented physicians that provide personalized and compassionate care to the community across six locations.

His pioneering efforts in the late 1990's to establish one of West Virginia's only ambulatory surgery centers changed the outpatient surgical services landscape. The establishment of this facility allows patients to receive surgical services at a fraction of the cost while maintaining the highest standards of care.

The entire team and Regional Eye is honored to have served alongside him. His contributions to our team, his patients and the community are unmatched.

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If you have questions about how to obtain or transfer your medical record, please contact the office.



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WORLD

Ukraine says it has no evidence for Russia’s claim that dozens of POWs died in a shot down plane

Associated Press

KYIV, Ukraine — Officials in Ukraine said Russia has provided no credible evidence to back its claims that Ukrainian forces shot down a military transport plane that Moscow says was carrying Ukrainian prisoners of war who were to be swapped for Russian POWs.

The Ukrainian agency that deals with prisoner exchanges said late Friday that Russian officials had “with great delay” provided it with a list of the 65 Ukrainians who Moscow said had died in the plane crash in Russia’s Belgorod region on Wednesday.

Ukraine’s Coordination Staff for the Treatment of Prisoners of War said relatives of the named POWs were unable to identify their loved ones in crash site photos provided by Russian authorities. The agency’s update cited Ukraine’s military intelligence chief, Lt. Col. Kyrylo Budanov, as saying that Kyiv had no verifiable information about who was on the plane.

The Russian Defense Ministry said Wednesday that missiles fired from across the border brought down the transport plane that it said was taking the POWs back to Ukraine.



AP photo

Russian Investigative Committee employee walks in a place with wreckage of the Russian military Il-76 plane on Thursday.

Local authorities in Belgorod, which borders Ukraine, said the crash killed all 74 people onboard, including six crew members and three Russian servicemen.

“We currently don’t have evidence that there could have been that many people onboard the aircraft. Russian propaganda’s claim that the IL-76 aircraft was transporting 65 Ukrainian POWs (heading) for a prisoner swap continues to raise a lot of questions,” Budanov said.

Social media users in the

Belgorod region posted a video Wednesday that showed a plane falling from the sky in a snowy, rural area, and a huge ball of fire erupting where it apparently hit the ground.

Kyiv has neither confirmed nor denied that its forces downed a Russian military transport plane that day, and Russia’s claim that the crash killed Ukrainian POWs couldn’t be independently verified. Earlier Friday, Mykola Oleshchuk, Ukraine’s air force commander, described Moscow’s

assertion as “rampant Russian propaganda.”

Ukrainian officials earlier this week confirmed that a prisoner swap was due to happen Wednesday, but said it was called off. They said Moscow didn’t ask for any specific stretch of airspace to be kept safe for a certain length of time, as it has for past prisoner exchanges.

An International Committee of the Red Cross spokesperson in Ukraine urged Russia on Friday night to return the bodies of any POWs who might have died in the plane crash.

In a live interview with the U.S.-funded Radio Free Europe/Radio Liberty, Red Cross Media Relations Officer Oleksandr Vlasenko also remarked that “very little time” had passed between the initial reports of the crash and Moscow declaring it was ready to return the bodies of the Ukrainian POWs.

While Ukraine and Russia regularly exchange the bodies of dead soldiers, each trade has required considerable preparation, Vlasenko said.

Ukrainian President Volodymyr Zelenskyy has called for an international investigation into the crash. Russia has sole access to the crash site.

ACCIDENT

A snowboarder spent 15 hours trapped in a ski gondola

Associated Press

SOUTH LAKE TAHOE, Calif. — A snowboarder spent 15 hours trapped overnight inside a ski lift gondola amid freezing temperatures at a Lake Tahoe resort, according to officials and media reports.

Monica Laso boarded the gondola around 5 p.m. Thursday at Heavenly Ski Resort to ride down the mountain because she was too tired to snowboard. But it stopped just minutes later while she was still in the sky, she told KCRA, which first reported the news.

Laso yelled for help, but no one on the ground heard her, the TV station reported. She didn’t have her cellphone, so she couldn’t call for help either.

“I screamed desperately until I lost my voice,” Laso told KCRA in an interview in Spanish.

She spent the night rubbing her hands and feet together to fight off the cold. The overnight low temperature was 23 degrees, according to the National Weather Service.

Laso’s friends reported her missing to the El Dorado County Sheriff’s Office on Thursday, but

she wasn’t found until Friday morning when the gondola started up again for the day and crews realized she’d been there overnight, the TV station reported.

The ski resort, located on the southeastern side of the lake near the California-Nevada border, is investigating “with the utmost seriousness” how Laso got trapped.

“The safety and well-being of our guests is our top priority at Heavenly Mountain Resort,” said Tom Fortune, the resort’s vice president and chief operating officer, in a statement.

The sheriff’s office did not respond to a request for comment Saturday.

Kim George, a battalion chief and spokesperson for South Lake Tahoe Fire Rescue, told The Associated Press that sheriff’s deputies requested their paramedics around 8:30 a.m. Friday after Laso was discovered.

She was responsive and alert and declined to be transported to the hospital, George said.

In her 23 years with the fire department, “we’ve never responded to anything like that,” George said. “I’m very curious to hear the story.”

VIDEO

FROM PAGE A-1

our educators to teach content to our young people that includes scientifically inaccurate claims about fetal development. It’s propaganda, plain and simple. Reasonable lawmakers agree that we should not push lies in our classrooms, but that’s what Senate Bill 468 would do,” said Margaret Chapman Pomponio, executive director of West Virginia Free.

“The organization pushing this bill, Live Action, has an extreme ideological agenda. They want themselves named in our state code. This is a group that is

widely known for pushing outright lies, and they’ve been discredited multiple times for their heavily edited and misrepresentative videos, including by public health officials and in testimony on state and federal legislation.”

The bill does not explicitly grant an opt-out for parents. An early version would have given the state attorney general the power for legal action against entities out of line with the mandated viewing of the video, but that was removed in committee. Pomponio said that as she watched the video her jaw dropped and she reflected on children being forced to

watch it.

“There’s a copycat bill introduced the House, and we’re urging our leaders to reject the extremes, and to focus truly on the health and well-being of our children,” she said. “Let’s give our Department of Education and teachers the respect they deserve to vet and implement factually accurate and appropriate curriculum.”

Sen. Patricia Rucker, the main sponsor of the bill, said the bill represents a goal of teaching students about human development.

“It’s just amazing, with the technology that we now have to basically look into

the womb,” Rucker, R-Jefferson, said last week on MetroNews’ “Talkline.” “We now know when eyelashes are first present, when the baby first starts blinking, swallowing. So it’s a beautifully done video that illustrates how that miraculous event happens in the mother’s womb.

“And it’s not political. It doesn’t mention anything about politics. It doesn’t mention anything about abortion. All it is is human development. That is the part that we want children to be able to see so that they have that understanding and can inform their decision.”

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The Story of the 2 Brave Warriors

Once upon a time there was a brave warrior who went to a stream to go get water for his village. They had no water. So the warrior went off to get water for his village.

There was another warrior who lived in a different village and his father told him to get water from the stream to feed to the village. So he went off to the stream to get water for his village. Then the 2 warriors met each other at the stream. They said what are you doing here! They heard noises then there came a black panther they screamed Ahhhhhhhhhhh! But luckily they brought their trusty swords. So they both brought out their trusty swords and they said to the black panther on guard! So the black panther was charging at the warriors but the warriors were not scared so they both juiced the black panther. Then the black panther fell on the ground! Then the warriors complimented each other but the panther didn’t give up. But then the warriors were charging into the panther. Then they told each other, “Do you know what a Mega slash is?” The warrior said yes let’s do it so they did it, then the panther was dead. So they filled buckets of water then they shook each other and said maybe we will meet each other again next time. So they went off to their villages.

The End

Written by Abeir Aulakh

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OBITUARIES

More obituaries, **Page A9.**

Willis Fowler

Willis David “Butch” Fowler, 83, of Morgantown, passed away Thursday, Jan. 18, 2024. He was born Jan. 3, 1941, in Morgantown, a son of the late Ellis and Goldie

Fowler. Butch was a member of Calvary Chapel Morgantown and a 1959 graduate of University High School. He is survived by his wife of 62 years, Sharon Fowler of Morgantown; daughters, Beth Impastato and her husband Laurence of Bakersfield, Calif., and Valerie Frasher and her husband Shawn of Morgantown; grandchildren, Frank Impastato and his

wife Lyssa of Bakersfield, Calif., Chad Frasher and his wife Samantha of Morgantown, Chris Impastato and his wife Taliyah of Lakemheath, England, Jess Frasher and his wife Jessica of Philadelphia, Pa., and Cole Frasher of Philadelphia, Pa.; great-grandchildren, Lyla Impastato, Frankie Impastato, Kenna Frasher, Cody Impastato, Laurel Frasher, Wes Frasher, and Jace Hudson; siblings, Emil Fowler, of Pisgah, Eldon Fowler of Morgantown, brother-in-law Richard Baker of Morgantown, and many nieces and nephews. In addition to his parents, he is preceded in death by siblings, Dorothy Whipkey, Theodore Fowler, and Edgar Fowler. In keeping with his wishes, Hastings Funeral

Home has been entrusted with cremation services. Friends and family will be received at Calvary Chapel Morgantown, 493 Tyrone Rd., Morgantown, from 11 a.m. on Saturday, Feb. 3, until the time of the memorial service at noon with Pastor Shawn Frasher officiating. A private family committal service will take place at Donaldson Cemetery at a later time. Cards and flowers may be received at Calvary Chapel Morgantown, 493 Tyrone Rd., Morgantown, WV 26508. In lieu of flowers, donations may be made in his memory to the church. Condolences: www.hastingsfuneralhome.com



Betty Bryan

Betty Bryan, age 100, of Oxon Hill, Md., died Saturday, Jan. 20, 2024, in Morgantown. She was born on Aug. 4, 1923, in Fairmont, a daughter of the late Roy and Ethel Heston Ferrell. Betty was a graduate of Morgantown High School and earned her R.N. at the Ohio Valley General Hospital in Wheeling. She served in the Army Nurse Corp during WWII. She considered her greatest accomplishment to be the raising of her three children. She was an active parishioner of St. Columba Catholic Church in Oxon Hill, Md.

In addition to her parents, she was preceded in death by her husband, John Bryan; her brother, Robert Ferrell; and her sister, Shannon Kelly. Survivors include her son, John Bryan II (Carolina); two daughters, Linn (Tom) Monahan and Shannon (Patrick) Gales; her sister, Jane Watterson; eight grandchildren, Beatriz Jarvis (Josh), John Bryan III (Rachel), Shae Bryan, Bradley Monahan (Erin), Ginny Monahan, Kallie Koenigskecht (Scott), Erin Gales and Morgan Gales; and eight great-grandchildren, Flor, Abe, George, Ryker, Veyda, Amelia, Emilia and Anna.

Services will be held at a later date in conjunction with her inurnment at Arlington National Cemetery. Until then, we urge friends and family to have a personal moment in memorial on Sunday Feb. 4, at your place of worship or wherever makes you think of Betty. If you would like to make a memorial contribution, please make it to St. Columba Catholic Church, 7804 Livingston Road, Oxon Hill, MD 20745. McCulla Funeral Home, 770 Fairmont Rd., Morgantown, has provided cremation services. Condolences: www.mcculla.com

Graciela Rodríguez de Ayala

In memory of Graciela Rodríguez de Ayala, a devoted wife and mother who passed away on Dec. 23, 2023, in her primary house in Colombia, South America. She came to call West Virginia her second home when she moved to Morgantown in 2001. She dedicated her life to creating a warm and loving home for her family. Her unwavering support, kind-

ness, and caring spirit touched the lives of all who knew her. May the memory of her be a source of comfort and strength during this difficult time. Graciela loved gardening, planting flowers, knitting, sewing, dancing, cooking, listening to music, traveling and her favorite show was called Serenata Antioqueña. She is survived by six children, Diego Fernando Ayala, Nhora Piedad Ayala, Víctor Hernán Ayala, Martha Cecilia Ayala, Gloria Inés Ayala and Alba Milena Ayala; 13 grandchildren; eight great-grandchildren; a sister,

María del Carmen Rodríguez; and many nieces and nephews. She was preceded in death by her beloved husband, Lubin Ayala; a brother, Juan Bautista Rodríguez; and a sister, Marlene Rodríguez. “I wish we could go back in time to see you again, to give you a hug and never let go. But I understand that your time has come and that God has called you to be by his side, but I never thought it would hurt so much. I will miss you and carry you in my heart forever mom.” — Milena Ayala

Delores May Hovatter, known affectionately as “Aunt Sissy” to her cherished kin, departed this earth on Jan. 24, 2024, at the age of 79. Born on Oct. 30, 1944, in Jere, Delores lived a life marked by warmth, adventure, and the joy of connection. Delores embraced a life of discovery. Alongside her devoted husband, she traveled across the United States, his military career inviting them to explore the world together. Adventures at sea were among her favorite memories, as



Delores Hovatter

Delores Hovatter

cruises became a staple of her leisure time. Delores also turned to the thrill of chance, with gambling being a favored pastime. Delores excelled at gathering people together, hosting family reunions that became legendary for the bonds they strengthened and the memories they created. Above all, her great-grandchildren — Hudson Snider, Marshall Stepney, Jr. and Saliha Stepney — brought unparalleled joy into her life. Preceded in death by her parents, Delbert Barnett and Della Claypole; her husband, Thomas Hovatter; and her brothers, Delbert Barnett Jr. and Donald Barnett. Delores’s legacy shines on through those she leaves behind her

siblings, Carol (Charles) Kirk and James Barnett; her children, Thomas Hovatter, II, and Marcella Hovatter; her grandchildren, Jessica (Jeremy) Snider and Marshall Stepney; and her treasured great-grandchildren. The family would like to extend their gratitude to the Amedysis Hospice team for the exceptional care they provided Delores. Family and friends are invited to gather at Fred L. Jenkins Funeral Home from 3-7 p.m. on Monday, Jan. 29, and again on Tuesday, Jan. 30, from 10 a.m. until the time of service at 11 a.m. Condolences: fredjenkinsfuneralhome.com

Patricia John

Patricia G. Morgan John, 96, of Morgantown, passed away on Friday, Jan. 5, 2024, at Sundale Nursing Home. Patricia was born on Nov. 28, 1927, the daughter of the late Hobson and Ida Mae (Fleming) Osborne. Patricia worked at the West Virginia University Bookstore until retirement. She was a lifelong member of the First Baptist Church in Morgantown. In her free time, she enjoyed golfing, dancing, watching WVU football, playing bridge, and listening to music. Patricia is survived by



Patricia John

her son, Terry Morgan and his wife Patricia Kiger Morgan; grandchildren, Trish Morgan and her partner, Nathan Meacham, Heather Angerer and her husband, John; and Theodore Morgan and his wife, Amanda; great-grandchildren, Emmaline Angerer, Jack Angerer, Maeve Dowling, and Thea Morgan; and special nieces, Kathy Linton and Ruth Dorsey. In addition to her parents, she is preceded in death by her first husband, Charles Morgan; and her second husband, Dale John. Friends and family will be received at Hastings Funeral Home, 153 Spruce St., Morgantown, from 1 p.m. on Saturday, Feb. 3,

until the time of the funeral service at 3 p.m. with Rev. Dick Hepler officiating. A private family committal service will be held at East Oak Grove Cemetery at a later time. The family would like to give a special thank you to the staff of Sundale Nursing Home and to Morgantown Hospice for their excellent care. In lieu of flowers, donations may be made to the Sundale Resident Council, Attn: Donna Tennant, 800 J.D. Anderson Dr., Morgantown, WV 26505. Condolences: www.hastingsfuneralhome.com



Robert G. Pilon, 91, of Mapletown, Pa., passed away peacefully Thursday, Jan. 25, 2024, at his home with his family at his side. Born Oct. 1, 1932, in Tupper Lake, New York, he was a son of the late Clarence and Florence (Amell) Pilon. He honorably served in the U.S. Army during the Korean Conflict, where he was trained as a paratrooper and airplane pilot. Robert retired in 1992 as a superintendent for



Robert Pilon

Robert Pilon

Shannopin Mining Company. He was a member of the V.F.W. Post 747 in Point Marion, and the American Legion, Post 400 in Carmichaels. Surviving is his wife, Carolee (Denis) Pilon; his four children, Robert Pilon, Jr. (Diane) and Cynthia St. Louis, all of Morgantown, Richard Pilon of Carmichaels, and Susan Norman of Dilliner; her three children, Cynthia Lancaster and Denis John Norman, both of Brandon, Fla., and Robert Norman (Lisa) of Spring Hill, Fla.; a number of grandchildren and great-grandchildren; and a brother, Raymond Pilon of Hamburg, New York.

His first wife, Theresa (Reandeau) Pilon passed away in 1993. Also deceased is a brother, Clarence Pilon; a sister, Dorothy Denis; and a step-daughter, Carol Sue Hernandez. The family will receive friends in the Richard R. Herod Funeral Home, Point Marion, from 2-4 p.m. and 6-8 p.m. on Tuesday, Jan. 30, and Wednesday, Jan. 31, from 10 a.m. until the 11 a.m. hour of Blessing Service with Fr. Frances Frasier officiating. Interment, with full military honors, will follow in Monongahela Hill Cemetery, Greensboro. Condolences: www.herod-rishel.com

Ronald Conner

Ronald Allen Conner, age 61, of Morgantown, passed away on Friday, Jan. 5, 2024. He was the son of the late Grover and Rosemarie Clark Conner. In addition to his parents, he is preceded in death by his wife, Cheryl Denise Garrett Conner; his sisters, Tammy Conner, Mary Hunt, and Penny Harwood; and his brothers, Clifford Corob and



Ronald Conner

Edward Conner. He leaves behind to cherish his memory his brothers, LeRoy (Susan) Conner and Donald Conner; sisters, Sherry (Skip) Poling, Donna (Richard) McBee, and Samantha Conner. Ronald worked for West Virginia University for 39 years, and upon passing he generously donated his body to the university. A memorial service will be held at a later date to celebrate his life and legacy. Condolences: fredjenkinsfuneralhome.com

Beverly Cress

Beverly Charlene Cress, age 76, of Fairmont, passed away Friday, Jan. 26, 2024, at Mon Health Medical Center. A graveside service will be held at Beverly Hills Cemetery at 11 a.m. on Tuesday, Jan. 30. McCulla Funeral Home is in charge of arrangements. Condolences: www.McCulla.com

Henry Lee

Henry Lee, 65, of Morgantown, passed away peacefully with his family by his side on Thursday, Jan. 25, 2024, at UPMC Presbyterian. Arrangements, which are incomplete, have been entrusted to Hastings Funeral Home and will be updated at www.hastingsfuneralhome.com.

NATION

Avian flu is devastating farms in California’s ‘Egg Basket’ as outbreaks roil poultry industry

Associated Press

PETALUMA, Calif. — Last month, Mike Weber got the news every poultry farmer fears: His chickens tested positive for avian flu. Following government rules, Weber’s company, Sunrise Farms, had to slaughter its entire flock of egg-laying hens — 550,000 birds — to prevent the disease from infecting other farms in Sonoma County north of San Francisco. “It’s a trauma. We’re all going through grief as a result of it,” said Weber, standing in an empty hen house. “Petaluma is known as the Egg Basket of the World. It’s devastating to see that egg basket go up in flames.” A year after the bird flu led to record egg prices and widespread shortages, the disease known as highly pathogenic avian influenza is wreaking havoc in California, which escaped the earlier wave of outbreaks that devastated poultry farms in the Midwest. The highly contagious virus has ravaged Sonoma County, where officials have declared a state of emergency. During the past two months, nearly a



AP photo

A worker moves crates of eggs at the Sunrise Farms processing plant in Petaluma, Calif., which has seen an outbreak of avian flu in recent weeks. dozen commercial farms have had to destroy more than 1 million birds to control the outbreak, dealing an economic blow to farmers, workers and their customers. Merced County in Central California also has been hit hard, with outbreaks at several large commercial egg-producing farms in recent weeks. Experts say bird flu is spread by ducks, geese and other migratory birds. The waterfowl can carry the virus without getting sick and easily spread it through their droppings to chicken and turkey farms and backyard flocks through droppings and nasal discharges. California poultry farms are implementing strict biosecurity measures to curb the spread of the disease. State Veterinarian Annette Jones urged farmers to keep their flocks indoors until June, including organic chickens that are required to have outdoor access. “We still have migration going for another couple of months. So we’ve got to be as vigilant as possible to protect our birds,” said Bill Mattos, president of the California Poultry Federation.

The loss of local hens led to a spike in egg prices in the San Francisco Bay Area over the holidays before supermarkets and restaurants found suppliers from outside the region. While bird flu has been around for decades, the current outbreak of the virus that began in early 2022 has prompted officials to slaughter nearly 82 million birds, mostly egg-laying chickens, in 47 U.S. states, according to the U.S. Department of Agriculture. Whenever the disease is found the entire flock is slaughtered to help limit the spread of the virus. The price of a dozen eggs more than doubled to \$4.82 at its peak in January 2023. Egg prices returned to their normal range as egg producers built up their flocks and outbreaks were controlled. Turkey and chicken prices also spiked, partly due to the virus. “I think this is an existential issue for the commercial poultry industry. The virus is on every continent, except for Australia at this point,” said Maurice Pitesky, a poultry expert at the University of California, Davis.

Published obituaries can now be viewed for free at dominionpost.com.



OBITUARIES

More obituaries, **Page A8.**

Dr. Philip Edmund Comer, PhD, 91, of Morgantown, passed away peacefully at home surrounded by his loving family on Thursday, Jan. 18, 2024. He was born on May 15, 1932, the son of the late Edmund Joseph and Helen Sarah (Delbrugge) Comer.

Phil grew up in Wheeling. He graduated from Linsly Military Institute in 1950 and then attended West Virginia University on a wrestling scholarship. This is where he met the love of his life, Nancy. They were wed on June 11, 1955, in Cumberland, Md., and were married for over 65 years.

Phil and Nancy began their amazing love affair as a young military couple who were stationed at Fort Rucker in Alabama, Fort Knox in Kentucky, and at Gary Air Force Base in Texas between 1955-59 where Phil was Lieutenant, U.S. Army. His primary duties were as an Armored Training Officer, Aviator, and Flight Instructor.

After moving back to Morgantown, Phil finished his education and began his career at WVU. He received his bachelor's degree, master's degree and his finally his doctorate in psychology in January of 1971, all from West Virginia University. Phil was a Clinical Psychologist, Professor, Associate

Director, and Director of the WVU Carruth Center for Counseling and Psychological Services. He was a distinguished teacher and wise counselor, who was a favorite among his students. During his time at the Carruth Center, he and Nancy, along with the help of their daughters, hosted countless get-togethers at their home for all of the staff and students. Nancy was known for her amazing cooking skills and there were always lots of delicious refreshments! The Comer residence was a warm and welcoming home-away-from-home for his students where many backyard picnics, volleyball games and the annual Crab Feast were held.

Throughout his professional career, Phil authored, co-authored, and created over 35 different types of publications or presentations. Most notable of these was an outstanding program that was given each year to parents of all new students at WVU during the Summer Orientation Program. His address "Parents Experience of College" had an incredible impact on new WVU families and was consistently rated as the best part of the entire program each year.

He was a Fellow and Past President of the West Virginia Psychological Association and received their Lifetime Achievement Award. Among his numerous awards and recognitions, Phil was named Professor of the Year for the State of West Virginia; Outstanding Professor, West

Virginia University, WVU College of Arts & Sciences, and WVU Honors Program; Charter Member, WVU Division of Student Affairs (now Division of Student Life) Hall of Fame; Most Loyal Faculty Mountaineer; WVU President's Shining Star Award; and honored by the WVU Psychology Department by establishment of the Philip E. Comer Graduate Teaching Award. He also proudly served as a University Marshall at WVU's graduation ceremonies from 1986-96.

Phil retired from WVU in 1997 after 34 years of faculty and administrative service. Upon his retirement, he was awarded the status of Professor Emeritus of Psychology. He started a private counseling and consulting practice where his wife, Nancy, served as his secretary and office manager. Phil's clients were often treated to a second therapy session with Nancy as they checked out. They truly were quite a special team.

Later in life, from 2004 until 2020 (when everything was shut down due to the COVID pandemic), Phil started a new career working in Clarksburg with the Disability Determination Section of the Division of Rehabilitation Services of West Virginia, where he was a beloved colleague, mentor, and friend to his coworkers. He taught himself to type and to navigate working on a computer. He was known for his well-decorated cubicle full of family photos, cartoons, and quotes, as well as for

Philip Comer

sharing chocolates and coffee with others.

Phil's true passion was being a loving and devoted spouse to his wife, Nancy, whom he adoringly called his "Golden Girl," and she in turn referred to him as "Her Phil." He was a doting and caring father to his daughters, Vicki and Missy, and always welcomed their friends into their home. In their younger years, he was often the "chauffeur" driving them to all of their various activities in their giant "family truckster," wood-paneled station wagon filled with their friends. Phil carried on his father's tradition of giving his family wonderful foot rubs and was lovingly known for giving the very best "bear hugs!" But perhaps the role Phil treasured most of all was being the adoring grandad to his precious grandchildren, Kate and Jackson. After the tragic death of their mother, Phil lovingly took on the role of being "Super Grandad" to them and they were truly the light of his life!

He was a long-time member of Wesley United Methodist Church in Morgantown. Phil was also a member of the Linsly Aviator Society, member of Phi Kappa Psi Fraternity ('51 WV Alpha Chapter), and the Golden Key National Honor Society. Phil was an avid reader, history buff and had a love for trains because his father worked for the B&O Railroad. He treasured his family's annual beach trips to the South & North Carolina shores where they

vacationed with friends.

Phil is survived by his daughter, Victoria (Vicki) Anne, and spouse and favorite son-in-law, Brian Hoover of Morgantown, who lived with, and cared for him since the passing of his beloved wife, Nancy; two precious grandchildren, Kathryn (Kate) Anne Wolfe and Jackson (Buddy) Davis Wolfe; special nieces, Sondra K. Britt and Erin Helmstetter (Douglas); special nephews, Charles (Chip) White (Martha) and Scott Pinter; his son-in-law, Gregory Wolfe; goddaughters, Karen Downes and Mary Louise Rogers; and many other loving relatives and countless treasured family friends.

In addition to his parents, he was preceded in death by his beloved wife, Nancy Jean Wenzel Comer, in December of 2020 due to complications from COVID; his precious daughter, Melissa Sue Wolfe; his sister, Linda Straub (Andrew); his two sisters-in-law, Zenith White (Charles) and Joan Pinter (Eugene); and his in-laws, John and Kathryn Wenzel.

His family would like to extend their heartfelt thanks to all of the caring and compassionate staff of Morgantown Hospice for taking such tremendous care of Phil this past year. They also want to extend special thanks to Angie, Lisa, Marcy and Michael who assisted his family with his care which enabled Phil to stay at home. Phil genuinely loved all of them and they adored him too! We also want to

extend our thanks to the friendly staff at the Wendy's restaurant on Patteson Drive for always taking the extra time and effort to bake their tasty oatmeal bars for him — they were Phil's favorite treat!

Friends and family will be received at Wesley United Methodist Church, 503 North High St., Morgantown, from 10:30 a.m. on Wednesday, Jan. 31, until the time of the funeral service at 12:30 p.m. with Pastor Larry Buckland officiating. Afterwards, a brief internment service will be held at Beverly Hills Memorial Gardens, 1290 Fairmont Rd., Morgantown, for family and friends.

In lieu of flowers, the family asks that you please consider donating to the WVU Honors College for student support, via the WVU Foundation, One Waterfront Place — 7th Floor, P.O. Box 1650, Morgantown, WV 26507. Please note "In memory of Dr. Philip Comer, Fund 2V153, WVU Honors College." Or, donations may be made to the Amedisys Foundation, 3854 American Way, Suite A, Baton Rouge, LA 70816. The local office of Morgantown Hospice on Collins Ferry Road, an Amedisys Partner, provided absolutely amazing and compassionate care for Phil and his family for the past year.

Condolences:
hastingsfuneralhome.com



Emil Paul Alexander of Morgantown passed away at his home surrounded by family on Jan. 24, 2024. He was 10 days shy of his 97th birthday.

Emil was born Feb. 3, 1927, the son of the late Mike Alexander and Martha Peters

Alexander. He attended St. Francis Catholic School. He worked in the family business, Mike Alexander, and Sons alongside his father and two brothers. He enlisted in the Navy on Feb. 2, 1945, and served as a Seamen 1st Class on a destroyer tender. Emil married the love of his life, Virginia Mary Liberatore on Sept. 4, 1950. He was a lifelong devoted member of St. Mary's Catholic

Church, the Knights of Columbus, Veterans of Foreign Wars, and the Elks Club. Emil's greatest joy was his family whether by blood or assimilation and cherished any opportunity to be together. He never met a stranger and loved spending time camping and as a Boy Scout Troup Leader.

He loved spending weekends at the family lake house in Warm Hollow and boating on Cheat Lake. Emil was a proud Veteran and enjoyed the places he saw and the people that he met along the way because of that connection. He was a friend to all he knew and beloved by everyone he met. He always saw the good in people. He was as passionate about people as he was about spaghetti dinners and tootsie roll fund raisers. For over 20 years he enjoyed spending the winter months in Ft. Myers, Fla.

Emil is survived by his wife of 73 years, Virginia

(Liberatore) Alexander; his children, Michael (Sue) Alexander, Patrick (Oceania) Alexander, Paulette Culton, all of Morgantown and Amy (Harry) Bracy of Columbia, S.C.; his grandchildren, Kristian Haines, Joshua (Stephanie) Alexander, Christopher (Caitlyn) Alexander, Samantha (Kevin) Salazar, Amanda Freels (Brad Heather), Angelo Soliveras, Emily (Paul) Lanphier, Annie Schenzel, Tyler (Jaclyn) Schenzel, Turner (Jade) Schenzel, Grant Culton, Garrett Culton, Bailey Colquitt and Sydney Colquitt; and 17 great-grandchildren. He is survived by two sisters, Delores Solomon, and Patty Liberatore.

In addition to his parents, Emil was preceded in death by his daughter, Theresa Alexander Schenzel, and son-in-law, Tyler August Schenzel; his son-in-law, Dean Culton; six siblings, George Alexander; John Alexander; Mary

Deaton, Helen Shearer, Marguerite Reiner, and Emma Angotti.

Friends and family will be received at St. Mary Roman Catholic Church, 3346 University Ave., Morgantown, from 5-8 p.m. on Sunday, Jan. 28, and again on Monday, Jan. 29, from 10 a.m. until the Mass of Christian Burial at 11 a.m. with Father John McDonough as celebrant. A private family committal service will take place at a later time at Beverly Hills Memorial Gardens with full military funeral rites.

In lieu of flowers, donations may be made in his memory to St. Ursula Food Pantry Outreach, P.O. Box 18, Pursglove, WV 26546 or The Pantry Plus More, 9 Rousch Dr., Morgantown, WV 26501.

Condolences:
hastingsfuneralhome.com



Lawrence Nelson

Lawrence "Zockey" Nelson, 48, of Fairmont, and formerly of Morgantown, passed away unexpectedly, Tuesday, Jan. 23, 2024 in Morgantown. He was born Jan. 30, 1975, in Baltimore, Md.

Memorial services will be held at Dering-Henson Funeral Home at 1 p.m. on Tuesday, Jan. 30.

Caring services are being provided by Dering-Henson Funeral Home, Morgantown.



Kenneth Harrington

Kenneth Harold Harrington, 68, formerly of Houston, Texas, passed away on Sunday, Jan. 21, 2024, in Bruceton Mills.

Kenneth was born on Sept. 27, 1955, in Houston, Texas, to parents Tom Frank Harrington and Dorothy Brooks Harrington.

A private graveside service will be held at the Bethel Cemetery in Maidsville.

Smith Funeral & Cremation Care of Westover/Morgantown, 304-292-9494, is assisting with the arrangements.



Erica Butcher

Erica Lynn Butcher, 41, passed away at home on Jan. 23, 2024, after a brief illness. Erica was born Oct. 23, 1982, in Morgantown. She is the daughter of John "Mike"

Butcher, Sr., of Morgantown.

Born with a sense of adventure, Erica left school early, got her GED, and headed to Alaska. She spent several years in Anchorage as the manager of a toy store before returning to live the rest of her life in her hometown. After her son, Nathan Harris, Jr., was born, she devoted her life to his care and upbringing. Erica's family and her animals were the center of her world.

She is survived by her life-partner, Nathan ("Rookie") Harris, Sr.; her son, Nathan; father, John

Butcher, Sr.; brother, John Butcher, Jr., of Morgantown and his family, Abbie Swiger, Aiden and William Shinkovich; niece, Jonna Butcher; aunt and uncle, Kathy Snyder and George Roeder; aunt and uncle, James and Elizabeth Reese; adopted mom, Dorrit McDonald; and her cats, Smokey and Oliver.

Erica is preceded in death by her grandmother, Doris Butcher Snyder.

Erica never wanted to be the center of attention, so there will be a private service for her immediate family. Interment will take place at Beverly Hills Memorial Gardens.

Friends wishing to honor Erica may make a donation in he name to Animal Friends of North Central West Virginia, P.O. Box 1090, Dellslow, WV, 26531.

Condolences:
hastingsfuneralhome.com



DEATH NOTICE

Carl Kent Musgrave, 68, of Morgantown, passed away Thursday, Jan. 25, 2024 at J.W. Ruby Memorial Hospital. Cremation arrangements have been entrusted to Hastings Funeral Home and there will be no public services.

DEATH NOTICE

Debra Adams, age 64, of Morgantown, passed away Friday, Jan. 26, 2024. McCulla Funeral Home is in charge of cremation services.

The Dominion Post publishes obituaries Wednesday-Sunday. They can now be viewed for free at dominionpost.com. To submit an obituary, email obits@dominionpost.com

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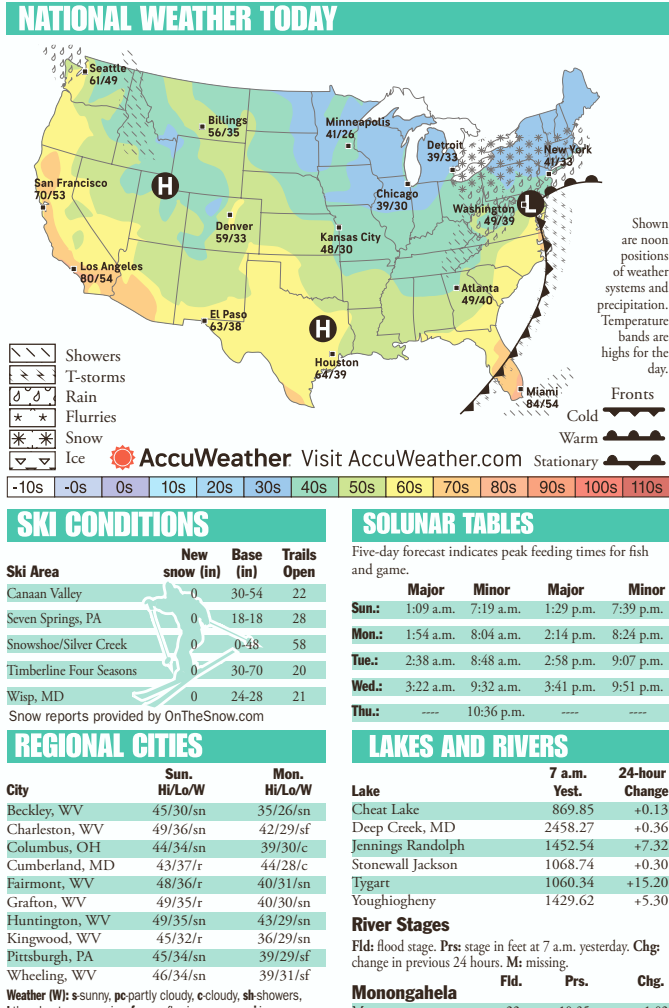
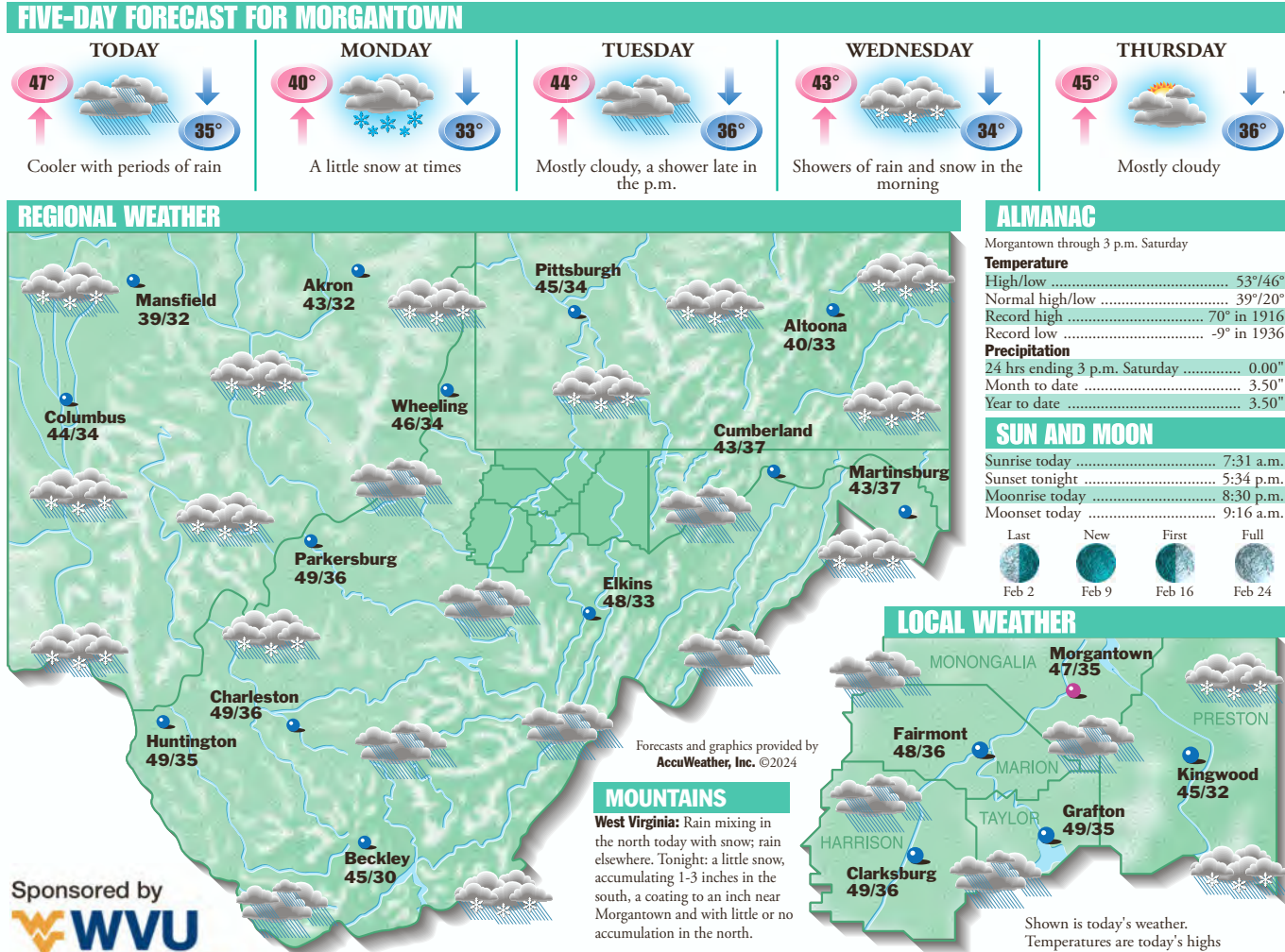
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ALMANAC

Associated Press

Today is Sunday,
Jan. 28, the 28th day of
2024. There are 338 days
left in the year.

Highlight:

In 1986, the space shuttle Challenger exploded 73 seconds after liftoff from Cape Canaveral, killing all seven crew members, including schoolteacher Christa McAuliffe.

On this date:

In 1813, the novel “Pride and Prejudice” by Jane Austen was first published anonymously in London.

In 1956, Elvis Presley made his first national TV appearance on "Stage Show," a CBS program hosted by Tommy and Jimmy Dorsey.

In 1973, a cease-fire officially went into effect in the Vietnam War, a day after the signing of the Paris Peace Accords by the United States, North Vietnam and South Vietnam.

In 2017, Serena Williams won her record 23rd Grand Slam singles title, defeating her sister Venus for what would be her final major championship.

Today's birthdays:

Actor Nicholas Pryor is 89.
Actor Alan Alda is 88. Actor
Susan Howard is 82. Actor
Marthe (cq) Keller is 79. Sen.
Jeanne Shaheen, D-N.H., is
77. Actor-singer Barbi Benton
is 74. Evangelical pastor Rick
Warren is 70. Former French
President Nicolas Sarkozy
(sahr-koh-ZEE') is 69. Actor
Harley Jane Kozak is 67.
Movie director Frank Darabont
is 65. Rock musician Dave
Sharp is 65.

Newfound freedom sparks concern from young adult

DEAR ABBY: I grew up with very strict parents. They used money to control me, even after I graduated from college and grad school. I'm happy to report that I recently landed my dream job. I have achieved financial freedom and, at last, I'm independent.

My question is, how do I avoid going wild? I'm suddenly free to do whatever I want, and I'm tempted to go out and party like I never could before. I worry, though, that I don't know how to indulge without going over the top.

I've been going to concerts (which I love), staying up too late and eating a ton of junk food. All of that seems fine, within reason, but I already feel like I've been drinking too much, and I'm worried this might carry over into other aspects of my newly liberated existence. I would hate for my freedom to negatively impact my job performance or have any lasting negative consequences.

I know I should be saving and budgeting, but I haven't gotten there yet. I have a fair amount saved, and I add more every paycheck, but it's nothing formal.



JEANNE PHILLIPS

Basically, I'm asking for advice on how to enjoy my new freedom in a responsible, healthy way — without going wild. —
UNLEASHED IN ILLINOIS

DEAR UNLEASHED: A way to avoid overspending and prepare for your future would be to start saving a predetermined amount from your paycheck on a regular basis.

As to your newfound freedom: Although you are a bright young woman and academically accomplished, you may need some guidance now, because your strict upbringing deprived you of learning experiences when you were younger. Talk about this with a licensed psychotherapist until you are less tempted to compensate by “running wild.”

JEANNE PHILLIPS writes "Dear Abby" under the pseudonym Abigail Van Buren. Write Dear Abby at DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

TV LISTINGS

1/28/24	► 6 PM	► 6:30	► 7 PM	► 7:30	► 8 PM	► 8:30	► 9 PM	► 9:30	► 10 PM	► 10:30	► 11 PM	► 11:30
BROADCAST CHANNELS												
2	KDKA	Football TBA at Baltimore Ravens (N)	CBS Weekend News (N)	60 Minutes (N)	Yellowstone "All for Nothing" John confronts two cowboys about old feuds. (N)	Yellowstone "The Beating" Jimmy meets a rodeo legend; Rip's patience is tested. (N)	Yellowstone "I Killed a Man Today" Beth continues her battle with Willa Hayes. (N)	KDKA-TV News at Eleven (N)	Cochran Sports Show-down ►			
4	WTAE	ABC World News (N)	Pittsburgh's 5 Action News 4 (N)	America's Funniest Home Videos A special Halloween episode; trick-or-treating antics.	*** The Parent Trap (1998, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan. Separated twin sisters (Lindsay Lohan) plot to reunite parents (Dennis Quaid, Natasha Richardson).		Abbott Elementary	Pittsburgh's Action News 4 (N)	Pittsburgh's Action News 4 ►			
5	WDTV	Football	5 News at	60 Minutes (N)	Yellowstone (N)	Yellowstone (N)	Yellowstone (N)	5 News Invest.				
7	WTRF	Football	News (N)	60 Minutes (N)	Yellowstone (N)	Yellowstone (N)	Yellowstone (N)	News	SEALTea.►			
9	WTOV	News 9 at Six (L) (N)	NBC Nightly News (N)	America's Got Talent: Fantasy League "Qualifiers 4" The qualifiers conclude; five acts move on to the semifinals; one act receives the golden buzzer.	Dateline NBC (N)	Dateline NBC (N)	Dateline NBC (N)	News 9 Tonight (L) (N)	Sports Sunday (L) (N)			
11	WPXI	Channel 11	NBC News	America's Got "Qualifiers 4"	Dateline NBC (N)	Dateline NBC (N)	Dateline NBC (N)	Channel 11	The Final►			
12	WBOY	TBA	NBC News	America's Got "Qualifiers 4"	Dateline NBC (N)	Dateline NBC (N)	Dateline NBC (N)	TBA	12 News			
13	WQED	Members' Favorite	Miss Scarlet Eliza and The Duke meet for the very first time.	Miss Scarlet and the Duke on Masterpiece (N)	All Creatures Great and Small on Masterpiece (N)	Funny Woman (N)	Nina On her first day, Nina has to work with her ex-husband.	Cook Family Size Meals Faster				
22	WCWB	9-1-1 "Fear-o-Phobia" Athena investigates a robbery at a gas station.	** Jumanji (1995, Children) Bonnie Hunt, Kirsten Dunst, Robin Williams. Magic board-game summons perils, missing guy (Robin Williams).	The Connors	Channel 11 News on Fox 53 at 10 (N)	Cook Family Size Meals Faster						
24	WNBP	Weekend	WVU	Doc Martin	Miss Scarlet (N)	Creatures (N)	Funny Woman (N)	Austin City Limits				
46	WVFX	Pregame	NFL Football TBA at San Francisco 49ers (N)	Next Level Chef (N)	Gray	Carcass						
53	WPGH	NFL on FOX Pregame (L) (N)	NFL Football TBA at San Francisco 49ers From Levi's Stadium in Santa Clara, Calif. (L) (N)	Next Level Chef Social media stars battle it out on three kitchen levels. (N)	Young Sheldon	Young Sheldon						
CABLE CHANNELS												
A&E	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48		
AMC	Movie	** The Day After Tomorrow '04	Dennis Quaid.	Monsieur Spade (N)	** The Day After Tomorrow Dennis Quaid.							
AT&TSP	Wm. Basketball Loyola-Chicago at Duquesne	Hunt	Raised	Martin	Musky	United Fight Alliance	Champ. Kickboxing					
BET	*** What Men Want '19	Taraji P. Henson.	** Tyler Perry's I Can Do Bad All By Myself '09	Tyler Perry.	CNN Perry's the Fam!►							
CNN	CNN Newsroom (N)	CNN Newsroom (N)	CNN Special Program	Many Lives of Martha	Many Lives of Martha	CNN Special Program						
DISC	Homestead Rescue	"Mesa Meltdown" (N)	Homestead Rescue (N)	Homestead Rescue	Homestead Rescue	Homestead Rescue						
DISN	Kiff	Kiff	Kiff	Kiff	*** Onward '20	Tom Holland.	Marvel's Moon Girl	Marvel's	Marvel's	Marvel's		
ESPN	College Basketball	X Games Aspen 2024 (L) (N)	SportCtr	NFL PrimeTime (L) (N)	SportsCenter (L) (N)							
ESPN2	College Basketball	UFC Unleashed	Australian Open Men's Final From Melbourne Park in Melbourne, Victoria, Australia.	Featured	Beat Bobby							
FOOD	Guy's Grocery Games	Guy's Grocery Games	Worst Cooks in America (N)	Bobby's Triple Threat	Beat Bobby							
FNC	Fox Report (L) (N)	Weekend (N)	Life, Liberty (N)	Sunday Night (N)	Weekend	Life, Liberty & Levin						
FREE	** Despicable Me 3 '17	Steve Carell.	** Aladdin (2019, Children)	Mena Massoud, Naomi Scott, Will Smith.	Rudy ►							
HIST	Built America	Built America	Built America	Built America	Built America	Built America						
LIFE	The Man With My Husband's Face	My Husband's Seven Wives Kristi Murdock. (P)	Good Father: Martin MacNeill Story									
NEWSN	Blue Bloods	NewsNation Prime (N)	NewsNation Prime (N)	NewsNation Prime (N)	NewsNation Prime (N)	NewsNation Prime						
NICK	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob						
PARMT	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue						
TNT	*** The Hunger Games: Catching Fire	*** The Hunger Games: Mockingjay, Part 1	Hunger Games: Moc.►									
TVLAND	Mike	Mike	Mike	Mike	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld		
USA	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU						
WE	S.W.A.T. "Encore"	S.W.A.T.	S.W.A.T. "Fallen"	S.W.A.T. "Pride"	S.W.A.T. "Jack"	S.W.A.T. "Cash Flow"						
WTBS	*** Star Wars: The Rise of Skywalker	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang						
MOVIE CHANNELS												
HBO	Movie	*** Good Will Hunting '97	Matt Damon.	True Detective (N)	True Detective	True Detective						
MAX	*** Paycheck '03	Aaron Eckhart, Ben Affleck.	** American Heist	*** Kingsman: The Secret Service	Paranoia►							
SHOW	*** Everything Everywhere... The Woman	Mayor of (N)	The Woman (N)	*** The Godfather '72	Marlon Brando.							
TMC	► Tollbooth	** The Best Offer '13	Jim Sturgess.	Headhunters '11	Aksel Hennie.	Mercy Leah Gibson.						

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COMMUNITY

ACCA awarded with international tracking technology

BY ERIN CLEAVENGER
ECleavenger@DominionPost.com

The Avian Conservation Center of Appalachia (ACCA), a Cheat Lake based nonprofit that rescues and rehabilitates injured birds, was recently selected to receive cutting-edge tracking equipment that will enhance its research capabilities and connect it with avian researchers worldwide.

The ACCA was awarded a SensorStation for the Motus Wildlife Tracking System through an international competition presented by a group called Cellular Tracking Technologies (CTT).

Motus is a wildlife tracking system that uses radio telemetry technology to track the precise

locations and movements of animals equipped with a special transmitter. Signals emitted by the transmitters are detected at receiving stations known as SensorStations creating data on specific animals, birds in this case.

According to ACCA Director of Conservation Research Evan McWreath, the ACCA was chosen by the CTT team from an international list of candidates based on a project proposal submitted with the mission to conserve the region's wild birds through research, education and rehabilitation.

"Putting radio transmitters on birds gives us a lot of high-resolution data so we can better

track their movements and understand what parts of their habitat are important, what their breeding rates are, and what challenges they face in their environment, so we can get a better idea for conservation," McWreath explained.

Specifically, the ACCA is interested in putting them on some of the more than 500 birds rehabilitated annually at the center because once they are released back to the wild, they don't have a lot of knowledge about what happens to them after that.

Are they breeding and contributing to the population? Are they staying nearby or are they leaving the area immediately?

"These towers and transmitters will allow us to get more information about how we are doing and how well the birds are doing after we release them," McWreath said.

The research at ACCA will likely focus on rehabilitated raptors (birds of prey) but because the transmitters are extremely small and lightweight, they could be put on any bird.

"They can be put on bumblebees and on butterflies," McWreath said of size of the transmitters.

"We want to be extra sensitive to our impact on the birds, but for healthy birds we can absolutely put those transmitters on healthy

birds and song birds as well."

There will be other benefits to being a part of the tracking system, like being able to give updates to people concerned about a bird they brought to the facility for care.

"We have a lot of people that bring birds into our facility and they call and check in on a day-to-day basis because they are really connected to that specific bird after seeing them injured," McWreath said. "This just gives us one more piece that we can follow-up and let people know what the update is and how they are doing."

The data collected will also

SEE ACCA, B-2

Packing meals



William Wotring/The Dominion Post photos

Volunteers package food during the Knights of Columbus food packing event at Stepping Stones on Saturday.

DPNews@DominionPost.com

The Morgantown area Knights of Columbus partnered with other local charities and corporations to pack at least 50,000 meals Saturday at Stepping Stones at Mylan Park.

Of those, 10% will stay in Monongalia County.

This was the latest round of a food-packing program that started years ago and at this event, volunteers packed their 1 millionth meal.

Volunteers of all ages were invited to join the groups in the four-hour project.

In addition to participating, Knights of Columbus always look for donations to fund such events.

Each packaged meal costs 33 cents, with the organization setting a goal of \$16,500 for the food-packing events.

Those interested in making donations or learning more about the project, can email Scott Nale at snalewv@gmail.com.

THIS WAS THE LATEST ROUND OF A FOOD-PACKING PROGRAM THAT STARTED YEARS AGO AND AT THIS EVENT, VOLUNTEERS PACKED THEIR 1 MILLIONTH MEAL.



Above, volunteers from around the community fill Stepping Stones at Mylan Park. Below, Michael Sarcopski packages food during the Knights of Columbus food packing event.

MCHD

Don't let the weather keep you from your health goals

DON CALHOUN'S DOCTOR SUGGESTED THAT HE LOSE SOME WEIGHT to improve his health and vital statistics. So Calhoun, a Morgantown resident, did some research that said he should aim for 10,000 steps a day.

"I thought, 'There is no way I can do that,'" he said. "But I started doing it. And I got up to 3,500 steps and then to 4,000 steps, doing more each time."

Eventually, he reached 10,000 steps, seven days a week. He's lost nearly 40 pounds and his blood pressure went from 150/90 to 120/80.

While some exercise experts say that individuals can maintain their health with even fewer daily steps, one thing is clear: Perseverance and practice can pay off. Exercise is important and even



MARY WADE BURNSIDE

if those first walks or workouts don't go like you had hoped, they will improve if you keep trying.

Each week, adults need 150 minutes of moderate-intensity physical activity and two days of muscle strengthening activity, according to information on the U.S. Department of Health and Human Services' website and amplified by the Centers for Disease Control and Prevention.

SEE GOALS, B-2

MOVIE REVIEW

'Mean Girls' musical adaptation doesn't lean hard enough into the music

IN 2004, TINA FEY ADAPTED ROSALIND WISEMAN'S BOOK "QUEEN BEES AND WANNABES" into the movie "Mean Girls." It became a cult classic that is quoted endlessly by its fans and by me (I'm not a regular mom). In 2017, the movie was adapted into a musical, with a book by Tina Fey, lyrics by Nell Benjamin and music by Jeff Richmond. And this year, that musical was adapted into a film directed by Samantha James and Arturo Perez Jr.

The new film follows the same storyline as the original. Cady Heron (Angourie Rice) goes from being home-schooled in Kenya to attending North Shore High School in the United States. She immediately garners the attention of Regina George (Renee Rapp) and the rest



ALISE CHAFFINS

of the Plastics. But when Regina sabotages Cady's attempts to date Aaron Samuels (Christopher Briney), she teams up with Damian (Jaquel Spivey) and Janis (Auli'i Cravalho) to try to bring down the queen bee. Things quickly get out of hand, and the school must come together before someone is seriously hurt. Or at least before someone else is seriously hurt.

The remake is definitely

SEE MEAN, B-2

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MEN’S BASKETBALL

Oklahoma State keeps WVU winless on the road with a 70-66 victory

BY JUSTIN JACKSON
JJackson@DominionPost.com

Life on the road went from difficult to just plain dumbfounding Saturday for West Virginia.

In what was a must-win situation for the Mountaineers against the only team yet to win a Big 12 game this season, Oklahoma State erased a seven-point deficit in the final five minutes to squeeze out a 70-66 victory inside a half-filled Gallagher-Iba Arena.

“It’s a tough one to lose,” said WVU head coach Josh Eilert on his postgame radio show after

watching WVU fall to 0-8 in games played away from the Coliseum this season. “It’s a tough pill to swallow. We battled down the stretch, but they made the winning plays.”

Oklahoma State (9-11, 1-6 Big 12) made those plays while holding WVU to just one basket in the final 3:03.

Meanwhile, the Cowboys saw John-Michael Wright nail a 3-pointer after teammate Eric Dailey missed a lay-up, but he grabbed his own miss and kicked it back out to Wright.

After that, Bryce Thompson

nailed another three, this one coming with WVU players getting beat badly down the floor in transition and Thompson was wide open.

The nail in the coffin was Javon Small’s 3-pointer with 54 seconds left that gave Oklahoma State the lead for good, 67-66.

“Credit to Oklahoma State, they made the winning plays at the end and knocked shots down,” Eilert said. “On the other end, we just couldn’t convert down the stretch.”

On the other end, a story

SEE MEN, B-5



William Wotring/The Dominion Post

West Virginia guard Kerr Kriisa (right) had six 3-pointers and scored 21 points Saturday, but Oklahoma State came away with a 70-66 victory.

CAREER PERFORMANCE



William Wotring/The Dominion Post

West Virginia Mountaineers guard JJ Quinerly (11) protects the ball from Iowa State Cyclones guard Kelsey Joens (23) on Saturday.

Quinerly’s scoring, Arigbabu’s defense power WVU to tough win over Crooks and Iowa State

BY CODY NESPOR
CNespor@DominionPost.com

In front of its second-largest home crowd of the season, the West Virginia women’s basketball team avenged a loss from earlier this month with a tough, grind-it-out win over visiting Iowa State Saturday afternoon in the Coliseum.

It came 17 days after the Cyclones (12-7, 6-3 Big 12) mounted a 19-point second-half comeback to beat the No. 24 Mountaineers (17-2, 6-2) in Ames on Jan. 10.

It took a career night from standout JJ Quinerly, who finished with a career-high 31 points, and a big fourth quarter from unsung hero Dannelle Arigbabu to get the 84-78 victory.

“Quinerly was special,” WVU coach Mark Kellogg said. “It was a career night for her and she just kind of did what JJ does.”

Quinerly scored 22 of her 31 points after halftime while also pulling down six rebounds, dishing out three assists and grabbing five steals.

Quinerly only had nine points at halftime and 18 after three quarters, but powered the Mountaineers to victory with 13 in the fourth. Kellogg said he was a little surprised to see she finished with 31.

“I don’t know if there such a thing as a quiet 31 by any stretch,” Kellogg said. “I knew she was having a good night, I did not know she had 31 though.”

Quinerly said it was her defense that finally got her into a rhythm offensively.

“I love defense, defense can turn into offense,” she said. “Those easy points I can



William Wotring/The Dominion Post

West Virginia Mountaineers forward Danelle Arigbabu (8) shoots over Iowa State Cyclones center Audi Crooks (55) on Saturday.

get off of a steal, just seeing the ball go in the hoop can get me into a rhythm to hit threes, jumpers, all that.”

Iowa State, too, got a standout performance as freshman forward Audi Crooks finished with 25 points and 16 rebounds. Crooks’ size proved to be a matchup nightmare for the Mountaineers. Even though WVU forward Kylee Blacksten was having a good game — she finished with 14 points — she offered little resistance against Crooks.

“It’s a mismatch both ways,” Kellogg said. “Kylee’s a mismatch for Crooks and she’s a mismatch for Kylee. We’re asking her to defend a kid that she probably shouldn’t be

trying to defend.”

Things came to a head in the second quarter when WVU focused so much on providing help defense on Crooks in the paint, ISU’s shooters were left open to make five three-pointers in the frame.

“We had to take something away, the paint or the three and I don’t think we took either away,” Kellogg said. “We made some adjustments in the second half that cleaned that up a little bit.”

In contrast to what happened in Ames, neither team was able to build even a double-

SEE WOMEN, B-5

NHL

Marcus Pettersson’s overtime goal lifts Penguins over Canadiens 3-2

Associated Press

PITTSBURGH — Marcus Pettersson scored in overtime and the Pittsburgh Penguins rallied to beat the Montreal Canadiens 3-2 on Saturday night.

Pettersson took a pass from Rickard Rakell and beat Jake Allen at 2:43 of overtime after Pittsburgh forced the extra period with a goal midway through the third.

“It was a terrific shot. Right under the bar,” Penguins coach Mike Sullivan said. “I thought he had great deception. He sold the pass to (Rakell). It was a goal-scorer’s goal.”

Lars Eller scored his ninth goal of the season for Pittsburgh in his 1,000th NHL game. Jake Guentzel scored his 22nd goal and Sidney Crosby continued a seven-game point streak with an assist.

Evgeni Malkin established a season-long five-game point streak, while defenseman Erik Karlsson’s 10-game point streak ended. Tristan Jarry made 25 saves for the Penguins, who snapped a three-game losing streak. Pittsburgh has points in 15 of its last 20 games overall.

“Every night is a fight,” Jarry said. “We’re on the outside looking in. When you’re in that position, you’re playing desperate hockey. We need these points a lot more than other teams.”

Juraj Slafkovsky and Kaiden Guhle scored for the Canadiens, who played their 7,000th game in franchise history. Cole Caufield extended a career-high nine-game point streak and Mike Matheson equaled his personal best for points in a season.

Allen stopped 30 shots for the Canadiens, who have lost four of their last five.

“I thought (Allen) gave us a chance to win this game,” Canadiens coach Martin St. Louis said. “Unfortunately, we didn’t. We played hard. We played strong. We just didn’t get the result.”

Guentzel tied the game, 2-2, at 10:03 of the third period. Guentzel took a spinning backhand pass from Crosby and stuffed a shot inside the post. The assist was Crosby’s 50th point of the season, making the Penguins’ captain the 20th player in NHL history with at least 17 50-point seasons.

Guentzel and Sullivan both said after the game the pass that led to the goal was one of the best they’ve witnessed from Crosby.

“It was incredible,” Sullivan said. “I don’t know how he saw him or knows (Guentzel) is there. We grow accustomed to it. He makes so many plays, but that was certainly a highlight-reel goal.”

SEE PENGUINS, B-5

SCOREBOARD

ON TV

AUTO RACING	
6 a.m.: USA — IMSA WeatherTech SportsCar Championship: The Rolex 24, Daytona International Speedway, Daytona Beach, Fla.	
12 p.m.: NBC — IMSA WeatherTech SportsCar Championship: The Rolex 24, Daytona International Speedway, Daytona Beach, Fla.	
1 a.m. (Monday): CNBC — AMA Supercross Series: Round 4, Anaheim, Calif. (Taped)	
COLLEGE BASKETBALL (MEN'S)	
12 p.m.: FS1 — Xavier at UConn	
1 p.m.: ESPN2 — North Texas at FAU	
FOX — Purdue at Rutgers	
3 p.m.: ESPN2 — SMU at Wichita St.	
5 p.m.: ESPN — Memphis at UAB	
ESPN2 — Temple at East Carolina	
10 p.m.: FS1 — Nevada at New Mexico	
COLLEGE BASKETBALL (WOMEN'S)	
12 p.m.: ACCN — Virginia Tech at Syracuse	
CBSSN — St. Bonaventure at Dayton	
CW — North Carolina at Virginia	
ESPNU — East Carolina at South Florida	
1 p.m.: SECN — Texas A&M at Florida	
2 p.m.: ACCN — Duke at Miami	
CBSSN — Seton Hall at Creighton	
ESPNU — Baylor at Oklahoma St.	
FS1 — Villanova at DePaul	
PAC-12N — Stanford at Arizona	
3 p.m.: ESPN — Tennessee at Mississippi	
SECN — Vanderbilt at South Carolina	
4 p.m.: ACCN — Florida St. at Georgia Tech	
CBSSN — Oral Roberts at S. Dakota St.	
PAC-12N — Washington St. at UCLA	
5 p.m.: SECN — Kentucky at Alabama	
6 p.m.: ACCN — Wake Forest at Clemson	
COLLEGE GYMNASTICS (WOMEN'S)	
5 p.m.: BTN — Oklahoma at Illinois	
COLLEGE WRESTLING	
12 p.m.: BTN — Penn St. at Maryland	
2 p.m.: BTN — Nebraska at Wisconsin	
6 p.m.: PAC-12N — Arkansas-Little Rock at Stanford	
FIGURE SKATING	
3 p.m.: NBC — U.S. Championships: Men's Free Skate, Columbus, Ohio	
GOLF	
3 a.m.: GOLF — DP World Tour: The Ras Al Khaimah Championship, Final Round, Al Hamra GC, Ras al Khaimah, United Arab Emirates	
2 p.m.: GOLF — LPGA Tour: The LPGA Drive On Championship, Final Round, Superstition Mountain Golf & Country Club, Gold Canyon, Ariz.	
5 p.m.: GOLF — APGA Tour: The APGA Farmers Insurance Invitational, Final Round, South Course at Torrey Pines Golf Club, La Jolla, Calif.	
HORSE RACING	
2:30 p.m.: FS2 — NYRA: America's Day at the Races	
4:30 p.m.: FS1 — NYRA: America's Day at the Races	
NBA G-LEAGUE	
4 p.m.: NBATV — Windy City at Birmingham	
NFL	
3 p.m.: CBS — AFC Championship: Kansas City at Baltimore	
6:30 p.m.: FOX — NFC Championship: Detroit at San Francisco	
NHL	
2 p.m.: NHLN — Los Angeles at St. Louis	
SOCCER (MEN'S)	
6:30 a.m.: CBSSN — Serie A: Lecce at Genoa	
TENNIS	
3:30 a.m.: ESPN — ATP: The Australian Open, Championship, Melbourne, Australia	
9:30 a.m.: ESPN2 — ATP: The Australian Open, Championship, Melbourne, Australia (Taped)	
2 a.m. (Monday): TENNIS — Hua Hin-WTA Early Rounds	
6:30 a.m. (Monday): TENNIS — Hua Hin-WTA Early Rounds	
X GAMES	
1 p.m.: ABC — World of X Games: Day 3, Aspen, Colo.	
7 p.m.: ESPN — World of X Games: Day 3, Aspen, Colo.	

PRO HOCKEY

NHL								Vegas	50	29	15	6	64	163	138
								Edmonton	45	29	15	1	59	160	124
								Los Angeles	46	22	15	9	53	145	126
								Seattle	48	20	18	10	50	138	143
								Calgary	48	21	22	5	47	148	155
								Anaheim	48	16	30	2	34	123	166
								San Jose	49	33	32	4	30	103	196
								NOTE: Two points for a win, one point for overtime loss. Top three teams in each division and two wild cards per conference advance to playoffs.							
								FRIDAY'S GAMES							
								Vegas 5, N.Y. Rangers 2							
								Florida 3, Pittsburgh 2, SO							
								Colorado 5, Los Angeles 1							
								St. Louis 4, Seattle 3, OT							
								SATURDAY'S GAMES							
								Boston 6, Philadelphia 2							
								Dallas 5, Washington 4, OT							
								Edmonton 4, Nashville 1							
								Buffalo 5, San Jose 2							
								Tampa Bay 6, New Jersey 3							
								Carolina 3, Arizona 1							
								Toronto 4, Winnipeg 2							
								Pittsburgh 3, Montreal 2, OT							
								N.Y. Rangers 7, Ottawa 2							
								Florida 3, N.Y. Islanders 2, OT							
								Detroit 5, Vegas 2							
								Anaheim at Minnesota, night							
								Chicago at Calgary, night							
								Columbus at Vancouver, night							
								TODAY'S GAMES							
								Los Angeles at St. Louis, 2 p.m.							
								Columbus at Seattle, 9 p.m.							
								MONDAY'S GAMES							
								Nashville at Ottawa, 7 p.m.							
								TUESDAY'S GAMES							
								Columbus at St. Louis, 8 p.m.							
								Seattle at San Jose, 10:30 p.m.							

PRO BASKETBALL

NBA

EASTERN CONFERENCE						Houston 138, Charlotte 104		Indiana 133, Phoenix 131		Dallas 148, Atlanta 143	
ATLANTIC DIVISION						L.A. Clippers 127, Toronto 107		Oklahoma City 107, New Orleans 83		Memphis 107, Orlando 106	
Boston	35	11	.761	1	GB	Cleveland 112, Milwaukee 100		San Antonio 116, Portland 100		SATURDAY'S GAMES	
Philadelphia	29	15	.659	5		Washington 118, Detroit 104		New York 125, Miami 109		Denver 111, Philadelphia 105	
New York	29	17	.630	6		Brooklyn 106, Houston 104		L.A. Clippers 115, Boston 96		Utah 134, Charlotte 122	
Brooklyn	18	27	.400	16½		Milwaukee 141, New Orleans 117		San Antonio 113, Minnesota 112		L.A. Lakers at Golden State, night	
Toronto	16	29	.356	18½		Sacramento at Dallas, night		TODAY'S GAMES		Oklahoma City at Detroit, 2 p.m.	
SOUTHEAST DIVISION						Memphis at Indiana, 3:30 p.m.		Phoenix at Orlando, 6 p.m.		Toronto at Atlanta, 6 p.m.	
Miami	24	22	.522	—		Chicago at Portland, 9 p.m.		MONDAY'S GAMES		L.A. Clippers at Cleveland, 7 p.m.	
Orlando	23	22	.511	½				New York at Charlotte, 7 p.m.		New Orleans at Boston, 7:30 p.m.	
Atlanta	18	27	.400	5½				Phoenix at Miami, 7:30 p.m.		Utah at Brooklyn, 7:30 p.m.	
Charlotte	10	34	.227	13				L.A. Lakers at Houston, 8 p.m.		Minnesota at Oklahoma City, 8 p.m.	
Washington	8	37	.178	15½				Sacramento at Memphis, 8 p.m.		Washington at San Antonio, 8 p.m.	
CENTRAL DIVISION								Orlando at Dallas, 8:30 p.m.		Milwaukee at Denver, 9 p.m.	
Milwaukee	32	14	.696	—				Philadelphia at Portland, 10 p.m.		TUESDAY'S GAMES	
Cleveland	27	16	.628	3½				Indiana at Boston, 7:30 p.m.		L.A. Lakers at Atlanta, 7:30 p.m.	
Indiana	26	20	.565	6				Utah at New York, 7:30 p.m.		Toronto at Chicago, 8 p.m.	
Chicago	21	25	.457	11				Philadelphia at Golden State, 10 p.m.			
Detroit	5	40	.111	26½							
WESTERN CONFERENCE											
SOUTHWEST DIVISION											
	W	L	Pct	GB							
New Orleans	26	20	.565	—							
Dallas	25	20	.556	½							
Houston	21	24	.467	4½							
Memphis	18	27	.400	7½							
San Antonio	10	36	.217	16							
NORTHWEST DIVISION											
	W	L	Pct	GB							
Oklahoma City	32	13	.711	—							
Minnesota	32	14	.696	½							
Denver	32	15	.681	1							
Utah	24	23	.511	9							
Portland	13	32	.289	19							
PACIFIC DIVISION											
	W	L	Pct	GB							
L.A. Clippers	30	14	.682	—							
Sacramento	25	18	.581	4½							
Phoenix	26	19	.578	4½							
L.A. Lakers	23	23	.500	8							
Golden State	19	23	.452	10							
FRIDAY'S GAMES											

Vegas	50	29	15	6	64	163	138
Edmonton	45	29	15	1	59	160	124
Los Angeles	46	22	15	9	53	145	126
Seattle	48	20	18	10	50	136	143
Calgary	48	21	22	5	47	148	155
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Boston 6, Philadelphia 2
Dallas 5, Washington 4, OT
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Buffalo 5, San Jose 2
Tampa Bay 6, New Jersey 3
Carolina 3, Arizona 1
Toronto 4, Winnipeg 2
Pittsburgh 3, Montreal 2, OT
N.Y. Rangers 7, Ottawa 2
Florida 3, N.Y. Islanders 2, OT
Detroit 5, Vegas 2
Anaheim at Minnesota, night
Chicago at Calgary, night
Columbus at Vancouver, night

TODAY'S GAMES

Los Angeles at St. Louis, 2 p.m.
Columbus at Seattle, 9 p.m.

MONDAY'S GAMES

Nashville at Ottawa, 7 p.m.

TUESDAY'S GAMES

Columbus at St. Louis, 8 p.m.
Seattle at San Jose, 10:30 p.m.

COLLEGE FOOTBALL

Jim Harbaugh pushed for Michigan to hire Sherrone Moore after leaving to lead Chargers

Associated Press

ANN ARBOR, Mich. — Michigan is giving Sherrone Moore a shot, hoping he can sustain at least some of the success Jim Harbaugh had toward the end of his nine-season run with college football's winningest program.

"We're hungry for more," Moore said Saturday after he was introduced as coach of the Wolverines.

Michigan hired Moore on Friday to replace Harbaugh, who wanted the 37-year-old offensive coordinator to succeed him and lead the defending national champions.

"Jim talked effusively about Sherrone before the season, after the season and in our conversation on Wednesday, and really gave me the insight why he was our choice," athletic director Warde Manuel said.

The move was made two days after Harbaugh bolted to lead the Los Angeles Chargers, getting a five-year deal that gives him another chance to chase a Super Bowl title.

Harbaugh told The Associated Press that Moore is a smart, hard-working teacher who makes a strong connection with players, staff members and fami-

lies.

"The only person I would want to do the job," Harbaugh wrote in a text message on Saturday. "I have 100% conviction that he will make us all very proud!!!"

Moore's contract is for five years, with a starting annual salary of \$5.5 million, guaranteed annual raises and several bonuses for accomplishments such as conference championships (\$500,000), College Football Playoff appearances (\$200,000) and national championships (\$1 million).

Moore is a first-time head coach — at least formally.

Michigan went 4-0, including wins over Ohio State and Penn State, while Moore was filling in for Harbaugh as he served two separate suspensions for potential NCAA rules violations during the 2023 season.

"I have no doubt he will successfully transition from OC to HC — he had that opportunity 4 times this year, especially PSU, Maryland and OSU," Harbaugh wrote in a text. "Proof is in the pudding."

Moore becomes the first Black head coach in the his-



AP photo

Michigan offensive coordinator Sherrone Moore, left, and coach Jim Harbaugh watch the team's play against Indiana during an NCAA college football game in Ann Arbor, Mich., Oct. 14, 2023. Michigan hired Moore on Friday, to replace Harbaugh, giving the 37-year-old offensive coordinator an opportunity to lead college football's winningest program. The school made the move two days after Harbaugh bolted to lead the Los Angeles Chargers.

tory of Michigan football.

"It's time," said longtime Wolverines assistant coach and staffer Fred Jackson, who is Black.

Moore, who is from Kansas, said he hopes to become an inspiration.

"If you work your tail off, dreams can come true," he said.

Moore also served a one-game suspension during the 2023 season related to a

recruiting infractions NCAA case. The NCAA's investigation into allegations of sign-stealing and in-person scouting — which resulted in the late-season three-game suspension of Harbaugh by the Big Ten — has yet to be resolved.

Harbaugh denied involvement in the sign-stealing scheme, and there has been no evidence made

public to show Moore, who became Michigan's primary play-caller this season, was involved.

Michigan will have a new quarterback next season because J.J. McCarthy entered the NFL draft.

The Wolverines expect to have running back Donovan Edwards and tight end Colston Loveland back on offense, along with cornerback Will Johnson and tackles Kenneth Grant and Mason Graham on defense.

Players lobbied privately with Manuel and publicly on social media for Moore to get the job.

"I love it," said Edwards, one of the many current players to attend the news conference. "If anybody deserves it, it's him."

Moore joined Harbaugh's staff in 2018 as tight ends coach on the recommendation of Dan Enos, who spent about six weeks after the 2017 season as a member of Harbaugh's staff before leaving to be an Alabama assistant.

Moore was promoted to offensive line coach and co-offensive coordinator in 2021, when the Wolverines bounced back from a 2-4, pandemic-shortened season and began a three-year

run of excellence that culminated in the school's first national title in 26 years.

He has been regarded as a rising star in recent years.

The former Oklahoma offensive lineman started his coaching career in 2009 as a graduate assistant at Louisville, where he was later promoted to coach tight ends. He left Louisville to lead Central Michigan's tight ends in 2014, and Harbaugh hired him in 2018 to coach at the same position.

Moore said it was humbling to know that Harbaugh and players made it clear he was their choice.

"I'm going to continue to work as hard as I can," he said. "I've always gone by the philosophy, work like a GA. I always want to keep that mindset even as the head coach."

While stretching with the Sooners entering his senior season, Moore watched as coaches communicated with players, whose lives were shaped by those leaders, and saw his future in the profession.

"The impact they had on us, I wanted to have on people," he recalled. "That was the moment it clicked."

TENNIS

Aryna Sabalenka wins second straight Australian Open title, beating Zheng Qinwen 6-3, 6-2

Associated Press

MELBOURNE, Australia — In the back of her mind Aryna Sabalenka didn't want to be, in her words, that player who wins a major title and disappears.

Winning her first Grand Slam crown in Australia a year ago gave Sabalenka the confidence she could do it again. Losing the U.S. Open final last September gave her the extra motivation.

Sabalenka ensured she wasn't a one-hit wonder by clinching back-to-back Australian Open titles with a 6-3, 6-2 win over Zheng Qinwen on Saturday in a one-sided women's final that contrasted sharply with her comeback three-set victory here over Elena Rybakina last year.

"I just wanted to show that I'm able to be consistently there and I'm able to win another one," the 25-year-old from Belarus said. "So compared to last year, it's a completely different me. Compared to the U.S. Open, once again, it's a different me; I'm more controlled and kind of like don't let the rest of the things come to my mind."

In 2022, Sabalenka struggled so badly with her serve in tense moments that she doubted she could win a major: Now she's relying on it to break down opponents. She didn't serve a double-fault in the final, and she didn't face a break point.

No. 2-seeded Sabalenka

set the tone with big, deep forehands and converted service breaks early in each set against the 21-year-old Zheng, who was making her debut in a Grand Slam final.

The journey and the destination were equally important for Sabalenka.

In the semifinals, she avenged her U.S. Open final loss to No. 4-ranked Coco Gauff with a straight-set win. That followed straight-sets wins over 2021 French Open winner Barbora Krejickova in the quarterfinals and Amanda Anisimova in the fourth round.

"I'm definitely a different person and a player and I have more experience playing the last stages of the Grand Slams," Sabalenka said, reflecting on the last 13 months. "There was some tough moments for me losing the U.S. Open final — that loss actually motivated me so much to work even harder."

And that, she said, gave her more confidence in her game and more self-belief.

"The first one is always special because I feel like it's more emotional," she said. "For the second time, it's just such a relief."

Only two things slowed down Sabalenka's progress Saturday to her second Grand Slam singles title.

In the third game of the second set, with Zheng serving, the match was interrupted after an activist started yelling out. The match continued after

the man was escorted out by security.

Then, when she was serving for the match, Sabalenka had three championship points at 40-0 but missed two with unforced forehands errors and another with Zheng's clever drop shot.

After giving Zheng a breakpoint chance, she bounced the ball away behind her in disgust. But she recovered her composure to win the next three points.

Sabalenka is the first woman since Victoria Azarenka in 2012 and '13 to win back-to-back Australian Open titles, and the fifth since 2000 to win the championship here without dropping a set — a group that includes Serena Williams.

She credited her support team for keeping her on track, and making sure she enjoyed the moment. Sabalenka made a habit of slapping and autographing the bald head of her fitness trainer, Jason Stacy, before each match in Australia.

After the final, Stacy, wearing a shirt with the message "Simplicity is the key to brilliance" printed on the back, held the trophy on the court as Sabalenka huddled with her team in a victory celebration.

A decade after Li Na held the Australian Open trophy aloft, Zheng made

her best run in nine majors to date. She said during the tournament that she felt well-supported in Melbourne because of the big Chinese community. And that played out for the final, where the flags waved and she had the crowd behind her.

But she was playing an opponent ranked in the top 50 for the first time in this tournament.

It was the second time in as many majors their paths had met in the second week; Sabalenka beat Zheng in the U.S. Open quarterfinals last year.

Zheng's push to the final was two rounds better than her previous best run to the quarterfinals in New York last September.

She was the first player in four decades to advance through six rounds without playing anyone ranked in the top 50 — and was only the third in the Open era to reach a major final without facing a seeded player.

The step up against No. 2-ranked Sabalenka proved too much.

"I didn't perform my best. That's really pity for me, because I really want to show better than that," Zheng said. "I think I can learn more with the loss today. And then I just hope next time I can come back as a better tennis player and come back, yeah, stronger."

WOMEN'S BASKETBALL

Caitlin Clark leads No. 5 Iowa over Nebraska 92-73



AP photo

Iowa guard Caitlin Clark (22) leaps in front of Nebraska guard Callin Hake (14) during the second half of an NCAA college basketball game, Saturday, in Iowa City, Iowa. Iowa won 92-73.

Associated Press

IOWA CITY, Iowa — Caitlin Clark had 38 points, 10 rebounds and six assists to lead No. 5 Iowa over Nebraska 92-73 on Saturday.

Clark, the nation's leading scorer at 31.7 points per game, had the 53rd double-double of her career. She was 12 of 22 from the field, including 8 of 15 on 3-pointers.

Kate Martin had 16 points and Sydney Affolter added 12 points for Iowa (19-2, 8-1 Big Ten). The Hawkeyes, who had their 15-game winning streak snapped in last Sunday's overtime loss at Ohio State, pulled away in the second half after struggling to make shots in the first half.

Big 12). Taylor Jones added 13 points, nine rebounds and seven blocks.

Booker, the Longhorns' starting point guard, suffered a hamstring injury in practice on Friday. The 6-foot-1 freshman is averaging 20.6 points, 6.8 rebounds and 5.8 assists in Big 12 games, leading Texas in all three categories in conference play.

Reagan Jackson and A'riael Jackson led Cincinnati (10-9, 2-6) with 10 points each. The Bearcats shot 33.3% (19 for 57) from the field and committed 14 turnovers.

NO. 17 GONZAGA 73, SAN FRANCISCO 54

SAN FRANCISCO — Yvonne Ejim scored 21 points and grabbed 13 rebounds, Maud Huijbens had her first career double-double and Gonzaga defeated San Francisco for the Bulldogs' 14th straight win.

Brynna Maxwell was 5-of-8 shooting with four 3-pointers and scored 20 points for Gonzaga (20-2, 7-0 West Coast Conference), which reached 20 wins for the ninth-straight season and 23rd time in school history. Huijbens scored 12 points on 5-of-7 shooting with 11 rebounds and five assists, both career bests for the junior from the Netherlands.

Ava Keita had 14 points for the Dons (8-12, 4-3), who have lost 16 straight in the series. Jasmine Gayles added 13 points and six assists, Deb dos Santos scored 12 and Luana Leite 10.

NO. 4 KANSAS STATE 67, BYU 65

MANHATTAN, Kan. — Gisela Sanchez led Kansas State with 18 points as the Wildcats outlasted BYU.

Serena Ostlund scored 14 points for Kansas State (20-1, 9-0 Big 12) and Gabby Gregory added 10.

Lauren Gustin led BYU (12-9, 2-6) with 25 points and 21 rebounds. Gustin broke a 30-year-old Bramlage Coliseum record for rebounds by an opponent. Kailey Woolston added 14 points and Amari Whiting had 10.

NO. 10 TEXAS 67, CINCINNATI 50

AUSTIN, Texas — Shaylee Gonzales had 13 points and six rebounds while subbing for Madison Booker at point guard, and Texas beat Cincinnati.

Aaliyah Moore had 16 points for Texas (19-3, 6-3

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PREP SPORTS

Trinity tops Moorefield 50-25 for 7th win in a row

Sports@DominionPost.com

MOOREFIELD — Trinity Christian picked up its seventh win in a row, 50-45, at Moorefield Saturday afternoon.

Trinity smothered Moorefield defensively in the first quarter, jumping out to a 12-4 lead.

TCS senior Ella Lynch hit a three-pointer as time expired to put the Warriors up by nine at halftime.

Lynch finished with 19 points on five three-pointers while Jenna Barnett led the team with 21.

Trinity allowed Moorefield to stay in the game by shooting just 7-16 on free throws in the fourth quarter.

Sadie Crites' 14 points led the Yellow Jackets with 14 points and McKenna Crites had 11.

Trinity plays Monday in an OVAC semifinal game against Conotton Valley (Oh.) at 7 p.m.

University 71, Ripley 69

ST. ALBANS — The University girls' basketball team defeated previously

unbeaten and Class AAA No. 1 Wayne 71-69 at the St. Albans Classic Saturday.

Lexi Simpson scored on a strong finish with seven seconds left to finish the upset.

The Hawks were pace by Bri Fox's 23 points while Hannah Stemple added 18 with five three-pointers.

University plays in an OVAC Consolation game Monday at Wheeling Central.

Boys Basketball

Morgantown 90, Ripley 52

NEWMARTINSVILLE — The Morgantown boys cruised to a 90-52 win over Ripley at Magnolia High School Saturday afternoon.

Izzy Everett and Sharon Young led the Mohigans with 18 points each while Waylon Colistra scored 12 and Jaylon Hill finished with 11.

MHS led 30-5 after the first quarter.

Cade Goode led Ripley with 20 points.

Morgantown hosts rival

University at 7:30 p.m. on Tuesday.

Musselman 53, University 48

INWOOD — The University boysdropped a close contest in the final minutes to Musselman, 53-47, on Saturday.

The game was tied 46-46 with one minute remaining when James Fortney-Garbert sank a pair of free throws to put the Hawks up two.

Musselman burried a deep three with 25 seconds left to pull ahead and made its free throws following a UHS missed shot to win by three.

UHS shot just 2-12 from three playing thier third game in four days.

Zach Demidovich led the Hawks with 20 and Fortney-Garbart finished with 14.

Musselman's Gavin McClain tallied 17, including the game-winning three-pointer, and Wade Barltes contributed 16.

The road doesn't get easier as the Hawks take on No. 2 Morgantown on Tuesday,

OUTDOORS

How hawks and owls find food in winter



DAVE SAMUEL

Although most of that snow melted this week, when it was on the ground, how did our hawks and owls find food?

Those of you with bird feeders already know how some of our hawks find food in winter. It doesn't matter if there is snow, although snow does attract more birds to your feeders.

Lots of passerines flitting about attract the hawks that eat birds. They're already finding food more difficult because of the snow, but your feeders bring the Cooper's hawk and sharp-shinned hawk to your back yard.

When I fed birds where I lived in Orchard Acres, I watched both of these hawks fly in and grab a bird. That may bother some people that feed birds, but if it does, then take down your feeders for a few weeks and the hawks will stop visiting you for a while. Of course I didn't observe all the instances when those hawks ate birds in my yard.

Walking about I'd sometimes find a puff of feathers on the snow or grass. Occasionally there were enough feathers to allow me to identify what they ate. I remember one junco, and a dove. That dove may have been killed by a red-tailed hawk that occasionally was observed perched in

the area.

Doves are probably a bit big for a Cooper's hawk or sharp-shinned hawk, but they were often at my feeders. Whether one bird eating another bothers any of us or not, it happens every day somewhere around Morgantown.

Owls utilize sound perhaps more than sight to spot or find food. One report I found said that this allows them to find prey such as deer mice moving under the snow.

Then they dive down and grab that mouse or vole. However, when snow conditions are such that there is a crust on the snow, that type of feeding is difficult. Thankfully we don't get those weather conditions often.

Owls feed more at night when their prey is more active. But in winter those night time temperatures can get cold. One advantage some owls, such as screech owls and great-horned owls have is feathers on their legs.

This helps them sit still at night, while they watch for prey movement. Screech owls have been known to cache food in the winter if they catch more than they can eat in a day.

Colder temperatures means that hawks and owls need more food to survive. Grassy strips near highways where snow may not accumulate are areas where red-tailed hawks watch for mice or voles.

You can easily spot a red-tail with that whitish breast perched in trees along highways, waiting for a mouse or vole to move. I've seen two red

tails pouncing on prey near a highway this winter.

One instance was at the stop light when you get off of Route 68 for the Cheat Lake exit. It was mid-afternoon, and the red-tail swooped around the truck parked in front of me at the light. He grabbed something just beyond the guard rail and as I left, I saw it pecking at its prey.

Of course feeding close to roads makes them susceptible to injury or death from vehicles driving by. Catching a mouse along a highway may be easier than dodging vehicles flying by at 70 miles per hour.

One way that hawks conserve energy in winter is to lower their metabolic rates when food is scarce. One report noted that red-tailed hawks can lower their body temperature by as much as 5 degrees when they are inactive.

They often select perches that are in the sun, thus reducing energy needed to live, and also making them more visible to us as we drive by.

Chances are good that we'll get more snow this winter. This makes life tougher for our owls and hawks, and some will die, especially the younger birds. Thankfully our hawks and owls have numerous adaptation that allow them to get through the winter.

DR. SAMUEL is a retired wildlife professor from West Virginia University. His outdoor columns have appeared, and continue to appear, in Bowhunter magazine and the Whitetail Journal. If you have questions or comments on wildlife and conservation issues, email him at drdave4@comcast.net.

NBA

Jokic, Nuggets beat 76ers 111-105 with Embiid sitting out for 4th straight time in Denver

Associated Press

DENVER — Nikola Jokic had 26 points and 16 rebounds, but was denied his rematch with fellow MVP contender Joel Embiid on Saturday when the Denver Nuggets fended off the short-handed but gritty Philadelphia 76ers 111-105.

Philadelphia's star center missed a game at Denver for a fourth consecutive season after the team's medical staff determined he shouldn't play on his balky left knee.

Jamal Murray added 23 points for Denver and Michael Porter Jr. had 20. Paul Reed led Philadelphia with a career-best 30 points and Kelly Oubre Jr. had 25.

The 76ers scratched Embiid minutes before tipoff after he had discomfort in his troublesome left knee during warmups. It denied basketball fans another marquee matchup between the last two NBA MVPs.

CLIPPERS 115, CELTICS 96

BOSTON — Kawhi Leonard scored 26 points in only 29 minutes and Los Angeles routed Boston.

Paul George added 17 points for the Clippers, who used a 21-0 run in the third quarter to win their fifth straight and avenge a 37-point home loss to Boston in December. Leonard, George and the rest of the starters sat out the fourth quarter.

It was the most-lopsided loss of the season for Boston, which lost for just the second time at home after starting the season 20-0 at TD Garden.

Jayson Tatum led Boston with 21 points. The Celtics shot 35% from the field.

KNICKS 125, HEAT 109

NEW YORK — Jalen Brunson had 32 points and eight assist and New York beat Miami, winning its sixth straight and sending the Heat to a sixth consecutive loss.

Julius Randle added 19 points and nine rebounds for the Knicks, but left with 4:27 remaining after landing hard on his right shoulder when Jaime Jaquez Jr. stepped in front of him trying to take a charge on Randle's drive to the basket.

Coach Tom Thibodeau said after the game that he



AP photo

Denver Nuggets center Nikola Jokic, front, looks to pass the ball as Philadelphia 76ers forward KJ Martin defends in the first half of an NBA basketball game, Saturday, in Denver.

knew only that Randle was being checked by the medical staff and didn't know the nature of the injury.

OG Anunoby also had 19 points for the Knicks, who improved to 12-2 this month after he made his first start on New Year's Day.

Jimmy Butler scored 28 points for Miami.

WIZARDS 118, PISTONS 104

DETROIT — Kyle Kuzma scored 30 points and Washington beat Detroit for Wizards interim coach Brian Keefe's first victory.

Keefe lost his first game Thursday, hours after Wes Unseld Jr. was moved to the Wizards' front office. Jordan Poole added 17 points to help Washington end a six-game losing streak.

Bojan Bogdanovic led Detroit with 30 points.

JAZZ 134, HORNETS 122

CHARLOTTE, N.C. — Lauri Markkanen had 33 points and 12 rebounds and

Utah beat Charlotte for its 11th victory in 15 games.

Collin Sexton added 24 points and 13 assists. The Jazz shot 56% from the field, made 17 3-pointers and built 36-point lead in the third quarter.

P.J. Washington tied a career high with 43 points — 31 in the second half — and Nick Richards added a career-best 26 to go with 13 rebounds for Charlotte.

NETS 106, ROCKETS 104

NEW YORK — Cam Thomas scored 37 points and Brooklyn outlasted Houston to snap a three-game losing streak.

The Nets led by 28 points in the second quarter, with the Rockets rallying to cut it to one with seconds left.

Mikal Bridges and Dorian Finney-Smith each had 19 points for Brooklyn. Jalen Green, Dillan Brooks and Cam Whitmore each had 19 points for the Rockets. They have lost seven of their last 10 games.

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NHL

Defenseman Victor Hedman reaches 700 career points, Lightning beat Devils 6-3

Associated Press

TAMPA, Fla. — Defenseman Victor Hedman reached 700th career points with the first of his three assists, Brandon Hagel and Brayden Point each scored twice and the Tampa Bay Lightning won their seventh straight home game, beating the New Jersey Devils 6-3 on Saturday night.

Both teams played their final game before the All-Star break. Tampa Bay has won eight of nine overall, while New Jersey has two wins in its last seven.

Nick Paul and Steven Stamkos each had a goal and an assist, and Andrei Vasilevskiy made 21 saves for his seventh victory in his last eight starts.

"We're just fighting every game," Lightning coach Jon Cooper said. "It always seems like we're playing somebody that's right around us in the standings. To get these points . . . those are big for us."

Ondrej Palat and Jesper Bratt scored while Tyler

Toffoli had his 500th career point with a goal for New Jersey. Vitek Vanecek finished with 36 saves.

Hedman reached the milestone point on Tampa Bay's opening goal. Hedman stepped into a shot at the left point that was tipped by Paul at 1:09 of the second period. Hedman is 29th defenseman to ever reach the mark and the fourth active defenseman to reach 700 points, joining Brent Burns, Erik Karlsson and Kris Letang.

"It's special to do it in one spot, same team and same organization," Hedman said.

Hagel put the Lightning up 2-0 on a rebound from Hedman's point shot with 9:20 left in the second. With two assists in the second period, Hedman also had his 64th career multi-point period, third most among active defensemen.

The Lightning outshot New Jersey 19-4 in the second period.

"It wasn't good enough, they won more battles," New Jersey coach Lindy Ruff said. "The battles on the wall,

not good enough. Battles around the net front, not good enough. Just not good enough."

The Devils cut the deficit to 2-1 at 2:49 on a rebound goal from Palat, who played 10 seasons with Tampa Bay, winning two Stanley Cups.

Stamkos answered that a minute later to regain the two-goal lead before Bratt scored off the rush at 7:19. Point made it a two-goal edge again with 6:08 left. Toffoli made it 4-3 with 2:38 left before Tampa Bay scored two empty net goals.

"I hope everybody goes and rests up a bit, thinks about what team they want to be part of coming down the stretch," New Jersey captain Nico Hischier said. "If we want to be a playoff team, we got to figure something out. I think everybody (has) to start looking in the mirror, including me. So just how are you going to get out of it? Start with yourself and then come out of this as a group."

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MEN’S BASKETBALL

No. 23 Iowa State beats No. 7 Kansas 79-75, runs home winning streak to 13 games

Associated Press

AMES, Iowa — Tre King had 21 points and nine rebounds, and No. 23 Iowa State knocked off No. 7 Kansas 79-75 on Saturday.

Iowa State (16-4, 5-2) improved to 13-0 at home this season while enhancing its status as a Big 12 contender. Keshon Gilbert scored 16 points for the Cyclones, and reserve Curtis Jones had 15 points.

Hunter Dickinson led Kansas (16-4, 4-3) with 20 points and 15 rebounds. Kevin McCullar Jr. had 16 points on 5-for-18 shooting, and Johnny Furphy finished with 15.

A 3-pointer and a layup by Tamin Lipsey helped Iowa State seize control early in the second half. Jones’ 3-pointer increased the Cyclones’ lead to 55-43 with about 12 minutes left.

NO. 3 NORTH CAROLINA 75, FLORIDA STATE 68

TALLAHASSEE, Fla. — RJ Davis scored 24 points and freshman Elliot Cadeau added a season-high 16 as North Carolina rallied from an eight-point deficit early in the second half.

Davis surpassed the 20-point mark for the 12th time this season. Cadeau shot 8 of 9 from the free-throw line and had six assists as North Carolina (17-3, 9-0 ACC) extended its win streak to 10 games.

Primo Spears scored 15 points on 6-of-15 shooting, including 3 of 4 3-pointers, for Florida State (12-8, 6-3).

NO. 4 HOUSTON 74 KANSAS STATE 52

HOUSTON — Jamal Shead scored 17 points, J’Wan Roberts had 14 points and six rebounds and Houston extended its winning streak to four games.

Damian Dunn added 13 points for Houston (18-2, 5-2 Big 12), which built a 20-point lead by halftime and won its 17 straight home game. The Cougars converted 18 turnovers into 25 points and held a 28-18 advantage in points in the paint.

Cam Carter scored 16 points and Arthur Kaluma and Dai Dai Ames added 11 apiece for Kansas State (14-

6, 4-3), which lost its second straight. The Wildcats shot 40% and were 7 of 21 from 3-point range.

NO. 5 TENNESSEE 75 VANDERBILT 62

NASHVILLE, Tenn. — Dalton Knecht scored 12 straight points in the second half and finished with 32, rallying Tennessee past in-state rival Vanderbilt.

Tennessee trailed by as much as nine in the first half and Vanderbilt, winless in the Southeastern Conference, led 43-39 early in the second half before the Vols rallied.

Santiago Vescovi added 12 points as Tennessee (15-4, 5-1) won its fourth straight and 11th in 12 games. Zakai Zeigler and Jordan Gainey each had 10 points.

Tyrin Lawrence scored 21 points and Ezra Manjon 14 for Vanderbilt (5-14, 0-6), one of two winless programs in the SEC.

MISSISSIPPI STATE 64 NO. 8 AUBURN 58

STARKVILLE, Miss. — Josh Hubbard scored 15 of his 17 points in the second half and Cameron Matthews had 14 points and 11 rebounds as Mississippi State knocked off Auburn.

DJ Jeffries made 3 of four free throws in the final 11 seconds and grabbed 12 rebounds to help seal the win for Mississippi State (14-6, 3-4 SEC). Shakeel Moore scored 12 points and Tolu Smith added nine points and eight rebounds.

Johni Broome scored 14 points and Jaylin Williams added 10 to lead Auburn (16-4, 5-2).

NO. 9 ARIZONA 87 OREGON 78

EUGENE, Ore. — Caleb Love scored a career-high 36 points, and Arizona beat Oregon to snap a three-game road losing streak.

Kylan Boswell added 14 points as the Wildcats (15-5, 6-3 Pac-12) bounced back after losing 83-80 at Oregon State on Thursday night. Keshad Johnson scored 12 points, and Oumar Ballo had 10 points and nine rebounds.

Arizona moved into a tie with Oregon for the top spot in the conference standings.



AP photo

Iowa State guard Tamin Lipsey (3) gets past Kansas center Hunter Dickinson (1) for an open layup during the second half of an NCAA college basketball game, Saturday, in Ames, Iowa. Iowa State won 79-75.

Love, a transfer from North Carolina, made five 3-pointers. He went 12 for 18 from the field.

Jermaine Couisnard scored 20 points for Oregon (14-6, 6-3), which lost for the third time in four games. N’Faly Dante added 19, and Kario Oquendo scored 13.

NO. 10 ILLINOIS 70, INDIANA 62

CHAMPAIGN, Ill. — Terrence Shannon Jr. made six free throws in the final two minutes to help Illinois survive a scare from Indiana.

Indiana tied the game at 62 with 1:29 left on a basket by Mackenzie Mgbako before Illinois scored eight straight points to seal the victory.

Marcus Domask led Illinois (15-5, 6-3 Big Ten) with 16 points and 10 rebounds. Luke Goode and Coleman Hawkins each had 11 points.

Malik Reneau scored 21 points for Indiana (12-8, 4-5) before fouling out with 3:02 left. Xavier Johnson had 14 points and Mgbako had 12.

NO. 20 TEXAS TECH 85 NO. 11 OKLAHOMA 84

NORMAN, Okla. — Chance McMillian scored 27 points and Texas Tech rallied from a nine-point deficit in the second half to beat Oklahoma.

Pop Isaacs had 18 points, including 13 in the second half for the Red Raiders (16-3, 5-1), who shot 52.6% from the field.

Otega Owheh had 14 points and Milos Uzan and Sam Godwin each scored 13

for Oklahoma (15-5, 3-4), which has lost four of its last six games and six of its last eight against Texas Tech.

NO. 12 DUKE 72 CLEMSON 71

DURHAM, N.C. — Tyrese Proctor hit two free throws with 1 second left to help Duke hang on to beat Clemson, barely averting the program’s first home loss to the Tigers in nearly three decades.

With Duke trailing by one, Proctor raced up the court and ran into two defenders near the top of the arc before pushing inside the paint to draw a foul from Josh Beadle. Proctor ended up on the floor and Tigers coach Brad Brownell immediately ripped off his sportscoat as he turned back to his bench at the opposite end of the court.

Proctor calmly knocked down both shots for the lead and Clemson failed to get off a shot with a desperation inbound heave for star forward PJ Hall.

Freshman Jared McCain had 16 of his 21 points after halftime for the Blue Devils (15-4, 6-2 Atlantic Coast Conference), while Proctor had 18 points.

Hall had 19 points and 10 rebounds for the Tigers (13-6, 3-5), including two free throws with 7.4 seconds left that had Clemson on the verge of only its fifth win ever in Cameron Indoor Stadium — with the last coming in the 1994-95 season.

NO. 14 MARQUETTE 75 SETON HALL 57

MILWAUKEE — Oso Ighodaro scored 21 points, David Joplin added 20 and Marquette extended its winning streak to four games.

Marquette (15-5, 6-3 Big East) got a total of seven points from leading scorers Tyler Kolek and Kam Jones and broke open a close game by outscoring Seton Hall 45-28 in the second half.

Seton Hall (13-8, 6-4) was without top scorer Kadary Richmond due to an unspecified injury and lost its third straight game. Jones, the team’s second-leading scorer, played just five minutes due to an ankle issue and finished with three points. Kolek, the reigning Big East player of the year, had four points after being held scoreless until 1:12 remaining in the game.

Jaden Bediako led Seton Hall with 18 points and Dre Davis added 13.

TCU 105 NO. 15 BAYLOR 102, 30T

WACO, Texas — Jameer Nelson Jr. scored a season-high 30 points, including the go-ahead shot with 10 seconds left in the third overtime, and TCU rallied to beat Baylor in a Big 12 thriller.

Baylor freshman Ja’Kobe Walker hit a tying 3-pointer with 0.6 seconds left in the first overtime, but the Bears lost for the first time in four games at brand new Foster Pavilion. Baylor had a 10-point lead in the second half and a four-point edge in the third OT.

It was a third consecutive loss for the Bears (14-5, 3-3 Big 12).

Freshman Yves Missi scored a season-high 25 points, and RayJ Dennis had 24 points and 10 assists in the first three-OT game for the Bears since a 116-111 victory in five overtimes at Texas A&M on Jan. 23, 2008.

Emanuel Miller scored 21 points and Micah Peavy added 18 for TCU (15-5, 4-3).

NO. 18 UTAH STATE 90 BOISE STATE 84, OT

BOISE, Idaho — Darius

Brown II scored 19 points, Ian Martinez had 18 and Utah State beat Boise State in OT for its second straight win.

Great Osobor had 14 points, 10 rebounds and seven assists for Utah State (18-2, 6-1). Josh Uduje had 18 points and Isaac Johnson finished with 13 points and 11 boards.

Utah State went 10 for 11 at the line in overtime. Martinez made four free throws in the final 14 seconds.

Tyson Degenhart scored 24 points for Boise State (14-6, 5-2), which went 2 for 10 from the field in OT. O’Mar Stanley had 20 points and nine rebounds, and Chibuzo Agbo scored 15 points.

NO. 21 BYU 84 TEXAS 72

PROVO, Utah — Noah Waterman and Jaxson Robinson scored 17 points apiece to lead BYU.

Fousseyni Traore had 16 points, six rebounds, and two blocked shots, and Richie Saunders and Spencer Johnson added 11 points apiece as the Cougars (15-5, 3-4 Big 12) snapped a two-game losing streak. BYU shot 64% from the field and outscored Texas 40-26 in the paint.

Dylan Disu led the Longhorns with 19 points. Chendall Weaver added 15 points and Max Abmas 12. Texas (14-6, 3-4) scored 17 points off 15 BYU turnovers, yet trailed the entire second half.

WYOMING 79, NO. 24 COLORADO STATE 76, OT

LARAMIE, Wyo. — Mason Walters scored at the buzzer to force overtime and Akuel Kot completed a four-point play in the final minute of the extra period, leading Wyoming past Colorado State.

Sam Griffin scored 24 points to lead the Cowboys (11-9, 4-3 Mountain West), who trailed by 11 points with 1:11 remaining in regulation.

Isaiah Stevens finished with 17 points and nine assists, Patrick Cartier added 19 points and Colorado transfer Nique Clifford added 13 points and 12 rebounds to lead Colorado State (15-5, 3-4).

NFL

Browns hire Jacques Cesaire as defensive line coach, search for OC continues, AP source says

Associated Press

CLEVELAND — Myles Garrett has got another new coach.

The Cleveland Browns have hired Jacques Cesaire as their defensive line coach to work with Garrett, the favorite to win AP Defensive Player of the Year, a person familiar with the move told The Associated Press

on Saturday.

Cesaire, who spent the past two seasons in Houston, will replace Ben Bloom. It’s possible Bloom will stay with Cleveland in another role, according to the person who spoke to the AP on condition of anonymity because the team is not announcing any changes until coach Kevin Stefanski completes interviews.

NFL Network was first to report the 43-year-old Cesaire’s hiring.

Stefanski has filled several vacancies already and could be closing in on a new offensive coordinator.

The Browns have interviewed five candidates, including Chargers offensive coordinator Kellen Moore, former Eagles offensive coordinator Brian Johnson and Texans

quarterbacks coach Jerrod Johnson.

Stefanski shook up his staff days after the Browns were routed 45-14 by the Texans in the wild-card round of the playoffs. He fired coordinator Alex Van Pelt along with running backs coach Stump Mitchell and chose not to bring back tight ends coach T.C. McCartney.

Cesaire had a hand in

Houston’s blowout of the Browns as the Texans’ defensive front pressured Cleveland quarterback Joe Flacco throughout the game. Flacco threw a pair of pick-6s in the second half.

The Texans chose not to renew Cesaire’s contract after the season. In Cleveland, he’ll inherit Garrett, the All-Pro who had 14 sacks and his most dom-

inant season since being drafted first overall in 2017. The Browns also will bring back ends Ogbo Okoronkwo and Alex Wright and tackle Dalvin Tomlinson on the league’s top-rated defense.

Cesaire played in 125 games from 2003-11 with the San Diego Chargers. He was an assistant line coach with Buffalo in 2020-21.

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NFL

It's Mahomes vs. Jackson for the first time in the playoffs. And there's a Super Bowl spot at stake

Associated Press

BALTIMORE — Patrick Mahomes has already defeated an impressive list of quarterbacks in the playoffs: Andrew Luck, Deshaun Watson, Ben Roethlisberger, Trevor Lawrence, Joe Burrow, Jalen Hurts, Tua Tagovailoa.

And of course, Josh Allen, who was eliminated for the third time by Mahomes and the Kansas City Chiefs last week.

One star AFC quarterback whom Mahomes has never run into in the postseason is Lamar Jackson. The Baltimore Ravens star could match Mahomes this season with his second MVP award — but is only now making his first appearance in the AFC championship game.

“He’s going to be the MVP for a reason,” Mahomes said. “He leads his team. He scores, he runs, he throws, he does whatever it takes to win, and that’s what the greats do. It’s a challenge for our defense, but also a great challenge for our offense to keep up.”

Mahomes and the Chiefs face that difficult task Sunday at Baltimore in the AFC title game. It’s their sixth consecutive year reaching this stage of the playoffs, but the first time in that span they’ll have to play it on the road.

The Chiefs are the

defending Super Bowl champions. The Ravens have the NFL’s best record this season. It’s a fascinating matchup made even more so by the presence of Mahomes and Jackson.

Even if Jackson would be happy to avoid such a tough opponent.

“I don’t like competing against him at all,” Jackson said with a laugh. “He’s definitely a Hall of Famer. But I believe it’s just two greats — up-and-coming greats — just going toe to toe, like a heavyweight fight.”

This is the first playoff matchup between former MVP quarterbacks who are both under 30.

That’s not to say Mahomes hasn’t been pushed in the quarterback-deep AFC. Allen has come close to knocking him off, and Burrow actually beat Mahomes in the AFC championship game two years ago before Mahomes won a rematch last season.

Jackson’s most recent matchup with Mahomes was a 36-35 win by the Ravens in September 2021. Mahomes won their meetings in each of the previous three seasons.

“Listen, this league is a lot about the quarterbacks, right? We’re fortunate in this game we have two of the best ones in the league,” Chiefs defensive coordinator Steve Spagnuolo said. “Our goal and what we talk about all the time is, ‘Let’s just get the ball back to our



AP photo

Kansas City Chiefs quarterback Patrick Mahomes (15) reacts after defeating the Buffalo Bills in an NFL AFC division playoff football game, Jan. 21, 2024, in Orchard Park, N.Y.

quarterback.’ That’s our job. And the only way to do that is make sure their quarterback doesn’t do the things that he’s capable of doing.”

Baltimore (14-4) reached this round with a 34-10 win over Houston. Kansas City (12-6) beat Allen and Buffalo 27-24 last weekend — with Taylor Swift in attendance watching her boyfriend, Chiefs tight end Travis Kelce.

That romance could be headed to the Super Bowl next month — but the Ravens will do their best to end Kansas City’s run.

LONG TIME COMING

This is the first time Baltimore is hosting the AFC title game since the Colts

beat the Oakland Raiders in January 1971. The current Baltimore franchise has made it to this game four times previously, all on the road, and won twice on the way to Super Bowl titles.

This is Baltimore’s fourth time reaching the game under coach John Harbaugh, but the Ravens haven’t been this far since their Super Bowl run 11 years ago. Kansas City, of course, has made the AFC title game an annual part of its schedule lately.

“They’ve been in this situation many times. They’ve played in this game. I think they’re a very experienced team,” Harbaugh said. “They’re a hardened team. They’ve

been through a lot. That experience always is helpful.”

POPS GOES PACHECO

Chiefs running back Isiah Pacheco, affectionately known as “Pops” by teammates, has been a big reason why they have won their first two playoff games.

The second-year standout has run for 186 yards and two scores in wins over Miami and Buffalo, and his success between the tackles has opened up a downfield passing game that has been bottled up all season.

“I think leaning into him, leaning into our offensive line and what they do best is extremely important to our team,” Mahomes said. “It’s not always going to be high-flying, but we’re going to do whatever we can to win the football game at the end of the day. And if that’s running the ball, throwing the ball, whatever that is.”

TESTED

Of the Ravens’ 13 regular-season victories this season, a record 10 were over teams that finished above .500.

“I think that we just do what we’re signed up to do, and that’s play for each other, at the end of the day. Give everything that we’ve got and try to send a message, play in and play out,” linebacker Roquan Smith said. “No bigger stage to do

that than the game coming up this week.”

GET A KICK OF THIS

Special teams is usually a factor in the postseason — look at the misses by Buffalo and Green Bay last week. And the Ravens and Chiefs have two of the game’s best kickers.

Justin Tucker is going to his seventh Pro Bowl in 12 seasons for Baltimore, while Harrison Butker was 33 of 35 on field-goal attempts for Kansas City this season and is perfect so far in the playoffs.

“He’s been there for such a long career, no injuries, and he’s made it look effortless,” Butker said of Tucker, whom he recalls watching on Youtube as far back as high school. “He’s kind of changed the kicking game, and pushed us younger guys to say, ‘It’s possible to make 65-yard field goals and these game-winning kicks.’ He’s just an artist.”

INJURIES

Ravens tight end Mark Andrews (ankle) hasn’t played since November, but he has been practicing this week. Cornerback Marlon Humphrey (calf) also returned to practice after missing last weekend’s win over Houston.

Pacheco (ankle/toe) and guard Joe Thuney (pectoral) missed practice time for Kansas City this week.

PRO FOOTBALL

49ers look to avenge NFC title game losses. Lions seek 1st Super Bowl appearance

Associated Press

SANTA CLARA, Calif. — The San Francisco 49ers have been waiting a year to get back to the NFC championship game after last season’s disappointing loss.

The wait for the Detroit Lions and their fans has been far longer, with the success-starved franchise one step away from their first Super Bowl appearance.

Either the Niners (13-5) will avenge title game losses from the past two seasons or the Lions (14-5) will win in their first appearance on this stage in 32 years when the teams meet in the NFC championship game Sunday.

“You worked so hard all season long. We talked about it all season. To be able to put ourselves in a position where we can play the NFC championship game again. We did that,” 49ers All-Pro linebacker Fred Warner said. “We have that opportunity right now. ... I know they type of team we have, the type of players we have and talent.

“I know if we play our best ball for three hours, we’ll get the job done.”

While San Francisco has been a top contender the past five seasons under coach Kyle Shanahan, this is new territory for the Lions.

Coach Dan Campbell came aboard in 2021 and helped lead a turnaround that reached a new level this season with Detroit hosting a playoff game for the first time in 30 years and winning one for the first time in 32 years.

Lions owner Sheila Ford Hamp, whose late father, William Clay Ford, bought the team six decades ago gave Campbell a chance to be a full-time NFL coach for the first time.

“It feels good to prove her right, but we’re not done yet,” Campbell said Thursday.

Now the only franchise that has played every sea-

son in the Super Bowl era without reaching the ultimate game has a chance to end that drought.

“There’s four teams left and these are the times you dream of as kid and you grow up, hoping to be in these final games,” said quarterback Jared Goff, who went to the Super Bowl with the Rams five years ago.

“We’re one win away from our ultimate goal of getting to the Super Bowl and winning that game as well.”

FAMILIAR FOE

The 49ers have a long history of playing against Goff, who spent his first five seasons in the NFC West with the Rams. Goff got the best of the early matchups against Shanahan’s Niners, winning all three starts in 2017-18, with a 136.3 passer rating, nine TDs and no interceptions.

As San Francisco improved, Goff struggled in the matchup by losing all four in the 2019 and 2020 seasons with a 70.3 rating, four TDs and four interceptions. The Niners expect a much better version of Goff this time.

“I think he’s one of the best quarterbacks in the league right now with the

decisiveness, the amount of playmakers that he has on that side, I think he’s the one that’s leading that group and he’s the reason why they are where they are right now.”

GAME-BREAKING SPEED

Jahmyr Gibbs, Detroit’s 21-year-old rookie running back, became the youngest NFL player to score a go-ahead touchdown in the fourth quarter or overtime of a playoff game in last week’s win over Tampa Bay.

Gibbs started left and darted to his right on a 31-yard run that broke a tie with the Buccaneers and left at least one teammate in awe.

“That cut on that touchdown is one of the best I’ve ever seen,” Lions center Frank Ragnow said.

GO FOR IT

The matchup offers a big discrepancy in coaching aggressiveness with Campbell one of the most likely to go for it on fourth downs, while Shanahan traditionally has been more cautious.

Detroit leads the NFL with 118 fourth-down tries since Campbell arrived, converting 52.5% of them.

The Lions are 2 for 2 in the postseason, scoring TDs on two fourth-and-shorts. Detroit’s 13 TDs on fourth down in the regular season and playoffs since 2021 are tied for the most in the NFL.

“Those guys are trying to steal possessions as much as they can,” Shanahan said. “I’ll tell you after the game whether that’s a good thing or bad thing for us. Any time you try to steal possessions, you’re also offering an opportunity to lose possession. So those are opportunities for them, but they’re also big oppor-

tunities for us, too.”

San Francisco has attempted only 50 fourth-down tries the past three seasons, the third fewest in the league.

MAKING HISTORY

Lions defensive end Aidan Hutchinson is from suburban Detroit and attended Michigan, giving him an up-close view of the Motor City’s long-suffering franchise that has fired up a fan base.

“Growing up here, you grow up with a lot of the same-old Lions stuff and a lot of the tragedy,” Hutchin-

son said. “I see videos of little kids, and seeing that generation grow up with this Lions team and the Lions teams to come, it’s cool.”

THEY’RE COMING

The Lions like to blitz defensive backs and they often get home.

Ifeatu Melifonwu became the league’s first safety to have 1 1/2 sacks in a postseason game in nine years in last week’s win over Tampa Bay, and set a franchise record for sacks by a defensive back with four.

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EDITORIAL

PRESS Act: What it means for journalists & America

There must have been a strange and rare alignment of stars on Jan. 18, because on that day, the U.S. House of Representatives passed the Protect Reporters from Exploitative State Spying (PRESS) Act with bipartisan support.

The PRESS Act protects journalists from being forced to name their sources in federal court or disclose “any records, contents of a communication, documents, or information obtained or created by journalists in the course of their work” that could otherwise identify the source; and would stop the federal government from spying on journalists through their technology providers, specifically by preventing phone and internet companies from “being compelled to provide testimony or any document consisting of a record, information, or other communication that is stored by the third party on behalf of a journalist.”

The bill itself is a welcome relief to journalists, but it’s how the bill came to be that should provide everyone with hope.

This bill comes after nearly eight years now of politicians and partisans denigrating the news media: calling coverage they don’t like “fake news,” undermining public trust in media and fostering an overall animosity and disrespect that has made work increasingly dangerous for reporters.

Protecting sources is the one proverbial hill that most journalists will die on; there are few things as sacred as the bond of trust between a reporter and their source, especially one that has been granted anonymity for their own protection. It takes immense bravery to speak to a reporter, especially about something that others would prefer to keep quiet. In the most extreme cases, journalists and editors make the promise of anonymity with the knowledge that, if they are summoned to court, they may have to fall on the metaphorical sword — accepting astronomical fines or even jail time.

For such a deeply divided chamber to show this kind of support for reporters is surprising, but in the best way possible. Hopefully, this will help restore some public trust in journalism.

But the part that offers the most hope for the future is how truly partisan this effort was. The PRESS Act had 20 cosponsors: 10 Republicans and 10 Democrats. The Senate equivalent has four sponsors: two from each party.

The bill passed in a unanimous voice vote, and moves to the Senate, where it will hopefully get the same reception.

This kind of bipartisan support is nearly unheard of — but it shows that, despite everything that points to the contrary, there are some things our elected officials can agree upon. And if our elected representatives can find common ground, then the rest of us most certainly can.

Syndicated columns, letters to the editor and guest essays should be considered another point of view and not necessarily the opinion or editorial policy of The Dominion Post.

The Dominion Post

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Who needs tested on the Constitution?

As a former social studies teacher in the Monongalia County School system, I was amused upon reading in The Dominion Post that the Legislature has proposed HB 4186, which would require all high school seniors to pass a test on the Constitution of the United States of America before they could graduate from high school.

These students will have had lessons on the Constitution in ninth grade in American Studies and 12th grade Civics classes. They have more than a casual relationship with that great document.

LETTERS TO THE EDITOR

EMAIL submissions to opinion@dominionpost.com

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INCLUDE your name, hometown and phone number for confirmation. Letters should not exceed 300 words.

Passage of the law would cost the state a lot of money. The test would have to be standardized using a testing company. The company would develop the test, set the standards, create a test-

ing window, assign test dates and grade the test using a standardized grading and reporting system. All before graduation; notifying the schools and students of failure and possible retesting dates.

What I would like to see is all candidates for local, state and national offices to pass a test on the Constitution, as many of their bills seem to reflect a lack of such knowledge. This cost could be minimal as I and a couple of my retired teacher friends would gladly make up the test and grade it.

Ray Wilson
Bruceton Mills

COLUMN TOPIC

Misinformation isn't just coming from your cranky uncle on Facebook

I SEE MISINFORMATION ALL THE TIME. Scrolling through Instagram, I saw a musician I follow sharing false posts about the Israel-Hamas war. Out to eat at a restaurant, a server making friendly small talk shared true crime content she finds online — while rattling off names of accounts that I later discovered were conspiracy-minded. A friend of mine thinks the Infowars conspiracy theories site is a delight. And there’s my relative who started entertaining the idea that the world is flat after watching YouTube videos.

Misinformation affects everything from our health decisions to our personal relationships to business to, of course, democracy. It’s easy to get angry when we’re confronted with misinformation — that’s what it’s designed to do — but learning how to sort fact from fiction online while also practicing empathy will go a long way in fixing the misinformation crisis.

And the News Literacy Project, where I now work after a career in journalism, can teach people how to identify credible news.

First, if you’re fortunate enough not to live in a local news desert, you should get your information from your local newspaper, radio station or TV news programs. Beware of online “news” sites that are partisan propaganda. If they have very few or no local stories but plenty of politically charged articles, it’s a red flag. Also, follow news outlets that adhere to journalism standards and ethics, such as being transparent about corrections. Quality local news not only empowers us individually, but studies show it’s also good for democracy.

Second, when navigating difficult conversations where misinformation may come

up, try practicing what NLP calls “PEP”: patience, empathy and persistence. You can’t convince people of anything in one heated conversation, but if you listen you can walk away with a better understanding of how they developed their beliefs.

“We don’t all think the same,” said one of my relatives, who refused to get a COVID-19 booster shot after seeing misinformation about how it might affect someone’s hair.

I responded: “I’m not saying we need to think the same thing. I’m saying we need to know what’s true before we agree or disagree.”

It’s hard when someone you love is repeating falsehoods, but that doesn’t mean they’re not intelligent or they are a bad person. We’re living in a system where social media platforms don’t properly moderate content for misinformation and, in fact, incentivize its spread through outrage. Laws and regulations haven’t caught up to how quickly artificial intelligence technologies — including misleading images, videos and posts — are being developed.

Additionally, remember that none of us are exempt from falling for misinformation. It’s embarrassing, but it’s happened to me too. During the early days of the pandemic, photos spread online of dolphins swimming in Venice canals. It seemed mesmerizing and magical. Of course, those photos later

turned out to be false. And I felt like a fool — something to remember the next time I spar with a friend over misinformation.

It’s a systemic problem. We can do our part to counter it by seeking out credible sources of news. We can keep in mind that it’s easy to be fooled by falsehoods. And we can engage in tough, face-to-face conversations with the people we care about, but lead with empathy — not accusations.

One tactic that has helped me immensely — not just in countering misinformation I see online but also when talking through hot misinformation topics with loved ones — is to simply take ... a ... pause. This is actually a news literacy skill. Being news-literate means being able to identify credible information, which is often as simple as pausing to confirm whether something is true before sharing it online or in conversations.

It also means seeking out credible news sources like your local TV station or paper. By practicing news literacy skills, we’ll be better equipped to find trustworthy information and engage in difficult conversations about conspiracy theories and misinformation.

National News Literacy Week just ended, but you can still learn how to push back on misinformation and empower yourself and your communities to seek quality, vetted information. Join us in our effort to build a national movement to advance the practice of news literacy throughout American society, creating better informed, more engaged and more empowered individuals — and ultimately a stronger democracy.

SUSAN MINICHELLO writes The Sift newsletter for educators at the News Literacy Project.



LEAGUE OF WOMEN VOTERS

Bills on human rights to watch

THE 2024 LEGISLATIVE SESSION IS UNDERWAY, AND THE LEAGUE OF WOMEN VOTERS IS TRACKING BILLS and preparing for a Legislative Scorecard like the one published for the 2023 session. While no bills have yet been enacted and signed by the governor as of this writing, this is the perfect opportunity to monitor what is going on in Charleston and how it may affect your community and you personally.

Here are some of the bills we are watching that are in line with the League’s priority of safeguarding equal rights, including an individual’s right to make reproductive choices.

■ HB 4194, the Fairness Act, would add “sexual orientation” and “gender identity” to the West Virginia Human Rights Act. Since 2007, the Human Rights Act has prohibited discrimination in employment, public accommodations and housing in regard to race, religion, color, national origin, ancestry, sex, age, blindness or disability.

■ HB 4176 would provide protections in the exercise of constitutional rights of free speech, freedom to petition and freedom of association.

■ HB 4183 would provide easier access to contraceptives and elective sterilization.

Unfortunately, numerous bills continue to target some of West Virginia’s most vulnerable citizens. While these laws may not specifically target your individual rights, they can limit and deny equal protections under the 14th Amendment for people in your family, your community and your state.

■ HB 4934 would make the act of panhandling and soliciting unlawful. The bill defines panhandling as any solicitation made by a person whether by sign, gesture or verbally requesting money, funds, goods or food.

Just a few months ago, the Monongalia County Commission converted its proposed anti-panhandling ordinance into a “public safety” ordinance to avoid running afoul of the Constitution’s free speech protections. It is important to remember why people may panhandle.

In 2022, the poverty rate in West Virginia stood at almost 18%, the third highest rate in the nation. Our state’s rate of childhood poverty is the worst in the nation: 25% of our children are being raised in poverty. Food insecurity is widespread, even in relatively affluent Monongalia County.

■ SB 224 would prohibit minors from being involved in or attending drag shows, parental permission notwithstanding.

■ SB 198 would ban the teaching of critical race theory (CRT) in public and charter schools. The fact of the matter is that CRT originated as advanced study in law schools; it is not, and never has been, taught in K-12 academics.

Despite the Legislature passing a near-total ban on

SEE BILLS, C-2

Don't let PSC take away net-metering for solar

I've always been interested in getting the electricity I need for our home from the sun. With the help of Solar Holler, I was able to determine if our house was in a location and oriented in a way that would be able to maximize the sun's energy. Our location ended up being a perfect fit and by adding solar panels to our roof, we now harness energy to run all our household electricity needs.

Every West Virginian who installs solar helps to reduce strain on the entire electric grid. Because we are generating power, less power must be sent across power lines. That helps reduce the need for transmission and distribution upgrades.

If we produce more electricity than we need, we send that electricity back to the grid. My neighbors use that electricity, meaning that FirstEnergy needs to send them less electricity.

Through net-metering, we receive credit for excess power at the rate First Energy charges all customers (retail rate). That's the same price we pay for power if our solar system produces less electricity than we use. This is a fair policy.

But now, that choice is at risk. FirstEnergy is an out-of-state monopoly that runs West Virginia's MonPower and Potomac Edison. FirstEnergy has asked the West Virginia Public Service Commission to reduce net-metering in its West Virginia territory. Net-metering is a critical policy that allows solar customers to get fair compensation for the electricity they produce. FirstEnergy wants to change that. It wants to cut the rate for new solar customers by almost half. It wants to make it harder for West Virginians to go solar. People who already have solar, like my family, would still have access to net-metering through a grandfathering clause. If this proposal passes, in the future, families/businesses interested in installing solar wouldn't receive the same benefit.

There's still time to fight this unfair proposal. The PSC needs to hear from you. You can submit a comment opposing FirstEnergy's proposal. Visit www.WVLovesSolar.com to learn more and make your voice heard.

Elizabeth Peace
Morgantown

Tax credits come too late to pay for childcare

As a mom who spent eight years with at least one of my children enrolled in daycare, I

have learned a fair amount about how childcare impacts my family and community.

Some of my takeaways are:

■ Childcare is expensive. As my friend said, "the day you finish paying for childcare, you get the biggest raise in your lifetime." In total, it can cost more than college tuition.

■ Childcare is worth it. The educators who worked with my kids were amazing. They not only taught my daughters sight words and counting, but also how to share toys and help others. I went to work confident that my kids were receiving excellent care.

■ Childcare is underfunded. Childcare professionals teach our children during developmentally crucial years, yet the average early educator in West Virginia makes under \$13/hr. The recent loss of federal funding and a chronic decline in state dollars means childcare providers are struggling to keep classrooms open, pay reasonable wages and make ends meet without charging families more than they can afford. As a result, families like mine will feel the shortage in an already scarce landscape.

Recently, our state leaders have highlighted the childcare crisis in terms of workforce and business growth. I suggest that we also focus on increasing access, affordability and quality for families. Policies should help both family childcare homes and larger centers alike and should encourage growth in rural counties where services are lacking.

While tax credits have been proposed by many politicians, we should be concerned that this back-end approach will not help those who cannot afford front-end costs. Instead, we should provide direct funding to shore up the industry and families, fix and expand subsidies for low-income families and offer incentives to help with staffing.

This is a promising time to put childcare solutions into action. I hope our policymakers remember to move forward with wisdom and heed the voices of parents, providers and employers.

Rebekah Aranda
Morgantown

Remove the spousal exemption to sex abuse

It's not something we think about every day, but unwanted sexual contact (also called sexual abuse) by a spouse, which is often violent, is not a criminal offense in West Virginia.

Sexually abusive behavior involving non-spouses or strangers is definitely a crime.



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While spousal sexual abuse is a crime in the great majority of states, our law allows a spouse to escape prosecution for that sexual crime.

Why should a marriage license give a spouse a free pass from prosecution for non-consensual sexual abuse? It's wrong, but that's our law.

Injuries to a spouse from sexual abuse hurt just as much as injuries to a stranger.

Sexual abuse is a crime of violence and power. It is caused by the decision to control someone in the most personal way. It is not caused by sexual desire.

Our 2024 Legislature will have an opportunity to correct this on behalf of spouses, but only if they hear from us and appreciate that it is an important issue to correct.

More information about this is available at <https://www.rdvic.org/sexual-violence>.

How horrifying and shameful that this sexual crime will not be prosecuted in West Virginia if the victim just happens to be the abuser's spouse.

Deb Miller
Reedsville

Finally, hope for progress on I-79 exit 155

At last, there is some progress on the improvement of exit 155/Chaplin Hill. It is great that Sens. Manchin and Capito have gotten involved and helped local officials to appropriate \$54 million to finally improve a heavily traveled section of I-79. The residents of the area, as well as out of town commuters, deserve better than what they have dealt with for more than 10 years. This is the main access to Mylan Park, Mylan School and La Quinta hotel, as well as multiple other businesses, in addition to the main bus garage for this area.

The construction is said to begin in late 2024. I, as well as others, have complained about this neglect several times. I hope in the meantime there will be a temporary fix, with some patching and milling before late 2024. We were told a temporary fix would happen by May 31, 2023, but that didn't happen. Solution: Avoid this area if possible. The Division of Highways is analogous to the U.S. Congress: it takes weeks, months, even years to do nothing.

I am elated that there is progress, but when construction commences, I realize there will be bottlenecks for multiple years, which will be another headache for commuters, but that is the price for progress.

Another repulsive area close to exit 155 is Monongahela Boulevard near the WVU Coliseum, where there are parts of trees, leaves and dead deer along the side of the road — quite a scene for visitors to the coliseum

for basketball games and other events. Fortunately, most events are after dark, which makes all of this less visible.

The deer carcass is below The Motel in Star City. Is the town of Star City or is DOH responsible for that mess?

Ron Lemley
Morgantown

'Trump movement' not about small government

I have three words for Cal Thomas' column on Jan. 24: OH MY GOD! Cal tries to convince us that the "movement" he says Donald Trump leads has something to do with smaller and less intrusive government and term limits.

Anyone with their eyes half open can clearly see the only "movement" Donald Trump is leading is white nationalism and authoritarianism. I mean, it's gotten so bad I've had to shrink my circle of friends in half in recent years.

But one thing I could agree with Cal on is term limits. I know there are pros and cons to term limits, but I'm all in on having that discussion. Ironically, the leader of the "movement" he speaks of is an authoritarian wannabe who couldn't accept losing an election like a man, so he went as far as plotting a coup against the United States in an attempt to stay in power.

So I'm not going to let Cal Thomas try to pull the wool over my eyes. Because the real movement lead by Trump is nothing but hate for minorities, LGBTQ and women. Prove me wrong!

Roy Wolfe Jr.
Morgantown

GUEST ESSAY

West Virginia: Innovative economic sectors

BY MITCH CARMICHAEL

AN INDISPENSABLE TRAIT THAT IS COMMONLY FOUND TO BE PRESENT IN ALL POWERFUL, DYNAMIC STATE ECONOMIES IS THE OPPORTUNITY FOR CITIZENS TO SUCCEED AND GROW ACROSS A WIDE AND DIVERSE VARIETY OF INDUSTRIES. States firing on all economic cylinders will enjoy new jobs and significant investment in an ever-expanding array of sectors: from Agriculture to Steel, from Artificial Intelligence to Warehousing, and everything in between. The old adage rings true: "don't put all your eggs in one basket." These words are good advice for life, and for solid economic development.

It is incredibly exciting and rewarding to observe that West Virginia is becoming such a state! Current and future West Virginians can be proud of the work brought forth by this governor and Legislature to enable our relatively small state to fight and

climb our way up the ladder of economic success. West Virginia is capturing the attention, jobs and investment dollars of the world's most successful and innovative companies.

Among the most significant milestone events in the renaissance and diversification of the West Virginia economy is the recent announcement by LG Corporation of their massive investment to establish the LG Nova North America Innovation Center in our state. Obviously, a global company such as LG has the size, scope, resources and unlimited options to deploy their investment dollars anywhere in the world. It is incredibly rewarding and encouraging that LG chose West Virginia to create over 275 new, technologically advanced jobs for this innovative, 21st century initiative! It is not an exaggeration to recognize this

moment as the start of an innovation corridor across the entire Appalachian region.

The businesses to be developed by LG NOVA will bring highly skilled research and development jobs to West Virginia. This internationally respected and renowned company will spur growth in new technologies, make significant investments and drive economic development for many companies and people throughout West Virginia. This strategic initiative is a component of a focused effort that extends beyond this initial LG collaboration to promote sustainable economic investments across all geographic regions of West Virginia. Our state is well-positioned with terrific business leaders, government officials, public-sector innovators and world-class leadership at our flagship universities. As stated by

Victoria Thompson, leader of a UK based capital investment firm in attendance at the LG announcement, "The possibilities are immense, not only for the people of West Virginia but also for the wider global economy. By harnessing the power of this budding innovation ecosystem and leveraging cross-government and private sector capital, I believe West Virginia can create a more sustainable, inclusive, and vibrant economy that benefits its communities and drives positive change on both a local and global scale. The LG announcement and West Virginia's commitment to innovation is a testament to the potential that these ecosystems hold and how bold economic development policy can make a social difference."

The good Lord has blessed West Virginia with abundant natural resources. We are rich in

energy production, steel, chemicals and materials manufacturing. These segments of our economy are growing and provide fantastic careers for many citizens. They are foundational to West Virginia's economic prosperity. We honor, respect and work diligently to promote and expand these vital industries. By supporting and encouraging growth in other, non-traditional sectors of our economy, West Virginia will provide opportunities for citizens interested in pursuing these careers. The LG announcement and the addition of the many skilled research, development and high-tech positions from this global leader in innovation provides validation and emphasis to the diversification and growth of the West Virginia economy. These new jobs will augment our state's existing and growing portfolio of robust, exciting opportunities for current and future generations of West Virginians.

MITCH CARMICHAEL is the Cabinet Secretary of the West Virginia Department of Economic Development.

BILLS

FROM PAGE C-1

abortion in 2022 — with League opposition — multiple bills aimed at further restricting reproductive rights have appeared in the 2024 session.

So far, these include SB 207, which mandates data collection on legal abortions provided for any physician that bills Medicaid for services; SB 278, which would restrict the use of drugs approved by the FDA to induce abortion; SB 246, which would remove the rape and incest exceptions to the current abortion ban; SB 468, which would require public school students, under the guise of education on human development, to view video propaganda produced by a group that seeks to ban abortion

nationwide; and SB 284, which would prohibit pregnancy terminations when or if a fetal heartbeat is detected.

If the State of West Virginia is serious about attracting new residents, prosperous jobs, stopping the brain drain of our educated population and addressing the crisis of statewide poverty, it is essential for the Legislature to promote equal rights for all of West Virginia citizens. A few of the bills introduced so far this session would make West Virginia more welcoming. Many, unfortunately, do the opposite.

THE LEAGUE OF WOMEN VOTERS is a nonprofit, nonpartisan organization dedicated to promoting informed and active public participation in government. For more information, go to <https://www.org/>





KATIE McDOWELL

Got stress? Maybe changing the front of your hair will help

WHAT IS IT ABOUT THE FEMALE SPECIES that whenever life doesn't feel quite right, our first inclination is, "Maybe I should get bangs?"

I posed this question on social media and to my friends recently after finding myself browsing page after Google Images page of hairstyles featuring — you guessed it. The curtain kind, to be exact.

The answers, of course, ran the gamut from "Go for it!" to more than a few — and, to be fair, perfectly valid — variations of "Don't go there." and "OMG NO."

But not a single person — members of the female species, all — said, "I have no idea what you're talking about."

Because women here, there and everywhere — we girls, the world over — know *exactly* what I'm talking about.

The pull is so universal that it's become a movie trope.

Scene 1: Lady character suffers trauma.

Scene 2: Lady character stands in front of mirror clutching scissors and a clump of hair.

Scene 3 then usually involves said lady character in really bad wig. (Why doesn't anyone ever allow for decent wigs in the filming budget?) But I digress slightly.

Suffice to say it became a trope partly because it's true.

So, if sister friend rolls into the office one morning with a fresh layer of fringe across the top of her face, make sure she's OK.

She is clearly going through it.

This isn't to say, however, that the results are always disastrous.

Sometimes it actually works out and that new style is just the ticket.

Other times, well — other times you're stuck growing out a horizontal chunk of hair a la Emma Roberts circa 2018.

And life just went from bad to worse.

As my friend Lindsey put it:

"Do I always regret bangs at some point after getting them? Yes. I'm not a psycho. But I will eventually come back, of course. A haircut is often the only answer in times of screw this."

Alas, it is the natural way of things.

Psychologists say the urge is simple: A need for change in the midst of troubling circumstances. A way to exert control when the universe seems hell bent on delivering chaos.

All of which makes sense. Or maybe, you're just bored, and bangs are cheaper than moving.

This is about where I am at the moment.

Which is why I've booked the first available appointment with my stylist — and why I messaged her to contact me immediately if a space frees up sooner.

Waiting all the way until April seems far too long to make a questionable decision.

Especially when it is so obviously the solution to all of my problems.

Curtain bangs, here I come! (Growing them out, you probably won't be far behind.)

KATIE McDOWELL is the managing editor and lifestyle columnist for The Dominion Post. Email kmcdowell@dominionpost.com

Get to know Chief Logan Lodge



TO GO

To get to Chief Logan Lodge, take Interstate 79 south to U.S. 119 south. It is located at 1000 Conference Center Drive, Logan. Info: 304-855-6100.

BY AMANDA POSEY

DPNews@DominionPost.com

The thought of traveling to Chief Logan State Park hadn't even entered my mind until my father-in-law mentioned that it might be a good place to meet up with a friend for a board game weekend.

Always on board for an adventure and hoping for a travel column subject for me, my husband and I said "sure." My father-in-law booked us a room at the lodge. And bonus, because the lodge is pet-friendly, we were able to bring our dogs, Scout and Scooby, along with us.

After packing up the pups and trekking down to the southern part of the state, we weren't really sure what to expect. As I'm usually the head travel planner, not being in that role for this trip meant I had not properly researched the area beforehand. But perhaps that was OK.

We rolled up the hill in our Rogue, pups in tow, and arrived at the lodge just as the sun was setting over the mountains. I quickly grabbed my phone to snap a shot of the moon and sky, which was turning a lovely shade of deep purple.

The lodge

Chief Logan Lodge, built in 2006, is an expansive property, with 75 rooms, two large lobby areas, a pool and hot tub, fitness center, conference facilities and a sizeable restaurant.

While only a handful of people were staying in the lodge this time of year, the facility can clearly host a much larger crowd during busier times. But for us, it felt like our small group had the whole building to ourselves.

Friendly faces greeted us everywhere we went, from front desk clerks to security officers.

If there's one thing Chief Logan Lodge has got going for it, it's space. There's tons of room to spread out, play board games, take your dogs on a hike around the grounds, take a dip in the pool, and more. It's a perfect getaway any time of year. On our weekend, it began to snow, which added to that ski-lodge-in-the-

mountains feel.

The Whispering Ridge restaurant features a full menu and plentiful seating. The first evening at the lodge, our whole party ordered the special for the night, a steak, baked potato and corn on the cob. The baked potato was so good, I ordered another one as my dessert. In fact, it may have been the best baked potato I've ever had, and I'm no stranger to baked potatoes.

The Sunday buffet is also impressive. Running from noon-3 p.m., it offers a variety of home-cooked favorites — meatloaf, pork chops, mashed potatoes and gravy, macaroni and cheese, rolls, dessert, and more — for only \$15.35 for adults and \$7.69 for children.

While we only stayed the weekend, before checking out of the lodge, I had to take a dip in the hot tub and indoor pool. I had the place to myself Sunday morning, and so I sat in the warm tub while watching the snow through the floor-to-ceiling windows. It had snowed so much overnight that there was a thick layer, at least 4 to 5 inches deep, on the ground outside.

We delayed our checkout a little in hopes that the roads might get cleared before we left. In the meantime, we shopped in the lobby for fun state park memorabilia — a couple stickers, a mug, a magnet, and an ornament. The lobby shops also sell a variety of West Virginia made products, including wines, soaps, Blenko glass and more.

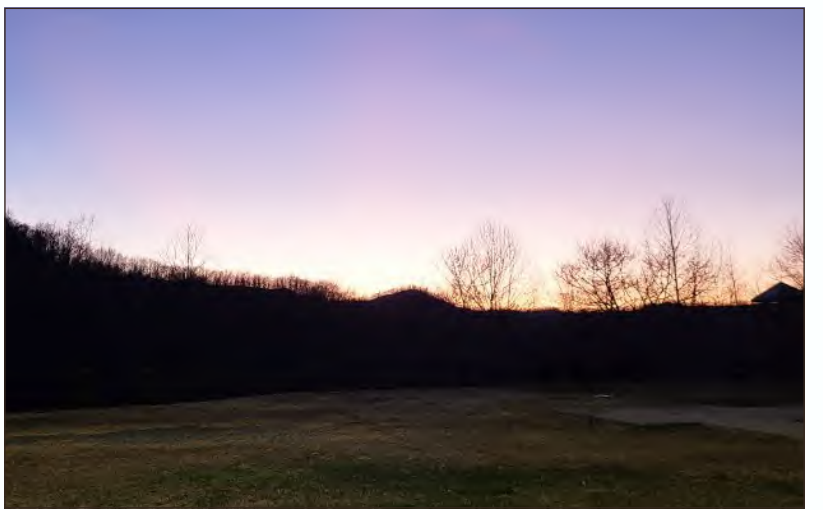
The state park

In addition to the lodge, Chief Logan State Park boasts 40 campsites for folks to use. Campgrounds are open from March-November. Like the lodge, they are pet-friendly, but pets — dogs and cats only — must be on a leash.

There are also three fully furnished cottages available to rent on the property. Each one has four bedrooms, a full kitchen and a living area.

Visitors to the lodge, cottages and campsites have a variety of activities available to them, including 25 miles of hiking, biking and horseback riding trails.

The state park also offers an outdoor pool, fishing area, miniature golf course, archery range, wildlife exhibit, picnic shelters, restrooms, playgrounds and an Old Pioneer Cabin, where folks can learn more about the history of the park.



Amanda Posey photos

Clockwise from top left: Located just a few miles south of the Chief Logan Lodge and state park, you'll find the small town of Logan, which boasts itself as the friendliest town in West Virginia. The lobby of the lodge at Chief Logan State Park. Sunset view from the backside of Chief Logan Lodge. The lobby of the lodge at Chief Logan State Park offers a variety of items to purchase, including stickers, mugs, magnets, wine, soaps, Blenko glass and more.

Many of these activities are only open between Memorial Day and Labor Day.

The park itself is located in the Little Buffalo Creek Watershed and has about 4,000 acres. Common wildlife seen around the park are deer, turkey, raccoons and squirrels.

Chief Logan became a state park in 1969. It was once part of the Merrill Coal Company Camp, and if you take a walk down the Coal Mine Trail, you'll still see remnants from the old coal mine.

The name, Chief Logan, comes from the Chief of the Cayuga Tribe, which is also known as the Mingo Tribe.

Other places to visit

While visiting the state park and lodge, here are a few more great places to visit.

Logan

Located just a few miles south of the lodge and state park, you'll find the small town of Logan, which boasts itself as the friendliest town in West Virginia.

There you'll find a variety of places to shop and eat, as well as the Plaza Lanes Bowling Alley at 63-69 Water St., and Fountain Place shopping center, 89 Norman Morgan Blvd. The shopping center also offers the Fountain Place Cinema.

Chief Logan Wildlife Center

Open from May-October, Chief Logan Wildlife Center gives visitors a closer look at many animals, including wild boar, bobcats, black bears and owls.

Info: <https://www.facebook.com/CLSPWildlife>
Address: 376 Little Buffalo Creek Road, Logan, WV

Christmas in the Park

Open between Thanksgiving and the end of the year, Christmas in the Park features a two-mile-long drive-thru holiday light display. It runs from about 5:30-10 p.m. each night and is free, with donations accepted to help pay for maintenance and electricity.

Info: <https://wvstateparks.com/christmas-in-the-park>

Chief Logan Recreational Area

At the base of the hill leading up to the Chief Logan Lodge, you'll find a large building. This serves as a recreation center for the community and visitors to Logan.

The facility offers a soccer field, tennis courts, swimming pool, indoor walking track and more.

If you're just passing through, you can pay by the class at the nonmember rate. For instance, there's a spinning class for \$10 or an aquatics class for \$5.

And you can even get updates on the temperature of the community pool on Facebook. Note: It's usually somewhere between 81-85 degrees.

Info: <https://www.chieflogan-reccenter.org>

Hatfield McCoy Trails

Ready to explore 600-plus miles of terrain on your ATV? Logan is the perfect spot to stay when riding the Hatfield McCoy Trails system.

Right across from the entrance to the Chief Logan Lodge is the Bearwallow ATV trail, which is the Chapmanville Connector and is considered one of the more difficult rides in the area.

Keep in mind that ATV use is not permitted in the state park; however, ATV riders may trailer their vehicles and stay at the lodge while enjoying the trails.

Info: trailsheaven.com

Golf courses

There are several area golf courses close by Chief Logan State Park:

Logan Country Club features nine holes and is located at 943 Lincoln Highway, Chapmanville

Twisted Gun Golf Course features 18 holes and is located at 2002 Twisted Gun Road, Wharncliffe, WV

Riverview Country Club features 18 holes and is located at RR 17 Madison, WV

Water Ways Park

If you're looking to cool off in the summer, look no further than Water Ways Park, which features water slides, miniature golf and an archery range. It is open from Memorial Day through mid-August.

Address: 109 Water Way, Alkol, WV

CVB

Looking for more information on the area? Visit the Hatfield & McCoy Convention and Visitors Bureau at 325 Stratton St., Logan.

Info: hatfieldmccoycvb.com

The pleasures and perils of a cold, snowy winter

“The secret to finding joy during this icy season is in the way we look at it.” — Tromso, Norway.

HERE ON JEKYLL ISLAND OFF THE COAST OF GEORGIA, we are unlikely to experience a heavy snowfall. However, the temperatures have not been balmy, not even close! Yesterday morning when I walked Pierre the thermometer stood at 29 degrees. You, my gentle reader, are no doubt experiencing much colder temperatures along with heavy snow at times. So, perhaps you wonder why I, so far south, would write about the pleasures of a snowy winter.

The above quote at the beginning of this column comes from Tromso, Norway, located north of the Arctic Circle. Even with



IRENE MARINELLI

a positive mindset, it's true snow and freezing temperatures can definitely be a nuisance and even a danger. When our car does a 360 on an icy road it can be a terrifying, heart-stopping experience. Extremely cold weather can bring frozen pipes, icy walks, even frostbite if we're not careful. There are times, after a long spell of pewter-colored days, when winter lifts that dark, gray curtain to reveal a landscape painted white, glittering

and glorious. Back yards, woods and meadows are piled high with snow that resembles minuscule crushed diamonds in the sunlight. Snow covers everything, every wall and fence, every bush and tree limb, giving the whole landscape the softness of ermine.

Living through a winter of meager snowfall, with a succession of dark nights and gray days can bring on a depressive mood now known as seasonal affective disorder. Although a snowy landscape might make traveling to work or shopping more difficult, it definitely is beneficial to lightening our mood after weeks of grayness. At Stockholm University psychology researcher,

Arne Lowden found that snow reflects close to 95% of light. Brighter light, rather than dark grayness, sends signals to the regions of the brain that regulate emotions. We all feel happier, even more energetic in the light.

A big snowfall can slow us down when we especially need to flick on that pause switch. Watching our children or grandchildren play in the snow, building snow forts, making snowmen, can be delightful, especially if we are able to get out there and join them even for a little while. Then comes the pleasure of rushing back inside the warm house, shedding mittens and boots. We share some hot chocolate and talk with the children about all

we did during the snowy afternoon. Later, there are books to read, curled up under an afghan, in front of a generous fire. We look up from our book to see the snow falling fast outside the window, white on white. The weathermen forecast a blizzard. We realize whatever commitments and plans we've made for the next day must be put on hold. Winter will dictate our comings and goings for as long as the blizzard lasts.

As well as the beauty of a snowfall, snow brings us other unexpected gifts. One such gift is silence, the silence we feel when we step outdoors. When researchers at the University of Kentucky studied the acoustic properties of snow, they found snow

absorbs up to 60% of sound. How relaxing to break away, even for a little while, from the raucous, noisy world of TV, radio and household noise.

Indeed snow does at times turn our routine upside down. This winter will undoubtedly bring perils and problems. If we choose to change our perspective it can also bring us pleasures. The poet writes, “Winter gives the silence we need to listen. Winter is the search for self.”

A BIG SNOWFALL CAN SLOW US DOWN WHEN WE ESPECIALLY NEED TO FLICK ON THAT PAUSE SWITCH.

Answers to puzzles from the Amusement page

Answer to Sunday Crossword Puzzle No. 2,179 published today.

J	O	B	S		B	O	N	M	O	T		P	E	A	K	S		O	F	F	
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Answer to Sunday, Jan. 28, 2024 Cryptoquip: ASSUMING A VEHICLE TRANSPORTING FRUIT PRESERVES EJECTED ITS CARGO, WHAT WOULD THAT CAUSE? TRAFFIC JAM.

1	7	4	5	3	2	9	6	8
5	6	9	7	4	8	2	3	1
3	2	8	9	1	6	4	5	7
7	1	6	4	8	5	3	2	9
2	9	5	6	7	3	1	8	4
8	4	3	1	2	9	5	7	6
4	3	1	2	6	7	8	9	5
9	8	7	3	5	1	6	4	2
6	5	2	8	9	4	7	1	3

Difficulty: ★★★★★

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SENIOR NEWS

DPNews@DominionPost.com

Senior Monongalians

HOURS: Monday-Friday, 8 a.m.-4 p.m.
LOCATION: 5000 Green Bag Road, Mountaineer Mall
PHONE: 304-296-9812
MAILING ADDRESS: P.O. Box 653, Morgantown, WV 26507
WEBSITE: www.seniormons.org
FACEBOOK: Senior Monongalians
QUESTIONS: info@seniormons.org
****NEW** TRANSPOTATION PROGRAM**

Senior Monongalians is excited to announce our new transportation program. This program will provide seniors transportation from their homes to our senior center. This will afford seniors the opportunity to participate in activities, socialize with others, have a delicious lunch, and much more. Space is limited. To reserve your space, call Robert at 304-290-7671. Calls must be received by 4:30 p.m. the day before you want to ride.

Senior Monongalians is dedicated to the aging population of Monongalia County. We are starting our own transportation for seniors to get to and from the Center. Please be patient with us as we get this service going.

Our transportation is not meant to replace Mountain Line Transportation. It is for the neediest seniors that meet the criteria listed below.
CRITERIA FOR TRANSPORTATION

1. Client must be 60 years old or older.
 2. Client must lack transportation (i.e. unable to drive or does not have a vehicle).
 3. Client does not live on a bus route.
 4. Client must call for themselves.
 5. Must be current client and approved by the executive director to ride.
 6. Call office between 8 a.m.-3:30 p.m. Monday through Friday, the day before you wish to use the service.
 7. Rides are only to and from Senior Monongalians, 500 Green Bag Road, Morgantown.
 8. Service runs on a first-come, first-served basis.
 9. We do not accept standing reservations.
 10. Once all seats are filled, you will be put on a waitlist. Waitlisted clients will be called if someone on the current list cancels.
- Our current vehicle is ADA compliant and will hold three seniors and one wheelchair. If the need arises, we will do our best to run more than one route. We will keep you informed ahead of time.

If Monongalia County Schools are closed, this service will not operate.

LUNCH IN CENTER
We invite you to join us for a hot meal, served from 11:30 a.m. to 12:30 p.m. Adults aged 60 or older eat for a suggested donation rate of \$2.

Menus can be found on our website, Facebook page, or at our agency. Lunch is on a first-come first serve basis.

MENU
Monday: Sloppy joe on wheat bun, tater tots, three-bean salad, fresh fruit.

Tuesday: Steak and pepper strips, potato au gratin, green beans, roll with butter, fruit.

Wednesday: Meatloaf, mashed potatoes, gravy, broccoli, roll with butter, fruit.

Thursday: White chili, baby bakers, glazed carrots, crackers, fruit.

Friday: Cream of broccoli soup, chicken salad on what, cucumber and tomato salad, fresh fruit.

■ All meals are served with a carton of 2% white milk.

Daily menus were not supplied in time of this report this week.

DAILY ACTIVITIES SCHEDULE
These are subject to change.

POOL TABLES:
■ Monday — 8-11 a.m. and 12:30-3:45 p.m.

■ Tuesday — 12:30-3:45 p.m.

■ Wednesday — 8-11 a.m. and 12:30-3:45 p.m.

■ Thursday — 8-11 a.m. and 12:30-3:45 p.m.

■ Friday - 12:30-3:45 p.m.

COMPUTER LAB:
■ Monday-Friday — 8 a.m.-3:45 p.m.

Must sign consent form

DOMINOES:

■ Tuesday and Thursday — 12:30-3:45 p.m.

NUTRITION ROOM

MAHJONG:

■ Monday and Wednesday — 12:30-3:45 p.m., Nutrition Room

SPONSORED BINGO:

■ Friday — 10-11 a.m.

EXERCISE ROOM:

(Must sign a release form)

■ Monday, Friday — 8 a.m.-3:45 p.m.

■ Tuesday — 1-3:45 p.m.

■ Wednesday, 8 a.m.-1:45 p.m.

■ Thursday — 11 a.m.-12:30 p.m. and 3-3:45 p.m.

VITAL SIGNS CLINIC:

■ Wednesday — 10-11 a.m., Nutrition Room

One of our registered nurses will be available to check your blood pressure, pulse, and weight. These levels are monitored and recorded for your convenience to share with your doctor or for your personal monitoring.

GROUP EXERCISE CLASS:

■ Tuesday and Thursday — 10-11 a.m.

The exercises focus on promoting range of motion, flexibility, and balance. They can be done standing or sitting in a chair.

Please bring your own equipment — hand weights, ball and stretch strap.

UPCOMING EVENTS

■ Tuesday, 10:30 a.m.

Tai chi talk and demo.

Ryan from the WVU School of Public Health

will discuss a class that

will be starting at Senior Monongalians, tai chi. Tai

chi can help with balance,

range of motion and overall

wellbeing. It has minimal

impact on the body, so it is

good for people of all abilities.

Ryan will also demonstrate how

the class will work and some

of the tai chi moves. Classes

will be free to seniors. Please

join us to get more information.

■ Friday: 10 a.m., Bingo

with Renaissance Care.

Alex from Renaissance

Care will lead a few games

of bingo and award prizes

to the winners. Bring a friend

to add to the fun.

**Keep watching our

Facebook page for updates

and announcements.

FREE TAX PREPARATION WITH AARP

Each year, trained and

certified volunteers from

AARP provide income tax

preparation to older adults

for free. Seniors can get

assistance with filing for

the Senior Tax Credit and/or

filing their WV state and

federal returns. Filings are

done electronically. Space

is limited and appointments

are required. The volunteers

will begin making appointments

on Feb. 1. To make an appointment,

call 701-645-3109.

MOUNTAINEER FOOD BANK FOOD BOX

With the rise in the cost

of food, do you find your

pantry is a little more empty

than normal? Would a box of

shelf-stable food help? Senior

Monongalians are distributing

food boxes from the Mountaineer

Food Bank. These boxes are

available to Monongalia County

residents aged 60 years or older

that meet household income

guidelines. Participants can

choose to receive a food box

on a once a month or twice

basis. If you would like more

information about our food box

program, please call 304-296-9812.

DONATING

Senior Monongalians is a

501 (3)(c) nonprofit organization.

programs and services are

offered to all Monongalia county

residents aged 60 years of age

or older.

Monetary donations are

accepted via cash, check,

money order, or through

PayPal. Remember Senior

Monongalians in your will.

Donations of estate or assets

can help continue the services

that helped you or your loved

one. Senior Monongalians and

our clients thank you for your

generosity.

THE SENIOR PANTRY

This pantry helps fulfill

the needs of our home delivered

meals clients. If a home bound

client has a need, they fill out

a request form and return to

our home delivered meals

driver. Once we can fulfill the

request, the driver will deliver

the item during their next

delivery.

To make the Senior

Pantry a success, we ask for

the help of our generous

community. Donations of

items or money to purchase

items for the pantry are

greatly appreciated.

The most requested

items include: mops,

brooms, buckets, bathtub

grab bars, cleaning products,

and more. If you would like

to donate to the Senior

Pantry, please call 304-296-9812.

The homebound seniors

that we have been able to

help thus far are very

appreciative.

HOME DELIVERED MEALS

The Home Delivered

Meals program was designed

to offer a delicious and

nutritious meal to older

adults who are homebound

due to age, illness, and/or

circumstance. Drivers not

only deliver the meal, but

they make well-checks as

they speak to the clients.

Deliveries are made on

Mondays, Tuesdays, and

Thursdays. Clients will

receive a hot or cold meal

on each of these days. They

will also receive a cold meal

on Tuesdays and Thursdays

to be used for the next day.

Who is eligible to receive

meals? Monongalia county

residents at least 60 years

of age or older and meet

other requirements. This

service can be used on a

HEALTH & WELLNESS

Dry eye isn't the only problem — watery eyes can be an issue, too

Q: My husband has had a watery right eye now for several weeks. What in the world can he do?

A: While we see and treat more dry eye problems, overly wet eyes are very annoying as well. First, let's talk about the potential causes.

1.) Infection or inflammation. The tiny tubes that draw away our tears with each blink can become blocked or plugged. This is like a plumbing problem, in that when normal drainage is impaired, the tear fluid backs up and spills over the eyelids. When infec-



DR. THOMAS STOUT

tion is the cause, many patients will find that their eyelid right next to their nose is tender to touch. Sometimes this is more obvious with redness and/or swelling of that same area. Immediate medical treatment is essential to prevent permanent damage to the tear

drainage system. Treatment will generally require both topical eye medications and oral antibiotics along with warm compresses.

Just a word of caution: if the upper eyelid is involved, this could indicate a deeper infection behind the eyelid or eye. This can become very serious, even life threatening, if the infection progresses through the eye socket, or orbit. Running a fever can sometimes be an added clue of this more serious infection.

Lastly, sometimes the tear duct system is blocked with swelling deeper in

the drainage system. This can be diagnosed and treated by irrigating medication into the blocked tear drain. We may also prescribe topical ocular steroids and nasal anti-inflammatory meds to reduce swelling in the lacrimal system.

2.) Flaccid lower eyelids. Many older folks notice their eyelids become naturally softer and less taut over the years. When you blink your eyes, normally the lower lids are snug up against the eye itself. The eyelid blinking muscles actually pull fluid off the eye surface and into the

tear drainage tube or duct. If your lids are softer or flaccid, the blink system fails to pull the tear fluid into the drainage system and the tears spill over the lids. Very annoying! The eyelid skin may become crusty or roughened or reddened from the frequent watering. The solution? That's a tough decision, because your choices are really just two. First, eyelid surgery to "tighten" up the lids — not a simple or real pleasant option, and frankly, seldom chosen. Second, carry a tissue to mop up the extra tears. I have heard of some people getting some relief with

oral antihistamines, but that is just anecdotal and not medically researched.

So, in your husband's case, since this has been going on a few weeks and you don't mention pain or discomfort, his is most likely of the second type. Schedule him to see his eye doctor so the potentially blocked tear duct may be opened. You may need to call first to be sure your current eye doctor does this procedure, as some do and some don't.

DR. THOMAS STOUT, OD, FFAO is an eye physician in private practice at Morgantown Eye Associates. Info: MorgantownEye.com

SPIRITUALITY

There are many paths up the same mountain

Q: I am a little confused about different religions. I am a Christian, I believe there is one God, and his name is Jesus Christ. (I don't believe in the trinity). Jesus is that one God of Abraham, Isaac and Jacob wrapped in flesh. You are a Jew, you believe in one God and his title is Yahweh, or Jehovah, or the I Am. Muslims believe his name is Allah. These are not different names for the same God, because if that were true, we would follow the same teachings. So, are there multiple gods up there or is there just one God and some of us are right and some of us are wrong? I am aware of your



RABBI MARC GELLMAN
THE GOD SQUAD

"different paths up the same mountain" analogy, but I don't see that teaching in any religion except your column. Can we believe what we want to believe and expect God to follow us, or are we supposed to find out what God wants, and follow Him? - (From R)

A: Let's start with the mountain. If the teaching that, "There are many religions in the world for the

same reason that there are many paths up the same mountain to the same summit" was just something I made up, I would still believe it. It just does not make any sense to me that God would give all the truth of life and salvation to just one faith and no truth to any other faith. Truth is just too broad and complex to be contained completely in only one faith.

I am also amazed how different religions with no contact still were able to develop exactly the same teachings. The Golden Rule appears in exactly the same form in the teachings of many different climbers to God. The core teachings of all the religions of the world are

remarkably similar.

The problem with spiritual mountain climbing is when we encounter climbers who believe firmly that their way is the only way up. There is a part of their religious pride that I do admire. I personally believe that Judaism is a perfect blend of theology and history, but my friendship with Father Tom convinced me (and him) that other faiths had so much to teach us. We were more than friends to each other. We were teachers for each other. That is why the mountain was true for us.

Now this does not mean that every teaching in every religion is equally true. It is equally obvious to me that some of the

teachings that have found their way into sacred scriptures of every faith reflect not the word of a just, loving God but the human interjection of ancient bigotries. Sorting out what parts of our inherited religious teachings are from God-inspired teachers and what parts are from God-deluded teachers is the main task of all religious seekers. Even fundamentalist folk are not free from the task of explaining how God could teach both love and prejudice.

That is what I believe, but fortunately it is also what the great faiths also believe. Islam and Christianity both teach that the prophets of the Hebrew Bible were real prophets of the same God. The rabbis of Judaism taught that, "The righteous of all nations shall have a share in the World

To Come." In the Christian Testament Paul taught that God's covenant with the Jewish people was valid forever and that, There are different gifts but the same Spirit. There are different ministries but the same Lord. There are different works but the same God who accomplishes all of them in everyone ... it is one and the same Spirit who produces all these gifts, distributing them to each as He wills. (1 Corinthians 12:4-11)

The mountain is God's mountain. Our task as spiritual mountain climbers is to learn from the other climbers.

SEND ALL QUESTIONS AND COMMENTS to The God Squad via email at godsquadquestion@aol.com. Rabbi Gellman is the author of several books, including "Religion for Dummies," co-written with Fr. Tom Hartman. Also, the new God Squad podcast is now available.

SENIOR

FROM PAGE C-4

ety of activities and services that older adults can take advantage of throughout the week. Seniors can come in to socialize and have a delicious hot lunch. Would you like to get out and interact with others your own age or follow your fitness goals?

If you answered yes, but you no longer drive, you may be eligible to take advantage of the Zoom service. This is a free service to adults 60 years or older. For more information, call 304-296-9812.

Westside Senior Center

500 Dupont Road, Westover
Phone: 304-296-6583
HOURS: 9 a.m.-noon Monday to Friday and 6-8 p.m. Tuesday, Wednesday and Thursday.

Closed most holidays and when schools are closed due to weather.

The large pavilion is available for rent. The pavilion has six 12-foot picnic tables and can easily accommodate a large crowd. Other tables are available for food service and there are several benches in the pavilion area. There is also a corn-hole area available. There is a stage area and restrooms nearby. Call 304-296-6583. Dates for 2023 are filling up fast. Call soon.

Exercise room available when the center is open.

BINGO: Wednesdays at 6 p.m. Doors and kitchen open at 5 p.m. with the first game starting promptly at 6 p.m. Food is available for sale including chili dogs, nachos, soft pretzels, chips, candy, soda, and usually another sandwich. We use paper cards and daubers.

CARDS AND GAMES: Tuesday and Thursday mornings are especially active for our card plays and anyone is invited to join in. Playing usually starts around 9:30. If you are interested in other days of the week, get a group together and stop in.

DULCIMERS: They get together on Tuesday mornings to play and practice. They welcome anyone who would like to learn also. Judy Werner leads this group, and they are enjoy-

able to just sit and listen.

SWING DANCE: Morgantown Swing Dance has joined us, and they give lessons and dance at 7 p.m. on Thursdays. These lessons are free, but donations are accepted.

MOUNTAINEER WATCH PARTIES: Join us whenever the Mountaineers play. We have a big screen TV and ESPN+ so that we have you covered whether they are home or away.

Clay-Battelle Senior Center

5977 Mason Dixon Highway, Blacksville.
Phone:304-432-8177. New members welcome. Dues are \$2 annually or \$20 For a lifetime membership.

Hours: 8 a.m.-2 p.m. Monday-Friday (closed most holidays). Closed when schools are closed due to inclement weather.

The exercise room is open when center is open. Cards, magazines, puzzles and pool table available, or just come

and socialize.

HOME-COOKED MEALS: served in dining area at 11:30 a.m. Monday, Wednesday and Friday. Suggested donation \$5 for all ages. Carry-outs available. Call between 8:30-10 a.m. to reserve your carry-out.

The center has formed a sewing circle/quilting bee and meet at 10 a.m. each Wednesday. If you like to sew or quilt, or are interested in learning to quilt, please bring your thimble and needle and join us. (The center has two or three portable sewing machines on site for sewing). Questions: Diana Dittman @304-685-8913.

Osher Lifelong Learning Institute — (OLLI) at WVU

Rediscover a love of learning with the Osher Lifelong Learning Institute (OLLI) at WVU.

OLLI at WVU offers non-credit lectures, workshops, discussions, field trips, and interest groups, encouraging participants to learn

about something new, think about something differently, or rediscover a forgotten interest. Topics include the arts, history and literature, health and wellness, social sciences and current events, philosophy and religion, science, technology, travel, and more. With no tests and no grades, this is learning simply for the fun of it.

Designed for adults 50 years and older, OLLI welcomes anyone with a passion for the pursuit of knowledge and adventure and the desire to meet new friends. Neither previous affiliation with WVU nor higher education background required to become an OLLI member. Fee waivers are available. For more information, visit olliwvu.org or call 304-293-1793. The OLLI office and classrooms are at Mountaineer Mall, 5000 Green Bag Road, Morgantown.

Schedule for the week of Jan. 28:

- Sunday — OLLI Virtual Happy

- Hour
 - Monday
 - Learn to Play the Lap Dulcimer
 - The New Yorker Discussion Group
 - Whistler and the Peacock Room
 - Yarn Arts
 - Mon River New Horizons Band
 - Oceanography: The Undersea World
 - Tuesday
 - Digital Decluttering
 - The Jewish Holidays: A Primer
 - 53 Ways to Save the Planet
 - Nero Wolfe: The Best of America's Armchair Detectives
 - Magical Tales and Legends from Ancient India
 - Introduction to Spanish
 - Wednesday
 - The Supreme Court and the Electoral College
 - Baltimore and Ohio Railroad over Sand Patch
 - WVU Sports Teams: A History
 - Oceanography: The

- Undersea World
 - Golden Mysteries: An Exploration of Mystery Novels from the 1920s-1940s
 - Made in America: The History, Mission, and Vision of the Public Library
- Thursday
 - Walking Outdoors with Campus Club
 - Ruth Bader Ginsburg
 - T'ai Chi for Arthritis
 - Rethinking Opera for a Contemporary Audience
 - Dream Jobs: My Career in Sports
 - The Bridges of West Virginia
 - Let's Be Parrotheads!
- Friday
 - Mobility for Seniors
 - Healthy Aging
 - Japanese Internment Camps
- Saturday
 - Intermediate T'ai Chi
 - Introduction to T'ai Chi
 - Coming to Terms with the Holocaust

2024 The Year of the Dragon

Chinese New Year Celebration

12 Animals of the Chinese Zodiac

What year were you born in?

The Last Day

The Lantern Festival

by Annimills LLC © 2024

1. R a t

2. O x

3. T i g e r

4. R a b b i t

5. D r a g o n

6. S n a k e

7. H o r s e

8. S h e e p

9. M o n k e y

10. R o o s t e r

11. D o g

12. P i g

1. B O D I E S

2. R X

3. C H I N A

4. G U I D E

5. P O W E R F U L

6. D A N C E R S

7. M

8. W I T

9. A

10. L O N G E R

11. U G R

12. K S N

SUNDAY JAN. 28, 2024

You have plenty to look forward to if you are willing to do your part. Financial gains brought on by home improvements will help you reach your destination. Surround yourself with people who bring you joy.

AQUARIUS (Jan. 20-Feb. 19) — Reach out to people who share your beliefs. Take a trip, attend a reunion or do some research for information.

PISCES (Feb. 20-March 20) — A positive lifestyle change is heading your way. Embrace opportunities and promote your plans.

ARIES (March 21-April 19) — Get in touch with people you can trust to give you good advice. Do what you can to make a difference.

TAURUS (April 20-May 20) — Maintain a friendly, upbeat attitude. Go after something that makes you happy, and don't hold back.

GEMINI (May 21-June 20) — Emotions will surface if you enter a fraught conversation. Listen carefully, but don't agree to anything that sounds suspicious.

CANCER (June 21-July 22) — Speak your mind and make things happen. Turn your ideas into something tangible and create interest in



EUGENIA LAST

your activities.

LEO (July 23-Aug. 22) — Don't follow the crowd. Revisit how you feel about certain relationships. Distance yourself overindulgence.

VIRGO (Aug. 23-Sept. 22) — Stop hesitating and start doing. You have so much to gain if you are ready to do what excites you.

LIBRA (Sept. 23-Oct. 23) — Make domestic changes that will ease stress and lower your cost of living. Don't argue over something you can't control.

SCORPIO (Oct. 24-Nov. 22) — You'll make progress if you step up and take charge. Your insight and determination will far outshine anyone else.

SAGITTARIUS (Nov. 23-Dec. 21) — Check details with care. Don't rely on others to give you the facts. Set boundaries.

CAPRICORN (Dec. 22-Jan. 19) — Surround yourself with people who motivate you. Attend an event that takes you back in time.

WORD SLEUTH • LIVE —

Q R O L H E B X U R O L I E K
B Y V S Q A R N A K H E B R Y
W T R L O L U E C J G E O B Y
W U R P L N D D T K I Y G D B
Z X V S Q E O A I A W M K I T
G E C A L Y W I O E E W U R H
S M Q P N I K D N L N H E L G
J H A F R E A M N X C C T A I
Y X P E R F O R M A N C E V E
U S Q H T R I B P O N M K J W
H F E C F S B Z C Y X V U T R

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Action	Axle	Load	Steam
Aid	Birth	Oak	Weight
And well	Concert	Performance	Wire
Audience	From New York	Rail	

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King Classic Sudoku

1					2	9		
5	6		7			2		
3		8	9				5	
7		6						9
2				7		1		
	4					5	7	
				6				
9				5	1			
			8					3

Difficulty: ★★ ★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.



Some puzzle answers are found on Page C-4 in today's The Dominion Post.

SUPER QUIZ

Take this Super Quiz to a Ph.D. Score 1 point for each correct answer on the Freshman Level, 2 points on the Graduate Level and 3 points on the Ph.D. Level.

SUBJECT: THE BIBLE (e.g., What is the first book of the Bible? Answer: Genesis.)

FRESHMAN LEVEL

- Name the first man and woman.
Answer
- Which disciple betrayed Jesus?
Answer
- Which disciple denied that he knew Jesus?
Answer
- Who received the Ten Commandments?
Answer
- Who was given a coat of many colors?
Answer

GRADUATE LEVEL

- Who did David kill with a sling and a stone?
Answer
- Who was thrown into the lion's den?
Answer
- What are the four Gospels in the New Testament?
Answer
- Who was the first king of Israel?
Answer
- Which angel told Mary she would give birth to Jesus?

Answer

PH.D. LEVEL

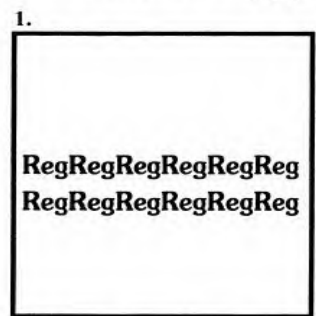
- Name any one of Noah's three sons.
Answer
- What woman washed the feet of Jesus?
Answer
- After the Last Supper, Jesus went to pray in what garden?
Answer
- After Jesus was crucified, who took his body down from the cross?
Answer
- Name the three men who were thrown into a fiery furnace.
Answer

ANSWERS: 1. Adam and Eve. 2. Judas Iscariot. 3. Simon Peter. 4. Moses. 5. Joseph. 6. Goliath. 7. Daniel. 8. Matthew, Mark, Luke and John. 9. Saul. 10. The Angel Gabriel. 11. Shem, Japheth and Ham. 12. Mary Magdalene. 13. Garden of Gethsemane. 14. Joseph of Arimathea. 15. Shadrach, Meshach and Abednego.

SCORING: 24 to 30 points — congratulations, doctor; 18 to 23 points — honors graduate; 13 to 17 points — you're plenty smart, but no grind; 5 to 12 points — you really should hit the books harder; 1 point to 4 points — enroll in remedial courses immediately; 0 points — who reads the questions to you?

WUZZLES

WORD PUZZLES BY WOOD TOM



Each Wuzzle is a word riddle which creates a disguised word, phrase, name, place, saying, etc. For example, NOON GOOD = GOOD AFTERNOON

3 WUZZLES BOOKLETS

"The Best of Wuzzles" (\$4.00), "More of the Best of Wuzzles" (\$4.50), and "Wuzzles for Kids" (\$4.25) are available, postpaid, from Wuzzles, Box 1141, Cedar Rapids, IA 52406



Print Your Answers Here:

1.

2.

Today's Answers:

1. Regrows

2. Hit between the eyes

1-28

CRYPTOQUIP

ODDQKHMY O SABHRJA UFOMDECFUHMY WFQHU
EFADAFSAD AGARUAP HUD ROFYC, VBOU VCQJP
UBOU ROQDA? UFOWWHR GOK.

Today's Cryptoquip Clue: Y equals G

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FOR RELEASE SUNDAY, JANUARY 28, 2024

PREMIER CROSSWORD/ By Frank A. Longo

GROUP OF HERBS

- | | |
|---|---------------------------------|
| ACROSS | DOWN |
| 1 Tasks | 1 Skull parts |
| 5 Witty remark | 2 Worker welfare org. |
| 11 Pinnacles | 3 Rodent-built channel blockers |
| 16 Inaccurate | 4 "Vexations" composer Erik |
| 19 Sailing | 5 Churlish sort |
| 20 Ablaze | 6 Difficult task |
| 21 Pinnacles | 7 Gridiron gp. |
| 22 Money for the senior yrs. | 8 Prefix with term or week |
| 23 Start of a riddle | 9 Eye, to poets |
| 26 Guided | 10 Casual shirt |
| 27 Redeemers | 11 Tiered temples |
| 28 Tally | 12 Pale tan |
| 29 Forest growth | |
| 30 Comics cry | |
| 31 Omitted, as a syllable | |
| 35 Used a scull | |
| 37 USN VIP | |
| 39 Riddle, part 2 | |
| 44 Riddle, part 3 | |
| 47 "Mayday!" | |
| 48 Take to the road | |
| 49 Neighbor of Georgia | |
| 50 Aroma detector | |
| 52 Stain-fighting toothpaste, e.g. | |
| 54 "Year One" director Harold | |
| 55 Gun, in slang | |
| 56 Asian "way" | |
| 58 "Three's Company" co-star Suzanne | |
| 59 Aversion | |
| 62 User's guide | |
| 64 Celtic language | |
| 65 Riddle, part 4 | |
| 69 Je ne — quoi | |
| 73 Incendiary felonies | |
| 74 Most frequently | |
| 79 Gp. legend Palmer | |
| 81 Picnic pest | |
| 82 Lifelong pal, informally | |
| 84 Tiny hairlike structures | |
| 85 Not crying | |
| 87 Currency of Latvia | |
| 89 Gives the means | |
| 91 "— dabba doo!" | |
| 92 Lick like a cat | |
| 94 Riddle, part 5 | |
| 96 End of the riddle | |
| 99 Part of ROY G. BIV | |
| 100 A stage past embryonic | |
| 101 Protested unpeacefully | |
| 102 Gp. checking baggage | |
| 104 Actresses Jillian and Blyth | |
| 105 Joan — (French saint) | |
| 108 Elliott of the New England Patriots | |
| 112 Permit to | |
| 113 Riddle's answer | |
| 118 Maui garland | |
| 119 Bother a lot | |
| 120 Sprinted faster than | |
| 121 Prefix with byte or ton | |
| 122 Org. on a toothpaste box | |
| 123 Pre-Soviet rulers | |
| 124 Sneeze catcher | |
| 125 "You, over there ..." | |
| 13 "Preach it!" | |
| 14 "Sleeper" co-star Diane | |
| 15 Old fast jet, for short | |
| 16 Worker purifying petroleum | |
| 17 Breath-holding reef explorers, e.g. | |
| 18 Lose color | |
| 24 Bowl-shaped frying pan | |
| 25 Brand of PCs and tablets | |
| 29 Warship with three banks of rowers | |
| 31 Letters after els | |
| 32 Hotelier Helmsley | |
| 33 Otherwise | |
| 34 Huskies, e.g. | |
| 36 Expand on | |
| 37 Swiss — (beet variety) | |
| 38 — Lama co-star | |
| 39 Math game with match-sticks | |
| 40 "I'm — loss" | |
| 41 Resign from | |
| 42 Hearth waste | |
| 43 Succinct | |
| 45 Just slightly | |
| 46 Rips into | |
| 51 Coup d'— (rebellion) | |
| 53 Dot of land in the ocean | |
| 55 Is given the chance to chime in | |
| 57 Darth Vader, as a boy | |
| 60 Hue | |
| 61 Roadwork goo | |
| 62 Eds. mark them up | |
| 63 '80s sitcom | |
| 66 Took the gold | |
| 67 Poker stake | |
| 68 Deteriorate | |
| 69 Man-goat of myth | |
| 70 Where aid is urgently required | |
| 71 While not physically attending | |
| 72 Ice cream alternatives | |
| 75 Pen tips | |
| 76 "Phantom Lady" | |
| 77 Prolonged attack | |
| 78 Zapped with a stunning weapon | |
| 80 Camel cousin | |
| 82 "DMZ" actor Benjamin | |
| 83 "— is an Englishman" ("H.M.S. Pinafore" lyric) | |
| 86 Kind of 35mm camera | |
| 88 High coif | |
| 89 Furniture wood option | |
| 90 Bridal bio word | |
| 93 Avian mimics | |
| 95 Rock guitarist Barrett | |
| 97 Luau hellos | |
| 98 Ward for preemies | |
| 102 Decimal base | |
| 103 Be too thrifty | |
| 104 Spaghetti — bolognese | |
| 106 Goat cheese | |
| 107 Miles away | |
| 108 Jacob's twin, in the Bible | |
| 109 Region | |
| 110 Nest fillers | |
| 111 Exam for an atty.-to-be | |
| 113 Vietnamese New Year | |
| 114 Deteriorate | |
| 115 Anna of fashion | |
| 116 Non-earthlings, for short | |
| 117 "— longa, vita brevis" | |

We're making lanterns to hang...





Newspaper Fun!

www.readingclubfun.com



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...and trying some Chinese dishes too.





Kids: color stuff in!



2024 The Year of the Dragon



Chinese New Year Celebration

The Chinese New Year celebration starts this year on Saturday, February 10th and will last 15 days, ending with the Lantern Festival on Saturday, February 24th. The Chinese Calendar has a 12-year cycle with each year represented by an animal. This year is the Year of the Dragon, the most powerful animal. It is said that the people born in each animal's year have some of the characteristics of that animal.

The New Year is a time of family. In many large cities there are lots of fun family events: dinners, parades, concerts, races, zoo visits and fireworks. Vendors sell flowers, fruits, candies and pastries. The U.S. Postal Service has even had a stamp with the design of a dragon on it to celebrate this holiday. Everyone can join in the fun!



Dragon

China

powerful

excitement

guide

dancers

wings

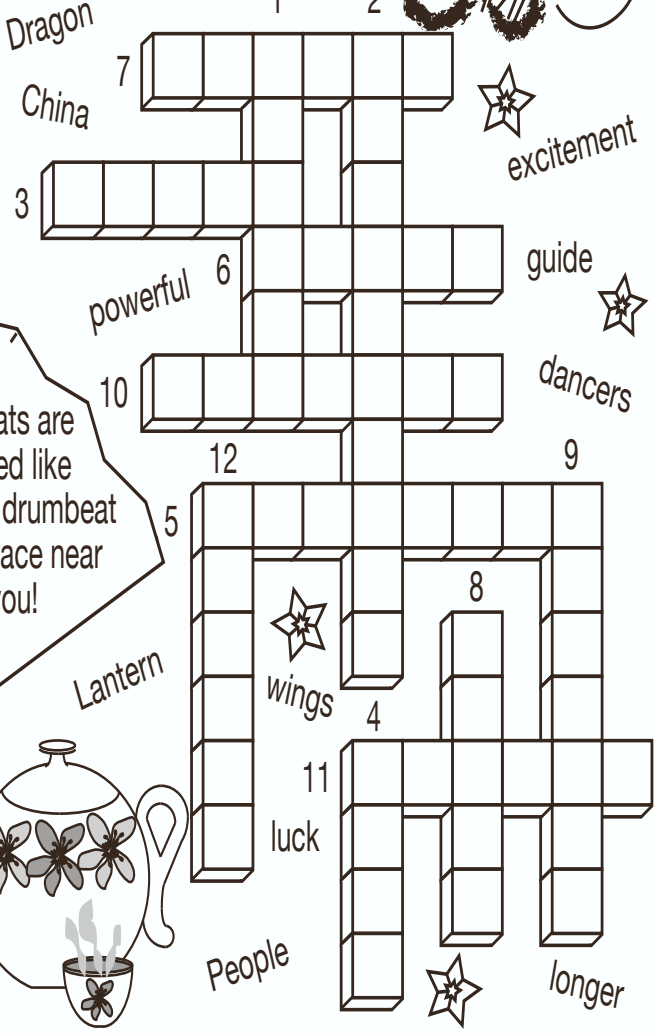
luck

longer

People

bodies

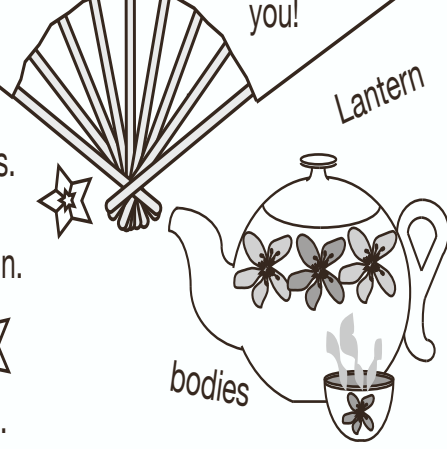
Lantern



Read the clues to fill in the puzzle about the Chinese New Year:

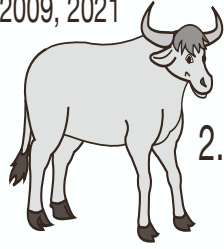
- This year, 2024, is the Year of the _____.
- It is to be full of _____ – following the quiet Year of the Rabbit.
- The dragon is one of the best known symbols in _____.
- It is mostly a symbol of good _____.
- The dragon is said to come from the sky – a heavenly, _____ creature.
- Dragons are wise and said to visit the Emperor to _____ him.
- Chinese dragons have long _____, short legs, five toes, sharp teeth and claws.
- Some are pictured with _____ and some are not, but they all can fly.
- A dragon dance is part of the _____ Festival held on the last day of celebration.
- A team of _____ makes up the dragon and controls the head and body.
- The _____ the dragon the more luck it will bring.
- _____ born in the dragon's year are said to be smart, leaders and risk takers.

Later, during the year, many areas have a Dragon Boat Festival. The boats are long, brightly painted, and shaped like dragons. The crews paddle to a drumbeat to win the race. See if there's a race near you!




12 Animals of the Chinese Zodiac

2009, 2021




2. o

2010, 2022




3. i e

2011, 2023




4. a i

2012, 2024



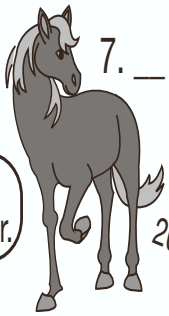
5. a o

2013, 2025




6. a e

2014, 2026




7. o e

2015, 2027




8. e e

2016, 2028




9. o e y

2017, 2029



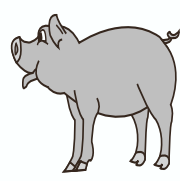
10. o o e

2018, 2020



11. o

2019



12. i

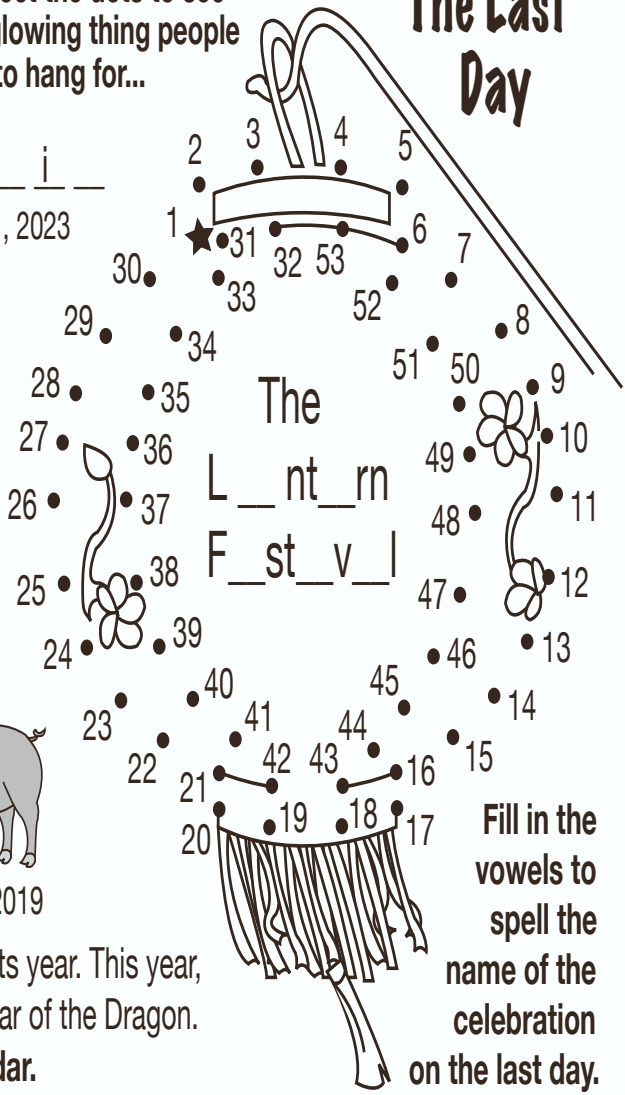
Connect the dots to see what glowing thing people make to hang for...

The Last Day

The

L _ nt _ rn

F _ st _ v _ l



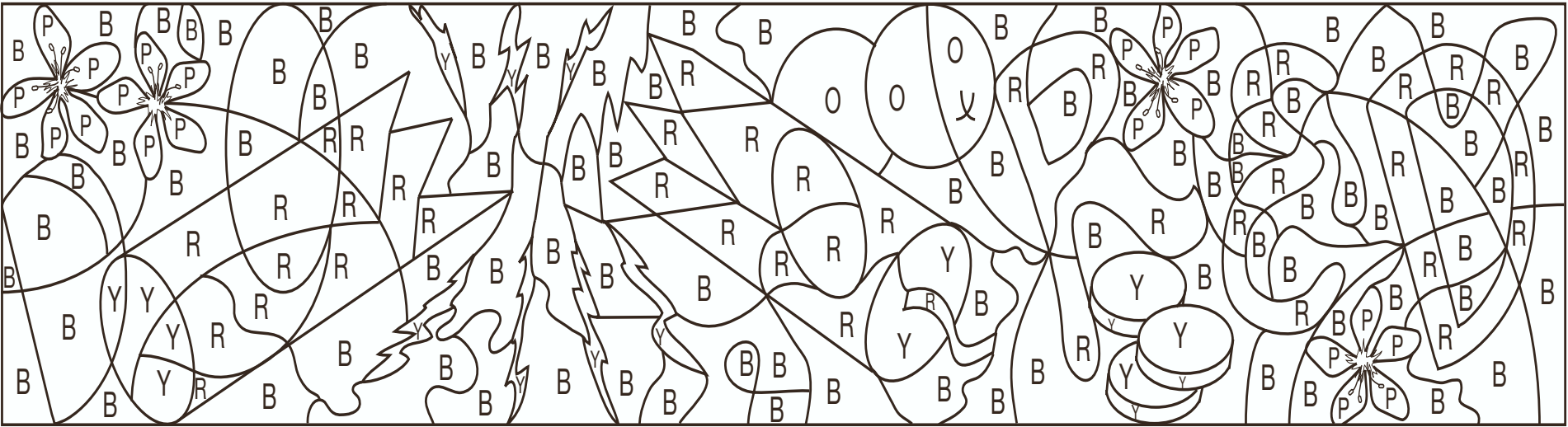
Each animal of the traditional Chinese calendar has qualities that are said to be shared by people born in its year. This year, 2024, is the Year of the Dragon. Dragons are smart and willing to take risks – so are the people born in the Year of the Dragon.

Fill in the blanks above with consonants to spell the names of the 12 animals of the Chinese Calendar.

A Noisy, Joyful Celebration!

Good luck and good fortune! What noisy item used at the end of the day will drive away bad luck? What color do people decorate with or wear as a sign of joy and good luck? Use the color code to fill in the puzzle:

R = Red Y = Yellow
P = Pink O = Orange
B = Blue



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BRIAN McCOMMON

Foreclosure after a land contract deal

YOU CAN OFTEN CATCH ME SAYING IN MY VIDEOS OR READ IN MY COLUMNS that you should hire a professional in real estate transactions. Obviously, Realtors welcome your business, but I have a sincere motivation when I say this, because I've seen terrible scenarios result after folks enter transactions alone. Yes, some deals are fine. Others, however, turn out to be disasters. Let me tell you a story.

When I started out in real estate in Jackson County, I listed quite a few foreclosed properties to launch my business. In one case, I was contacted by a major bank in North Carolina who needed to sell a particular property in my county. A law firm in Huntington was hired by the bank, but at the time I was sent to the property, unbeknownst to me, they had not yet informed the occupants they were being evicted. So, both the family and I were caught off guard that day when I arrived. I thought they already knew.

Well, the wife was shocked at this news. She and her family lived there for roughly four years, and she showed me her meticulous record of payments. She was organized and produced this record on the spot without me even asking. I learned that they acquired the home through a land contract with the seller, who moved out of state. A land contract is a "rent to own" deal, which, in my opinion, can be risky for either buyer or seller.

Anyway, what the buyers didn't realize was the seller still had a mortgage with the bank, but eventually stopped paying, even though he was receiving payments from this land contract. As a result of not receiving payments, the bank foreclosed. Not only had the family been making their payments, but they had even made some improvements. They honestly thought this was their home.

Sadly, the law firm followed through with an eviction process and the bank then had me sell the property to a new buyer. I felt so badly for this family but there wasn't anything I could do outside of giving advice on how to move forward. The family saved a commission by not hiring a professional to represent them, but as you can imagine, they seriously regretted that decision. Not only did they lose their home, but they lost the money paid to the seller. In the end, that money turned out to be rent. They lost any equity they thought they had, plus the cost of some improvements, but beyond that, they lost a piece of themselves due to the emotional loss and they took on enormous stress!

I'm not claiming every Realtor, loan officer, inspector, appraiser or attorney is a top-notch professional. There are good and bad in any profession, so when you're in need of professional guidance, interview a few or several Realtors. Ask them good questions to find out if they are thorough and have your best interests at heart. Make sure they have a network of other professionals to assist you.

BRIAN McCOMMON, MBOR President 2024.

A LAND CONTRACT IS A "RENT TO OWN" DEAL, WHICH, IN MY OPINION, CAN BE RISKY FOR EITHER BUYER OR SELLER.

Design Recipes: Vanities and cabinetry



MetroCreative photos

Pedestal sinks are out and cabinets and vanities are in. At least if one is looking for additional bathroom storage. When considering bathroom cabinetry and vanities, there are some top tips to keep in mind.

BY CATHY HOBBS
Associated Press

Pedestal sinks are out and cabinets and vanities are in. At least if one is looking for additional bathroom storage. Pedestal sinks have a place in small bathrooms but in larger spaces, vanities and cabinets can provide much needed counter, drawer and storage space.

When considering bathroom cabinetry and vanities, here are some top tips to keep in mind.

Do

- Do select cabinetry made of solid construction.
- Do consider the cabinetry interior as far as configuration in determining the best choices based on desired function and need.
- Do keep in mind that cabinetry will get wet from time to time.
- Do consider cabinetry alternatives to wood.
- Do focus on color when considering the ideal vanity or cabinetry.

Don't

- Don't forget to measure your space prior to ordering a



vanity or new cabinetry.

- Don't overlook the possibility of using professional services such as a bathroom specialist or showroom.
- Don't mix too many different materials and colors in a small space.

■ Don't use materials that could warp or become damaged in high moisture conditions.

■ Don't ignore the opportunity to incorporate custom cabinetry such as utilizing the skills of an artisan or

millworker.

CATHY HOBBS, based in New York City, is an Emmy Award-winning television host and a nationally known interior design home staging expert and short-term rental/vacation home designer with offices in New York City and The Hudson Valley. Contact her at info@cathyhobbs.com or visit her website at cathyhobbs.com.

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\$69,000	S. Buffalo Street, Rowlesburg	Vickie Jenkins	10152505	\$218,500	Pixler Hill Road	J.S. Walker	10152397
\$259,000	E. Hillview Drive	Howard Hanna	10152474	\$415,000	Frederick Place	J.S. Walker	10152464
\$299,900	Statler Run Road	Howard Hanna	10152504	\$275,000	Oxford Place	J.S. Walker	10152143
\$793,000	Collins Ferry Road	Howard Hanna	10152506	\$165,000	Marion Avenue, Fairmont	Keller Williams	10152196
\$240,000	Elysian Avenue	Howard Hanna	10152549	\$259,000	Louise Avenue	Keller Williams	10152215
\$269,900	Turquoise Lane	Coldwell Banker Alliance	10152559	\$88,000	Judith Street, Stonewood	Keller Williams	10151560
\$279,500	University Avenue	Coldwell Banker Alliance	10152565	\$349,900	Sweetwater Lane	Century 21 AYS	10151842
\$35,000	Lemley Street	Coldwell Banker Alliance	10152596	\$249,000	Woodside Drive	Century 21 AYS	10151653
\$45,000	Meadowland Drive	Coldwell Banker Alliance	10152595	\$485,000	Guseman School Road, Albright	Houses and More	10151791
\$50,000	Meadowland Drive	Coldwell Banker Alliance	10152591	\$179,000	Faith Avenue, Masontown	Houses and More	10151771
\$55,000	Meadowland Drive	Coldwell Banker Alliance	10152592	\$230,000	Indian Rock, Reedsville	Houses and More	10151588
\$60,000	Meadowland Drive	Coldwell Banker Alliance	10152593	\$435,000	Munsey Street	Snider Realty Group	10152346
\$60,000	Meadowland Drive	Coldwell Banker Alliance	10152594	\$310,000	Shady Brook Estates, Bruceeton Mills	Snider Realty Group	10151551



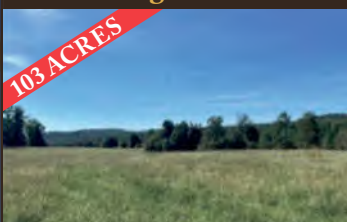
Real Estate by Vickie Jenkins is committed to helping you from start to finish with selling your home or purchasing your new one!



Agent on Duty:
Katelyn McCabe
Sales Associate
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1200A Sand Bank Road
Morgantown



Open fields, rock formations, and a beautiful pond! No zoning! Lots of wildlife. Electric/phone/cable internet available. Septic needed. Beautiful views of mountains! Can be leased.

MLS# 10150782
\$850,000

286 Heishman Drive
Eglen



Active farm! Two homes on property, barns, riding arena, and spring-fed stream flowing through property. Livin the 2-bedroom cedar-sided cabin while finishing the 1900 farmhouse. Lots of potential!

MLS# 10146433
\$475,000

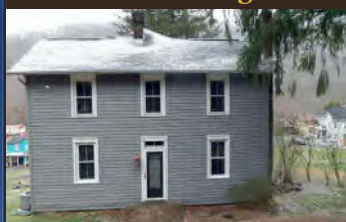
3446 Long Hollow
Masontown



3 BR, 2.5 BA ranch home with 60x40 garage. Woodburner in the unfinished basement. Has a nice covered front porch and back deck. City water is run to the home - it just needs hooked up.

MLS# 10152030
\$315,000

277 S. Buffalo Street
Rowlesburg



Looking for your first home - look no further! 3 BR, 1.5 BA home with original hardwood floors. Plenty of room to entertain. Home being sold "As Is."

MLS# 10152505
\$69,000

Colorful glass jewels adorn the strangest objects

SNAILS HAVE A LOT OF NEGATIVE ASSOCIATIONS. Their slow movement makes them a symbol of laziness and inefficiency. They are garden pests, eating plants and oozing slime. And yet they often appear in decorative arts, like this miniature brass figure that sold for \$51 at an auction by The Benefit Shop Foundations. Its shell is decorated with colorful glass "jewels," a popular adornment on brass in the Victorian era.

The beauty and geometry of snail shells has captured artists' minds for thousands of years. The image of the "lazy" snail is often reinterpreted to have themes of patience and perseverance; not to mention the utility of carrying one's house wherever they go. Remember, slow and steady wins the race.

Q: You wrote an article about Windsor chairs that says, "The more spindles on an antique Windsor, the earlier and better the chair." Can you help me understand a little bit better? Are nine-spindle bow back side chairs generally a little earlier than seven-spindle bow back side chairs?

A: Windsor chairs, sometimes called "stick furniture" for their lathe turned legs and spindle backs, were first made in England in the late 1600s. They were made in America about 1730. Variations include bow back, sack back, comb back and more. Chair construction grew simpler over time, and this included using fewer spindles. Some later Windsor chairs have as few as four spindles. In our experience, Windsor chairs with nine spindles tend to date a little earlier than those with seven spindles. The nine-spindle chairs we usually see date to the late 1700s; seven-spindle chairs, early 1800s. There is some overlap; there was no single standard for the number of spindles, and there were many regional variations of Windsor chairs. While it is a good general rule, the



TERRY KOVEL

number of spindles is not always a guarantee of a chair's age. It does not apply to reproduction chairs. Remember that Colonial-style furniture experienced revivals in the late-nineteenth and early-twentieth centuries.

Q: I have a couple of old scores and cannot find any info on them. Just wondering if they might have any value over the typical \$5 to \$10. They are: a music score/transcript titled "The Miners Dream of Home" sung by Leo Dryden and dated 1892 and "Cavalleria Rusticana — Potpourri for Pianoforte" by Pietro Mascagni. The only date I can see on it is 1846 but that could be an "originating" date, as opposed to a printing date.

A: One of the major reasons for collecting sheet music, and therefore one of the most-important factors in its value, is the cover art. Generally, the smaller the picture on the title page, the older the sheet music. Full pictures were used by the 1870s. Color pictures were introduced in the 1840s, but most 19th-century sheet music had black-and-white cover art. Cover art can also add to the sheet music's crossover appeal, which increases the value. For example, sheet music with a picture of a car on the cover will also appeal to automobilia collectors. A picture of a political figure or event will appeal to political collectors, and so on. To help date your sheet music, check the size. Before 1917, most sheet music was printed on 13 1/2-by-10 1/2-inch pages. After 1920, 12 by 9 inches became the standard size. Be careful, though: some older sheet music was cut to a smaller



Submitted photo

In real life, snails are unwelcome pests. But this one brings the shine of brass and colorful glass instead of leaving slime trails.

size. This lowers its value. "The Miner's Dream of Home" was an English music hall song that Leo Dryden and Will Godwin wrote in 1891. Dryden was the first to perform it, and he first recorded it in 1898. Since then, it has been performed as a music hall song, folk song or New Year's song by many other artists. Cavalleria Rusticana, Pietro Mascagni's most famous opera, premiered in 1890. Advertising posters and prints of scenes from the opera have sold for about \$50 and up at recent auctions, so the sheet music may have a similar value.

Q: I have inherited an 80-piece set of china made by Meito China with hand-painted gold trim. It has 20 bowls, 20 small plates, big plates, the wine glasses and collectible serving dishes. You name it, I have it. I'm

trying to find out just how much it's worth.

A: Meito China was made in Japan starting about 1908. The company made hundreds of patterns over the next few decades. Unfortunately, large sets of china are difficult to sell and generally do not get high prices. We have seen sets of Meito china sell for about \$50 to \$150 at recent auctions, depending on the pattern, condition and whether the set is complete. For more information, you could try contacting the Nippon Collector's Club (www.nipponcollectors.com), which specializes in vintage Japanese porcelain, or a pattern matching service like Replacements, (www.replacements.com), Classic Replacements (www.classicreplacements.com) or Missing Pieces (www.missingpieces.com/).

TIP: Don't put wood, paper or textiles near heating vents or fireplaces. Heat will harm them.

CURRENT PRICES

Chair, corner, hardwood, carved, faux bamboo, pierced back, leafy branches, stretcher base, Japan, 26 1/2 inches, \$60.

Silver plate, candlestick, flared cup, baluster shaped stem, open leaf mounts, knob, round stepped base, quatrefoil foot, scrolled mounts, marked, Warsaw, Poland, 12 inches, pair, \$95.

Pottery, vase, tin glaze, blue, yellow, green, flowers, stripes, stick neck, bulbous base, Persian, 10 1/2 inches, pair, \$100.

Auto, pegboard, Milton Test Equipment, race car graphic at top, For Better Performance, red, white and black, 48 x 24 inches, \$190.

Washstand, pine, blue paint, vinegar sponge, harp shaped

dowel bar, gallery back, lower shelf, dovetailed drawer, square legs, mid-19th century, 53 x 19 x 18 inches, \$280.

Lamp, electric, dome shade, reverse painted glass, winter landscape, red ground, gilt metal base, baluster shape, Pittsburgh Lamp, Brass & Glass Co., early 1900s, 23 1/2 x 16 inches, \$375.

Rug, pictorial, figures, Immortals, multicolor, yellow calligraphy, dark blue ground, white fringe, Chinese, 2 feet 11 inches x 4 feet 11 inches, \$380.

TERRY AND KIM KOVEL answer as many questions as possible through the column. By sending a letter with a question, you give full permission for its use in the column or any other Kovel forum. Names and addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The volume of mail makes personal answers or appraisals impossible. Write to Kovel, The Dominion Post, King Features Syndicate, 300 W. 57th St., 15th Floor, New York, NY 10019.

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Chicago home sales dropped more than 20% last year; industry experts optimistic for better market in 2024

BY LIZZIE KANE
Chicago Tribune (TNS)

After a slow year for the residential real estate market in 2023, with persistent high mortgage rates and low inventory keeping buyers and sellers sidelined, industry experts are optimistic for the 2024 local and national markets.

For Chicago and statewide, housing market trends in the final three months of 2023 continued to show declines in home sales compared with 2022 — apart from in the month of December when Chicago saw a slight increase — with prices staying elevated year-over-year, according to data from Illinois Realtors, a trade association for real estate agents.

Nationally, in December, the number of existing-home sales, which does not include new construction, fell to their lowest levels in nearly 30 years, with the median price reaching a record high of \$389,800, according to the National Association of Realtors.

But as mortgage rates have ticked down from their 2023 surge in October when they approached 8% — levels not seen in about two decades — activity in the real estate market has picked back up, with some buyers and sellers reengaging. Real estate experts anticipate that more buyers and sellers will continue to enter into the housing market heading into the busier season for real estate transactions in the spring.

“I think we are going to see rates go down (in 2024). That will really bring sellers back to the market who are finally able to say ‘OK I can do this rate. I am giving up that other one’ ... and inventory will increase,” said Drussy Hernandez, president of the Chicago Association of Realtors and vice president of brokerage services at Coldwell Banker, in an interview with the Tribune. “So now with more inventory, and buyers more comfortable if we see those rates being consistently lower, I think everyone will see a market that will improve in 2024.”

In 2023, closed sales came in at a total of 132,120 across the state, an 18.3% drop from homes sold in 2022. Of these sales, 89,482 were in the Chicago metropolitan area, a 20.1% decrease from 2022, and 22,400 were in the city, a 20.9% decrease from 2022.

The annual median price of a home statewide was \$269,000 in 2023, a 3.5%

increase from the median price in 2022. For the Chicago metro area, this number was \$324,900 in 2023, a 4.6% increase from the previous year. And inside the city limits, the annual price for 2023 came in at \$330,000, a 1.5% decrease from 2022.

Redfin and Zillow are both predicting a slight increase in affordability for homebuyers in 2024.

Dan Close, a Chicago real estate agent for Redfin, said he has several listings ready to hit the market in the coming weeks and throughout the rest of the first quarter.

“People who were casually house hunting when rates were higher are getting serious now,” Close said in a January news release. “Buyers are feeling more confident that they can get good value for their money, and many first-timers are jumping in because Chicago rents are still rising. Homeowners who were waiting for the holidays to be over and rates to come down before selling are getting ready to list.”

Freddie Mac data shows the 30-year fixed-rate mortgage average reached a high of 7.79% in October 2023 before falling to 6.61% in December.

“Buyers found significant savings as rates fell,” said Skylar Olsen, a chief economist at Zillow, in a January news release. “But mortgage rates are fickle things, as we’ve seen in recent weeks, and they’ll play a massive role in determining appreciation and affordability — especially for first-time buyers — going forward in 2024.”

Mortgage rates are expected to continue to hover between 6% and 7% this year, with the new normal likely around 6.5%, said Lawrence Yun, chief economist for the National Association of Realtors, in an interview with the Tribune.

Yun said in addition to lower mortgage rates, he also expects national home prices to remain stable this year — as he anticipates there will be an increase in supply to keep up with demand — as well as the labor market to remain strong with jobs being created and wages increasing, all of which will help with housing affordability.

“The key is mortgage rates falling and home prices remaining stable so that they don’t outpace people’s income growth,” Yun said.

Average long-term U.S. mortgage rate rises to 6.69%, highest level in six weeks

Associated Press

LOS ANGELES — The average long-term U.S. mortgage rate climbed to a six-week high this week, pushing up borrowing costs for homebuyers already facing the challenges of rising housing prices and a shortage of homes for sale.

The average rate on a 30-year mortgage rose to 6.69% from 6.6% last week, mortgage buyer Freddie Mac said Thursday. A year ago, the rate averaged 6.13%.

As mortgage rates rise, they can add hundreds of dollars a month in costs for borrowers, limiting how much they can afford.

Rates have increased three out of four weeks this month. The latest uptick brings the average rate to its highest level since December 14, when it was 6.95%.

Borrowing costs on 15-year fixed-rate mortgages, popular with homeowners refinancing their home loans, also rose

this week, lifting the average rate to 5.96% from 5.76% last week. A year ago, it averaged 5.17%, Freddie Mac said.

Home loan borrowing costs have been mostly easing since late last year, after the average rate on a 30-year mortgage climbed to 7.79%, the highest level since late 2000.

As mortgage rates have come down, so have monthly payments on new home loans.

The national median monthly payment listed on mortgage applications in December fell 3.8% from the previous month to \$2,055, the Mortgage Bankers Association reported Thursday. Still, it was up 7.1% from December 2022.

The overall pullback in mortgage rates since their recent peak loosely tracks the moves in the 10-year Treasury yield, which lenders use as a guide to pricing loans. The yield has largely come down on hopes that inflation has cooled enough from its peak two summers ago for the Federal Reserve to begin cutting

interest rates this year.

Many economists are projecting that mortgage rates will continue heading lower this year, though forecasts generally have the average rate on a 30-year home loan hovering around 6% by the end of the year.

If rates keep easing that should help boost purchasing power for prospective homebuyers this spring, traditionally the busiest period for home sales.

“Despite persistent inventory challenges, we anticipate a busier spring homebuying season than 2023, with home prices continuing to increase at a steady pace,” said Sam Khater, Freddie Mac’s chief economist.

Elevated mortgage rates and a dearth of available homes have kept the U.S. housing market mired in a slump the past two years. Sales of previously occupied U.S. homes sank to a nearly 30-year low last year, tumbling 18.7% from 2022.

China expands access to loans for property developers to end its prolonged debt crisis

Associated Press

BANGKOK — China has rolled out new rules meant to expand access to commercial bank loans for property developers as Beijing doubles down on its effort to end a prolonged crisis in the real estate industry.

The policies will allow real estate companies to use bank loans pledged against commercial properties such as offices and shopping malls to repay their other loans and bonds and to cover operating expenses. They were announced late Wednesday by the People’s Bank of China, the National Financial Regulatory Administration and the Finance Ministry.

Beijing has moved this week to stabilize ailing financial markets and boost the economy by freeing up more money for lending in various ways. That includes cutting required bank reserves.

The flurry of new measures and pronouncements from senior Communist Party officials about the need to stabilize financial markets and build confidence in the economy, the world’s second largest, appears to reflect a

renewed determination to get growth back on track.

Dozens of developers have defaulted on their debts after the government cracked down on excessive borrowing in the industry several years ago. The largest, China Evergrande, is still trying to resolve more than \$300 billion in debts and a Hong Kong court is due to hold a hearing on its restructuring plans next week.

The latest policies are not a full reversal of the effort to rein in debt and control risks in the property industry.

The new rules say the bank loans cannot be used to buy commercial housing or rental housing or to start new construction or buy land. Loans cannot exceed 70% of the appraised value of the property being used as collateral and should generally last a maximum of 10 years, with an absolute limit of 15 years.

They also order banks to fully conduct due diligence before and after loans are issued to mitigate and minimize risks.

It’s unclear what impact the new rules might have on the overall crisis gripping the

property market. Land sales have long been a major revenue source for local governments that now are grappling with mounting debts. At the same time, stalled construction of new homes has hit contractors and suppliers of construction materials and home furnishings.

In a research note, UBS economists said “the pace and potential size of such loans remain uncertain as banks will likely watch the commerciality and risks of such loans.” But they added that the move was a “significant step” to increase support for developers.

Sales of new homes and home prices have been falling, discouraging consumers from spending since Chinese families tend to have much of their wealth tied up in property. The industry as a whole accounts for about a quarter of business activity in China.

“For developer financing to fundamentally and sustainably improve, property sales need to stop falling and start to recover, which could require more policy efforts to stabilize the property market,” the UBS report said.

Real estate Q&A: What do we need to do to sell deceased mom’s condo?

BY GARY M. SINGER
South Florida Sun Sentinel (TNS)

Q: My widowed mother passed away a few months ago. I have been making payments to the condo association while my sister and I have been cleaning it. We want to sell it. What do we need to do next? — Kelly

A: It is hard to lose a loved one, and sorting their affairs can be challenging. You and your sister are off to a good start in settling your mother’s affairs.

This process can be easier if your mother had a will. This estate planning document will instruct you on how your mother wanted her estate dealt with. If you are unsure if your mother had a will, look for it when cleaning her apartment. In my experience, most people stash important papers in a safety deposit box, freezer or bedroom closet.

You will need to go through the probate process to be able to sell her apartment. If you found a will, it may have instructions on conducting the “testate” probate administration. Many people pass away “intestate” or without a will, so the law will provide procedures for this situation.

The rules also deal with a decedent’s primary residence differently than their other assets. Unless the will is written in a particular way, you and your siblings will likely inherit the property.

You will need to use the probate process to gain the ability to sell the apartment and finalize the rest of your mother’s affairs. Depending on the particulars, you will need to become the “personal representative,” sometimes called the “executor,” of her estate.

If her estate is limited, you and your siblings may qualify for a simplified probate, skipping some formalities and paperwork.

You will need to work with an attorney who can guide you through the correct process.

Once the legal formalities are underway, the rest of the process is similar to selling any apartment. You engage a real estate broker and attorney to help you market and sell the property.

If you can, it is best to continue paying the apartment’s bills, like the condo dues, mortgage payments, and utilities, as falling behind in these payments can further complicate matters.

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Just how climate-friendly are timber buildings?

BY ERIC ROSTON
Bloomberg News (TNS)

The number of people living in urban areas around the world will swell by upwards of 2 billion over the next three decades. Many of those people will need new homes. But building those with conventional materials would unleash a gusher of carbon dioxide: Concrete, steel, glass and bricks for construction make up a combined 9% of global CO2 emissions, according to research by the United Nations Environment Program.

Enter engineered wood, a seemingly no-brainer solution. Mass timber is not the typical lumber that has structured single-family houses in North America for decades. The wood components are strong enough to hold up an office tower or apartment block, and building with them is thought to emit much less CO2 than using standard materials. And since wood is about 50% carbon, the material itself even stores a little carbon, to boot.

That's why more and more companies are embracing mass timber as a way to cut their carbon footprints and promote their green bona fides, including Walmart Inc., Microsoft Corp. and Alphabet Inc.'s Google. YouTube in November opened two new buildings at its San Bruno, California, headquarters that have timber structures, which the company says halve the emissions of a concrete-and-steel design.

But establishing just how much carbon is saved by building with timber isn't straightforward. There are still big unanswered questions: Is mass timber good for the climate irrespective of its source? And if one well-sourced wooden building saves on carbon, what would 100 million of them do?

Here, the no-brainer-ness of timber begins to splinter. Architects and engineers have tools to estimate the carbon costs of timber over



TNS photo

Construction workers secure an engineered wood column onto the deck of the 12th floor of the Ascent apartment building on Aug. 2, 2021, in Milwaukee. Now completed, Ascent is a 25-story tower and the world's tallest hybrid timber building.

the whole life of a building. Specialized software lets users perform a life-cycle assessment, or LCA, to estimate any design proposal's carbon footprint, from harvest, to the manufacture of its component parts, to construction, to disposal. Sometimes designers will draw up two models — one timber, the other concrete or steel — to better compare the carbon costs.

Among corporate clients as well as designers, "a lot of folks are really, really nervous about greenwashing" mass timber's climate benefits, says Stephanie Carlisle, a senior researcher at the University of Washington's Carbon Leadership Forum. "So they want to have a system that backs them up." Carlisle helped develop tallyLCA, a software tool managed by a non-profit, Building Transparency, that estimates the environmental impact of building designs. (Another tool widely used in the industry is One Click LCA.)

Life-cycle assessments look at the carbon spent moving logs from forest to mill. There's also the energy expended milling and manufacturing wood into mass-timber products

such as cross-laminated timber (CLT) and glued laminated timber (glulam). In addition, there's the carbon released when construction cranes and tractors burn fuel, and even renovations and routine maintenance over decades.

"We make buildings out of timber, right?" says Mel Allwood, director and sustainability head of the London building group of Arup, the global design and engineering firm. "We don't just chop down trees and roll them into place. There's a whole bunch more processes that happen in between, and all of those cost us carbon."

But another critical concern is how the forest where the wood grew is managed, and life-cycle analyses don't comprehensively quantify the benefits from sustainable forestry.

Consider this analogy. By now, the growing popularity of electric vehicles has helped familiarize a pretty arcane point: that the climate-friendliness of any EV depends in part on how its electrons are sourced. A charging station that draws power from a coal plant ties a driver to emissions that solar energy does not. For-

tunately, the grid is cleaning itself up, and with time, taking the transportation sector with it.

Something similar is true of timber construction. Mass timber is typically made out of softwood trees like fir, pine, spruce and larch. But what kind of tree matters less to the carbon footprint than where and how it grew. "Provenance is everything," Allwood says.

The wood's origin, and the conditions of its home forest before and after being taken away, influence the overall climate impact of mass timber. Forest lands that conserve soil health, have trees ranging in age, guard against pests and wildfire and protect biodiversity all have a better chance of regrowing trees in perpetuity.

Mass timber buildings are still only a tiny niche in global construction. If the carbon accounting is tricky, the climate stakes for getting it wrong are relatively localized to those claiming its green-ness, at least for now.

But what would it mean for the world's land-use emissions if mass timber becomes mainstream?

Here, the exercise of estimating how much carbon pollution is embodied in a building bows to the complexity of ecosystem science and how carbon moves about the Earth.

Building-specific LCAs define the construction process — say from harvest to end-of-life disposal — and estimate who's responsible for how many emissions along the way. But that's not the kind of analysis that environmental researchers do, so may not be the most informative one in terms of global carbon, says Danny Cullenward, a senior fellow at the University of Pennsylvania's Kleinman Center for Energy Policy.

An LCA is simpler than a land-use analysis but misses meaningful system-level insight, Cullenward says. It misses the complexity inherent in a biological

system like a forest.

The key questions may not concern the wood's trail from harvest to disposal as much as the difference between harvesting the wood and not harvesting it in the first place. It's very difficult to know how long-lived wood products stack up against stable forests, carbon-wise. Ecosystems will always resist any supply-chain carbon accounting standard imposed on them. The answer to the systemic questions may always be some variation of "it depends."

And right now, the climate-friendliness of harvesting wood for mass timber hangs on a dispute about how to account for the carbon footprint of industrial forestry.

Most researchers of forest carbon net out harvested wood with stable regrowth elsewhere, following guidance from the United Nations' Intergovernmental Panel on Climate Change. Harvests accounted for in this way generally come out close to carbon neutrality.

People have misinterpreted that guidance, says Tim Searchinger, a senior fellow at the World Resources Institute and technical director of its agriculture, forestry and ecosystems program. He and colleagues recently ran a different kind of analysis on wood harvests, including for mass timber, undermining the assumption that wooden buildings are a climate gimme.

They say that harvesting wood isn't carbon neutral, and their analysis — published last summer in a WRI report and an article in the journal Nature — turns on this point.

Unharvested forests store more carbon than harvested ones do, even if trees regrow, because harvesting in and of itself reduces the trees' long-term carbon-absorbing potential, they say. Logging consequently is responsible for about 10%

of the current level of global emissions, and that is expected to continue through mid-century.

What other research doesn't correctly consider, Searchinger says, is that only 20% to 25% of a harvested tree makes it into the timber replacing concrete and steel. That's because 20% to 25% of a tree is underground, in the form of roots. Another 20% or so is the small branches usually lost as "slash," which gets burned or left to decompose. Another 10% or so is lost when the bark is stripped off.

"The reality is that only a small portion of a tree typically gets into a building," says Searchinger, who is also a senior research scholar at Princeton University. He adds a few moments later, "Wouldn't it be fantastic if all those beautiful wood buildings were really great for the environment or carbon neutral or whatever? But it's not true."

Harvesting wood for use in energy and construction "will likely increase atmospheric carbon for decades," Searchinger and colleagues have written. If mass timber grew into an industry-standard material, it would impose further demand on what WRI calls "a global land squeeze" — a competition among farms, forests and developed areas, essentially — that's becoming more critical as the human population swells.

Critics objected to the conclusions on myriad grounds. Mass timber is too small to be considered in the same breath as forces like agricultural deforestation, its advocates say. They point out that engineered wood is largely taken from the existing harvests of industrial forests in nations that have caps on annual yield. They say the biggest threat to forests, in places like the U.S., isn't mass timber at all but development that turns forest permanently into real estate.



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Wed. Jan. 31st – Morgantown • Nice Lot in Ashton Estates
Selling to the Highest Bidder

Thur. Feb. 1st – Huntington • 3 BR and Add'l Lot in Huntington
Thur. Feb. 1st – South Point, OH • 3-Unit Apartment Building in South Point
Mon. Feb. 5th – Harpers Ferry • Building Lots in Harpers Ferry
Selling to the Highest Bidders
Wed. Feb. 7th – Parkersburg • Two Parkersburg Homes
Selling to the Highest Bidder
Mon. Feb. 12th – Cross Lanes • 2 Cross Lanes Homes Sold for 1 Bid
Mon. Feb. 12th – St. Albans • Day 1 of 6! West Virginia Marine Supply Co. Liquidation Auction!
Mon. Feb. 12th – Shinnston • 3 Bedroom Home on Corner Lot
Selling to the Highest Bidder
Tues. Feb. 13th – Beckley • Large Lot in a Great Beckley Neighborhood
Selling to the Highest Bidder
Tues. Feb. 13th – St. Albans • Day 2 of 6! West Virginia Marine Supply Co. Liquidation Auction!
Wed. Feb. 14th – Hurricane • Mobile Home on Lot in Hurricane
Selling to the Highest Bidder
Wed. Feb. 14th – St. Albans • Day 3 of 6! West Virginia Marine Supply Co. Liquidation Auction!
Wed. Feb. 14th – Masontown, PA • Estate of Anthony J. Mojock: Furniture, Glassware, China, Kitchenware, Tools, Shelves, Cabinets, and More!
Wed. Feb. 14th – Clarksburg • 2 Bedroom on a Corner Lot in Clarksburg
Thur. Feb. 15th – Wheeling • 3 Bedroom Project Home in Wheeling
Thur. Feb. 15th – Lumberport • Over 43 Acres of Hunting and Recreation Land in Harrison County
Thur. Feb. 15th – Kanawha Co. • 4 Kanawha Co. Properties
Selling to the Highest Bidders

Thur. Feb. 15th – St. Albans • Day 4 of 6! West Virginia Marine Supply Co. Liquidation Auction!
Thur. Feb. 15th – Jane Lew • Silver Coins, \$1,000 Bill, Comics, Record Albums, Sports Cards and Memorabilia
Mon. Feb. 19th – St. Albans • 3 Bedroom in St. Albans
Selling to the Highest Bidder
Mon. Feb. 19th – Oceana • 121 Acres in Wyoming County
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Mon. Feb. 19th – Milton • Golf Cart, Equipment, Tools, Antiques, Furniture, Coins, Knives, and More!
Tues. Feb. 20th – Ona • 5.6+/- Acres with 3 Bedroom Brick Home
Tues. Feb. 20th – Milton • Paint Sprayer, Tools, Antiques, Coins, Knives, and More!
Tues. Feb. 20th – Charleston • 3 Bedroom Mid-Entry on 1 Acre in Charleston
Wed. Feb. 21st – St. Albans • Day 5 of 6! West Virginia Marine Supply Co. Liquidation Auction!
Wed. Feb. 21st – Van • Move-In Ready 4 Bedroom Plus Additional 3 BR
Wed. Feb. 21st – South Charleston • Income-Generating 3 Bedroom in South Charleston
Thur. Feb. 22nd – Van • Tools, Furniture, Toys, Vintage Items, Collectibles, Artwork, and More!
Thur. Feb. 22nd – St. Albans • Day 6 of 6! West Virginia Marine Supply Co. Liquidation Auction!
Thur. Feb. 22nd – Clarksburg • 3-Unit Apartment Building in Clarksburg
Fri. Feb. 23rd – Ripley • Manufactured Home on 1 Acre in Ripley
Wed. Feb. 28th – St. Albans • Jewelry, Coins, Knives, and More!
Wed. Feb. 28th – Charleston • 4 Bedroom Charleston Home on Large Lot

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Lenders testify in Marilyn Mosby mortgage fraud trial

BY ALEX MANN

The Baltimore Sun (TNS)

A series of loan underwriters testified Tuesday in the federal mortgage fraud trial of former Baltimore State's Attorney Marilyn Mosby, providing critical, if expected, evidence for the prosecution's case.

The underwriters said their companies relied on the information Mosby provided in mortgage applications for a pair of properties in Florida in deciding to issue her loans for hundreds of thousands of dollars to buy the homes.

Mosby, 44, is charged with making several false statements on mortgage applications for the properties: an eight-bedroom house near Disney World and a condo on the Gulf Coast. Her trial began Monday.

The government says Mosby neglected to disclose a federal tax debt in loan applications for both properties while also misleading lenders about her intended use for each residence. To prove their case, prosecutors have to not only convince the jury that Mosby lied but that her lies influenced the financial institutions' decisions.

"We need to know all lia-



TNS photo

Former Baltimore State's Attorney Marilyn Mosby arrives at the federal courthouse in Greenbelt, Maryland, with her lawyer, federal public defender James Wyda

bilities to make sure a borrower can afford a mortgage," said Andrew Metter, formerly of United Wholesale Mortgage, which approved Mosby's mortgage loan for the condo in Longboat Key. "We are evaluating risk. If there's debt, we want to know about it. We take this into consideration when approving or denying a mortgage loan."

Mosby's lawyers maintain she did not intentionally lie.

They sought to poke holes in the prosecution's theory through cross-examination that focused on the responsibilities of Mosby's mortgage broker, who represented her in the process of obtaining loans for both Florida homes. Their questions elicited testimony that the broker communicated with the underwriters and submitted documents on Mosby's behalf.

"If you needed something during the loan process, you would've reached out to her broker, correct?" Assistant Public Defender Sedira Banan asked two of the underwriters, both of whom responded in the affirmative.

Assistant State's Attorney Aaron Zelinsky directed Joshua Marsh, who was an underwriter for Cardinal Financial Co. when it approved Mosby's loan for the eight-bedroom house outside Orlando, to a section in the application Mosby signed. Marsh read the passage aloud in court.

The application said lenders and brokers "may continuously rely on the information contained in the application," and said the applicant was required to supplement what they provided if they learned any of it was untrue or changed.

In November, a jury found Mosby guilty of two counts of perjury, determining she lied about suffering financial hardship because of the coronavirus to make herself eligible to withdraw \$80,000 from her city retirement fund under a provision of the federal CARES Act, Congress' first pandemic relief package.

Mosby used the money on down payments and closing costs for the Florida properties. While the jury in November heard evidence about how Mosby obtained and spent the money, it was tasked only with judging the former. The jury seated by defense attorneys and prosecutors last week will focus on Mosby's real estate transactions.

As far as the tax debt, the defense seems poised to put

the blame on Mosby's ex-husband, Baltimore City Council President Nick Mosby. The former power couple divorced in November, but pretrial papers show defense lawyers, who long signaled their intent to call Nick Mosby as a witness, intend to get him to tell the jury he was responsible for the couple's taxes.

Nick Mosby was listed as a potential witness during jury selection, along with Mosby's mortgage broker, Gilbert Bennett.

Mosby completed her purchase of the house near Orlando in September 2020 before turning her attention to a condo on the Gulf Coast. She closed on that property in February 2021.

She filled out two mortgage applications for the condo. At first, she said it was going to be her primary residence. In the second application, she said she wanted the condo to be a second home.

To support the second-home claim, she submitted a letter saying she and her family had been in Florida for the last 70 days, living at the house near Disney World.

In fact, Nick Mosby's and Marilyn Mosby's bank and credit card records showed she had been in the

Sunshine State for 37 of the last 70 days, testified Jenna Bender, a forensic accountant with the FBI.

According to text messages and emails between Bennett and Mosby, Bennett recommended Mosby write that she was in Florida for the last 40 days. Even though Bennett proposed the idea of writing such a letter, Mosby chose not to adopt all of the suggestions he made, Bender testified.

Though Mosby got \$45,000 from a late December withdrawal from her retirement fund under the CARES Act, she was still short \$4,600 of the down payment required at closing for the condo.

By that time, the mortgage lender already had locked in an interest rate for Mosby's mortgage, testified Austin Gordon, an underwriter who helped process the loan. If Mosby didn't close on the property then, Gordon said, "that rate lock was set to expire."

Prosecutors accused Mosby of making up a \$5,000 gift from her husband to cover the shortage. In the letter, Nick Mosby said he would transfer that amount to his then-wife at closing.

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00 SUNSET BEACH ROAD \$375,000
0 MIKE STREET, 13.3+/- AC \$325,000
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LOT 12 BACKWATERS, 2.02 AC \$108,000
731 CHESTNUT RG \$98,000
124 GLADSTONE CIRCLE \$90,000
0 CO RTE 3/8 BIGAMON, SHINNSTON \$90,000
4506 LAUREL RIDGE LANE \$89,900
LOT 22 RIDGETOP DR 1.05 +/- AC \$85,000
LOT 115 CANYON RIDGE DRIVE \$80,000
LOTS AT CANYON RIDGE STARTING \$80,000
LOT C13R PERSIMMON WOODS DR. \$79,900
LOT 24 EASTERN TRAIL \$75,000
113 IRIS LANE \$74,985
114 NICHOLE STREET \$74,900
435 DORSEY AVENUE \$59,000
LOT 28 SOUTHPOINT CIRCLE \$57,000
LOT 3 ELMCREST COURT \$55,000
0 COLLEGE AVENUE \$49,900
THE LANDING AT MORGAN POINTE \$49,000
LOT 12 GANDOLF RD. MON COUNTY \$47,500
1316 BAKERS RIDGE RD \$45,000
0 CHERRY ST/ WOODLINE \$45,000
7346 KINGWOOD PIKE, REEDSVILLE \$45,000
00 SEPTEMBER DRIVE \$41,500
LOT 14 HUDSON MILL RD BRUCETON \$40,000
00 ROSEDALE HILL ROAD \$39,900
0 TIBBS ROAD \$39,900
LOT 27 HOBBITS GLEN, MON COUNTY \$35,000
LOTS 7 & 8 SENNETT STREET \$34,000
LOT 12 MEADOW LARK \$32,000
116 IRIS LANE, .41 +/-ACRES \$25,000
LOT 46 FALLING WATER \$25,000
LOT 12 AUBURN HILLS, BRUCETON \$25,000
00 CHERRY STREET \$25,000
PENDING 0 SPRING STREET \$20,000
PENDING 00 SPRING STREET \$20,000
0 W PENNSYLVANIA AVENUE \$18,000
0 W FORK RIVER RD, FAIRMONT \$15,000
2978 SAINT JOE ROAD, ALBRIGHT \$10,000
LOTS AT SHILOH- STARTING AT \$10,000
LOT 12 OVERHILL RD FAIRMONT \$9,000
LOT 13 OVERHILL RD FAIRMONT \$9,000
LOT 4 HODGES \$8,000

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337 PATTESON DRIVE \$1,800,000
455 WADES RUN ROAD \$850,000
1901 BRYANT STREET \$775,000
595 WADES RUN ROAD AND BOWLBY ROAD \$695,000
1037 VALLEY VIEW 1+/-AC \$679,000
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315 NOLAN AVENUE \$375,000

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7584 OLD RTE 73 RD BRUCETON \$395,000
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ENTERTAINMENT

SUNDAY, JANUARY 28, 2024

**A couple who
spies together...**



Donald Glover and Maya Erskine
star in "Mr. and Mrs. Smith"



TV Search

A I L D A V I S L I P P I N O
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R N K E E O G L D M A Y W O L
A E I D O B O A R M U N Y L I
V E N R G A O M A I N P R L G
C K A E F N D A W J T R U O C
A I T V G N M N O U O L P P M
R M U A N I A C H E C L W S M
T A C S E C N A R F I A A O N
E D O E C O M M E R C I A L S
L R E M A L B U Q U E R Q U E
G U S P I N O F F S R L I S Y
E S A N D P I P E R O D X M A
L E U Q E R P S M A T L M E E
O C L A W Y E R O T C E H K W

From the list, find each word and circle its letters in the puzzle above to reveal the message relating to this week's theme.

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AMC	GUS	MESA VERDE
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COURT	KIM	SANDPIPER
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Sports Zone

AUTOMOTIVE

- SUNDAY**
- 6 a.m.** (USA) IMSA Weathertech SportsCar Championship Rolex 24 at Daytona (Live)
- Noon** (9) (11) (12) IMSA Weathertech SportsCar Championship Rolex 24 at Daytona (Live)
- 11:30 p.m.** (46) Carcass
- TUESDAY**
- 9:30 p.m.** (FSN) 3 Wide Life
- FRIDAY**
- 1 p.m.** (FSN) 3 Wide Life
- SATURDAY**
- 2 p.m.** (CNBC) IMSA VP Racing SportsCar Challenge 2024 Roar Before the 24

BASEBALL

- MONDAY**
- 6 p.m.** (FSN) Pirates Classics 2013: Cincinnati Reds at Pittsburgh Pirates
- TUESDAY**
- 10 a.m.** (FSN) Pirates Classics 1971: Pittsburgh Pirates at Baltimore Orioles
- 2 p.m.** (FSN) Inside Pirates Baseball Special Edition Willie Stargell
- WEDNESDAY**
- 10 a.m.** (FSN) Savannah Bananas: Banana Ball World Tour
- Noon** (FSN) Pirates Classics 2013: Cincinnati Reds at Pittsburgh Pirates
- THURSDAY**
- 10 p.m.** (FSN) Inside Pirates Baseball Special Edition Willie Stargell
- SATURDAY**
- 11 p.m.** (FSN) No Doubt About It: The Story of the 1990 Pittsburgh Pirates

BASKETBALL

- SUNDAY**
- 6 a.m.** (ESPN2) NBA Basketball Philadelphia 76ers at Denver Nuggets
- MONDAY**
- 3 p.m.** (ESPN) NBA Today (Live)
- 9:30 p.m.** (CSN) Sixers Pregame Live (Live)
- 10 p.m.** (CSN) NBA Basketball Philadelphia 76ers at Portland Trail Blazers (Live)
- TUESDAY**
- 3 p.m.** (ESPN) NBA Today (Live)
- 5:30 p.m.** (FSN) Duquesne Basketball Coaches Show Keith Dambrot
- 6:30 p.m.** (ESPN2) Wooden Award Late Season Top 20 Special
- 7:30 p.m.** (TNT) NBA Basketball Indiana Pacers at Boston Celtics (Live)
- 10 p.m.** (FSN) Duquesne Basketball Coaches Show Keith Dambrot
- (TNT) NBA Basketball Philadelphia 76ers at Golden State Warriors (Live)
- WEDNESDAY**
- 3 p.m.** (ESPN) NBA Today (Live)
- 5 p.m.** (ESPN2) WNBA Free Agency Special (Live)
- 6:30 p.m.** (FSN) Duquesne Basketball Coaches Show Keith Dambrot
- 7:30 p.m.** (ESPN) NBA Countdown (Live)
- 8:30 p.m.** (4) NBA Basketball Phoenix Suns at Brooklyn Nets (Live)
- 10 p.m.** (ESPN) NBA Basketball Milwaukee Bucks at Portland Trail Blazers (Live)
- THURSDAY**
- 2 p.m.** (ESPN2) WNBA Free Agency Special (Live)
- 3 p.m.** (ESPN) NBA Today (Live)
- (FSN) Duquesne Basketball Coaches Show Keith Dambrot
- 7:30 p.m.** (TNT) NBA Basketball Los Angeles Lakers at Boston Celtics (Live)

- 9 p.m.** (CSN) NBA Basketball Philadelphia 76ers at Utah Jazz (Live)
- 10 p.m.** (TNT) NBA Basketball Cleveland Cavaliers at Memphis Grizzlies (Live)
- 11:30 p.m.** (CSN) Sixers Postgame Live (Live)
- FRIDAY**
- 3 p.m.** (ESPN) NBA Today (Live)
- 6:30 p.m.** (CSN) Inside Villanova Basketball With Kyle Neptune
- 7:30 p.m.** (22) Boys High School Basketball Upper St. Clair at Mt. Lebanon (Live)

- SATURDAY**
- 2 p.m.** (CSN) Inside Villanova Basketball With Kyle Neptune
- 6 p.m.** (CSN) NBA Basketball Brooklyn Nets at Philadelphia 76ers (Live)
- 8 p.m.** (4) NBA Countdown (Live)
- 8:30 p.m.** (4) NBA Basketball Los Angeles Lakers at New York Knicks (Live)
- (CSN) Sixers Postgame Live (Live)
- 9:30 p.m.** (CSN) Inside Villanova Basketball With Kyle Neptune
- 11 p.m.** (CSN) NBA Basketball Brooklyn Nets at Philadelphia 76ers

BOXING

- SUNDAY**
- Midnight** (FSN) Fight Sports: World Class Championship Boxing
- MONDAY**
- 11 p.m.** (FSN) Fight Sports: World Class Championship Boxing
- WEDNESDAY**
- 9 p.m.** (FSN) Fight Sports: World Class Championship Boxing
- SATURDAY**
- 8 a.m.** (ESPN2) Blood, Sweat & Tears Lopez vs. Ortiz
- 8:30 a.m.** (ESPN2) Teofimo Lopez: Greatest Hits
- 1 a.m.** (ESPN2) Blood, Sweat & Tears Lopez vs. Ortiz
- 1:30 a.m.** (ESPN2) Teofimo Lopez: Greatest Hits
- 3 a.m.** (ESPN2) Blood, Sweat & Tears Lopez vs. Ortiz
- 3:30 a.m.** (ESPN2) Teofimo Lopez: Greatest Hits

EXTREME

- SUNDAY**
- 1 p.m.** (4) X Games Aspen 2024
- 7 p.m.** (ESPN) X Games Aspen 2024 (Live)
- Midnight** (ESPN2) X Games Real BMX 2023 - Best Of

FOOTBALL

- SUNDAY**
- 8 a.m.** (ESPN2) NFL Matchup
- 9 a.m.** (CSN) Benny vs. The Penny
- 9:30 a.m.** (CSN) Pro Football Weekly
- 10 a.m.** (FSN) The Lombardi Line (Live)
- Noon** (ESPN) Postseason NFL Countdown (Live)
- (2) (6) (7) NFL Championship Chase: Conference Supremacy
- (FSN) Musburger Pregame (Live)
- 3 p.m.** (2) (6) (7) NFL Football AFC Championship: Teams TBA (Live)
- 6 p.m.** (46) (53) NFL on FOX Pregame (Live)
- 6:30 p.m.** (46) (53) NFL Football NFC Championship: Teams TBA (Live)
- 10 p.m.** (ESPN) NFL PrimeTime (Live)
- 2 a.m.** (ESPN) NFL PrimeTime
- 4 a.m.** (ESPN) NFL PrimeTime
- MONDAY**
- 1 p.m.** (FSN) The Lombardi Line (Live)
- 4 p.m.** (ESPN) NFL Live (Live)
- 5 p.m.** (ESPN2) NFL Live
- 6 p.m.** (CSN) Birds Huddle (Live)
- 6:30 p.m.** (CSN) Birds Huddle

- 7 p.m.** (CSN) Fantasy Football Happy Hour With Matthew Berry
- 9 p.m.** (CSN) Birds Huddle
- 11 p.m.** (ESPN2) NFL Live
- Midnight** (TBS) Madden Championship Series Final Four

- TUESDAY**
- 4 p.m.** (ESPN) NFL Live (Live)
- 5 p.m.** (ESPN2) NFL Live
- 6 p.m.** (CSN) Birds Huddle (Live)
- 6:30 p.m.** (CSN) Birds Huddle
- 8 p.m.** (22) Inside the NFL Week 21
- 9:30 p.m.** (CSN) Birds Huddle
- 2:30 a.m.** (ESPN2) NFL Live

- WEDNESDAY**
- 1 p.m.** (ESPN2) Senior Bowl Practice (Live)
- 4 p.m.** (ESPN) NFL Live (Live)
- 6 p.m.** (CSN) Birds Huddle (Live)
- 6:30 p.m.** (CSN) Birds Huddle
- 9 p.m.** (CSN) Birds Huddle
- 11 p.m.** (CSN) Birds Huddle
- 12:30 a.m.** (ESPN2) NFL Live

- THURSDAY**
- 10:30 a.m.** (ESPN2) Senior Bowl Practice (Live)
- 1 p.m.** (FSN) The Lombardi Line (Live)
- 4 p.m.** (ESPN) NFL Live (Live)
- 6 p.m.** (CSN) Birds Huddle (Live)
- 7 p.m.** (ESPN) 2024 Pro Bowl Games: Skills Showdown (Live)
- 8 p.m.** (CSN) Birds Huddle
- 12:30 a.m.** (CSN) Birds Huddle
- (ESPN2) NFL Live
- 5 a.m.** (ESPN2) NFL Live

- FRIDAY**
- 4 p.m.** (ESPN) NFL Live (Live)
- 5 p.m.** (FSN) WVU Coaches Show
- 6 p.m.** (CSN) Birds Huddle (Live)
- 9:30 p.m.** (ESPN) NFL Dog Plays of the Year
- (CSN) Birds Huddle
- 11 p.m.** (ESPN2) 2024 Pro Bowl Games: Skills Showdown
- Midnight** (CSN) Pro Football Weekly
- 12:30 a.m.** (ESPN2) NFL Live
- 1 a.m.** (CSN) Birds Huddle
- 2:30 a.m.** (ESPN2) 2024 Pro Bowl Games: Skills Showdown
- 5 a.m.** (FSN) WVU Coaches Show

- SATURDAY**
- 6 a.m.** (ESPN2) NFL Live
- (FSN) WVU Coaches Show
- 9 a.m.** (7) Neal Brown Show
- (12) The Neal Brown Show
- (ESPN2) NFL Dog Plays of the Year
- (FSN) Pro Football Weekly
- 9:30 a.m.** (CSN) Birds Huddle
- (FSN) WVU Coaches Show
- 10 a.m.** (ESPN2) 2023 Pro Bowl Games: Skills Showdown
- 10:30 a.m.** (FSN) Mountaineer Game Day Live (Live)
- 11 a.m.** (FSN) The Lombardi Line (Live)
- 1 p.m.** (4) NFL Special
- 3 p.m.** (46) (53) Top 10 Super Bowl Finishes
- 4:30 p.m.** (CSN) Pro Football Weekly
- 5 p.m.** (CSN) Birds Huddle
- (FSN) Pro Football Weekly
- 5:30 p.m.** (FSN) Mountaineer Game Day Live
- 10 p.m.** (CSN) Pro Football Weekly
- 1 a.m.** (CSN) Birds Huddle

GOLF

- SUNDAY**
- 8 a.m.** (GOLF) The Golf Fix Short Game Faults
- 8:30 a.m.** (GOLF) The Golf Fix Go-To Shot
- 9 a.m.** (GOLF) PGA Tour Golf Farmers Insurance Open, Final Round

Continued on page 4

Cover Story

Keeping up with the Smiths Glover, Erskine front new series 'Mr. & Mrs. Smith'

By Dana Simpson
TV Media

There's no need to relive the same old entertainment this Groundhog Day, because Prime has a brand new offering (without any time loops involved). "Mr. & Mrs. Smith," an action comedy series based on the plot of the original 1941 film, brings a new twist to the classic tale of espionage and high-stakes hijinks. All eight episodes of the series' debut season release Friday, Feb. 2, on Prime Video.

While the titular, married Smiths are likely to conjure the image of former real-life couple Brad Pitt and Angelina Jolie, both of whom starred in the 2005 film of the same name, the "Mr. & Mrs. Smith" concept is, in fact, a much older production, one directed by famed filmmaker and so-called "Master of Suspense," Alfred Hitchcock. The director — then not yet known for his 1960 masterpiece "Psycho" nor his other many memorable films, which include "The Birds" (1963), "Rear Window" (1954) and "Vertigo" (1958) — became very well known for his gripping thriller style, but he also had a penchant for comedy, as was evident in several of his films, such as 1938's "The Lady Vanishes" and, yes, the 1941 spy comedy "Mr. & Mrs. Smith," led by Carole Lombard ("My Man Godfrey," 1936) and Robert Montgomery ("Lady in the Lake," 1946).

Since Hitchcock's premiere of the now-classic tale, several other takes on the cat-and-mouse spy game have been born. In late 1941, the story was developed for CBS Radio Network's Lux Radio Theater, with Lombard reprising her role as Mrs. Jane Smith and comedy legend Bob Hope

("Road to Bali," 1952) as her husband, John Smith. Later came adaptations from the Screen Guild Theater (twice in 1942 and once in 1945), Screen Director's Playhouse (1949), a short-lived CBS series in 1996 and, of course, the aforementioned 2005 version directed by Doug Liman ("Edge of Tomorrow," 2014).

There was also one former attempt at a series in 2007, this time starring Jordana Brewster ("The Fast and the Furious," 2001) and Martin Henderson ("X," 2022), that never got past the pilot phase. But this time was different, thanks to the keen eye of executives at Prime Video.

The newest series iteration of "Mr. & Mrs. Smith" stars the multi-talented rapper, writer, actor and producer Donald Glover ("Atlanta") as a suave new spy who must assume the identity of "John Smith," a standard, unassuming, run-of-the-mill husband to his wife, "Jane," also a new hire by the same spy agency, played by three-time Emmy nominee Maya Erskine ("PEN15").

First announced in February 2021, the eight-episode series was originally designed to include "Fleabag's" Phoebe Waller-Bridge as the titular missus. But, due to some conflicts on the creative side, Waller-Bridge stepped away from the series, and Prime's new series was born with Erskine as co-pilot.

Glover, meanwhile, who signed an exclusive deal with Amazon in 2021, takes his usual stance with respect to the series and has become involved both on camera and behind it. In addition to starring as the mysterious John Smith, Glover also co-created the series with "Atlanta" and " Fargo" writer Francesca Sloane. Glover's

own younger brother, Stephen Glover ("Swarm"), also takes a seat at the writers table, along with Yvonne Hana Yi ("Raising Dion"), Carla Ching ("Preacher") and the Ebo Twins, Adamma and Adanne Ebo ("Honk for Jesus. Save Your Soul," 2022). Visual effects manager Schuyler Pappas, who has previously worked on "Insidious" (2010) and "Footloose" (2011), also breaks new ground in her career, writing for television for the first time in an official capacity.

Alongside Glover and Erskine, Paul Dano ("Little Miss Sunshine," 2006), John Turturro ("Barton Fink," 1991) and Michaela Coel ("I May Destroy You") are listed among the show's big names as well. Dontae Hawkins ("Wu-Tang: An American Saga"), Alex Huynh ("The

Greatest Beer Run Ever," 2022) and Tamar Torres ("Orange Is the New Black") are also credited among the cast, while Ron Perlman ("Hellboy," 2004), Alexander Skarsgard ("Succession"), Sharon Horgan ("Bad Sisters"), Úrsula Corberó ("Money Heist"), Eiza González ("Baby Driver," 2017) and Sarah Paulson ("American Horror Story: Coven") are all credited as guest stars or cameos.

The series is described by "Mr. & Mrs. Smith" (2005) writer Simon Kinberg as "'Married... with Children' with guns," but the official Prime Video synopsis provides a much clearer picture of what writers have planned for the series, including budding romance, prime real estate and plenty of situational comedy.

"Two lonely strangers land a job working for a mysterious spy agency that

offers them a glorious life of espionage, wealth, world travels and a dream brownstone in Manhattan," the Prime Video synopsis reads. "The catch: new identities in an arranged marriage as Mr. & Mrs. John and Jane Smith. Now hitched, John and Jane navigate a high-risk mission every week while also facing a new relationship milestone. Their complex cover story becomes even more complicated when they catch real feelings for each other."

Approaching the story with heavy firearms and a light sense of humor, "Mr. & Mrs. Smith" asks the question: "What's riskier, espionage or marriage?"

Don't miss the Friday, Feb. 2, worldwide premiere of Prime Video's "Mr. & Mrs. Smith" — and maybe keep a close eye on your partner, if you have one...



Maya Erskine in "Mr. and Mrs. Smith"



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Sports Zone

Continued from page 2

10:30 a.m. (CSN) Traveling Golfer
2 p.m. (GOLF) LPGA Tour Golf LPGA Drive On Championship, Final Round *(Live)*
5 p.m. (GOLF) Golf APGA Tour: Farmers Insurance Invitational *(Live)*
8:30 p.m. (GOLF) PGA Tour Golf Farmers Insurance Open, Final Round

MONDAY
2 p.m. (GOLF) Golf Today
5 p.m. (GOLF) The Open Highlights 2021 Collin Morikawa at Royal St. George's
7 p.m. (GOLF) PGA TOUR: The CUT
7:30 p.m. (GOLF) The Golf Fix Go-To Shot
8 p.m. (GOLF) PGA Tour Golf Farmers Insurance Open, Final Round

TUESDAY
2 p.m. (GOLF) Golf Today
5 p.m. (GOLF) PGA TOUR: The CUT
5:30 p.m. (GOLF) The Golf Fix Go-To Shot
7 p.m. (GOLF) School of Golf Chapter 3: Accuracy *(Live)*
7:30 p.m. (GOLF) School of Golf Chapter 5: 400th Episode Special *(Live)*
8 p.m. (GOLF) Golf's Greatest Rounds THE PLAYERS - 2015 - Rickie Fowler

WEDNESDAY
12:30 p.m. (GOLF) PGA TOUR: The CUT
5 p.m. (GOLF) On the Range 2024 AT&T Pebble Beach Pro-Am *(Live)*
7:30 p.m. (GOLF) PGA TOUR Classics 2017 AT&T Pebble Beach Pro-Am Highlights - Jordan Spieth
10:30 p.m. (GOLF) PGA TOUR Classics 2017 AT&T Pebble Beach Pro-Am Highlights - Jordan Spieth

THURSDAY
2 p.m. (GOLF) Golf Central Pregame *(Live)*
3 p.m. (GOLF) PGA Tour Golf AT&T Pebble Beach Pro-Am, First Round *(Live)*
8 p.m. (GOLF) PGA Tour Golf AT&T Pebble Beach Pro-Am, First Round
11 p.m. (GOLF) PGA Tour Golf AT&T Pebble Beach Pro-Am, First Round

FRIDAY
Noon (GOLF) DP World Tour Golf Bahrain Championship, Second Round DP World Tour Golf
2 p.m. (GOLF) Golf Central Pregame *(Live)*
3 p.m. (GOLF) PGA Tour Golf AT&T Pebble Beach Pro-Am, Second Round *(Live)*
8 p.m. (GOLF) PGA Tour Golf AT&T Pebble Beach Pro-Am, Second Round

SATURDAY
3 p.m. (2) (6) (7) PGA Tour Golf AT&T Pebble Beach Pro-Am, Third Round *(Live)*
(GOLF) DP World Tour Golf Bahrain Championship, Third Round DP World Tour Golf
8 p.m. (GOLF) PGA Tour Golf AT&T Pebble Beach Pro-Am, Third Round
11 p.m. (GOLF) Women's Golf 2024 Women's Amateur Asia Pacific, Final Round *(Live)*

HOCKEY

SUNDAY
6 a.m. (FSN) Penguins Overtime Live
6:30 a.m. (FSN) Penguins Postgame Final
7 a.m. (CSN) NHL Hockey Boston Bruins at Philadelphia Flyers
1:30 p.m. (FSN) Inside Penguins Hockey
4 p.m. (FSN) NHL Hockey Montreal Canadiens at Pittsburgh Penguins

MONDAY
3 p.m. (FSN) Penguins Classics 2005: Crosby Battles the Philadelphia Flyers
5 p.m. (FSN) Sidney Crosby: There's No Place Like Home
5:30 p.m. (FSN) Penguins Game Plan

TUESDAY
6 a.m. (FSN) Mario: The Story of Mario Lemieux's Rise to Super Stardom

3 p.m. (FSN) Penguins Classics Mario Lemieux Comback Game vs. Toronto

WEDNESDAY
6 p.m. (FSN) Inside Penguins Hockey
7 p.m. (TNT) NHL on TNT Face Off *(Live)*
7:30 p.m. (TNT) NHL Hockey Los Angeles Kings at Nashville Predators *(Live)*
10:30 p.m. (TNT) NHL Post-Game on TNT *(Live)*

THURSDAY
Noon (FSN) Inside Penguins Hockey Profiles: Mario Lemieux
12:30 p.m. (FSN) Inside Penguins Hockey Profiles: The Wingmen
2:30 p.m. (FSN) Penguins Classics
5 p.m. (ESPN2) The Point *(Live)*
7 p.m. (ESPN) 2024 NHL All-Star Skills *(Live)*

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8:30 p.m. (FSN) Inside Penguins Hockey Profiles: Greatest Blue-Liners

SATURDAY
3 a.m. (FSN) One From the Heart: The Story of the 1990-91 Pittsburgh Penguins

HORSE RACING

SUNDAY
8 p.m. (CSN) Let's Go Racing
8:30 p.m. (CSN) Parx Racing on the Rail

SATURDAY
10 a.m. (CSN) Let's Go Racing
4 p.m. (CNBC) Horse Racing Holy Bull & Robert Lewis

MOTORCYCLE RACING

SUNDAY
1 a.m. (CNBC) AMA Supercross Monster Energy Series, Round 4

SATURDAY
3 p.m. (9) (11) (12) AMA Supercross Series Monster Energy Series, Round 5 *(Live)*

OLYMPICS

SUNDAY
2 p.m. (9) (11) (12) Chasing Gold: Paris 2024

SATURDAY
Noon (9) (11) (12) U.S. Olympic Trials Marathon *(Live)*

OUTDOORS

SUNDAY
6 a.m. (DISC) Seasons on the Fly LA Redfish
8 a.m. (DISC) George Poveromo's World of Saltwater Fishing
(FSN) A Fishing Story
8:30 a.m. (DISC) Sportsman's Adventures Bahia Honda: The Deep Bay
9 a.m. (FSN) Pure Outdoor
9:30 a.m. (FSN) Destination Polaris
Noon (46) Hunt Masters
12:30 p.m. (46) Raised Hunting

8 p.m. (FSN) Hunt Masters The Ties That Bind
8:30 p.m. (FSN) Raised Hunting Move Part 2
9 p.m. (FSN) Scott Martin Challenge The Best Smallmouth Fishery on the Planet
9:30 p.m. (FSN) The Musky Hunter The Best of the West

MONDAY
4 a.m. (FSN) Scott Martin Challenge Fishing with the Martin Family
4:30 a.m. (FSN) The Musky Hunter Heat Wave

TUESDAY
10:30 p.m. (FSN) Destination Polaris

THURSDAY
11:30 a.m. (CSN) A Fishing Story
6 p.m. (FSN) Charlie Moore: No Offense Winter Blues

FRIDAY
1:30 p.m. (FSN) Destination Polaris

SATURDAY
6:30 a.m. (DISC) Fly Rod Chronicles With Curtis Fleming Changing the Game Through Fly Fishing
7 a.m. (ESPN2) Jimmy Houston Outdoors Bienville Plantation
7:30 a.m. (DISC) The Next Bite BIG Northern Wisconsin Inland Lake Walleyes
(ESPN2) Scott Martin Challenge Fishing with the Martin Family
8:30 a.m. (DISC) Chasin' the Sun
6 p.m. (FSN) Charlie Moore: No Offense Winter Blues
5 a.m. (DISC) Saltwater Underground With Nick Honachefsky
5:30 a.m. (DISC) Scott Martin Challenge Fishing with the Martin Family

RACKET SPORTS

TUESDAY
3 a.m. (FSN) Pro Padel League Miami Padel Club vs. Cancun Waves

WEDNESDAY
3 a.m. (FSN) World Jai-Alai League

SKATING

SUNDAY
1 p.m. (CNBC) Speed Skating ISU World Cup
3 p.m. (9) (11) (12) Figure Skating U.S. Championships: Men's Free Skate *(Live)*

THURSDAY
7 a.m. (E) Figure Skating ISU Four Continents Championships: Women Short Program
9 a.m. (E) Figure Skating ISU Four Continents Championships: Men Short Program

FRIDAY
8 a.m. (E) Figure Skating ISU Four Continents Championships: Women Free Skate

SATURDAY
8 a.m. (E) Figure Skating ISU Four Continents Championships: Men Free Skate

SKIING

SUNDAY
2 p.m. (CNBC) FIS Freestyle Skiing World Cup Waterville Valley - Men's & Women's Moguls FIS Freestyle Skiing World Cup

MONDAY
11:30 a.m. (CSN) Snow Motion

SATURDAY
1:30 p.m. (CNBC) Stifel Snow Show
3 p.m. (CNBC) FIS Freestyle Skiing World Cup Deer Valley - Men's Aerials FIS Freestyle Skiing World Cup

SOCCER

TUESDAY
2:30 p.m. (USA) Premier League Live *(Live)*
3:15 p.m. (USA) Premier League Soccer Aston Villa vs. Newcastle United *(Live)*
5:15 p.m. (USA) Premier League Goal Zone *(Live)*

WEDNESDAY
2 p.m. (USA) Premier League Live *(Live)*
2:30 p.m. (USA) Premier League Soccer Tottenham Hotspur vs. Brentford *(Live)*

THURSDAY
2:30 p.m. (USA) Premier League Live *(Live)*
3:15 p.m. (USA) Premier League Soccer Wolverhampton Wanderers vs. Manchester United *(Live)*
5:15 p.m. (USA) Premier League Goal Zone *(Live)*

SATURDAY

7 a.m. (USA) Premier League Mornings *(Live)*
7:30 a.m. (USA) Premier League Soccer Everton vs. Tottenham Hotspur *(Live)*
9:30 a.m. (USA) Premier League Mornings *(Live)*

TENNIS

SUNDAY
9:30 a.m. (ESPN2) 2024 Australian Open Tennis Men's Championship
4 p.m. (4) Australian Open Highlight Show 2024 Week 2
8 p.m. (ESPN2) 2024 Australian Open Tennis Men's Championship

WRESTLING

SUNDAY
3 a.m. (FSN) Fight Sports: Grand Sumo

MONDAY
8 p.m. (USA) WWE Monday Night RAW *(Live)*

TUESDAY
8 p.m. (USA) WWE NXT *(Live)*

WEDNESDAY
8 p.m. (TBS) All Elite Wrestling: Dynamite *(Live)*

FRIDAY
8 p.m. (46) (53) WWE Friday Night SmackDown *(Live)*

SATURDAY
8 p.m. (TNT) All Elite Wrestling: Collision

Sports Feature

Mackay aiming for another golden performance in Aspen

By Roberto Jozef
TV Media

It's time to hit the slopes for another highly anticipated, extreme action packed winter X Games, returning to Buttermilk in Aspen, Colorado Jan. 26-28, with all the action broadcast live on ESPN. Events can also be streamed live on XGames.com, YouTube (youtube.com/@XGames) and Twitch (twitch.tv/xgames), with coverage also airing on ABC. As fans eagerly await the 2024 Aspen X Games to kick off, one notable name has been making their way up the ranks — rising star Brendan Mackay.

The Canadian freestyle skier has been making headlines in 2023 with his incredible performances in half-pipe skiing, and making a name for himself on the international stage along the way. Since his Olympic debut in 2022, Mackay's confidence carried over into 2023 with his best performance coming during the World Freestyle Skiing Championships in Bakuriani, Georgia. He put up a score of 97.25, putting down his first 1620 in competition and earning himself a gold medal, proving he has what it takes to compete against anyone.

One top of his stellar performance at the World Freestyle Skiing Championships, Mackay continued his dominance securing gold at the FIS Freestyle, Snowboard and Freeski Championships with his gravy-defying moves, elevating him to the top of the sport. With the 2024 X Games right around the corner, Mackay will have another opportunity to further solidify his place in the sport as one of the best ever. His consistent performances, work ethic and sheer determination has him well positioned to make his mark early in the competition as the Calgary native will surely look to walk away with more hardware.

FACTS:

Full name: Brendan Mackay
Birthplace: Calgary, Alberta, Canada
Birthdate: June 6, 1997 (26)
Height/weight: 5'-2"/160 pounds
Team(s): Team Canada
Honors and achievements: 2023 Georgia gold, 2020 Winter X Games Aspen bronze, bronze medal and two gold medals during the 2021–22 FIS Freestyle Ski World Cup season.

Family Favorites



Vin Diesel, Luke Vink, Keegan Hoover, Faith Ford, Max Thieriot, Brittany Snow and Morgan York in “The Pacifier”

Sunday

DISN 8 p.m.

Onward

This 2020 film follows as elven teenage brothers Ian and Barley set out to find a magic artifact that allows them to spend one more day with their late father. They are soon followed by their worried mother and a legendary manticore.

Freeform 8:20 p.m.

Aladdin

In the live-action adaptation of this animated tale, a charming street urchin named Aladdin (Mena Massoud) crosses paths with Princess Jasmine (Naomi Scott) and an all-powerful genie. Their bond deepens, and they must unite to thwart a nefarious plot.

Monday

FX 4 p.m.

X-Men: The Last Stand

When a cure for mutants is discovered, an all-out war looms, with lines drawn between the followers of Charles Xavier (Patrick Stewart) and those who align with Magneto (Ian McKellen). The film’s prequel, “X-Men: First Class” (2011), airs afterwards.

Tuesday

Freeform 5 p.m.

The Pacifier

Navy SEAL Shane Wolfe (Vin Diesel) can handle just about anything, but after he is assigned to protect the lives of five children, including two trouble-making teens, a clingy toddler and the kids’ pet duck, Wolfe takes on his hardest challenge yet.

Wednesday

HBO 11:05 a.m.

Blue Beetle

Busy searching for a job to support his family, college graduate Jaime Reyes (Xolo Maridueña) instead finds himself in the right place at the right time, stumbling upon an alien scarab that grants him extraordinary (and unpredictable) superpowers.

Thursday

Freeform 6:30 p.m.

Finding Nemo

When life gets them down, these guys just keep swimming. This animated film follows Marlin, a clown fish, as he embarks on a journey to find his missing son, Nemo. Once reunited, Nemo and Marlin then search for Dory in “Finding Dory,” airing next.

Friday

Freeform 10:30 a.m.

Peter Rabbit

Peter Rabbit (James Corden) and his sisters enjoy spending their days nibbling at their neighbor’s garden. Mr. McGregor (Domhnall Gleeson), however, has been plotting a scheme to get rid of the pesky rabbits and proves a wily opponent.

DISN 8 p.m.

Marvel’s Moon Girl and Devil Dinosaur

Season 2 kicks off with a two-episode premiere, in which Moon Girl and Devil Dinosaur explore the limits of their “superhero-ing.” As their heroic work continues to collide with her personal life, Lunella must decide if her secret identity is worth it.

Saturday

FX 5 p.m.

Free Guy

When boring bank teller Guy (Ryan Reynolds) realizes he’s actually a non-playable character in a video game, he takes it upon himself to become a hero, accidentally opening up a world of trouble both in the game and in the real-life world of game design.

New Releases

Silent Night

It’s just a normal Christmas Eve for Brian (Kinnaman) and his young son. However, their fate drastically changes when they are caught in the crossfire of a drive-by shooting between rival gangs. While Brian survives — although with severe damage to his vocal cords — his son isn’t so lucky. Unable to deal with the grief, Brian dedicates the proceeding year to preparing his revenge. On Christmas Eve a year later, Brian is set to kill every last gang member involved in his son’s death. When his men start dropping, the gang’s leader, Playa (Torres), doesn’t take the threat lightly. *Director: John Woo. Stars: Joel Kinnaman, Kid Cudi, Harold Torres, Catalina Sandino Moreno, Valeria Santaella, Yoko Hamamura, Vinny O’Brien, Acoyani Chacón, Scott Mescudi. 2023. 104 mins. Action.*

Eileen

Eileen (McKenzie) has an unenviable life. She is ostracized by her peers at the prison where she works, then goes home to be emotionally abused by her alcoholic father, Jim (Whigham). The constant negativity in her life has caused Eileen’s mental health to deteriorate. However, things begin to change when a new psychologist, Rebecca (Ha-

thaway), joins the prison staff. Rebecca and Eileen soon spark a friendship. Despite her glamorous appearance, Rebecca has some sinister machinations for the young and mentally fragile Eileen. *Director: William Oldroyd. Stars: Thomasin McKenzie, Anne Hathaway, Shea Whigham, Sam Nivola, Siobhan Fallon Hogan, Tonye Patano, Owen Teague, Jefferson White, Marin Ireland. 2023. 97 mins. Thriller.*

Thanksgiving

Not all is well in the coastal Massachusetts town of Plymouth. A year after a deadly Black Friday riot at the local superstore rocks the town, a killer wearing a mask of town founder John Carver begins a killing spree to serve as a form of revenge. As the killings progress, Jessica (Verlaque), the daughter of the superstore’s owner, aids Sheriff Newlon (Dempsey) with the investigation. However, that interjection puts Jessica, along with her friends, Evan (Sanelli), Gabby (Rae) and Yulia (Warren), and their families in the killer’s crosshairs. *Director: Eli Roth. Stars: Patrick Dempsey, Nell Verlaque, Ty Olsson, Gina Gershon, Jenna Warren, Rick Hoffman, Gabriel Davenport, Jalen Thomas Brooks, Tomaso Sanelli, Addison Rae. 2023. 106 mins. Horror.*



Joel Kinnaman in “Silent Night”

taste tv

Ramsay returns

'Next Level Chef' heats things up with all-new episodes

By Caroline Collacutt
TV Media

The "next" evolution in cooking competitions, Gordon Ramsay's "Next Level Chef" returns with an all-new season, beginning with a special episode airing Sunday, Jan. 28, on Fox.

This series — which was renewed for both a third and fourth season in May 2023 — follows competing chefs, divided into teams, as they tackle a series of cooking challenges. During this one-of-a-kind culinary gauntlet, Ramsay's contestants find themselves on the iconic "Next Level Chef" stage, split up across three stories, with each team randomly assigned one of three stunningly different, stacked (and stocked) kitchens — how stocked each kitchen is, however, depends on which level the team has been assigned, with the highest level kitchen equipped with a wide range of modern tools and devices, the middle offering a standard commercial kitchen, and the bottom level containing a limited collection of lower-quality equipment.

In their kitchens, the chefs are then given a short time to collect ingredients before they must prepare, cook and plate their dishes — incorporating any surprise ingredients that may be delivered to them — within a tight, 45-minute period. After presenting their finished concoctions, one member each from the top two teams will be sent up to the top kitchen, where they will compete in a 30-minute, head-to-head challenge that determines who "takes the cake."

During this latest season (Season 3), Ramsay is joined by chefs Nyasha Arrington ("The Taste") and Richard Blais ("Reinventing the Meal"), as together the mentors leave no stone unturned, going out to recruit their own group of



Chef Gordon Ramsay hosts "Next Level Chef"

talented chefs to compete in the upcoming season, each hopeful of finding the next big name in the culinary game.

For the first time, "Next Level Chef" will also hold audition rounds, taking place over the first three episodes of the season. Professional, home-based and social media-loving chefs will all compete against one another for a chance to be drafted into the game, where they will be

mentored by Ramsay, Arrington or Blais.

With the recipe for success in this competition calling for creativity, consistency and cunning, these chefs are willing to do what it takes to make it to the top and win a life-changing \$250,000, truly taking themselves to the "next level."

A mouth-watering and jaw-dropping competition, Season 3 of "Next Level Chef" premieres Sunday, Jan. 28, on Fox.

Cooking this week

SUNDAY

10 a.m. (FOOD) The Pioneer Woman
10:30 a.m. (FOOD) The Pioneer Woman
11 a.m. (FOOD) Magnolia Table With Joanna Gaines
11:30 a.m. (7) Recipe Rehab
(FOOD) Magnolia Table With Joanna Gaines
Noon (FOOD) Mary Makes It Easy
12:30 p.m. (FOOD) Mary Makes It Easy
1 p.m. (FOOD) The Kitchen
2 p.m. (FOOD) Guy's Grocery Games
3 p.m. (FOOD) Guy's Grocery Games
(HIST) The Food That Built America
4 p.m. (FOOD) Guy's Grocery Games
(HIST) The Food That Built America
4:30 p.m. (EWTN) Savoring Our Faith
5 p.m. (FOOD) Guy's Grocery Games
(HIST) The Food That Built America
6 p.m. (FOOD) Guy's Grocery Games
(HIST) The Food That Built America
7 p.m. (FOOD) Guy's Grocery Games
(HIST) The Food That Built America
8 p.m. (FOOD) Worst Cooks in America
(HIST) The Food That Built America

MONDAY

10 a.m. (FOOD) The Kitchen
11 a.m. (FOOD) The Kitchen
Noon (FOOD) The Kitchen
1 p.m. (FOOD) The Kitchen
2 p.m. (FOOD) Guy's Grocery Games
3 p.m. (FOOD) Guy's Grocery Games
4 p.m. (FOOD) Guy's Grocery Games
5 p.m. (FOOD) Guy's Grocery Games
6 p.m. (FOOD) Guy's Grocery Games
7 p.m. (FOOD) Kids Baking Championship
8 p.m. (FOOD) Kids Baking Championship
9 p.m. (FOOD) Chopped

TUESDAY

Noon (FOOD) Chopped
1 p.m. (FOOD) Chopped
2 p.m. (FOOD) Chopped
3 p.m. (FOOD) Chopped
4 p.m. (FOOD) Chopped
5 p.m. (FOOD) Chopped
6 p.m. (FOOD) Chopped
7 p.m. (FOOD) Chopped
8 p.m. (FOOD) Chopped
9 p.m. (FOOD) Chopped

WEDNESDAY

Noon (FOOD) The Pioneer Woman
12:30 p.m. (FOOD) The Pioneer Woman
1 p.m. (FOOD) Guy's Grocery Games
2 p.m. (FOOD) Guy's Grocery Games
3 p.m. (FOOD) Guy's Grocery Games
4 p.m. (FOOD) Guy's Grocery Games
5 p.m. (FOOD) Guy's Grocery Games
6 p.m. (FOOD) Guy's Grocery Games
7 p.m. (FOOD) Guy's Grocery Games
8 p.m. (FOOD) Guy's Grocery Games
9 p.m. (FOOD) Guy's Grocery Games

THURSDAY

Noon (FOOD) Worst Cooks in America
1 p.m. (FOOD) Beat Bobby Flay
1:30 p.m. (FOOD) Beat Bobby Flay
2 p.m. (FOOD) Beat Bobby Flay

2:30 p.m. (FOOD) Beat Bobby Flay
3 p.m. (FOOD) Beat Bobby Flay
3:30 p.m. (FOOD) Beat Bobby Flay
4 p.m. (FOOD) Beat Bobby Flay
4:30 p.m. (FOOD) Beat Bobby Flay
5 p.m. (FOOD) Beat Bobby Flay
5:30 p.m. (FOOD) Beat Bobby Flay
6 p.m. (FOOD) Beat Bobby Flay
6:30 p.m. (FOOD) Beat Bobby Flay
7 p.m. (FOOD) Beat Bobby Flay
7:30 p.m. (FOOD) Beat Bobby Flay
8 p.m. (46) (53) Next Level Chef
(FOOD) Beat Bobby Flay
8:30 p.m. (FOOD) Beat Bobby Flay
9 p.m. (FOOD) Beat Bobby Flay

FRIDAY

Noon (FOOD) Diners, Drive-Ins and Dives
12:30 p.m. (FOOD) Diners, Drive-Ins and Dives
1 p.m. (FOOD) Diners, Drive-Ins and Dives
1:30 p.m. (FOOD) Diners, Drive-Ins and Dives
2 p.m. (FOOD) Diners, Drive-Ins and Dives
2:30 p.m. (FOOD) Diners, Drive-Ins and Dives
3 p.m. (FOOD) Diners, Drive-Ins and Dives
3:30 p.m. (FOOD) Diners, Drive-Ins and Dives
4 p.m. (FOOD) Diners, Drive-Ins and Dives
4:30 p.m. (FOOD) Diners, Drive-Ins and Dives
5 p.m. (FOOD) Diners, Drive-Ins and Dives
5:30 p.m. (FOOD) Diners, Drive-Ins and Dives
6 p.m. (FOOD) Diners, Drive-Ins and Dives
6:30 p.m. (FOOD) Diners, Drive-Ins and Dives
7 p.m. (FOOD) Diners, Drive-Ins and Dives
7:30 p.m. (FOOD) Diners, Drive-Ins and Dives
8 p.m. (FOOD) Diners, Drive-Ins and Dives
8:30 p.m. (FOOD) Diners, Drive-Ins and Dives
9 p.m. (FOOD) Diners, Drive-Ins and Dives

SATURDAY

10 a.m. (13) QED Cooks
(FOOD) The Pioneer Woman
10:30 a.m. (13) America's Test Kitchen
(FOOD) The Pioneer Woman
11 a.m. (13) Christopher Kimball's Milk Street Television
(FOOD) The Kitchen
11:30 a.m. (6) Recipe Rehab
(13) Lidia's Kitchen
(24) A Taste of History
Noon (13) Pati's Mexican Table
(24) TasteMAKERS
(FOOD) Girl Meets Farm
12:30 p.m. (13) The Dooky Chase Kitchen: Leah's Legacy
(FOOD) Girl Meets Farm
1 p.m. (13) Cook's Country
(FOOD) Bobby's Triple Threat
2 p.m. (FOOD) Bobby's Triple Threat
3 p.m. (FOOD) Bobby's Triple Threat
4 p.m. (FOOD) Bobby's Triple Threat
4:30 p.m. (24) Christopher Kimball's Milk Street Television
5 p.m. (24) Cook's Country
(FOOD) Diners, Drive-Ins and Dives
5:30 p.m. (24) America's Test Kitchen
(FOOD) Diners, Drive-Ins and Dives
6 p.m. (FOOD) Diners, Drive-Ins and Dives
6:30 p.m. (FOOD) Diners, Drive-Ins and Dives
7 p.m. (FOOD) Diners, Drive-Ins and Dives
7:30 p.m. (FOOD) Diners, Drive-Ins and Dives
8 p.m. (FOOD) Diners, Drive-Ins and Dives
8:30 p.m. (FOOD) Diners, Drive-Ins and Dives
9 p.m. (FOOD) Diners, Drive-Ins and Dives

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Disney+ this week

By Raye Smith
TV Media

"Assembled: The Making of Echo"

Fans get an exclusive peak into the magic behind the action when "Marvel Studios' Assembled: The Making of Echo" premieres on Disney+ Wednesday, Jan. 31. In this "Hawkeye" spinoff, Maya Lopez (new talent Alaqua Cox), Marvel's first-ever deaf Indigenous superhero, is pursued by Wilson Fisk's (Vincent D'Onofrio, "Godfather of Harlem") criminal empire. When the journey brings her home to America's Heartland after a tumultuous childhood in New York City, she must confront her own family and legacy, and embrace her Native American roots if she ever hopes to move forward. Now, "Assembled" goes behind the scenes of the groundbreaking series, exploring "how the cast and crew learned American Sign Language to create a more inclusive and accessible on-set environment" and how "the filmmakers taking unprecedented steps

to portray Native American culture truthfully, and without artifice" (per Disney+). The series also gives a sneak peek into how the stars brought their heroes and villains to life, before culminating with "viewers getting a front-row seat to Marvel Studios' and Choctaw Nation's first collaboration on a powwow" (Disney+). The five-episode series also stars Chaske Spencer ("The English"), Graham Greene ("The Green Mile," 1999), Tantoo Cardinal ("Killers of the Flower Moon," 2023), Devery Jacobs ("Reservation Dogs"), Zahn McClarnon ("Dark Winds") and Cody Lightning ("Hey, Viktor!", 2023).

"Me & Mickey Shorts" - Season 2, New Episodes

The fun continues when 17 new episodes from Season 2 of "Me & Mickey" make their streaming debut, Wednesday, Jan. 31, on Disney+, inviting preschoolers to laugh and learn along with the much beloved Mickey Mouse (voiced by Bret Iwan, "Mickey and

Friends Trick or Treats," 2023). The series — in a new format for this long standing character — follows Mickey through a variety of topics in vlog-style video shorts, allowing kids a bright and colorful glimpse into the everyday life of one incredibly popular mouse. From morning and nighttime routines to packing a backpack, identifying shapes, making music and more, Mickey discusses topics that are important, educational, useful and easy to follow. Each episode prepares preschoolers to take on the next big steps in life, like starting kindergarten. The series also welcomes little ones to take part in fun games, activities and challenges, like "Super Silly Stare Off," "Talk Like a Pirate" and "Super Silly Dance Party," encouraging kids — and their parents — to get all their wiggles out along the way.

"Mickey Mouse Funhouse" - Season 2, New Episodes

From Pirates to dinosaurs to superheroes, Mickey, Minnie and the gang are ready to

see it all when Season 2 of "Mickey Mouse Funhouse" continues with four new episodes, streaming Wednesday, Jan. 31, on Disney+. Mickey Mouse (Bret Iwan, "Mickey Mouse Mixed-Up Adventures") and friends are back and ready for some adventures as they explore imaginative worlds and magical kingdoms with their new pal, Funny (Harvey Guillen, "What We Do in the Shadows"), a talking, shape-shifting funhouse. Living in the Funhouse Forest, just outside of Hot Dog Hills, the sensational six best friends include Mickey, Minnie (Kaitlyn Robrock, "Frozen II," 2019), Donald Duck (Tony Anselmo, "DuckTales"), Daisy Duck (Debra Wilson, "MADtv"), Goofy (Bill Farmer, "Amphibia") and Pluto (also Farmer) to imaginative worlds and adventures suitable for the whole family. The gang heads to all new locations this season, visiting Pirate World, Underwater Ocean World, Herotropolis and more, stopping to see some more familiar spots along the way. This season also features the return



Alaqua Cox in "Echo"

of John Stamos ("Big Shot") as the voice of Captain Salty Bones and also voice stars Yvette Nicole Brown (Disney Junior's "Firebuds"), Lois Chimimba ("The One"), Alice Lee ("Zoey's Extraordinary Playlist"), Yasmine Al Massri ("Quantico"), Jee Young Han ("Perry Mason"), Brock Powell ("Hamster & Gretel"), Jim Cummings ("Christopher Robin," 2018), April Winchell ("Recess") and Corey Burton ("Atlantis: The Lost Empire," 2001).




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②	KDKA	2	CBS News Sunday Morning (N)			Face the Nation (N)		To Be Announced	NFL Champ. Chase (N)		The NFL Today (L) (N)				NFL Football AFC Championship: Teams TBA Football action from around the National Football League. (L) (N)							2	2		
④	WTAE	4	Pittsburgh's Action News 4 (N)		This Week (N)		Soledad O'Brien (N)	WTAE Listens	Hearts of Heroes (N)	To Be Announced	X Games Aspen 2024 (N)					Australian Open 2024 Week 2 (N)		To Be Announced	To Be Announced	4	4				
⑤	WDTV	5	CBS News Sunday Morning (N)			Face the Nation (N)		Elder Care	NFL Champ. Chase (N)		The NFL Today (L) (N)				NFL Football AFC Championship: Teams TBA (L) (N)							▶	-	-	
⑦	WTRF	-	CBS News Sunday Morning (N)			Face the Nation (N)		Recipe	NFL Champ. Chase (N)		The NFL Today (L) (N)				NFL Football AFC Championship: Teams TBA (L) (N)							▶	-	-	
⑨	WTOV	-	Meet the Press (N)		Sharyl Attkisson	Paid Program	Paid Program	Paid Program	IMSA Weathertech SportsCar Championship Rolex 24 at Daytona (L) (N)			Chasing Gold: Paris 2024		Figure Skating U.S. Championships: Men's Free Skate From Nationwide Arena in Columbus, Ohio. (L) (N)							-	-			
⑪	WPXI	11	Sunday Today (N)		Meet the Press (N)		Business	Paid Prog.	IMSA Weathertech Rolex 24 at Daytona (L) (N)			Chasing Gold		Figure Skating U.S. Championships: Men's Free Skate (L) (N)							11	11			
⑫	WBOY	12	Sunday Today (N)		Meet the Press (N)		Jewel City Church	IMSA Weathertech Rolex 24 at Daytona (L) (N)			Chasing Gold		Figure Skating U.S. Championships: Men's Free Skate (L) (N)							-	-				
⑬	WQED	13	Members' Favorite						Members' Favorite						Members' Favorite						13				
⑫⑫	WCWB	22	NEW Shark Deep Carpet Cleaner		Paid Program	Paid Program	NEW Shark Deep Carpet Cleaner		Women's College Basketball North Carolina at Virginia (L) (N)			Chicago P.D. "The Docks"		The Goldbergs	The Goldbergs	Last Man Standing	Last Man Standing	The Rookie "Backstabbers"		19	19				
⑫⑫	WNPB	8	Native Report	Cherokee People	Story Road	Pocket Sketching	Best of Sewing	It's Sew Easy	Love of Quilting	Quilting Arts	Painting and Travel	Paint This-Jerry	Inside the Warren Commission	Keeper of the Flame			Cara Romero	Talking Black		-	-				
⑫⑫	WVFX	14	Xploration DIY Sci	Nature	FOX News Sunday (N)	Biz Kid\$	DragonFlyTV	Hunt Masters	Raised Hunting	College Basketball Purdue at Rutgers From Jersey Mike's Arena in Piscataway, N.J. (L) (N)			Last Man Standing	Last Man Standing	Mom	Mom	Big Deal	Paid Program	-	-					
⑤③	WPGH	6	FOX News Sunday (N)		Attkisson	On Money	Paid Prog.	Paid Prog.	Two Men	Big Bang	College Basketball Purdue at Rutgers (L) (N)			★★★ Warrior (2011, Action) Tom Hardy, Nick Nolte, Joel Edgerton.							53	53			
	A&E	43	Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Zombie House Flipping			Booked: First Day In			Booked: First Day In			The First 48	The First 48		118	265			
	AMC	63	★★★★ The Replacements ('00) Keanu Reeves. A football coach (Gene Hackman) recruits ragtag players during a strike.				★★★★ Gladiator (2000, History) Joaquin Phoenix, Connie Nielsen, Russell Crowe. Gen. Maximus (Russell Crowe) seeks revenge for his family's deaths.				★★★ Armageddon ('98) Billy Bob Thornton, Bruce Willis. A NASA rep recruits an oil driller and his team of mavericks to save Earth from an asteroid.				▶				130	254					
	ANPL	40	North Woods Law		North Woods Law		Yellowstone Wardens		Yellowstone Wardens		Yellowstone Wardens		Yellowstone Wardens		Lone Star Law		Lone Star Law		Lone Star Law		184	282			
	BET	61	Jamie Foxx	Prince	Prince	Prince	Prince	★★ Tyler Perry's Meet the Browns ('08) Tyler Perry.				★★ First Sunday ('08) Katt Williams, Tracy Morgan, Ice Cube.				★★ What Men Want ▶				875	329				
	BRAVO	57	Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		Vanderpump Rules		129	237			
	AT&TSP	37	Outdoor	Polaris	The Lombardi Line (L) (N)			Musburger Pregame			C. Moore	Penguins	Wm. Basketball Loyola-Chicago at Duquesne (N)		NHL Hockey						-	-			
	CMT	82	Hot 20 Countdown						Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	King	King	166	327			
	CNBC	45	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Skating ISU World Cup	Freestyle Ski.		Shark Tank	Shark Tank		Shark Tank				208	355			
	CNN	32	State of Union (N)		Fareed Zakaria GPS (N)		Inside Politics (N)		State of Union		Fareed Zakaria GPS		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		200	202			
	COM	51	Parks	Parks	★★ We're the Millers ('13) Jason Sudeikis, Jennifer Aniston.			★★★ The Other Guys ('10) Mark Wahlberg, Will Ferrell.				South Park		South Park	South Park	South Park	South Park	South Park	South Park	107	249				
	CSN	-	Benny vs.	Football	Inside Golf	Golfer	Bensinger	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Wm. Basketball Towson at Delaware (L) (N)			World Poker Tour				World Poker Tour		424	642			
	DISC	53	Moonshiners "Beer Before Liquor"		Moonshiners "The Drunkest President"		Hustlers Gamblers " \$4.5 Million Gamble"		Hustlers Gamblers "Atlantic City Outlaw"		Homestead Rescue "Troubled Water"		Homestead Rescue "Texas Rift" A family of homesteaders are on the brink of disintegration.				Homestead Rescue "Land of Fire and Ice" The Raneys battle still-frozen ground to secure water.				182	278			
	DISN	41	★★★★ A Bug's Life ('98) Dave Foley.		Big City Greens	Big City Greens	Big City Greens	LEGO Friends	Miraculous: Ladybug	Miraculous: Ladybug	Miraculous: Ladybug	Miraculous: Ladybug	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	172	290			
	EI	98	NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		★★★ Ghostbusters ('84) Dan Aykroyd, Bill Murray.				★★ Ghostbusters II Bill Murray.				▶	114	236		
	ESPN	35	SportsCenter (L) (N)		SportsCenter (L) (N)		SportsCenter (L) (N)		Postseason NFL Countdown (L) (N)					Women's College Basketball Teams TBA (L) (N)					College Basketball	▶	140	206			
	ESPN2	36	▶ ESPN BET 2024 Australian Open Tennis Men's Championship					Basketball North Texas at Florida Atlantic					College Basketball SMU at Wichita State (L) (N)					College Basketball					▶	144	209
	EWTN	265	Litany	Live With	EWTN Book	Pro-Life	EWTN News	In-Depth	Sunday Mass			Litany			In Concert "Verdi's Requiem"			Chaplet	Rosary	Vaticano	Savoring	Vespers	Sunday	261	370
	FLIX	235	Hateship LoveShip		★★★★ The Diving Bell and the Butterfly			★★ Flesh and Bone ('93) Dennis Quaid.			★★★★ Pride ('14) Imelda Staunton, Bill Nighy.			★★★★ A Single Man ('09) Colin Firth.							333	557			
	FNC	33	FOX and Friends (L) (N)		Maria Bartiromo (L) (N)		MediaBuzz (L) (N)		Fox News Live (L) (N)		Fox News Live (L) (N)		FOX News Sunday (N)		Maria Bartiromo		Fox News Live (L) (N)		FOX Saturday		205	360			
	FOOD	39	Pioneer	Pioneer	Pioneer	Pioneer	Magnolia	Magnolia	Mary Ma.	Mary Ma.	The Kitchen		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		110	231			
	Freeform	50	▶ Wonder	★★★ Ron's Gone Wrong ('21) Zach Galifianakis.				★★★ Smallfoot ('18) Channing Tatum.			★★★ Despicable Me ('10) Steve Carell.			★★★ Despicable Me 2 ('13) Steve Carell.					▶	180	311				
	FX	47	▶ Amazing Spider-Man		★★ The Amazing Spider-Man 2 ('14) Emma Stone, Andrew Garfield.					★★★ Spider-Man: Homecoming ('17) Michael Keaton, Tom Holland.			★★★ Spider-Man: Far From Home					▶				136	248		
	GOLF	38	PGA Tour Golf Farmers Insurance Open, Final Round From Torrey Pines South Course in San Diego.							LPGA Tour Golf LPGA Drive On Championship, Final Round (L) (N)							Golf					▶	401	218	
	HALL	255	Very, Very, Valentine ('18) Danica McKellar.				Raise a Glass to Love ('21) Laura Osnes.				My Secret Valentine ('18) Lacey Chabert.				Dating the Delaneys ('22) Rachel Boston.				Romance With a Twist ▶				185	312	
	HBO	201	★★★★ XXX: State of the Union			★★ Post Grad ('09) Alexis Bledel.			▶ I, Frankenstein Aaron Eckhart.		★★★★ Skyfall ('12) Judi Dench, Javier Bardem, Daniel Craig.				Real, Bill Maher			Lil Nas X: Long Live M... ▶				300	501		
	HBO2	202	Movie	Real, Bill Maher		★★ Wall Street: Money Never Sleeps ('10) Michael Douglas.					★★ Focus ('15) Will Smith.			★★ Body of Lies ('08) Russell Crowe, Leonardo DiCaprio.			Edge of Tomorrow ▶				301	502			
	HGTV	58	Rico to the Rescue		Battle on the Mountain "Kitchen Clash"			Down Home Fab		Down Home Fab		Down Home Fab		Down Home Fab		Down Home Fab		Home Town		112		229			
	HIST	31	The Cars That Made America "Part 1"			The Cars That Made America "Part 2"					The Cars That Made America "Part 3"					Built America					Built America		120	269	
	LIFE	29	J. Osteen	Paid Prog.	Theresa Caputo		Theresa Caputo		Her Fiancé's Double Life ('23) Olivia Buckle.			How to Murder Your Husband: Nancy Brophy Story			Her Affair to Die For ('23) Meghan Carrasquillo.					108		252			
	MAX	270	▶ Cyrus	Cooties ('14) Alison Pill, Elijah Wood.			★★ John Dies at the End			★★★★ Hustle & Flow ('05) Terrence Howard.			★★ Office Space Ron Livingston.			★ Killing Me Softly ('02) Heather Graham.					310		515		
	MMAX	271	▶ Little Woods		★★ Blown Away ('94) Jeff Bridges.			★★ The Forbidden Kingdom			★★ Knowing ('09) Rose Byrne, Nicolas Cage.			★★ The Strangers: Prey at Night			★★ The Hunted ▶				312	517			
	MSNBC	266	The Weekend (L) (N)		Velshi (L) (N)		Velshi (L) (N)		With Jen Psaki (L) (N)		Alex Witt Reports (N)		Alex Witt Reports (N)		Alex Witt Reports (N)		Prime: Weekend (N)		PoliticsNation (L) (N)		209	356			
	MTV	49	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	▶ Tammy ('14) Susan Sarandon, Melissa McCarthy.	★★★★ Friends With Benefits ▶							160	331			
	NEWSN	27	Morning In America		Blue Bloods		Blue Bloods "Legacy"		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods "Your Six"		Blue Bloods		239	307			
	NICK	42	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	170	299			
	PARMT	59	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue "Still Bill"		168	241			
	SHO	221	★★★★ You Hurt My Feelings			★★★★ The Fighter ('10) Mark Wahlberg.			★★ The Yards ('00) Mark Wahlberg.			★★ Southpaw ('15) Jake Gyllenhaal.			Everything Everywhere All at Once ▶							318	545		
	SHO2	222	★★★★ Road to Perdition			★★★★ World War Z ('13) Mireille Enos, Brad Pitt.			★★ Allied ('16, Hist) Marion Cotillard, Jared Harris, Brad Pitt.			★★★★ Road to Perdition ('02) Tom Hanks.			No Country for Old Men ▶							320	547		
	SYFY	54	★★★★ Harry Potter and the Goblet of Fire Daniel Radcliffe.			★★★★ Harry Potter and the Order of the Phoenix ('07) Daniel Radcliffe.			★★★★ Harry Potter and the Half-Blood Prince ('09) Rupert Grint, Daniel Radcliffe.													122	244		
	TBS	34	★★★★ Gemini Man ('19) Will Smith.			★★★★ Star Wars: The Force Awakens ('15) Mark Hamill, Harrison Ford.			★★★★ Star Wars: The Last Jedi (2017, Sci-Fi) Carrie Fisher, Adam Driver, Mark Hamill.			Star Wars: Rise of Sky... ▶							139	247					
	TCM	141	▶ Just the Way You Are		★★ Woman in Hiding ('49) Ida Lupino.			★★★★ Love Crazy ('41) William Powell.			★★★★ Gay Purr-ee Judy Garland.			★★★★ Silk Stockings ('57) Cyd Charisse, Fred Astaire.							132		256		
	TLC	52	90 Day Diaries		90 Day Diaries		Love & Translation		90 Day		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		90 Day Fiancé		183	280			
	TNT	56	NCIS: New Orleans		NCIS: New Orleans		NCIS: New Orleans		★★★★ Wonder Woman ('17, Action) Chris Pine, Connie Nielsen, Gal Gadot.			★★★★ The Hunger Games ('12) Josh Hutcherson, Jennifer Lawrence.			138							245			
	TOON	83	Scooby-Doo! & Batman: Brave & the ...			WeBare		WeBare	WeBare	Looney	Looney	Teen/Teen	Teen/Teen	Teen/Teen	Teen/Teen	Gumball	Gumball	Tiny Toon	Tiny Toon	Futurama	Futurama	176	296		
	TRAV	46	Mysteries at		Mysteries at		Mysteries at		Cleopatra: Mys.			Mysteries at the Louvre			Buckingham Palace		White House		Paranormal Cam.		215	277			
	TRUTV	259	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		204	246			
	TVLAND	60	Gold. Girls	Gold. Girls	Gold. Girls	Gold. Girls	Gold. Girls	Gold. Girls	Gold. Girls	Gold. Girls	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	106	304			
	USA	55	▶ IMSA Weathertech SportsCar Championship Rolex 24 at Daytona (L) (N)			Law & Order: SVU			Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		105	242			
	VH1	48	Cheaters		Cheaters		Love & Hip Hop Miami		The Impact NYC		Martin		Martin		★★ First Sunday ('08) Katt Williams, Ice Cube.			The Temptations ▶				162	335		
	WE	140	Paid Prog.	Paid Prog.	Law & Order		Law & Order		Law & Order		Law & Order		Law & Order		S.W.A.T. "1000 Joules"		S.W.A.T. "School"		S.W.A.T. "Los Huesos"		128	260			
	TMC	351	★★★★ The Host Song Kang-ho.			Out of the Blue ('22) Diane Kruger.		★★ The Best Offer ('13) Geoffrey Rush, Jim Sturgess.			Deadly Cuts ('21) Victoria Smurfit.			Follow Her ('22) Luke Cook.					Tollbooth ▶		327	554			

SUNDAY PRIME TIME

C = Comcast S1 = DISH S2 = DIRECTV

JANUARY 28, 2024

	C	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
②	KDKA	2	⚡ NFL Football	CBS News	60 Minutes (N)	Yellowstone "All for Nothing" (N)	Yellowstone "The Beating" (N)	Yellowstone "I Killed a Man Today" (N)	Yellowstone "I Killed a Man Today" (N)	News at Eleven (N)	Cochran Sports ▶	2	2		
④	WTAE	4	ABC World News (N)	Action News 4 (N)	America's Funniest Home Videos	★★★ The Parent Trap	Lindsay Lohan. Separated twin sisters (Lindsay Lohan) plot to reunite parents (Dennis Quaid, Natasha Richardson).	Abbott Elementary	Action News 4 (N)	Action News 4 (N)	4	4			
⑤	WDTV	5	⚡ Football	5 News at	60 Minutes (N)	Yellowstone (N)	Yellowstone (N)	Yellowstone (N)	5 News	Invest. ▶	-	-			
⑦	WTRF	-	⚡ Football	CBS News	60 Minutes (N)	Yellowstone (N)	Yellowstone (N)	Yellowstone (N)	TBA	News	-	-			
⑨	WTOV	-	News 9 at Six (L) (N)	NBC Nightly News (N)	America's Got Talent: Fantasy League "Qualifiers 4" The qualifiers conclude; five acts go on to the semifinals.	Dateline NBC (N)	Dateline NBC (N)	Dateline NBC (N)	News 9 Tonight (N)	Sports Sunday (N)	-	-			
①①	WPXI	11	Channel 11	NBC News	America's Got Talent: Fantasy League "Qualifiers 4"	Dateline NBC (N)	Dateline NBC (N)	Dateline NBC (N)	Channel 11	The Final ▶	11	11			
①②	WBOY	12	TBA	NBC News	America's Got Talent: Fantasy League "Qualifiers 4"	Dateline NBC (N)	Dateline NBC (N)	Dateline NBC (N)	TBA	12 News	-	-			
⑬	WQED	13	Members' Favorite	Miss Scarlet and the Duke on Masterpiece "Origins"	Miss Scarlet "The Diamond Feather" (N)	All Creatures Great "By the Book" (N)	Funny Woman (N)	Nina "The Return"			13	13			
②②	WCWB	22	9-1-1 "Fear-o-Phobia"	★★ Jumanji (1995, Children) Magic board-game summons perils, missing guy (Robin Williams).	Bonnie Hunt, Kirsten Dunst, Robin Williams.	The Conners	Channel 11 News on Fox 53 at 10 (N)	Cook Family Size Meals Faster			19	19			
②④	WNPB	8	PBS News Weekend (N)	WVU	Doc Martin "I Will Survive"	Miss Scarlet "The Diamond Feather" (N)	All Creatures Great "By the Book" (N)	Funny Woman (N)	Austin City Limits "Pat Benatar & Neil Giraldo"		-	-			
④⑥	WVFX	14	NFL on FOX Pregame (N)	NFL Football (L) (N)	NFC Championship: Teams TBA	Football action from around the National Football League.	Next Level Chef "Auditions - Social Media" (SP) (N)	Gray Sports World	Carcass		-	-			
⑤③	WPGH	6	Pregame	NFL Football	NFC Championship: Teams TBA (L) (N)	Next Level Chef (N)	Sheldon	Sheldon	53	53					
A&E	43	The First 48	The First 48	The First 48 "Snatched"	The First 48	The First 48	The First 48	The First 48	▶	118	265				
AMC	63	⚡ ★★ Armageddon	★★ The Day After Tomorrow	(‘04) Dennis Quaid. A climatologist tries to locate his son after global warming leads to worldwide natural disasters.	Monsieur Spade "Episode 3" (N)	★★ The Day After Tomorrow	(2004, Action) Jake Gyllenhaal, Ian Holm, Dennis Quaid.	▶	130	254					
ANPL	40	Lone Star Law	Lone Star Law	Lone Star Law	Wardens of the North (N)	Wardens of the North	Wardens of the North	Wardens of the North		184	282				
BET	61	⚡ ★★ What Men Want	(‘19) Taraji P. Henson.	★★ Tyler Perry's I Can Do Bad All By Myself	(‘09) Taraji P. Henson, Tyler Perry.	Tyler Perry's the Family Th...	▶	875	329						
BRAVO	57	Vanderpump Rules	Housewives/Potomac	Housewives/Potomac (N)	Married to Medicine (N)	Housewives/Potomac	Medicine ▶	129	237						
AT&TSP	37	Wm. Basketball	Loyola-Chicago at Duquesne	Hunt	Raised	Martin	Musky	United CFC Mursa, Part 2	Champ. Kickboxing	-	-				
CMT	82	King	King	King	King	King	King	King	King	Reba	Reba	166	327		
CNBC	45	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank		208	355			
CNN	32	CNN Newsroom (N)	CNN Newsroom (N)	CNN Special Program	Martha "Setting the Table"	Many Lives of Martha	CNN Special Program		200	202					
COM	51	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	South Park	107	249			
CSN	-	World Poker Tour	Bensinger	Greatest	Go Racing	Parx Racing	Unbeatable	Women's College Basketball	Towson at Delaware	Poker ▶	424	642			
DISC	53	Homestead Rescue "Mesa Meltdown"	A young family is on the brink of giving up. (N)	Homestead Rescue "All My Stresses Live in Texas" The Raneys must execute a total homestead makeover. (N)	Homestead Rescue "Storm Shelter Showdown"	Homestead Rescue "Storm Shelter Showdown, Part 2"		182	278						
DISN	41	Kiff	Kiff	Kiff	Kiff	★★★ Onward	(‘20, Ani) Voices of Chris Pratt, Julia Louis-Dreyfus, Tom Holland.	Marvel's Moon Girl "Devil on Her Shoulder"	Marvel's Moon Girl	Marvel's Moon Girl	Marvel's Moon Girl	172	290		
EI	98	⚡ ★★ Ghostbusters II	★★★ Ghostbusters	(‘84, Com) Dan Aykroyd, Harold Ramis, Bill Murray.	★★ Ghostbusters II	(‘89) Dan Aykroyd, Sigourney Weaver, Bill Murray.		114	236						
ESPN	35	⚡ College Basketball	X Games Aspen 2024 (L) (N)	SportsCenter	NFL PrimeTime	(L) (N)	SportsCenter	(L) (N)	▶	140	206				
ESPN2	36	⚡ College Basketball	UFC Unleashed	Australian Open	Men's Championship From Melbourne Park in Melbourne, Victoria, Australia.	Featured		144	209						
EWTN	265	Great Books	Saints	Sunday Mass	Litany	Catholics	Life/Rock	Rosary	Gimme Hope	Mater	The Bench	I Forgive	261	370	
FLIX	235	★★★ Emma	(‘96) Jeremy Northam, Gwyneth Paltrow.	★★★ The Duchess	(‘08) Ralph Fiennes, Keira Knightley.	★★★ The English Patient	(‘96) Ralph Fiennes.	▶	333	557					
FNC	33	Fox Report (L) (N)	The Big Weekend Show	(N)	Life, Liberty & Levin	(N)	Sunday Night	(N)	The Big Weekend Show	Life, Liberty & Levin		205	360		
FOOD	39	Guy's Grocery Games	Guy's Grocery Games	Worst Cooks in America	(N)	Bobby's Triple Threat	Beat Bobby	Beat Bobby	110	231					
Freeform	50	★★ Despicable Me 3	(‘17) Steve Carell.	★★ Aladdin	(2019, Children) Mena Massoud, Naomi Scott, Will Smith.	★★★ Rudy ▶	180	311							
FX	47	⚡ Spider-Man: Far From Ho...	★★★ Spider-Man: No Way Home	(‘21) Zendaya, Benedict Cumberbatch, Tom Holland.	★★★ Spider-Man: No Way Home	(‘21) Tom Holland.	▶	136	248						
GOLF	38	⚡ Golf	Golf Central	(L) (N)	PGA Tour Golf	Farmers Insurance Open, Final Round From Torrey Pines South Course in San Diego.	▶	401	218						
HALL	255	⚡ Romance With a Twist	The Wedding Cottage	(‘23) Brendan Penny, Erin Krakow.	The Way Home	(N)	Golden Girls	Golden Girls	Golden Girls	Golden Girls	185	312			
HBO	201	Movie	★★★ Good Will Hunting	(‘97) Robin Williams, Ben Affleck, Matt Damon.	True Detective "Part 3" (N)	True Detective "Part 3" (N)	True Detective "Part 3" (N)	▶	300	501					
HBO2	202	⚡ ★★ Edge of Tomorrow	True Detective "Part 1"	True Detective "Part 2"	★★★ The Informant!	(‘09) Scott Bakula, Matt Damon.	★★★ Get Shorty	▶	301	502					
HGTV	58	Home Town	Home Town	Home Town	Home Town	(N)	Battle on the Mountain	"Kitchen Clash"		112	229				
HIST	31	Built America	Built America	Built America	Built America	Built America	"A Cold One"	Built America	▶	120	269				
LIFE	29	The Man With My Husband's Face	(‘23) Koko Marshall.	My Husband's Seven Wives	(‘24) Kristi Murdock. (P)	The Good Father: The Martin MacNeill Story	▶	108	252						
MAX	270	★★ Paycheck	(‘03) Aaron Eckhart, Ben Affleck.	★★ American Heist	Hayden Christensen.	★★★ Kingsman: The Secret Service	(‘14) Colin Firth.	★ Paranoia ▶	310	515					
MMAX	271	⚡ ★★ The Hunted	★★★ A Most Violent Year	(‘14) Oscar Isaac.	Barely Lethal	(‘15) Hailee Steinfeld.	★★★ Ingrid Goes West	Aubrey Plaza.	▶	312	517				
MSNBC	266	The Sunday Show	(L) (N)	Ayman	(L) (N)	Ayman	(L) (N)	Ayman		209	356				
MTV	49	⚡ Friends With Benefits	★★ Failure to Launch	(‘06) Matthew McConaughey.	★ Tammy	(‘14, Comedy) Susan Sarandon, Kathy Bates, Melissa McCarthy.				160	331				
NEWSN	27	Blue Bloods	NewsNation Prime	(L) (N)	NewsNation Prime	(L) (N)	NewsNation Prime	(L) (N)	NewsNation Prime		239	307			
NICK	42	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	170	299	
PARMT	59	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue		168	241			
SHO	221	⚡ Everything Everywhere Al...	The Woman "Back to Life"	Mayor of Kingstown	(N)	The Woman in the Wall	(N)	★★★★ The Godfather	(‘72) Al Pacino, Marlon Brando.	▶	318	545			
SHO2	222	⚡ No Country for Old Men	★★★ World War Z	(‘13) Mireille Enos, Brad Pitt.	★★ Allied	(‘16) Marion Cotillard, Jared Harris, Brad Pitt.	The Woman	(N)	▶	320	547				
SYFY	54	★★★ Harry Potter and the Deathly Hallows: Part 1	(‘10) Daniel Radcliffe.	★★★ Harry Potter and the Deathly Hallows: Part 2	(‘11) Daniel Radcliffe.					122	244				
TBS	34	⚡ ★★ Star Wars: The Rise of Skywalker	Carrie Fisher.	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Star Wars: Rise of Skywalker ▶	139	247			
TCM	141	★★★ Jezebel	(‘38) Henry Fonda, Bette Davis.	Why Be Good?	(‘29) Neil Hamilton.	★★★ The Scarlet Letter	(P) ★★ Success at Any Price	▶	132	256					
TLC	52	90 Day Fiancé "From This Day Forward"	90 Day Fiancé "Till Death Do Us Part" (N)	Love & Translation	(N)	90 Day Fiancé	(N)			183	280				
TNT	56	★★★ The Hunger Games: Catching Fire	(‘13) Jennifer Lawrence.	★★★ The Hunger Games: Mockingjay, Part 1	(‘14) Jennifer Lawrence.	Hunger Games: Mockingja... ▶	138	245							
TOON	83	Futurama	Futurama	Futurama	Futurama	Burgers	Burgers	American	American	American	American	Rick	Rick	176	296
TRAV	46	Paranormal Cam.	Paranormal Cam.	Doomsday- Ca.	Doomsday- Ca.	"Explosive Landscapes" (N)	Doomsday- Ca.			215	277				
TRUTV	259	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	204	246
TVLAND	60	Mike	Mike	Mike	Mike	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	106	304
USA	55	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	"Gray"	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU					105	242
VH1	48	⚡ The Temptations	★★ First Sunday	(‘08) Katt Williams, Ice Cube.	★★ Black Knight	(‘01) Martin Lawrence.	Living Single			162	335				
WE	140	S.W.A.T. "Encore"	S.W.A.T. "The B-Team"	S.W.A.T. "Fallen"	S.W.A.T. "Pride"	S.W.A.T. "Jack"	S.W.A.T. "Cash Flow"			128	260				
TMC	351	⚡ Tollbooth	Michael Smiley.	★★ The Best Offer	(‘13) Geoffrey Rush, Jim Sturgess.	Headhunters	(‘11) Nikolaj Coster-Waldau, Aksel Hennie.	Mercy	(‘23) Leah Gibson.	▶	327	554			

Sunday Best Bets



Kahlil as seen in "Love & Translation"

60 Minutes
② ⑥ ⑦ 7 p.m.
From politics to pop culture, CBS News correspondents, including Lesley Stahl, Bill Whitaker, Sharyn Alfonsi and Anderson Cooper, investigate the country's most pressing issues across multiple segments during each new episode of this hour-long telecast.

Worst Cooks in America
⑦ 8 p.m.
Chefs Anne Burrell and Tiffany Derry thought they had seen and tasted it all, but this latest group of recruits shows no signs of finding the bottom of culinary ineptitude. Even a trip to the supermarket is cause for stress in this competition.

Monsieur Spade
⑧ 9 p.m.
Taking place 20 years after the events of the novel "The Maltese Falcon," this series finds Sam Spade (Clive Owen) retired, living in a small French town. Now 1963, the war has ended, and in a very short time, so, too, will Spade's tranquility.

Love & Translation
⑧ 10 p.m.
Kahlil, Tripp and Dylan are three American guys who've been dropped into paradise with nine beautiful women from various international destinations. The only problem is that none of these people speak the same language — and there are no translators.



hulu this week

By Staff Writers

TV Media

"Feud: Capote vs. The Swans"

The second installment in Ryan Murphy's ("American Horror Story") Feud anthology, FX's "Feud: Capote vs. The Swans" premieres Thursday, Feb. 1, on Hulu. Based on Laurence Leamer's bestselling book, "Capote's Women: A True Story of Love, Betrayal, and a Swan Song for an Era," this eight-episode limited series digs into the life of acclaimed novelist and screenwriter Truman Capote (portrayed by Tom Hollander, "Pride & Prejudice," 2005). Surrounding himself with a close circle of rich, glamorous socialites "who defined a bygone era of high society New York" (per FX), whom he calls "the Swans" — including grande dame Barbara "Babe" Paley (Naomi Watts, "The Watcher"), Slim Keith (Diane Lane, "House of Cards"), C.Z. Guest (Chloe Sevigny, "Big Love") and Lee Radziwill (Calista Flockhart, "Ally McBeal") — Capote befriended them and became their confidant, placing himself seamlessly within their lives. When Capote doles out the ultimate betrayal by exposing their deepest secrets in the writing a thinly veiled, fictionalized account of their lives, he quickly finds himself banished from high society and is sent spiralling into self-destruction. Written for television by Jon Robin Baitz ("Brothers & Sisters"), "Capote vs. The Swans" is directed by Gus Van Sant ("Elephant," 2003), Max Winkler ("Minx") and Jennifer Lynch ("American Horror Story").

The series also stars Demi Moore ("Ghost," 1990) as Ann "Bang-Bang" Woodward, Molly Ringwald ("The Breakfast Club," 1985) as Joanne Carson, Treat Williams ("Everwood") as Bill Paley, Joe Mantello ("American Horror Story") as Jack Dunphy, and Russell Tovey ("Being Human") as John O'Shea.

"Genius: MLK/X"

For the first time in its run, the anthology series "Genius" expands its borders to tell the entwining story of two iconic historical figures for its fourth installment. Streaming on Hulu (and Disney+) Friday, Feb. 2, "Genius: MLK/X" explores the lives of Martin Luther King Jr. (Kelvin Harrison Jr., "Godfather of Harlem") and Malcolm X (Aaron Pierre, "The Underground Railroad"). Following King and X through their formative years to adulthood, when their dueling philosophies became foundational to the American civil rights movement, the story looks at how their identities were formed by their unique upbringings and the traumatic injustices they experienced. From creator Jeff Stetson ("Containment"), with showrunners and executive producers Raphael Jackson Jr. and Damione Macedon (both of "Power"), "Genius: MLK/X" is inspired by "The Sword and the Shield: The Revolutionary Lives of Malcolm X and Martin Luther King Jr.," by Peniel E. Joseph. The cast also includes Weruche Opia ("I May Destroy You"), Jayme Lawson ("The Batman," 2022), Ron Cephas Jones ("This Is Us"), Gary Carr ("Death in Para-



Tom Hollander in "FEUD: Capote vs. The Swans"

dise"), Hubert Point-Du Jour ("Dr. Death") and Lennie James ("The Walking Dead").

"Love & WWE: Bianca & Montez"

WWE stars Bianca Belair and Montez Ford bring their sparkling relationship to the small screen in their new reality series, "Love & WWE: Bianca & Montez," when it premieres Friday, Feb. 2, on Hulu. Giving fans a sneak peek into their busy personal lives, WWE's hottest couple let cameras follow them on the wild road to WrestleMania, as Bianca fights to hold on to her title and Montez continues his climb to the top. Surrounded by a tight-knit group of friends and family, along with their fellow WWE superstars, the couple give it their all to stay at the top of their game. Produced

by WWE and Wheelhouse's Spoke Studios, "Love & WWE: Bianca & Montez" comes from executive producers Kevin Dunn ("WWE Smackdown!") and Chris Kaiser ("Biography: WWE Legends") for WWE and Pam Healey ("Secret Chef"), Will Nothacker ("Tricked"), Liz Fine ("Buying Beverly Hills"), Russ Friedman ("Total Divas") and Jayson Elmore ("Restaurant: Impossible") for Spoke.

"Brian Banks" (2018)

Directed by Tom Shadyac ("I Am," 2010) and written by Doug Atchison ("Akeelah and the Bee," 2006), this 2018 film tells the real-life story of a NFL hopeful plucked from the field and put behind bars. Wrongfully imprisoned for six years, see how

exonerated linebacker Brian Keith Banks found his way back to the game in "Brian Banks," available now to stream on Hulu. This fictional adaptation of Banks' experience stars Aldis Hodge ("Hidden Figures," 2016) as the formerly accused player, who is now on parole after being imprisoned for an incident that took place 11 years prior, in which a high school classmate wrongfully accused Banks of sexual assault. Following the advice of his lawyer, Banks first pled no contest, and was soon sentenced to six years in prison. Now 27, the film begins as Banks approaches the California Innocence Project in hopes of clearing his name, the first step in a process that eventually cleared the man of any and all convictions and led to his return to the NFL.



Montez Ford and Bianca Belair star in "Love & WWE: Bianca & Montez"



Aldis Hodge stars in "Brian Banks"

prime video this week

By Andrew Silver
TV Media

"Transformers: Rise of the Beasts" (2023)

Get ready for the Beast Wars as "Transformers: Rise of the Beasts" is available now on Prime Video. When the planet-eating robot, Unicron (Colman Domingo, "Fear the Walking Dead"), devours the homeworld of an advanced race of Transformers known as the Maximals, Optimus Primal (Ron Pearlman, "Hellboy," 2004) and his Beasties flee to Earth with a key that can create portals in space and time. However, the key sends the Maximals to the distant past. When Unicron and his Terrorcon army threaten the Earth a millennia later, the Maximals awaken to help their ancestors, the Autobots, keep their new homeworld from becoming the menacingly massive robot's lunch. However, how does one stop a robot the size of a planet? Directed by Steven Caple Jr. ("Creed II," 2018) and with a screenplay by Joby Harold ("Obi Wan Kenobi"), Darnell Metayer ("BMF"), Josh Peters ("BMF"), Erich Hoeber ("Battleship," 2012) and Jon Hoeber ("Meg 2: The Trench," 2023), the film stars Anthony Ramos ("A Star Is Born," 2018) as Noah Diaz, Luna Lauren Velez ("Spider-Man: Across the Spider-Verse," 2023) as Breanna Diaz, Dominique Fishback ("Swarm") as Elena Wallace and Peter Cullen ("Bumblebee," 2018) as Optimus Prime. The cast also includes Peter Dinklage ("Game of Thrones"), Michelle Yeoh ("Everything Everywhere All at Once," 2022), Pete Davidson ("The King of Staten Island," 2020), Liza Koshy ("Ruby



Dominique Fishback and Anthony Ramos star in "Transformers: Rise of the Beasts"

Gillman: Teenage Kraken," 2023) and John DiMaggio ("Futurama").

"Airplane!" (1980)

Enjoy the nuanced parody of the disaster film genre in comedy classic "Airplane!," currently available to stream on Prime Video. Ted Striker (Robert Hays, "Superhero Movie," 2008) is an ex-fighter pilot with a fear of flying and unique drinking problem: he can't seem to get beverages in his mouth. Due to

Ted's odd behaviour and inability to keep a job, his girlfriend, Elaine Dickenson (Julie Hagerty, "Marriage Story," 2019), decides to end their relationship right before leaving for her job as a flight attendant. Unable to face facts, Ted decides to buy a ticket on the flight Elaine is working on to win her back. What ensues is a series of unfortunate and hilarious events, which leads to Ted having to conquer his fear and safely land the titular airplane. In addition to Hays and Hagerty,

the cast includes Leslie Nielsen ("The Naked Gun 2½: The Smell of Fear," 1991), Kareem Abdul-Jabbar ("Glass Onion," 2022), Lloyd Bridges ("Hot Shots!," 1991), Peter Graves ("Mission: Impossible"), Lorna Patterson ("Goodtime Girls"), Robert Stack ("Written on the Wind," 1956) and the inflatable balloon man Otto. Moreover, "Airplane!" served as the directorial debuts for the writing trio of Jim Abrahams ("Top Secret!," 1984) and bothers David ("The Naked Gun: From the Files of Police Squad!," 1988) and Jerry Zucker ("Rat Race," 2001).

"Bad Boys" and "Bad Boys II"

Whatcha gonna do when this duo of crime-fighting bad boys comes for you? Find out as director Michael Bay's ("Armageddon," 1998) "Bad Boys" and "Bad Boys II" are available right now on Prime Video for your viewing pleasure. Will Smith ("Men in Black," 1997) and Matthew Lawrence ("Big Momma's House," 2000) star as Miami Police Department detectives and friends Mike Lowry and Marcus Burnett, respectively. In the first movie, Lowry and Burnett need

to reclaim \$100 million of seized heroin stolen from evidence before Internal Affairs shuts down their department. Taking place eight years following the events of "Bad Boys," the second movie follows the duo as they investigate organizations trafficking drugs into Miami. With writing credits from George Gallo ("Midnight Run," 1988), Michael Barrie ("Late Show with David Letterman"), Jim Mulholland ("Oscar," 1991) and Doug Richardson ("Die Hard 2," 1990), "Bad Boys" stars Téa Leoni ("Jurassic Park III," 2001), Tchéky Karyo ("The Patriot," 2000), Theresa Randle ("Spawn," 1997), Marg Helgenberger ("CSI: Crime Scene Investigation"), Nestor Serrano ("The Day After Tomorrow," 2004) and Julio Oscar Mechoso ("Blue Streak," 1999). Including writing credits from Ron Shelton (), Jerry Stahl () and husband-wife team of Cormac () and Marianne Wibberley (), "Bad Boys II" stars Jordi Mollà ("Riddick," 2013), Gabrielle Union ("Bring It On," 2000), Peter Stormare (" Fargo," 1996) and Joe Pantoliano ("Memento," 2000).



Martin Lawrence and Will Smith in "Bad Boys"



Leslie Nielsen and Robert Hays in "Airplane!"

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NETFLIX this week

By Staff Writers

TV Media

"Orion and the Dark" (2024)

Conquer your fears with the new animated family film "Orion and the Dark," making its debut Friday, Feb. 2, on Netflix. Seemingly an ordinary elementary school kid, Orion (Jacob Tremblay, "Pete the Cat") hides a secret just below the surface: a mass of anxieties and irrational fears, including bees, dogs, the ocean, cellphone waves, murderous gutter clowns, falling off of a cliff and, most of all, a daily and all-consuming fear of the dark. One day, as Orion prepares to take on the terrors of the night once more, a literal, physical embodiment of his worst fear comes to life and pays Orion a visit. Whisking him away on an adventure around the world, Dark (Paul Walter Hauser, "Cobra Kai") sets out on a mission to prove to Orion that there is nothing to be afraid of in the night. As the pair bond, Orion must learn to face his fears and to accept the unknown in order to embrace all the joys life has to offer. Also voice starring Werner Herzog ("The Mandalorian") and Juliet Jelenic ("The Super Mario Bros. Movie," 2023), "Orion and the Dark," based on the book of the same name by Emma Yarlett, is directed by Sean Charmatz ("Pinky Malinky") and written for the screen by Charlie Kaufman ("Eternal Sunshine of the Spotless Mind," 2004) and Lloyd Taylor ("Nimona," 2023).

"The Greatest Night in Pop" (2024)

Taking a deep dive into one of modern music's biggest moments, the new documen-



Orion and Dark in "Orion and the Dark"

tary "The Greatest Night in Pop" premieres Monday, Jan. 29, on Netflix. On Jan. 25, 1985, dozens of the music industry's biggest names gathered in Los Angeles to record a song — "We Are the World," co-written by two of the 20th century's biggest names in music, Michael Jackson ("Thriller") and Lionel Richie ("All Night Long") — to benefit African famine relief. A massive un-

dertaking that brought together artists from vastly different genres, the creation of "We Are the World" altered global pop culture history. Chronicling the creation of this massive musical event from start to finish, the film — featuring never-before-seen footage — looks into the early planning stages, writing sessions with Jackson and Richie,

the recording sessions inside the famed Henson Studios and more. Artists present for the legendary event, including Bruce Springsteen ("Born to Run"), Smokey Robinson ("Cruisin'"), Cyndi Lauper ("Girls Just Want to Have Fun"), Kenny Loggins ("Danger Zone"), Dionne Warwick ("Walk On By") and Huey Lewis ("The Power of Love"), look

back on the recording of the song, alongside fellow musicians, engineers and production crew. The film comes from director Bao Nguyen ("Be Water," 2020).

"NASCAR: Full Speed" — Season 1

Wait for the wave of the checkered flag, as "NASCAR: Full Speed" premieres Tuesday, January 30, on Netflix. According to the streamer, the series "tracks the 2023 NASCAR Cup Series Playoffs and championship race, following drivers as they compete for one of the most storied titles in motorsports," while exploring "the physical, mental, and emotional challenges of competing." Called "one of the world's most challenging and dangerous sports" by NASCAR Vice President and Chief Digital Officer Tim Clark, the series follows nine separate NASCAR drivers, each facing different motivations, as they race towards the top of their game. Ryan Blaney (30, Ohio), William Byron (26, North Carolina), Ross Chastain (31, Florida), Denny Hamlin (43, Florida), Bubba Wallace (30, Alabama), Kyle Larson (31, California), Christopher Bell (29, Oklahoma), Joey Logano (33, Connecticut) and Tyler Reddick (28, California) round out the series' cast, with trackhouse driver Ross Chastain telling Netflix Tudum: "We're badasses. This sport has a whole garage full of the best mechanics, the best engineers, the best everything. This is it." Driving 200 miles an hour, mastering the loop at 400 miles at a time, these drivers show just what NASCAR has to offer.

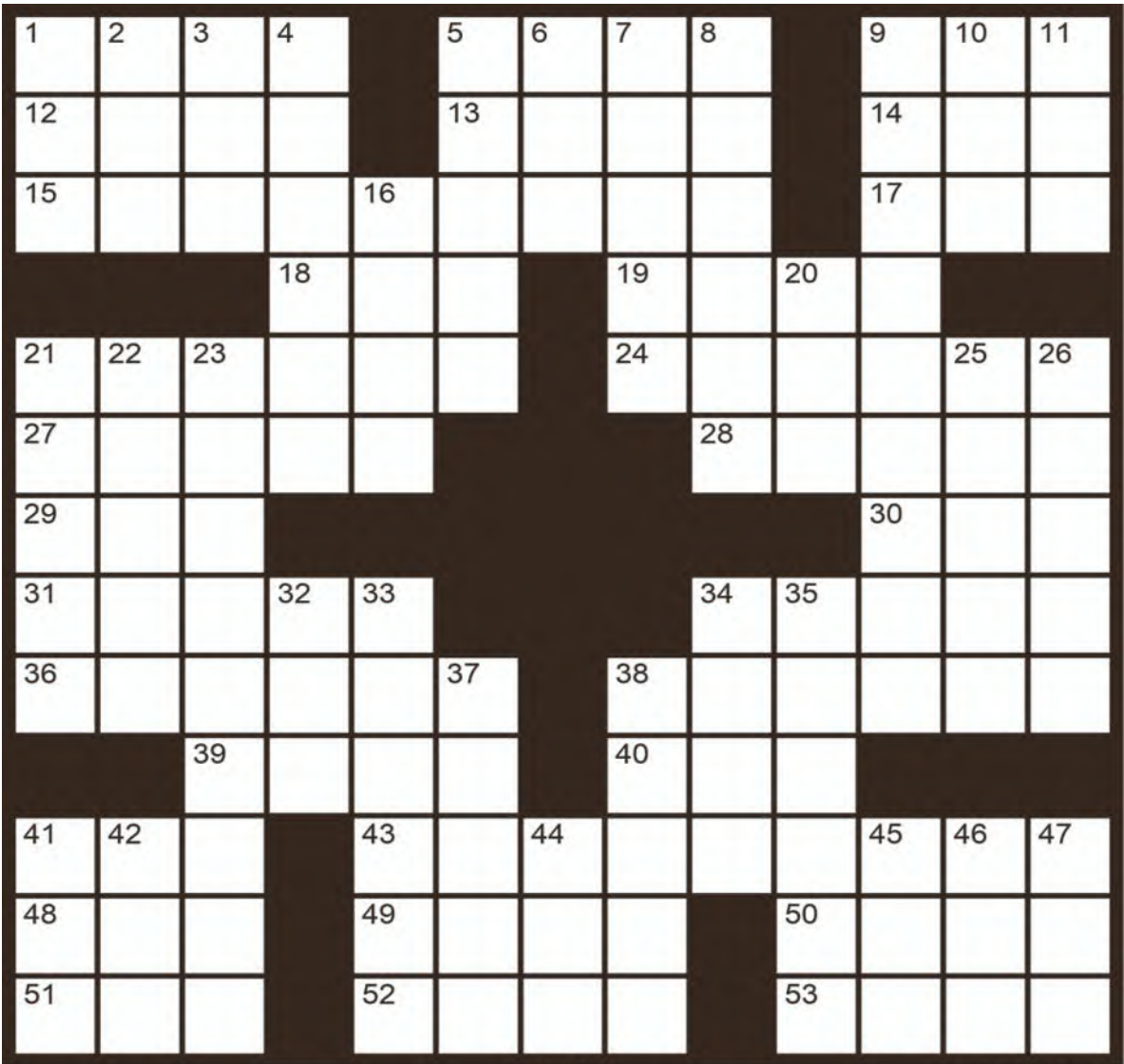


William Byron as seen in "NASCAR: Full Speed"



The artists involved in USA for Africa, as seen in "The Greatest Night in Pop"

Television Crossword



240128

© TV Media

- Across**

1. "___ and Catch Fire"
5. Cheesy import
9. "Masterpiece" network
12. Eric of "Monty Python"
13. Civil rights activist Parks
14. "Look at that!"
15. Time traveler of TV
17. TV actress Lenz
18. Med. ins. plan
19. Sara ___ Jewett
21. Make lovable
24. ___ del Fuego
27. Make good use of class time
28. Chesterfields
29. CBS police series
30. Duke's hoops grp.
- Down**

1. Lay low
2. Bother or pother
3. Corp.-partnership hybrid
4. Kind of ball
5. Kind of message
6. ___ Jones index
7. ___ as blazes
8. New Zealand natives
9. Natasha Lyonne series
10. "RuPaul's Drag Race" wrap
11. Short
16. Arabian Peninsula sultanate
20. "The Matrix" hero
21. Mountain climbed in
- Across**

31. One presenting the earth as flat?
34. Moore health-care documentary
36. Eros' love
38. Abominate.
39. "Better Call ___"
40. Lead character in "South Park"?
41. Cheroot residue
43. Spinoff (and anagram) of 15-Across
48. Vietnamese soup
49. "It's ___ you"
50. Fit
51. Parishioners' place
52. Baron, e.g.
53. Frees

- "Free Solo," for short
22. Bird's hideaways
23. Trevor Noah hosted it, with "The"
25. Scrabble players' "hands"
26. Fancy neckwear
32. Here, in Juarez
33. "Stop talking!"
34. Meeting, for short
35. Fighting words
37. Slip away romantically
38. Inside look?
41. iPhone download
42. That woman
44. USPS itinerary
45. Sapporo sash
46. Like Methuselah
47. ___ Moines
- Solution on page 9

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Monday Best Bets



Joey Graziadei in the new season of “The Bachelor”

The Bachelor

④ **8 p.m.**
Tennis pro Joey Graziadei’s search for the lady of his dreams continues in this new episode. After eliminating 10 potential lovers in the first rose ceremony of the season, the remaining 22 women compete to impress Joey enough to avoid the chopping block.

Ride

②② **8 p.m.**
Cash’s (Beau Mirchoff) ride at Boulder Rocky Mountain Rodeo puts the McMurrys back in business in the second episode of this new series. Tuff (Jake Foy) and Valeria (Sara Garcia) are forced to work on their friendship as they work to save the ranch.

Hoarders

ⒶⒺ **8 p.m.**
There’s a fine line between “saving” and “hoarding,” and Destiny is nowhere near that line. When a 2004 tragedy leaves her incapable of dealing with the world around her, she begins a hoarding odyssey. But her landlords want her to clean up or get out.

Yellowstone

② ⑥ ⑦ **9 p.m.**
Drama escalates on the Dutton family ranch as Season 3 concludes with this finale. While Jamie (Wes Bentley) confronts his past, Rip (Cole Hauser) approaches Kayce (Luke Grimes) about an old problem. Plus, the bunkhouse crew looks to defend its own.

The Irrational

⑨ ①① ①② **10 p.m.**
A new episode sees Alec (Jesse L. Martin) take on a case involving a potential arson and a young burn victim, forcing the man to confront trauma from the past. Meanwhile, Phoebe (Molly Kunz) and Rizwan (Arash DeMaxi) compete for an important grant.

MONDAY PRIME TIME

C = Comcast S1 = DISH S2 = DIRECTV

JANUARY 29, 2024

	C	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2	
②	KDKA	2	KDKA-TV News at Six	News at 6:30pm (N)	CBS Evening News (N)	KDKA-TV News (N)	Neighbor	Bob Hearts Abishola	Yellowstone "Meaner Than Evil" (N)	Yellowstone "The World Is Purple" (SF) (N)	News at Eleven (N)	Late Show-Colbert (N) ▶	2	2		
④	WTAE	4	Action News 4 (N)	ABC World News (N)	Inside Edition (N)	To Be Announced	The Bachelor (N)			Bad Romance-20/20 "No Trace" (N)	Action News 4 (N)	J. Kimmel ▶	4	4		
⑤	WDTV	5	First News	CBS News	Ent. Tonight	Inside Ed.	Neighbor	Bob Heart	Yellowstone (N)	Yellowstone (N)	5 News	Colbert ▶	-	-		
⑦	WTRF	-	7News at Six (L) (N)	CBS News	Ent. Tonight	Inside Ed.	Neighbor	Bob Heart	Yellowstone (N)	Yellowstone (N)	7News at Six	Colbert ▶	-	-		
⑨	WTOV	-	News 9 at Six (L) (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	America's Got Talent: Fantasy League "Semi-Finals 1" The semifinals begin; three acts move on to the finals. (N)			The Irrational "Scorched Earth" (N)	News 9 Tonight (N)	Tonight Show (N) ▶	-	-		
①①	WPXI	11	Channel 11	NBC News	Wheel	Jeopardy! (N)	America's Got "Semi-Finals 1" (N)			The Irrational (N)	News	J. Fallon ▶	11	11		
①②	WBOY	12	News	NBC News	Jeopardy! (N)	Wheel	America's Got "Semi-Finals 1" (N)			The Irrational (N)	News	J. Fallon ▶	-	-		
⑬	WQED	13	PBS NewsHour (N)		BBC News America (N)	Growing Field	Antiques Roadshow (N)		Antiques Roadshow "New York City Hour 3"	Independent Lens "Razing Liberty Square" (N)		Amanpour ▶	13	13		
②②	WCWB	22	Two and a Half Men	Two and a Half Men	Modern Family	Modern Family	Ride "Rodeo and Juliet" (N)		Wild Cards "Show Me the Murder"	Court Cam	iCRIME - Vargas	The National Desk (L) (N)	19	19		
②④	WNPB	8	Legislature Today	BBC News America	PBS NewsHour (N)		Antiques Roadshow (N)		Antiques Roadshow "New York City Hour 3"	Independent Lens "Razing Liberty Square" (N)		Legislature Today	-	-		
④⑥	WVFX	14	5 News at 6pm (N)	Investiga-teTV+ (N)	Last Man Standing	Last Man Standing	America's Most Wanted (N)		TMZ Investigates (N)	WVFX News at 10:00PM	Seinfeld "The Doorman"	Seinfeld	American Housewife	-	-	
⑤③	WPGH	6	Big Bang	News at 6:30	Big Bang	Sheldon	America's Most Wanted (N)		TMZ Investigates (N)	Channel 11 News (N)	Seinfeld	Seinfeld	53	53		
A&E	43	The First 48			The First 48 "Bloodline"		Hoarders "Destiny" (N)			Secrets of Polygamy (N)		The First 48 ▶	118	265		
AMC	63	★ ★ ★ Draft Day (2014, Drama) Jennifer Garner, Denis Leary, Kevin Costner.			★ ★ ★ Moneyball ('11, Drama) Jonah Hill, Philip Seymour Hoffman, Brad Pitt. A baseball manager (Brad Pitt) on a tight budget takes a new approach to assembling his team.			★ Gone in 60 Seconds ('00) Nicolas Cage. ▶			130	254				
ANPL	40	Edge of Alaska			Alaska: The Last Frontier			Alaska: The Last Frontier		Alaska: The Last Frontier		Alaska: The Last Frontier	184	282		
BET	61	★ ★ ★ Tyler Perry's the Family That Preys ('08) Kathy Bates.			Neighbor		★ Tyler Perry's A Madea Christmas ('13) Kathy Najimy, Tyler Perry.			875			329			
BRAVO	57	Vanderpump Rules			Vanderpump Rules		Below Deck (N)		Watch What	Below Deck		Below Deck ▶	129	237		
AT&TSP	37	Pirates Classics 2013: Cincinnati Reds at Pittsburgh Pirates							Fight Sports MMA (N)		Champ. Kickboxing (N)		World Boxing (N) ▶	-	-	
CMT	82	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Mama's	Reba	Reba	166	327	
CNBC	45	Mad Money (N)		Last Call (L) (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank	208	355		
CNN	32	Situation Room (L) (N)		E. B. OutFront (L) (N)		Anderson Cooper 360 (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)	200	202		
COM	51	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	South Park	South Park	107	249	
CSN	-	Birds Huddle	Birds Huddle	Fantasy Football (N)		The Best Show Ever?		Birds Huddle	Sixers	Basketball Philadelphia 76ers at Portland Trail Blazers ▶			424	642		
DISC	53	Contraband: Seized "The Fresh Hot Chili Peppers"		Contraband: Seized at the Border "Go Get 'Em, Tiger"		Contraband: Seized "Beefing Up Security"		Contraband: Seized at the Border (N)		Wild & Weird America	Caught!	Caught!	Caught!	182	278	
DISN	41	★ ★ ★ Big Hero 6 (2014, Animated) Voices of Scott Adsit, T.J. Miller, Ryan Potter.			Marvel's Moon Girl "Moon Girl Landing"		Marvel's Moon Girl	Marvel's Moon Girl	Miraculous: Ladybug	Miraculous: Ladybug	Jessie	Jessie "Toy Con"	172	290		
EI	98	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	E! News (N)	Sex-City	114	236	
ESPN	35	SportsCenter (L) (N)		College Basketball Duke at Virginia Tech (L) (N)		College Basketball Houston at Texas (L) (N)		College Basketball Alcorn State at Bethune-Cookman (N)			SportsCenter (L) (N)		140	206		
ESPN2	36	ESPN BET Live (L) (N)		Wm. Basketball LSU at Mississippi State (L) (N)		College Basketball Alcorn State at Bethune-Cookman (N)			NFL Live			144	209			
EWTN	265	EWTN News		Living		Daily Mass: Olam		The Journey Home (N)		EWTN News	Rosary	World Over Live	Women of	Real	261	370
FLIX	235	★ ★ ★ ★ The Crying Game ('92) Stephen Rea.			★ ★ Machine Gun Preacher ('11) Gerry Butler. (P)		★ ★ ★ 48 HRS. ('82) Eddie Murphy, Nick Nolte.			333			557			
FNC	33	Special Report (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)		205	360	
FOOD	39	Guy's Grocery Games		Kids Baking Championship		Kids Baking (N)		Chopped		Chopped		Chopped		110	231	
Freeform	50	★ ★ ★ National Treasure ('04) Diane Kruger, Nicolas Cage.			★ ★ National Treasure: Book of Secrets ('07) Jon Voight, Harvey Keitel, Nicolas Cage.			The 700 Club			180			311		
FX	47	★ ★ ★ X-Men: First Class ('11, Action) Michael Fassbender, Rose Byrne, James McAvoy.			★ ★ The Wolverine (2013, Action) Hiroyuki Sanada, Famke Janssen, Hugh Jackman.			Halo "Inheritance" (N)			Sexy Beast "More" (N)			318	545	
GOLF	38	Golf Central		PGA TOUR		The Golf Fix		PGA Tour Golf Farmers Insurance Open, Final Round From Torrey Pines South Course in San Diego. ▶			401			218		
HALL	255	A Safari Romance ('23) Brittany Bristow.			Royally Ever After ('18) Fiona Gubelmann.		Golden Girls			Golden Girls	Golden Girls	Golden Girls	185	312		
HBO	201	★ ★ ★ Jurassic World ('15) Chris Pratt.			True Detective "Part 3"		Lil Nas X: Long Live Montero ('23, Doc)			★ ★ ★ Trainwreck ('15) Amy Schumer. ▶			300	501		
HBO2	202	Movie	★ Pootie Tang ('01) Lance Crouther.			★ ★ Semi-Pro ('08) Will Ferrell.		★ ★ Balls of Fury ('07) Dan Fogler.			True Detective (N) ▶		301	502		
HGTV	58	Dream Home	Dream Home	Dream Home	Dream Home	Celebrity IOU (N)		Battle on the Mountain (N)		Hunters	Hunters	Hunters	Hunters	112	229	
HIST	31	History's-Mysteries		History's-Mysteries		History's-Mysteries		History's-Mysteries (N)		History's-Mysteries		History's-Mysteries		120	269	
LIFE	29	Castle		Castle		Castle		Castle		To Be Announced		Castle ▶		108	252	
MAX	270	★ ★ ★ Mud		★ ★ Poltergeist ('15) Sam Rockwell.		★ ★ ★ Scary Movie ('00) Shawn Wayans.		★ Scary Movie 2		★ ★ Scary Movie 3 ('03) Anna Faris. ▶		310			515	
MMAX	271	Movie	★ ★ Pride and Glory ('08, Cri) Colin Farrell, Jon Voight, Edward Norton.			★ ★ ★ Enemy ('13) Jake Gyllenhaal.		★ ★ Revenge of the Green Dragons ▶			312			517		
MSNBC	266	The Beat With (L) (N)		The ReidOut (L) (N)		With Jen Psaki (L) (N)		Rachel Maddow Show (N)		Last Word With Lawrence		11th Hour (L) (N)		209	356	
MTV	49	Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Caught in the		Caught in the		160	331	
NEWSN	27	Vargas Report (N)		On Balance (N)		Cuomo (N)		Dan Abrams Live (L) (N)		Banfield (N)		Cuomo		239	307	
NICK	42	Loud House	Loud House	Danger Force	Danger Force	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	170	299	
PARMT	59	Two Men	Two Men	Two Men	Two Men	★ ★ ★ World War Z ('13, Hor)			Mireille Enos, James Badge Dale, Brad Pitt.		★ ★ Rampage ('18) Dwayne Johnson. (P) ▶			168	241	
SHO	221	★ ★ Shooter ('07) Michael Peña, Mark Wahlberg.			Halo "Inheritance" (N)		Sexy Beast "More" (N)		Sexy Beast (N)		Sexy Beast		Movie	318	545	
SHO2	222	★ ★ The Switch ('10) Jason Bateman, Jennifer Aniston.			The Woman "Show Thyself"		★ ★ ★ You Hurt My Feelings (P)		★ ★ ★ Maggie's Plan		Greta Gerwig. (P) ▶		320	547		
SYFY	54	★ ★ Cowboys & Aliens ('11) Harrison Ford, Olivia Wilde, Daniel Craig.			★ ★ ★ Cloverfield ('08) Mike Vogel, Michael Stahl-David.		★ ★ Tremors ('90) Kevin Bacon. ▶			122			244			
TBS	34	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	139	247	
TCM	141	★ ★ The Light Touch ('51) Pier Angeli, Stewart Granger.			★ ★ ★ Children of a Lesser God ('86) William Hurt.		★ ★ ★ Bonnie and Clyde ('67) Warren Beatty. ▶			132			256			
TLC	52	90 Day: The Single Life		90 Day: The Single Life		90 Day: The Single Life (N)		90 Day Diaries (N)		90 Day: The Single Life (N)		Love & Translation		183	280	
TNT	56	★ ★ ★ Godzilla: King of the Monsters ('19) Kyle Chandler.			★ ★ Godzilla vs. Kong ('21) Millie Bobby Brown, Alexander Skarsgård.		★ ★ The Meg ('18) Jason Statham. ▶		138			245				
TOON	83	Con Carne	Dog	King/Hill	King/Hill	Burgers	Burgers	Burgers	Burgers	Burgers	American	American	Rick	176	296	
TRAV	46	Mysteries of the Unknown				Mysteries of the Unknown (N)				Mysteries of the Unknown				215	277	
TRUTV	259	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	★ ★ Bad Teacher ('11) Justin Timberlake, Cameron Diaz.				204	246	
TVLAND	60	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	106	304	
USA	55	Chicago Fire		Chicago Fire		WWE Monday Night RAW (L) (N)			★ ★ Iron Man 2 ▶			105			242	
VH1	48	★ ★ ★ Paid in Full ('02) Mekhi Phifer, Wood Harris.			Love & Hip Hop Miami (N)		The Impact NYC (N)		★ ★ Ghostbusters ('16) Kristen Wiig, Melissa McCarthy. ▶		162			335		
WE	140	Bones		Bones		Bones "Fire in the Ice"		Bones		Bones		Bones		128	260	
TMC	351	Movie	B...A... ('22) Tunde LaLeye, Teon Kelley.			Fear the Night ('23) Kat Foster, Maggie Q.		Raze ('13, Action) Rachel Nichols, Zoë Bell.		Dead for a Dollar ▶			327	554		

TUESDAY PRIME TIME

C = Comcast S1 = DISH S2 = DIRECTV

JANUARY 30, 2024

	C	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
(2) KDKA	2	KDKA-TV News at Six	News at 6:30pm (N)	CBS Evening News (N)	KDKA-TV News (N)	FBI "Privilege"		FBI: International "Fed to the Sharks"		FBI: Most Wanted "Black Mirror"		News at Eleven (N)	Late Show-Colbert (N) ▶	2	2
(4) WTAE	4	Action News 4 (N)	ABC World News (N)	Inside Edition (N)	Ent. Tonight (N)	Will Trent		The Rookie "The Fugitive"		The Rookie "Crossfire"		Action News 4 (N)	J. Kimmel ▶	4	4
(5) WDTV	5	First News	CBS News	Ent. Tonight	Inside Ed.	FBI "Privilege"		FBI: International		FBI: Most Wanted		5 News	Colbert ▶	-	-
(7) WTRF	-	7News at Six (L) (N)	CBS News	Ent. Tonight	Inside Ed.	FBI "Privilege"		FBI: International		FBI: Most Wanted		7News at Six (L) (N)	Colbert ▶	-	-
(9) WTOV	-	News 9 at Six (L) (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	Night Court (N)	Extended Family (N)	La Brea "Fire Storm" (N)		Quantum Leap "Off the Cuff" (N)		News 9 Tonight (N)	Tonight Show (N) ▶	-	-
(11) WPXI	11	Channel 11	NBC News	Wheel	Jeopardy! (N)	Night Court	Extended	La Brea "Fire Storm" (N)		Quantum Leap (N)		News	J. Fallon ▶	11	11
(12) WBOY	12	News	NBC News	Jeopardy! (N)	Wheel	Night Court	Extended	La Brea "Fire Storm" (N)		Quantum Leap (N)		News	J. Fallon ▶	-	-
(13) WQED	13	PBS NewsHour (N)		BBC News America (N)	History With David	Finding Your Roots "Hold the Laughter" (N)		Frontline "Democracy on Trial" The roots of the criminal cases against Donald Trump. (N)		Amanpour and Company (N)				13	13
(22) WCWB	22	Two and a Half Men	Two and a Half Men	Modern Family	Modern Family	Inside the NFL Week 21 (N)		Whose Line (N)	Whose Line	Court Cam	iCRIME - Vargas	The National Desk (L) (N)		19	19
(24) WNPB	8	Legislature Today	BBC News America	PBS NewsHour (N)		Finding Your Roots "Hold the Laughter" (N)		Frontline "Democracy on Trial" The roots of the criminal cases against Donald Trump. (N)		Legislature Today	Energy Switch	-	-	-	-
(46) WVFX	14	5 News at 6pm (N)	Investiga-tiveTV+ (N)	Last Man Standing	Last Man Standing	Name That Tune (N)		The Floor (N)		WVFX News at 10:00PM	Seinfeld "The Jimmy"	Seinfeld "The Maestro"	American Housewife	-	-
(53) WPGH	6	Big Bang	News at 6:30	Big Bang	Sheldon	Name That Tune (N)		The Floor (N)		Channel 11 News (N)		Seinfeld	Seinfeld	53	53
A&E	43	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Customer	Customer	Road Wars	Road Wars ▶	118	265
AMC	63	★★★★ Braveheart ('95) Mel Gibson.		★★★ Gladiator (2000, History) Joaquin Phoenix, Connie Nielsen, Russell Crowe. Gen. Maximus (Russell Crowe) seeks revenge for his family's deaths.		★★★★ 300 (2006, Action) Lena Headey, David Wenham, Gerry Butler.								130	254
ANPL	40	Too Cute! "Tiny Giants"		Too Cute!		Too Cute!		Too Cute!		Too Cute! "Pool Puppies"		Too Cute!		184	282
BET	61	As. Living	Payne	Payne	Payne	Neighbor	Neighbor	Tyler Perry's The Oval (N)		Zatima (N)	Tyler Perry's The Oval	Martin		875	329
BRAVO	57	Vanderpump Rules	Vanderpump Rules	Vanderpump Rules	Vanderpump Rules	Vanderpump Rules (N)		Southern Hospitality		Vanderpump Rules	Watch What			129	237
AT&TSP	37	United Fight Alliance		Bensinger	Immortals	The Short	Invincible (N)	C. Moore	3 Wide Life	Duquesne	Polaris	World Poker Tour		-	-
CMT	82	Mama's	Mama's	Mama's	Mama's	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	166	327
CNBC	45	Mad Money (N)		Last Call (L) (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		208	355
CNN	32	Situation Room (L) (N)		E. B. OutFront (L) (N)		Anderson Cooper 360 (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)		200	202
COM	51	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	South Park	South Park	107	249
CSN	-	Birds Huddle	Birds Huddle	NLL Lacrosse San Diego Seals at Philadelphia Wings				Birds Huddle		The Card Life	The Best Show Ever?			424	642
DISC	53	Moonshiners "The Drunkest President"		Moonshiners "Pappygate Conspiracy" Delving deep into bourbon country's darkest secret.		Moonshiners "Free Is Me" (N)		Big Little Brawlers "Last Laughs" (N)		Moonshiners: Double Shot "Old School Shine"				182	278
DISN	41	★★★★ Ralph Breaks the Internet (2018, Animated) Voices of Sarah Silverman, Gal Gadot, John C. Reilly.		Marvel's Moon Girl	Marvel's Moon Girl	Marvel's Moon Girl	Marvel's Moon Girl	Miraculous: Ladybug	Miraculous: Ladybug	The Villains	The Villains			172	290
EI	98	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	E! News (N)	Sex-City	114	236
ESPN	35	SportsCenter		College Basketball North Carolina at Georgia Tech (L) (N)		College Basketball Oklahoma State at Kansas (L) (N)		College Basketball Miami at NC State (L) (N)		College Basketball		College Basketball		140	206
ESPN2	36	ESPN BET	Wooden	College Basketball Texas Tech at TCU (L) (N)								SportsCenter (L) (N)		144	209
EWTN	265	EWTN News	I Forgive	Daily Mass: Olam		Mother Angelica Live		EWTN News	Rosary	Scripture and		Women of	Cross	261	370
FLIX	235	Movie	★★ The Love Letter ('99) Kate Capshaw.	★★ Better Off Dead ('85) John Cusack.		★★★ Racing With the Moon ('84) Sean Penn.						Movie		333	557
FNC	33	Special Report (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)		205	360
FOOD	39	Chopped		Chopped		Chopped "Claws Out!" (N)		Chopped		Chopped		Chopped		110	231
Freeform	50	★★★★ The Pacifier		★★★ The Parent Trap ('98, Children) Dennis Quaid, Natasha Richardson, Lindsay Lohan.				Good Trouble (N)				The 700 Club		180	311
FX	47	★★★★ Captain America: The Winter Soldier		★★★★ Avengers: Age of Ultron ('15) Chris Hemsworth, Mark Ruffalo, Robert Downey Jr.		★★★★ Spider-Man								136	248
GOLF	38	Golf Central		Golf		Golf's Greatest Rounds THE PLAYERS - 2015 - Rickie Fowler		Golf Central		Golf		Golf		401	218
HALL	255	Sweet Autumn ('20) Andrew W. Walker, Nikki Deloach.		Winter in Vail ('20) Tyler Hynes, Lacey Chabert.		Golden Girls		Golden Girls	Golden Girls	Golden Girls	Golden Girls			185	312
HBO	201	★★★★ Spy		Real Time With Bill Maher		★★★★ The Lord of the Rings: The Fellowship of the Ring ('01) Elijah Wood.		Lil Nas X: Long Live Montero ('23) (P)		★★ The A-Team ('10) Bradley Cooper, Liam Neeson.		Skyfall		300	501
HBO2	202	The Silence of the Lambs		True Detective "Part 3"										301	502
HGTV	58	Rico to the Rescue		Fixer to Fabulous (N)		This House "Desert Luxe"		Hunters Int'l	Hunters	Hunters	Hunters	Hunters Int'l		112	229
HIST	31	The Curse of Oak Island		The Curse of Oak Island		Digging Deeper (N)		The Curse of Oak Island (N)		Cursed Waters (N)		The Curse of Oak Island ▶		120	269
LIFE	29	Castle		Castle		Castle		To Be Announced		Castle				108	252
MAX	270	★★ How to Talk to Girls at Parties ('17) Elle Fanning.		★★★ Rescue Dawn ('06) Steve Zahn, Christian Bale.		★★ The Promise ('16) Charlotte Le Bon, Oscar Isaac.								310	515
MMAX	271	★ Dying of the Light ('14) Nicolas Cage.		★★★★ Locke ('13) Ruth Wilson, Tom Hardy.		★★★★ The Witch ('15) Anya Taylor-Joy.		★★★★ Ex Machina Domhnall Gleeson.						312	517
MSNBC	266	The Beat With (L) (N)		The ReidOut (L) (N)		All In With (L) (N)		Alex Wagner Tonight (N)		Last Word With Lawrence		11th Hour (L) (N)		209	356
MTV	49	Love & Hip Hop: Atlanta		Love & Hip Hop: Atlanta		Love, Hip Hop (N)		Caught in the		Caught in the		Love & Hip Hop: Atlanta		160	331
NEWSN	27	Vargas Report (N)		On Balance (N)		Cuomo (N)		Dan Abrams Live (L) (N)		Banfield (N)		Cuomo		239	307
NICK	42	Loud House		★★ Shrek Forever After ('10) Mike Myers.		Friends		Friends		Friends		Friends		170	299
PARMT	59	Two Men		Two Men		★★★★ Raiders of the Lost Ark ('81) Karen Allen, Harrison Ford.		Indiana Jones and the Last Crusade						168	241
SHO	221	The Lesson ('23) Julie Delpy, Richard E. Grant.				The Woman "Show Thyself"		★★★★ You Hurt My Feelings		★★ Adore ('13) Robin Wright.				318	545
SHO2	222	★★★★ Michael Clayton ('07) George Clooney.		★★ Jack Reacher ('12) Rosamund Pike, Tom Cruise.		★★ The Longest Yard ('05) Chris Rock, Adam Sandler.								320	547
SYFY	54	★★★★ Troy (2004, Adventure) Eric Bana, Orlando Bloom, Brad Pitt.		★★★★ Terminator 3: Rise of the Machines ('03) Arnold Schwarzenegger.		★★ Terminator Salvation ▶								122	244
TBS	34	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Modern Fam.	Modern Fam.	139	247
TCM	141	★★★★ The Long Gray Line ('55) Tyrone Power.		★★ The Grass Is Greener ('60) Deborah Kerr, Cary Grant.		★★★★ Cape Fear ('62) Robert Mitchum, Gregory Peck.								132	256
TLC	52	sMothered		1000-Lb. Sisters		1000-Lb. Sisters (N)		1000-Lb. Sisters (N)		sMothered (N)		90 Day Diaries		183	280
TNT	56	★★★★ The Meg		NBA Tip-Off	NBA Basketball	Indiana Pacers at Boston Celtics (L) (N)		Basketball Philadelphia 76ers at Golden State Warriors ▶						138	245
TOON	83	Con Carne	Dog	King/Hill	King/Hill	Burgers	Burgers	Burgers	American	American	American	American	Rick	176	296
TRAV	46	Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		Haunted Hospitals		215	277
TRUTV	259	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Inside Jokes	Inside Jokes	Inside Jokes	Inside Jokes	★★★★ Blades of Glory ('07) Jon Heder, Will Ferrell.				204	246
TVLAND	60	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	106	304
USA	55	Law & Order: SVU		Law & Order: SVU		WWE NXT (L) (N)				★★ Colombiana ('11) Jordi Mollà, Zoe Saldaña.				105	242
VH1	48	Movie	★ No Good Deed (2014, Thriller) Taraji P. Henson, Leslie Bibb, Idris Elba.			My True Crime Story		Love You to Death		★★★★ Forrest Gump ▶				162	335
WE	140	9-1-1 "First Responders"		9-1-1 "Treasure Hunt"		9-1-1 "Suspicion"		9-1-1 "Survivors"		9-1-1 "Panic"		9-1-1 "Desperate Times"		128	260
TMC	351	★★★★ Loudmouth		★★★★ 12 O'Clock Boys: The Director's Cut		★★★★ The Inspection ('22) Jeremy Pope.		★★★★ Blue Velvet ('86) Kyle MacLachlan.		Movie				327	554

Tuesday Best Bets



Rob Lowe hosts "The Floor"

Finding Your Roots With Henry Louis Gates, Jr.

(13) (24) 8 p.m. There's a lot to laugh about when host Dr. Henry Louis Gates Jr. welcomes actor-comedian Bob Odenkirk and comic Iliza Shlesinger to examine their family histories and discover relatives who overcame hardships in order to get their family tree branching.

Chopped

(FOOD) 8 p.m. It's a case of indemnity claws when the chefs must track down crab meat for appetizers in the first round. But a dip to remember seems to challenge the group in the second round, before mocktails and fruit balls ultimately decide who reigns supreme.

Love & Hip Hop: Atlanta

(MTV) 8 p.m. It's a mess in Atlanta as the music pumps loudly in the background. Can the ladies finally mend some fences? Or will Grace and Spice just let the place burn to the ground? Can Karlie find both peace and success? Shekinah might not want that to happen.

La Brea

Wednesday Best Bets



Ken Jeong hosts “I Can See Your Voice”

I Can See Your Voice

(46) (53) 8 p.m.

A good singer can sell a song with their body language. At least that’s the premise when host Ken Jeong asks Cheryl Hines and Adrienne Bailon-Houghton to help a contestant tell the difference between good and bad singers — without ever hearing them sing.

The Real Housewives of Beverly Hills

(BRAVO) 8 p.m.

Season 13 continues, with a brand-new episode in which Kyle, Erika, Dorit, Garcelle, Crystal, Sutton and Annemarie all enjoy their families, careers and affluent Beverly Hills lifestyles. An all-new episode of “The Real Housewives of Miami” airs next.

Guy’s Grocery Games

(FOOD) 9 p.m.

Weights and measures go hand-in-hand, even in the kitchen. Guy Fieri has four chefs complete two meals using 10 pounds of groceries. First up, they must make a hearty hot lunch out of five pounds, before adding two bits from the clearance rack for dinner.

The Unbreakable Tatiana Suarez

(HBO) 9 p.m.

Tatiana Suarez was on top of the UFC when she rattled off five straight wins in 2019, vaulting her near the top of the strawweight rankings. But a serious neck injury sidelined her for four years, before triumphantly returning to action last year.

FBI True

(2) (6) (7) 10 p.m.

This series follows as real-life FBI agents talk frankly about the triumphs, tragedies and truths of their jobs, sharing stories of dangerous missions carried out by the FBI, both in the U.S. and worldwide, as they offer an inside look at investigations.

WEDNESDAY PRIME TIME

C = Comcast S1 = DISH S2 = DIRECTV

JANUARY 31, 2024

	C	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2		
(2) KDKA	2	KDKA-TV News at Six	News at 6:30pm (N)	CBS Evening News (N)	KDKA-TV News (N)	The Price Is Right at Night (N)		Let's Make a Deal Primetime (N)		FBI True (N)		News at Eleven (N)	Late Show-Colbert (N) ▶	2	2		
(4) WTAE	4	Action News 4 (N)	ABC World News (N)	Inside Edition (N)	Ent. Tonight (N)	NBA Countdown	NBA Basketball Phoenix Suns at Brooklyn Nets From Barclays Center in Brooklyn, N.Y. (L) (N)			Action News 4 (N)		J. Kimmel ▶	4	4			
(5) WDTV	5	First News	CBS News	Ent. Tonight	Inside Ed.	Price Is Right (N)		Let's Make a (N)		FBI True (N)		5 News	Colbert ▶	-	-		
(7) WTRF	-	7News at	CBS News	Ent. Tonight	Inside Ed.	Price Is Right (N)		Let's Make a (N)		FBI True (N)		7News at	Colbert ▶	-	-		
(9) WTOV	-	News 9 at Six (L) (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	Chicago Med (N)		Chicago Fire "Trapped" (N)		Chicago P.D. "Safe Harbor" (N)		News 9 Tonight (N)	Tonight Show (N) ▶	-	-		
(11) WPXI	11	Channel 11	NBC News	Wheel	Jeopardy! (N)	Chicago Med (N)		Chicago Fire "Trapped" (N)		Chicago P.D. (N)		News	J. Fallon ▶	11	11		
(12) WBOY	12	News	NBC News	Jeopardy! (N)	Wheel	Chicago Med (N)		Chicago Fire "Trapped" (N)		Chicago P.D. (N)		News	J. Fallon ▶	-	-		
(13) WQED	13	PBS NewsHour (N)		BBC News America (N)	Untamed	Nature "Gorilla" (N)		NOVA "When Whales Could Walk" (SP) (N)		Secrets of the Dead "Jamestown's Dark Winter"		Amanpour and Company (N)		13	13		
(22) WCWB	22	Two and a Half Men	Two and a Half Men	Modern Family	Modern Family	Wild Cards "Howl to Get Away With Murder" (N)		Family Law (N)		Court Cam	iCRIME - Vargas	The National Desk (L) (N)		19	19		
(24) WNPB	8	Legislature Today	BBC News America	PBS NewsHour (N)		Nature "Gorilla" (N)		NOVA "When Whales Could Walk" (SP) (N)		Secrets of the Dead "Jamestown's Dark Winter"		Legislature Today	Energy Switch	-	-		
(46) WVFX	14	5 News at 6pm (N)	Investiga-teTV+ (N)	Last Man Standing	Last Man Standing	I Can See Your Voice (N)		We Are Family (N)		WVFX News at 10:00PM		Seinfeld "The Doodle"	Seinfeld "The Wink"	American Housewife	-	-	
(53) WPGH	6	Big Bang	News at 6:30	Big Bang	Sheldon	I Can See Your Voice (N)		We Are Family (N)		Channel 11 News (N)		Seinfeld	Seinfeld	53	53		
A&E	43	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Booked: First Day In (N)		Court Cam	Court Cam ▶	118	265		
AMC	63	★ ★ ★ ★ Gladiator	★ ★ ★ 300 '06) Lena Headey, Gerry Butler. Badly outnumbered Spartan warriors clash with the Persian army at the Battle of Thermopylae.					★ ★ ★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell. Doc Holliday (Val Kilmer) joins Wyatt Earp (Kurt Russell) for the OK Corral showdown.					130		254		
ANPL	40	Dr. Jeff: RMV	Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		Dr. Jeff: RMV		184		282		
BET	61	As. Living	Payne	Payne	Payne	Neighbor	Neighbor	Tyler Perry's Sistas (N)		Celebrity	All the Queen's Men (N)		Sistas ▶	875	329		
BRAVO	57	Vanderpump Rules	Vanderpump Rules		Real Housewives (N)		Real Housewives (N)		Watch What		Real Housewives		Vanderpump ▶	129	237		
AT&TSP	37	Penguins	Duquesne	College Basketball Chicago State at Duquesne (L) (N)				Fight Sports: World Class Championship Boxing				College Basketball ▶		-	-		
CMT	82	Mama's	Mama's	Mama's	Mama's	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	166	327		
CNBC	45	Mad Money (N)	Last Call (L) (N)		Shark Tank		Shark Tank (N)		Shark Tank		Shark Tank		208		355		
CNN	32	Situation Room (L) (N)	E. B. OutFront (L) (N)		Anderson Cooper 360 (N)		The Source With (L) (N)		King Charles (N)		Laura Coates Live (L) (N)		200		202		
COM	51	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	South Park	South Park	107	249		
CSN	-	Birds Huddle	Birds Huddle	College Basketball American at Lafayette (L) (N)				Birds Huddle	Greatest	Inside Golf	Bensinger	Birds Huddle	Best Show ▶	424	642		
DISC	53	Expedition Unknown		Expedition Unknown "Nazi Secrets Revealed"		Expedition Unknown		Expedition Unknown "Revealing the Triangle"		Expedition Unknown "America's Titanic"		Expedition Unknown		182	278		
DISN	41	Kiff	★ ★ ★ The Lion King (1994, Animated)			Marvel's Moon Girl	Marvel's Moon Girl	Marvel's Moon Girl	Marvel's Moon Girl	Miraculous: Ladybug	Miraculous: Ladybug	Bunk'd: Learn	Bunk'd: Learn	172	290		
EI	98	★ That's My Boy '12) Andy Samberg, Leighton Meester, Adam Sandler.					★ That's My Boy '12) Andy Samberg, Leighton Meester, Adam Sandler.					EI News (N)		Sex-City	114	236	
ESPN	35	SportsCenter		SportsCenter NBA		College Basketball Florida at Kentucky (L) (N)				Basketball Milwaukee Bucks at Portland Trail Blazers ▶				140	206		
ESPN2	36	ESPN BET Live		College Basketball Notre Dame at Virginia (L) (N)				College Basketball Vanderbilt at Auburn (L) (N)				SportsCenter (L) (N)		144	209		
EWTN	265	EWTN News		Living	Daily Mass: Olam		EWTN Live (N)		EWTN News	Rosary	Father Spitzer's Universe		Women of	Crossing	261	370	
FLIX	235	★ ★ The Chumsclubber '05)		Jamie Bell, Ralph Fiennes.		★ ★ ★ Reservoir Dogs '92) Harvey Keitel.			★ ★ ★ Blue Velvet '86) Kyle MacLachlan.			Movie		333	557		
FNC	33	Special Report (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)		205	360		
FOOD	39	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games (N)		Guy's Grocery Games		Guy's Grocery Games		110	231		
Freeform	50	★ ★ ★ Inside Out '15) Amy Poehler.				★ ★ ★ Aladdin '92) Scott Weinger.				Chrissy & Dave (N)		The 700 Club		180	311		
FX	47	★ ★ ★ Thor: The Dark World		★ ★ ★ Black Widow (2021, Action) Florence Pugh, David Harbour, Scarlett Johansson.				Feud: Capote "Pilot" (SP) (N)				Feud ▶		136	248		
GOLF	38	★ Range	PGA TOUR Classics		PGA TOUR Classics		Golf Central		PGA TOUR Classics		PGA TOUR Classics		Golf	401	218		
HALL	255	Hearts Down Under '20) Tim Ross, Cindy Busby.				A Valentine's Match '20) Bethany Joy Lenz.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	185	312		
HBO	201	★ XXX: State of the Union		★ ★ Anna '19) Luke Evans, Cillian Murphy, Sasha Luss.				Tatiana Suarez (N)		True Detective: Night Country "Part 3"		Movie		300	501		
HBO2	202	★ ★ Orphan '09) Peter Sarsgaard, Vera Farmiga.				True Detective "Part 3"		★ ★ ★ Notes on a Scandal Cate Blanchett.		★ ★ Empire of Light '22) Olivia Colman.		▶		301	502		
HGTV	58	Unsellable Houses		Unsellable Houses		Rico to the Rescue		Rico to the Rescue (N)		Hunters	Hunters	Hunters	Hunters	112	229		
HIST	31	American Pickers		American Pickers		American Pickers		American Pickers (N)		American Pickers (N)		American Pickers ▶		120	269		
LIFE	29	Castle		Castle		Married-Sight "Honeyspoonin'" (N)			Prison Brides (N)		Married		Prison Brides ▶	108	252		
MAX	270	★ ★ The Dead Don't Die '19) Adam Driver, Bill Murray.				★ ★ ★ (500) Days of Summer			★ Midnight Sun '18) Bella Thorne.		★ ★ ★ Knocked Up ▶		310	515			
MMAX	271	★ A Night at the Roxbury		★ ★ Ingrid Goes West '17) Aubrey Plaza.		★ ★ Evan Almighty '07) Steve Carell.			★ ★ Dumb and Dumber To Jim Carrey.		▶		312	517			
MSNBC	266	The Beat With (L) (N)		The ReidOut (L) (N)		All In With (L) (N)		Alex Wagner Tonight (N)		Last Word With Lawrence		11th Hour (L) (N)		209	356		
MTV	49	Catfish: The TV Show		Catfish: The TV Show		The Challenge (N)		Ridiculous		Ridiculous	Ridiculous	Ridiculous	Ridiculous	160	331		
NEWSN	27	Vargas Report (N)		On Balance (N)		Cuomo (N)		Dan Abrams Live (L) (N)		Banfield (N)		Cuomo		239	307		
NICK	42	Loud House	Loud House	Danger Force	Slimetime	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	170	299		
PARMT	59	Two Men	Two Men	Two Men	Two Men	★ ★ ★ Indiana Jones and the Last Crusade '89) Sean Connery, Harrison Ford.						Indiana Jones & the Templ... ▶		168	241		
SHO	221	★ ★ ★ Beverly Hills Cop III		★ Alex Cross '12) Matthew Fox, Tyler Perry.				★ ★ Reindeer Games '00) Ben Affleck.		★ ★ The Longest Yard Adam Sandler.		▶		318	545		
SHO2	222	★ Scream VI		Thriller 40		★ ★ ★ Titanic (1997, History) Kate Winslet, Billy Zane, Leonardo DiCaprio.				★ ★ ★ Seabiscuit ▶		320	547				
SYFY	54	★ ★ Terminator Salvation '09) Sam Worthington, Christian Bale.				★ ★ Real Steel '11, Act) Evangeline Lilly, Dakota Goyo, Hugh Jackman.				★ ★ The Hunt ▶		122	244				
TBS	34	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (L) (N)				Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	139	247		
TCM	141	Movie	★ ★ The Gorilla '39) Harry Ritz, Jimmy Ritz.			★ ★ ★ Crouching Tiger, Hidden Dragon Chow Yun-Fat.				★ ★ ★ Something's Gotta Give '03) Jack Nicholson.				▶		132	256
TLC	52	Dr. Pimple Popper		Dr. Pimple Popper		My 600-lb Life: Biggest Transformations "Liz's Story"				My 600-lb Life: Biggest Transformations "Cillas' Story" ▶				183	280		
TNT	56	Lucifer "Chloe Does Lucifer"		NHL on TNT	NHL Hockey	Los Angeles Kings at Nashville Predators (L) (N)				Post-Game		Pirates of the Caribbean: D... ▶		138	245		
TOON	83	Con Carne	Dog	King/Hill	King/Hill	Burgers	Burgers	Burgers	American	American	American	American	Rick	176	296		
TRAV	46	Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		Paranormal Cam.		215	277		
TRUTV	259	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	★ ★ Ted 2 '15, Com) Seth MacFarlane, Amanda Seyfried, Mark Wahlberg.						★ ★ Ted 2 '15) Mark Wahlberg.		▶		204	246
TVLAND	60	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	106	304		
USA	55	★ Law-SVU	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU ▶		105	242	
VH1	48	★ ★ ★ ★ Forrester Gump (1994, Comedy Drama) Robin Wright, Gary Sinise, Tom Hanks.						★ ★ Tyler Perry's I Can Do Bad All By Myself '09) Tyler Perry.						162		335	
WE	140	NCIS "Seek"		NCIS "Squall"		NCIS "Chasing Ghosts"		NCIS "Berlin"		NCIS "Revenge"		NCIS "Double Blind"		128	260		
TMC	351	★ Tollbooth	New York Ninja '21) John Liu.			Deadly Cuts '21) Victoria Smurfit.			God's Petting You '22) Alice Lowe.			★ ★ Croupier Clive Owen.		327	554		

THURSDAY PRIME TIME

C = Comcast S1 = DISH S2 = DIRECTV

FEBRUARY 1, 2024

	C	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2		
②	KDKA	2	KDKA-TV News at Six	News at 6:30pm (N)	CBS Evening News (N)	KDKA-TV News (N)	Young Sheldon	Ghosts "Whodunnit"	So Help Me Todd "More Fang for Your Chuck"	So Help Me Todd		News at Eleven (N)	Late Show-Colbert (N) ▶	2	2		
④	WTAE	4	Action News 4 (N)	ABC World News (N)	Inside Edition (N)	Ent. Tonight (N)	Press Your Luck "Press My L-U-C-K!" (SF) (N)	Genius: MLK/X "Graduation" (N)		Soul of a Nation-The Murder of Malcolm X		Action News 4 (N)	J. Kimmel ▶	4	4		
⑤	WDTV	5	First News	CBS News	Ent. Tonight	Inside Ed.	Sheldon	Ghosts	So Help Me Todd	So Help Me Todd		5 News	Colbert ▶	-	-		
⑦	WTRF	-	7News at Six (L) (N)	CBS News	Ent. Tonight	Inside Ed.	Sheldon	Ghosts	So Help Me Todd	So Help Me Todd		7News at Six (L) (N)	Colbert ▶	-	-		
⑨	WTOV	-	News 9 at Six (L) (N)	NBC Nightly News (N)	Jeopardy! (N)	Wheel of Fortune (N)	Law & Order "Unintended Consequences" (N)	Law & Order: SVU "The Punch List" (N)		Law & Order "End of Innocence" (N)		News 9 Tonight (N)	Tonight Show (N) ▶	-	-		
⑪	WPXI	11	Channel 11 News	NBC News	Wheel Jeopardy! (N)	Wheel Jeopardy! (N)	Law & Order (N)	Law & Order: SVU (N)		Law & Order (N)		News	J. Fallon ▶	11	11		
⑫	WBOY	12		NBC News	Jeopardy! (N)	Wheel Jeopardy! (N)	Law & Order (N)	Law & Order: SVU (N)		Law & Order (N)		News	J. Fallon ▶	-	-		
⑬	WQED	13	PBS NewsHour (N)		BBC News America (N)	Tell Me More	Carnegie Int.	Five Churches	The Black Church: This Is Our Story, This Is Our Song Trans-Atlantic slave trade; how Africans preserved faith.			Amanpour and Company (N)		13	13		
⑫	WCWB	22	Two and a Half Men	Two and a Half Men	Modern Family	Modern Family	Son of a Critch (N)	The Conners	The Conners	Children Ruin (N)	Court Cam	iCRIME - Vargas	The National Desk (L) (N)		19	19	
⑫	WNPB	8	Legislature Today	BBC News America	PBS NewsHour (N)		Celebrity Trip "Brian Conley & Nick Owen"		Suze Orman's Ultimate Retirement Guide			Legislature Today	Energy Switch	-	-		
⑫	WVFX	14	5 News at 6pm (N)	Investiga-teTV+ (N)	Last Man Standing	Last Man Standing	Next Level Chef (N)		Farmer Wants a Wife (SP) (N)	WVFX News at 10:00PM	Seinfeld "The Fusilli Jerry"	Seinfeld "The Hot Tub"	American Housewife	-	-		
⑫	WPGH	6	Big Bang	News at 6:30	Big Bang	Sheldon	Next Level Chef (N)		Farmer Wants a Wife (N)	Channel 11 News (N)	Seinfeld	Seinfeld		53	53		
A&E	43	The First 48		The First 48 "Think Twice"		The First 48 (N)		Taking the Stand (N)		Undercover: Caught (N)		The First 48 "Last Rap" ▶		118	265		
AMC	63	★★★★ Tombstone (1993, Western) Val Kilmer, Michael Biehn, Kurt Russell.				★★ Red (*10) Morgan Freeman, Bruce Willis. Retired CIA agents reassemble for their own survival after the agency marks them for death.				★★ Red 2 (2013, Action) John Malkovich, Mary-Louise Parker, Bruce Willis.				▶	130	254	
ANPL	40	I Was Prey "All Alone"		I Was Prey		I Was Prey "Night Terror"		I Was Prey		I Was Prey		I Was Prey "20-Foot Terror"		184	282		
BET	61	★ ★ Tyler Perry's A Madea Family Funeral		Tyler Perry.		Neighbor	Neighbor	Black + Iconic "Style Gods"						Fresh Prince	Fresh Prince	875	329
BRAVO	57	Below Deck		Vanderpump Rules		Southern Hospitality		Southern Hospitality (N)		Watch What	Vanderpump Rules	Southern		▶	129	237	
AT&TSP	37	Charlie	C. Moore	Short List	In Depth With	Graham Bensinger Danica Patrick (N)				Pirates	Baseball	World Poker Tour (N)		-	-		
CMT	82	Mama's	Mama's	Mama's	Mama's	Mom	Mom	Mom	Mom	Mom	Mom	Mom	Mom	166	327		
CNBC	45	Mad Money (N)		Last Call (L) (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		208	355		
CNN	32	Situation Room (L) (N)		E. B. OutFront (L) (N)		Anderson Cooper 360 (N)		The Source With (L) (N)		CNN NewsNight (L) (N)		Laura Coates Live (L) (N)		200	202		
COM	51	The Office	The Office	The Office	The Office	The Office		The Office	The Office	The Office	The Office	The Office	South Park	107	249		
CSN	-	Birds Huddle	The Best Show Ever?	Inside Golf		Birds Huddle	Sixers	NBA Basketball Philadelphia 76ers at Utah Jazz (L) (N)				Sixers ▶	424	642			
DISC	53	Caught!	Caught!	Caught!	Caught!	Caught!	Wild & Weird America	Wild & Weird America (N)	Hustlers Gamblers Crooks "Atlantic City Outlaw"	Hustlers Gamblers Crooks " \$4.5 Million Gamble"		Caught!		182	278		
DISN	41	★★★★ Toy Story 4 (2019, Animated) Voices of Tim Allen, Annie Potts, Tom Hanks.				Marvel's Moon Girl	Marvel's Moon Girl	Marvel's Moon Girl	Marvel's Moon Girl	Miraculous: Ladybug	Miraculous: Ladybug	Jessie	Jessie	172	290		
EI	98	★★★★ Harry Potter and the Chamber of Secrets (2002, Children) Rupert Grint, Emma Watson, Daniel Radcliffe.							Botched (N)		EI News (N)		Botched ▶	114	236		
ESPN	35	SportsCenter		Pro Bowl Skills (L) (N)			Women's College Basketball Texas at Baylor (L) (N)			College Basketball Oregon at USC (L) (N) ▶			140	206			
ESPN2	36	The Point		College Basketball Tulane at SMU (L) (N)			College Basketball Stanford at Arizona State (L) (N)			SportsCenter (L) (N)			144	209			
EWTN	265	EWTN News	Vaticano	Daily Mass: Olam		The World Over "News" (N)		EWTN News	Rosary	Pro-Life	Catholic	Women of	Battle Ready	261	370		
FLIX	235	★★★★ Staying Alive (*83) Cynthia Rhodes, John Travolta.		★★★★ Begin Again (*13) Keira Knightley.		★★★★ Lucky Them (*13) Toni Collette.		Movie		333			557				
FNC	33	Special Report (L) (N)		The Ingraham Angle (L) (N)		Jesse Watters (L) (N)		Hannity (L) (N)		Gutfeld! (N)		Fox News at Night (L) (N)		205	360		
FOOD	39	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	110	231		
Freeform	50	★★★★ Brave	★★★★ Finding Nemo (*03) Voices of Ellen DeGeneres, Albert Brooks.				★★★★ Finding Dory (*16) Ellen DeGeneres.		The 700 Club			180			311		
FX	47	★★★★ The Help (2011, Drama) Emma Stone, Bryce Dallas Howard, Viola Davis.							★★★★ The Help (*11) Emma Stone, Bryce Dallas Howard, Viola Davis.			▶			136	248	
GOLF	38	★ PGA Tour Golf		Golf Central (N)		PGA Tour Golf AT&T Pebble Beach Pro-Am, First Round				PGA Tour Golf			▶	401	218		
HALL	255	A Picture of Her (*23) Tyler Hynes, Rhiannon Fish.				Romance With a Twist (*24) Jocelyn Hudon.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	185	312		
HBO	201	★★★★ Avatar (*09) Zoe Saldana, Sam Worthington.				★★★★ The Bling Ring Israel Broussard. (P)				Lil Nas X: Long Live Montero (*23, Doc)		Mad Max: Fury Road ▶			300	501	
HBO2	202	★★★★ Edward Scissorhands (*90) Johnny Depp.				Tatiana Suarez		★★ Ted 2 (*15) Seth MacFarlane, Mark Wahlberg.		★★ Get Hard Will Ferrell. ▶			301			502	
HGTV	58	Home Town		Home Town "Homecoming"		Married to Real Estate		Married to Real Estate		Hunters Int'l	Hunters Int'l	Hunters	Hunters	112	229		
HIST	31	Swamp People		Swamp People		Swamp People (N)		Swamp Mysteries (N)		Swamp People		▶			120	269	
LIFE	29	Castle		Theresa Caputo		Theresa Caputo		Theresa Caputo (N)		Theresa Caputo (N)		Theresa Caputo ▶			108	252	
MAX	270	★★★★ Fargo (*96) Steve Buscemi, Frances McDormand.				★★ Kingpin (*96) Woody Harrelson.		★★ Dumb and Dumber To (*14) Jeff Daniels, Jim Carrey.		Movie		310			515		
MMAX	271	★★★★ Room (P)		★★ Predators (*10) Topher Grace, Adrien Brody.				★★ Pathology (*08) Milo Ventimiglia.		★★★★ Black Mass (*15) Johnny Depp. ▶			312			517	
MSNBC	266	The Beat With (L) (N)		The ReidOut (L) (N)		All In With (L) (N)		Alex Wagner Tonight (N)		Last Word With Lawrence		11th Hour (L) (N)		209	356		
MTV	49	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	160	331		
NEWSN	27	Vargas Report (N)		On Balance (N)		Cuomo (N)		Dan Abrams Live (L) (N)		Banfield (N)		Cuomo		239	307		
NICK	42	Loud House	Loud House	Loud House	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	170	299		
PARMT	59	Two Men	Two Men	Two Men	Two Men	★★ Shooter (2007, Action) Michael Peña, Danny Glover, Mark Wahlberg.						★ Gone in 60 Seconds ▶		168	241		
SHO	221	Movie	Thriller 40	★★★★ Dreamgirls (*06) Beyoncé Knowles, Jamie Foxx. (P)				The Woman "Show Thyself"		★★★★ Tropic Thunder (P) ▶		318			545		
SHO2	222	★ The Godfather, Part II		★ Mafia Mamma (*23) Toni Collette.		★★★★ Everything Everywhere All at Once (*22) Michelle Yeoh.		★ Bangkok Dangerous (P) ▶		320			547				
SYFY	54	★★ Happy Death Day (*17) Jessica Rothe.		Braven (*18) Jill Wagner, Jason Momoa. (P)		★★★★ Rise of the Planet of the Apes James Franco.		▶			122			244			
TBS	34	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	★★★★ Shazam! ▶	139			247	
TCM	141	★★ Any Number Can Play (*49) Alexis Smith, Clark Gable.				The Power of Film (N)		★★★★ 2001: A Space Odyssey (*68) Gary Lockwood, Keir Dullea.		Power ▶			132			256	
TLC	52	1000-Lb. Sisters		1000-Lb. Sisters		sMothered (N)		sMothered (N)		90 Day: The Single Life (N)			183			280	
TNT	56	★★★★ Ride Along 2		NBA Tip-Off		NBA Basketball		Los Angeles Lakers at Boston Celtics (L) (N)		Basketball Cleveland Cavaliers at Memphis Grizzlies ▶			138			245	
TOON	83	Con Carne	Dog	King/Hill	King/Hill	Burgers	Burgers	Burgers	American	American	American	American	Rick	176	296		
TRAV	46	Osbornes- Bel.		World's Most Unexplained		World's Most Unexplained (N)		Blind Frog Ranch		World's Most Unexplained			215			277	
TRUTV	259	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	204	246		
TVLAND	60	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	106	304		
USA	55	★★★★ Invictus (*09) Matt Damon, Tony Kgoroge, Morgan Freeman. (P)				★★★★ The Blind Side (2009, Drama) Tim McGraw, Quinton Aaron, Sandra Bullock.		Blind Side ▶		105			242				
VH1	48	★★ The Honeymooners (*05) Mike Epps, Cedric the Entertainer.				Movie		★★ Mr. Church ▶		162			335				
WE	140	9-1-1 "Boston"		★★★★ The Color Purple (1985, Drama) Danny Glover, Margaret Avery, Whoopi Goldberg.				★★★★ The Color Purple ▶		128			260				
TMC	351	★ B...A...	The Wrong Todd (*18) Jesse Rosen.			★★★★ Confess, Fletch (*22) Jon Hamm.		Deadly Cuts (*21) Victoria Smurfit.		Birthmarked ▶		327			554		

Thursday Best Bets



Mariska Hargitay in "Law & Order: Special Victims Unit"

Law & Order: Special Victims Unit

⑨ ⑪ ⑫ 9 p.m.
Capt. Benson (Mariska Hargitay) fights for justice alongside her NYPD squad, tackling another case in this brand-new episode, which follows as the SVU helps a man come to terms with being victimized, and as Benson tries to support a victim's family.

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7	9	1	9	8	6	7
8	8	7	1	9	6	7
6	7	9	8	7	8	1
8	7	7	8	9	1	6
7	1	8	9	6	8	7
9	6	9	7	1	7	8
7	7	6	7	9	1	8
9	9	7	8	7	1	6
1	8	8	6	7	9	7

SATURDAY DAYTIME

C = Comcast S1 = DISH S2 = DIRECTV

FEBRUARY 3, 2024

	C	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	S1	S2			
②	KDKA	2	⬅ CBS Saturday Morning (N)	KDKA-TV News This Morning 10 AM (N)		KD Quiz	KD Quiz	Lucky Dog (N)	College Basketball	College Basketball Wichita State at Memphis From the FedEx Forum in Memphis, Tenn. (L) (N)				PGA Tour Golf AT&T Pebble Beach Pro-Am, Third Round From Pebble Beach Golf Links in Pebble Beach, Calif. (L) (N)						2	2			
④	WTAE	4	⬅ Pittsburgh's Action News 4 (N)	Good Morning America (N)		Wildlife Nation (N)	oh baby! (N)	To Be Announced	To Be Announced	NFL Special (N)		2024 Pro Bowl Skills Showdown (N)		2024 NHL All-Star Game (L) (N)						4	4			
⑤	WDTV	5	CBS Saturday Morning (N)			Tail-Valor	Recipe	Raw Travel	Basketball	College Basketball Wichita State at Memphis (N)				PGA Tour Golf AT&T Pebble Beach Pro-Am, Third Round (L) (N)						▶	-	-		
⑦	WTRF	-	Neal Brown Show		Innovation	Hope-Wild	Mission	Tail-Valor	TBA	Basketball		College Basketball Wichita State at Memphis (N)				PGA Tour Golf AT&T Pebble Beach Pro-Am, Third Round (L) (N)						▶	-	-
⑨	WTOV	-	⬅ News 9 Saturday Morning Edition (L) (N)		Wild Kingdom	Earth Odyssey	Play It	Wild Child (N)	U.S. Olympic Trials Marathon From Orlando, Fla. (L) (N)				AMA Supercross Series Monster Energy Series, Round 5 From Ford Field in Detroit. (L) (N)						-	-	-			
①①	WPXI	11	⬅ Channel 11 Saturday		Wild King	Earth Ody.	Play It	Wild Child	U.S. Olympic Trials Marathon From Orlando, Fla. (L) (N)				AMA Supercross Series Monster Energy Series, Round 5 (L) (N)						11	11				
①②	WBOY	12	-N. Brown-	The Josh	Immortals	Invincible	Play It	Wild Child	U.S. Olympic Trials Marathon From Orlando, Fla. (L) (N)				AMA Supercross Series Monster Energy Series, Round 5 (L) (N)						-	-	-			
⑬	WQED	13	Firing-Hoover	The Open Mind	QED Cooks	Test Kitchen	Milk Street Television	Lidia's Kitchen	Mexican	Dooky Chase	Cook's Country	Samantha	Dream of Italy	American Woodshop	Woodsmith Shop	This Old House	This Old House	Ask This Old House	NOVA "When Whales Could Walk" (SP)	13	13			
②②	WCWB	22	Hanna Into the Wild	Hanna Into the Wild	Hanna Into the Wild	Hanna Into the Wild	Paid Program	Paid Program	The Liquidator	Whacked Out Sports	★ LOL (2012, Comedy Drama) Demi Moore, Ashley Greene, Miley Cyrus.			Modern Family	Modern Family	The Rookie Shot"	"Long	Greatest Sports	Basketball	▶	19	19		
②④	WNPB	8	The Chavis Chronicles	Texas Gardener	Family-Garden	Garden Smart	Native Report	A Taste of History	TasteMA-KERS	Woodsmith Shop	American Woodshop	This Old House	This Old House	Motor-Week (N)	Ask This Old House	Ask This Old House	David Holt	Milk Street Television	Cook's Country	Test Kitchen	-	-		
④⑥	WVFX	14	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Hoops Tip-Off (L) (N)	College Basketball Connecticut at St. John's From Madison Square Garden in New York. (L) (N)		College Hoops (N)	NFL Explained	Top 10	College Basketball Utah State at San Diego State From Viejas Arena in San Diego. (L) (N)				Basketball	▶	-	-			
⑤③	WPGH	6	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Tip-Off	College Basketball Connecticut at St. John's (N)		Hoops	NFL	Top 10 (N)	College Basketball Utah State at San Diego State				Basketball	▶	53	53			
A&E	43	Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Everything	Everything	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Neighbor.	Neighbor.	Neighbor.	Neighbor.	118	265		
AMC	63	Two and a Half Men	★★ Conan the Barbarian A quest for revenge by a Cimmerian warrior (Jason Momoa) turns into an epic battle against evil.				★★★ Kill Bill: Vol. 1 An assassin (Uma Thurman) seeks vengeance against her attackers (Lucy Liu, Vivica A. Fox).				★★★ Kill Bill: Vol. 2 ('04) David Carradine, Uma Thurman. An assassin (Uma Thurman) confronts her former boss (David Carradine) and his gang.				★★ Snitch				130	254				
ANPL	40	Extinct or Alive		Extinct or Alive		Extinct or Alive		Extinct or Alive		Extinct or Alive		Extinct or Alive		Extinct or Alive		Dogs 101		Dogs 101		184	282			
BET	61	★★ Tyler Perry's Madea		Goes to Jail ('09) Derek Luke, Tyler Perry.		Behind the Music		★★★ Barbershop: The Next Cut ('16) Cedric the Entertainer, Ice Cube.				★★★ Boyz N the Hood		Laurence Fishburne.		▶	875	329						
BRAVO	57	Vanderpump Rules		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		Below Deck		129	237			
AT&TSP	37	Football	WVU Coaches Show		Game Day		The Lombardi Line (N)		Hockey St. Cloud State at Colorado College				Wm. Basketball Rhode Island at Duquesne (L) (N)		Black Quiz	Sports	Football	Game Day	-	-				
CMT	82	Hot 20 Countdown (N)						★★ Talladega Nights: The Ballad of Ricky Bobby Will Ferrell.				★★★ The School of Rock ('03) Joan Cusack, Jack Black.				The Addams Family		▶	166	327				
CNBC	45	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Snow Show	IMSA VP Racing		Freestyle Ski.		Horse Racing Holy Bull & Robert Lewis (N)				208	355			
CNN	32	Smerconish (L) (N)		The Chris (N)		The Amanpour Hour		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		Smerconish		The Chris		200	202			
COM	51	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	107	249			
CSN	-	⬅ Lacrosse	Birds	Go Racing	Paid Prog.	Paid Prog.	Paid Prog.	Women's College Basketball Yale at Princeton				Bask.	World Poker Tour		World Poker Tour		Football	Birds	Sixers	424	642			
DISC	53	Moonshiners "Free Is Me"		Big Little Brawlers "Last Laughs"		Naked and Afraid "Mayan Sacrifice"		Naked and Afraid "Hangry"		Naked and Afraid "The Danger Within"		Naked and Afraid "Himalayan Hell"		Naked and Afraid "The Pain Forest"		Homestead Rescue "Killzone"		Homestead Rescue		182	278			
DISN	41	Big City Greens	Big City Greens	Marvel's Moon Girl	Marvel's Moon Girl	★★★ The Incredibles (2004, Animated) Voices of Holly Hunter, Samuel L. Jackson, Craig T. Nelson.				Marvel's Moon Girl "Moon Girl Landing"		Marvel's Moon Girl	Marvel's Moon Girl	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	172	290			
EI	98	⬅ Figure Skating		★★★ Harry Potter and the Goblet of Fire ('05) Rupert Grint, Daniel Radcliffe.						★★★ Harry Potter and the Order of the Phoenix ('07) Daniel Radcliffe.				Harry Potter & the Half-Blood Prince				▶	114	236				
ESPN	35	SportsCenter (L) (N)		SportsCenter (L) (N)		College GameDay (N)		College Basketball Teams TBA (L) (N)				College Basketball Teams TBA (L) (N)				College Basketball Houston at Kansas (L) (N)				140	206			
ESPN2	36	NFL Dog Plays (N)		Pro Bowl Skills (N)		30 for 30		College Basketball Virginia Tech at Miami (L) (N)				College Basketball Teams TBA (L) (N)		College Basketball Florida at Texas A&M (L) (N)				144	209					
EWTN	265	Devotion	MY Lourdes	Catholic	Catholic	At Home	Bob	Daily Mass: Olam		Religious	Dominican	Celebrating		Marian Procession (N)		Called to Communion		Catechism	Lamb's	261	370			
FLIX	235	★★★ Night Falls on Manhattan Andy Garcia. (P)				★★★ Changing Lanes ('02) Ben Affleck.				★★★ Miller's Crossing ('90) Gabriel Byrne.				★★★ The Talented Mr. Ripley ('99) Matt Damon.				Movie		333	557			
FNC	33	FOX & Friends (L) (N)		Cavuto Live (L) (N)		Cavuto Live (L) (N)		Fox News Live (L) (N)		Fox News Live (L) (N)		Fox News Live (L) (N)		Journal Editorial (N)		Fox News Live (L) (N)		The Five		205	360			
FOOD	39	Delicious	Delicious	Pioneer	Pioneer	The Kitchen (N)		Girl-Farm	Girl-Farm	Bobby's Triple Threat		Bobby's Triple Threat		Bobby's Triple Threat		Bobby's Triple Threat		Diners	Diners	110	231			
Freeform	50	★ 10 Things I Hate About You Heath Ledger.				★★ Can't Buy Me Love ('87) Patrick Dempsey.				★★★ Pretty Woman ('90, Rom) Julia Roberts, Ralph Bellamy, Richard Gere.				★ Hope Floats ('98) Sandra Bullock.				▶	180	311				
FX	47	⬅ ★★★ Hitch ('05) Will Smith.			★★★ Anchorman: The Legend of Ron Burgundy				★★★ Anchorman 2: The Legend Continues ('13) Will Ferrell.				★★★ Blades of Glory ('07) Will Ferrell.				★★★ Free Guy				▶	136	248	
GOLF	38	⬅ PGA Tour Golf AT&T Pebble Beach Pro-Am, Second Round						Golf Central Pregame		PGA Tour Golf				DP World Tour Golf Bahrain Championship, Third Round						401	218			
HALL	255	Reba	Reba	Her Pen Pal ('21) Joshua Sasse, Mallory Jansen.				A Royal Winter ('17) Merritt Patterson.				A Harvest Wedding ('17) Jill Wagner.				Love, Romance & Chocolate ('19) Lacey Chabert.				185	312			
HBO	201	★★ Military Wives ('19) Kristin Scott Thomas.			★★ Godzilla ('98) Jean Reno, Matthew Broderick. (P)			★★ Jack Ryan: Shadow Recruit				True Detective "Part 3"		Lil Nas X: Long Live Montero ('23, Documentary)				300	501					
HBO2	202	★★ Serendipity ('01) John Cusack.			I Don't Know How She Does It (P)			True Detective "Part 1"		True Detective "Part 2"		True Detective "Part 3"		Talk Black /★ Now You See Me			Now You See Me 2			▶	301	502		
HGTV	58	Celebrity IOU		Celebrity IOU		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		Love It or List It		112	229			
HIST	31	Swamp Mysteries		Swamp Mysteries		Swamp Mysteries		The UnXplained		The UnXplained				The UnXplained		The UnXplained				120	269			
LIFE	29	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Deadly House Call Joanne Jansen.				Tempted by Danger				Caught in His Web ('22) Garcelle Beauvais-Nilon.				Wrath: A Seven Deadly Sins Story				108	252	
MAX	270	⬅ Locke	★★★ Gemini ('17) Lola Kirke.			★★ Antitrust ('01) Ryan Phillippe.			★★ Into the Blue ('05) Jessica Alba, Paul Walker.			Barely Lethal ('15) Hailee Steinfeld.		★★ Jennifer's Body ('09) Megan Fox.				▶	310	515				
MMAX	271	⬅ Ginger & Rosa (P)		★★ Brokedown Palace		Claire Danes. ★★ Equals ('15) Nicholas Hoult, Kristen Stewart.		★★★ Kingsman: The Secret Service Colin Firth.				★★★ 3 Days to Kill ('14) Kevin Costner.				Movie					312	517		
MSNBC	266	The Weekend (L) (N)		Velshi (L) (N)		Velshi (L) (N)		The Katie Phang Show		Alex Witt Reports (N)		Alex Witt Reports (N)		Alex Witt Reports (N)		The Beat: Weekend (N)		PoliticsNation (L) (N)		209	356			
MTV	49	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	★★★ Friday ('95) Chris Tucker, Ice Cube.		★★ Next Friday ('00) Mike Epps, Ice Cube.				★ Friday After Next				▶	160	331		
NEWSN	27	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		239	307			
NICK	42	SpongeBob	SpongeBob	SpongeBob	★★★ The LEGO Batman Movie ('17) Will Arnett.				★★ Hotel Transylvania ('12) Adam Sandler.				★★ Cloudy With a Chance of Meatballs 2				Baby Shark's Big Movie				170	299		
PARMT	59	NCIS		NCIS		NCIS		NCIS		★★★ The Hangover ('09) Ed Helms, Bradley Cooper.				★★ The Hangover Part II ('11) Ed Helms, Bradley Cooper.							168	241		
SHO	221	⬅ ★★ Mafia Mamma Toni		Collette.		★★★ The Fighter ('10) Mark Wahlberg.			★★ Jack Reacher ('12) Tom Cruise.			★★ The Whale ('22) Sadie Sink, Brendan Fraser.			The Woman in the Wall				Titanic	▶	318	545		
SHO2	222	⬅ ★★★ Mean Girls		★★★ Michael Clayton ('07) George Clooney.		Heist 88 ('23) Courtney B. Vance.		★★★ Dreamgirls ('06) Jamie Foxx. (P)				Echo in the Canyon ('18, Doc)				Michael Clayton				▶	320	547		
SYFY	54	⬅ ★★ The Turning		★★★ Identity ('03) Ray Liotta, John Cusack.		★ The Darkest Hour ('11) Emile Hirsch.				★★★ Enemy of the State ('98) Gene Hackman, Jon Voight, Will Smith.				★★ The Equalizer				▶	122	244				
TBS	34	Friends	Friends	★★ The Meg ('18) Li Bingbing, Jason Statham.				★★ Godzilla ('14) Ken Watanabe, Elizabeth Olsen, Aaron Taylor-Johnson.				★★ Godzilla: King of the Monsters ('19) Kyle Chandler.				Movie			139	247				
TCM	141	⬅ Within Our Gates		Oscar Micheaux: Superhero of Black ...				★★★ Odds Against Tomorrow Harry Belafonte.				Long Day's Journey Into Night				★★★ A Raisin in the Sun ('61) Claudia McNeil, Sidney Poitier.				132	256			
TLC	52	90 Day Fiancé		90 Day Fiancé		90 Day Fiancé		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		1000-Lb. Sisters		90 Day Diaries		90 Day Diaries		183	280			
TNT	56	NCIS: New Orleans		★★ Fast Five ('11) Paul Walker, Jordana Brewster, Vin Diesel.		Pregame		College Basketball Grambling State vs. Jackson State (L) (N)				College Basketball Hampton vs. Howard (L) (N)				138				245				
TOON	83	Hero/Hero	Tiny Too	Teen/Teen	Teen/Teen	Teen/Teen	Craig/Craig	Looney	Looney	Tiny Too		Amaz/Amaz	Hero	Gumball	Scooby-Doo! The WWE Mystery		Gumball	King/Hill	King/Hill	176	296			
TRAV	46	True Terror		True Terror		True Terror		True Terror		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		215	277			
TRUTV	259	World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		World's Dumbest ...		Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	204	246			
TVLAND	60	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	Mike	106	304			
USA	55	⬅ Soccer	Premier	Soccer Brighton & Hove Albion vs. Crystal Palace				Premier	College Basketball Duquesne at Rhode Island (N)				College Basketball Fordham at Saint Louis (L) (N)				★★★ The Hitman's Bodyguard				▶	105	242	
VH1	48	Cheaters	Cheaters	Cheaters	Cheaters	Cheaters	Cheaters	Martin	Martin	Martin	Martin	Martin	Martin	Martin	★★ Boomerang ('92) Halle Berry, Robin Givens, Eddie Murphy.				162	335				
WE	140	Paid Prog.		Paid Prog.		NCIS "Yankee White"		NCIS "Hung Out to Dry"		NCIS "Seadog"		NCIS "The Immortals"		NCIS "The Curse"		NCIS "High Seas"		NCIS "Sub Rosa"		NCIS		128	605	
TMC	351	Movie		★★ Angela's Ashes ('99) Robert Carlyle, Emily Watson.				Dead for a Dollar Christoph Waltz.				★★ Flesh and Bone ('93) Meg Ryan, Dennis Quaid.				★★ Shuttlecock ('91) Alan Bates.				Movie		327	554	

Saturday Best Bets



Auston Matthews serves as one of the captains for the 2024 NHL All-Star Game

U.S. Olympic Trials

9 11 12 Noon
The latest in the U.S. Olympic Trials will air live from Orlando, Fla., where male and female long-distance runners will compete for a spot in the upcoming 2024 Olympics in Paris, France. The route consists of a 2.2-mile loop and three 8-mile loops.

NFL Explained

46 53 2:30 p.m.
As this docuseries offers an in-depth look at how the game (and the NFL at large) became the beloved sport it is today, each episode discusses the evolution of play, from the determination of league rules, to the construction of the Super Bowl Stadium.

2024 NHL All-Star Game

4 3 p.m.
Few things make hockey fans happier than the All-Star game. With the roster available, this game should be entertaining from start to finish. From the Bruins' David Pastrnak to the Blackhawks' Connor Bedard, Toronto's Scotiabank Arena will be hopping.

The Fugitive

(AMC) 8 p.m.
A U.S. marshal (Tommy Lee Jones) hunts for a doctor (Harrison Ford) on the run, a man wrongfully convicted of murdering his wife (Sela Ward). This 1993 film is followed by more Tommy Lee Jones flicks, as "U.S. Marshals" (1998) airs next.

Paging Mr. Darcy

(HALL) 8 p.m.
Making its debut, this 2024 film follows an overly serious scholar as she attends an annual Jane Austen conference, facing a sudden change of heart when she strikes a deal with the man who's playing Mr. Darcy. Starring Mallory Jansen and Will Kemp.

SATURDAY PRIME TIME

C = Comcast S1 = DISH S2 = DIRECTV

FEBRUARY 3, 2024

	C	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2				
2	KDKA	2	PGA Golf AT&T Pebble Beach Pro-Am, Third Round		KDKA-TV News (N)		Byron Allen Presents theGrio Awards				48 Hours (N)		News at Eleven (N)	Paid Program	2	2			
4	WTAE	4	ABC World News (N)	Action News 4 (N)	To Be Announced		NBA Countdown	NBA Basketball Los Angeles Lakers at New York Knicks From Madison Square Garden in New York. (L) (N)			Action News 4 (N)		Fast: Home Rescue	4	4				
5	WDTV	5	PGA Tour Golf		5 News at	Big Deal	Byron Allen Presents theGrio Awards				48 Hours (N)		5 News	Beat	-	-			
7	WTRF	-	PGA Tour Golf		TBA	TBA	Byron Allen Presents theGrio Awards				48 Hours (N)		7News Week	Black-Gold	-	-			
9	WTOV	-	News 9 at Six (L) (N)	NBC Nightly News (N)	Jeopardy!	Wheel of Fortune	The Wall "Turquoise and Donald"		Weakest Link "You Two Are So Cute, It Makes Me Sick"		Saturday Night Live		News 9 Tonight (N)	Saturday Night Live	-	-			
11	WPXI	11	11 News	NBC News	Jeopardy!	Wheel	The Wall		Weakest Link		Saturday Night Live		Channel 11	SNL	11	11			
12	WBOY	12	TBA	NBC News	To Be Announced		The Wall		Weakest Link		Saturday Night Live		12 News	SNL	-	-			
13	WQED	13	PBS News Weekend (N)	Rick Steves' Europe	Antiques Roadshow (N)		Doc Martin "Everlasting Love"		The Long Song on Masterpiece "Episode One"		Filmmaker's Corner "Artists and Whistle"		Austin City Limits "Tanya Tucker; Brittney Spencer" (N)		13	13			
22	WCWB	22	College Basketball Georgia Tech at NC State (L) (N)			College Basketball Syracuse at Wake Forest Veterans Memorial Coliseum in Winston Salem, N.C. (L) (N)			Modern Family		Modern Family	Paid Program	Paid Program	19	19				
24	WNPB	8	PBS News Weekend (N)	Firing-Hoover	Lawrence Welk "Favorite Love Songs (Anacani)"		Song of the Mountains "The Fairfield Four"		Doc Martin "Love Will Set You Free"		Marriage		Austin City Limits "Tanya Tucker; Brittney Spencer" (N)		-	-			
46	WVFX	14	College Basketball Maryland at Michigan State (L) (N)			College Hoops (L) (N)	Women's College Basketball Xfinity Center in College Park, Md. (L) (N)		Iowa at Maryland From Seinfeld "The Understudy"		Seinfeld "The Face Painter"	The Floor		-	-				
53	WPGH	6	Basketball Maryland at Michigan State			Hoops	Women's College Basketball Iowa at Maryland (L) (N)		News		Paid Prog.	The Floor		53	53				
A&E	43	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	118	265				
AMC	63	★★★ Snitch (2013, Crime Story) Barry Pepper, Jon Bernthal, Dwayne Johnson.					★★★ The Fugitive ('93, Thril) Tommy Lee Jones, Sela Ward, Harrison Ford. U.S. marshal (Tommy Lee Jones) hunts doctor (Harrison Ford) for murder of his wife (Sela Ward).					★★ U.S. Marshals ('98) Tommy Lee Jones.					130	254	
ANPL	40	Dogs 101			Dogs 101			Puppy Bowl XX (N)			Dogs 101			184	282				
BET	61	★★★★ Boyz N the Hood			★ Acrimony (2018, Thriller) Lyriq Bent, Ajiona Alexus, Taraji P. Henson.						★★ Boo! A Madea Halloween ('16) Tyler Perry.					875	329		
BRAVO	57	Below Deck			Below Deck "Steamy Vibes"			Below Deck		Below Deck		Below Deck		129	237				
AT&TSP	37	Charlie	C. Moore	Wm. Basketball LIU at St. Francis (Pa.) (L) (N)						Women's College Basketball Rhode Island at Duquesne		No Doubt-Pirates				-	-		
CMT	82	★★★ The Addams Family			★★ Addams Family Values ('93) Raul Julia, Anjelica Huston.						★★ Talladega Nights: The Ballad of Ricky Bobby ('06) Will Ferrell.		166				327		
CNBC	45	American Greed			American Greed			American Greed		American Greed		American Greed		208	355				
CNN	32	CNN Newsroom (N)			CNN Newsroom (N)			CNN Special Program		CNN Special Program		CNN Special Program		200	202				
COM	51	The Office	The Office	The Office	The Office	Jeff Dunham (N)			Jeff Dunham		Jeff Dunham		Talladega Nights: Ballad of...			107	249		
CSN	-	NBA Basketball Brooklyn Nets at Philadelphia 76ers (L) (N)				Sixers Postgame Live (L) (N)				Bask.	Football	Bensinger	NBA Basketball		424	642			
DISC	53	Homestead Rescue "Flood, Sweat & Tears, Part 2"			Homestead Rescue "Poisoned"			Homestead Rescue "Tennessee Unplugged" A three-generation family finds their homestead failing.			Homestead Rescue "Where the Wild Wind Blows" A Colorado war veteran's family and stable of horses.				182	278			
DISN	41	Big City Greens	Big City Greens	Big City Greens "Farmer Remy; Homeward Hound"			Marvel's Moon Girl	Marvel's Moon Girl	Hailey's on It!	Hailey's on It!	Hailey's on It!	Kiff	Kiff	Kiff	172	290			
EI	98	★★★★ Harry Potter and the Half-Blood Prince					★★★ Harry Potter and the Deathly Hallows: Part 1 ('10) Daniel Radcliffe.					Harry Potter & the Deathly ...				114	236		
ESPN	35	GameDay	College Basketball Duke at North Carolina (L) (N)				College Basketball Tennessee at Kentucky (L) (N)				College Basketball Teams TBA (L) (N)				140	206			
ESPN2	36	College Basketball Teams TBA (L) (N)				College Basketball Iowa State at Baylor (L) (N)				College Basketball Teams TBA (L) (N)				144	209				
EWTN	265	The Miracle	Gospel	Daily Mass: Olam Lourdes "Part 1"						Crux	Living Right With Dr. Ray		Web/Faith	EWTN Book	261	370			
FLIX	235	★★★★ Romeo and Juliet ('68) Leonard Whiting. (P)					★★★ The English Patient ('96) Juliette Binoche, Ralph Fiennes.					★★★★ Terms of Endearment (P)				333	557		
FNC	33	Fox Report (L) (N)			The Big Weekend Show (N)			Life, Liberty & Levin (N)		One Nation (N)		Saturday Night (N)		Gutfeld!	205	360			
FOOD	39	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	110	231				
Freeform	50	Movie		★★ The Proposal ('09) Ryan Reynolds, Sandra Bullock.						★★ How to Lose a Guy in 10 Days ('03) Matthew McConaughey, Kate Hudson.						180	311		
FX	47	★★★★ Free Guy ('21) Ryan Reynolds.			★★★★ Free Guy (2021, Action) Jodie Comer, Joe Keery, Ryan Reynolds.			★★★★ Spider-Man: No Way Home ('21) Tom Holland.				136				248			
GOLF	38	DP World Tour Golf			Golf Central (N)			PGA Tour Golf AT&T Pebble Beach Pro-Am, Third Round				Women's Golf				401	218		
HALL	255	Roadhouse Romance ('21) Tyler Hynes, Lauren Alaina.					Paging Mr. Darcy ('24) Will Kemp, Mallory Jansen. (P)				Betty's Bad Luck in Love ('24) Laci J Mailey.				185	312			
HBO	201	★★ The Box ('09) James Marsden, Cameron Diaz.					★★★ Midsommar ('19) Jack Reynor, Florence Pugh. (P)				True Detective "Part 3"		Real Time			300	501		
HBO2	202	★★★ Now You See Me 2 Jesse Eisenberg.			★★ Date Night ('10) Tina Fey, Steve Carell.			★★★★ The Devil Wears Prada Meryl Streep.				★★★★ Definitely, Maybe Ryan Reynolds.				301	502		
HGTV	58	Love It or List It			Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	112	229				
HIST	31	The UnXplained			The UnXplained			The UnXplained				The UnXplained		The UnXplained			120	269	
LIFE	29	Girl in the Video ('24) Tia May Watts, Cush Jumbo.					A Widow Seduced ('23) Gray Powell, Natalie Brown. (P)				Girl in the Closet ('23) Tami Roman, Remy Ma.				108	252			
MAX	270	★★★ The Bourne Ultimatum ('07) Matt Damon.					★★ Taken 3 ('14) Liam Neeson.				★★★★ The Witch ('15) Anya Taylor-Joy.				★★★★ Appaloosa			310	515
MMAX	271	★★★ Unbreakable ('00) Bruce Willis.			I Am Wrath ('16) John Travolta.			Bullet Head ('17) Antonio Banderas.				★★★★ Attack the Block John Boyega. (P)				312	517		
MSNBC	266	The Saturday Show (L) (N)			Ayman (L) (N)			Ayman (L) (N)		The Rachel Maddow Show		Ayman		11th Hour			209	356	
MTV	49	★ Friday After Next			★★★★ Friday ('95, Com) Chris Tucker, Nia Long, Ice Cube.			★★ Next Friday (2000, Comedy) Mike Epps, Justin Pierce, Ice Cube.				American		American	Rick	Rick	160	331	
NEWSN	27	Blue Bloods			NewsNation Prime (L) (N)			NewsNation Prime (L) (N)		NewsNation Prime (L) (N)		NewsNation Prime		NewsNation Prime			239	307	
NICK	42	Baby Shark's Big Movie!			★★ Shrek Forever After ('10) Mike Myers.			Friends		Friends	Friends	Friends	Friends	Friends	170	299			
PARMT	59	★★ The Hangover Part III ('13) Ed Helms, Bradley Cooper.					★★★★ The Hangover ('09) Ed Helms, Zach Galifianakis, Bradley Cooper.					★★ The Hangover Part II				168	241		
SHO	221	★★★★ Titanic (1997, History) Kate Winslet, Billy Zane, Leonardo DiCaprio.					Freedom's Path ('22) RJ Cyler, Gerran Howell. (P)					★★ The Whale				318	545		
SHO2	222	★★★★ Michael Clayton			★★ Beau Is Afraid (2023, Horror) Patti LuPone, Amy Ryan, Joaquin Phoenix.			Kokomo City ('23, Doc) (P)				Heist 88				320	547		
SYFY	54	★★★★ The Equalizer ('14) Denzel Washington.					★★★★ The Avengers (2012, Action) Chris Evans, Mark Ruffalo, Robert Downey Jr..					★★★★ Men in Black				122	244		
TBS	34	★★★★ Godzilla vs. Kong ('21) Alexander Skarsgård.					Big Bang		Big Bang	Big Bang	Big Bang	★★★★ Star Wars: Return of the Jedi ('83) Mark Hamill.				139	247		
TCM	141	★★★★ In the Heat of the Night ('67) Sidney Poitier.					★★★★ When We Were Kings ('96) Muhammad Ali.					★★★★ Hoop Dreams ('94) William Gates, Arthur Agee,				132	256		
TLC	52	90 Day Diaries			Love & Translation			90 Day: The Single Life (N)		90 Day: The Single Life (N)		90 Day: The Single Life (N)		sMothered			183	280	
TNT	56	Postgame (N) Shaq Life			NCIS: New Orleans			All Elite Wrestling: Collision (N)				★ Pineapple Express ('08) James Franco, Seth Rogen.		138			245		
TOON	83	King/Hill	King/Hill	Burgers			Burgers			American	American	American	American	Rick	Rick	176	296		
TRAV	46	The Alaska Triangle			NASA's Unexplained Files			NASA's Unexplained Files		NASA's Unexplained Files		NASA's Unexplained Files		NASA's Unexplained Files			215	277	
TRUTV	259	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	American	American	204	246				
TVLAND	60	Mike	Mike	Mom	Mom	Mom	Mom	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	106	304				
USA	55	The Hitman's Bodyguard			★ The Hitman's Wife's Bodyguard ('21) Ryan Reynolds.			★★ The Hitman's Bodyguard ('17) Samuel L. Jackson, Ryan Reynolds.				Movie				105	242		
VH1	48	★★★★ American Pie ('99) Shannon Elizabeth, Jason Biggs.					★★★★ The 40-Year-Old Virgin ('05) Catherine Keener, Steve Carell.				★★★★ Knocked Up				162	335			
WE	140	NCIS "Marine Down"			NCIS "Left for Dead"			NCIS "Eye Spy"		NCIS "My Other Left Foot"		NCIS "One Shot, One Kill"		NCIS "The Good Samaritan"			128	260	
TMC	351	★★★ Need for Speed ('14) Dominic Cooper, Aaron Paul.					★★ Lucky Number Slevin ('06) Josh Hartnett.				The Collective ('23) Ruby Rose, Lucas Till.				Movie			327	554

Movie Zone

SUNDAY

8:15 a.m. (MAX) **Cyrus** ★★★ (Rom, '10) John C. Reilly, Jonah Hill. A man (John C. Reilly) becomes locked in a battle of wills with his new lover's 21-year-old son. (1h31)

8:30 a.m. (DISN) **A Bug's Life** ★★★ (Ani, '98) Voices of Dave Foley, Kevin Spacey. An inventor ant teams up with other insects to keep a gang of grasshoppers from causing terror. (1h40)

(TMC) **The Host** ★★★ (Hor, '06) Song Kang-ho, Byun Hee-bong. South Koreans fall prey to a ravenous monster that crawled out of the Han River. (2h)

8:50 a.m. (SHO2) **Road to Perdition** ★★★ (Cri, '02) Tom Hanks, Paul Newman. A Depression-era mob enforcer (Tom Hanks) and his son (Tyler Hoechlin) flee after a fatal betrayal. (2h)

9 a.m. (SHO) **You Hurt My Feelings** ★★★ (Com, '23) Julia Louis-Dreyfus, Tobias Menzies. A novelist's marriage is upended when she overhears her husband's honest reaction to her new book. (1h35)

9:30 a.m. (Freeform) **Ron's Gone Wrong** ★★★ (Ani, '21) Voices of Zach Galifianakis, Jack Dylan Grazer. An awkward schoolboy receives a malfunctioning robot that's supposed to be his best friend. (2h30)

10 a.m. (FLIX) **The Diving Bell and the Butterfly** ★★★★★ (Dra, '07) Mathieu Amalric, Emmanuelle Seigner. Editor-in-Chief Jean-Dominique Bauby (Mathieu Amalric) of Elle magazine has a devastating stroke. (1h55)

10:35 a.m. (SHO) **The Fighter** ★★★ (Dra, '10) Mark Wahlberg, Christian Bale. Two brothers (Mark Wahlberg, Christian Bale) reunite to train for a historic boxing match. (1h55)

10:45 a.m. (TBS) **Star Wars: The Force Awakens** ★★★ (Sci-Fi, '15) Harrison Ford, Mark Hamill. Han Solo and his young allies face a new threat from the evil Kylo Ren and the First Order. (2h57)

10:50 a.m. (SHO2) **World War Z** ★★★ (Hor, '13) Brad Pitt, Mireille Enos. A former U.N. investigator is forced back into service to find the source of a zombie pandemic. (2h)

11:30 a.m. (SYFY) **Harry Potter and the Order of the Phoenix** ★★★ (Fan, '07) Daniel Radcliffe, Rupert Grint. Harry (Daniel Radcliffe) teaches a group of students to defend Hogwarts from Voldemort's minions. (3h)

(AMC) **Gladiator** ★★★ (Hist, '00) Russell Crowe, Joaquin Phoenix. Gen. Maximus (Russell Crowe) seeks revenge for his family's deaths. (3h30)

Noon (Freeform) **Smallfoot** ★★★ (Ani, '18) Voices of Channing Tatum, James Corden. A friendly Yeti named Migo discovers something that he didn't know existed – a human. (2h)

(TCM) **Love Crazy** ★★★ (Rom, '41) William Powell, Myrna Loy. Couple (William Powell, Myrna Loy) have wacky fourth anniversary. (2h)

(TNT) **Wonder Woman** ★★★ (Act, '17) Gal Gadot, Chris Pine. Wonder Woman (Gal Gadot) discovers her full powers and true destiny while fighting alongside men. (3h)

12:30 p.m. (COM) **The Other Guys** ★★★ (Com, '10) Will Ferrell, Mark Wahlberg. Two desk-bound detectives (Will Ferrell, Mark Wahlberg) get a chance to work on a real case. (2h30)

12:55 p.m. (MAX) **Hustle & Flow** ★★★ (Dra, '05) Terrence Howard, Anthony Anderson. A pimp (Terrence Howard) wants to rap his way out of his dead-end life. (1h57)

1 p.m. (FX) **Spider-Man: Homecoming** ★★★ (Act, '17) Tom Holland, Michael Keaton. High school student Peter Parker embraces his new identity as Spider-Man to battle the evil Vulture. (3h)

1:40 p.m. (HBO) **Skyfall** ★★★ (Act, '12) Daniel Craig, Judi Dench. When M's past comes back to haunt her, James Bond's (Daniel Craig) loyalty is put to the test. (2h27)

(TBS) **Star Wars: The Last Jedi** ★★★ (Sci-Fi, '17) Mark Hamill, Carrie Fisher. Luke Skywalker comes to a crossroad when he meets a woman who wants to learn the ways of the Jedi. (3h15)

2 p.m. (E) **Ghostbusters** ★★★ (Com, '84) Bill Murray, Dan Aykroyd. Armed with proton packs, four paranormal investigators battle mischievous ghouls in New York. (2h30)

(Freeform) **Despicable Me** ★★★ (Ani, '10) Voices of Steve Carell, Jason Segel. One of the

world's greatest villains meets his match in three little orphans. (2h05)

(TCM) **Gay Purr-ee** ★★★ (Ani, '62) Voices of Judy Garland, Robert Goulet. A small-town cat and her two sidekicks leave the country to explore the wonders of Paris. (1h45)

2:05 p.m. (FLIX) **Pride** ★★★ (Com.-Dra, '14) Bill Nighy, Imelda Staunton. Gays and lesbians from London lend their support to striking coal miners in 1984 Wales. (2h05)

2:30 p.m. (SYFY) **Harry Potter and the Half-Blood Prince** ★★★ (Child, '09) Daniel Radcliffe, Rupert Grint. Harry and the gang confront the terrifying truth that Voldemort is back and Hogwarts is in danger. (3h31)

2:55 p.m. (SHO2) **Road to Perdition** ★★★ (Cri, '02) Tom Hanks, Paul Newman. See 8:50 AM (2h)

3 p.m. (E) **Warrior** ★★★ (Act, '11) Joel Edgerton, Tom Hardy. A war veteran and his estranged brother clash in a mixed-martial-arts tournament. (3h)

(TNT) **The Hunger Games** ★★★ (Sci-Fi, '12) Jennifer Lawrence, Josh Hutcherson. In a place once known as North America, youths fight to the death in a nationally televised contest. (3h)

3:45 p.m. (TCM) **Silk Stockings** ★★★ (Mus, '57) Fred Astaire, Cyd Charisse. A Hollywood producer (Fred Astaire) falls in love with a Russian envoy (Cyd Charisse) in Paris. (2h15)

4 p.m. (FX) **Spider-Man: Far From Home** ★★★ (Act, '19) Tom Holland, Samuel L. Jackson. Spider-Man teams up with Nick Fury and fellow superhero Misterio to battle four elemental creatures. (3h)

4:05 p.m. (Freeform) **Despicable Me 2** ★★★ (Ani, '13) Voices of Steve Carell, Kristen Wiig. Gru and his new partner hunt the perpetrator of a spectacular heist. (2h10)

4:10 p.m. (FLIX) **A Single Man** ★★★ (Dra, '09) Colin Firth, Julianne Moore. A gay professor (Colin Firth) plans to commit suicide in the wake of his lover's death. (1h45)

4:30 p.m. (MTV) **Friends With Benefits** ★★★ (Rom, '11) Justin Timberlake, Mila Kunis. Complications unfold when two friends (Justin Timberlake, Mila Kunis) add sex to their relationship. (2h30)

4:45 p.m. (SHO) **Everything Everywhere All at Once** ★★★ (Com, '22) Michelle Yeoh, Stephanie Hsu. An unlikely hero uses newfound powers to fight fearsome and bewildering dangers from the multiverse. (2h30)

4:55 p.m. (SHO2) **No Country for Old Men** ★★★ (Thrill, '07) Tommy Lee Jones, Javier Bardem. A hunter (Josh Brolin) becomes the hunted after taking money from the scene of a drug deal gone bad. (2h05)

5 p.m. (HBO2) **Edge of Tomorrow** ★★★ (Sci-Fi, '14) Tom Cruise, Emily Blunt. Caught in a time loop, a soldier (Tom Cruise) repeatedly relives the battle in which he died. (1h57)

5:55 p.m. (FLIX) **Emma** ★★★ (Rom, '96) Gwyneth Paltrow, Jeremy Northam. In the 1800s, a matchmaker's (Gwyneth Paltrow) machinations prove disastrous. (2h05)

6 p.m. (SYFY) **Harry Potter and the Deathly Hallows: Part 1** ★★★ (Fan, '10) Daniel Radcliffe, Rupert Grint. Harry, Ron and Hermione set out to destroy the Horcruxes, the secrets to Voldemort's power. (3h05)

(TCM) **Jezebel** ★★★ (Dra, '38) Bette Davis, Henry Fonda. A New Orleans belle (Bette Davis) makes her fiance (Henry Fonda) jealous. (2h)

(TNT) **The Hunger Games: Catching Fire** ★★★ (Sci-Fi, '13) Jennifer Lawrence, Josh Hutcherson. As rebellion simmers, a cruel change in the Hunger Games may change Panem forever. (2h45)

6:45 p.m. (HBO) **Good Will Hunting** ★★★ (Dra, '97) Matt Damon, Robin Williams. A therapist (Robin Williams) counsels a janitor (Matt Damon) with a genius IQ. (2h15)

6:55 p.m. (MMAX) **A Most Violent Year** ★★★ (Thrill, '14) Oscar Isaac, Jessica Chastain. In 1981 New York, violence, corruption and decay threaten to destroy a fuel supplier's business. (2h05)

7 p.m. (E) **Ghostbusters** ★★★ (Com, '84) Bill Murray, Dan Aykroyd. See 2:00 PM (2h30)

(FX) **Spider-Man: No Way Home** ★★★ (Act, '21) Tom Holland, Zendaya. The stakes become

dangerous when Peter Parker discovers what it truly means to be Spider-Man. (3h)

(SHO2) **World War Z** ★★★ (Hor, '13) Brad Pitt, Mireille Enos. See 10:50 AM (2h)

8 p.m. (4) **The Parent Trap** ★★★ (Child, '98) Lindsay Lohan, Dennis Quaid. Separated twin sisters (Lindsay Lohan) plot to reunite parents (Dennis Quaid, Natasha Richardson). (2h29)

(DISN) **Onward** ★★★ (Ani, '20) Voices of Tom Holland, Chris Pratt. Two teenage elf brothers embark on a magical quest to spend one more day with their late father. (1h50)

(FLIX) **The Duchess** ★★★ (Hist, '08) Keira Knightley, Ralph Fiennes. A glamorous noblewoman (Keira Knightley) becomes a powerful force for change in late-1700s England. (2h)

8:45 p.m. (TNT) **The Hunger Games: Mockingjay, Part 1** ★★★ (Sci-Fi, '14) Jennifer Lawrence, Josh Hutcherson. Katniss finds herself



in District 13, fighting to save Peeta and a nation moved by her courage. (2h15)

9:05 p.m. (HBO2) **The Informant!** ★★★ (Com.-Dra, '09) Matt Damon, Scott Bakula. Executive Mark Whitacre (Matt Damon) gathers data on Archer Daniels Midland for the FBI. (1h52)

(SYFY) **Harry Potter and the Deathly Hallows: Part 2** ★★★ (Fan, '11) Daniel Radcliffe, Rupert Grint. As his showdown with Lord Voldemort nears, Harry may have to make the ultimate sacrifice. (2h53)

9:30 p.m. (TCM) **The Scarlet Letter** ★★★ (Dra, '34) Colleen Moore, Hardie Albright. Hawthorne's Hester Prynne (Colleen Moore) must wear letter A, for adultery. (1h15)

9:35 p.m. (MAX) **Kingsman: The Secret Service** ★★★ (Act, '14) Colin Firth, Michael Caine. A spy organization recruits an uncouth street kid into its highly competitive training program. (2h10)

10 p.m. (FLIX) **The English Patient** ★★★ (Dra, '96) Ralph Fiennes, Juliette Binoche. Count's (Ralph Fiennes) fling with a British newlywed leads to tragedy. (2h45)

(FX) **Spider-Man: No Way Home** ★★★ (Act, '21) Tom Holland, Zendaya. See 7:00 PM (3h)

(SHO) **The Godfather** ★★★★★ (Cri, '72) Marlon Brando, Al Pacino. Crime boss Vito Corleone and his sons rule their New York empire with mafia justice. (3h)

MONDAY

8:05 a.m. (FLIX) **Little Women** ★★★ (Dra, '94) Winona Ryder, Gabriel Byrne. With her husband away at war, a woman raises four daughters in 19th-century New England. (2h05)

8:15 a.m. (SYFY) **Serenity** ★★★ (Sci-Fi, '05) Nathan Fillion, Gina Torres. A spaceship crew (Nathan Fillion, Gina Torres, Alan Tudyk) gets caught in a deadly conflict. (2h30)

9 a.m. (TCM) **Ex-Lady** ★★★ (Com.-Dra, '33) Bette Davis, Gene Raymond. A commercial artist (Bette Davis) would rather not marry her adman partner (Gene Raymond). (1h15)

9:15 a.m. (AMC) **A League of Their Own** ★★★ (Com.-Dra, '92) Tom Hanks, Geena Davis. The All-American Girls Professional Baseball League begins in 1943 with a has-been as a manager. (3h)

9:25 a.m. (SHO2) **Begin Again** ★★★ (Rom, '13) Keira Knightley, Mark Ruffalo. A life-changing

bond develops between a disgraced music producer and a talented singer. (1h45)

10 a.m. (FX) **Spider-Man: Homecoming** ★★★ (Act, '17) Tom Holland, Michael Keaton. See Sunday at 1:00 PM (3h)

(SHO) **Bridge of Spies** ★★★ (Hist, '15) Tom Hanks, Mark Rylance. Lawyer James Donovan tries to negotiate a prisoner exchange for captured pilot Francis Gary Powers. (2h25)

10:10 a.m. (FLIX) **The Station Agent** ★★★ (Dra, '03) Peter Dinklage, Patricia Clarkson. Friendly man and a tormented woman try to befriend an anti-social dwarf who inherited a train depot. (1h35)

10:15 a.m. (TCM) **Third Finger, Left Hand** ★★★ (Com, '40) Myrna Loy, Melvyn Douglas. Artist (Melvyn Douglas) poses as magazine editor's (Myrna Loy) husband. (1h45)

12:15 p.m. (AMC) **Hoosiers** ★★★ (Dra, '86) Gene Hackman, Barbara Hershey. 1950s basketball coach (Gene Hackman) leads lowly Indiana high-schoolers. (2h30)

12:45 p.m. (HBO2) **The Menu** ★★★ (Hor, '22) Ralph Fiennes, Anya Taylor-Joy. Shocking surprises await a couple when they travel to an island to sample a chef's lavish menu. (1h50)

1 p.m. (FX) **Spider-Man: Far From Home** ★★★ (Act, '19) Tom Holland, Samuel L. Jackson. See Sunday at 4:00 PM (3h)

1:15 p.m. (MAX) **Obvious Child** ★★★ (Com, '14) Jenny Slate, Jake Lacy. An immature comic must navigate adulthood after a tryst results in her unplanned pregnancy. (1h25)

1:20 p.m. (MMAX) **Mississippi Grind** ★★★ (Dra, '15) Ryan Reynolds, Ben Mendelsohn. A gambling addict takes his newfound friend on a road trip to a high-stakes poker game. (1h50)

2 p.m. (FLIX) **Only Lovers Left Alive** ★★★ (Dra, '13) Tilda Swinton, Tom Hiddleston. Centuries-old vampire lovers (Tilda Swinton, Tom Hiddleston) ponder their place in the modern world. (2h05)

2:15 p.m. (SHO) **Pearl** ★★★ (Hor, '22) Mia Goth, David Corenswet. Pearl, trapped on a farm with her controlling parents, longs to escape and get her revenge. (1h45)

2:35 p.m. (HBO2) **Flight** ★★★ (Dra, '12) Denzel Washington, Don Cheadle. Troubling questions arise after a veteran pilot makes a miracle landing after a mid-air catastrophe. (2h21)

2:55 p.m. (SHO2) **Mean Girls** ★★★ (Com, '04) Lindsay Lohan, Rachel McAdams. A teen (Lindsay Lohan) becomes friends with three cruel schoolmates. (1h35)

4 p.m. (SHO) **The Italian Job** ★★★ (Thrill, '03) Mark Wahlberg, Charlize Theron. A thief (Mark Wahlberg) and his crew plan to steal back their gold. (1h55)

4:15 p.m. (MAX) **Mud** ★★★ (Dra, '13) Matthew McConaughey, Tye Sheridan. Two boys meet a fugitive whose wild tales about bounty hunters and a beautiful woman come true. (2h11)

5 p.m. (HBO2) **The Spectacular Now** ★★★ (Com.-Dra, '13) Miles Teller, Shailene Woodley. A shy, unpopular teen is drawn to a charismatic classmate who has a drinking problem. (1h38)

6 p.m. (FLIX) **The Crying Game** ★★★★★ (Thrill, '92) Stephen Rea, Miranda Richardson. IRA underling (Stephen Rea) meets doomed British soldier's (Forest Whitaker) lover. (2h)

(FX) **X-Men: First Class** ★★★ (Act, '11) James McAvoy, Michael Fassbender. Mutants Charles Xavier and Erik Lehnsherr begin as friends, but a situation tears them apart. (3h)

6:15 p.m. (DISN) **Big Hero 6** ★★★ (Ani, '14) Voices of Ryan Potter, Scott Adsit. A child prodigy, his robot and a reluctant crew of novice crime-fighters team up to save their city. (1h45)

8 p.m. (PARMT) **World War Z** ★★★ (Hor, '13) Brad Pitt, Mireille Enos. See Sunday at 10:50 AM (2h30)

(AMC) **Moneyball** ★★★ (Dra, '11) Brad Pitt, Jonah Hill. A baseball manager (Brad Pitt) on a tight budget takes a new approach to assembling his team. (3h)

(MAX) **Scary Movie** ★★★ (Com, '00) Shawn Wayans, Marlon Wayans. In a parody of modern horror movies, a killer in a Halloween mask terrorizes and murders teenagers. (1h29)

(TCM) **Children of a Lesser God** ★★★ (Dra, '86) William Hurt, Marlee Matlin. A teacher (William Hurt) loves a graduate (Marlee Matlin) at a school for the deaf. (2h15)

8:40 p.m. (SYFY) **Cloverfield** ★★★ (Sci-Fi, '08) Michael Stahl-David, Mike Vogel. Terrified New Yorkers witness a monstrous creature's attack on their city. (1h52)

9 p.m. (MMAX) **Enemy** ★★★ (Thrill, '13) Jake Gyllenhaal, Mélanie Laurent. A mild-mannered college professor investigates the life of an actor who looks exactly like him. (1h31)

(SHO2) **You Hurt My Feelings** ★★★ (Com, '23) Julia Louis-Dreyfus, Tobias Menzies. See Sunday at 9:00 AM (1h35)

TUESDAY

8:30 a.m. (TCM) **They Died With Their Boots On** ★★★ (Wes, '41) Errol Flynn, Olivia de Havilland. George Armstrong Custer (Errol Flynn) goes from West Point cadet to Little Bighorn general. (2h30)

8:45 a.m. (SHO) **You Hurt My Feelings** ★★★ (Com, '23) Julia Louis-Dreyfus, Tobias Menzies. See Sunday at 9:00 AM (1h45)

9:30 a.m. (FX) **Logan** ★★★ (Act, '17) Hugh Jackman, Patrick Stewart. A weary Logan cares for an ailing Professor X while protecting a young mutant girl from dark forces. (3h)

10:30 a.m. (SHO) **Bridget Jones's Diary** ★★★ (Rom, '01) Renée Zellweger, Colin Firth. An outrageous British woman (Renée Zellweger) falls for two men (Colin Firth, Hugh Grant). (1h40)

11:15 a.m. (HBO) **Far From the Madding Crowd** ★★★ (Rom, '15) Carey Mulligan, Matthias Schoenaerts. A sheep farmer, a sergeant and a prosperous bachelor vie for the hand of head-strong woman. (2h02)

(TCM) **Rosalie** ★★★ (Mus, '37) Nelson Eddy, Eleanor Powell. A West Point cadet falls in love with a young woman who he later finds out is a Balkan princess. (2h15)

Noon (AMC) **Moneyball** ★★★ (Dra, '11) Brad Pitt, Jonah Hill. See Monday at 8:00 PM (3h)

12:30 p.m. (FLIX) **The Talented Mr. Ripley** ★★★ (Thrill, '99) Matt Damon, Gwyneth Paltrow. One young man (Matt Damon) begins to assume the identity of another (Jude Law). (2h30)

12:35 p.m. (MMAX) **Charlie Wilson's War** ★★★ (Doc/Dra, '07) Tom Hanks, Julia Roberts. A congressman, a socialite and a CIA agent boost funding for covert operations in Afghanistan. (1h42)

1:10 p.m. (HBO2) **Fargo** ★★★★★ (Thrill, '96) Frances McDormand, Steve Buscemi. An overextended salesman (William H. Macy) hires goats to kidnap his wife. (1h42)

1:50 p.m. (TMC) **There Will Be Blood** ★★★★★ (Dra, '07) Daniel Day-Lewis, Paul Dano. A Texas oil prospector (Daniel Day-Lewis) becomes morally bankrupt as his fortune grows. (2h40)

2:15 p.m. (MMAX) **From Russia With Love** ★★★ (Act, '63) Sean Connery, Daniela Bianchi. Agent 007 (Sean Connery) meets Russian beauty (Daniela Bianchi), pawn in SPECTRE plot. (1h56)

2:50 p.m. (MAX) **Election** ★★★ (Com, '99) Matthew Broderick, Reese Witherspoon. An over-achiever (Reese Witherspoon) runs for class president. (1h43)

2:55 p.m. (HBO2) **Birdman or (The Unexpected Virtue of Ignorance)** ★★★ (Com, '14) Michael Keaton, Zach Galifianakis. A washed-up actor,

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whose most-famous role was a superhero, makes a Broadway bid for glory. (2h03)

3 p.m. (AMC) Braveheart ★★★ (Hist, '95) Mel Gibson, Sophie Marceau. A Scotsman (Mel Gibson) leads a revolt against the English king (Patrick McGoohan). (4h)

(FLIX) Changing Lanes ★★★ (Thrill, '02) Ben Affleck, Samuel L. Jackson. Two men (Ben Affleck, Samuel L. Jackson) have an ongoing feud after a car accident. (1h45)

(HBO) Barbie ★★★ (Com, '23) Margot Robbie, Ryan Gosling. Barbie and Ken leave the world of Barbie Land to discover the joys and perils of the real world. (1h57)

3:30 p.m. (SYFY) Cloverfield ★★★ (Sci-Fi, '08) Michael Stahl-David, Mike Vogel. See Monday at 8:40 PM (1h53)

3:40 p.m. (SHO2) American Hustle ★★★ (Cri, '13) Christian Bale, Bradley Cooper. An ambitious FBI agent forces two con artists to infiltrate New Jersey's power-brokers and mafia. (2h20)

4:30 p.m. (MAX) I Love You, Man ★★★ (Com, '09) Paul Rudd, Jason Segel. A bridegroom's (Paul Rudd) growing relationship with his new best friend threatens his fiancée. (1h45)

4:55 p.m. (HBO2) The Silence of the Lambs ★★★★★ (Thrill, '91) Jodie Foster, Anthony Hopkins. An FBI agent (Jodie Foster) uses one murderer (Anthony Hopkins) to catch another. (2h02)

(HBO) Spy ★★★ (Com, '15) Melissa McCarthy, Jason Statham. A CIA analyst volunteers to go deep under cover as the world's newest and unlikeliest secret weapon. (2h03)

5 p.m. (FX) Captain America: The Winter Soldier ★★★★★ (Act, '14) Chris Evans, Scarlett Johansson. Captain America, the Black Widow and the Falcon face an unexpected enemy. (3h)

5:25 p.m. (SYFY) Troy ★★★ (Adv, '04) Brad Pitt, Eric Bana. Warrior Achilles leads Greek forces in the Trojan War, ignited when Paris abducts Helen of Troy. (3h05)

5:30 p.m. (TCM) The Long Gray Line ★★★ (Bio, '55) Tyrone Power, Maureen O'Hara. Irish immigrant Marty Maher (Tyrone Power) spends 50 years as a coach at the U.S. Military Academy. (2h30)

6 p.m. (SHO2) Michael Clayton ★★★ (Dra, '07) George Clooney, Tom Wilkinson. A "fixer" (George Clooney) at a corporate law firm faces the biggest challenge of his career. (2h)

6:05 p.m. (DISN) Ralph Breaks the Internet ★★★★★ (Ani, '18) Voices of John C. Reilly, Sarah Silverman. Ralph and Vanellope embark on an adventure inside the internet to find a spare part for a game. (1h55)

6:35 p.m. (TMC) 12 O'Clock Boys: The Director's Cut ★★★ (Doc, '13) A Baltimore youth idolizes a group of dirt-bike riders and hopes to join their ranks. (1h25)

7 p.m. (AMC) Gladiator ★★★ (Hist, '00) Russell Crowe, Joaquin Phoenix. See Sunday at 11:30 AM (3h30)

(Freeform) The Parent Trap ★★★ (Child, '98) Lindsay Lohan, Dennis Quaid. See Sunday at 8:00 PM (3h)

7:35 p.m. (MMAX) Locke ★★★ (Dra, '13) Tom Hardy, Ruth Wilson. A man's life unravels as he drives to London to be present for the birth of his child. (1h25)

8 p.m. (PARMT) Raiders of the Lost Ark ★★★★★ (Adv, '81) Harrison Ford, Karen Allen. Indiana Jones (Harrison Ford) braves snakes and Nazis to find the biblical ark of the covenant. (2h30)

(FX) Avengers: Age of Ultron ★★★★★ (Act, '15) Robert Downey Jr., Chris Hemsworth. Things go awry when Tony Stark tries to jumpstart a dormant peacekeeping program. (3h)

(HBO) The Lord of the Rings: The Fellowship of the Ring ★★★ (Fan, '01) Elijah Wood, Ian McKellen. Creatures unite to destroy a powerful ring and defeat a lord. (3h01)

(MAX) Rescue Dawn ★★★ (War, '06) Christian Bale, Steve Zahn. A U.S. fighter pilot (Christian Bale) is shot down during the Vietnam War and becomes a POW. (2h06)

(TMC) The Inspection ★★★ (Dra, '22) Jeremy Pope, Raul Castillo. A young gay man finds unexpected strength, camaraderie and support after he joins the Marines. (1h35)

8:30 p.m. (SYFY) Terminator 3: Rise of the Machines ★★★★★ (Sci-Fi, '03) Arnold Schwarzenegger, Nick Stahl. A cyborg (Arnold Schwarzenegger) protects John Connor (Nick Stahl) from a superior model. (2h30)

9 p.m. (MMAX) The Witch ★★★ (Hor, '15) Anya Taylor-Joy, Ralph Ineson. In 1630 New England, members of a farming family suspect the oldest daughter of witchcraft. (1h33)

(SHO) You Hurt My Feelings ★★★ (Com, '23) Julia Louis-Dreyfus, Tobias Menzies. See Sunday at 9:00 AM (1h35)

9:35 p.m. (TMC) Blue Velvet ★★★ (Thrill, '86) Kyle MacLachlan, Isabella Rossellini. A man (Kyle MacLachlan) ties the mystery of a severed ear to a roadhouse floozy and her tormentor. (2h)

9:40 p.m. (FLIX) Racing With the Moon ★★★ (Rom, '84) Sean Penn, Elizabeth McGovern. Buddies (Sean Penn, Nicolas Cage) fool around before joining Marines in 1942. (1h50)

10 p.m. (TCM) Cape Fear ★★★ (Thrill, '62) Gregory Peck, Robert Mitchum. Southern lawyer (Gregory Peck) sets houseboat trap for ex-convict psycho (Robert Mitchum). (2h)

(TRUTV) Blades of Glory ★★★ (Com, '07) Will Ferrell, Jon Heder. Banned from singles competition, rival male skaters find a way to compete as a pair. (2h)

WEDNESDAY

8:30 a.m. (FLIX) The Host ★★★ (Hor, '06) Song Kang-ho, Byun Hee-bong. See Sunday at 8:30 AM (2h)

8:55 a.m. (HBO) Live Free or Die Hard ★★★ (Act, '07) Bruce Willis, Justin Long. A digital villain attacks the computer infrastructure of the United States. (2h11)

9 a.m. (AMC) First Blood ★★★ (Act, '82) Sylvester Stallone, Richard Crenna. Rambo (Sylvester Stallone) takes on sheriff (Brian Dennehy) and National Guard. (2h)

(SHO2) The Drop ★★★ (Cri, '14) Tom Hardy, Noomi Rapace. A lonely bartender finds himself in the crosshairs of Chechen mobsters and a neighbor's abusive ex. (1h50)

9:15 a.m. (TCM) Going Home ★★★ (Dra, '71) Robert Mitchum, Jan-Michael Vincent. Son (Jan-Michael Vincent) confronts father (Robert Mitchum), paroled after killing wife. (1h45)

10:20 a.m. (HBO2) Bull Durham ★★★ (Rom, '88) Kevin Costner, Susan Sarandon. Baseball groupie (Susan Sarandon) romances two minor-league players (Tim Robbins, Kevin Costner). (1h50)

10:30 a.m. (VHI) The Best Man ★★★ (Com.-Dra, '99) Taye Diggs, Nia Long. A writer (Taye Diggs) meets an old flame (Nia Long) at his friend's (Morris Chestnut) wedding. (2h30)

10:50 a.m. (SHO2) Titanic ★★★★★ (Hist, '97) Leonardo DiCaprio, Kate Winslet. A woman (Kate Winslet) falls for an artist (Leonardo DiCaprio) aboard the ill-fated ship. (3h15)

11 a.m. (AMC) Braveheart ★★★ (Hist, '95) Mel Gibson, Sophie Marceau. See Tuesday at 3:00 PM (4h)

(Freeform) Rudy ★★★ (Dra, '93) Sean Astin, Ned Beatty. Illinois youth (Sean Astin) beats odds to play Notre Dame football. (2h40)

11:20 a.m. (MMAX) The Spy Who Loved Me ★★★★★ (Act, '77) Roger Moore, Barbara Bach. Agent 007 (Roger Moore) and a Russian beauty (Barbara Bach) foil a nuclear madman (Curt Jurgens). (2h06)

12:25 p.m. (SYFY) Troy ★★★ (Adv, '04) Brad Pitt, Eric Bana. See Tuesday at 5:25 PM (3h03)

12:30 p.m. (FLIX) Pride ★★★ (Com.-Dra, '14) Bill Nighy, Imelda Staunton. See Sunday at 2:05 PM (2h05)

1:15 p.m. (HBO) Skyfall ★★★ (Act, '12) Daniel Craig, Judi Dench. See Sunday at 1:40 PM (2h26)

1:40 p.m. (Freeform) Smallfoot ★★★ (Ani, '18) Voices of Channing Tatum, James Corden. See Sunday at 12:00 PM (2h05)

2 p.m. (FX) Thor ★★★ (Act, '11) Chris Hemsworth, Natalie Portman. After his reckless actions reignite an ancient war, the Norse god is banished to Earth. (2h30)

(SHO) Beverly Hills Cop ★★★ (Com, '84) Eddie Murphy, Judge Reinhold. A hip detective (Eddie

Murphy) shows local police (Judge Reinhold, John Ashton) how it's done. (1h45)

2:05 p.m. (HBO2) Moonlight ★★★ (Dra, '16) Mahershala Ali, Alex Hibbert. A look at three defining chapters in the life of Chiron, a young black man growing up in Miami. (1h53)

(SHO2) Seabiscuit ★★★ (Dra, '03) Tobey Maguire, Jeff Bridges. Three men (Tobey Maguire, Jeff Bridges, Chris Cooper) lead a racehorse to glory in the 1930s. (2h20)

3 p.m. (AMC) Gladiator ★★★ (Hist, '00) Russell Crowe, Joaquin Phoenix. See Sunday at 11:30 AM (3h30)

(TCM) Tarzan and His Mate ★★★ (Adv, '34) Johnny Weissmuller, Maureen O'Sullivan. British ivory hunters want the ape man and Jane to take them to an elephant graveyard. (2h)

3:30 p.m. (SYFY) Terminator 3: Rise of the Machines ★★★★★ (Sci-Fi, '03) Arnold Schwarzenegger, Nick Stahl. See Tuesday at 8:30 PM (2h29)

3:45 p.m. (Freeform) The Secret Life of Pets ★★★★★ (Ani, '16) Voices of Louis C.K., Eric Stonestreet. A terrier and his canine pal encounter a rebellious bunny and his gang of abandoned pets. (2h05)

3:55 p.m. (HBO2) The Grey ★★★ (Adv, '12) Liam Neeson, Frank Grillo. Wolves pursue survivors (Liam Neeson, Frank Grillo) of a plane crash through the Alaskan wild. (2h)

5 p.m. (TCM) Mighty Joe Young ★★★ (Fan, '49) Terry Moore, Ben Johnson. Promoter (Robert Armstrong) brings jungle girl (Terry Moore) and her big ape to Hollywood. (1h45)

5:50 p.m. (Freeform) Inside Out ★★★ (Ani, '15) Voices of Amy Poehler, Phyllis Smith. The five emotions inside a girl's (Kaitlyn Dias) head vie for control after a life-changing event. (2h05)

6 p.m. (VHI) Forrest Gump ★★★★★ (Com.-Dra, '94) Tom Hanks, Robin Wright. An innocent man (Tom Hanks) enters history from the '50s to the '90s. (3h30)

6:25 p.m. (DISN) The Lion King ★★★ (Ani, '94) Young Simba, son of Mufasa, must fight his wicked Uncle Scar to be king after his father is killed. (1h35)

6:30 p.m. (AMC) 300 ★★★ (Act, '06) Gerry Butler, Lena Headey. Badly outnumbered Spartan warriors clash with the Persian army at the Battle of Thermopylae. (2h30)

7 p.m. (FX) Black Widow ★★★ (Act, '21) Scarlett Johansson, Florence Pugh. A dangerous conspiracy forces Natasha Romanoff, aka Black Widow, to confront her past. (3h)

7:20 p.m. (MMAX) Ingrid Goes West ★★★ (Com.-Dra, '17) Aubrey Plaza, Elizabeth Olsen. An obsessive woman moves to Los Angeles to strike up a friendship with a social media celebrity. (1h38)

7:55 p.m. (Freeform) Aladdin ★★★ (Ani, '92) Voices of Scott Weinger, Robin Williams. A talkative genie grants the wishes of a Baghdad thief and a princess. (2h05)

8 p.m. (PARMT) Indiana Jones and the Last Crusade ★★★ (Adv, '89) Harrison Ford, Sean Connery. Jones (Harrison Ford) and his father (Sean Connery) race Nazis to the Holy Grail. (3h)

(FLIX) Reservoir Dogs ★★★ (Cri, '92) Harvey Keitel, Tim Roth. Violent thieves (Harvey Keitel, Tim Roth, Michael Madsen) ponder the identity of an informant. (1h45)

(MAX) (500) Days of Summer ★★★ (Rom, '09) Joseph Gordon-Levitt, Zooey Deschanel. After his lover dumps him, a writer tries to figure out where their relationship went wrong. (1h36)

(SHO2) Titanic ★★★★★ (Hist, '97) Leonardo DiCaprio, Kate Winslet. See 10:50 AM (3h15)

(TCM) Crouching Tiger, Hidden Dragon ★★★ (Adv, '00) Chow Yun-Fat, Michelle Yeoh. Two martial artists (Chow Yun-Fat, Michelle Yeoh) hunt a stolen 400-year-old sword. (2h15)

9 p.m. (AMC) Tombstone ★★★ (Wes, '93) Kurt Russell, Val Kilmer. Doc Holliday (Val Kilmer) joins Wyatt Earp (Kurt Russell) for the OK Corral showdown. (3h)

9:05 p.m. (HBO2) Notes on a Scandal ★★★★★ (Dra, '06) Cate Blanchett, Judi Dench. A veteran teacher (Judi Dench) learns of a new colleague's (Cate Blanchett) affair with a student. (1h34)

9:45 p.m. (FLIX) Blue Velvet ★★★ (Thrill, '86) Kyle MacLachlan, Isabella Rossellini. See Tuesday at 9:35 PM (2h05)

THURSDAY

8 a.m. (TCM) Mutiny on the Bounty ★★★★★ (Adv, '35) Charles Laughton, Clark Gable. An officer (Clark Gable) and shipmates overthrow a cruel captain (Charles Laughton). (2h15)

8:15 a.m. (FLIX) Dirty Pretty Things ★★★ (Thrill, '02) Chiwetel Ejiofor, Audrey Tautou. A hotel receptionist convinces immigrants to each give up a kidney in exchange for a passport. (1h45)

8:40 a.m. (MAX) Ghost ★★★ (Fan, '90) Patrick Swayze, Demi Moore. Slain yuppie (Patrick Swayze) reaches his lover (Demi Moore) with psychic's (Whoopi Goldberg) help. (2h07)

8:50 a.m. (HBO) The Sum of All Fears ★★★★★ (Thrill, '02) Ben Affleck, Morgan Freeman. Jack Ryan (Ben Affleck) fights terrorists planning a nuclear attack. (2h07)

9 a.m. (AMC) District 9 ★★★ (Sci-Fi, '09) Sharlto Copley, Jason Cope. South Africa assigns a restricted area for extraterrestrial refugees. (2h30)

9:40 a.m. (MMAX) Milk ★★★★★ (Dra, '08) Sean Penn, Emile Hirsch. The life story of Harvey Milk (Sean Penn), an openly gay elected official in 1970s San Francisco. (2h09)

10:15 a.m. (TCM) Comrade X ★★★ (Rom, '40) Clark Gable, Hedy Lamarr. Moscow porter makes U.S. newsman (Clark Gable) smuggle out daughter (Hedy Lamarr). (1h45)

10:30 a.m. (Freeform) Smallfoot ★★★ (Ani, '18) Voices of Channing Tatum, James Corden. See Sunday at 12:00 PM (2h)

11:30 a.m. (AMC) Elysium ★★★ (Sci-Fi, '13) Matt Damon, Jodie Foster. In 2154 the wealthy live on a luxurious space station, while the poor scrape by in Earth's ruins. (2h30)

11:40 a.m. (SHO2) World War Z ★★★ (Hor, '13) Brad Pitt, Mireille Enos. See Sunday at 10:50 AM (1h55)

11:45 a.m. (HBO2) The King's Speech ★★★ (Hist, '10) Colin Firth, Geoffrey Rush. An Australian actor tries to help Britain's King George VI overcome a speech impediment. (2h01)

Noon (FX) The Hate U Give ★★★ (Cri, '18) Amandla Stenberg, Regina Hall. A teen witnesses the fatal shooting of her childhood best friend at the hands of a police officer. (3h)

12:30 p.m. (MAX) A Most Violent Year ★★★ (Thrill, '14) Oscar Isaac, Jessica Chastain. See Sunday at 6:55 PM (2h05)

(Freeform) The Secret Life of Pets ★★★ (Ani, '16) Voices of Louis C.K., Eric Stonestreet. See Wednesday at 3:45 PM (2h)

1:25 p.m. (TMC) Miller's Crossing ★★★ (Cri, '90) Gabriel Byrne, Albert Finney. Irish pol's (Albert Finney) fixer (Gabriel Byrne) plays all angles in 1920s gangland. (1h55)

1:35 p.m. (MMAX) Barbershop 2: Back in Business ★★★★★ (Com, '04) Ice Cube, Cedric the Entertainer. A corporation puts pressure on a barbershop owner (Ice Cube). (1h46)

1:45 p.m. (HBO2) Moonlight ★★★ (Dra, '16) Mahershala Ali, Alex Hibbert. See Wednesday at 2:05 PM (1h53)

2 p.m. (TCM) Somewhere I'll Find You ★★★ (Rom, '42) Clark Gable, Lana Turner. Reporter brothers (Clark Gable, Robert Sterling), news-woman (Lana Turner) in Indochina. (2h)

2:30 p.m. (E!) Harry Potter and the Sorcerer's Stone ★★★★★ (Child, '01) Daniel Radcliffe, Rupert Grint. An orphan (Daniel Radcliffe) attends a school of witchcraft and wizardry. (3h30)

3 p.m. (FX) Hidden Figures ★★★ (Hist, '16) Taraji P. Henson, Octavia Spencer. NASA mathematicians cross gender and race lines to help launch astronaut John Glenn into space. (3h)

3:30 p.m. (SHO2) The Godfather, Part II ★★★★★ (Cri, '74) Al Pacino, Robert Duvall. Michael Corleone (Al Pacino) moves his father's crime family to Las Vegas. (3h30)

4 p.m. (TCM) The Hucksters ★★★ (Dra, '47) Clark Gable, Deborah Kerr. Postwar Madison Avenue man (Clark Gable) plays dirty for soap tycoon (Sydney Greenstreet). (2h)

4:30 p.m. (Freeform) Brave ★★★ (Ani, '12) Voices of Kelly Macdonald, Billy Connolly. A courageous Scottish princess (Kelly Macdonald) must figure out how to undo a beastly curse. (2h)

5 p.m. (AMC) Tombstone ★★★ (Wes, '93) Kurt Russell, Val Kilmer. See Wednesday at 9:00 PM (3h)

5:15 p.m. (HBO) Avatar ★★★ (Sci-Fi, '09) Sam Worthington, Zoe Saldana. A former Marine (Sam Worthington) falls in love with a native (Zoe Saldana) of a lush alien world. (2h45)

(MMAX) Room ★★★ (Dra, '15) Brie Larson, Jacob Tremblay. A 5-year-old boy experiences the outside world for the first time after escaping from captivity. (1h58)

5:30 p.m. (USA) Invictus ★★★ (Dra, '09) Morgan Freeman, Matt Damon. Nelson Mandela (Morgan Freeman) tries to unite South Africa through the sport of rugby. (3h)

6 p.m. (E!) Harry Potter and the Chamber of Secrets ★★★★★ (Child, '02) Daniel Radcliffe, Rupert Grint. The young wizard and his best friends investigate a dark force that is terrorizing Hogwarts. (4h)

7 p.m. (WE) The Color Purple ★★★ (Dra, '85) Whoopi Goldberg, Danny Glover. Southern woman (Whoopi Goldberg) finds identity after 40 years of abuse. (3h30)

8 p.m. (FLIX) Begin Again ★★★ (Rom, '13) Keira Knightley, Mark Ruffalo. See Monday at 9:25 AM (1h45)

8:30 p.m. (USA) The Blind Side ★★★ (Dra, '09) Sandra Bullock, Tim McGraw. A white couple adopts a homeless black youth, who later goes on to achieve football stardom. (2h58)

8:45 p.m. (SHO2) Everything Everywhere All at Once ★★★★★ (Com, '22) Michelle Yeoh, Stephanie Hsu. See Sunday at 4:45 PM (2h20)

9 p.m. (Freeform) Finding Dory ★★★★★ (Ani, '16) Voices of Ellen DeGeneres, Albert Brooks. Dory (Ellen DeGeneres) the forgetful fish embarks on an epic quest to find her mother and father. (2h)

FRIDAY

8:20 a.m. (SHO) A River Runs Through It ★★★★★ (Dra, '92) Craig Sheffer, Brad Pitt. Minister's (Tom Skerritt) sons (Craig Sheffer, Brad Pitt) grow up different, fly-fishing in Montana. (2h10)

8:45 a.m. (FLIX) The Perks of Being a Wallflower ★★★★★ (Rom, '12) Logan Lerman, Emma Watson. Friends try to help an introverted teenager (Logan Lerman) become more sociable. (1h45)

9:10 a.m. (HBO2) Rocky ★★★★★ (Dra, '76) Sylvester Stallone, Talia Shire. A heavyweight champ gives a club fighter (Sylvester Stallone) a title shot. (2h02)

10:30 a.m. (FLIX) Love & Basketball ★★★ (Rom, '00) Sanaa Lathan, Omar Epps. Basketball hinders two people's (Sanaa Lathan, Omar Epps) relationship. (2h05)

11 a.m. (AMC) Groundhog Day ★★★ (Rom, '93) Bill Murray, Andie MacDowell. February 2nd keeps repeating for a TV weatherman sent to watch the groundhog in Punxsutawney, Pa. (2h30)

1:30 p.m. (AMC) Groundhog Day ★★★ (Rom, '93) Bill Murray, Andie MacDowell. See 11:00 AM (2h30)

(E!) Harry Potter and the Chamber of Secrets ★★★★★ (Child, '02) Daniel Radcliffe, Rupert Grint. See Thursday at 6:00 PM (4h)

2:40 p.m. (TMC) Lamb ★★★ (Hor, '21) Noomi Rapace, Hilmiir Snaer Guðnason. A couple encounter sinister forces after discovering a strange and unnatural newborn in their barn. (1h50)

3 p.m. (SYFY) Gremlins ★★★ (Fan, '84) Zach Galligan, Phoebe Cates. An inventor (Hoyt Axton) gives his son (Zach Galligan) a creature which multiplies. (2h30)

3:30 p.m. (NICK) The LEGO Batman Movie ★★★★★ (Ani, '17) Voices of Will Arnett, Michael Cera. Batman (Will Arnett) must save Gotham City from the Joker's (Zach Galifianakis) hostile takeover. (2h30)

4 p.m. (AMC) Groundhog Day ★★★ (Rom, '93) Bill Murray, Andie MacDowell. See 11:00 AM (2h30)

Movie Zone

(SHO) The Terminal ★★★ (Com.-Dra, '04) Tom Hanks, Catherine Zeta-Jones. A European (Tom Hanks) living in an airport befriends a stewardess (Catherine Zeta-Jones). (2h10)

(TNT) Men in Black ★★★ (Act, '97) Tommy Lee Jones, Will Smith. A veteran (Tommy Lee Jones) and a rookie (Will Smith) track aliens on Earth. (2h)

4:45 p.m. (SHO2) You Hurt My Feelings ★★★ (Com, '23) Julia Louis-Dreyfus, Tobias Menzies. See Sunday at 9:00 AM (1h35)

5:30 p.m. (E) Harry Potter and the Prisoner of Azkaban ★★★ (Child, '04) Daniel Radcliffe, Rupert Grint. The young wizard (Daniel Radcliffe) confronts the fugitive Sirius Black. (3h)

(FX) Hitch ★★★ (Rom, '05) Will Smith, Eva Mendes. A smooth-talker (Will Smith) helps a shy accountant (Kevin James) woo an heiress. (2h30)

(SYFY) Gremlins 2: The New Batch ★★★ (Fan, '90) Zach Galligan, Phoebe Cates. A couple (Zach Galligan, Phoebe Cates) battle a wave of little creatures. (2h29)

6:10 p.m. (DISN) Raya and the Last Dragon ★★★ (Ani, '21) Voices of Kelly Marie Tran, Awkwafina. A lone warrior must track down the last dragon to save the world from ancient monsters. (1h50)

(SHO) Losing Isaiah ★★★ (Dra, '95) Jessica Lange, Halle Berry. Biological mother (Halle Berry) vs. adoptive parents (Jessica Lange, David Strathairn). (1h50)

6:15 p.m. (HBO2) Rocky Balboa ★★★ (Dra, '06) Sylvester Stallone, Burt Young. Aging Rocky's plan to fight a few small matches escalates into a battle with the world champion. (1h44)

6:20 p.m. (SHO2) A Single Man ★★★ (Dra, '09) Colin Firth, Julianne Moore. See Sunday at 4:10 PM (1h40)

6:30 p.m. (AMC) Groundhog Day ★★★ (Rom, '93) Bill Murray, Andie MacDowell. See 11:00 AM (2h30)

7:05 p.m. (MMAX) Let Me In ★★★ (Hor, '10) Kodi Smit-McPhee, Chloë Grace Moretz. A misfit boy (Kodi Smit-McPhee) befriends the strange new girl (Chloë Grace Moretz) who lives next door. (1h56)

8 p.m. (SYFY) Déjà Vu ★★★ (Thrill, '06) Denzel Washington, Val Kilmer. A time-folding federal agent (Denzel Washington) falls in love with a future murder victim. (2h31)

8:30 p.m. (E) Harry Potter and the Goblet of Fire ★★★ (Fan, '05) Daniel Radcliffe, Rupert Grint. Harry's friends help him prepare for a tournament with Europe's best student wizards. (3h30)

9 p.m. (AMC) Groundhog Day ★★★ (Rom, '93) Bill Murray, Andie MacDowell. See 11:00 AM (2h30)

(BET) Boyz N the Hood ★★★ (Dra, '91) Laurence Fishburne, Ice Cube. Three boys become men, one guided by his father, in their racially divided Los Angeles neighborhood. (3h)

9:35 p.m. (MAX) Green Room ★★★ (Thrill, '15) Anton Yelchin, Imogen Poots. Punk rockers and a young woman battle murderous white supremacists at a remote Oregon roadhouse. (1h36)

9:45 p.m. (SHO2) Titanic ★★★★★ (Hist, '97) Leonardo DiCaprio, Kate Winslet. See Wednesday at 10:50 AM (3h15)

SATURDAY

8 a.m. (FX) Hitch ★★★ (Rom, '05) Will Smith, Eva Mendes. See Friday at 5:30 PM (2h30)

(MAX) Locke ★★ (Dra, '13) Tom Hardy, Ruth Wilson. See Tuesday at 7:35 PM (1h26)

8:20 a.m. (SHO2) Mean Girls ★★★ (Com, '04) Lindsay Lohan, Rachel McAdams. See Monday at 2:55 PM (1h40)

8:30 a.m. (TCM) Within Our Gates ★★★ (Dra, '20) Evelyn Preer, Flo Clements. A woman (Flo Clements) of mixed race returns to Boston to raise money for a Southern school. (1h30)

8:40 a.m. (MMAX) Ginger & Rosa ★★★ (Dra, '12) Elle Fanning, Alice Englert. The bond between two best friends dissolves after one seduces the other's father. (1h31)

10 a.m. (E) Harry Potter and the Goblet of Fire ★★★ (Fan, '05) Daniel Radcliffe, Rupert Grint. See Friday at 8:30 PM (3h30)

10:30 a.m. (FX) Anchorman: The Legend of Ron Burgundy ★★★ (Com, '04) Will Ferrell, Christina Applegate. A 1970s newsman (Will Ferrell) feels threatened by a female employee (Christina Applegate). (2h)

11 a.m. (DISN) The Incredibles ★★★ (Ani, '04) Voices of Craig T. Nelson, Holly Hunter. Now fighting boredom in suburbia, a former superhero and his family get a chance to save the world. (2h)

11:15 a.m. (FLIX) Changing Lanes ★★★ (Thrill, '02) Ben Affleck, Samuel L. Jackson. See Tuesday at 3:00 PM (1h45)

11:30 a.m. (TCM) Odds Against Tomorrow ★★★ (Cri, '59) Harry Belafonte, Robert Ryan. A nightclub singer (Harry Belafonte) and two other men team up to rob a bank. (2h)

12:30 p.m. (FX) Anchorman 2: The Legend Continues ★★★ (Com, '13) Will Ferrell, Steve Carell. Ron Burgundy tries to stay classy when he and his team go to work at a 24-hour news channel. (2h30)

1 p.m. (PARMT) The Hangover ★★★ (Com, '09) Bradley Cooper, Ed Helms. After a wild stag party, three groomsman must find their missing pal before his wedding. (2h30)

2 p.m. (SYFY) Enemy of the State ★★★ (Thrill, '98) Will Smith, Gene Hackman. Former spy (Gene Hackman) aids man (Will Smith) framed in political cover-up. (3h)

2:30 p.m. (AMC) Kill Bill: Vol. 2 ★★★ (Act, '04) Uma Thurman, David Carradine. An assassin (Uma Thurman) confronts her former boss (David Carradine) and his gang. (3h)

(CMT) The School of Rock ★★★ (Com, '03) Jack Black, Joan Cusack. Desperate for money, a guitarist poses as a teacher for students who play in a school band. (2h30)

3 p.m. (FLIX) The Talented Mr. Ripley ★★★ (Thrill, '99) Matt Damon, Gwyneth Paltrow. See Tuesday at 12:30 PM (2h30)

4:30 p.m. (E) Harry Potter and the Half-Blood Prince ★★★ (Child, '09) Daniel Radcliffe, Rupert Grint. See Sunday at 2:30 PM (3h30)

5 p.m. (FX) Free Guy ★★★ (Act, '21) Ryan Reynolds, Jodie Comer. A bank teller tries to become a hero when he discovers he's a background player in a video game. (2h30)

6 p.m. (TCM) In the Heat of the Night ★★★ (Cri, '67) Sidney Poitier, Rod Steiger. A black detective helps a white sheriff find a criminal suspected of murder. (2h)

6:05 p.m. (MAX) The Bourne Ultimatum ★★★ (Act, '07) Matt Damon, Julia Stiles. Jason Bourne (Matt Damon) continues to look for clues to unravel his true identity. (1h56)

7 p.m. (MTV) Friday ★★★ (Com, '95) Ice Cube, Chris Tucker. See 1:00 PM (2h)

7:30 p.m. (FX) Free Guy ★★★ (Act, '21) Ryan Reynolds, Jodie Comer. See 5:00 PM (2h30)

8 p.m. (AMC) The Fugitive ★★★ (Thrill, '93) Harrison Ford, Tommy Lee Jones. U.S. marshal (Tommy Lee Jones) hunts doctor (Harrison Ford) for murder of his wife (Sela Ward). (3h)

(E) Harry Potter and the Deathly Hallows: Part 1 ★★★ (Fan, '10) Daniel Radcliffe, Rupert Grint. See Sunday at 6:00 PM (3h)

(FLIX) The English Patient ★★ (Dra, '96) Ralph Fiennes, Juliette Binoche. See Sunday at 10:00 PM (2h45)

(HBO) Midsommar ★★★ (Hor, '19) Florence Pugh, Jack Reynor. A Swedish midsummer festival turns into a sinister, dread-soaked nightmare for an American couple. (2h30)

(SYFY) The Avengers ★★★ (Act, '12) Robert Downey Jr., Chris Evans. Superheroes join forces to save the world from an unexpected enemy. (3h02)

8:30 p.m. (VHT) The 40-Year-Old Virgin ★★★ (Rom, '05) Steve Carell, Catherine Keener. Three co-workers unite to help their buddy's (Steve Carell) sex life. (2h30)

9 p.m. (HBO2) The Devil Wears Prada ★★★ (Com.-Dra, '06) Meryl Streep, Anne Hathaway. A young woman lands a job with a famous and diabolical editor of a New York fashion magazine. (1h52)

10 p.m. (FX) Spider-Man: No Way Home ★★★ (Act, '21) Tom Holland, Zendaya. See Sunday at 7:00 PM (3h)

Hollywood Q&A

By Adam Thomlison
TV Media

Q: I just watched The Lonely Island's weird Oakland A's movie, and I'm wondering who played the girls in the restaurant parking lot. I recognized Maya Rudolph but not the others.

A: The success of rap-comedy group The Lonely Island seemingly comes down to two things: legitimate musical talent and a succession of incredible cameos from real stars.

It was true of their many successful music videos, it was true of their 2016 big-screen film "Popstar: Never Stop Never Stopping" and it was true of 2019's "The Unauthorized Bash Brothers Experience," their "visual poem" dedicated to legendary baseball players Jose Canseco and Mark McGwire of the Oakland Athletics.

The latter project, produced for Netflix, is essentially a series of music videos strung together into a half-hour special. One of those videos, as you say, is a sort of "West Side Story" -type musical number set in a restaurant parking lot, which sees the duo facing off against a girl gang telling them — threatening them, perhaps — to shake their butts.

The gang was led by the great Maya Rudolph, who was a part of the "Saturday Night Live" cast at the same time as the Lonely Island boys. The other four gang members were played by Stephanie Beatriz (who co-starred with one of the Lonely Island members — Andy Samberg — in "Brooklyn Nine-Nine") and the three members of the pop band Haim.

This is the kind of weird mix of celebrities typical of a Lonely Island video. Previous videos have, for example, brought rap star P. Diddy together with film star Paul Rudd ("Ant-Man," 2015) and brought rap star Nicki Minaj together with B-movie legend John Waters ("Hairspray," 1988).

Q: Ryan Reynolds did such a great job with the singing and dancing in "Spirited." Has he ever been on stage? Will he be in any more musicals coming up?

A: Ryan Reynolds ("Deadpool," 2016)



Maya Rudolph

had next to no experience with musical numbers prior to "Spirited," the 2022 musical version of the classic story of Ebenezer Scrooge. And though he'd probably be pleased to hear you thought he did well, he seems less convinced and is unlikely to become a song-and-dance man any time soon.

While doing press to promote the film in late 2022, he spent a lot of time talking down his musical skills.

All of his previous musical performances, he said, were done for laughs — see, for example, his rendition of Wham's "Careless Whisper" over the credits of his 2016 action-comedy "Deadpool" or shrilly singing the R&B classic "It Takes Two"

in his 2009 rom-com "The Proposal."

He offered one exception: an appearance in a South Korean version of "The Masked Singer" in 2018, before the show became a phenomenon in the U.S.

"So I was thinking this is an obscure South Korean show. No one's ever going to see this or know about this," Reynolds told USA Today. "I thought, there's my singing career — beginning, middle and end — all in three minutes. Little did I know."

Have a question? Email us at questions@tvtabloid.com. Please include your name and town. Personal replies will not be provided.

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