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Dry your own herbs
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Sports
The good, the bad and
the memorable of the
Final Four team
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Education
Metropolitan Theatre to
serve as classroom
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Opinion
West Virginia Day
without the fanfare
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DOMINIONPOST.COM

\$2.00

Sunday
June 21, 2020



High **86** Low **68**
Complete forecast
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OBITUARIES

- PAGE A-8, A-9
Barkaszi, Gloria
Basile, Joseph III
Crider, Charles
Dresler, William
Fletcher, Herbert
Graef, Theresa
Gruspe, Cinderella
Hart, Willis
Haught, Bettie
Lantz, Frederick
Martin, Gertraud
Mitter, Kenneth
Sutherland, Judith
Teter, Charles
Trickett, Dorothy

**Coronavirus numbers
in West Virginia**

Total tests: 148,611
 Percentage: 1.68%
Confirmed/Probable cases: 2,500
Total deaths: 88
 Mon County, 136
 Marion County, 51
 Harrison County, 48
 Preston County, 42
 Taylor County, 12
 Other COVID-19 numbers,
 Page A-2.
 These numbers are the latest from state
 Department of Health and Human Services.

MORGANTOWN

Local law enforcement talks police training

THIS IS THE SECOND of two articles looking at policies and procedures at area police agencies for handling calls where force is necessary.

BY WILLIAM DEAN
WDean@DominionPost.com

George Floyd was killed May 25, when Derek Chauvin, a former Minneapolis Police Department officer, knelt on his neck for almost nine minutes while Floyd was handcuffed and face-down on the pavement.

Chauvin is charged with second-degree murder. Three officers who watched were fired and are facing criminal charges.

The Dominion Post asked the Morgantown Police Department, Westover Police Department,
SEE FLOYD, A-9

LOCAL

COVID-19 testing not done by health departments

BY DAVID BEARD
DBeard@DominionPost.com

When Gov. Jim Justice announced the news of the Preston County residents who tested positive for COVID-19 after returning from Myrtle Beach, S.C., he passed along the recommendation to “contact your local health department and be tested.”

The Preston and Monongalia County health departments have both clarified that health departments don’t do the testing and they explained their roles in the process.

Preston County Health Officer Dr. Fred Conley said for those who’ve been to Myrtle, their first call should be the health department before con-

tacting their provider or going to an urgent care.

The health department, he said, will set up a screening plan and monitoring program, and call them periodically to see how they are doing. The department wants to make sure they don’t immediately go back to their jobs or, if they are symptomatic, to make sure they get tested and not

be out in the public. They should self-quarantine immediately.

When they call, he said, the health department will ask about their exposure history and symptoms. The department will give the phone line for the Preston County drive-through testing site at the hospital in Kingwood. The resident will call that number, make an appointment, get the test and remain self-quarantined while awaiting results.

The health department needs to know their contact information and how they are doing before they call their provider, Conley said. In many cases, the provider may not be able to see

SEE HEALTH, A-2

FATHER’S DAY TEA TIME



Grayson Hall/The Dominion Post photos

Group shot of some of the first guests to arrive at the Father’s Day tea time at Marilla Park on Saturday. Below, Bryan Riley waits for guests to arrive.

Newsroom@DominionPost.com

For 54 years, Carl Smith has gathered fellow dads together for a Father’s Day tea the day before the holiday at Marilla Park.

“I was a young kid when I started, in my 20s,” he said. “Now, I’m 78.”

Smith said he is one of three or four original organizers, who started the tradition because they took note of the fact that there are often Mother’s Day teas and events, but not so many gatherings for fathers.

While Smith said 70 to 80 people have shown up in the past, he understands COVID-19 will inevitably impact this year’s turnout.

No matter. The spirit of the tea remains. It’s a way to cel-



brate fatherhood and unite dads.

“Some guys have been coming for 40 or 50 years,” Smith said. “We just get together and cook and eat and talk about old times. Sometimes, you don’t see some-

body for three or four months, so it’s nice. It’s a good gathering. We enjoy each other’s company.”

TWEET @DominionPostWV

Developer looks to bring upscale offices to area

BY SUZANNE ELLIOTT
SElliott@DominionPost.com

The developer behind the Wine Bar at Vintner Valley, as well as a number of commercial and residential developers in the Morgantown area is hoping

to bring upscale offices and retailers to Star City in a new development at the intersection of University Avenue and North Parkview Drive called The Glass Factory.

“The name was chosen because of the history of the

place,” said Bernie Bossio, the project’s developer and leasing agent. “It’s kind of a salute to the glass factory that was there.”

The project, which Bossio said is more than \$3 million, will be 16,000 square feet on two floors. Plans are still fluid, but the upper floor will be offices for professionals such as wealth managers and possibly attorneys. The lower level, mean-

SEE BUSINESS, A-4

HISTORY

Considering WV’s status and statues

WEST VIRGINIA DAY

See more reader submitted photos of what makes the Mountain State so wild and wonderful.
Page A-6.

BY JIM BISSETT
JBissett@DominionPost.com

Today is West Virginia’s birthday, and there won’t be any cake in downtown Morgantown because of the pandemic.

You won’t have to worry about mustering the air to blow out 157 candles.

But, there’s still a question to consider.

When is a hero ... not? One way to sociologically fill one’s lungs for such an answer is by undertaking a mini-road trip.

Interstate 79 unspools 40 miles from Morgantown to Clarksburg. Exit 119 funnels you onto U.S. Route 50, and the Second Street ramp threads you downtown.

After a couple of turns and traffic lights, you’ll eventually encounter Gen. Thomas “Stonewall” Jackson, astride his steed, in front of the Harrison County Courthouse on West Main.

His statue has been there since 1953, a year before Brown v. the Board.

That’s when the United Daughters of the Confederacy decreed such real estate would be the perfect hometown point of honor for the officer.

Jackson, who was born in this then-western Virginia city in 1824, was a West Point graduate and Robert E. Lee confidante.

He commanded soldiers in the Mexican War, resigning his commission after that conflict ended in 1848 to teach physics and artillery techniques at the Virginia Military Institute.

In 1861, he buttoned up a gray uniform to again lead troops after the colonial state seceded from the Union and the war between North and South was full-on.

He earned his nickname and his major general’s stripes during the Battle of First Manassas.

Jackson died from wounds suffered in a friendly fire incident during the Battle

SEE BIRTHDAY, A-7



INSIDE

LOCAL **B1** | OBITUARIES **A8,A9** | OPINION **C1** | REAL ESTATE **D1** | SPORTS **B7**

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WHAT YOU MISSED

We may not print a Saturday paper anymore, but we still provide an e-edition full of local news. If you haven't yet, check it out for these and more stories. Go to www.dominionpost.com and select "e-edition," or scan the code below using your phone's camera.

- Gee: Groups to address issues of discrimination on campus
- Greenbrier County church closes for 2 weeks due to virus
- Juneteenth cookout brings community together to celebrate U.S. history
- Hazelton inmate found dead
- Morgantown icon Betty Puskar remembered for her generosity and courage
- FCC approves \$780K grant for WV United Health
- Reader photos of what makes West Virginia wild and wonderful



Confirmed cases:
World, 8,747,136
U.S., 2,247,220
West Virginia, 2,500

Deaths:
World, 462,088
U.S., 119,551
West Virginia, 88

Top countries, positive cases:
U.S., 2,247,220
Brazil, 1,032,913
Russia, 576,162
India, 395,048
U.K., 304,580
Spain, 245,938

Top states, positive cases:
New York, 387,272
California, 170,924
New Jersey, 168,822
Illinois, 136,104
Massachusetts, 106,936

Surrounding states, positive cases:
Pennsylvania, 85,590
Maryland, 63,956
Virginia, 57,443
Ohio, 44,261
Kentucky, 13,630

Top West Virginia counties, positive cases:
Berkeley County, 411
Kanawha County, 256
Jefferson, 210
Jackson County, 141
Mon County, 136

Surrounding Mon:
Marion County, 51
Harrison County, 48
Preston County, 42
Taylor County, 11

World and U.S. numbers are the latest from Johns Hopkins University and Medicine and the Centers for Disease Control and Prevention. West Virginia numbers are the latest from state Department of Health and Human Services.

Shooting in Seattle protest zone leaves 1 dead, 1 injured

Associated Press

SEATTLE — A pre-dawn shooting in a park in Seattle's protest zone killed a 19-year-old man

and critically injured another person, authorities said Saturday.

The shooting happened at about 2:30 a.m. in the

area near the city's downtown that is known as CHOP, which stands for "Capitol Hill Occupied Protest," police said.

Protest organizers held a meeting to discuss the early morning shootings and some protest volunteers patrolled the area carrying guns.

HEALTH

FROM PAGE A-1

them immediately.

"We need to know that day," he said.

Appointments at the Preston drive-through site are generally same day or as early as possible the next day, he said, depending on the length of the appointment list.

Members of the general public who haven't been to Myrtle but may have been exposed in another way and have symptoms or concerns can call the Preston COVID line directly at 304-329-7285 to get an appointment.

Mon County Health Department Public Information Officer Mary Wade Burnside said in an email exchange, "Although Monongalia County Health Department doesn't do COVID-19 testing, our public health nurses and regional epidemiologist do conduct the disease investigations and contact tracing once someone is found to be positive. So individuals who do test positive, as well as their relevant contacts, can expect to hear from MCHD.

"If people have just returned from a trip from an area where there was a high incidence of COVID-19," she said, "or they have been in contact

with someone who has, or they have another reason to be concerned they might have COVID-19, they should remain in their homes, call the appropriate numbers to figure out a course of action and only go out to be tested or treated after the protocol has been laid out for their next steps. When they do go to get tested, they should wear a mask and maintain a social distance of six feet from others."

Burnside cautioned that depending on when someone is infected and comes back, if they do have COVID, they might not test positive right away.

Mon County Health Department can give callers information, she said, but can't give an order to be tested nor conduct a test. People who are concerned about COVID should call their health care provider, an urgent care or one of the hospitals to discuss their situation, get screened and set up an appointment if needed.

Local provider testing guidelines

The Dominion Post contacted Mon Health System, WVU Medicine and MedExpress for their guidelines on testing.

Mon Health spokeswoman Emily Gallagher said, "Patient safety is the highest priority for all Mon Health facilities. We have continuously adjusted our protocols to meet CDC and local guidelines."

Their current protocol for COVID-19 testing, she said, is advising patients to contact their primary care physician for scheduling at one of the four drive-through testing locations at Mon Health Medical Center, Preston Memorial Hospital, Stonewall Jackson Memorial Hospital and Grafton Memorial Hospital.

For patients who need primary care services, she said, they can visit monhealth.com/primarycare for all Mon Health locations and contact information

across north-central West Virginia. Mon Health is also working with the Marion County Health Department to provide testing to the Marion County community.

Per federal guidelines, testing is no cost to the patient. Gallagher said drive-through tests are billed to insurance in compliance with the CARES Act.

A WVU Medicine spokesperson said, "We encourage anyone who has been to Myrtle Beach to follow the governor's recommendation to contact their local health department for guidance on potential exposure to COVID-19."

While the cost of the test itself is covered under the Families First Coronavirus Response Act, the spokesperson said, the costs for visits to WVU Medicine Urgent Care and Primary Care clinics and the Emergency Department are not waived. Patients will still receive the standard bills for those visits. Those who usually pay copays will still do so. WVU Medicine has a financial assistance policy for those who qualify.

"In terms of our own employees," the spokesperson said, "we do have a travel policy in place that lays out guidelines for quarantining and testing for those who return from high risk areas. We are monitoring the situation in Myrtle Beach and other potential hotspots in connection with our travel policy."

For MedExpress, spokeswoman Annie Jamieson said in an email exchange, "MedExpress continues to offer COVID-19 testing in more than 22 centers throughout West Virginia, including our center on Maple Drive in Morgantown." The Don Knotts Boulevard site is open to provide urgent care services and is directing those with COVID-related symptoms to Maple Drive for evaluation, and if necessary, testing.

Some MedExpress sites require patients to come

inside and have directions posted on their doors, according to the MedExpress COVID-19 web page.

Many other MedExpress testing locations, including the Maple Drive site, are also completing COVID-19 testing from individuals' cars, if needed, to further limit exposure, Jamieson said.

"We continue to use CDC-based screening criteria to help determine patients' testing needs. In the event that a patient is exhibiting symptoms or believes they have been exposed to the virus, we ask that they please call their local MedExpress center for screening."

Asked about costs, Jamieson said MedExpress is not able to provide specific costs associated with lab processing fees for COVID-19 samples, as those payments are processed through their commercial lab partner. However, many health insurance companies have stated that they will cover the cost of testing for COVID-19.

"We recommend that patients check with their insurance company to learn if it covers the test and what portion of treatment may be covered based on the specifics of their individual health plan."

Jamieson said a visit to MedExpress includes a full examination by a licensed medical provider and may include other forms of testing or evaluation based on the patient's symptoms and needs. Therefore, in addition to the cost of testing, patients may also be responsible for the cost of an examination.

MedExpress accepts most major insurances and offers reduced pricing for those without insurance, she said.

"We also continue to coordinate with state and local health departments to help refer individuals to additional COVID resources in the community, as needed."

TWEET @dbeardtdp

LOTTERY

PENNSYLVANIA (afternoon)

Pick 2: 0-4

Pick 3: 5-2-5

Pick 4: 4-9-4-1

Pick 5: 2-5-2-6-6

(evening)

Pick 2: 4-5

Pick 3: 0-2-2

Pick 4: 6-8-4-6

Pick 5: 1-3-0-0-1

Treasure Hunt: 12-14-17-20-23

Cash 5: 28-29-32-36-38

Match 6: 09-15-19-20-28-30

WEST VIRGINIA

Cash 25:

9-10-14-15-16-23

Daily 3: 8-0-2

Daily 4: 8-1-5-0

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CORRECTIONS

The Dominion Post strives to publish accurate information. If a factual error does occur, a correction or clarification will be published. Notify: Editor Pam Queen, 304-291-9433, or email pqueen@dominionpost.com.



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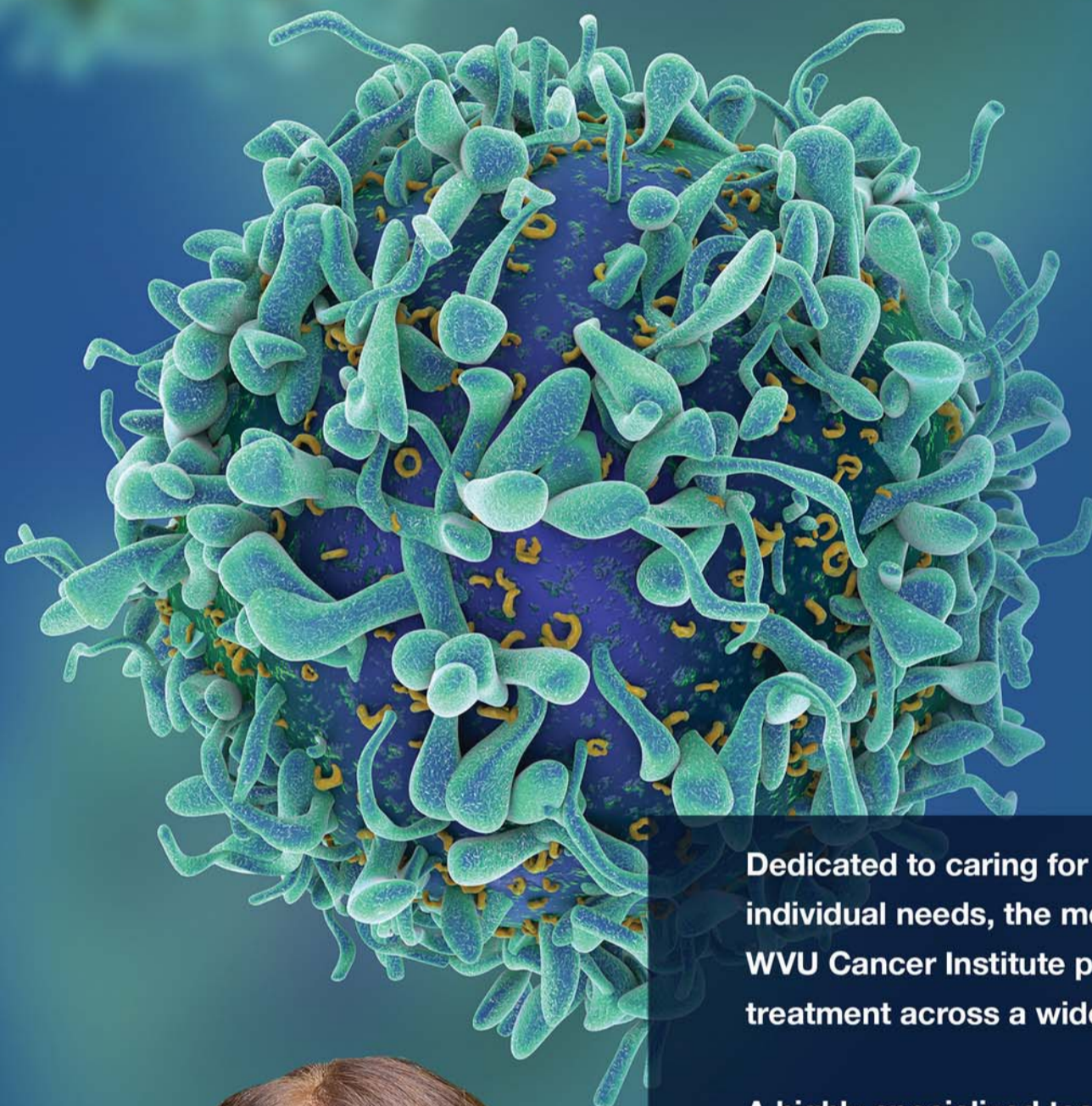
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BUSINESS

FROM PAGE A-1

while, will be for boutique retailers that could include a craft butcher shop and possibly a bakery that would make custom cakes.

"I am in talks with a bakery, like the ones you see in Pittsburgh," said Bossio who declined to identify businesses he was speaking with.

The building itself is designed to look like an old warehouse, Bossio said, with new red brick that has been treated to look old. Off the balcony there will be 14-foot, arched windows. The ceilings will also be 16 feet tall.

Bossio, who said he loves new buildings, said he loves the history of the place and is looking at placing the old Star Glass Co. logo on the

west side of the building facing Morgantown.

"The logo will look like it is peeling off," Bossio said.

On the side of the building, next to North Parkview, Bossio said he is looking at using different colored bricks to look like old windows have been bricked over, giving it the old warehouse character.

In the front of the building, Bossio is planning on installing a car charging station for electric vehicles, something he said is the wave of the future.

"Where do you see one of those in Morgantown?" he said.

Bossio said The Glass Factory will be finished sometime this fall with the grand opening of its first business around Oct. 15.

'Shadow of the Wind' author Carlos Ruiz Zafón dead at 55

Associated Press

MADRID — Carlos Ruiz Zafón, whose wildly popular 2001 novel "The Shadow of the Wind" led to three sequels and made him one of the world's most beloved Spanish authors, has died. He was 55.

His Spanish publisher, Planeta, said in a statement Friday that Zafón died in Los Angeles. It gave no cause of death, but Zafón was known to have cancer.

PETS OF THE WEEK



Submitted photos

Rocky (top photo) is a 5-year-old American bull terrier/Catahoula mix. This sweet boy has so much personality packed into one face-kissing love bug. He knows several tricks and is a very good listener. He loves his treats and takes them so gently you almost want to make sure he got them. He has had a rough past before he was rescued, but not from his past family. He was surrendered at no fault of his own. He absolutely loves children and would possibly do well with female dogs or no dogs at all. Harriett Tubcat (bottom photo) is a 4-year-old domestic short hair. She is sassy and in charge. While she does her have angry moments, she's a sucker for head rubs. The secret to her heart: A little wet food will go a long way with her. We do not recommend a family with younger children as she wants to be pet on her own terms. Marion County Humane Society is at 2731 Locust Avenue Fairmont, WV 26554. The shelter is open by appointment only until further notice. We still answer calls and emails. To inquire about adoptions, please contact the shelter by Facebook messenger, at 304-366-5391 or email mchswvnokillshelter@gmail.com or informationmcwhs@gmail.com. Visit www.mchswv.com.

Cardinal to publish prison diary musing on case

Associated Press

ROME — Cardinal George Pell, the former Vatican finance minister who was convicted and then

acquitted of sexual abuse in his native Australia, is set to publish his prison diary musing on life in solitary confinement, the Catholic Church, politics and sports.

"I've read half so far, and it is wonderful reading," Ignatius' editor, the Rev. Joseph Fessio, said.

Pell served 13 months in prison before Australia's High Court in April acquitted him of molesting two choirboys in St. Patrick's Cathedral in Melbourne while he was archbishop of Australia's second-largest city during the 1990s.

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NOTICE TO LIENHOLDERS

Any person claiming a lien against taxable Real Property, or who holds an interest in taxable Real Property through a fiduciary relationship or owns mineral interest in taxable Real Property, but not the surface, in MONONGALIA COUNTY, West Virginia, MUST file the statement entitled "Statement of Lienholders" required by West Virginia Code 11A-3-3. If such statement is not filed, such person will be deemed to have waived any right to notice provided by West Virginia Code 11A-3-2. The required statement "Statement of Lienholders" must be filed when (1) a lien is created; (2) when said lien is released or dissolved; or (3) there is a change in the mailing address of the person to be notified.

IMPORTANT: TO RECEIVE A NOTICE OF UNPAID 2019 TAXES FOR THIS YEAR'S TAX LIEN SALE, YOU MUST HAVE YOUR LIENHOLDER LETTERS IN THE MONONGALIA COUNTY TAX OFFICE BEFORE SEPTEMBER 1, 2020.

Any lienholder letters received on or after September 1, 2020 will only apply to the unpaid 2020 taxes and the 2021 Tax Lien Sale.

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WEST VIRGINIA DAY



Submitted photos

To celebrate West Virginia and its 157th birthday, which was Saturday, The Dominion Post asked readers to submit photos showcasing the state. Here are a few of our favorites. Clockwise from top: Theresa Evanoff shares this photo of a girl looking out on a small lake. Joey Herron, who captured this shot of a ruby-throated hummingbird, said it is the only breeding hummingbird in the east. This male shows his bright throat in the sun to capture a female's attention. Sally Miller took this photo of the New River Gorge Bridge on a foggy morning. A no trespassing sign is prominently displayed beside a railroad in Harper's Ferry in this photo taken by DaLee Stratton. Hunter Bauer took a snap of Brush Creek Falls in Athens. Shirley Howard shares a photo of her grandkids, Reagan Rankin and Tyler Howard, jumping off Big Rock at Big Bear Lake. Kimberly Fowler took a shot during a sunny afternoon of Mason Run Farm in Preston County.

WORLD

China claims valley where Indian and Chinese soldiers brawled last week

Associated Press

NEW DELHI — China said the Galwan Valley high up in the Himalayan border region where Chinese and Indian troops engaged in a deadly brawl this week falls entirely within China, boldly

renewing claims on the disputed area as the Asian giants continued using military and diplomatic channels to try to reduce tensions on Saturday.

The confrontation in the Galwan Valley, part of the disputed Ladakh region

along the Himalayan frontier, was the deadliest between the two countries in 45 years. India blames China for instigating the fight by developing infrastructure in the valley, which it said was a breach of the agreement of what area remained in dispute.

Chinese Foreign Ministry spokesperson Zhao Lijian said in a statement Friday that “the Galwan Valley is located on the Chinese side of the Line of Actual Control in the west section of the China-India boundary.”

He blamed incursions by Indian troops in the area from early May for a midnight clash on Monday that left 20 Indian soldiers dead. China has not said whether it suffered any casualties.

Soldiers brawled with

clubs, rocks and their fists in the thin air at 14,000 feet above sea level, but no shots were fired, Indian officials have said. The soldiers carry firearms but are not allowed to use them under a previous agreement in the border dispute.

BIRTHDAY

FROM PAGE A-1

of Chancellorsville.

Waiting to exhale

His death on May 10, 1863, would come a little more than a month before this scraggly — and somewhat mountainous patch in the boonies of the Commonwealth — would successfully engineer a succession of its own, with Abraham Lincoln’s help.

Jackson’s grave still carried newly turned earth when West Virginia became the 35th State in the Union on June 20, 1863.

Emphasis on “Union,” as these climes trended more Blue than Gray.

The Clarksburg general, though, was on the wrong end of an ideological clash over real estate that threatened to void the warranty of the-then (not-so) United States of America.

He also owned slaves himself.

Yet, he got an honoring work of art.

In fact, 157 years after his death and West Virginia’s statehood, he just won another land battle.

The Harrison County Commission this past week voted 2-1 to allow his statue to stay where it is.

There had been talk of a sanctioned removal of the work.

In a post-killing-of-

George Floyd world, that makes Charlene Marshall want to catch her breath a little.

“It wouldn’t bother me one bit if they all went away,” the first Black female mayor in Morgantown history said.

She’s talking about the Stonewall Jackson statue, and the other ones like it.

Gasps of hard air

Marshall, who served as mayor in the early 2000s and was later elected to West Virginia’s House of Delegates, grew up in Morgantown and Monongalia County when people of a certain pigment couldn’t always go through the front door.

She was able to keep her perspective, she said, because she came up in Osage, a racially diverse enclave carved into a hillside near Morgantown.

Osage was a Melting Pot, stirred by a coal miner’s shovel.

There were people of color, just up from Alabama.

Italians and Poles just over on the boat.

The Russians were coming, even, from that still exotic land of onion-dome churches and mesmerizing vodka — before the Iron Curtain clamped down.

Osage was accents.

Smatterings of languages, other than English.

And everyone’s dad looking the same (Black) when he emerged from the maw of mine at the end of his shift.

In the doorway of her teens, she gasped at those unaltered photographs of Emmitt Till’s mutilated corpse that were published in Jet, the magazine her family subscribed to faithfully.

“How could anybody do that to another person? How could anybody do that to a little boy?”

In comes the good air ...

Marshall’s good friend Jack Bowman, who is not Black, was notching his growing-up years in West Virginia at roughly the same time.

The retired law school professor and Morgantown toastmaster always unfurls the 35-star version of the American flag in honor of West Virginia statehood.

He isn’t broaching any civic protocols in doing so, he says.

For him, it’s about history.

Respecting it, and not repeating a lot of it, if you can help it.

Bowman was WVU student body president in 1960.

Three years later, as a student at the university’s College of Law, he was instrumental in bringing the mast of the USS West Virginia to Oglebay Hall, in

that centennial year of statehood.

The ship, lovingly called, the “Wee-Vee,” by its crew, was rendered dead in the water at Pearl Harbor on Dec. 7, 1941.

Dorie Miller became a hero on the Wee-Vee that day.

Miller was a big kid from Texas doing the only job the U.S. Navy deemed Black individuals of that time capable of doing.

He was a steward, sorting laundry below deck when he felt the first whumps of the explosions.

He propelled himself onto the deck to scoop up every wounded crew mate he saw.

It wasn’t just adrenaline.

The muscular Miller was also the ship’s boxing champion.

He would be recognized with the Navy Cross for his bravery that day.

Every breath you take

That’s good history, the professor emeritus said, and that’s what the mast of the USS West Virginia represents.

Confederate statues, said Bowman — who states he’s a life member of the NAACP — are bad history.

That doesn’t mean, though, he said, that they should be vandalized or destroyed — even if they do represent the less-shining side of the Amer-

ican experience.

Because history, he said, is history.

“We need to see them,” he said.

“That way, we’ll always be reminded of where we’ve been, and where we still need to go.”

During one of his daily COVID-19 briefings, Gov. Jim Justice was recently asked whether he felt this way about the state’s Confederate statues — another of Jackson sits on the Capitol grounds in Charleston — or whether he supported their removal.

Justice said he felt his answer would surprise people.

While he doesn’t believe he has the authority to make the decision himself — that could require a vote by the legislature, or there may be, in some instances, historical societies that have some say — he says he’s less concerned with preserving monuments of history than he is about the future of West Virginia.

“I feel like our Capitol is a place to where all people should always feel comfortable and at ease,” Justice said. “I’m concerned about what’s going to happen for West Virginians and trying to bring goodness to their life tomorrow.”

“I am very mindful and respectful of all of our histories, but at the same time, I want to look to our future.

I don’t want anyone to feel uncomfortable here. ... I don’t know how to answer it any more plainly than just that.

“This is our Capitol, this is our state, this is our people.”

The future is now

Marshall, meanwhile, will never forget the history and symbolism of those balcony seats at the Metropolitan Theater.

As mayor, she was part of the group of Townies and West Virginians, people born here and otherwise, who oversaw the first restorations of the now ornate, iconic venue which had fallen into bad repair.

Marshall stood on the stage as Morgantown’s elected leader and looked up at the balcony.

When she was a kid, and wanted to see a movie, she had to sit there. In that section, because that’s just the way it was.

She had chills, she said. Really.

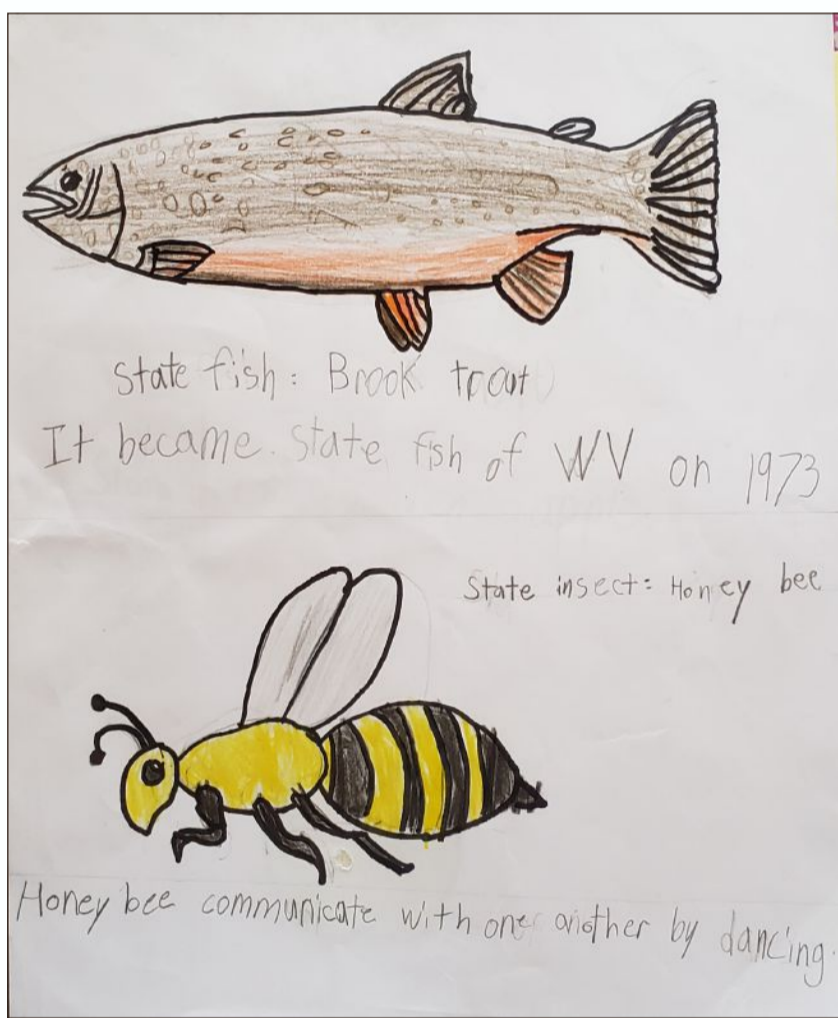
And it was breath-taking, she said. Really.

Look at me now, she was thinking. Look at us now.

“When you work together, there’s just so much good that can be accomplished.”

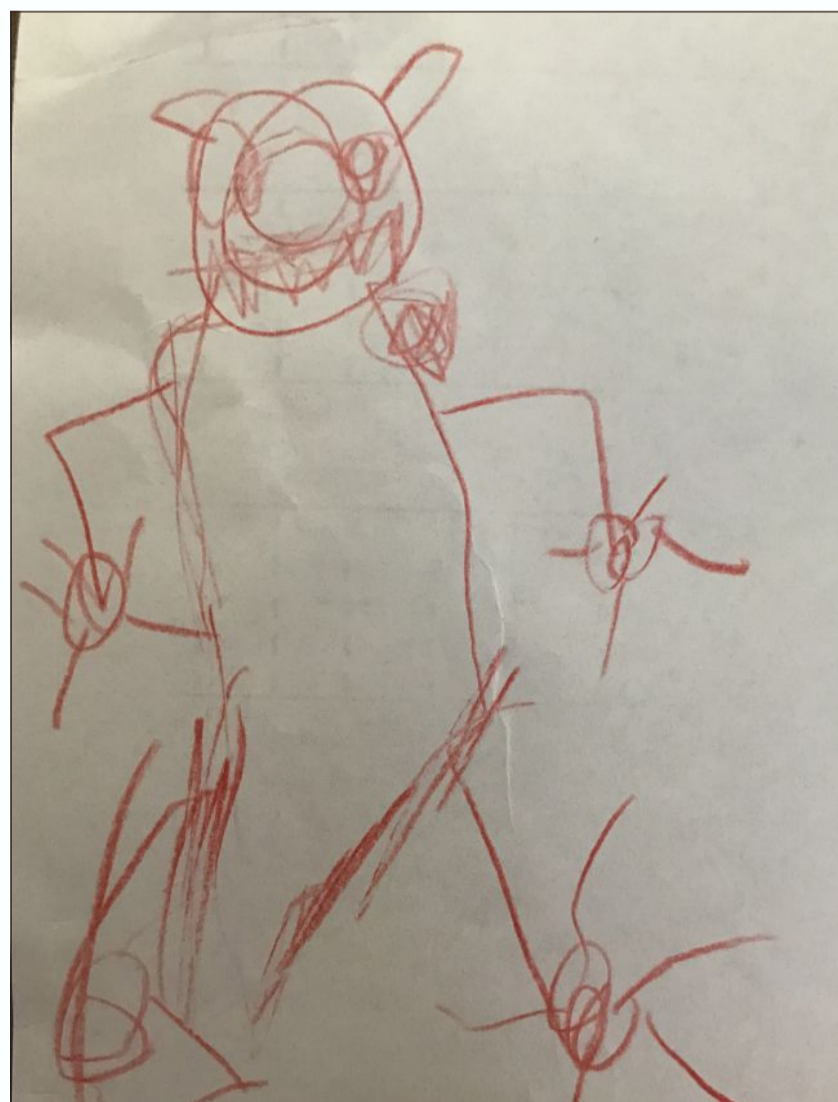
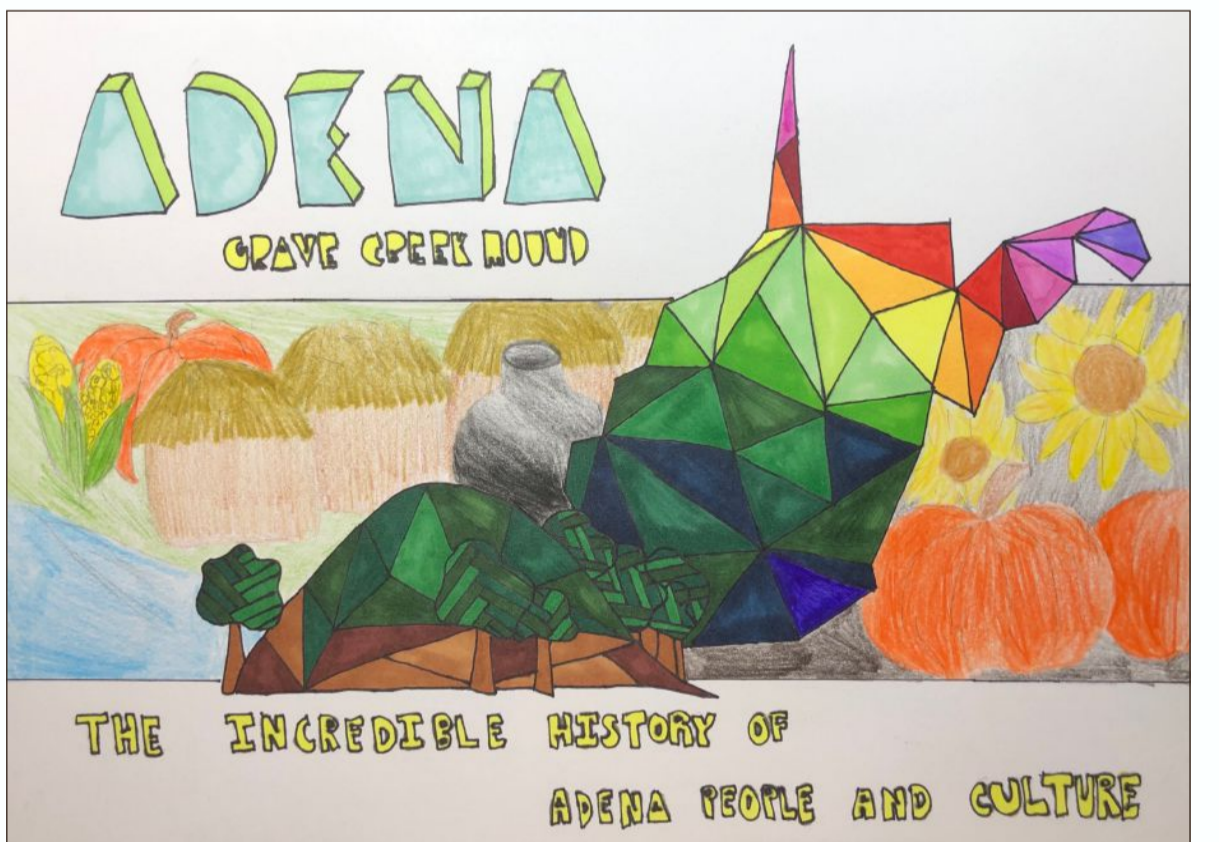
A group photograph preserved it. They looked just like statues up there.

TWEET @DominionPostWV



Submitted photos

The Dominion Post asked our young readers to draw pictures inspired by West Virginia’s birthday. Top left, some symbols associated with West Virginia by Andrew William, first grade; below at top, artwork by Lauren Shen, who will be a 9th grader in the fall; below at bottom, symbols of the Mountain State by Joseph William, second grade; bottom left, a black bear by Ona Smith, who is 4 years old.



OBITUARIES (MORE ON A9)

William Dresler

William Thomas "Bill" Dresler, 96, died at his daughter and son-in-law's Morgan-town home on Sunday, June 14, 2020, after a long illness.

He was predeceased in 2008 by his wife, Jacqueline Mary Dresler after 58 years of marriage. Bill was born in 1923 in Omaha, Neb., son to the late William Bryan and Mary Margaret

Dresler.

He graduated from Cathedral Catholic High School, and was proud to achieve the honor of Eagle Scout. He began his life-long hobbies of stamp and coin collecting as a teenager. As a child of the depression era, he also worked to help his family make ends meet. In 1943, Bill enlisted in the Navy, serving as a hospital corpsman (Ensign) with the Marines during his World War II years of service. After his discharge, Bill returned to Creighton University, graduating with a Bachelor's degree in business. In 2014, he participated in a WWII Rocky Mountain Honor Flight from Denver to Washington D.C.

In 1950, Bill married Jacqueline Dresler, and they raised five children. These include Patricia (Peter) Schaeffer-Dresler, Tom (Oksana) Dresler, Carolyn Dresler MD, Jeff (Kim) Dresler and Diane Dresler. He is also survived by six grandchildren, Joseph (Nancy) Schaeffer, Derek Dresler, Julian Dresler, Kathleen (Josh) Obie, Julie Dresler and Beth (Doug) Romoth. His three great-grandchildren are Alexis and Chloe Romoth and Abigail Obie.

Bill and Jackie moved to Denver two years after their marriage, recalling fond memories of their honeymoon in Evergreen, Colo. Bill was a packaging salesman for Packaging Corporation of America and later was an independent packaging broker before retiring.

He was a devout Catholic, and attended

Most Precious Blood Church. Bill was active in the Knights of Columbus, Denver Council 539 (for over 60 years), including serving as Grand Knight with great dedication. He also was involved in Republican politics at the local level. Bill enjoyed serving local causes, including stints as an amateur auctioneer for the Buffalo Creek Volunteer Fire Department. Bill played the accordion and loved to sing. He was an enthusiastic member of local singing groups that entertained at senior centers. He delighted in searching out treasures at any garage sale he could find.

In addition to his wife, Bill was predeceased by both his parents and two siblings, his beloved sister, Darlene Daly, and brother, Jerad Dresler.

He is survived by sisters, Sharon Gallagher and Madeleine Sorensen, brother, John Dennis (Debbie) Dresler and numerous nieces and nephews. Because of COVID-19, a prayer service is being livestreamed from St. Luke's Parish, Cheat Lake on Monday, June 22 at 7 p.m. <https://www.facebook.com/stlukemorgantown/live/>

A funeral Mass at a later date will be at Church of the Risen Christ, Denver. Bill will be buried in the Fort Logan Veteran's Military Cemetery in Denver, together again with his wife Jackie. The family gratefully appreciates the assistance of the dedicated nurses, staff and caregivers at Amedisys Hospice, along with the caring help from Lisa Rouse and Wanda Knotts, with Visiting Homemakers.

In lieu of flowers, donations to Amedisys Hospice, (checks payable to Amedisys Foundation), 5006 Mid-Atlantic Drive, Morgantown, WV 26508 or Denver Knights of Columbus Council 539 (checks made out to Knights of Columbus Council 539, 1450 S. Birch Street, Denver, CO 80222 or online via Venmo at the username @kofc539denver) in his memory would be gratefully appreciated.

Condolences: www.hastingsfuneral-home.com



Gertraud Martin

Gertraud Martin, age 99, went to be with her Lord on June 5, 2020. She is preceded in death by her parents, her two brothers, her son-in-law and her husband of 71 years, Hubert. Mrs. Martin was born in the Palatinat region of Germany and was fluent in five languages. Gertraud was of Huguenot descent on her mother's side of the family. After WWII and during occupation, she served as an interpreter at 3rd Army Headquarters under General George Patton in Heidelberg where she met her future husband, Hubert. Later, Traudl, as she was called by family and friends, joined her extended family in New York City and Long Island, N.Y. She and Hubert were married in the "Little Church around the Corner," an Episcopal Church in New York City. After Dr. Martin completed his studies of orthodontics, the couple settled in Morgantown, Dr. Martin's hometown, and raised three children. Along with raising a family, Traudl belonged to the Service League, was a deacon at First Presbyterian Church, a volunteer at Mon General Hospital as well as a life member of their Auxiliary and also of Ruby Hospital Auxiliary. She was the 2nd President of the Morgantown Dental Auxiliary. Mrs. Martin received an

AB Degree cum Laude from WVU in French and graduated with her daughter and son-in-law in 1971. She was a member of Delta Delta Sorority and founding member of the Morgantown Racquet Club. Traudl especially enjoyed being a member of a Women's Bible Study Group. She loved life and our exquisite planet Earth. She never met a stranger. Traudl is survived by her daughter, Elisabeth; son, Chris and wife Rosemarie; and son, Glen and wife Judy. Grandchildren include Kathryn and husband Cameron, Andrew, Molly and husband Josh, Jeff, Christy, Allan and wife Carly and Audrey. Three great-grandchildren include Owen, Oliver and William. All were her pride and joy. A small family celebration of life service will be held at a later date. The family would like to thank the care givers of Windy Hill Village for their exceptional and loving care of both Hubert and Traudl. In remembrance of Traudl, memorial contributions may be made to: WV Caring Hospice, P.O. Box 760, Arthurdale, WV 26520, St. Joseph's Indian School, P.O. Box 326, Chamberlain, SD 57326, St. Bonaventure Indian Mission, P.O. Box 610, Thoreau, N.M. 87323, Edgar Cayce's A.R.E., 215 67th St., Virginia Beach, VA 23451. Condolences: www.hastingsfuneral-home.com

Condolences: www.hastingsfuneral-home.com



Judith Sutherland

Judith A. Sutherland, 86, of Nitro passed away June 13, 2020, at home surrounded by her family. Judith was born July 18, 1934, in Tad, to the late Lewis A. and Louise A. Foyer Underwood. Judith was a homemaker, loved her Mountains, churches, enjoyed camping, doing puzzles, artwork, playing with her grandkids and looked forward to the annual WVU Baptist student reunions which she considered her extended family.

Judith is survived by her beloved husband of 67 years Pastor Clifford H Sutherland, sons Clifford (Patricia), of Morgantown, and Paul Sutherland, of Charleston, one sister Peggy Sowards, of Nitro, brother and sisters-in-law Richard Sutherland, of Martinsburg, Cindy Sacher, of Dayton, Ohio, Topsy Chittum, of Hurricane, Jimmy Richmeier, of Virginia Beach, Va., and Butch Chittum, of Hurricane; grandchildren Jeremy Sutherland, of Cross Lanes, Jennessa Sutherland, of St. Albans, Jennifer Sutherland, of Morgantown, Andrew Sutherland, of Mooresville,

N.C., Stephen Sutherland, of Morgantown, nine great grandchildren, numerous nieces and nephews and friend Thomas Mahaven, of Morgantown.

She was preceded in death by her siblings Donald Underwood, Myrtle Knight, Andy Underwood, and Joe Underwood. Also deceased are brother and sisters-in-law Tom Sutherland and Nancy Dabbs, and in-laws Clifford H Sutherland, Maxine Hatfield Sutherland Chittum and Lyle Chittum and special grandparents Charles and Elizabeth Hatfield.

In accordance with her wishes, Judith's body was donated to the WVU Human Gift Registry, continuing to give. Family suggests donations may be made in memory of Judy to: Nitro First Presbyterian Church PO Box 296, Nitro, WV 25143, or Norma Mae Huggins Endowment Fund co Triple S Harley-Davidson 7300 Willie G Avenue, Westover WV 26501.

A celebration of life will be held at a later date.

Arrangements are under the care of Cooke Funeral Home, Nitro.

Condolences: www.cookefuneral-home.com or <https://www.facebook.com/cliff.sutherland.5>

Cinderella Gruspe

Cinderella "Cindy" Arquiza Gruspe, 88, of Weston, slipped gently into the arms of the Lord on Tuesday, June 16, 2020, at J.W. Ruby Memorial Hospital in Morgantown.

She was born in Iligan City — part of the Visayan Islands in the Philippines — on March 18, 1932, the youngest daughter of the late Vincente and Fortunata Elnar Arquiza. In addition to her parents, Cindy was welcomed with open arms at Heaven's Gates by one son, Arnold Felipe Gruspe II; and four siblings: Roberta Corea, Gabina Dy, Olympio Arquiza and Rosario Cimafranca.

While attending college in Manila, Cindy met the love of her life, Dr. Arnold Felipe Gruspe. On Dec. 29, 1959, Cindy and Arnold married and together they traveled and worked in the medical field together for over 60 years while also raising their five sons.

Cindy is survived by her husband, Dr. Arnold Gruspe, of Weston; four sons: Arne Gruspe DDS and wife Myra, of Ohio, Arjay Gruspe and wife Tara, of Hawaii, Armand Gruspe, of Weston, and Aris Gruspe and wife Carla, of Florida; two granddaughters: Abigail Gruspe DDS and Kainani Gruspe; two grandsons: Kainoa Gruspe and wife Amber; and Aris "Joshua" Gruspe; and several nieces and nephews.

While attending high school at St. Michael's College, Cindy competed and gained the title of Miss Pearl in the local beauty pageant. After receiving a Bachelor of Science in

Nursing from Philippines General Hospital in Manila, Cindy traveled to the United States to begin her career in the medical field at a hospital in Chicago. She had also taken French cooking classes at Philippines Women's University in Manila, which began her love of the culinary arts. Cindy treasured time spent with her family and enjoyed using her culinary skills to satisfy them all. She was always putting everyone before herself and caring for anyone in need. Cindy's devotion to her family was beyond compare and was a true testament of her faith in the Lord. She was faith filled and expressed it through her generous and giving nature. Cindy loved her home place of Weston and was very active in the community. She enjoyed attending Sunday Mass at St. Patrick Catholic Church in Weston and rarely missed a service. In her spare time, she enjoyed shopping, traveling and gardening. Cindy was an amazing woman and will be missed by all who knew her.

Family and friends will gather at Forest Lawn Memorial Gardens located at 2397 US Hwy 19 N in Jane Lew from 2:30-3:30 p.m. Wednesday, June 24. A Graveside Service will begin at 3:30 with Very The Reverend James R. DeViese Jr. as celebrant. Following services Cindy's request for cremation will be honored.

We, at Pat Boyle Funeral Home and Cremation Service located at 144 Hackers Creek Rd. in Jane Lew, are honored and privileged to serve the family of Cinderella "Cindy" Arquiza Gruspe.

Condolences: www.PatBoyleFuneral-Home.com

Dorothy Trickett

Dorothy "Lee" (Ford) Trickett, 86, of Haymond Road, Grafton, passed away Thursday, June 18, 2020, at the United Hospital Center in Bridgeport.

She was born July 24, 1933, in "Grandfather Ford's farmhouse" in Oak Grove, Grafton.

Her parents were the late Alfred Aaron and Gladys (Sinsel) Ford.

Lee graduated from Grafton High School on May 31, 1951. On June 15, 1951, she married Walter O. Trickett. They were married 69 years.

Her hobbies were crocheting and playing the piano. She had played the piano in various Baptist churches for over 70 years. She was a member of the Grafton Baptist Church.

In addition to her husband, Walter O. Trickett, she is survived by one son, Thomas "Tom" Trickett (Janet), of Westover; two daughters, Joy Knight (Jim) and Jane Abel (Rich), both of Grafton; four granddaughters, Julie Abel, of Grafton, Jamey Knight, of Alexandria, Va., Jennifer Densmore (Tim) and their children, Evan and Savannah, of Grafton, and Carrie Summers (Michael) and their son, Wyatt; seven grandsons, Scott Trickett (Delia) and their children, Scott Jr. and Nick, of Morgantown, Tommy Trickett (Glenda), of Masontown, Pa., Josh Trickett (Sunnie), of Vienna, Ryan Trickett (Rachel) and their children, Becky, Eric and Lorelai, of Shinnston, Daniel Abel

(Tami) and their children Caylee and Jordyn, of Flemington, Jon Williams (Amy) and their children, Nicholas, Jody, Jackson and Allison, of Westover; Fred Williams (Kelly) and their children, Jason, Patrick and Rocky, of Arizona; her sister, Mary Kathryn Matthews; sister-in-law, Mary L. "Peggy" Ford; and a special niece and nephew, Sondra and Robbie Ford, all of Grafton.

In addition to her parents, she was preceded in death by an infant son, James Lee Trickett; her brother, Ronald G. Ford; and brother-in-law, Donal Lee Matthews.

The family will receive friends at the Donald G. Ford Funeral Home in Grafton from 3-8 p.m. Monday, June 22 and from 11 a.m. until the funeral hour on Tuesday.

Funeral services will be held at the funeral home at noon on Tuesday, June 23, with Pastor Carl Trickett and Pastor Don Harward officiating.

Interment will follow at the WV National Cemetery in Grafton.

In lieu of flowers, the family wishes donations be made to the American Cancer Society.

CDC guidelines will be followed so please bring your own face masks, and follow the six-foot distance guidelines.

Condolences: www.donaldgfordfuneralhome.com

"My father didn't tell me how to live; he lived, and let me watch him do it."

— C.B. Kelland

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MORGANTOWN

Metropolitan Theatre to serve as classroom

500 to 600 WVU students will move through area daily

BY BEN CONLEY
BConley@DominionPost.com

Morgantown's Metropolitan Theatre is temporarily trading tap shoes and tambourines for textbooks.

An agreement between the the-

ater and WVU will see the venue used as a classroom for the upcoming semester as the university looks for spaces large enough to hold classes and observe social distancing guidelines.

Interim City Manager Emily Muzzarelli said WVU will pay \$35,000 for the use of the theater. That money will also cover some of the cost to provide nightly cleaning in line with what the university is doing in its classrooms.

Vincent Kitch, the city's direc-

tor of arts and cultural development, said between 500 and 600 students will be shuffling through the theater daily. Those classes range in size from 75 students to more than 200 students.

"We're limiting all seating in the Met to 50% capacity for social distancing," Kitch said. "They're setting up protocols for scanning students in and out and assigning them seats so that they'll always be able to track social interactions should there be any type of

issue, they'll know who was sitting where and who they were sitting next to."

Even at half-capacity, the theater can hold up to 450 people.

Kitch said the theater will remain available for evening use. He explained that there are currently a handful of events scheduled in November.

"We have negotiated that there will be a few days where we have to say to the university, with a 30-day notice, that we would like to

have the venue available for a concert or public performances," Kitch said.

The revenue generated by the agreement with WVU will offset anticipated losses in theater and property rental due to COVID-19, as will the addition of alcohol sales to theater concessions.

Morgantown City Council approved a budget of \$290,810 for the theater during its most recent regular meeting.

TWEET @BenConley_DP

DRY YOUR OWN HERBS



Aldona Bird/For The Dominion Post

An easy way to dry herbs is by tying them into bundles and hanging them until dry.

Great for adding to salves, for cooking or just as natural decor

BY ALDONA BIRD
Newsroom@DominionPost

This weekend marks the summer solstice. Folklore and myths suggest on the shortest night of the year the veil between reality and the spirit world is thinnest, and harvesting certain herbs at this time will ward off evil.

Whether based on superstition, or perhaps blooming times, knowledge of potency peaks, or simply keeping a rhythm of annual work, the summer solstice is a traditional time to harvest herbs and preserve for use throughout the year.

Even if you don't find fun in following centuries-old traditions, spending time harvesting herbs to make your own teas, salves, culinary blends or for use on their own can be a great summer's day activity.

It's easy to find sources recommending harvesting herbs in the morning, after the dew dries but before the hot sun diminishes the strength of the essential oils. While not a bad idea, don't stress about it, and harvest as your schedule allows.

Some good rules to follow are:

- Don't harvest more than one third of a plant at a time.
- If the plant is a perennial and in its first year, don't harvest much at all.
- Cut stems off right above new emerging leaves (to encourage more growth).
- Cut flowers off before they seed



The Dominion Post

Another way to dry your herbs is to lay them out on a piece of muslin draped over a window and placed in the sun. This will dry the herbs more quickly.

to prolong harvesting time.

Once you've collected your medicinal or culinary herbs, choose a method (or several) of preservation. Drying is easy and simple; freezing can capture fresh flavors of some herbs; fermenting can modify and enhance flavors while adding beneficial bacteria to your diet; infusions can be used for making extract substitutes or medicinal salves and ointments.

To hang dry herbs:

- Remove dead, wilted or diseased leaves
- Tie stems (twist ties make it easy to tighten if needed as stems dry and shrink)
- Hang upside down, preferably loosely covered (a small paper bag with holes around the bundle, a muslin or other light material work well)
- Choose a spot with low humid-

ity, and leave until fully dried.

Drying herbs in the dark helps them retain their color. But you can also use the sun's power to quickly dry them by creating your own solar dehydrator. Simply take an old window screen, cover it in a clean very lightweight cloth (an old cotton bed sheet, or muslin fabric), place herbs on top and leave it in the sun or on a car dashboard until herbs are dry and crisp — just don't leave them long enough to bleach out. Alternatively, cover them with a light sheeting fabric for a longer drying time to prevent bleaching out.

Solar drying is a good option for leaves and smaller pieces of herbs which don't tie as easily.

Dried herbs can be used to make teas, in cooking or combined into culinary mixes. Try this recipe to

SEE HERBS, B-2

LOCAL

Farm Crawl to feature 12 farms and businesses

The event takes place July 11-12; offers food, items for purchase

BY JENIFFER GRAHAM
JGraham@DominionPost.com

KINGWOOD — Twelve farms and businesses have signed up to participate in this year's Preston County Farm Crawl.

The event will take place July 11-12 and will feature High Ground Brewing, Round Right Farm, Possum Tail Farm and Riffle Farm American Bison all located in Terra Alta; Broken Tractor Farm & Winery in

Hazleton; Red Sky Farm in Independence; Allegheny Treeware in Thornton; Arthurdale Heritage Inc. (AHI) and Taylor Grown in Arthurdale; Crimson Shamrock Alpaca & Sheep Ranch in Eglon; and Hopping Acres in Bruceton Mills.

Earlier, Darlene Bolyard, director of (AHI), said its facility may not participate in the 2020 Preston County Farm Crawl because of a conflict over requiring face coverings.

She said the facility will be open for both guided and drive through tours.

AHI charges \$10 per person for their guided tours

SEE FARM, B-2



Submitted photo

A mother bison and her calf graze at Riffle Farms.

MORGANTOWN

Republic brings in additional support

BY BEN CONLEY
BConley@DominionPost.com

Republic Services says it has brought in "additional support" in an attempt to correct missed and delayed service in Morgantown.

The company, which has an exclusive contract to collect trash and recycling within the city through 2022, didn't elaborate on what's causing the delays.

The issue has been raised multiple times by

members of Morgantown City Council, most recently 4th Ward Councilor Jenny Selin.

"I have once again been getting emails and calls about our trash service," Selin said. "Someone said their recycling hasn't been picked up for four weeks. If there's a problem because you don't have enough employees because of COVID, I understand. It just

SEE REPUBLIC, B-2

CONNECT

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FARM

FROM PAGE B-1

and require participants to wear masks. The drive through tours at AHI are free. There is no charge to tour the other 11 farms.

Susan Riddle, President and CEO of Visit Mountaineer Country CVB, said the Farm Crawl event team will assure that all tours are hosted in groups of 10 people or less, and six-foot distances are kept between individuals and families, sanitizing stations are offered, and PPE is worn when appropriate.

To help kick off the crawl, Riffle Farms will be hosting a farm-to-table dinner at 7 p.m. July 10. Marion Ohlinger, owner chef of Hill & Hollow in Morgantown, is going to slow roast a bison on a giant spit. Tickets are \$60 per person and are available on both Riffle Farms and The Preston County Farm Crawl websites.

Riffle Farms is a small bison farm raising grass-fed and finished animals, tucked away in the hills of Preston County.

Owner and Operator Liz Riffle is a U.S. Navy Nurse Corps veteran and her husband, Jimmie Riffle, is currently serving on active duty as a Navy Nurse Corps nurse practitioner.

"The Riffles believe in progressive sustainability and humane animal practices. The bison farm is planning to become humane certified later this year with their recent approval for field harvesting," Liz Riffle said.

She said the bison farm

will be open to the public from 10 a.m. to 4 p.m. July 11-12 so folks can check out the herd, get a tour of the robust handling facilities, taste test bison meat, purchase frozen meat and farm merchandise, and enjoy the panoramic county views.

Riffle said the farm is located up a steep, winding gravel drive so guests are encouraged to drive a 4 x 4 vehicle in anything other than perfect weather conditions. Riffle Farms is part of the South Loop (See the crawl website for more directions.)

Jennie Kahly, from Possum Tail Farm commented on the Preston County Farm Crawl Facebook page: "We are coordinating our tours with Round Right Farm so that crawlers can hit our farms and BBQ Beast at High Ground Brewing. Possum Tail Farm tours will be at 10 a.m. and 1 p.m.

"Round Right Farm Tours will be at 11 a.m. and 2 p.m. Both of our organic farms will be ready for visitors anytime between 10 a.m. and 4 p.m. to answer questions and have goods for sale. BBQ Beast will be featuring Possum Tail Farm Beef and rhubarb in their menu on Saturday."

Pike Mountain Farm is owned and operated by Tyler and Tiffany Rice. Located 10 miles from downtown Morgantown, Pike Mountain Farm provides pasture raised chicken and pork to the local community.

"Using rotational grazing, this young farm is producing nutrient dense pro-



Submitted photo

Tyler, Tiffany and their children Townes and Tobias hang out in the field with their chickens.



Submitted photo

Liz and Jimmie Riffle pose on their farm.

tein and healing the land. Pike Mountain Farm's location, online ordering and curbside pickup make putting a healthy dinner on the table easy," Tyler Rice said.

He said farm tours and bluegrass music will be the highlights at this

crawl stop.

For more information about the farm crawl go to <https://www.facebook.com/prestoncofarmcrawl/> or VisitMountaineerCountry.com/Events. or call 603-325-8460.

TWEET @DominionPostWV

COVID-19

Contact tracing: Disease detective work that helps keep the community safe

YOUR PHONE RINGS and the person on the other end says you have crossed paths with someone who has COVID-19. Or perhaps you already have tested positive for the illness and they are following up, because ideally a physician has informed you of your status.

Provided you don't hang up, the contact tracer, such as the ones at Monongalia County Health Department who sprang into action in March, will have some questions for you about what you might have done during a specific period of time.

"What I do is go through each day and ask them questions about their day, 'Did you work?' 'Did you go out?' 'Did you run errands?' This tends to help them jog their memory," said Jennifer Goldcamp.

Goldcamp is the director of nursing at MCHD Clinical Services, which was closed to most patients during the first 2 1/2 months of the pandemic. So Goldcamp and her fellow nurses became MCHD's lead investigators and contact tracers, with help from additional employees, including a temporarily hired emergency department nurse and MCHD's regional epidemiologist, Dr. Diane Gross.

Usually the calls go smoothly, but sometimes they can be tricky. "Some people can be reluctant to talk about personal matters," Goldcamp said. "People forget things. I understand that. I can't always remember what I did yesterday."

And, she added, "When they are called, they can feel put on the spot and get rattled. Some people are embarrassed and feel like they are in trouble."

But nothing could be further from the truth. Everyone is in this pandemic together.

"We're not out to punish anybody," she said. "We are just trying to stress the importance of isolating and quarantining to protect you and the people in the community."

Finding people can also take some time. "In certain cases, we only have pieces of information such as parts of names or just an employer."

Once communication is established, contact tracers continue to make daily calls or initiate a text system to monitor symptoms. This monitoring is not only to individuals who tested positive, but also to their contacts.

"We follow positives daily for 10 days and their contacts for 14 days," Goldcamp said.

Of course, if a contact develops symptoms, the clock resets to prevent further spread of the virus.

In the experience of Monongalia County Health Department, one positive individual can have anywhere from 1 to 20 contacts with whom an



MARYWADE BURNSIDE

MCHD employee needs to follow up.

Contacts of contacts generally aren't traced because the risk is low. But figuring out who is a contact takes some questioning.

"Someone will say, 'I said hello to my neighbor at the grocery store,'" Goldcamp said. "I wouldn't necessarily be worried about that, since it would be a short amount of time," especially if they were wearing masks.

Sometimes it is difficult to track individuals down, and that's when a group of employees will suit up in N-95 masks, eye protection and maybe gloves to go out and locate those who couldn't be reached by phone.

"We had to do that about seven times," said Joe Klass, MCHD Threat Preparedness specialist. "Five of those cases were new phone numbers or people not understanding what was required of them."

Once MCHD located them, they realized the importance of the quarantine and kept in touch with MCHD while they were being monitored.

The first few months of the pandemic "was a flurry of activity," Goldcamp said, quoting MCHD executive director and county health officer Dr. Lee B. Smith when he said, "We're building the ship as we sail it."

Now that it's June, Goldcamp can view the experience so far with more perspective.

"For the most part, people took it seriously and stayed home," she said. "They were smart about it and it didn't overburden hospitals."

While it's quiet now in Monongalia County, although other areas of the state and the country are experiencing a surge in cases, Goldcamp knows that no matter what happens, activity will be ramping up in the next few months. That's because MCHD Clinical Services will provide back-to-school vaccines and, in the fall, flu vaccines.

And as West Virginia University tests about 35,000 students, faculty and staff members in July and August, MCHD will jump into the fray again, performing contact tracing for any positive cases that may result.

"It's just the beginning of what we've gone through," Goldcamp said.

CONTACT MARY WADE BURNSIDE at 304-598-5152 or at MaryWade.Burnside@wv.gov.

WORLD

Diplomat calls U.N. rights body 'a haven for dictators'

Associated Press

FRANKFURT, Germany — U.S. Secretary of State Mike Pompeo said the decision by the U.N.'s top human rights body to commission a report on policing and race amid international protests spurred by George Floyd's death "marks a new low" and confirmed the Trump administration's decision to withdraw from the Human Rights Council in 2018.

The council agreed Friday in Geneva to commission a U.N. report on systemic racism and discrimination against Black people while stopping short of ordering a more intensive investigation singling out the United

States. Floyd, a handcuffed Black man, died last month after a Minneapolis police officer pressed his knee into his neck for several minutes even after he stopped moving and pleading for air.

In response, Pompeo on Saturday described the Human Rights Council as "a haven for dictators and the democracies that indulge them" and said the council should focus its attention elsewhere.

"If the Council were serious about protecting human rights, there are plenty of legitimate needs for its attention, such as the systemic racial disparities in places like Cuba, China, and Iran," Pompeo said in a statement Saturday.

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Happy Father's Day!

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Gary Smith



Behind every great daughter is a truly amazing dad.

*Love you, Daddy!
Rhylea, Alexa & Maci*

Gary (Sonny) Smith



As a dad, as a father-in-law, as a Pappy - you're the best, and we feel so lucky to have you!

*We Love You!
All your Kids & Grandkids*

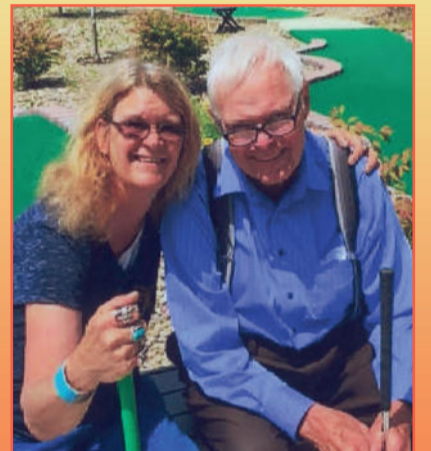
Lawrence (Lumpy) Templeton



Thanks for teaching us all the best things we know...plus some other good stuff that we probably should have paid more attention to.

*Love you lots!
Courtney & Scott - and some other people (lol)*

Richard S. Little Sr.



I love you, Daddio, and always will.

Love, Doanda

Timothy Hetrick Sr.



Dad, we love and miss you very much. I will always be very proud to be your daughter.

Love, Your Family

Mike Morrison

Happy Father's Day,
PapPap!
God bless you and we love you!

*Josh, Jodi
and Luke*

Damian Jacob Cooke



From face masks to bubble baths, From hair bows to ball throws, You never disappoint! We love you so much and your Daddy skills are on point!



Love, Skye and Abby



Nothing has aged better than you since '93, except for the wind and me!

*Happy Father's Day!
Love, Joey*

Brian Poole



Love you teaching me to hunt. Best dad ever!

Love you! Taxon



Paul A. Sisler
09/20/1928 ~ 03/15/2019

Dad,
Your life is a blessing your memory a treasure... You are loved beyond words and missed beyond measure.

Asa Tasker-Bennett



Best daddy ever!

Love, Brooklyn

Happy Father's Day to my dad
Denzil Nicholson
Sept. 3, 1927 ~ May 25, 2013



Another year has gone by without you. Thank you for everything you did for us. We miss you and love you every single day!

Judy, Danielle, Danny & Regan

Robert Kacik



I am so blessed to have you as my dad!

*Happy Father's Day!
Love, Joe*

Don Hoylman



You are one in a million, Dad. So glad you're still on the move!

Love, Donna

Richard Fuller



Happy Father's Day!
XOXO

Tanya



Happy Father's Day!

presented by
The Dominion Post

Pappy



Pappys are there to help children get into mischief that they haven't thought of yet.

*Love you always,
Bryce, Brayden, and Brynna*

Randy Long



I love you, Papa!

Love, Addi

Jason Cobun



I love you, Daddy!

Love, Addi

Sammy Morrone



You are the best dada ever!

Love, SJ



Happy Heavenly Father's Day to the best Dad a girl could ever ask for!

There's not a day that I don't miss you!

*Love You!
Samantha "Doodles"*



Happy Father's Day in Heaven to the best dad us girls could ever ask for!

*Love your girls,
Deb and Suz*



Thank you for being the best **Fur Dad** a pup could ask for!

*I love you!
Love, Max*



Happy Father's Day in Heaven to the best dad a girl could ever ask for!

*Love your daughter,
Joyce*



Happy Father's Day to the best Dad and Pappy! Thank you for all you do! We love you!

*Love, Shelly, Mckenzie,
Robbie, and Samantha*



Happy Heavenly Father's Day to the best Daddy in the world. Dad I still hold the memories of you close to my heart.

I love and miss you so much!

Love, Matthen

Philip Alexander



Happy Father's Day, Daddy! I love you with all my heart.

Love, Aubrey

Brian Sims



You are the best Daddy in the whole wide world!

*We love you
as big as the sky!!!!*

*Love,
Aubrey, Andrew and Austin*

Willam "Pap" Murray



Pap, we miss you every day.

*Deb, George, Harve,
Joanne, John,
Marianne & Jody*

Norm Pennington



World traveler, dad, grandpap, and the best pool boy in the business! Thank you for all you do and all you are.

Much love, Brad

Tim Moon



Happy Father's Day to the #1 dad. You've been there for every softball game. You've been there for a shoulder to cry on and always find a way to make someone laugh. You're the best!

Love, Maddie



Love you, Pap Pap!

Love, Macie

JUNETEENTH COOKOUT



Grayson Hall/The Dominion Post

Strizy Hairston DJs at the Juneteenth Cookout on Saturday.



Grayson Hall/The Dominion Post

People gather to enjoy food, music, and community at the Juneteenth Cookout on Saturday.

HERBS

FROM PAGE B-2

add to a variety of savory dishes:

Greek Seasoning Blend

- 1 tablespoon dried basil
- 1 tablespoon dried oregano
- 1 tablespoon garlic powder
- 1.5 teaspoon dried parsley
- 1.5 teaspoon dried rosemary
- 1.5 teaspoon dried thyme
- 1.5 teaspoon salt
- 1.5 teaspoon black pepper
- half a teaspoon nutmeg

Grind herbs in a clean spice or coffee grinder, and mix with other ingredients. Enjoy!

Try to copy your favorite seasoning mixes with homegrown herbs, or mix and match to create your own perfect blend.

Freezing can help herbs keep their bright fresh flavors. Chop herbs such as basil, or a mix of thyme, rosemary and oregano, and mix with oil.

Freeze in an ice cube tray and store in a wide mouth jar. Pop a herb oil cube into pasta or other dishes near the end of cooking to thaw and

release the lovely taste and aromas.

Herbs can also be frozen in very small bundles or as single leaves.

To ferment herbs, mince finely with salt (roughly one teaspoon salt to six cups herbs — putting through a food processor is fine — and pack tightly into a jar layered with salt. The mincing and tight packing will squeeze out some juice — brine. Keep with a loose lid (to release gases created through fermentation) and away from heat. Make sure that the paste stays submerged under the brine. Taste after about 5 days. When the flavor is somewhat acidic and pleasant, tighten the lid and place in refrigerator to stop further fermentation, and use as desired.

To infuse fresh herbs into oil:

■ Pack jar with fresh herbs, leaving a few inches of space at the top.

■ Cover with oil (no herbs should be above the oil, and if any float to the top during the process, and start to mold, skim them off); olive oil works well for culinary and medicinal uses alike, while coconut and other are great for making

salves and other body care products.

■ Put a tight lid on the jar, shake and set in a sunny windowsill

■ Shake once or more per day, for two or three weeks

■ Strain into a clean jar, squeezing out as much oil from the herbs as you can.

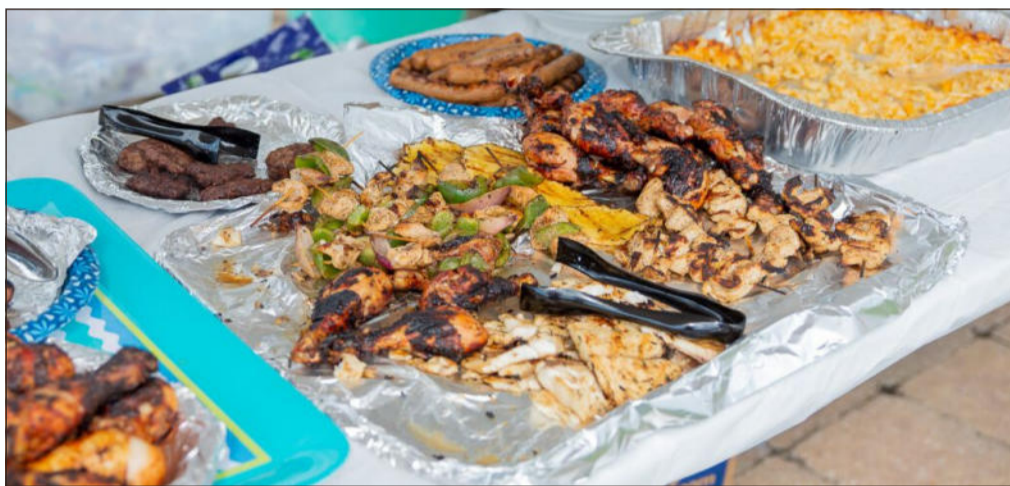
■ Label and date the oil, and use as desired.

To infuse oil faster, place herbs and oil in a double boiler, and warm on a low heat until the oil smells like the herb and changes color (usually one to five hours).

Try different combinations of herbs, or make single herb infusions. Drizzle the final product on pasta or pizza, or dip your homemade bread into it for a snack or appetizer. You can use infused olive oil to flavor all kinds of cooking.

Have fun using and preserving herbs (maybe not so much fun as Oberon and Puck), and try different methods to learn and expand your options for using and enjoying summer flavors throughout the year.

TWEET @DominionPostWV



Grayson Hall/The Dominion Post

Food buffet at the Juneteenth Cookout on Saturday.

REPUBLIC

FROM PAGE B-2

needs to be taken care of.”

Throughout its relationship with the city, the service provided by Republic has been a reoccurring topic of discussion as members of council field complaints from annoyed rate payers.

Selin raised the issue last April as well, explaining she’d “had enough,” and noting any delays during the week ultimately ends up playing havoc in the wards with Friday pickups.

According to the city’s contract with the hauler, the city manager has the authority to determine, “in the exercise of reasonable discretion,” when penalties

are justified.

The contract stipulated Republic create an ever-green penalty account in which it maintains \$5,000 for that purpose.

It states penalties are to be imposed as a “last resort” after notice of non-compliance and a failure to correct the issue within 72 hours of receiving notice.

The penalties range from \$50 for failure to pick up trash or recycling within one business day of notification to \$500 for missing service for an entire block (one side of one street).

On Oct. 1, 2019 — the start of year three of the current deal, which was signed in 2018 but back-dated to 2017 — Republic’s

monthly rates jumped from \$17.64 to \$18.17. Rates will climb to \$18.72 later this year and \$19.28 in year five.

According to Republic Services Media Relations, the company is committed to improving service and eliminating delays.

“We have brought in additional support to correct service irregularities, and to maintain consistent service going forward. We appreciate the opportunity to serve Morgantown, and we thank the city and its residents for their patience as we get back on schedule. Republic Services encourages customers to call us with any concerns.”

TWEET @BenConley_DP

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DAVE SAMUEL

It's time to focus on fireflies

Back in the 1980s, we had lots of fireflies in the summer at our yard in Orchard Acres off County 857. Then the sightings sort of tailed off, although there were still lots to be seen in an adjacent lot we owned. I never really gave much thought as to why that occurred, and didn't connect it to the fact that we had our yard treated for weeds, but never treated the adjacent lot.

Fireflies (lightning bugs) are beetles. They take one-to-two years to mature from larvae, but only live three weeks as adults. The larvae feed on snails and other insects, but the adults do not eat. The three weeks those adults live is all about mating and they utilize their lights to attract mates. The males fly and flash to the flightless females on the ground, and the females then light back. Since adult lifespan is so short, witnessing the lights will only be possible for two to three weeks, usually the end of May and early June.

There are over 2,000 species of fireflies found all over the globe. Most are found in fields, forests and often near water. That water can be a pond, stream or just a wet area in the yard. As neat as these little critters are, there is a problem. They are disappearing, everywhere. The reasons are not scientifically documented, but most believe the loss of habitat, via development, is a major factor.

Fragmentation of habitat is also causing species to be isolated. Fireflies cannot disperse long distances as most are poor fliers, and indeed, some species are flightless. The terrestrial larvae for most species has a dispersal distance of only several yards. Those species with aquatic larvae can disperse further, but this lack of dispersal leads to genetic problems for the flies.

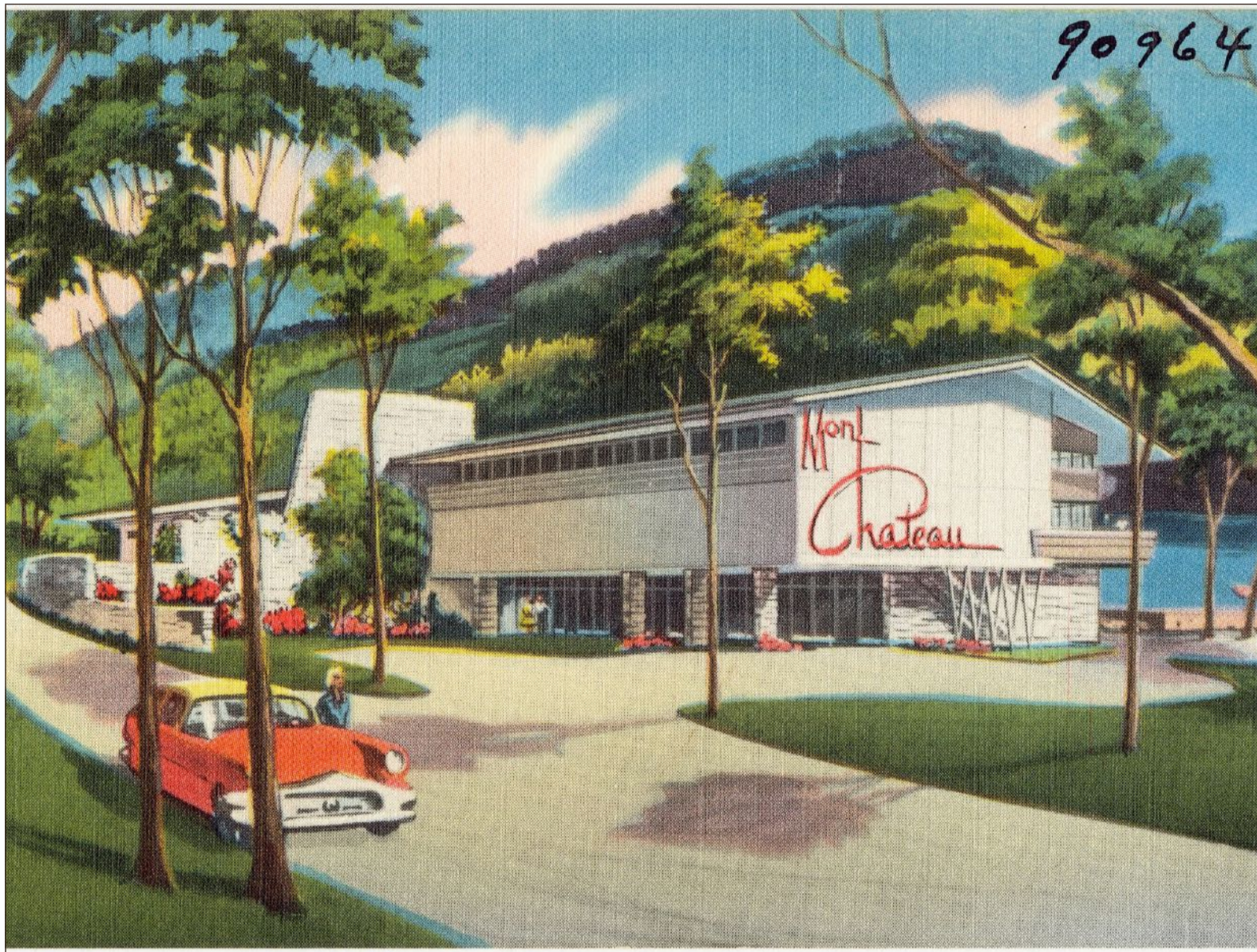
As coastal mangrove swamps and other coastal habitats are lost to development, so are the various firefly species that live there. What other factors are causing the rapid decline? Toxic chemicals such as pesticides and other weed killers are a factor. Globally, and locally, pesticide use is killing fireflies. Since the larval stage of the firefly lives and develops for months, even years, in the soil, contamination there is a big problem for the fireflies.

A survey of firefly experts in 49 countries around the globe was taken to see what the experts felt was causing firefly declines. Habitat loss was ranked first, but light pollution was a close second. What the heck is "light pollution" and how does that impact fireflies? First let me mention that light pollution also impacts us. Too much light at night disrupts our normal circadian rhythms, it affects our melatonin levels, and generally contributes to sleep disorders. (Honey, will you turn that light off. I'm trying to sleep over here.) In fact, studies show that too much light can lead to depression, cancer and cardiovascular disease.

Fireflies are affected by stationary light, such as streetlights, sports complexes, commercial signs and billboards. Add to that lights from cars, homes, etc. There is so much of all this light that there is now a term "skyglow" that is used to describe the brightness of the night sky in developed areas (e.g. cities) from light pollution. One 2016 study showed that more than 23% of the global land

SEE FIREFLIES, B-8

Protecting history



Boston Public Library Tichnor Brothers collection

A postcard depicts the artistic mockup of the Mont Chateau State Park lodge. The lodge, which now hosts the West Virginia Geologic and Economic Survey, was constructed after the historic Mont Chateau Hotel burned down in 1956.

Once part of a state park, John May wants to save the 13-acre parcel of public land from private interests

BY ANDREW SPELLMAN
ASpellman@DominionPost.com

It was a terrible day in 1956 when the historic Mont Chateau Hotel burned down at what was then one of West Virginia's newest state parks, but it was also a dark foreshadowing of what would be a tumultuous, short-lived run.

When the state bought the original 42 acres of land situated at the end of Mont Chateau Road in 1955 from the Duquesne Club, it hosted a plethora of activities for visitors. From swimming to horse riding to staying in the renowned hotel, the future looked bright for the state park. Then one day, tragedy struck and the Mont Chateau Hotel was no more, razed by a fire. To this day, the cause of the fire is unknown to John May, the former Deputy Director of Finance and Administration at the state geological and economic survey which is now housed in the former state park lodge. The history of the building and the state park, however, is not foreign.

"The hotel was built in 1894 on what was then the Cheat River," May said. "The river back in that time was a major recreation area for the populace. [Several] campgrounds and clubs were lining both shores of the river. I've got a request with the [WVU] history center for the correspondence related to the original hotel by the family that built it, but I don't have any more detail on that right now."

"I do know that the hotel was purchased by the Duquesne Club of Pittsburgh on or around 1920 to be used as a retreat for their members. They had some fairly famous captains of industry in their organization at the time, and I was looking to see if some of them may have vacationed down here during their tenure — people like Andrew Carnegie and [Henry] J. Heinz."

The lodge, built in response to the hotel burning down, is a story in its own right. The building racked up a bill of \$400,000, but thanks to leftover bond funds issued

SEE HISTORY, B-8



Andrew Spellman/The Dominion Post

The overlook wall, part of the original hotel grounds, still stands on the 13-acre plot deeded to the West Virginia Geological and Economic Survey.

COLLEGE BASKETBALL

10 for 10



AP file photo

The West Virginia men's basketball team celebrates after defeating Georgetown on a last second bucket by Da'Sean Butler in the Big East Championship game.

The good, the bad and the memorable of the 2009-10 WVU Final Four team

THIS IS THE SEVENTH in a series of 10 local sports stories The Dominion Post believes would make a good sports documentary. They will run every Sunday and Thursday through July 2.

BY JUSTIN JACKSON
JJackson@DominionPost.com

In college basketball, what ingredients are needed for a win to qualify as an upset?

Is it the point spread, the national rankings, the recruiting rankings, the setting, the talent of the other team or maybe some combination of it all?

Members of the 2009-10 West Virginia men's basketball team gathered for a 10-year Zoom reunion Saturday night, celebrating a moment that still feels as much alive today as it did that night in the Syracuse Carrier Dome a decade ago.

None of them referred to their 73-66 victory against No. 2-ranked Kentucky — a win that put the Mountaineers into the Final Four for the first time in 51 years — as an upset.

Even as confetti fell around him and his players were celebrating with championship hats and were getting set to cut down the East Regional net, WVU coach Bob Huggins was not sounding like a man who had just pulled off an upset.

"I said before this season that this team had a chance to be special," Huggins told the crowd that night. "Two more wins and they'll really be special."

The numbers back that up. West Virginia, led by senior leader Da'Sean Butler, who three weeks earlier became a national name after hitting the game-winning shot against Georgetown to win the Big East tournament, entered the game as the sixth-ranked team in the country.

Kentucky, owners of seven national championships at that time (now eight), was a mere 4-point favorite.

Yet, it is through the lens of history and some hindsight, that maybe we can call that game the perfect upset for the Mountaineers.

"That Kentucky team was very talented," WVU associate head coach Larry Harrison said during the reunion. "Overall, I would say that Kentucky team was probably the most talented team we've faced."

The good, the bad, the memorable

It would be doing that team an injustice by not including an expanded view of the weeks leading up to the moment.

In truth, there are many starting points to begin the story of those players from that season.

You could even go back as far as the previous season, in which a dejected bunch of young men sat in a locker room inside the Metrodome in Minneapolis after being on the wrong end of an upset.

Dayton, an 11th-seed, pulled off a 68-60 first-round win against the Mountaineers in the NCAA tournament.

In the locker room that day, almost in unison from the likes of Butler, as well as teammates Devin Ebanks and Truck

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WVU

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Bryant came a promise. “This won’t happen again,” Ebanks said that day. “It’s going to be a different story next year.” And it was. With the bulk of that team returning, WVU began the 2009-10 season ranked in the top 10, and never dipped below No. 11 in the Associated Press rankings that season.

The Mountaineers were No. 8 when they traveled to Connecticut in late February, and from the ashes of that 73-62 loss to the Huskies came greatness.

Huggins set the tone for the rest of the way with these words on his postgame radio show:

“I don’t know if they know what they mean to this state,” he said. “I told them in there, ‘You have a chance to be special.’ Very few people have a chance to be special, particularly in West Virginia.”

“Pittsburgh had great basketball, but it was not the Steelers. Cincinnati had great basketball when I was there, but it was not the Reds. We have a chance to represent this state and bring so much pride and joy.”

In the years that followed, Huggins joked that it was, “like the Gettysburg Address in West Virginia now.”

What immediately fol-

lowed was a magical 10-game winning streak that covered two game-winning shots by Butler in the Big East tournament and a regular-season finale victory against Villanova that Huggins often references for the fact that WVU had only 16 points at halftime, but was able to pull out a win, because the team continued to play solid defense.

Out of disappointment came opportunity

From the moment Truck Bryant first walked on to the WVU campus, he was talking about playing in a Final Four one day.

That’s the kind of confidence he had in himself and in the team Huggins had constructed.

That confidence also went hand-in-hand with his fun-loving personality.

He had a smile that lit up the darkest rooms. He had a laugh that could break up the most tense moments.

Former WVU forward Kevin Jones once told this story about a team film session inside the WVU Coliseum before a practice:

“We’re watching film and Cam (Thoroughman) was supposed to throw a pass, but didn’t do it,” Jones said. “I can’t remember who he was supposed to throw it, too, but he was wide open. Huggs was fuming and he yells out, ‘I’ll kiss your butt on High Street if he’s not open.’”

Jones immediately

looked at Bryant, who is doing his best to hold in laughter, but eventually lets it out.

“When Truck started laughing, then of course everyone else does, too,” Jones said.

Bryant’s part in this story is overshadowed some, because of the heroics from teammate Joe Mazzulla.

Bryant did make it to that 2010 Final Four, except that he did so with a walking cast on his right foot after having fractured a bone in practice before the team’s second-round game against Missouri and then had it snap on him again against the Tigers.

It is here we try to put the story in proper context.

Not many teams could lose their starting point guard in the second round of the NCAA tournament and go on to the Final Four.

Not with Kentucky still alive in the same bracket.

And this is where Mazzulla steps in and maybe shows the true character of that team.

To be sure, Mazzulla was no stranger to pressure-packed moments or to winning.

He was a freshman when the Mountaineers won the NIT.

A year later, Mazzulla nearly pulled off a triple-double when WVU beat Duke in the second round of

the NCAA tournament.

But a shoulder injury cost Mazzulla most of his junior season and forced him to take a medical red-shirt. By the 2009-10 season, he was mostly in a back-up role behind Bryant.

That was how the national media saw Mazzulla, simply as the kid getting thrust into a new role.

Mazzulla played it up with one reporter before the Kentucky game, saying he had never really been in that situation before.

“I thought he was going to ask a follow-up and I was going to let the cat out of the bag,” he said later. “But he never asked anything else.”

The moment was far from too big for Mazzulla, who like Bryant, stood on his own foundation of leadership and confidence.

He gave all he had to give in 30 minutes. Mazzulla scored 17 points, he hit his only 3-pointer of that season and consistently found driving lanes through Kentucky’s defense to create offense before finally fouling out.

“I have no idea how it happened,” Mazzulla said. “We just executed well. I hit my first three and that just gave me a lot of confidence throughout the rest of the game. We were able to get in a good defensive rhythm.”

So, what makes it an upset?

To be honest, the 2010

TIED TO HISTORY

THE 2009-10 Kentucky team featured five players who were drafted in the first round of the 2010 NBA Draft: John Wall went No. 1 overall to the Washington Wizards, while DeMarcus Cousins (5th) went to Sacramento, Patrick Patterson (14th) went to Houston, Eric Bledsoe (18th) went to Oklahoma City and Daniel Orton (29th) went to Orlando. That team also had Darius Miller, who was drafted in the second round in 2012 and currently plays for New Orleans and DeAndre Liggins, who was drafted in the second round in 2011 and played five seasons in the NBA.

IN TERMS of future NBA experience, the 2009-10 Kentucky roster has a combined 53 years (and counting) and a combined 11 All-Star showings. The 2009-10 WVU team combined for four years of NBA experience between Devin Ebanks (3) and Kevin Jones (1).

NCAA tournament was filled with upsets, beginning with top-ranked Kansas losing in the second round to Northern Iowa.

Remember Ali Farokhmanesh and his 3-pointer that put the nail in the Jayhawks’ coffin?

Old Dominion beat Notre Dame in the first round. Ohio University did the same to Georgetown and Cornell beat both Temple and Wisconsin to become the pride of the Ivy League.

Brackets were busted all over the place well before little-known Butler became a national darling by working its way into the NCAA championship game against Duke.

But, this was a Kentucky

team with No. 1 recruit John Wall at point guard and 6-foot-10, 270-pound DeMarcus Cousins in the middle and sweet-shooting Eric Bledsoe on the wing.

Patrick Patterson — a native of Huntington — was 6-8 and was a nightmare match-up in that he was shooting 3-pointers on the outside and then crashing the boards on the inside.

Off the bench came Daniel Orton, himself another 6-10, 255-pound monster to deal with down low.

In 2010, it seemed like a tough match-up for WVU. Looking back on it 10 years later — knowing that seven players from that Kentucky

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HISTORY

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to construct lodges at Blackwater Falls and Cacapon state parks, the fledgling Mont Chateau State Park dodged a serious setback and opened to the public on June 7, 1958. With limited space compared to other state parks, to market Mont Chateau better and give visitors different opportunities, construction continued in 1962 behind the lodge as a two-story activities building was built to host conferences, parties and more.

Eventually, that lack of land, competition from other conference centers and very little diversity of activities led to the state leasing out Mont Chateau to a list of concessionaires. After a stagnant run, the park was officially closed on June 30, 1977.

“A determination was made that [the concessionaires] couldn’t make a profit off the state park so they closed it,” May said.

But with practically a brand new facility on-site,



Andrew Spellman/The Dominion Post

A photograph of the old Mont Chateau Hotel taken 56 years before it burned down is on display at the museum in the former Mont Chateau State Park in Cheat Lake.

Gov. Jay Rockefeller announced the geological survey would be relocated from White Hall on WVU’s downtown campus and other leased sites to the lodge. Over four years, the survey paid \$4,800 a month in rent to Parks and Recreation until the original construction bond issue was retired, and in 1981, the WVGES was finally deeded 13 acres. They

retained the lodge, horse stable, septic treatment building and activities center, as well as the former hotel’s carriage house and overlook wall and a trail connecting the former state park to Coopers Rock State Forest via Quarry Run. In a deal with the private sector, the remaining 29 acres were transferred by the state in return for land that

expanded Holly River State Park in Webster County.

“We’ve kept up the building as best we can,” May said. “We’ve established a museum of natural history, have book stores and offices. We welcome visitors when we’re not under quarantine, and we try to preserve the exterior of the building as it was in the first place.”

The need for protection

While the story of Mont Chateau State Park is one of tragedy and failure, the rest of the story is one of success and small victories.

The 13-acre parcel of land, now surrounded by private housing and Cheat Lake, provides public access to recreation opportunities along the lake and in Coopers Rock State Forest. Further, Quarry Run, a relatively small tributary of the lake, is a honey hole for yellow perch, bass and walleye. Mont Chateau trail, part of the Coopers Rock system, is a beautiful hike totaling 2.6 miles from the Henry Clay Furnace to the mouth of Quarry Run.

In a time when public land access is in danger to some extent in all 50 states, the current acreage has been in the money-making crosshairs of the state as recently as the last 15 years. It’s with that knowledge that May wants to add an extra layer of protection to the property and have it listed on the National Register of Historic Places with the National Park Service.

“What I’m looking for personally is to have a modicum of protection against land speculation,” May said. “I’ve personally gone to legislators and other people for some help in preventing that from happening again.”

“If the state office approves our application, they refile it on our behalf with the National Park System. Then, if approved, we’ll receive recognition as a historic place. In addition, we’ll be applying for a historical road marker, as well.”

As May noted, inside folks can find a museum of geology and natural history. There stands a replica of the West Virginia state

fossil, a *Megalonyx jefferisonii*, or a giant ground sloth, which dates back to the Ice Age and is between 8-10 feet and weighs 800 pounds. While the original fossil wasn’t found in Morgantown — it was found in Monroe County in a saltpeter mine — this is common of a lot of the bigger attraction pieces. Further, arguably the most interesting specimen in the collection isn’t from the Mountain State at all. Hannah the *Edmontosaurus* was discovered in North Dakota and curated by E. Ray Garton is the only dinosaur skeleton on display in the state. It can be found just inside the front door up the steps.

All of this, in addition to the history of the state park, is why May hopes that the 13 acres stay in the hands of the public. Whether in the name of historical significance, access to recreation opportunities or both, he wants a little piece of the Mountain State’s 157-year history to hopefully be around much longer.

TWEET @ASpellman_DPost

FIREFLIES

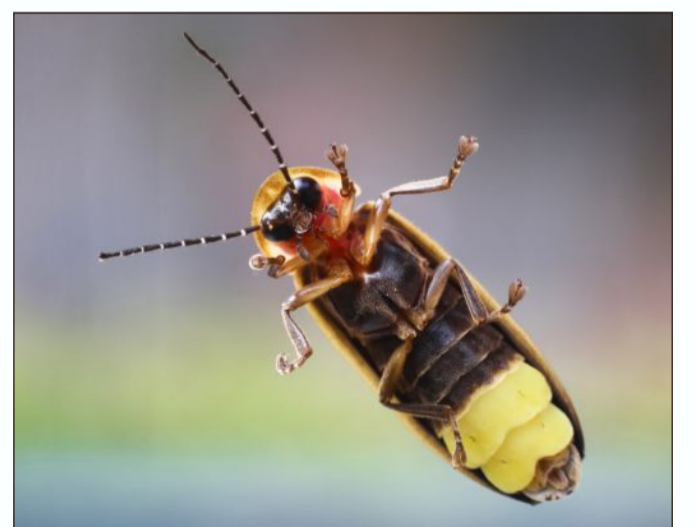
FROM PAGE B-7

surface has some artificial night sky brightness.

All this skyglow light affects fireflies in several ways. First, fireflies use their flashing lights to “talk” to each other. Males talk to females and vice versa, via their lights. It is believed that fireflies attract mates, defend territories and warn off predators via their flashing lights and artificial light messes that up. There are a few species of fireflies that synchronize their flashes. Yes, fireflies speak a language with their lights.

The people of China are like millions of others who enjoy seeing fireflies at night. In fact, the pupae of fireflies were brought to a Chinese urban park to start a population of fireflies. One author noted that a park in the city of Wuhan (does that name ring a virus bell for you?) was made into a special firefly park. Bring in the pupae, and when they hatch, come to the park in May and June and watch the fireflies. It was such a success, that they plan to do it every year.

The interest in firefly tourism isn’t limited to China. There is a species of synchronous light firefly (known as the Elkmont firefly) that is now a tourist attraction at the Sugarland Visitors Center in the Smoky Mountains



West Virginia Department of Commerce photo

Fireflies are facing many challenges that are thwarting survival rates. To understand why, WVDNR recently released a citizen scientist project to determine where the beetles are still active.

National Park. Apparently you get a parking pass via a lottery system to come and view the flies. On April 22, the event dates are listed and on April 24 at 8 a.m., the lottery opens, with winners announced on May 7. If you win, you are assigned a date to attend. A total of 1,800 passes are given out each year. There is a \$1 application fee, and if you get picked, there is a \$24 fee that pays for the shuttle from the parking lot to the viewing area, plus other expenses occurred by the park.

You can do several things to encourage fireflies. First, skip chemical use on your yard. Provide some high grass and low-profile plants. If there are

wet areas nearby, that helps. Many adult fireflies, though they don’t eat insects, etc., will eat a variety of pollen and nectar, so having a lot of flowers will help. Plus, those flowers are good for other pollinators. Finally, at night, dim the lights if you can.

West Virginia has all these festivals for everything from strawberries to ramps to forests. What we really need is a firefly festival. First, some community needs to bring back fireflies. Why not?

DR. SAMUEL is a retired wildlife professor from West Virginia University. His outdoor columns have appeared, and continue to appear, in Bowhunter magazine and the Whitetail Journal. If you have questions or comments on wildlife and conservation issues, email him at drdave4@comcast.net.

PERSPECTIVE

Baseball fights to return, but why even try to do it?

There's a chance baseball will still be played this summer, though pettiness, intransigence and the sneakiness of the coronavirus may dictate otherwise.

Just as well. Because it's not baseball I want to see.

A schedule with so few games that the regular season is meaningless. A postseason with so many teams that it's not special.

A game bastardized by made-up rules where everything is dictated by the chase for the almighty dollar.

Why even bother?

Declare defeat now and spare us all the arguing between players and management. Come back next year with a plan that respects both the baseball of today and the past it so glorifies.

Let the Grand Old Game take a break while there's still something grand about it.

We've been without baseball for more than three months now, so it's not like we can't live without it. Yes, we'd like to see Clayton Kershaw pitch his way out of a jam or Mike Trout come to the plate with the bases loaded, but there's no case so compelling for the sport returning that we can't sit out the rest of the year.

Especially when the alternative is the Mickey Mouse assortment of rule changes for the short season that threaten to make it unwatchable.

That comes with apologies to Mickey, who would be ashamed to have his name attached to what this once great game is trying to become.

Sure, there are changes that baseball could make for the better. The sport is



AP file photo

Los Angeles Angels' Mike Trout celebrates with teammates as he returns to the dugout after hitting a grand slam off Detroit Tigers starting pitcher Rick Porcello during the first inning of a baseball game in Anaheim, Calif.

in urgent need of some tinkering if it ever hopes to regain its spot as America's Pastime.

Unfortunately, none of those changes are contained in proposals from either the players or the owners. Both sides are so consumed with greed that the things they offer seem more intent on destroying the fabric of the game than preserving it for the future.

The DH will be implemented across baseball, that's pretty much a given. Pitchers will no longer swing bats, which basically means the elimination of the sacrifice bunt, too.

The subtle strategies that have delighted baseball fans for more than a century will be no more. A game of nuance and complexity will become little more than a glorified Home Run Derby, with pitchers throwing as hard as they can and batters swinging even harder.

Tune into a game and

you might recognize the Yankee pinstripes or the Dodger home whites. I say might, because they'll be covered with ads for Verizon, Budweiser or even the My Pillow guy.

Don't worry about staying up too late to watch. If a game goes into extra innings, they will likely start just like your high school softball games — with a runner on second base. If that runner doesn't score, the game may simply be called a tie.

Doubleheaders could be reduced to seven innings. Starting pitchers may have to beg their manager to get to the fifth inning to get an official win but could conceivably return later to the game for the save.

And it will all take place in empty stadiums, with players grumpy they're playing in a bubble and even grumpier they're not getting their full \$30 million salary.

What's the point? Who would even begin to care enough to tune in?

Other than degenerate gamblers, my guess is not many. Baseball struggles to get eyeballs on TV in the regular season in normal times and even fewer fans will care when they figure out the entire regular season is as irrelevant as spring training.

That could, of course change. The great baseball minds who have gotten us this far might have even more ideas to really get the juices flowing among fans.

Orange baseballs? Check. A fourth "rover" outfielder to fill in those gaps in the shift? Sure, why not.

How about allowing managers to reshuffle their lineups in the ninth inning if they're behind? And who ever said the three-strike, four-ball rule had to be set in stone?

They're all the same thing, gimmicks for what would be a gimmicky season. Actually, it wouldn't even be a season, just a series of games to try and get fans to somehow care about the playoffs.

And in a game of numbers the only number that would really matter is how many players test positive for the coronavirus.

In the end, there's simply no compelling reason to play baseball this summer. And there's certainly no reason to radically change the game just to do it.

It's likely the virus will eventually make the final determination whether to spare us from the worst laid plans on both sides of the table.

But there's no reason to wait any longer to call it quits.

TIM DAHLBERG is a columnist for The Associated Press.

HORSE RACING

Tiz the Law wins barren Belmont

Associated Press

NEW YORK — Tiz the Law has won an unprecedented Belmont Stakes, claiming victory Saturday at the first race of a rejiggered Triple Crown schedule and crossing the finish line in front of eerily empty grandstands.

The 3-year-old colt from upstate New York charged to the lead turning to the frontstretch and now can set his sights on the Sept. 5 Kentucky Derby and Oct. 3 Preakness. All three legs of this year's Triple Crown schedule were postponed due to the coronavirus pandemic. Belmont, usually the series capper, was initially scheduled for June 6.

Tiz the Law gave New York a hometown champion in its first major sporting event since the coronavirus pandemic seized the area. He's the first New York-bred horse to win the Belmont since Forrester in 1882.

This Belmont States was unlike any of the 151 that preceded it. The Long Island track can pack in nearly 100,000, but this race had about 100 on hand, including jockeys, media and park staff.

Masks were mandated for all but the horses — even the jockeys wore face coverings.

Closed to the public since March, Belmont Park hardly resembled the summer soiree New Yorkers are used to. Betting windows and gift shops were closed, no boozy Belmont Jewels shaken to order.

Silence at the 115-year-old venue was broken when New York Gov. Andrew Cuomo issued the traditional "riders, up!" call remotely via video. Bugler Sam Grossman pulled down his face-

mask to tap out "Call to the Post," and racers strolled onto the track to a recording of Frank Sinatra's "New York, New York." A PA announcer introduced them to empty grandstands.

Perhaps welcome harbinger for Tap It to Win, who led out of the gates and seemed poised to give trainer Mark Casse a third straight Triple Crown race victory.

Instead, Tiz the Law powered past him on the outside and cruised to a four-length victory.

Tiz the Law owner Jack Knowlton of New York's Sackatoga Stable was set to watch from a restaurant patio in upstate Saratoga Springs. A little different than 17 years ago, when the Sackatoga crew took a school bus to watch their colt Funny Cide try to wrap a Triple Crown sweep at Belmont Park. Funny Cide finished third.

It was also a breakthrough win for 82-year-old trainer Barclay Tagg, who completed a career Triple Crown after also training Funny Cide.

"I'm just glad I lived long enough that I got another horse like this," Tagg said.

Manny Franco, a 25-year-old jockey from Puerto Rico, entered the winner's circle in his first career Belmont Stakes. He called Tiz the Law a "versatile" horse in the run-up to the race, and what he showed Saturday was typical — stalk the pacemakers early, then pounce on the home stretch.

Dr Post, owned by famed trainer Todd Pletcher, finished second. Max Player finished third, among the highest finishes by a woman-trained horse.

CORONAVIRUS

Second WVU football player tests positive for COVID-19, will self quarantine for 14 days

Sports@DominionPost.com

The WVU athletic department announced Saturday a second Mountaineers football player tested positive for the COVID-19 virus and will enter a self-isolation period for the next

14 days.

As part of the department's health and safety protocol, contact tracing procedures were initiated and identified additional football student-athletes who could have been exposed to the virus

by this player. Those additional student-athletes will also be mandated to self-quarantine per the department's plan.

Voluntary workouts for Mountaineers football players who have

tested negative for the COVID-19 virus began Monday. The department's safety protocols include the current CDC guidelines for containing and stopping the spread of COVID-19.

TWEET @dompostsports

GOLF

Michelle Wie West gives birth to a daughter, Kenna

Former U.S. Women's Open champion is wife of former WVU hoops player and current Golden State Warriors executive Jonnie West

Associated Press

Michelle Wie West now has a little one of her own.

The former U.S. Women's Open champion announced on Instagram that she and her husband, Golden State Warriors executive Jonnie West, are parents of a daughter born Friday.

"Kenna baby, I have waited my entire life to meet you," Wie, the former U.S. Women's Open champion, wrote on Instagram.

They named her Makenna Kamalei Yoona West. The 30-year-old Wie was born and raised in Hon-

olulu. Kamalei is a Hawaiian for "beloved child."

Wie and West, the son of NBA great Jerry West, were married in August. They announced her pregnancy in January. Both of the West men are former men's basketball players at West Virginia University. Jonnie was part of the 2009-10 Final 4 team.

Wie shot the lowest score ever by a woman competing on the PGA Tour with a 68 at Sony Open when she was 14. She won five times on the LPGA Tour, the biggest at Pinehurst No. 2 in the 2014 U.S. Women's Open.



AP file photo

Michelle Wie watches her tee shot on the 18th hole during the second round of the LPGA Tour ANA Inspiration golf tournament at Mission Hills Country Club in Rancho Mirage, Calif., April 5, 2019. West announced the birth of her daughter Kenna on Friday.

thing," Jones said. "Not a lot of people had us winning that game at all outside of the state of West Virginia. In that moment is felt great. Looking back, it feels even better seeing what we accomplished that day."

But an upset? Not to that bunch of WVU players.

The reason? We give the final words of this story to

back-up guard Cam Payne: "To me, I felt like going into the tournament that we should have been a No. 1 seed that year, but we ended up as a No. 2 seed," Payne said. "All the players and coaches, from Huggs all the way down, we knew we were going to win that game. Huggs kind of had (Kentucky coach John) Calipari's number. It didn't feel like

an upset to me and I'm pretty sure it didn't feel like an upset to anyone else.

"Looking back on it 10 years later, obviously a lot of their guys have had success in the NBA, but I had a lot of confidence that my teammates were going to do what was necessary."

TWEET @bigjax3211

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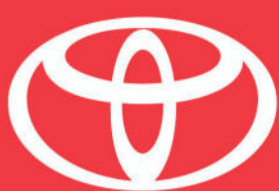
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WVU
FROM PAGE B-8

team went on to play at least three seasons in the NBA — it seems like even more of an accomplishment.

"You see they had so many top picks in that class that we beat, so yeah, it makes it feel like we really accomplished some-



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EDITORIAL

West Virginia Day without the fanfare

Coronavirus pandemic forces quiet observance

Sunrise has lightened from its pale pastels into the bright blue of a summer day, but the sun itself hasn't quite crested the mountains. Wisps of early morning mist still cling to verdant tree tops. Breezes whisper through shadowed valleys.

No fanfare. Just another majestic West Virginia morning.

We imagine West Virginia Day over 150 years ago dawned looking like this. No pageantry or parades. No crowded squares and brass bands. Just a quiet morning that gave way to a day of stoic pride. Newly minted "Best" Virginians woke up and saw a new world of opportunity and felt the freedom and power of having their destinies in their own hands.

West Virginia Day 2020 looked a little like this. The ongoing pandemic put public celebrations on pause. But even without cake-cutting ceremonies and children's activities, we still honored the Mountain State's birth.

If anything, this year's West Virginia Day was a truer celebration of our roots than in recent years. Instead of traveling to cities and towns for festivities, we stayed home, echoing ages past when West Virginians lived in spread out homesteads, tucked into hollers or in small communities. To borrow from a popular meme: "West Virginia: Social distancing since 1865."

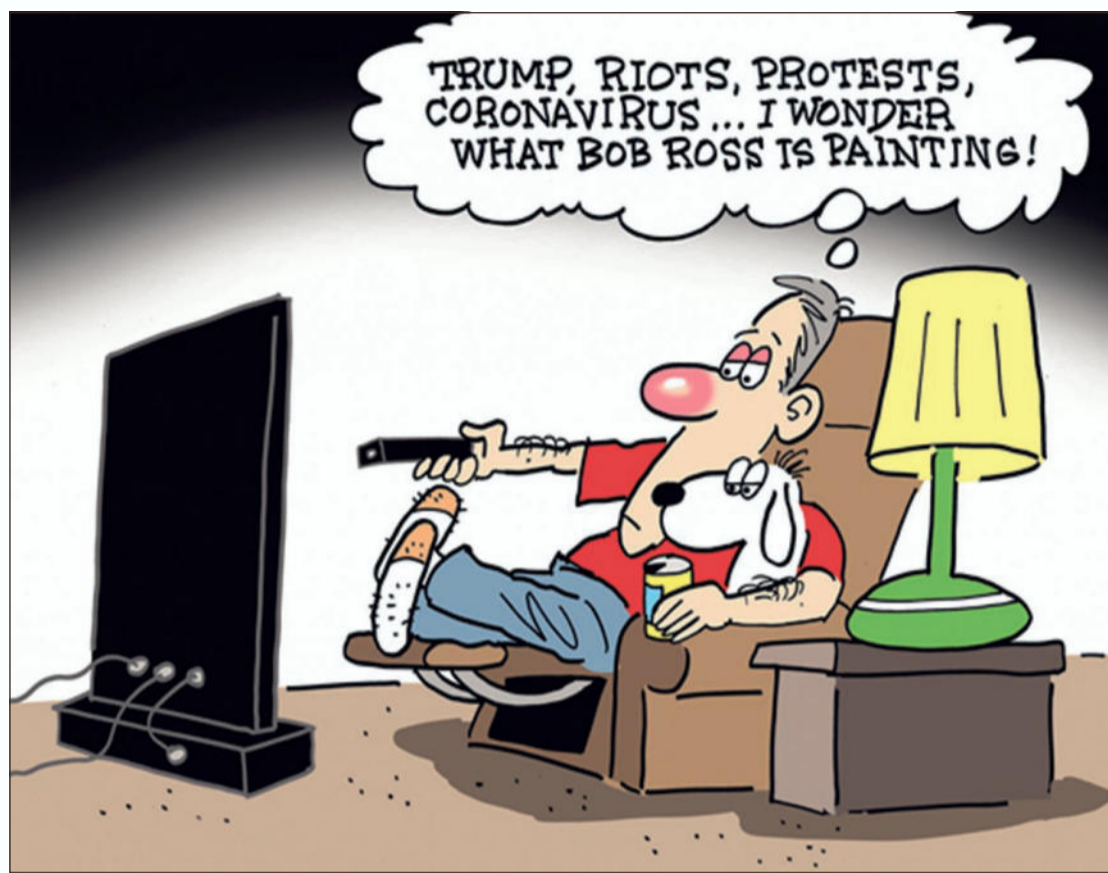
We as West Virginians have always prided ourselves on the way we care for each other. When coronavirus struck, the community stepped up to provide meals for school children. When medical facilities and nursing homes needed personal protective equipment, people broke out their sewing machines and got to work. We called friends and family daily to keep the loneliness at bay and braved dystopian-esque grocery stores on behalf of neighbors who were at greater risk of COVID-19 complications.

Our un-celebrations for West Virginia Day this year are an extension of that care. We chose to put the health and safety of our fellow Mountaineers above our desire for revelry.

We'll be honest: After months of everything fun being closed down and social distancing until we've nearly forgotten what our friends even look like, the urge to gather and party and socialize is strong. We miss the energy of a crowd, the tang of anticipation in the air before a performance, the sense of belonging that comes from gathering together to celebrate.

We miss our community and the long separation has been painful. But West Virginians are tough. We've forgone the fairs and parades and concerts this year and survived. (We've definitely done some complaining, but we have survived.) And all our sacrifices this year will be worth it. After a year without, 2021's festivities will be even sweeter.

But even more importantly, choosing to cancel our parties this year increases the chances that people we love will be able to join us next year.



Make world a more equitable place to live

I am heartbroken and angry by the killing of another unarmed black man. We say, "black lives matter" while acting as though they do not. Our nation is caught in the grip of pervasive, systemic racism that is deadly to people of color. The events we see in the news make up the tip of a large, mostly hidden iceberg. Racism is a cancer that kills in ways that are not always apparent.

Life-expectancy for a black child born in 2017 is about 75 years, compared to 79 years for a white child. Black Americans have higher rates of diabetes, heart disease, hypertension, stroke and death from cancer. Infant mortality rate and maternal

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mortality rate, indicators of population health, are both more than twice as high for black Americans as they are for white Americans.

Chronic stress is one factor that contributes to poor health. Chronic stress is like the flight or fight reaction but low intensity and constant. Life is stressful when

you are judged by the color of your skin. It is hard to find peace if your children are hurt, physically or emotionally. When you are accosted for shopping, jogging, driving, birdwatching or just being while black, the stress of remaining calm comes with a price to your mental and physical health.

Like many of you, I want to help — to find solutions, to ease the pain, to make our world a little better for all of us. I cannot change people's hearts and minds; if I could, I would banish all hatred and racism. I can advocate for policies and laws that make our cities, state and nation more just and equitable places to live, work and play, and I can vote accordingly.

**Cindy Fitch, PhD, RD
Morgantown**

CORONAVIRUS

Turning into two Americas: Masked and unmasked

WHEN THE CORONAVIRUS BEGAN SCYTHING THROUGH AMERICA'S CITIES IN MARCH, WE WERE WARNED TO STEEL OURSELVES FOR A TERRIBLE WAVE OF DEATHS. But we were reassured that if we wore masks, washed our hands and stuck to social distancing, the disease curve would flatten and decline.

That's not what's happening. The curve flattened, all right, but the decline has slowed to a crawl.

In at least half a dozen states — Arizona, Florida, Texas, Arkansas and North and South Carolina — the number of cases is rising steeply. It's up in nearly 20 other states, including California, as well. More than 20,000 people are dying every month from COVID-19.

By October, according to a forecasting model once used by the White House, total U.S. deaths could top 200,000, a sharp increase over its previous projection.

"The first wave still isn't over," Ashish Jha, director of Harvard's Global Health Institute, told me. "We flattened the curve, and then we lost interest ... It's understandable that people want to be done with it. But the virus is not done with us."

Several things went wrong. But the main problem is this: As a nation, we are flunking a test of self-restraint. Instead of states reopening slowly and carefully in accordance with public health guidelines, many are reopening regardless of the risk to people's health.

In April, White House officials set out four conditions a state should meet before it eases social distanc-



DOYLE McMANUS

ing rules: a declining number of infections, a declining rate of positive tests, a robust testing system for health workers and enough hospital capacity to handle a surge.

Arizona hasn't met any of those standards, but it's reopening anyway — including allowing indoor nightclubs to operate. In the first half of the month, its COVID-19 cases soared 102%.

According to one theory, Arizona's hot summer will result in more infections, not fewer — because the searing desert heat drives people indoors. Maybe reopening casinos in Las Vegas wasn't such a great idea after all.

Do businesses and their employees deserve a chance to get back to work? Of course they do. But are crowded bars and nightclubs, prime locations for the virus to spread, really an essential part of Arizona's economy?

Similar stories have come from Florida, which recorded its highest one-day count of new cases on Tuesday — plus 55 deaths, the most of any state for the day.

Or Texas, which also

reported a new high of cases, and where Gov. Greg Abbott — who had championed the state's rapid reopening — scolded young people for not wearing masks and pleaded with citizens to "stay at home."

The problem isn't limited to the Sun Belt. In the past week, the governors of Oregon and Utah paused their states' reopenings, and New York Gov. Andrew Cuomo warned that he might follow suit.

But there's an added political problem in many Southern states, because their governors insisted that they could reopen safely and staked their reputations on the outcome.

"We're starting to see a tale of two different countries," Jha said, with states that reopened slowly and carefully, and states that reopened quickly and heedlessly.

The problem isn't the young people who heard "reopening" and crowded mask-free into restaurants and bars after months of being cooped up at home.

It's the leaders — from the White House to the statehouses — who told them it was OK to do so.

To listen to President Donald Trump, the pandemic is already over — and he ended it just in time for the November election.

"We were able to close our country, save millions of lives, open," Trump said last week. "And now the trajectory is great."

Through his own behavior — refusing to wear a mask, failing to stay 6 feet from the people around him, and promoting an indoor rally for supporters (who had to sign waivers saying



JONAH GOLDBERG

History of policing unfairly twisted

"POLICING ITSELF STARTED OUT AS SLAVE PATROLS. WE KNOW THAT," Rep. James Clyburn (D-SC) declared in an interview with Fox News' Bret Baier. Clyburn, the House majority whip is the third highest ranking Democrat in Congress. He's widely respected. And he's wrong. Or, to be more generous, he's being irresponsibly sloppy in making a point he's right about.

But he's not alone. A USA Today article headlined, "Law enforcement's history of racism; First police departments date back to slave patrols": "Across the U.S., black Americans lived in fear of law enforcement officials armed with weapons who monitored their every behavior, attacked them on the street and in their homes, and killed them for the slightest alleged provocation."

Wenei Philimon, the author, continues, "These organized groups of white men known as slave patrols lay at the roots of the nation's law enforcement excesses, historians say, helping launch centuries of violent and racist behavior toward black Americans, as well as a tradition of protests and uprisings against police brutality."

One has to read deep into the piece to discover the important caveat to a legitimately significant historical fact. Yes, policing in Southern slave states has some roots in slave patrols.

But policing doesn't. Policing — enforcing the law, preventing crime, apprehending criminals — has a very long tradition of existence. I don't know where it started, but for our purposes we can note that Augustus Caesar, born in 27 B.C., created the cohortes urbanae near the end of his reign to police Ancient Rome. Policing in England takes rudimentary form with Henry II's proclamation of the Assize of Arms of 1181. In the 1600s England established constables and Justices of the Peace to oversee them. The Metropolitan Police Act created the first recognizable police force in the U.K. in 1829.

Meanwhile, in America the first constables were created in the 1630s in what came to be known as New England. Boston has the oldest "modern" police department. It was created in 1838. New York and Philadelphia soon followed.

They were not created to search for runaway slaves. It is true that slave patrols were created in slave states and they were an early form of policing. How much that taints the police forces of modern-day Atlanta or Charleston, S.C., or any other state is clearly up for discussion.

But it strikes me as somewhat far-fetched to argue that police in Minnesota or New York are imbued with the spirit of Southern militias tasked with tracking down slaves.

Indeed, there's something uncomfortable to the idea that attempts to prevent rape, murder, robbery, etc. have some obvious racist intent behind them. Black people are just as deserving of protection from crime as anybody else.



SEE MASK, C-2

SEE POLICE, C-2

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Art chosen for front page not the best photo

I applaud The Dominion Post for covering Girl Scout Troop 51108 (DP-06-11-20).

I'm sure there were plenty of colorful and creative choice options for the front page photo. However, I find the image caption "He-Man Woman Haters Club" to be, at best, flagrantly insensitive. Frankly, I find it offensive and I'm sure I'm not alone. Surely a better photo choice could have been made to showcase the girls' hard work and talent.

And, by the way, kudos to the girls for wearing masks!

**Linda Anderson
Morgantown**

Blue Lives Matter flag violates U.S. flag code

C.D. "Tony" Hylton III's letter to the editor (DP-06-14-20), "Blue Lives Matter Banner Not A Racist Symbol" states, "These two flags are respectable banners of noble causes."

How can a *destroyed* American flag, the symbol of the United States, be considered for *any* noble cause?

The United States Flag Code of Etiquette clearly states; one is *not* to change, the design, the colors or the flag size ratio.

The *first* sentence of the Pledge of Allegiance: "I pledge allegiance to *the flag* of the United States of America."

"The flag" means one *cannot* pledge any allegiance to that bastardized black, white and blue thing called a "cop flag" (or *any* other colored American flag) *at the same time*.

Before this changing the stripe color in the American flag

is all over, the American flag will have to have 157 stripes. Oops, sorry, 159 stripes. Forgot about the supermarket shopping cart retrievers wanting their color stripe in between the state road flagmen and the stop light windshield squeegee folks!

**Rick Chaplin
Dellslow**

Don't defund police — pick, train better officers

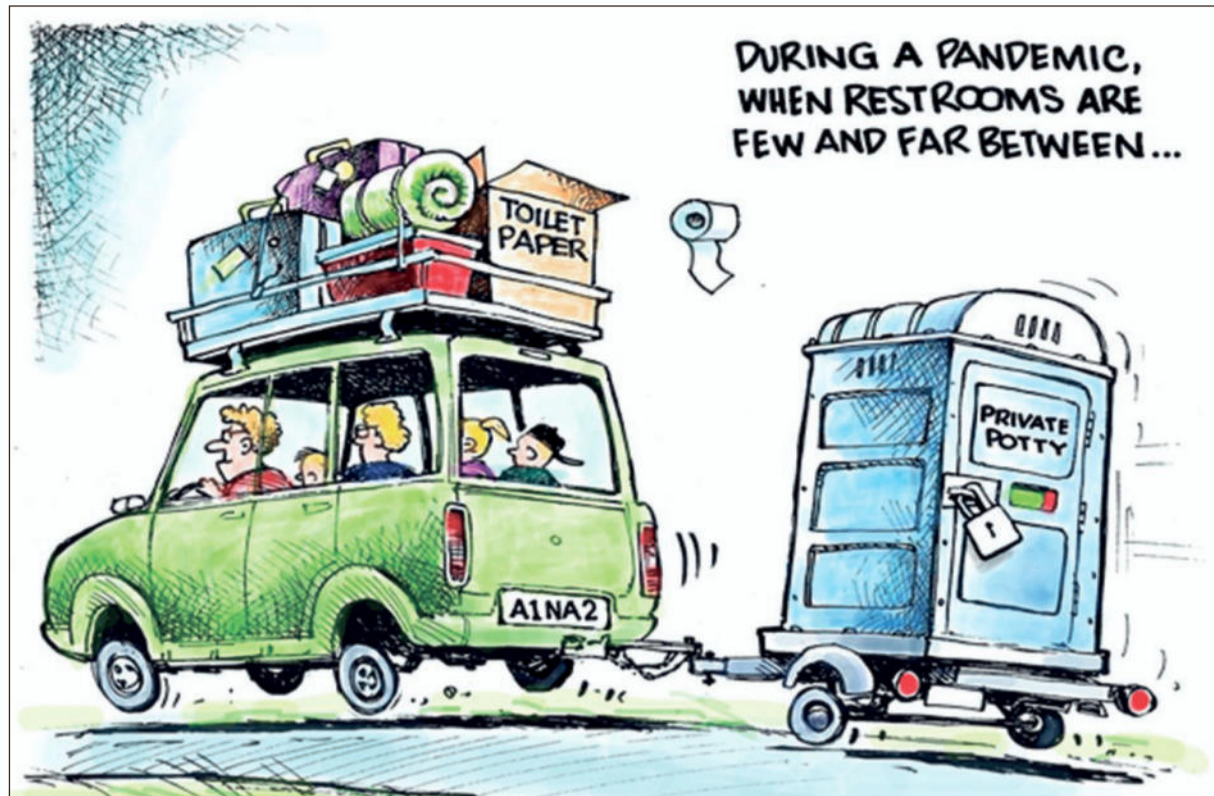
Change is needed in all components of the criminal justice system, including the police, courts and corrections.

With respect to changing the culture of policing in America, there are a number of reasonable matters to examine before considering the dangerous notion of defunding.

In inner cities where income is low and poverty is high, an even greater divide exists between communities and police. Exacerbated by issues of long-standing systemic inequality and the failed war on drugs, distrust between police and the community is arguably at its worst point.

Policing is an exceptionally difficult and stressful profession. Officers constantly face potential danger; and, because they are authoritarian figures, this leads to social isolation and a general feeling of disconnection with the community.

Officers are therefore at higher risk for stress-related manifestations, which is often a factor in incidents of poor decision-making, such as failing to recognize less lethal options when deadly force is questionable or unwarranted.



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Police departments' personnel should reflect the communities they serve in terms of composition and diversity. Then engage, protect and serve the

community through outreach activities and programs designed to foster understanding, while simultaneously increasing familiarity.

Perhaps most crucial, police agencies must hire the right individuals to be officers. While training is extremely important, a much greater investment is needed with respect to evaluating the short- and long-term emotional stability of officer candidates.

An individual candidate who possesses weapons and combat training may or may not be the best candidate for policing.

However, the first characteristic we should seek in an ideal candidate is compassion for fel-

low human beings.

Extensive psychological testing, probing for latent anger issues, etc., is key.

Officer survival skills training dictates the single most important factor in controlling the situation, which can be tricky.

Deescalating, rather than escalating, the situation can often be accomplished with appropriate training if the officer has the intellect, personality and compassion to do so.

Those who lack compassion, are intoxicated with power or who are just plain mean have no place working in the American criminal justice system.

**Cameron Lindsay
Morgantown**

On the matter of statues: John E. Kenna is no Robert E. Lee

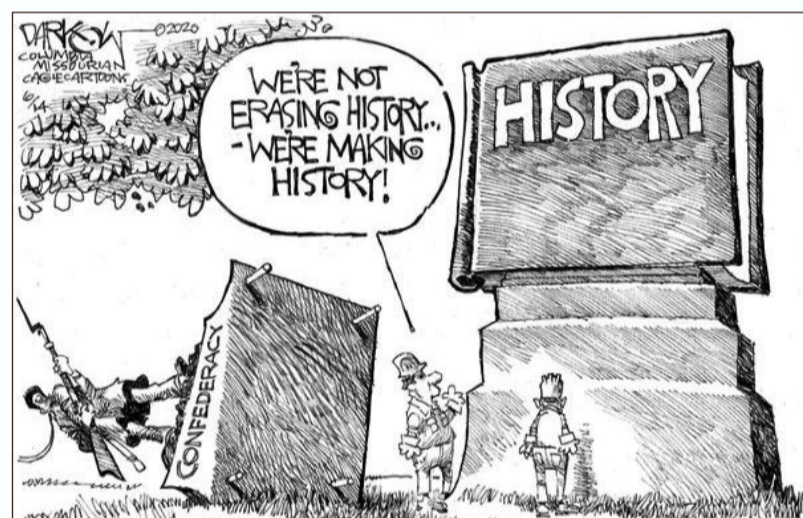
BY K. DANIEL GLOVER

MOST WEST VIRGINIANS PROBABLY DON'T KNOW THE NAME JOHN KENNA, BUT THEY WILL SOON IF HOUSE SPEAKER NANCY PELOSI GETS HER WAY. The statue of Kenna that represents the Mountain State on Capitol Hill is among the 11 she wants to figuratively topple because of Confederate ties.

Never mind that Kenna was a teenager when he became a Confederate soldier at the tail end of the Civil War. Forget that he spent six months of his service in the hospital after being shot. Who cares that he is remembered not for his military service but for his time in Congress. Kenna must be "canceled" from history. His statue has to go.

A native of St. Albans, W.Va., Kenna died in 1893 at age 44 while serving in the U.S. Senate. He is in the news now not because of anything substantive he did in his brief life but because the racial justice protests of recent weeks have morphed into a renewed movement to cleanse America of all officially sanctioned signs of the Confederacy.

That includes the monuments in the U.S. Capitol. They have been in the spotlight periodically



since the deadly clash over the Confederate statues in Charlottesville, Va., in 2017. Each state gets two statues, and several of them recognize Confederate leaders in the Civil War.

West Virginia gave its two slots to politicians from the state's early history. Kenna's statue has been in the Capitol since 1901. The second one, donated in 1910, is of Francis Pierpont.

The decision to memorialize Pierpont holds up well historically in the context of the current focus on racial justice. He fought

to abolish slavery after seeing it up close while working as a teacher in Mississippi, and he is remembered as the "Father of West Virginia" for his role in winning statehood in the middle of the Civil War.

The statue of Kenna is a less obvious choice from a modern perspective, but he isn't exactly a controversial figure.

Kenna achieved political prominence at a young age, first as a prosecutor in Kanawha County and then in Congress. While serving in the House, he

earned the favor of Speaker Samuel Randall, and Kenna is remembered in the Senate for having given a "masterly and exhaustive speech" defending the president's prerogatives to fire executive branch officials.

Confederate service is a passing reference in Kenna's biography — and rightly so. He was 16 when he joined the fight.

Kenna certainly was no Robert E. Lee, the Virginian who led the Confederate army. Nor is he on par with Confederate President Jefferson Davis and Vice President Alexander Stephens. Their statues, along with those of four other Confederate generals, an officer and a judge, are on Pelosi's list of targets.

The Civil War ended 150 years ago, so maybe the United States of America is finally ready to make a symbolic break from the men who divided the country. It's a debate worth revisiting.

But including Kenna in Pelosi's roster of rebels is absurd. In West Virginia, the statue of Confederate Gen. Thomas "Stonewall" Jackson on state Capitol grounds is more akin to the statues identified by Pelosi.

Ironically, Pelosi hasn't sin-

gled out the statues of two historical characters seemingly more relevant in this moment of national reflection — former Vice President John Calhoun of South Carolina, who defended slavery as a "positive good" before the Civil War, and Charles Aycock of North Carolina, an advocate of white supremacy after the war.

No statue should be considered sacrosanct. New heroes emerge and memories of old heroes fade as generations pass. Historical perspectives change.

That reality has even been evident on Capitol Hill in recent years. Alabama quietly replaced its statue of a Confederate officer with one of Helen Keller in 2009, and next year Florida is set to bump Confederate Gen. Edmund Kirby Smith, one of those on Pelosi's list, in favor of pioneering black educator Mary McCleod Bethune.

Maybe Kenna isn't the right face for West Virginia anymore, either. Maybe famed NASA mathematician Katherine Johnson, who died this year, should get that spot instead.

K. DANIEL GLOVER is a West Virginia native, WVU grad and former reporter for The Dominion Post. He is currently a writer in the Washington, D.C., area.

Fairmont State's theater, music programs need to be supported

WHAT DO WE LOSE IF FAIRMONT STATE'S THEATER AND MUSIC PROGRAMS ARE ELIMINATED?

What we lose is a significant cultural fabric of North Central West Virginia. Over the years, the theater and music programs have presented deeply entertaining shows for both the public and students. Further, the creative faculty have presented shows that have educated us on the inner voices of women and the devastating effects the Monongah mine disaster had on the immigrant families and their communities.

In a sense, what we lose if these programs are eliminated is the understanding about the many facets of our human condition. Along with this, Fairmont State's theater and music programs have

been able to take graduates of small rural high schools and help them blossom into first-rate singers and actors. In the past, when I was associated with West Virginia Public Theater (WVPT), I have used Fairmont's students, faculty, technical staff and musicians in shows and found them to be quite good.

I know it was a tough decision for the Fairmont Board of Governors to eliminate the programs because of increasing costs and smaller enrollments. These are good and conscientious people who wanted to keep the programs but couldn't see how. Somehow, the Falcons for the Arts group must find a way to keep the programs alive.

One place I would look to is to

the powerful political forces that exist in the Fairmont area. Specifically, Falcons for the Arts must get Sen. Joe Manchin and recently retired State Sen. Roman Prezioso involved. Both are proud citizens of Fairmont and also very enthusiastic about the arts.

On the other hand, how many communities can claim two coaches who have won National Football Championships? They are Nick Saban and Jimbo Fisher. I would think they would be also helpful in exerting pressure on the state to come up with more monies for the theater and music programs.

Besides this, let's not forget Mary Lou Retton and her celebrity-hood. Her smile lights up any room she walks into. She

would make an excellent ambassador for Falcons for the Arts.

Another important fact we must remember is that Fairmont is part of the Tri-City Region. Clarksburg and Morgantown should not be forgotten. Throughout this region, there are many fine entrepreneurs and business leaders who can also be of help.

Additionally, we must not forget the CEOs of West Virginia University Hospitals and Mon Health and what they have accomplished in the last few months. The Fairmont area went from having no hospitals to two now. The arts and their presentations are important in the recruitment of top-notch medical professionals to the area.

Finally, we must remember

once programs begin to be eliminated from universities, others are soon to follow. Downsizing is the word that best describes what is happening to Fairmont State.

Very seldom do small or larger universities exist without a theater or music program. They are a given for all universities. People can sit around and complain and whine, but Falcons for the Arts is not doing that. They know because of the longevity and tradition of the theater and music programs at Fairmont that these programs are a treasure that must remain. And I applaud the efforts of this group.

RON IANNONE is a WVU professor emeritus in the College of Education and Human Services and the founder of West Virginia Public Theater (WVPT).

POLICE

FROM PAGE C-1

Moreover, the attempt to paint policing — all policing "across America," in former slave states and free states alike — as the poisoned fruit of American slavery is problematic. First, every decent country has police, including the nonwhite ones. Second, the South lost the Civil War. Under Reconstruction, the Radical Republicans imposed the North's will on the South. The slave patrols were disbanded. Some patrollers did indeed become police. But so did African-Americans. Meanwhile, the evil energies of the patrols were primarily expressed elsewhere — in the form of vigilante groups like the KKK. When Reconstruction ended, the South

imposed tyrannical Jim Crow laws.

In other words, the history is complicated. But the important point is that it is history, not America today.

One of the arguments made by both advocates of reasonable police reform as well as proponents of abolishing the police is that cops do too much. They reasonably note that police are expected to be first-responding mental health professionals, dealing with homeless people, possible suicides, etc. Why send people with guns to do that?

It's a fair question. But by even asking it, you're conceding that police are not, in fact, behaving like slave patrols.

JONAH GOLDBERG is editor-in-chief of The Dispatch and the host of The Remnant podcast. His Twitter handle is @JonahDispatch.

MASK

FROM PAGE C-1

they would not sue the Trump campaign if they got COVID-19 — the president is making clear he doesn't care whether anyone follows the public health guidelines.

"The government has been handing out a complicated message," Keith Humphreys, a professor of psychiatry at Stanford, told me. "We're asking people to open up as if the pandemic were over — while telling them that they still need to be careful. That doesn't work; people want to hear one clear message. It's nat-

ural for a lot of them to go for the simple message that it's over and life can go back to normal."

"If the president had consistently worn a mask, it would have made a difference," he added. "If he had enforced social distancing at the podium, it would have made a difference. That was a big missed opportunity."

The irony is that most of the public was willing to undergo more hardship to end the pandemic — and still is.

An Axios-Ipsos poll this week found that 60% of Americans say they're willing to stick with social distancing for another year or

more, if needed; 77% say they wear a mask at least some of the time when they leave their homes. The scofflaws are a minority.

But the president and too many governors aren't taking advantage of their citizens' good sense.

It will be a tragedy if the United States, which already leads the world in deaths from COVID-19, ends the year without having tamed the virus — but that's where we're headed. Not only a tragedy; a national shame.

DOYLE McMANUS is a columnist for the Los Angeles Times. Readers may send him email at doyle.mcmanus@latimes.com.

Pandemic Pops: This Father's Day, dads have new respect for duties at home



AP photo

Rahul Gandhi with his twin 8-year-old daughters, Ayana Gandhi, left, and Iyla Gandhi. Like millions of dads around the globe, Gandhi has taken on more responsibilities at home during lockdown due to the coronavirus pandemic. There have been challenges with distance learning, for one, which have revealed important lessons about his girls.



AP photo

This 2019 photo shows Bouba Diemé with his wife, Désirée Allen, their 5-year-old son, Buraq Abdou, center, and twin 1-year-olds, Sembène Khalifa, held by Diemé, and Sankara Kokà. Diemé said the family's isolation during lockdown due to the coronavirus pandemic has taught him to be more patient with his children.

BY LEANNE ITALIE
Associated Press

NEW YORK — Rahul Gandhi's twin girls were born dangerously premature, with a slim chance they would have normal lives after barely surviving birth eight years ago.

"They eventually came home and beat those odds," said the 40-year-old father, who treasures the time he's had to discover new facets of his young fighters while working from home in Brooklyn during the coronavirus pandemic.

Like millions of dads around the globe, Gandhi has taken on more responsibilities at home during lockdown. There have been challenges with distance learning, for one, which have revealed important lessons about his girls.

"I learned more about their different personalities in school," he said. "While one is quiet and reserved, which is the opposite at home, the other is engaged and raises her hand to participate non-stop, also the reverse at home. I saw their evolving interests, whether arts and sciences or math, and how much more they support each other than I thought."

Other fathers, including those who already were entrenched in housework, child care and meal prep, have developed a newfound respect for the "second shift," a term coined in the 1980s after research showed that women still shouldered most duties at home despite working outside jobs.

"I've almost perfected my one-trick repertoire of girls' hairstyles that is the pony tail," joked 46-year-old Anthony Bianco, who became the primary caregiver in Brisbane, Australia, to two daughters, ages 6 and 9, as his wife works as a community



AP photo

This June 17, 2020 photo shows Tyler Moore, his wife, Emily Moore, and daughters Mabel, 5, center, Matilda, 3, and Margaret, 3 months. Tyler Moore, a teacher, said working from home while helping to care for the house and his children has sometimes left him frustrated that he's not doing any one thing well.

nurse.

He lost a job last October and has been home since another fell through in February, before pandemic chaos ensued.

"I've been the primary caregiver, including doing most of the remote learning," he said. "It's made us closer. I've also realized that people take teachers way too much for granted."

Pediatrician Craig Garfield studies the roles of fathers in their children's lives and is a

professor of pediatrics and medical social sciences at Northwestern University in Chicago.

"The pandemic has reshaped the way fathers are involved with their families and children," he said via email.

"Whether it's play, reading a book or getting down on the floor and spending time with their kids, this is an unprecedented opportunity for fathers to be really involved."

According to one preliminary

study, 45% of fathers said they have spent more time taking care of children under 6 than they did before the coronavirus scare sent them home.

The researchers, Daniel L. Carlson of the University of Utah, Richard Petts of Ball State University and Joanna R. Pepin of the University of Texas-Austin, surveyed 1,060 U.S. parents in mixed-gender marriages in late April to see how divisions of housework and child

care may have changed since the beginning of the pandemic.

Stay-at-home orders were issued and schools, child care centers and non-essential businesses were shuttered, putting a strain on families and demolishing barriers between work and home. Millions of people lost their jobs.

The preliminary study found that 43% of fathers reported pitching in more with care of older children, and 42% reported an overall increase in housework time. The percentages of mothers who said their partners increased their time doing housework and caring for children were markedly lower, from 20 percent to 34 percent, according to the study.

"The truth probably lies somewhere in the middle," Garfield said.

There was no such disagreement on what mothers have been doing. More than one-quarter of both fathers and mothers reported an increase in the housework and child care that mothers perform.

"I think of single parents with two kids and a job that obligates them to show up in person. What does one do? In the beginning, it felt like my wife and I were making life-changing decisions on a nearly daily basis," said Zach Kubin, who left New York City for Connecticut in March with his family.

Kubin, 37, and his wife have two children, ages 3 and a year and a half. Both parents are working full time at home. Before the pandemic, Kubin spent most of his time on the road meeting with clients as head of sales for an advertising tech company.

"I wouldn't say I've become the 'primary caregiver,'" Kubin

SEE FATHERS, C-4

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ENGAGEMENTS

Zinn-Mitchell



Jennifer Louise Pyles (Zinn) of Kingwood and James George Mitchell of Hopwood, Pa., announce their engagement.

Jennifer is a 2007 graduate of Preston High School and works as Cook Supervisor for the Federal Bureau of Prisons at United States Penitentiary Hazelton.

She is the daughter of David and Rhonda Zinn of Fellowshipville. Grandparents are the late Archie "Tobe" Zinn and the late Mabel Zinn of Fellowshipville.

James is a 2009 graduate of Laurel Highlands. He is employed as a Roof Bolter for Corsa Coal in Grantsville, Md.

Father and fiancé of the groom are James Mitchell and Susan Williams of Uniontown, Pa. Grandparents are the late Earl Keffer and the late Marlyn Kay Keffer of Uniontown, Pa., and the late Frank "Sonny" Hebda and the late Ruth Ann Hebda of Leith, Pa.

James and Jennifer each have a son, Garron Pyles, 10 and Brantley Mitchell, 6, that they are happy to join as brothers.

James and Jennifer are to be married July 2020 at the Zinn Farm.

Olech-Dahlia



Marian Rachel Olech and John Joseph Dahlia are pleased to announce their recent engagement.

The bride-to-be is originally from Brighton Township, Pa., but currently resides in Westover with her fiancé, John Dahlia and her three children, Jennifer Anna Olech, 14; Jessica Hellena Carrie Olech, 13; and Bethany Mae Oglie, 11. She works as a Licensed Practical Nurse for Dedicated Nursing Associates, Inc.

John Dahlia is originally from Croton-on-Hudson, N.Y., and currently resides in Westover. He has lived in north-central West Virginia for more than 20 years, mostly in Fairmont on Morgantown Avenue. He is the proud father of Sabrina Marie Dahlia, 23, of Queens, N.Y.; and Nicolas Joseph Dahlia, 16, of Westover. He currently works as the director of communications for TMC Technologies of West Virginia in Pleasant Valley.

The couple are to be married in December 2020 in Florida where John Dahlia's mother Lena Dahlia and two brothers, Robert Dahlia, his wife Jennifer Dahlia, and Mark Dahlia reside.

READER RESPONSE

What's for dinner? Share your recipes with other readers

Food@DominionPost.com

In all times, good and bad, food keeps us connected.

Whether you prefer traditional dishes, classic casseroles that feel like home, or the heady excitement of kitchen experimentation, we rely on food to keep us nourished, in more ways than one.

We at The Dominion Post would love to see what our readers are cooking up — and

to share those delicious dishes with others.

To help us all improve our kitchen skills, we introduced Quarantine Kitchen, a food package that will run on our Wednesday Local section fronts, featuring photos and recipes from area residents and The Dominion Post's own foodies, as well as from locally owned restaurants.

Restaurants may submit recipes from the menu, or sim-

ply dishes your chefs enjoy preparing at home.

To see your favorite home-cooked meal in the paper, or if you own a local restaurant and would like to participate, email your recipes, along with photos, to food@dominionpost.com or send them to us via Facebook Messenger.

If the recipe is based off a favorite from a cookbook, please note from where it was adapted.

FATHERS

FROM PAGE C-3

said. "More that I've become a [caregiver.] I make the milk. I change the diapers. I think about what to do for lunch and dinner. Things that I usually would just do on the weekend are now things that require thought every day."

Tyler Moore left his job as a school administrator in New York to return to the classroom. He's been teaching remotely. His wife left her job as a pediatric occupational therapist prior to the birth of their third child earlier this year just as the pandemic struck.

"One of my greatest challenges with working and caring for the girls has been that I don't feel like I'm doing any one thing well. Not until I tried to balance teaching, parenting and helping around the house did I truly feel the weight of this," Moore said.

"Before the quarantine I really struggled to understand some of the frustrations that my wife had with caring for our girls, managing the household and crossing things off her to-do list," he said. "Her primary frustration is that she never seemed to get as much done as she thought she would and that she never had thinking time or alone time. I totally get that now."



AP photo

This photo shows Zach Kubin and his children, Isadora, 3, and Felix, 1.5. Kubin spent most of his time on the road before the coronavirus pandemic sent him home to work. Since, he has been digging into housework and childcare from his father's house in Bridgewater, Connecticut. Like millions of dads around the world, Kubin is pitching in more when it comes to those tasks than ever before.

**Engaged? Just get married?
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RABBI MARC GELLMAN
THE GOD SQUAD

Life doesn't give us a score card

Q: What do you do when you are entering the last quarter of your life and you feel that you've accomplished nothing and haven't met God's expectations of who you were blessed to be. No one seems to have a good answer to this. – J.

A: I wish I could hug you dear J, but both distance and the coronavirus makes that impossible for now. Your question touches me so deeply because I too am on the back nine of my life round. I too have had dark nights of the soul where I have also wondered if what I have tried to do really mattered or succeeded in any measurable way. I heard once that the most emotionally healthy workers are pilots, railway conductors, and carpenters. All of them have work that provides them with a clear and measurable beginning, middle and end. If you are flying a plane or driving a train to Cleveland from New York and you get there with everyone intact, you have succeeded. When you build a house and it does not fall down you have succeeded. I do not know your work, dear J, but in my work as a rabbi and teacher I never really know if my students have learned or if souls have been saved or commandments have been performed. I share your existential angst. Life does not give us a scorecard for what really matters.

One thing that has helped me endure and surmount the questions about my life's worth is that I simply did not quit trying. TS Elliot wrote, "Trying is all that matters. Everything else is just not our business." My ancestors, the rabbis of old taught, "It is not your obligation to finish the task, but neither is it your privilege to stop trying to complete it." You cannot know if you have succeeded but you can know if you tried your best. To even ask your question proves to me that you have indeed tried your best.

Perhaps you might also pray your way into this question, "Why is your sense of God's expectation for your life so high that it seems just a remote possibility for you?" Do you really think that God is so demanding and so imperious and so stern that you have no chance of passing God's tests for you? What about the God who offered the prophet Micah these simple tasks, "Do justice, love mercy and walk humbly with your God." God made you. What do you think are the odds that God would have made you to fail? I am impressed that you have taken so seriously God's commands. Perhaps it is time for you to take equally seriously God's love and God's forgiveness for all your sins.

It has been my experience that many people who feel that God is overly demanding grew up in homes with overly demanding parents. If the people you love who gave you life were always tough on you, perhaps it is time for you to cut yourself some slack.

There is an old Yiddish story about a man named Bontche Schweig. He was a poor and humble merchant who lived a life of unceasing suffering but never ever complained. Bontche died alone and penniless. When Bontche came to the World To Come (the Jewish name for Heaven) all the angels were trumpeting their trumpets and singing praises to the Most High. Bontche was amazed and thought that some great person was surely coming to Heaven at the same time as he. He asked one of the angels what the celebration was about and the angel said, "We are all gathered to receive the most humble and the most righteous man God has ever made." Bontche was curious and stood aside to wait and see this holy man come to Heaven. Then he realized that everyone was looking at him and the angel Michael said, "Bontche we are waiting for you. You have suffered so much and you have never complained. For your righteousness God has ordained that you be given whatever you ask for." Bontche was stunned and then he said in his utter humility and simple gratitude, "In that case, if it's true, could I have, please, every day, a hot roll with butter." The angels cried in awe for they had never seen such a pure and humble man. God cried too.

So, my dear J, please know this. Someday God will kiss you on the lips and take your breath away and after that moment the next taste your lips will feel will be a hot roll with butter.

May God bless you for you are truly the most humble servant.

SEND ALL QUESTIONS AND COMMENTS to The God Squad via email at godsquadquestion@aol.com.

EX-ETIQUETTE

Here come the ... hurt feelings

Q: My daughter is getting married at the end of the month and although it's just around the corner, we are still arguing about who will walk her down the aisle. She wants both her bonusdad and me (her father) to walk her, but I say absolutely not. For the record, I'm grateful we are all paying for this wedding, but still, it's the father's place to walk his daughter down the aisle. What's good ex-etiquette?

A. Good ex-etiquette is based on the premise, "Put the children first" (Good ex-etiquette for parents rule #1) and even though your daughter is not a child, it's her wedding and therefore her choice. Granted, a dad may feel it's his "right" to walk her down the aisle — that's understandable, but divorce adds another layer to tradition. Essentially, you are integrating past with present to form the future and your daughter wants to make a statement about her life by choosing who walks her down the aisle.

Most who don't like sharing the "glory" aren't realizing what a great compliment it is to both men when a child asks both father figures to walk her down the aisle. That request is acknowledging that both made an impact and hopefully worked together to help her feel safe and secure as she went back and forth between homes. Most children don't want their parents to break up in the first place, so this request means, in spite of it all, the parents have taught their daughter to respect the parent figures in her life. But, more importantly, it means the parent figures acted in such a way that they deserve respect. We aren't

hearing, "No way my stepfather would walk me down the aisle." Or, "My stepfather was more of a father to me than my dad ever was." We are hearing, "I'd like you both to walk me down the aisle." Congratulations to all the parent figures for doing their best for the child they all love.

But there's a "wait a minute moment" to all this. Parental break-ups also put kids in the position of being peacemakers. They are often stuck right in the middle of their parents' disagreements, censoring what should and should not be passed back and forth to keep arguments at a minimum. The request for both dad and bonusdad to walk her down the aisle may also be yet another attempt to juggle allegiances. Let's hope the request is truly an acknowledgement of the parents cooperation and not another attempt to keep the peace.

Finally, there are all sorts of ways to approach the walking down the aisle question. My own daughter had her bonus dad walk her half way to where her dad was waiting. He then walked her the rest of the way, formally gave her away and then sat in the front row for the rest of the ceremony. Others walk the bride together. I've seen mom, dad, and their partners all walk the bride down the aisle. So, whatever is your daughter's choice, that's what you do. It's her day. Let love be your guide. Love is always at the root of the best ex-etiquette.

DR. JANN BLACKSTONE is the author of "Ex-etiquette for Parents: Good Behavior After Divorce or Separation," and the founder of Bonus Families, exetiquette.com.

MENTAL HEALTH

Understanding reactive abuse

I JUST RECEIVED an advertisement for a new app that allows you to make anonymous harassment reports in just three minutes over the internet, and that seems like a reactive abuser's dream. Reactive abusers are people who abuse other people by accusing them of abuse, and in our current culture, it has become all too common. It is also a way that some people are making a lot of money.

The most recent "gone viral" example is the one of Amy Cooper who called 911 because a black man asked her politely to leash her dog (as per park rules). She went totally off on him and called 911 telling the operator (and his cell cam) that she would say he was threatening her life!

That is an example of how people react without thinking based on a false set of ideas that, if crossed, triggers them into reactive abuse. In this case, the man's cell phone saved him; others have not been so lucky.

Today, just an accusation of any kind of abuse is a career/marriage/life ender, and it no longer has to be done personally. Internet abuse (like revenge porn) is very popular. But in Amy's case, it deservingly backfired. She lost not only her job but her rescue dog, who was being abused during her altercation and was later taken back by the organization. And I think she got off easy.

Using false accusations to get your way, make a buck, win custody, or get hits on social media is a form of abuse and a crime, and people who perpetrate this action need to be brought to justice. Unfortunately, their numbers are still growing.

This is because many people can be motivated to do

awful things and take on the victim role if there is a payoff. That can be money or revenge or just purely sadistic pleasure. They get into it and start to believe their own lies about being harmed in some way, and they can be very convincing. I have worked in Hollywood a long time and have never seen better acting than in a courtroom.

It is as though we have been given permission to be our worst selves, and all that matters is how good we can tell a lie, pretend to cry, and find deep pockets to help us heal our wounds.

Once falsely accused of abuse, someone may find themselves in jail or in a courtroom as a result, and the emotional toll can be incalculable. This gives the reactive abuser a lot of power. Many will hold this over the person they are abusing for a long time, so they can feel what they think is power of some kind. Is this part of the new normal? It just boggles the mind.

Yes, there is a lot of physical, emotional, and psychological abuse going on, and no abuse is OK. None. Bad people do need to be brought to justice and stopped, but let's make sure we know who the bad ones really are.

Most real abuse actually goes unreported or is underreported. If you have been abused, report it, tell a friend, go to the police, and get a lawyer and a therapist. I believe that the person who hurt you deserves to be severely punished. But if you are using a lie to get even, make money, or just to get attention, understand that this choice is pure evil. Period.

DR. BARTON GOLDSMITH is a psychotherapist in Westlake Village, Calif. Follow him @BartonGoldsmith

PETS

Tips for enjoying a beach day with your dog

American Kennel Club (TNS)

Summer is right around the corner, and as the weather heats up, many people will be headed to the beach to cool off. You can have a fun-filled day with your pup as long as you do a little extra planning. To help owners have the best beach experience possible with their dogs, the American Kennel Club offers the following safety tips:

- Bring plenty of water. Be sure to bring plenty of fresh water for your dog to keep him well hydrated and prevent him from drinking the ocean water. The high sodium content in the water, along with other contaminants, can be harmful to your dog's health. Having fresh water on hand will keep him hydrated and cool and decrease his chance of getting sick.

- Provide shade. If you plan to be at the beach for an extended period of time, be sure to have an umbrella with you. This will ensure your dog has a place to get out of the sun and rest.

- Use sunscreen. Dogs that are hairless or have a short or light-colored coat are especially susceptible to sunburn. It is always wise to apply a dog-friendly sunblock to make sure your four-legged friend is



MetroCreative photo

protected from the harmful rays of the sun.

- Consider taking your dog swimming. Many dogs like swimming, but the old belief "all dogs can swim" is a myth. Start slowly in shallow water, or with you nearby to give the

dog support. You can also begin training with a life vest and then fade it out once your dog is a confident swimmer.

- Rinse off. Rinse your dog off as soon as he is done playing, whether in the ocean, a pool, lake or river. Chlorine

can irritate skin and eyes, and the bacteria from lakes or rivers can make your pet sick. Make sure to rinse or shampoo your dog's coat. Don't forget to take special care to dry out his ears as well to prevent infection.

HEALTH & WELLNESS

Why not just buy some readers at the store?

Q: I must have a dozen pairs of readers lying around the house, and they seem to be ok for reading. My eye doctor always recommends that I buy "real readers" from her. Is this just a sales pitch, or is there any real difference?

A: This is a common question, and one that most patients will not express out loud to their eye doctor: I think that most eye docs do prefer that you buy your eyewear from their office for both financial reasons and quality concerns.

"Readers" generally refer to "single vision lenses" that focus only on near objects. They are not progressive or bifocal lenses that focus on more than one distance. From



DR. THOMAS STOUT

a quality standpoint, it is true that most inexpensive readers are using "lenses" that are stamped out of plastic, not ground and polished for accurate optics. True "ophthalmic" lenses are ground so the perfect prescription is accurate throughout the entire lens — not just the center point. These are actually shaped, or bent, so that as your eyes move from left to right, and up or down, the optics are true and

crisp all over. Readers have the labeled power only in the very center. Optics are distorted or less clear off to the sides, causing that familiar queasy feeling if you walk across the room in your readers.

The biggest reasons we also recommend true prescription lenses for most of our patients are twofold: Rarely does a person have the same identical prescription in both eyes, but readers only come in identical powers for both eyes, and, most people have some astigmatism (the shape of the eye is not perfectly round, causing blurriness), and readers never correct astigmatism. So if you want the sharpest, and most accurate vision, you must have an optical lab grind the lenses specifically for you.

Lastly, most people today prefer to use progressive lenses over readers. These lenses provide sharp focus for all distances — far away for driving at night, intermediate for computer screens, and close up for your phone. You can wear progressives just when you want, or leave them on all day, if that is easier.

Frankly, most patients tell me our progressives are not only sharper for seeing well, but also, more comfortable. We all use our eyes so very much these days, why not demand the best for your most precious sense — your sight.

DR. THOMAS STOUT, OD, FFAO is an eye physician in private practice at Morgantown Eye Associates. Info: MorgantownEye.com.

Unmasking our reluctance to wear that necessary mask

“There is an odd sort of American exceptionalism at work in our reluctance to wear masks” — Amy D. Sorkin



IRENE MARINELLI

MASKS HAVE AN INTERESTING history. We are all familiar with ceremonial masks and theatrical masks. I'd like to focus on a strange mask from the time of the medieval plague. The bubonic plague, known as the Black Death, was not quite like the coronavirus we are dealing with now but it did result in a tremendous number of deaths and great losses to art, culture, labor and the economy. Spread by rats carrying fleas, this horrid disease killed a quarter of London's population in just 18 months. Doctors wore a strange “bird

mask” when ministering to patients during this period. It covered the entire face and head and had a long beak filled with herbs and sweet smelling flowers. The mask had two glass eyes that enabled doctors to see well enough to examine their patients and two holes for breathing. The “bird mask” was designed to protect the doctors from bad odors (miasma), which were believed to cause the plague and other illnesses.

This mask offered minimal protection since the Black Death was spread mainly through human contact or flea bites. However it's interesting to note most historians are in agreement that the Black Death ended through quarantine. People stayed in their houses. Better hygiene had some effect as well, but the main weapon against the Black Death was simply staying home. Sound familiar?

Now, in the twenty-first century, with the coronavirus spreading quickly throughout the world, our scientists and the medical community are strongly suggesting we use some simple methods for fighting it: social distancing, careful hand washing and

wearing masks when out in public. Ordinarily I would not consider a cotton mask one of my favored accessories. It's not the most comfortable thing to wear for more than an hour or so. Those of us who are not compelled to wear a mask all day because of the nature of our work are fortunate. During this pandemic, I must admit I look on my masks with great favor. So far, many of us have come through this difficult time with our health intact. We do need to remind ourselves there's still a long pull ahead ... many months before we can feel the safety of a vaccine shielding us from this virulent virus.

The medical community is in agreement that masks make a real difference in protecting our health at this time. So, what's the problem? Why are so many people refusing to wear them? It seems like a no-brainer: The coronavirus is still with us and may get worse; masks and social distancing help protect us and others. Therefore, all of us should wear a mask when we go anywhere. Right? Obviously it has become more complicated than that. Another variable, a political one, has come into the equation. Some people identify wearing a mask with the loss of their freedom. Really? Which freedom

would that be ... the freedom to infect others in their community? After all, freedom walks hand-in-hand with responsibility. We don't have the freedom to drive while intoxicated. Even our right of free speech is bound by the laws of libel. My personal freedom needs to come to a screeching halt when it compromises someone's health. Wearing a mask to protect ourselves and protect others in our community has nothing to do with holding onto our freedom. It has everything to do with responsibility and caring about others and these are what we need to get us through this difficult and frightening pandemic.

SENIOR NEWS

Senior Monongalians, Inc.

Monongalia County Senior Center (Senior Monongalians), Mountaineer Mall, 5000 Greenbag Road, Suite 5A. The entrance is under the maroon awning at the back of the mall.

HOURS: 7:30 a.m.-4 p.m. Monday-Friday. Closed most holidays. The center

is currently closed to public access. All in-center events and activities have been suspended. Outreach programs remain in place.

SENIOR FARMERS MARKET NUTRITION PROGRAM:

Registration for the Senior Farmers Market Nutrition Program will begin next Monday, June 29. The WV Department of Agriculture administrators

the voucher program that enables low income seniors to make purchases at area farmers markets. The vouchers will be distributed between 10 a.m. and 1 p.m. every Tuesday and Thursday beginning June 30 and continuing through July 30. A drive by, grab and go distribution process will be utilized. Seniors should call the center at 304-296-9812

beginning June 29 to pre-register for the program. The distribution system will be explained at the time of the pre-registration. Vouchers will be distributed on a first come-first served basis.

WV SENIOR SUMMER FEEDING PROGRAM

The Senior Summer Feeding Program began last week. Seniors age 60 and above who are not

receiving meals from the senior center, food pantry, Board of Education, or other food service are eligible to receive a weekly food box containing five shelf-stable meals. In addition, spouses of eligible seniors, individuals with disabilities living with the senior, as well as grandchildren in the household are eligible to receive their own food box. The food boxes will be distributed at 11:30 a.m. every Wednesday through August 26. There is no charge for the program.

Seniors should call Senior Monongalians at 304-296-9812 to register for the meal boxes. Registration must be completed weekly. A grab and go distribution system will be utilized. Seniors will drive up to the center entrance and remain in the car; a center employee will load the boxes in the vehicle's trunk.

For additional information about the Senior Summer Feeding Program, contact Senior Monongalians between 8 a.m. and 3 p.m. Monday through Friday, 304-296-9812.

REOPENING:

Senior Monongalians is affiliated with the West Virginia Bureau of Senior Services. According to a directive from the Bureau, the reopening of bureau-affiliated senior centers across the state will occur on a county-by-county basis. Plans for opening senior centers must be coordinated with individual county health departments. The state has not given the go ahead for Bureau-affiliated senior centers to reopen.

LUNCH:

Grab and go lunch service continues. Seniors should call the center between 8 a.m. and 10 a.m. to request a meal. Curbside meal delivery occurs at 11:30 a.m. Seniors drive to the center entrance and remain in their car; meals are delivered to the vehicle. Suggested meal donation for 60 and older is \$2. Meal donations may be given to the center employee delivering the meal to the car.

The Home Delivered Meals Program also continues. A hot lunch is delivered to participants' homes 4 days per week and additional frozen meals are provided for 3 days. The Home Delivered Meals Program does not bill for services; donations are accepted. Call 304-296-9812 to enroll for long term or short term services. Currently over 100 seniors are participating in the Home Delivered Meals Program.

Seniors receiving grab and go lunches and home delivered meals are not eligible for the WV Senior Summer Feeding Program food boxes.

THIS WEEK'S ACTIVITIES:

All non-essential, in-center events and activities have been suspended. The senior center is closed to public access. The nutrition program (grab and go lunch) will continue. Seniors may access center employees by calling 304-296-9812.

ADDITIONAL SERVICES: Community care and home delivered meal services continue. Interested individuals not currently receiving these services should call Senior Monongalians at 304-296-9812 for registration information for home delivered meals and 304-296-2503 for questions about community care.

Senior Monongalians' Community Care Program offers in-home personal care and respite services to qualified persons in Monongalia County. The Lighthouse Program provides assistance with personal care tasks. FAIR is an Alzheimer's respite program that supports family caregivers while providing socialization for the care recipient. Senior Monongalians is a Medicaid Aged and Disabled Waiver Program provider. Call 304-296-2503 to inquire about eligibility for community care services.

The Home-Delivered Meals Program delivers hot, nutritious meals to homebound seniors. Seniors can receive up to seven meals per week. New clients are being accepted at this time. Call 304-296-9812 for information about program eligibility.

In partnership with Mountain Line, Senior Monongalians provides free bus passes to all county residents age 60 and above. The processing of bus pass applications will resume when the center is open for in-center activities and services.

COVID-19 ASSISTANCE AND SUPPORT:

Seniors are encouraged to use the following state and federal phone numbers to access accurate, up-to-date information during the COVID-19 pandemic.

■ WV COVID-19 Hotline: 800.887.4304

West Virginia-based operators are available 24/7 to provide accurate, up-to-date information about West Virginia specific COVID-19 issues.

■ WV United Way-sponsored information and support hotline: 2-1-1 (a three-digit phone number)

Dial 2-1-1 to speak with West Virginia-based individuals who are trained to provide information and support in the areas of COVID-19, finances, health, housing, food, disabilities and domestic concerns.

■ WV State Health Assurance Program (SHIP): 877-987-4463

SHIP Counselors are available to answer questions about Medicare coverage and accessing health care during the COVID-19 pandemic.

AARP FREE TAX PREPARATION:

AARP tax preparation services have been cancelled. For specific questions about tax return preparation, call 304-808-1296 and leave a message. An AARP tax assistance volunteer will return the call.

UPCOMING PRO-

SEE SENIOR, C-7

Answers to puzzles from the Amusement page

8	2	9	4	5	3	7	6	1
1	3	7	9	6	8	2	4	5
4	5	6	1	2	7	3	8	9
5	8	1	2	3	4	6	9	7
9	7	4	6	8	1	5	2	3
3	6	2	7	9	5	4	1	8
6	4	8	3	7	9	1	5	2
2	9	3	5	1	6	8	7	4
7	1	5	8	4	2	9	3	6

Difficulty Level ★★

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Answer to Sunday Crossword Puzzle No. 1,991 published today.

A	F	E	W	M	O	A	B	A	B	B	A	S	C	O	S	T	A			
F	I	V	E	A	N	N	E	L	O	A	T	H	I	N	T	E	L			
C	L	E	A	R	H	E	A	D	C	O	R	E	A	S	T	O	N	Y		
A	N	K	A	R	A	S	L	O	T	A	M	A	H	I	E	S				
E	M	T	D	E	L	E	T	E	A	L	L	S	U	S	P	E	C	T	S	
M	E	I	N	D	E	M	E	Y	E	C	L	A	S	S	A					
U	N	D	O	T	H	E	D	A	M	A	G	E	Y	O	U	R				
S	T	E	R	E	O	S	D	E	I	G	E	T	S	M	A	R	T			
				A	W	L	S	R	V	E	R	S	M	I	A					
M	A	D	A	M	S	C	U	T	M	E	S	O	M	E	S	L	A	C	K	
A	V	E	N	U	E	O	N	E	O	N	T	A	P	O	U	N	C	E		
C	O	P	Y	P	R	O	T	E	C	T	I	O	N	I	N	V	A	I	N	
A	W	E	I	T	S	S	O	S	I	L	O									
U	S	W	E	E	K	L	Y	R	A	W	R	O	M	U	L	U	S			
A	P	I	A	R	Y	E	E	S	P	A	S	T	E	M	A	G	A	Z	I	N
F	I	N	D	O	U	T	T	H	E	H	A	R	D	W	A	Y	L	E	D	
I	N	G	A	P	R	E	C	I	T	I	A	R	A	B	I	C				
R	A	M	B	O	A	V	E	R	S	E	D	I	T	M	E	N	U	S		
S	T	A	L	K	P	E	C	O	S	S	U	V	S	N	E	R	O			
T	A	R	E	S	S	N	O	W	Y	T	H	E	Y	T	R	E	X			

Answer to June 21, 2020 Cryptoquip:
I WAS ABOUT TO PULL UP THE PHYSICIAN'S FILE YOU ASKED ME FOR EARLIER, BUT I DIDN'T KNOW WHICH DOC YOU MEANT.

Camping Fun Inside Your Home

We light up the night!

I do too!

1 P
2 B L A N K E T
3
4 M O V I E
5 C O M I C
6 P O P C O R N
7 B O A R D
8
9
10

What Kind of Camp Will You Have?

Let's Camp!

Camping Fun In Your Yard

Whoooo?

Hey, Ethan! Want to trade some comic books?

Eek! Do I hear a bear?

...and so the ghosts of the trees climbed...

sizzle sizzle

GGGhosts?

I love camping!

Potato Chips

The Super Hungry Caterpillar

The Spider in the Woods

Created by Annimills © 2020

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HEALTH & WELLNESS

How to deal with depression in tough times

BY JUDI LIGHT HOPSON, EMMA H. HOPSON AND TED HAGEN

Tribune News Service (TNS)

Are you feeling emotionally down these days? Do you wake up feeling weird and unclear about your future?

With the pandemic affecting us, our choices are limited in many ways.

On top of the COVID-19 worries, our country is dealing with demonstrators and law enforcement trying to come together on important issues.

It's impossible to avoid negative thoughts, but it also takes a lot of strength to replace those thoughts with something positive. We all need to focus on what we do have control over:

"My adult daughters, who lived five hours away from me in Nashville, had to temporarily move back home," says a vision specialist we'll call Dr. Andrews. "They both lost their jobs, and they feel



awful they had to leave their friends. My daughters are very depressed."

"I'm an employee of a large theme park," says a friend of ours we'll call Bethany. "Thankfully, I receive unemployment benefits and extra money each week from the government. But, if the COVID-19 virus lingers, I'm worried I'll

have to devise a new plan to survive."

If you can identify with these stories of anxiety, try these tips:

■ Check out your support system. All of us need family members, friends, business associates, and community leaders to rely on. Start reaching out for individuals who can offer advice, help you financially,

if needed, and help you think through your choices. Be very proactive in staying connected to individuals you can lean on.

■ Don't blame people for your problems. Instead, just focus on creating solutions that will truly work. Your determination will give you more confidence. Keep telling yourself, "I will figure out how to navigate

through these tough times."

■ Remember that being proactive negates worry. Taking steps of action will reduce depression.

It's amazing how much better you can think, if you firmly believe you can handle a crisis. Of course, you can't deny reality — however grim or difficult — but keep vowing that you will find new solutions and opportunities.

"Positive thinking doesn't mean you'll stick your head in the sand," says a psychologist we'll call Teresa. "Accept the landscape in front of you and then say, 'I'll figure out what to do, and I'll find a new route to reach my goals.'"

Getting a handle on depression boils down to "new choices." Ask: What can I do differently to ensure my community, my finances, and my mental health improve? What can I do differently to boost my physical health?

It helps to change your daily routine in small,

doable steps. For example:

Apply for a new job online, starting with a resume you write this week. Ride your exercise bike in 15-minute increments two or three times a day. Call one or two friends every night.

"Avoid extreme thinking," says a women's basketball coach we'll call Leah. "Saying you've got to change three major problems in a week won't work. I learned this a long time ago in the sports world. Deciding to start a new routine with small steps does work."

"Moderation is the key to balancing your life," Leah continues. "Depression is the result of beating ourselves up, believing we've got to take giant steps."

When we feel inept to change something, or just too tired to move forward, we lose hope. We get depressed. But, moving in small steps assures us we can cope and come out on the other side of any challenge.

SENIOR

FROM PAGE C-6

GRAMS AND ACTIVITIES:

All in-center events and activities have been suspended until reopening is approved by the West Virginia Bureau of Senior Services. The center is closed to public access. Seniors may call the center to speak with a center employee.

CONTACT US:

- Phone: 304-296-9812
- Online: seniormons.org

- Facebook: Senior Monongalians
- Mail: P.O. Box 653, Morgantown, WV 26507

Westside Senior Center

500 Dupont Road, Westover
Phone: 304-296-6583

E-mail: westsideseiorcenter@comcast.net

The large pavilion is available for rent. Call 304-296-6583

Exercise room available when the center is open.

Wii games played when center is open.

HOURS: 9 a.m.–noon

Closed most holidays and when schools are closed due to weather.

If you play an instrument or sing, please join us for our jam sessions on Monday and Friday evenings

■ The exercise room is open Monday through Friday from 9 a.m.–noon.

Everyone is asked to clean the equipment before and after use.

■ Bingo will resume on July 1. We will print single night cards which will be thrown away at the end of

the night. We are suggesting that everyone bring their own chips to use. We will have chips available for use and they will be disinfected at the end of each night. We are asking that everyone wear a mask. We will have a limited supply if you need one. We will not be opening our concession stand at this time. You may bring your own drinks but we are asking that food not be brought in. If you want to bring food and eat at the pavilion before you are more than welcome to do that. Please bear with us as we transition to these new procedures. We are hoping to be able to get back to "normal" but for the time being are going to continue on the path of safety for all of our members.

■ The monthly covered dish dinners are canceled until further notice.

■ A few members have been gathering to play cards each morning and if you like to join in, please come.

If you need more information please call the center and leave a message or email us at westsideseiorcenter@comcast.net.

Osher Lifelong Learning Institute – (OLLI) at WVU

OLLI at WVU provides programs and educational opportunities designed for those age 50 and over.

A membership organization affiliated with the WVU School of Public Health, OLLI recognizes the unique experiences, capabilities and wisdom of mature members of the

community, as well as the sharing of ideas through peer learning and member participation.

During four terms each year, OLLI offers courses, seminars, lectures and field trips in areas such as music, literature, art, science, politics, nature, travel, history, health, medicine, technology, and business. Live drama, movies and interest groups add to the choices.

Courses are developed and taught by volunteers who are passionate about their topics, avocations, and interests and who love to share their ideas.

Membership is \$30 per year, then pay for terms in which you want to take classes. Waivers are available.

Free from the pressure

of tests and grades, OLLI is learning simply for the fun of it!

All classes, interest groups, and other activities are being offered online via Zoom. The OLLI office at the Mountaineer Mall is currently open by appointment only. More information at www.OLLI-atWVU.org or call 304-293-1793.

OLLI Virtual Happy Hour: Sundays, July 12 to August 23, 6-7 p.m.

Summer term registration begins: June 18

Summer term classes begin: July 6

Membership year begins: July 1

Fall term classes begin: October 5

Winter term classes begin: January 25, 2021

Spring term classes begin: April 12, 2021

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June 21st

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SUNDAY, JUNE 21, 2020

Evaluate what you have done, what you want to do, and how best to go about reaching your objective. Don't be afraid to take a different path or to try something new.

CANCER (June 21-July 22) — Say what's on your mind. Positive change is within reach, but first, you have to make choices and take the necessary action.

LEO (July 23-Aug. 22) — Do what feels right and best for you. Put your heart and soul into achieving a personal goal.

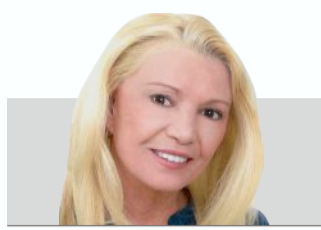
VIRGO (Aug. 23-Sept. 22) — You'll fall privy to inside information if you attend a virtual get-together with people from your past. The information you gather will change your mind.

LIBRA (Sept. 23-Oct. 23) — Take a secretive approach to whatever you choose to do. The less information you share with others, the easier it will be to get things done.

SCORPIO (Oct. 24-Nov. 22) — You'll have a better idea regarding your next move. Start putting your ideas and plans down on paper in preparation to make your move.

SAGITTARIUS (Nov. 23-Dec. 21) — Making changes at home can be costly if you trust someone else to take care of the details.

CAPRICORN (Dec. 22-Jan.



EUGENIA LAST

19) — Live life your way. Make adjustments at home that complement the things you enjoy doing the most. A discussion and gesture will improve a relationship.

AQUARIUS (Jan. 20-Feb. 19) — The effort you put into making your surroundings comfortable and user-friendly will pay off. Reward yourself.

PISCES (Feb. 20-March 20) — Put more thought into what you want to pursue. Pay attention to detail to avoid making a mistake. Refuse to let anyone take advantage of you.

ARIES (March 21-April 19) — Keep your thoughts to yourself until you are sure you are ready to share. What you say will lead to a change you may not be prepared to accept.

TAURUS (April 20-May 20) — You'll be inspired by what someone shares with you. Start a new project that will help you achieve peace of mind.

GEMINI (May 21-June 20) — Follow through with your plan. It's one thing to talk about what you intend to do, and another to physically make it happen.

WORD SLEUTH • TIME TALK

L B D N A H R U O H Y W T R P
 M K O N I T F Q D B Y W U S Q
 S O M T A K S U I F D T B Z X
 E R W U Y H S A Q O S D N A H
Q U A R T E R P A S T N L A
 O J H O F D N T P Y C A Y W L
 N V T S H Q P E U O T E V I F
 D N L K I H V R W N F N E C P
 S E T U N I M T B T I Z E Y A
 W V U S F K C O L C O M R W S
 Q P N M O T N E T S A P N E T

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Five past Five to Half past Hands Hours Minute hand Minutes O'clock Quarter past Quarter to Seconds Ten past Ten to Twenty past

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Conceptis Sudoku By Dave Green

8			5				1
	3					2 4	
	5		1		7		
		1		3		6	
9			6		1		3
		2		9		4	
			3		9		5
	9 3						7
7				4			6

Difficulty Level ★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.



6-21

CRYPTOQUIP

O L N J N S Y R X X Y H R C C R H X G B H G Z J O D O N V ' J
 Q O C B Z Y R N J P B M T B Q Y W B N W C O B W , S R X O
 M O M V ' X P V Y L L G O D G M Y D Z Y R T B N V X .

Today's Cryptoquip Clue: M equals D

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Some puzzle answers are found on Page 6-C in today's *The Dominion Post*.

SUPER QUIZ

Take this Super Quiz to a Ph.D. Score 1 point for each correct answer on the Freshman Level, 2 points on the Graduate Level and 3 points on the Ph.D. Level.

SUBJECT: SWEDEN (e.g., What are the two colors on the flag of Sweden? Yellow (gold) and blue.)

FRESHMAN LEVEL

- What is the capital city? Answer
- Her first talking film was "Anna Christie" (1930). Answer
- This prize has been awarded annually since 1901, from the bequest of a Swedish inventor. Answer
- Which two countries does Sweden border to the west and east? Answer
- This Sweden pop group's name is an acronym of the first letters of their first names. Answer

GRADUATE LEVEL

- Name Sweden's best known manufacturer of cars and trucks. Answer
- Born in 2003, she is a Swedish environmental activist on climate change. Answer
- Sweden is connected to this country by a bridge-tunnel. Answer
- What sea is to the east

of Sweden?

Answer
 10. This Jean is widely recognized as Sweden's greatest composer.
 Answer

PH.D. LEVEL

- This WikiLeaks founder avoided extradition to Sweden by staying in the Ecuadorian embassy. Answer
- This gulf between Sweden and Finland is a large arm of the Baltic Sea. Answer
- What is the Swedish name for Sweden? Answer
- The name "Hasselblad" first became known for its manufacture of . Answer
- What position is held by Carl Gustaf? Answer

ANSWERS: 1. Stockholm. 2. Greta Garbo. 3. Nobel Prize. 4. ABBA. 5. Volvo. 6. Greta Thunberg. 7. Denmark. 8. Baltic Sea. 9. Jean Sibelius. 10. Julian Assange. 11. Gulf of Bothnia. 12. Sverige. 13. Cameras. 14. King of Sweden.

SCORING: 24 to 30 points — congratulations; 18 to 23 points — honors; 13 to 17 points — you're smart; 5 to 12 points — you really should hit the books harder; 1 point to 4 points — enroll in remedial courses; 0 points — who reads this to you?

FOR RELEASE SUNDAY, JUNE 21, 2020

PREMIER CROSSWORD/ By Frank A. Longo

ACROSS

- Several
- Utah town on the Colorado
- Arafat's PLO successor
- Rica
- A quarter of twenty
- Oscar winner Bancroft
- Unwilling
- Recon info
- Absence of muddled thoughts
- Jazz fusion pianist Chick
- Poker-faced
- Capital of Turkey
- Mail opening
- "I — Rock" (1966 hit)
- Hastens, old-style
- Rescue squad VIP
- 2005 Donna Andrews mystery novel
- Chicken chow —
- Joe Biden's party: Abbr.
- Bodily blinker
- Top-shelf
- Make repairs
- MYOB part
- Sound systems
- Agnus — (prayer)
- Spy spoof of old TV
- Saddle-making tools
- Campsite hookup
- users, in brief
- "The L Word" actress
- Kirshner
- Sirs' counterparts
- "Sheesh, no need to be so critical!"
- Boulevard
- Town in east-central New York
- Attack like a cat
- Means of thwarting software piracy
- Futilely
- Amazement
- Linda
- Ronstadt's "— Easy"
- Grain holder
- Alternative to People
- Unvarnished
- Remus' twin
- Winners' signs
- Digital entertainment periodical
- Place for keeping bees
- Used a rocker, e.g.
- Call to a ewe
- dixit (claim with no evidence)
- Discover via unpleasant personal experience
- Guided
- TV's Swenson
- Lead-in to nuptial
- Field (Mets' home)
- Language of Libya
- Really militant sort
- Claims
- Option lists that might include the starts of seven answers in this puzzle
- Plant stem
- River to the Rio Grande
- Many 4WD autos
- "Quo Vadis" emperor
- Weight allowances
- Like white, wet weather

COMMAND LINES

- Roush of baseball
- Soap ingredient
- Addition sign
- Neither here — there
- Join forces
- TV doctor
- Doogie
- Immigrant's course: Abbr.
- Pneumatic
- skiing champ Phil
- Actor Ryan
- Ortiz of the screen
- Mattress supporter
- Metal- industry giant
- Illegal booze
- Tavern
- Anxiety-free
- SeaWorld whale, once
- Counterpart to trans-, gender-wise
- At no cost, slangily
- Emotion-hiding types
- Group beliefs
- Milano of "Mistresses"
- "Cool, dude!"
- "I wannal"
- Foppish scarf
- Australian avians
- California wine county
- Adore, on a candy heart
- Lubricants
- A Gershwin
- Not too hard to get around
- Designer
- Saarinen
- Make excited
- Ready to hit the baseball
- Most tired
- Israeli gun
- Cosmetic accentuating the kisser
- Not behind a firewall, say
- Ovule, e.g.
- Oom —
- Partook of humble pie
- Miffed
- It hasn't been seen before
- Fiesta target
- Bergman of film
- Rocker Tyler
- Snares
- Type of fit
- Forgo
- crafts
- Holiday tuber
- Bowed
- Green-lights
- friendly
- "Obviously!"
- Chicago White —

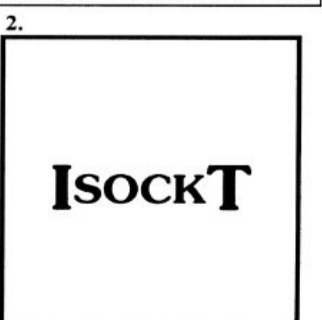
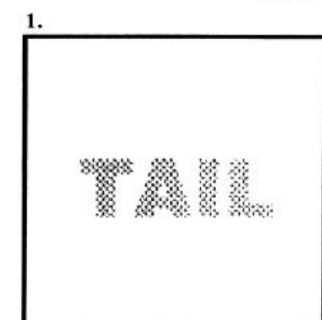
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18									
19				20				21					22													
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97	98	99							100																	
103								104				105			106	107	108		109							
110								111						112		113		114								
115								116						117	118				119	120			121			
122														123							124			125		
126															127									128		129

WUZZLES

WORD PUZZLES BY WOOD TOM

Each Wuzzle is a word riddle which creates a disguised word, phrase, name, place, saying, etc. For example, NOON GOOD = GOOD AFTERNOON

3 WUZZLES BOOKLETS
 "The Best of Wuzzles" (\$4.00), "More of the Best of Wuzzles" (\$4.50), and "Wuzzles for Kids" (\$4.25) are available, postpaid, from Wuzzles, Box 1141, Cedar Rapids, IA 52406



Print Your Answers Here:

1.

2.

Today's Answers:
 1. Tail
 2. Put a sock in it

Created by Tom Underwood www.wuzzlesking.com © North America Syndicate, 2020

#1,991

Average time of solution: 67 minutes

Camping in your backyard? I'm off...

... to find a flashlight and comic books.

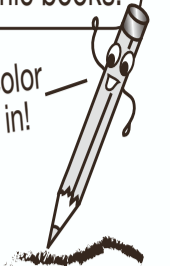


Newspaper Fun!

www.readingclubfun.com

Animills LLC © 2020 V16-25

Kids: color stuff in!



Are you thinking about camping this summer? Many families will go to their local campgrounds and parks. Some campgrounds are in the woods like the famous Smoky Mountains and some are on flatter parcels of land oceanside. Lots of families will build a "tent" to camp in their own home or will put up a tent in their backyard at some point this year. Whatever you choose, have fun!

Let's Camp

...and so the ghosts of the trees climbed...

GGGhosts?

sizzle sizzle



Camping Fun In Your Yard

Fill in the crossword with things to bring or do for camping in your own backyard.

1. a comfy sleeping _____
2. keep from itching with this _____
3. helps you see in the dark _____
4. keeps soup warm for later _____
5. playing _____ for fun!
6. scary ghost _____ at night
7. set up a _____ for shelter

bug spray

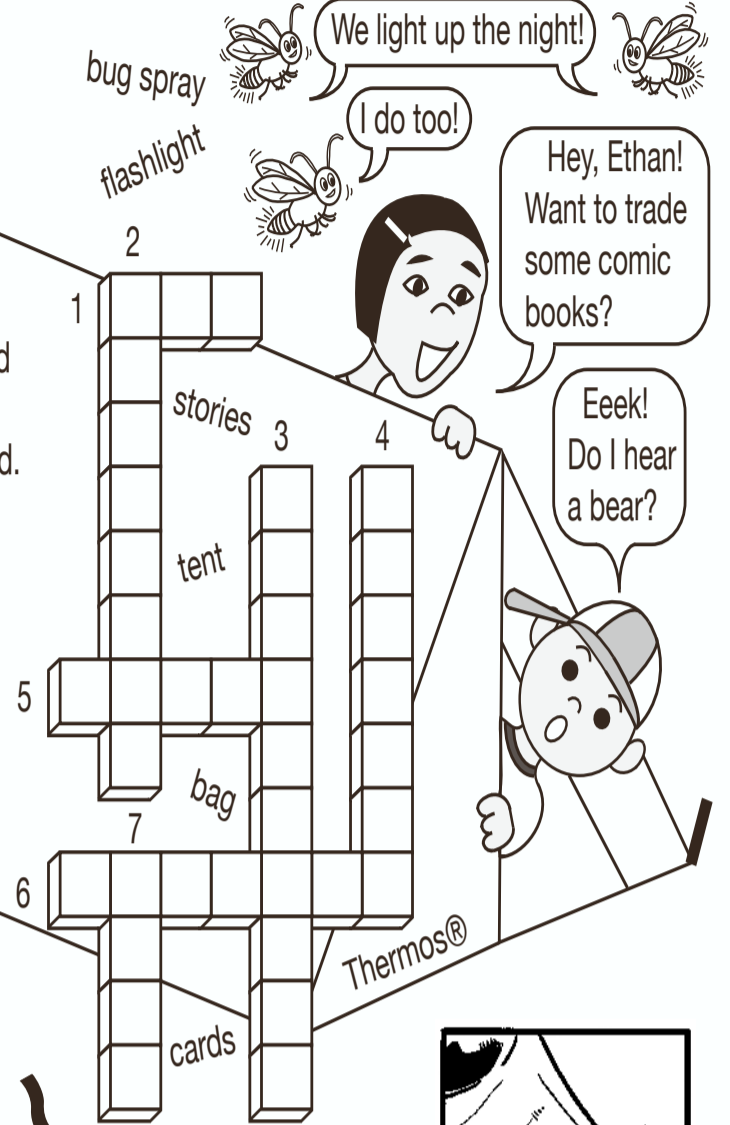
flashlight

We light up the night!

I do too!

Hey, Ethan! Want to trade some comic books?

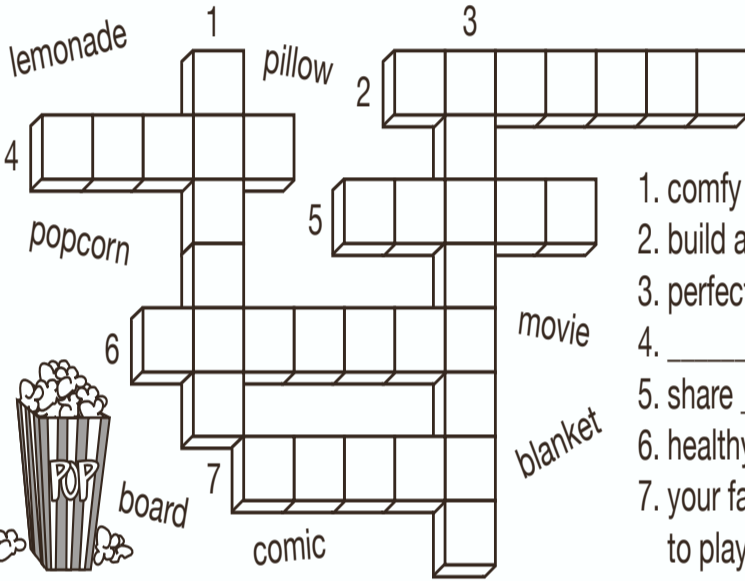
Eeek! Do I hear a bear?



Camping Fun Inside Your Home

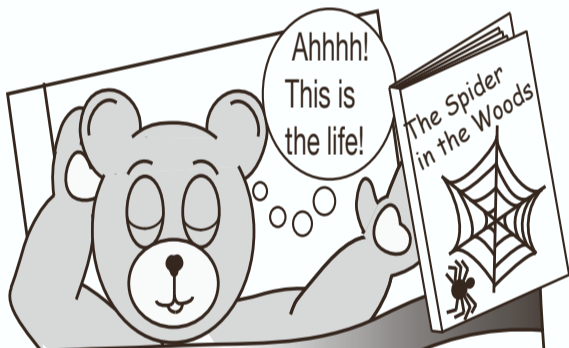
Fill in the puzzle with fun things to do or bring when camping indoors!

1. comfy item to rest head on
2. build a _____ fort
3. perfect drink for a hot summer night
4. _____ to watch when it gets dark
5. share _____ books
6. healthy, fun treat
7. your favorite _____ game to play with your friends



FREE Digital Comic Book

What's more fun than camping out and reading **comic books** by flashlight? Visit our web site for a FREE "Let's Camp" puzzle set! While you're there, get a FREE copy (for the first 100 readers) of the "Chip n' Fish" comic book by award-winning artist Matt Ryan. It all begins at readingclubfun.com.



Ahhhh! This is the life!

Camping Stuff

Look around your room to find the things you need to pack for your camping trip to a park or campground.

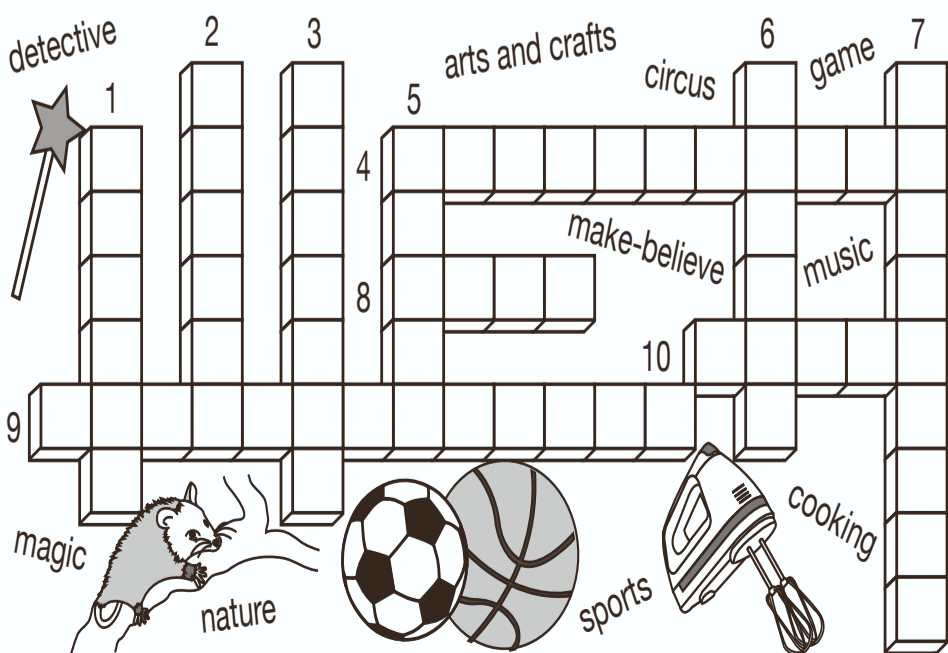
Find and circle these items that may be on your list:

U N D E R C L O T H E S L
J X U C J F P V B T I S A
E V S A A L E K S S Q M U
A S T M C A Z A E D S A N
N H A E K S P P T E U L D
S O M R E H O S O T N L R
N R P A T L S H O O S G Y
E T S O E I S I T W C A B
A S O V S G O R H E R M A
K T N K N H A T B L E E G
E E C I C T P S R S E S B
R O K B O O K S U F N Y I
S I G Z M W H I S T L E A
H A I R B R U S H A T E X

- | | |
|--------------|---------|
| underclothes | socks |
| laundry bag | shirts |
| sunscreen | soap |
| envelopes | hat |
| toothbrush | shorts |
| toothpaste | books |
| hiking shoes | comb |
| small games | whistle |
| hairbrush | jeans |
| sneakers | jacket |
| flashlight | towels |
| stamps | camera |

Night Hike!

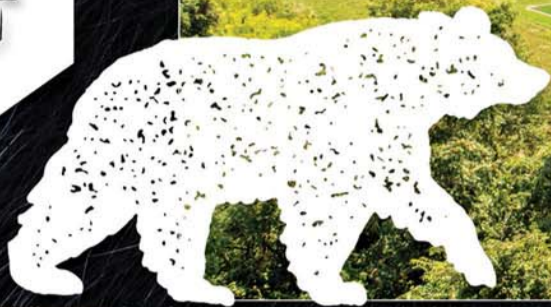
Start at the moon. Find a pathway to the cabin so the moon can light the way to where you'll be sleeping.



What Kind of Camp Will You Have?

If you'd like to, you can choose a theme for the kind of camp you'd like to have at home. There are many fun ideas to choose from. What kind of camp are you going to have if you have (a):

1. butterfly net, walking stick, binoculars
2. helmet, balls, goal, bat, stick
3. pots and pans, recipes, spices
4. costumes, imagination, props
5. wand, playing cards, top hat
6. balloons, face paint, tent
7. magnifying glass, notebook, flashlight
8. dice, scorecard, rulebook
9. glitter, glue, popsicle sticks
10. instruments, dancing shoes or sneakers, speakers



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STEPHANIE LEMLEY

Multiple offers: What it means for buyers, sellers

WHAT IS A MULTIPLE OFFER? A seller may like them, and a buyer may not. A multiple offer means that the house is priced right, in a desired location and many buyers are interested. But the true meaning is that many people are competing for the house that you as a buyer so love and there are several offers. This a good reason to hire a Realtor. A multiple offer situation can be very confusing and frustrating.

So, let us discuss what to expect if you are a seller. You have several showings, back to back, within the first day or two of the listing. While this can be a bit overwhelming, it is a good thing for you as the seller. The more showings, the more chances of offers. Your agent may bring you several offers and will help you negotiate each one. But, do you have to negotiate with each offer? You do not.

The best option is for your agent to send a multiple offer form and ask for all offers to be in by a certain time period. Every offer will be different. You should do what is best for you and your family. Do not let emotion guide you, consider not just the monetary value but the inspection dates and the requests from buyers.

How do you negotiate all the offers? First, you should review them and determine if the terms meet your selling needs. Do they want a 60-day closing and you need 45 days? Do they want you to assist them with closing costs and money is tight? Are they asking for your washer and dryer and you need to take them with you? These are all things that you can negotiate. Let your Realtor help and guide you. He or she is working to represent you and to get you the best and highest offer.

A buyer may not be as excited as the seller to learn of multiple offers. Some may not want to compete; others will go over asking price. Again, your Realtor can help. Emotion will be driving you to get the house. Make sure you are not going over market value when making the offer.

Sometimes, home-buyers wonder if it is even worth trying to compete against other buyers in a seller's market. It is not unusual for a seller to receive five offers when there's little inventory on the market. It is almost always a good idea to write an offer anyway. Somebody will be the winning offer. Why can't that person be you?

In the end, a multiple offer situation will be exciting and scary at the same time. You can only accept one offer, so make sure you ask advice from your family, Realtor and any other advisor that you trust. This is a huge purchase for everyone and must not be taken lightly.

Happy Father's Day to all the dads out there! Have a great week, and remember to do good things.

STEPHANIE LEMLEY is president of the Morgantown Board of Realtors as well president of Blue Sky Realty.

Have transplants ready to take place of harvested vegetables



AP photo

This undated photo shows a vegetable garden in New Paltz, N.Y. A surprisingly large amount of vegetables can be harvested from even a small vegetable garden.

Associated Press

One way to reap an abundance of vegetables from even a tiny garden is to keep planting throughout the growing season. Soon, you could be filling in new vegetables where you'll have harvested onions or pulled spent pea or cucumber vines. Later, there'll be space where corn, early beets or carrots have been harvested.

A good way to fill in land that opens up is with transplants. They're less likely than seeds to get lost or neglected in the sea of vegetation in any garden this time of year. And since their first three to four weeks of growth takes place outside your garden, the harvest from transplants comes along that much sooner.

It's not hard to grow lots of transplants in a small space with minimal labor. For instance, I can grow a month's supply of lettuce transplants in about a square foot of space. The lettuce is ready to eat less than a month after I plant it out in the garden, and the time it takes me to grow and care for the transplants is less than 10 minutes.

The first step is to sprout the seeds. I do this in a small

seedling flat, a rectangular plastic container 2 to 3 inches deep, with sides 6 inches long by 4 inches wide. Any 2-to-3-inch deep container, such as a yogurt container or cut-off milk carton, would work if you punch holes in the bottom to let water drain out. Fill the container with potting soil, sow the seeds to the correct depth, firm the soil, then sit the container in a pan of water for 15 minutes, until moisture is drawn in from below. Covering the container with a pane of glass or plastic keeps the inside moist.

Once seedlings poke through the soil, they need light — not hard to find this time of year! After a couple of days in the sun, the new leaves are large enough to handle, and it's time for what British gardeners call "pricking out," the transfer of sprouts from their crowded germination flat into individual cells, for what the Brits call "growing on."

Seedlings could grow on in a variety of containers or flats. I like seed-starting units consisting of individual planting cells that sit on a capillary mat, which draws water up from a reservoir

below to water each cell. About a square foot of space houses 24 transplants. The capillary watering systems free me from watering — except to fill the reservoir every week or two — and root trauma is avoided because each plant's roots are confined to its own cell.

Whether using a capillary watering system or some other container for growing on, fill it with potting soil — not straight garden soil — and then slightly firm it in place. You now need — as the British call it — a "dibble," a tool you can buy or make by putting a point on a half-inch dowel.

Poke the dibble into the potting soil in a cell, give it a twist so it doesn't stick (an advantage of a smooth plastic dibble), then pull the dibble out, thus creating an inviting home for a young seedling.

Now go to the seedling container, slide a butter knife underneath the seedlings and lever the soil up with the knife. The goal here is to loosen the seedlings from each other and the potting soil. Very gingerly, grab the two little leaves of a seedling and lift it free. Lower its roots into the

waiting hole and then gently press the soil around it. After you've finished all your pricking out, water the plants immediately, using a fine spray, and then straighten up any that get matted to the soil.

Two hazards present themselves during and immediately after pricking. The first is stem damage. You probably noticed how delicate the stems are; accidentally squeeze or kink a stem, and the seedling will die.

That's why you hold the seedlings by their leaves. Drying out is the second hazard. New roots grow quickly, but until they do, water lost by leaves cannot be replenished.

So do your pricking out indoors or in the shade, and then give the seedlings a day in the shade to settle into their new home before moving them into the sun.

After about a month of growing on in summer, transplants should be ready to pop into holes in your garden when space becomes available. Water these transplants regularly for the few days it takes their roots to reach out into surrounding ground.

FOR SALE	PRICE	AREA	BROKER	MLS#	PRICE	AREA	BROKER	MLS#
NEW LISTINGS on the MARKET	\$85,750	Reeves Avenue, Fairmont	J.S. Walker	10132340	\$235,000	Elysian Avenue	Howard Hanna	10132232
	\$142,900	Robinson Run Road	J.S. Walker	10132361	\$199,000	Rt. 250 South, Fairmont	Howard Hanna	10132266
	\$167,000	Short Street	J.S. Walker	10132377	\$275,000	Elm Drive, Bridgeport	Howard Hanna	10132270
	\$214,900	Birds Eye View	J.S. Walker	10132334	\$1,295,000	Iroquois Way	Howard Hanna	10132276
	\$439,900	Thistledown	J.S. Walker	10132329	\$149,900	Lucas Dairy Road, Grafton	Howard Hanna	10132292
	\$215,000	Jones Avenue	J.S. Walker	10132388	\$225,000	Pell Road, Kingwood (64.6 acres)	Houses and More	10132347
	\$319,900	Hawthorne Village	J.S. Walker	10132382	\$119,000	Morgantown Street, Kingwood	Houses and More	10132241
	\$237,500	Fairmont Road	J.S. Walker	10132402	\$75,000	S. Mountaineer Highway, Thornton	Houses and More	10132305
	\$140,000	Highland Avenue	Pat Stewart Realtors	10132438	\$534,900	Maple Heights, Bridgeport	KLM Properties	10132124
	\$230,000	Bailey Circle	Pat Stewart Realtors	10132431	\$499,000	Madara Drive	KLM Properties	10132157
	\$175,000	West Herring Road, Masontown	Vickie Jenkins	10132390	\$389,000	Collins Ferry Road	KLM Properties	10132048
	\$63,000	View Avenue, Fairmont	Howard Hanna	10132200	\$270,000	Stone Creek Drive	Century 21 AYS	10132094
	\$205,000	Birds Eye View Drive	Howard Hanna	10132210	\$279,500	Double Eagle Lane	Century 21 AYS	10132170
	\$209,900	Suncrest Village	Howard Hanna	10132227	\$379,900	Deerwood Drive	Coldwell Banker Alliance	10132130

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Step stool estimated at \$2,000-\$3,000

Did you know someone invented a self-making bed? It requires special covers and sheets, but with the push of a button, they curl up into the "made" position. Quite an improvement from the first known bed, 77,000 years ago, when the whole family slept on one thick pile of plants.



TERRY KOVEL

The ancient Egyptians had a raised wooden bed with cushions and sheets. By Roman times, there were low metal beds with feather or straw mattresses. But by the 15th century, beds were important. They were on a frame with four posters high off the floor, so they could use heavy drapes to enclose the bed to keep out cold air and bugs. Beds were so high that a stepstool was needed to climb on top. The mattress was a bag of hay, which probably explains why going to bed was called "hitting the hay."

Bedrooms also became more important. They were used for meetings. And not only family, but also servants, slept in the room, some under the bed on a mat. The idea of privacy came by the 18th century, when the bed had a metal frame and a cotton-stuffed mattress and only one or two people slept in it. The 19th century saw more changes. The posts were lowered, so a step stool wasn't needed. The footboard was smaller, and the smaller frame held metal box springs. The 1960s introduced the foam mattress and once again, the bed was easier to get into. The antique chair step stool

can still be found at auctions. These Federal bird's-eye maple steps, made in New England, were estimated at \$2,000 to \$3,000 at a Stair Galleries sale.

Q. I have a ceramic bride and groom that was from the top of either my grandmother's or great-grandmother's wedding cake. The bride is wearing a fabric dress with sleeves and a full-length wide skirt. The groom is in a fabric tuxedo with a narrow collar. Can you suggest a date?

A. In the 17th century, wedding pie was served in England. It was made with oysters and strange ingredients like cocks' combs. The guests had to eat the pie or be thought rude and encouraged bad luck. By the 19th century, the cake was a status symbol, the larger and taller the cake, the higher the social standing. Most were made of tiers of fruit cake. Queen Victoria had a white cake that matched her white lace dress in 1840. Only the rich could afford the refined white sugar needed for the cake.

But the start of the modern cake was in 1882, at the wedding of Prince



Submitted photo

This is not a chair. It opens into a set of steps to help you get into a high bed. Stair Galleries offered it at an auction with an estimate of \$2,000 to \$3,000.

Leopold. It was all edible. Earlier cakes used wooden supports to hold the cake layers and a topper. Later cake toppers were made of papier-mache, celluloid, even fabric. Look at the dress style on your topper. Dresses reflect the date – a short flapper dress in the 1920s, tight bridal gowns in the 1930s and 1940s, and sleeveless or strapless

dresses by the 2000s. The men wore tails in the 1930s or military uniforms in the 1940s in the United States. Many other costumes and cakes were used in other parts of the world.

Current prices

Advertising, paperweight, Buffalo, figural, cast iron, Buf-

falo Tank Corp., BT brand on side, 2 1/2 inches, \$42.

Mechanical bank, cash register, 4 moving keys, bell rings, 4 coin slots for different denominations, cast iron, J. & E. Stevens, 6 by 4 inches, \$246.

Cut glass cider pitcher, vertical prism cut ribs, barrel form, triple notched handle, rayed base, American Brilliant Period, 6 1/2 inches, \$316.

Coca-Cola, toy delivery truck, Volkswagen, tin lithograph, logo, yellow & red, plastic bottles in cases, friction, marked, Made in Western Germany, 5 x 9 inches, \$600.

Van Briggie pottery vase, Despondency, blue shaded to maroon matte glaze, swollen top, woman wrapped around rim, incised mark, 13 1/2 by 6 inches, \$923.

Purse, tote, Neverfull, Louis Vuitton, monogrammed canvas, leather handles & cinch cords, brass hardware, zip pocket, France, 9 by 15 inches, \$1,107.

Jewelry, pin, jadeite plaque, oval, carved openwork flowers & birds, 14K gold, seed pearl sides, green & black enamel detail, art deco, Cartier, 1 x 1 1/4 inches, \$1,353.

Furniture, patio set, Topiary, orange aluminum, all over openwork, scalloped edges, rolled arms, R. Schultz for Knoll, 35 by 54 inch bench, 3 pieces, \$1,840.

Doll, Girl with 2 Faces, smiling & screaming, papier-mache, mohair wig, wood & composition body, pull strings, says "Mama" and "Papa," Bebe Jumeau, 18 inches, \$4,920.

TERRY AND KIM KOVEL answer as many questions as possible through the column. By sending a letter with a question, you give full permission for its use in the column or any other Kovel forum. Names and addresses will not be published. We cannot guarantee the return of any photograph, but if a stamped envelope is included, we will try. The volume of mail makes personal answers or appraisals impossible. Write to Kovel, The Dominion Post, King Features Syndicate, 300 W. 57th St., 15th Floor, New York, NY 10019.

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OPEN HOUSE 12:00-2:00 PM

2 ULYSSES AVENUE • \$465,000
4BR, 2.5BA



MORGANTOWN - Only 10 minutes from shopping & interstate! This new construction sits on a private 1.78-acre lot. Main-level master suite & laundry, mudroom, SS appliances, breakfast nook, one HVAC system controls 3 zones, and full basement ready to be finished with roughed-in plumbing & walkout.

DIRECTIONS: From Coliseum go across Star City Bridge; right on Rt. 19 N; right on Rt. 100 for exactly 1 mile; driveway to house on left; approx. 7 miles from Sheetz by University Town Centre.

MLS: 10130546
Mary K. Oldham: 304.276.6223

OPEN HOUSE 12:00-2:00 PM

1139 STEEPLECHASE DRIVE • \$599,000
4BR, 4.5BA



MORGANTOWN - Gated neighborhood with pool & tennis courts, clubhouse, sidewalks, and street lights. Custom 1-owner home has wood throughout & covered back deck on private, oversized lot. New roof in April 2020, new carpeting in FR, immaculate & stunning interior, and storage galore!

DIRECTIONS: From Rt. 857 turn onto Tyrone Avery Road; left into gated entrance; turn right; house on right.

MLS: 10131662
Kathy Martin: 304.685.6171

OPEN HOUSE 3:00-5:00 PM

404 ST. ANDREWS DRIVE • \$349,000
3BR, 3.5BA

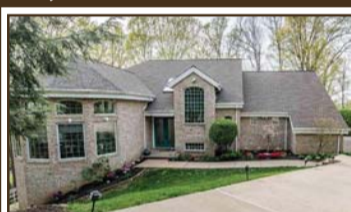


MORGANTOWN - Easy-living townhouse overlooking Lakeview Golf Resort. Hardwood floors throughout, open floorplan, and spacious rooms. Walk-in closets, upstairs laundry, master suite, and 2-car garage. This home is a must-see!

DIRECTIONS: Exit 10 off I-68; right on ramp; right into Cranberry Square; left on St. Andrews; property on the right.

MLS: 10132311
Linda Kosten: 304.282.5630

2041 HENRY CLAY DRIVE • \$784,000
4BR, 4.5BA



MORGANTOWN - Custom-built home in Ices Ferry gated community, situated in the trees among a golf course & seasonal lake views. Top-of-the-line finishes from top to bottom, floor-to-ceiling windows, central vacuum, built-in ironing board & laundry chute, cedar master BR closet. One-of-a-kind - don't miss this one!

MLS: 10130864
Kathy Martin: 304.685.6171

912 SUNCREST PLACE • \$649,000
4BR, 4.5BA



MORGANTOWN - Outstanding craftsmanship & detail in this home within walking distance to shops, hospitals, and stadium. Hardwood floors, SS appliances, granite counters, and LR w/FP with access to deck. Master BR has 2 walk-in closets & en-suite BA. Finished LL has 5th BR, full BA, FR, and storage.

MLS: 10130965
Andrea Heiskell: 304.826.0277

47 LaVISTA DRIVE • \$400,000
3BR, 3BA



MORGANTOWN - Beautiful home in Falling Water offers level living with plenty of upgrades. Open floorplan w/cathedral ceilings offer breathtaking views. Kitchen has center island with granite counters & SS appliances. FR in lower level with surround sound, BR, and BA, with walk-out to back yard.

MLS: 10128735
Kathy Martin: 304.685.6171

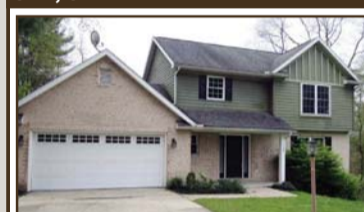
705 SOUTH HILLS DRIVE • \$479,900
5BR, 5BA



MORGANTOWN - Double front porch, foyer w/ grand staircase, and spacious master suite w/luxurious BA. Open living great room concept w/formal LR & DR, all with hardwood floors. Lower level is finished w/FR, exercise room, BA, and office. Minutes from downtown & close to White Park.

MLS: 10128511
Kathy Martin: 304.685.6171

129 CRESTVIEW DRIVE • \$389,900
3BR, 3BA



MORGANTOWN - Beautifully maintained home minutes from the heart of Suncrest. Nearly 3,000 finished SF, 2 gas fireplaces, and large eat-in kitchen w/attached FR with patio access. Lower-level decks adjacent to den, and lower-level 4th BR. New carpet, freshly painted, new appliances, and new wood flooring.

MLS: 10132795
Sandy LeDonne: 304.288.6087

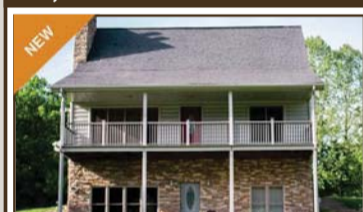
20 BLUE QUILL • \$389,900
3BR, 3BA



BRIDGEPORT - Location, location, location! This high-end home is like-new, and has granite counters, hot water pot filler faucet, and unfinished heated area upstairs above garage that could be another BR. The views from the deck are breathtaking! Minutes from Charles Point, FBI, and WVUH.

MLS: 10131329
Donna Dahl: 214.841.0814

155 STONE LAKE DRIVE • \$299,900
3BR, 3BA



ROANOKE - Beautiful natural views from decks & windows, open-concept layout, 2 stone fireplaces, cathedral ceiling, and lower-level FR could be another BR. Four-car garage has storage above. Five minutes from Stonewall Lake & resort for water sports or golf!

MLS: 10132229
Susan Storage: 304.641.5859

206 RED OAK LANE • \$284,000
3BR, 2.5BA



MORGANTOWN - Sellers offering 2% closing costs & faux wood white blinds throughout the home offered for the month of June. Ten-year warranty! New construction! Master suite & laundry on main floor. Big closets, dual heating, granite counters, hardwood floors, and unfinished bonus room. Resort amenities included.

MLS: 10132333
Pam Myers: 304.644.3676

197 FAIRFIELD DRIVE • \$280,000
3BR, 2BA



BRIDGEPORT - 1.11+/- acres. Immaculate 1-level home with wood floors, high ceilings, and fenced-in yard for pets & kids. Lovely neighborhood w/similar homes & big yards. Open floorplan, gorgeous views, covered patio, and quaint front porch. Convenient to 279 & I-79.

MLS: 10132336
Pam Myers: 304.644.3676

918 BREAKIRON HILL ROAD • \$275,000
4BR, 3BA



MORGANTOWN - "Almost-heaven" views from the deck! Well-planned addition has master BR & bay window & large DR for gatherings. Three additional BRs on main level, large landscaped lot, and an affordable price point! Don't miss this opportunity with the current low bank rates!

MLS: 10132399
Debbie Marano: 304.290.9180

5012 LAKE LYNN DRIVE • \$268,500
5 ACRES



MORGANTOWN - Listen to the serenity of the 5 acres of private in a Cheat Lake-front community. Build your dream home with WV mountain views & wooded privacy!

MLS: 10130689
Marcelle Widmer: 304.290.5366

1207 MORGANTOWN AVENUE • \$210,000
4BR, 1.5BA



FAIRMONT - Beautifully updated property could be your next home or business venture! Hardwood floors throughout most of the property, which boasts large rooms, plenty of storage, large yard, and off-street parking. Endless possibilities & just minutes from I-79.

MLS: 10131107
Nikki Robinson: 304.688.4322

158 W. CHURCH STREET • \$159,900
5BR, 2BA



FAIRCHANCE - Well-built brick home constructed in 1925. Great investment opportunity - live on 1 side & rent out the other. Spacious rooms w/large eat-in kitchen, updated electrical, large flat yard w/additional lot included. Detached 3-car garage w/ plenty of storage. Sellers offering credit of \$10,000 with full-price offer for closing costs & prepaids. Being sold "as is."

MLS: 10118769
Kathy Martin: 304.685.6171

SOMERSET STREET • \$142,000
LOT



STAR CITY - Perfect for building your dream home, or build 2 homes. This is a beautiful, flat, ready-to-build-on lot in the upper Star City neighborhood. Two building lots or one large flat lot. Owner will put up privacy fence in the back of property. Call today for a viewing!

MLS: 10132392
Linda Kosten: 304.282.5630

326 PROVINS AVENUE • \$135,000
3BR, 1BA



MASONTOWN, PA - Spacious ranch, original hardwoods under carpeting in all rooms except kitchen & BA, and large eat-in kitchen with open-concept dining. Oversized LR, freshly painted exterior, new wrap-around deck, new rear awning in '18, and partially finished basement. Flat back yard.

MLS: 10132171
Sandy LeDonne: 304.288.6087

15 WOODY STREET • \$37,500
1BR, 1BA



GRANVILLE - Investment potential awaits! With a little TLC this home could be a profitable investment or a perfect little home for downsizing or first-home purchase. Off-street parking, level yard, and minutes from shopping, interstate, dining, and much more.

MLS: 10129853
Traci Aberegg: 304.376.4273

906 A HAGANS ROAD • \$99,500
8.28 ACRES



RIVESVILLE - Build the home of your dreams minutes from Morgantown. Located in Mon County, Property offers country living at its finest. Natural gas, water, electric, and cable available. Property has been surveyed.

MLS: 10121893
Robin Ruckle: 304.376.3844

82 C STREET • \$60,900
2BR, 1BA



SPELTER - Adorable home with many updates - new metal roof, new carpet, furnace, and bathroom. No closets. Large fenced-in yard for pets, low-maintenance lawn, nice garage (concrete floor), and lots of room for storage.

MLS: 10126888
Lindsay Syslo: 304.641.6360

151 ALLEN STREET • \$36,750
3BR, 1.5BA



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Introducing
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Kathleen is the Broker and Consultant at Blue Sky Realty, LLC. She began her career in 1975 with Dorsey & Kiger Inc. Realtors. As a transaction coordinator, she has supervised more than 5,000 real estate closings. Today, Kathleen continues to help buyers and sellers to achieve their real estate goals. Her over 44 years of experience in the real estate profession is invaluable to the staff and clients of Blue Sky Realty, LLC.

Kathleen is a licensed Broker and holds membership in the Morgantown Board of Realtors, West Virginia Association of Realtors, National Association of Realtors, and is a Graduate of the Realtors Institute of Virginia. She was awarded Broker Emeritus status by the National Association of Realtors in 2018 for her over 40 years of service.



Planning to age in place? A recession can be a good time to remodel

BY CARLA FRIED
 Rate.com (TNS)

If you've done the hard number-crunching and are confident you can afford to stay put in retirement, your home likely needs a few tweaks to make it safer for an older you.

If your household finances are not under stress due to the economic fallout of the coronavirus crisis, now can be a smart time to start tackling age-in-place renovation projects.

A slowdown in the remodeling boom means contractors and architects are likely more motivated to return phone calls. For the past few years, spending on remodeling grew at nearly triple the rate of inflation. The Joint Center for Housing Studies at Harvard recently issued a "downside" update to its remodeling forecast that projects spending growth will turn negative into early next year due to the economic impact of the coronavirus.

A slowdown in business should make contractors more willing to negotiate price, and timing may be more flexible, as their backlog and waitlist on projects may have already shrunk.

Material costs are also lower: The National Association of Home Builders reported a record 4.1% decline in material costs in April. The -5.4% year-to-date decline eclipses the previous record slide of -1.3% in 2009.

Appliance costs should also decline amid reduced consumer demand.

And though some banks are making it harder — if not impossible — to qualify for a home equity line or loan, there are still lenders out there (hint: Check out credit unions) willing to make deals with qualified borrowers. If you have \$400,000 in equity and are looking to borrow 10% or so of that to polish off an age-in-place project, you could get a more receptive greeting than if you have \$100,000 in equity and want to borrow more than half of that.

Here's how to create a sensible age-in-place renovation game plan:

- Focus on needs, not aspirations. Sure, aesthetics matter, but so too does cost. Reworking the bathroom so there is a level-in shower that won't require an older you to climb over a bathtub rim is a valuable age-in-place project. But it's on you to decide if you're going to spend \$20,000 for the bathroom you need or \$40,000 for the HGTV-ready bathroom you want.

And keep reminding yourself that every dollar you spend will never be fully recouped by you, or your heirs. A quick web

search of "remodeling cost vs. value" will land you at sites that show the typical payback can range from 65% to 75% for many projects, such as a kitchen or bathroom remodel.

- Polish off the low-hanging fruit first. Age-in-place renovations fall into two camps: smaller, less expensive projects, such as installing grab bars in bathrooms and replacing trip-tastic rugs with carpet, to big-time construction, such as a new full bathroom on the first floor.

What you always want to avoid, especially right now, is stretching your renovation budget. If you have any queasiness about household income as we work our way through the coronavirus crisis, focus on affordable projects first.

- Get three line-item bids. The standard advice to get at least three bids is especially useful now. Quality and reputation remain paramount — especially for big projects — but having multiple bids gives you valuable intel to negotiate the best rate with the best contractor for your project.

There is never a good reason to accept a bid that does not carefully line-item every expense, but right now, with demand expected to be weaker, contractors should be more than eager to provide this breakdown to you.

- Drill down on materials. Carefully reviewing the bid is essential before you hire anybody. Is the estimate based on using the materials and appliances you want? A low bid can be based on using cheap materials that you don't want.

Conversely, you may find that your contractor has assumed a higher quality material than you deem necessary. Make sure you are comparing apples-to-apples bids that use the same materials and assume the same quality of appliances and mechanicals. For instance, does the bid include the cost of the most energy efficient new HVAC system — which might cost more upfront — or is it based on a more middle-of-the-road model?

- Discuss subs. If you ask, you can often learn there are a variety of qualified subcontractors your contractor can use. Again, work quality is important, but there can be a wide range of rates among providers for certain projects.

And if your contractor suggests sticking with a certain sub, don't be shy asking if there is any give in the cost. In a slower market a smaller profit margin is better than having no work. But you're not going to get a break unless you ask.

Real estate Q&A: I haven't paid my rent for two months. Can I be sued for eviction?

BY GARY M. SINGER
 Sun Sentinel (TNS)

Q: I rent an apartment and have been out of work due to the pandemic. I am behind two months on the rent. The world is starting to open up, and I am worried every day about being sued for eviction. What should I do? — Lisa

A: In the upcoming weeks, the temporary ban on evictions will lift, and landlords who need to make their mortgage payments will flood in for assistance.

While I expect a bit of backlog, the courts have been preparing for this and should get caught up quickly.

Now is the time for you to speak with your landlord and try to work things out. If your financial picture is improving, try to see if you can start paying some rent,

even if you are not able to get caught up.

Your landlord will be less likely to evict you if they see you are trying, and you will not owe as much in back rent when things return to normal.

If you are not able to do this, or if your landlord is not willing, you should start looking for a new place to live now. Some landlords have been sitting on empty apartments due to coronavirus and would be happy to get a tenant.

It also will be much harder to rent a new home after an eviction lawsuit has been filed against you.

Even if you do move out, you are still on the hook for the back rent.

However, most landlords are less likely to sue you just for the back rent if you voluntarily move out and leave the property in decent condition.

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Housing is hot with the economy in the deep freeze

BY CONOR SEN

Bloomberg Opinion (TNS)

No matter how you look at it, the economic fallout from the coronavirus is going to be brutal, with a projected 6.5% decline in real gross domestic product in 2020 and an unemployment rate of 9.3% at year-end, according to the Federal Reserve. In ordinary times, and without any policy response from government, a blow of this magnitude should weaken the housing market. Yet, what we're starting to see is the very opposite. For various reasons, the supply of homes on the market con-

tinues to fall to record lows and home prices are, if anything, accelerating. For many homeowners stressed about the value of their biggest investment, it's a welcome relief. But this signals one more hurdle for would-be millennial homebuyers as they age into their family-forming years.

The biggest reason we're seeing home-price growth accelerating in the middle of a pandemic is that the disruption to the supply of housing is persisting longer than the disruption to demand — that is, would-be buyers. Wednesday's weekly mortgage data showed that purchase

applications rose for the eighth consecutive week and are approaching an 11-year high on a seasonally adjusted basis. Part of the reason for the quick rebound in demand is surely the decline in interest rates on mortgages to all-time lows, with few signs they are likely to rise for the foreseeable future.

But as is always the case in the housing market, supply doesn't respond as quickly as demand. Single-family housing starts plunged in March and April, with the most recent report showing a 25% year-over-year tumble. Part of this decline is because con-

struction in some states shutdown, and much more so in some regions than others. Single-family starts fell 73% in the Northeast but only 13% in the South. Even where construction continued, the pace slowed as builders adopted social distancing and other health measures to prevent the spread of the coronavirus.


Even as demand rebounds, homebuilders may be slow to acquire new construction lots and might hold back on increasing production after getting the scare they did in March and April. They may prefer to wait a while to make sure these revived levels of demand are

sustainable, while they also shore up their balance sheets before beginning to build at the same pace as earlier this year.


Beyond the impact on construction, a little discussed factor leading to fewer homes on the market is mortgage forbearance programs put in place by banks, states and Fannie Mae and Freddie Mac. From a policy standpoint it's great that banks and governments are helping to prevent a deluge of foreclosure as millions of people lose their livelihoods because of the pandemic. But a consequence of that policy change is that it deprives

the housing market of the supply of foreclosed properties that occurs even in strong economies and solid job markets; this amounted to almost 500,000 houses in 2019.

Some homeowners may also be delaying the listing of their homes for sale because they're sheltering-in-place, or have lost their jobs and can no longer provide income verification to buy a different home. They may also not be comfortable having potential buyers, who could be carrying the virus, walking into their homes for sales showings.



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Thursday	 <p>2356 Whetzell Settlement Rd. 3 BRs, 2 BAs \$280,000</p>	<p><i>Directions:</i> From Morgantown, take Kingwood Pike and go 22 miles to Whetzell Settlement Rd - near Independence Country Club.</p> <p style="text-align: center; font-size: 1.5em; color: #e91e63; font-weight: bold;">SOLD</p> <p style="text-align: right;"><i>Host:</i> Chad Frasher</p>
Friday OPEN 5-7	 <p>3186 Glade Farms Rd. 2 BRs, 2 BAs Bruceton Mills \$127,500</p>	<p><i>Directions:</i> Turn left off I-68, go 7.7 miles, then turn right on Glade Farms RD. House is on your left.</p> <p style="text-align: right;"><i>Host:</i> Jeff Stewart</p>
Saturday OPEN 2-4	 <p>124 Edwin Street 3 BRs, 2.5 BAs \$259,900</p>	<p><i>Directions:</i> Towards Morgantown Mall, turn right at Burger King and turn into Pleasant Hills onto Lee Street, then left onto Kay Street and right onto Edwin Street.</p> <p style="text-align: right;"><i>Host:</i> Jeff Stewart</p>

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Sat. July 18th - Finleyville, PA
Antique/Collector Cars & Tractors, Farm Equipment, Trucks & More

Tue. July 21st - Shinnston, WV
16 Properties in Harrison County

Wed. July 22nd - Summersville, WV
337+/- Acres Sold Absolute

Thur. July 23rd - Bridgeport, WV
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TV weekly

SUNDAY, JUNE 21, 2020

Spotlight on Chicago

Alex Hibbert stars in "The Chi"



THE DOMINION
Post

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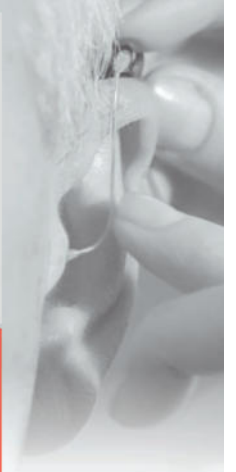
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Cover Story

South side stories: Chicago-based drama 'The Chi' returns for a third season

By Sarah Passingham
TV Media

In the crowded space of Chicago-based television dramas, Showtime's "The Chi" stands out. From its inception, the series has strived to tell some of the personal stories of south side Chicago residents that are often glossed over by sensational news headlines and out-of-touch procedurals. Rather than detailing the city's emergency situations from first responders' points of view, "The Chi" highlights the lives of the people who really live in Chicago's south side neighborhood. The third season of "The Chi" premieres Sunday, June 21, on Showtime.

If you are unfamiliar with "The Chi," the series opens with two deaths in its premiere episode. A young man is killed, wires are crossed and another young man is killed in retribution. A boy, Kevin (Alex Hibbert, "Moonlight," 2016), happens to be in the wrong place at the wrong time that night and locks eyes with the murderer. The killer, Ronnie (Ntare Guma Mbaho Mwine, "Queen of Katwe," 2016), unable to help himself out of the web in which he's become tangled, tries to keep word of what he did from spreading, even chasing Kevin down at one point. The series expands to include the stories of all of the people touched by those two deaths.

"The Chi" takes the violence and stereotypes that often exist in depictions of Chicago's south side and attempts to twist them into something that better resembles reality. It does depict gun violence and graphic deaths, but

Birgundi Baker
as seen in "The



the cameras remain on the characters involved, telling their very human stories rather than panning over to the responders who swoop in after the fact.

The true breakout stars of "The Chi" have to be the show's younger cast members. They give the series some levity portraying Kevin and his preteen friends, as they get into typical preteen mischief, and Kevin's sister, Keisha, who is figuring things out for herself as a teenager. Keisha is portrayed by Birgundi Baker, who you may recognize from her first role as young Carol in Fox's music industry drama "Empire." From trailers released by Showtime previewing Season 3 of "The Chi," it appears that Keisha's love life is central to the season's plot. As a graduate of Howard University's Musical Theatre program, there's no doubt that Baker can handle the heavy lifting.

Viewers can also expect to see Ronnie's re-birth and Kevin embracing and struggling with everything that comes with growing up. Kevin's birthday isn't the only celebration on the south side as his and Keisha's mother marries her new wife. Their wedding ceremony is featured alongside the funeral of Brandon, who was a mentor to Kevin. Brandon was portrayed by Jason Mitchell ("Straight Outta Compton," 2015) for the first two seasons of "The Chi," but Mitchell was fired from the show after complaints of harassment from a crew member and one of his co-stars.

Lena Waithe, the Chicago born and raised creator of "The Chi" and Emmy Award-winning writer, set out to use her memories of growing up in the city's south side to craft a drama series more empathetic to the neighborhood's residents

than she had ever seen before. She wanted to depict what life is like in south side Chicago beyond the oft-told news stories and scripted tales about gun violence in the area. Waithe told The Guardian in a 2018 interview that she wanted to depict her hometown, saying, "I want to tell a story about where I'm from and the people that are there versus just the headlines." Waithe went on to say that "it's really important for young brown kids to see other brown kids on television because it's like you're seeing a version of yourself that you hope to be."

Waithe has channeled her ambition well and has created a number of projects her younger self would be proud of. Aside from "The Chi," she created two recently premiered comedy series for BET, "Boomerang," a sequel to the 1992 Eddie Murphy movie of the same name, and "Twenties," a project that started for Waithe when she herself was in her 20s in Los Angeles.

The "Master of None" actress is not only the creator, writer and producer of "The Chi," she also guest stars in the show's third season as Camille Halloway, a hopeful Chicago mayoral candidate. It appears that "The Chi" is ready to reach out beyond the lives of the families that the series has followed for its first two seasons and focus on a form of systemic change for the south side in Halloway's optimistic run for mayor.

Waithe is not the only member of the team behind "The Chi" to make their way onto the screen. Rapper-actor-producer and Academy Award winner Common ("Hell on Wheels") stepped out of his executive producing chair and into the role of Rafiq, imam at the south side mosque where Ronnie seeks refuge in Season 1 of "The Chi."

Don't miss the third season premiere of "The Chi" when it airs Sunday, June 21, on Showtime.



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Family Favorites



Mallory James Mahoney and Scarlett Estevez in "Bunk'd"

Sunday

Freeform 6:10 p.m.

Coco

When Miguel learns that his family forbids music because of his great-great-grandfather, he tries to prove himself but accidentally ends up in the Land of the Dead. Once there, he sets out on a journey to find the man who turned his family against music.

DISN 8 p.m.

Bunk'd

Ava (Shelby Simmons), Gwen (Scarlett Estevez) and Destiny (Mallory James Mahoney) hatch a plan to swap rooms with the boys in this Season 4 premiere. The girls are set on moving in to the Grizzly cabin to score its bigger bathrooms.

Monday

NICK 9 a.m.

Blue's Clues & You

Josh (Joshua Dela Cruz) and Blue learn all about different instruments in this musical rebroadcast. While figuring out what song Blue wants to sing, they learn about what sound each musical instrument makes, and help some baby chicks put on a show.

Tuesday

HBO 2:30 p.m.

Shazam!

Zachary Levi and Asher Angel star as Billy Batson, a troubled foster-child

who ends up with the ancient super-powers of Shazam which transform him into an adult. Billy soon learns to use his powers to help others instead of himself.

Wednesday

Freeform 11 a.m.

My Little Pony: The Movie

The villainous Storm King invades the land of Equestria in this feature film based on the hit animated series. When the ponies begin a journey to save their home, they meet new friends voiced by Emily Blunt, Tye Diggs, Michael Pena and more.

Thursday

DISN 9 a.m.

T.O.T.S.

Pip and Freddy make a special delivery in this Father's Day-themed rebroadcast, and help a baby hedgehog who is too scared to come down from a hilltop. Then, JP works hard to become a Super Duper Flier after failing a test causes him to get demoted.

Friday

Freeform 11 a.m.

Free Willy

When Jesse (Jason James Richter), a homeless 12-year-old orphan, gets caught spraying graffiti in a water park, he's placed in a new foster home and forced to clean the graffiti. He befriends a killer whale and sets out to free him

from the park.

NICK 12:30 p.m.

Ryan's Mystery Playdate

In this new episode, Ryan has a prehistoric playdate with a "roarsome" new friend. In order to meet his playdate, he goes through a series of ancient-themed challenges and learns exciting new things about dinosaurs and the ice age.

Saturday

Freeform 12:40 p.m.

National Treasure

Nicolas Cage stars in this thrilling family adventure film, about a historian searching for a treasure using clues left by the Founding Fathers. As the clues bring him closer to the treasure, the adventurer faces many dangers.

FX 1 p.m.

The Amazing Spider-Man

Have a day filled with web-slinging as FX presents three Spider-Man films back-to-back. Andrew Garfield stars as Peter Parker in this version and its sequel, showing off a new take on Spider-Man's famous origin story. Emma Stone and Denis Leary also star.

New Releases

Portrait of a Lady on Fire

Marianne (Merlant) arrives on the isolated island of Brittany, where she has been commissioned to paint the portrait of a young woman named Héloïse (Haenel) before the girl's arranged marriage to a Milanese nobleman. Héloïse's mother instructs Marianne to paint her daughter in secret as, in an effort to protest her pending marriage, the girl has been refusing to pose for the portrait. Marianne becomes her walking companion and spends time with Héloïse in order to memorize her likeness and paint her by night. As their

walks bring the two women closer, Marianne struggles to paint Héloïse in a way that captures her true image, with all the pain and character inherent in her. The women find themselves increasingly drawn to one another, even as Héloïse's marriage approaches. *Director: Céline Sciamma. Stars: Noémie Merlant, Adèle Haenel, Luàna Bajrami, Valeria Golino, Armande Boulanger. 2019. 122 mins. Drama.*

The Legion

Two Roman legions are stranded in the snowy mountains of Armenia during the invasion of Parthia. The men are dying, and help is a two-week march away in Syria, where the rest of the Roman army remains. With Parthian patrols swarming the area, the men have little hope of making it out of the mountains alive. Noreno (Partridge) is a half-Roman tasked with trekking across the dangerous territory to seek help for the men, but his hatred for the Roman Empire only adds to the difficulty of his journey.

Director: José Magan. Stars: Lee Partridge, Mickey Rourke, Joaquim de Almeida, Vladimir Kulich, Bai Ling, Maksim Matveev, Bosco Hogan, Mark Aaron. 2020. 96 mins. Action.



Adèle Haenel and Noémie Merlant star in "Portrait of a Lady on Fire"

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Time for the 'Third Course'

Season 3 of 'Somebody Feed Phil' is available on Netflix



Phil Rosenthal in "Somebody Feed Phil"

By Michelle Rose
TV Media

In an interview with Deadline last month, Phil Rosenthal made the following statement: "I don't want to live in a world without the diner and the coffee shop and the mom and pop places, the ethnic restaurants. We live life in restaurants — it's the center of social life, where we celebrate with family and friends, make new friends, travel without traveling and, of course, eat."

He was commenting on the pandemic's devastating impact on the restaurant industry, but it also gives a sense of how his passion for food runs deep.

Rosenthal is the creator, writer and executive producer of the hit sitcom, "Everybody Loves Raymond." But his most recent project is "Somebody Feed Phil," a food-centric travel show that began streaming its third season, dubbed the

"Third Course," on Netflix last month.

If you're in a constant state of wanderlust or hunger, or if you're feeling nostalgic for pre-pandemic life right now, it's hard not to envy the New York native as he criss-crosses the globe in search of good eats. It's a journey that started years ago on PBS as the James Beard Award-winning "I'll Have What Phil's Having." But after one season, the project moved to Netflix — production costs were reportedly too high for the public broadcaster — and it was relaunched in January 2018.

Since then, the series and its host have made stops in places such as Bangkok, New Orleans, and the home of Noma, Copenhagen. But whether the destination is Marrakesh or Montreal — both are featured in Season 3 — you can always expect genuine reactions from Rosenthal, who clearly relishes trying new things and meeting new people. In

fact, Rosenthal's affability and sense of humor can make it feel like you're watching an upbeat Ray Barone (Ray Romano's character on "Everybody Loves Raymond") taking over as host of "Parts Unknown" from the late Anthony Bourdain. Mind you, it might also have to do with the fact that the two shows, "Somebody Feed Phil" and "Parts Unknown," share the same crew and showrunners.

Fortunately for fans of the show and its great food shots, the new installments of "Somebody Feed Phil" completed filming in January ahead of the pandemic shutdown. Five episodes of Season 3, plus the two seasons before it, are available now for streaming on Netflix, and according to the host, a fourth season will likely drop this fall or winter.

Cooking this week

SUNDAY

10 a.m. (FOOD) The Pioneer Woman
10:30 a.m. (FOOD) The Pioneer Woman
11 a.m. (FOOD) Girl Meets Farm
11:30 a.m. (FOOD) Valerie's Home Cooking
Noon (FOOD) Guy's Ranch Kitchen
12:30 p.m. (FOOD) Symon's Dinners
Cooking Out
1 p.m. (FOOD) The Kitchen
1:30 p.m. (24) The Great British Baking Show
2 p.m. (FOOD) Diners, Drive-Ins and Dives
3 p.m. (FOOD) Diners, Drive-Ins and Dives
4 p.m. (FOOD) Diners, Drive-Ins and Dives
5 p.m. (FOOD) Diners, Drive-Ins and Dives
6 p.m. (FOOD) Diners, Drive-Ins and Dives
7 p.m. (FOOD) Diners, Drive-Ins and Dives
8 p.m. (FOOD) Diners, Drive-Ins and Dives
8:30 p.m. (FOOD) Diners, Drive-Ins and Dives
9 p.m. (FOOD) Worst Cooks in America

MONDAY

10 a.m. (FOOD) The Kitchen
11 a.m. (12) The Rachael Ray Show
(FOOD) The Kitchen
Noon (FOOD) The Kitchen
1 p.m. (FOOD) Chopped: Sweets
2 p.m. (11) The Rachael Ray Show
(FOOD) Chopped: Sweets
3 p.m. (FOOD) Chopped: Sweets
4 p.m. (FOOD) Guy's Grocery Games
5 p.m. (FOOD) Guy's Grocery Games
6 p.m. (FOOD) Guy's Grocery Games
7 p.m. (FOOD) Guy's Grocery Games
8 p.m. (FOOD) Guy's Grocery Games
9 p.m. (FOOD) Big Time Bake

TUESDAY

10 a.m. (FOOD) Food Paradise
11 a.m. (12) The Rachael Ray Show
(FOOD) Food Paradise
Noon (FOOD) Food Paradise
1 p.m. (FOOD) Chopped
2 p.m. (11) The Rachael Ray Show
(FOOD) Chopped
3 p.m. (FOOD) Chopped
4 p.m. (FOOD) Chopped
5 p.m. (FOOD) Chopped
6 p.m. (FOOD) Chopped
7 p.m. (FOOD) Chopped
7:30 p.m. (13) To Dine for With Kate Sullivan
8 p.m. (FOOD) Chopped
9 p.m. (FOOD) Chopped

WEDNESDAY

10 a.m. (FOOD) The Pioneer Woman
10:30 a.m. (FOOD) The Pioneer Woman
11 a.m. (12) The Rachael Ray Show
(FOOD) The Pioneer Woman
11:30 a.m. (FOOD) The Pioneer Woman
Noon (FOOD) The Pioneer Woman
12:30 p.m. (FOOD) The Pioneer Woman
1 p.m. (FOOD) Guy's Grocery Games
2 p.m. (11) The Rachael Ray Show
(FOOD) Guy's Grocery Games
3 p.m. (FOOD) Guy's Grocery Games
4 p.m. (FOOD) Guy's Grocery Games
5 p.m. (FOOD) Guy's Grocery Games
6 p.m. (FOOD) Guy's Grocery Games
7 p.m. (FOOD) Guy's Grocery Games
8 p.m. (FOOD) Guy's Grocery Games
9 p.m. (FOOD) Guy's Grocery Games

THURSDAY

10 a.m. (FOOD) Food Paradise
11 a.m. (12) The Rachael Ray Show
(FOOD) Food Paradise
Noon (FOOD) Food Paradise
2 p.m. (11) The Rachael Ray Show
2:30 p.m. (FOOD) Man v. Food
4 p.m. (FOOD) Beat Bobby Flay

4:30 p.m. (FOOD) Beat Bobby Flay
5 p.m. (FOOD) Beat Bobby Flay
5:30 p.m. (FOOD) Beat Bobby Flay
6 p.m. (FOOD) Beat Bobby Flay
6:30 p.m. (FOOD) Beat Bobby Flay
7 p.m. (FOOD) Beat Bobby Flay
7:30 p.m. (FOOD) Beat Bobby Flay
8 p.m. (FOOD) Beat Bobby Flay
8:30 p.m. (FOOD) Beat Bobby Flay

FRIDAY

10 a.m. (FOOD) Food Paradise
11 a.m. (12) The Rachael Ray Show
(FOOD) Food Paradise
Noon (FOOD) Food Paradise
1 p.m. (FOOD) Diners, Drive-Ins and Dives
1:30 p.m. (FOOD) Diners, Drive-Ins and Dives
2 p.m. (11) The Rachael Ray Show
(FOOD) Diners, Drive-Ins and Dives
2:30 p.m. (FOOD) Diners, Drive-Ins and Dives
3 p.m. (FOOD) Diners, Drive-Ins and Dives
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4 p.m. (FOOD) Diners, Drive-Ins and Dives
4:30 p.m. (FOOD) Diners, Drive-Ins and Dives
5 p.m. (FOOD) Diners, Drive-Ins and Dives
5:30 p.m. (FOOD) Diners, Drive-Ins and Dives
6 p.m. (FOOD) Diners, Drive-Ins and Dives
6:30 p.m. (FOOD) Diners, Drive-Ins and Dives
7 p.m. (FOOD) Diners, Drive-Ins and Dives
7:30 p.m. (FOOD) Diners, Drive-Ins and Dives
8 p.m. (FOOD) Diners, Drive-Ins and Dives
8:30 p.m. (FOOD) Diners, Drive-Ins and Dives
9 p.m. (FOOD) Diners, Drive-Ins and Dives

SATURDAY

10 a.m. (13) QED Cooks
(FOOD) The Pioneer Woman
10:30 a.m. (13) America's Test Kitchen
From Cook's Illustrated
(FOOD) Grill Power
11 a.m. (13) Christopher Kimball's Milk Street
(24) Christopher Kimball's Milk Street
(FOOD) The Kitchen
11:30 a.m. (13) Lidia's Kitchen
Noon (13) The Great British Baking Show
(FOOD) Trisha's Southern Kitchen
12:30 p.m. (FOOD) Barefoot Contessa: Back to Basics
1 p.m. (13) Cook's Country From America's Test Kitchen
(FOOD) Guy's Grocery Games
1:30 p.m. (13) Sara's Weeknight Meals
2 p.m. (13) Flavor of Poland
(FOOD) Guy's Grocery Games
3 p.m. (FOOD) Guy's Grocery Games
3:30 p.m. (24) A Chef's Life
4 p.m. (24) The Great British Baking Show
(FOOD) Guy's Grocery Games
5 p.m. (24) Cook's Country From America's Test Kitchen
(FOOD) Guy's Grocery Games
5:30 p.m. (24) America's Test Kitchen From Cook's Illustrated
6 p.m. (FOOD) Diners, Drive-Ins and Dives
6:30 p.m. (FOOD) Diners, Drive-Ins and Dives
7 p.m. (FOOD) Diners, Drive-Ins and Dives
7:30 p.m. (FOOD) Diners, Drive-Ins and Dives
8 p.m. (FOOD) Diners, Drive-Ins and Dives
8:30 p.m. (FOOD) Diners, Drive-Ins and Dives
9 p.m. (FOOD) Diners, Drive-Ins and Dives

Morgantown Dominion Post, WV: Food Jun 21, 2020 to Jun 27, 2020

Real Talk

By Amelia Ellis
TV Media

Magic unveiled: Magicians are never supposed to reveal their secrets, but for the past six years, magician-comedy duo Penn Jillette and Raymond Teller have been breaking this code of conduct in "Penn & Teller: Fool Us." In fact, they've been exposing other magicians' secrets. Of course, it's all in good fun and in good competition. Lucky for us, we get to see more secrets revealed as the CW show was renewed for a seventh season, set to premiere on Monday, June 22.

"Penn & Teller: Fool Us" is a competition series that features magicians, but they're not just performing for our entertainment. This isn't an "America's Got Talent" for magicians, these talented people have a different goal: they're hoping to stump the hosts. In order to

win, competitors must perform an original act that judges Penn and Teller cannot figure out. After the magician performs their trick, the duo confers amongst themselves and tries to figure out how the trick was performed.

Any lucky competitor who can stump Penn and Teller wins a trip to Las Vegas and gets to be the opening act for the judges' famous show at the Rio Hotel and Casino. It's a simple concept, but the magic and comedy of the production make for big stakes, big laughs and a very big audience.

We should see the return of Alyson Hannigan ("How I Met Your Mother") this season, as she has hosted the competition since its third season back in 2016.

As we know, Penn is the mouthpiece of the duo, while Teller is the mime. However, Teller will occasionally let his voice be heard on the show, which is all

the more reason to add it to your regular viewing schedule. It's nice to know they aren't only revealing other magicians' tricks, but a few of their own as well.

You can catch the Season 7 premiere of "Penn & Teller: Fool Us" when it airs Monday, June 22, on CW.

Flavor problems: Just when you think your cooking skills couldn't get any worse, there's a Food Network show to prove you wrong. The Season 20 premiere of "Worst Cooks in America" turns kitchen catastrophes into culinary rockstars by putting contestants through its now-famous culinary boot camp when it airs Sunday, June 21, on Food Network.

"Worst Cooks in America" has aired on the speciality cable network since 2010, and it continually reveals that there is never a shortage of people who need a little extra help in the kitchen.

The show doesn't make fun of the contestants' lack of skill, though. Instead, it demonstrates how anyone can learn how to cook, even the most kitchen-illiterate among us.

This season, 14 new recruits enter the kitchen under the guidance of veteran mentor Anne Burrell ("Secrets of a Restaurant Chef") or, in an exciting new development, Iron Chef Alex Guarnaschelli ("The Best Thing I Ever Ate"). This is Guarnaschelli's first time in the "Worst Cooks" kitchen, and she and Burrell are bound to whip some cooks into shape.

Contestants are divided into two teams, and they compete in challenges for immunity from elimination. At the end of the series, the most improved contestants will cook a three-course meal for the judges. The winner receives \$25,000, and the mentor of the winning contestant gets bragging rights. We can expect to see Jamaican and Japanese



Penn Jillette, Alyson Hannigan and Raymond Teller star in "Penn & Teller: Fool Us"

cuisine-themed challenges this time around, and the resulting dishes range from cringeworthy to triumphant.

Join in on the kitchen fun in the 90-minute season premiere airing Sunday, June 21, on Food Network.

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SUNDAY DAYTIME

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JUNE 21, 2020

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SUNDAY PRIME TIME

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JUNE 21, 2020

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Sunday Best Bets



Zachary Quinto in "NOS4A2"

United We Sing: A Grammy Salute to the Unsung Heroes

Join Harry Connick Jr. and his daughter, Georgia, as they take a road trip to celebrate essential workers in this new special. The pair gets help from celebrity friends Sandra Bullock, Tim McGraw, Brad Pitt, Oprah Winfrey, Cyndi Lauper and more.

ESPY Awards

This yearly celebration of all things sports will be held remotely, hosted through conference call by NFL quarterback Russell Wilson, WNBA point guard Sue Bird and NWSL captain Megan Rapinoe. Be sure to cast your vote online before the ceremony begins.

NOS4A2

Catch up with Vic McQueen (Ashleigh Cummings) eight years after leaving Charlie Manx (Zachary Quinto) comatose and finding out she is pregnant, in the Season 2 premiere of this dark drama. Jahkara J. Smith and Ólafur Darri Ólafsson also star.

Tournament of Laughs

SNL alumnus, Jason Sudeikis, hosts this competition between upcoming comedians. Tasked with writing, producing and starring in their own comedic shorts, the audience will vote on who should move forward. In the end, a panel decides who takes the crown.

Last Week Tonight With John Oliver

Season 7 continues as John Oliver attempts to make sense of everything messy in the world, or at least make fun of it, presenting his unique brand of comedic commentary to inform viewers on recent events and shocking stories that didn't make headlines.

WEEKDAY DAYTIME

C = Comcast S1 = DISH S2 = DIRECTV

JUNE 22, 2020 TO JUNE 26, 2020

Table with columns for Channel, Time Slot, Program Name, and Viewers (S1, S2). Rows include channels like KDKA, WTAE, WDTV, WTRF, WTV, WXP, WBO, WQED, WCWB, WNPB, WVFX, WPGH, AMC, ANPL, BET, BRAVO, CMT, CNBC, CNN, COM, CSN, DISC, DISN, EI, ESPN, ESPN2, EWTN, FLIX, FNC, FOOD, Freeform, FSN, FX, GOLF, and HALL.

Stars on Screen

On the case: Matthew Rhys is 'Perry Mason'

By Michelle Rose
TV Media

On the case: TV's most prolific criminal defense lawyer is back this Sunday, June 21, in a new limited series airing on HBO. But cast aside all expectations of cross-examinations and witness-stand confessions, because this "Perry Mason" is more focused on the detective work than the court case.

It's a reboot of sorts, considering this origin story is set in 1932 Los Angeles. It stars Golden Globe winner Matthew Rhys ("The Americans") as a down-on-his-luck gumshoe version of the embattled attorney made famous by Raymond Burr. The Welsh actor also serves as series producer.

The story seems well suited to an actor of Rhys' caliber, not to mention his penchant for playing complex characters. His fedora-wearing Mason is a man haunted by wartime experiences and a broken marriage. He's living paycheck-to-paycheck in a city that seems to have escaped the worst of the Great Depression. But the case of a kidnapping gone wrong quickly exposes the cracks and corruption that have been hiding beneath Tinseltown's shiny veneer.

If you're hoping for more star power, Rhys' co-star is fellow Emmy winner John Lithgow ("The Crown"), who plays Mason's mentor and semi-regular employer. The cast also includes Tatiana Maslany ("Orphan Black") as a powerful evangelical leader with a nationwide radio audience; Chris Chalk ("Gotham") as a beat cop who gets caught up in the politically loaded case; Shea Whigham ("Modern Love") as Mason's smooth-talking assistant; and Juliet Rylance ("American Gothic") as Lithgow's legal secretary who has all the skills and drive of a modern-day CEO.

Mason and company will have eight episodes to uncover the truth before this stylishly shot whodunnit wraps in August.

Zoo lockdown: Remote working has suddenly become the norm for a lot of people in light of the COVID-19 pandemic. But imagine working from home when "home" is a world-famous zoo, and it (mostly) falls to you to take care of all the animals.

That was the situation for the Irwin family — Terri, Robert and newlyweds Bindi and Chandler — when the pandemic forced the temporary closure of the Australia Zoo. It certainly sounds chaotic, and if so, that might come

across on screen when "Crikey! It's the Irwins: Life in Lockdown" airs Saturday, June 27, on Animal Planet.

The one-hour quarantine special will offer a glimpse of the unique challenges that come with managing a 1,000-acre zoo, not to mention one of the world's busiest wildlife hospitals. The footage captured the family's response to the mandatory shutdown as they create emergency management plans to ensure the proper care and well-being of the zoo's 1,200 animals.

If you can't tune in to "Life in Lockdown," you can still follow along on social media, where fans are encouraged to use the hashtag #CrikeyIt-sTheIrwins.

Mind you, the pandemic also played a big role in the last special, "Crikey! It's the Irwins: Bindi's Wedding," which aired on April 18. What was supposed to be a big, splashy event on April 4 became more of a low-key affair when, just weeks before their big day, Bindi Irwin and fiancé Chandler Powell were forced to change their plans. Instead, the pair wed in a private ceremony on March 25 with only family (and animals) in attendance, though paparazzi flyovers reportedly forced a last-minute venue change.

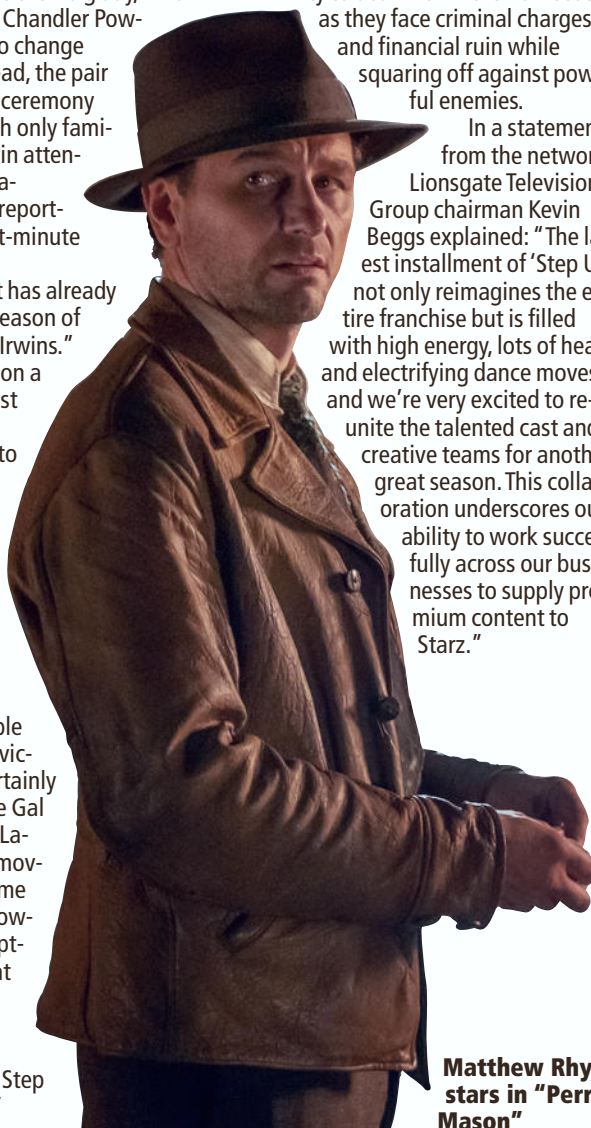
Animal Planet has already greenlit a third season of "Crikey! It's the Irwins." There's no word on a premiere date just yet, but look for the new season to debut later this year.

'Step Up' to Starz: It seems more common these days to hear about projects moving from cable to streaming services, and that's certainly the case with the Gal Gadot-led Hedy Lamarr series (it's moving from Showtime to AppleTV+). However, Starz has opted to reverse that trend, at least temporarily, by picking up the YouTube series "Step Up: High Water."

The series was based on the "Step Up" franchise that sprung from the 2006 dance film, starring Channing Tatum ("Magic Mike," 2012) and Jenna Dewan ("Supergirl"). The use of the word "was" is key here, because YouTube canceled the series in 2019 after two seasons. The cancellation can be chalked up to the online service's transition away from scripted programming. But "Step Up's" resurrection was probably helped by the fact that the series was inspired by the Lionsgate film and produced by Lionsgate Television, and Lionsgate also owns Starz.

Recording artist Ne-Yo, who is currently serving as a judge on NBC's "World of Dance," will be back in the lead role of Sage Odom, the founder of Atlanta's High Water Performing Arts School. Naya Rivera ("Glee") also returns to the role of Collette, Sage's life and business partner. And it seems the two characters are going to have plenty to deal with in the new season as they face criminal charges and financial ruin while squaring off against powerful enemies.

In a statement from the network, Lionsgate Television Group chairman Kevin Beggs explained: "The latest installment of 'Step Up' not only reimagines the entire franchise but is filled with high energy, lots of heart and electrifying dance moves, and we're very excited to reunite the talented cast and creative teams for another great season. This collaboration underscores our ability to work successfully across our businesses to supply premium content to Starz."



Matthew Rhys stars in "Perry Mason"

Late Laughs

The Late Show with Stephen Colbert

It makes sense these days that a lot of people are getting stress baked. You're already on the couch all day watching Netflix and eating beefaroni out of a can. Hey, it's COVID-420 somewhere!

I hope you had a lovely weekend. Actually, I hope you had a weekend, because that means you can differentiate the days of the week.

In South Carolina, they're opening department stores, sporting good stores and flea markets. Yes, flea markets, because there's no more comforting place to shop during a pandemic than a place named for the insect that carried the Black Plague.

The Tonight Show Starring Jimmy Fallon

When I first told people I'd be talking to a Democrat that's beating President Trump in the polls, they were like, "You're gonna have to be way more specific."

An American Airlines flight had to make an unscheduled landing after a passenger started smoking a joint. At first, all the other passengers were furious, and then not so much.

I love fall in New York City. There's nothing better than watching tourists in Central Park jump into a big pile of leaves and then realize there's a body underneath.

Jimmy Kimmel Live

The first lady took part in what they call a "happiness class" in New Delhi. Melania doesn't need a happiness class. She needs an escape plan and a grappling hook.

I got an email from Costco saying they had a package they were going to deliver today, and the window for delivery was from 9 a.m. to 4 p.m. And for the first time maybe in my life, I was like, "No problem. In fact, if you need to stretch it to six, 6:30, midnight, fine. You don't even have to let me know. I will be sitting right there. By the door. Waiting for you."

Late Night With Seth Meyers

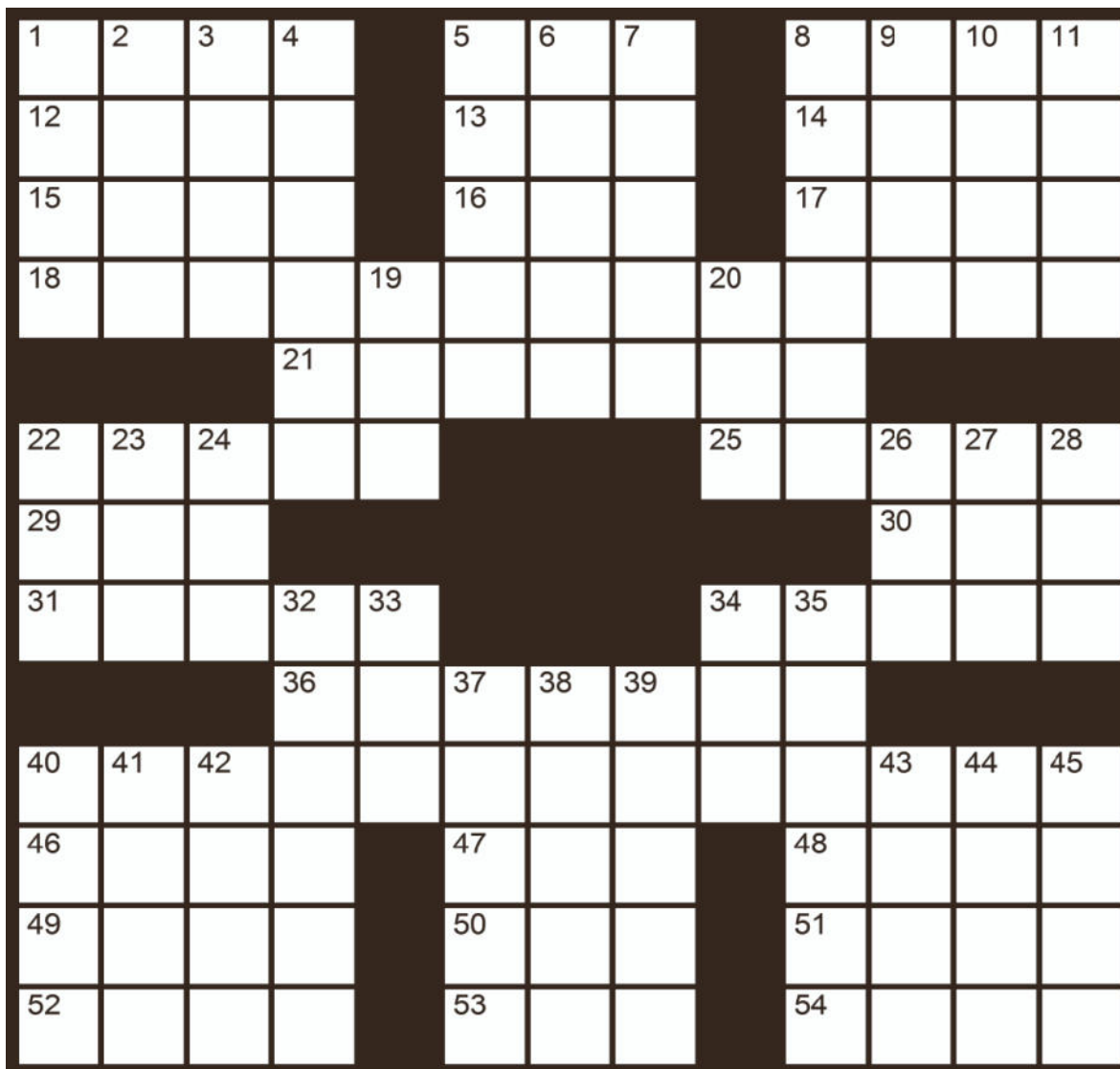
The University of Arizona announced that it will be changing its abbreviation from "UA" to "UArizona," in an attempt to differentiate itself from United Airlines. It will also differentiate itself from United Airlines by providing meals.

Officials at Harvard Law School sent a message to students to request that they stop feeding a bird that is loose in the library. "He doesn't deserve handouts," said a rich bird who got in because his dad went there.

A North Carolina woman is being accused of conspiring with her boyfriend to stage a robbery at the convenience store where she worked to get money for an engagement ring. Officials first became suspicious when she described the suspect as a 6-foot-tall male who never does the dishes.

A new study has found that Iceland is the most gender-equal country in the world. Because it turns out it's pretty hard to discriminate based on gender when everyone's wearing 12 layers.

Television Crossword



200621

© TV Media

ACROSS

- 1 1961 and 1998 romantic comedy "The Parent ___"
- 5 "9-1-1: Lone Star" star Lowe
- 8 Partner of 1 Down
- 12 Ship's frame
- 13 Genealogy TV series "Who Do You Think You ___?"
- 14 Shakespearean verb
- 15 Understanding words
- 16 Consistently find fault with
- 17 Lake not far from Niagara Falls
- 18 Former dramedy that starred Sarah Jessica Parker
- 21 High-pitched, piercing cry
- 22 Weekly talk show "Real Time With Bill ___"
- 25 2000 animated flop "___ A.E."
- 29 Stop ___ dime
- 30 Peach or plum
- 31 Reaction to the Beatles
- 34 "You're the Worst" star Chris
- 36 Advertiser on TV
- 40 Actor who stars in both "Detroit" (2017) and 8 Down
- 46 Baseball's Blue Moon
- 47 Board member: Abbr.
- 48 TV's "American ___"
- 49 Tablecloth material
- 50 First mate?
- 51 Flanders, and others
- 52 Ruler opposed by the Bolsheviks
- 53 Opposite of FF
- 54 Stress-free state

DOWN

- 4 Make content
- 5 Vacation time, briefly
- 6 Speak from a soapbox
- 7 "Chicago P.D." star Jason
- 8 Chicago-set TV drama
- 9 Spy Mata ___
- 10 Going ___ (fighting)
- 11 Unnamed others
- 19 Big name in ATMs
- 20 Outside: Prefix
- 22 Sitcom starring Anna Faris and Allison Janney
- 23 "People of Earth" star and former "SNL" cast member Gasteyer
- 24 Solo in space
- 26 Not just any
- 27 Gold: Prefix
- 28 Family tree word
- 32 Chemical relative
- 33 P.D. alert
- 34 "There but for the grace of God ___"
- 35 Regal fur
- 37 More mature
- 38 Unready for the world
- 39 Spread around
- 40 What an afternoon coffee can give you
- 41 Computer pioneer Lovelace, and others
- 42 Stimulant-yielding plant
- 43 Performance halls
- 44 Some retina cells
- 45 It may follow something

Solution on page 2

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TUESDAY PRIME TIME

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JUNE 23, 2020

	C	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	S1	S2
2	KDKA	KDKA-TV News at Six (N)	CBS Evening News (N)	Extra (N)	NCIS "No Vacancy"	FBI "Crossroads"	FBI: Most Wanted "Grudge"	KDKA News (N)	The Late Show	2	2				
4	WTAE	Pitt. Action News 4 (N)	ABC World News (N)	Inside Edition (N)	Entertainment Tonight	The Conners	The Conners	Black-ish	Mixed-ish	Genetic Det. "The Phantom of Ramsey Street" (N)	Pitt. Action News 4 (N)	Jimmy Kimmel	4	4	
5	WDTV	5 News at 6	News	Ent. Tonight	Inside Ed.	NCIS "No Vacancy"	FBI "Crossroads"	FBI: Most Wanted	5 News at 11	Colbert	-	-			
7	WTRF	7News (N)	News	Ent. Tonight	Inside Ed.	NCIS "No Vacancy"	FBI "Crossroads"	FBI: Most Wanted	News	Colbert	-	-			
9	WTOV	News 9 at 6:00 p.m. (N)	NBC Nightly News (N)	Jeopardy!	Wheel of Fortune	America's Got Talent "Auditions 5" The auditions continue. (N)	World of Dance "The Callbacks" (N)	News 9 Tonight (N)	The Tonight Show	-	-				
11	WPXI	News	NBC News	Jeopardy!	Wheel	America-Talent "Auditions 5" The auditions continue. (N)	World of Dance (N)	News	Tonight	11	11				
12	WBOY	News	NBC News	Jeopardy!	Wheel	America-Talent "Auditions 5" The auditions continue. (N)	World of Dance (N)	News	Tonight	-	-				
13	WQED	PBS NewsHour (N)	Jeopardy!	Wheel	American Masters "Toni Morrison: The Pieces I Am" Toni Morrison examines her life and works. (N)	Frontline "Opioids, Inc."	Amanpour and Company (N)	13	13						
22	WCWB	The Link	Modern Family	Black-ish	Modern Family	Chicago P.D. "Forty-Caliber Bread Crumb"	Chicago P.D. "Kasual With a K"	The Goldbergs	Black-ish	Bob's Burgers	Bob's Burgers	19	19		
24	WNPB	BBC Outside Source	BBC News America	PBS NewsHour (N)	American Masters "Toni Morrison: The Pieces I Am" Toni Morrison examines her life and works. (N)	Frontline "Opioids, Inc."	Amanpour and Company (N)	-	-						
46	WVFX	5 News at 6:00 p.m. (N)	Mom	Last Man Standing	Last Man Standing	Hell's Kitchen "Josh Josh"	To Hell & Back "Seafarer's Family Restaurant"	WVFX News at 10 (N)	Daily Mail TV (N)	The Game	The Game	-	-		
53	WPGH	The Big Bang	Two 1/2 Men	The Big Bang	Two 1/2 Men	Hell's Kitchen	To Hell and Back	Channel 11 News (N)	Seinf.	2/2	Seinfeld	53	53		
A&E	43	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48: Catch	The First 48	The First 48	Blood Lust	118	265			
AMC	63	White House Down (2013, Action) Jamie Foxx, Maggie Gyllenhaal, Channing Tatum.	White House Down (2013, Action) Jamie Foxx, Maggie Gyllenhaal, Channing Tatum.	Gladiator (2000, Epic) Joaquin Phoenix, Connie Nielsen, Russell Crowe. A Roman general becomes a gladiator when the Emperor dies and his son usurps the throne.	Gladiator (2000, Epic) Joaquin Phoenix, Connie Nielsen, Russell Crowe. A Roman general becomes a gladiator when the Emperor dies and his son usurps the throne.	Gladiator (2000, Epic) Joaquin Phoenix, Connie Nielsen, Russell Crowe. A Roman general becomes a gladiator when the Emperor dies and his son usurps the throne.	Gladiator (2000, Epic) Joaquin Phoenix, Connie Nielsen, Russell Crowe. A Roman general becomes a gladiator when the Emperor dies and his son usurps the throne.	Star Trek	130	254					
ANPL	40	A. Bush People: Grit	A. Bush People: Grit	A. Bush People: Grit	A. Bush People: Grit	Homestead Rescue	Homestead Rescue	184	282						
BET	61	To Be Announced	To Be Announced	Why Did I Get Married Too?	Why Did I Get Married Too? ('10, Comedy) Sharon Leal, Tyler Perry, Janet Jackson.	875	329								
BRAVO	57	Million Dollar List	Million Dollar List	Million Dollar List	Million Dollar List (N)	Watch What Happened	Million Dollar List "Razor's Edge"	129	237						
CMT	82	Last Man St.	Last Man St.	Last Man St.	Mom	Mom	Mom	166	327						
CNBC	45	Mad Money	CNBC Special Report	Shark Tank	Shark Tank	Shark Tank	The Profit "Los Gemelos"	208	355						
CNN	32	The Situation Room	OutFront	Anderson Cooper 360	Cuomo Prime Time	CNN Tonight	CNN Tonight	200	202						
COM	51	The Office	The Office	Daily Show	The Office	The Office	Drunk	107	249						
CSN	-	Lunch Talk Live	To Be Announced	To Be Announced	TravelGolf	To Be Announced	424	642							
DISC	53	Deadliest Catch	Deadliest Catch: On Deck "Harm's Way"	Deadliest Catch (N)	Monster Garage "Chop Shop" (SP) (N)	To Be Announced	Deadliest Catch	182	278						
DISN	41	Jessie "A Close Shave"	Raven's Home	Teen Beach Movie (2013, Family) Maia Mitchell, Ross Lynch.	Teen Beach Movie 2 (2015, Family) Maia Mitchell, Grace Phipps, Ross Lynch.	Sydney to the Max	Sydney/Coop & Cami	Coop & Cami	172	290					
EI	98	The Wedding Planner ('01) Matthew McConaughey, Jennifer Lopez.	Sweet Home Alabama ('02) Candice Bergen, Reese Witherspoon.	Sweet Home Alabama ('02) Candice Bergen, Reese Witherspoon.	Sweet Home Alabama ('02) Candice Bergen, Reese Witherspoon.	Sweet Home Alabama ('02) Candice Bergen, Reese Witherspoon.	Sweet Home Alabama ('02) Candice Bergen, Reese Witherspoon.	CFDA	Sex & City	114	236				
ESPN	35	SportsCenter (N)	ESPN Documentaries	Boxing	Boxing	Boxing	SportsCenter (N)	140	206						
ESPN2	36	ITF Tennis Classics 2017 Australian Open	FIFA Soccer Classics Bra./USA	Main Event	UFC Main Event (N)	Main Event	144	209							
EWTN	265	EWTN News	Real Life	Daily Mass	Mother Angelica Live	EWTN News	Holy Rosary	Scripture (P)	Cross	Women	261	370			
FLIX	235	The China Syndrome ('79) Jane Fonda.	Serpico ('73) Tony Roberts, Al Pacino.	The Bank Job ('08) Saffron Burrows, Jason Statham.	The Bank Job ('08) Saffron Burrows, Jason Statham.	The Bank Job ('08) Saffron Burrows, Jason Statham.	The Bank Job ('08) Saffron Burrows, Jason Statham.	333	557						
FNC	33	Special Report	The Story	Tucker Carlson Tonight	Hannity	The Ingraham Angle	Fox News @ Night	205	360						
FOOD	39	Chopped	Chopped	Chopped "Soda Flop"	Chopped (N)	Supermarket Stakeout (N)	Chopped "Leap Of Faith"	110	231						
Freeform	50	Shrek	Despicable Me ('10) Steve Carell.	Despicable Me 2 ('13) Kristen Wiig, Steve Carell.	Despicable Me 2 ('13) Kristen Wiig, Steve Carell.	The 700 Club	180	311							
FSN	37	Pirates Ball	Pirates Ball	MLB Baseball Classics Cincinnati Reds vs. Pittsburgh Pirates April 14, 2013	Pirates Ball	Pirates Ball	Fight: Kickboxing	-	-						
FX	47	Spy ('15) Jude Law, Rose Byrne, Melissa McCarthy.	Jumanji: Welcome to the Jungle ('17) Dwayne Johnson.	Jumanji: Welcome to the Jungle ('17) Dwayne Johnson.	Jumanji: Welcome to the Jungle ('17) Dwayne Johnson.	Jumanji: Welcome to the Jungle ('17) Dwayne Johnson.	Jumanji: Welcome to the Jungle ('17) Dwayne Johnson.	136	248						
GOLF	38	Golf Central (N)	School Golf	Skill Code	Golf Highlights	Golfer	Golfer	Golf Highlights	Golf Central	401	218				
HALL	255	Love and Sunshine ('19) Mark Deklin, Danica McKellar.	Love Under the Olive Tree ('20) Tori Anderson.	Love Under the Olive Tree ('20) Tori Anderson.	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	185	312				
HBO	201	Yvonne Orji: Mamma, I Made It	Ford V. Ferrari ('19, Dra) Christian Bale, Jon Bernthal, Matt Damon.	Real Sports (N)	Perry Mason	300	501								
HBO2	202	Godzilla: King of the Monsters Kyle Chandler.	Perry Mason (P) (N)	Last Week	John Wick: Chapter 3 - Parabellum	Keanu Reeves.	Joker ('19)	301	502						
HGTV	58	Good Bones	Good Bones	Good Bones (N)	Good Bones (N)	House Hunt.	House	House Hurry	House Hunt.	112	229				
HIST	31	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	120	269						
LIFE	29	Grey's Anatomy	Grey's Anatomy	Grey's Anatomy	Grey's Anatomy	Grey's Anatomy	Grey's Anatomy	108	252						
MAX	270	Reclaim ('14) Rachele Lefevre, Ryan Phillippe.	Pathfinder ('07) Karl Urban.	Robin Hood ('18) Jamie Dornan, Taron Egerton.	Trackers	310	515								
MMAX	271	The Rundown	Replicas ('18) Alice Eve, Keanu Reeves.	Mystery, Alaska ('99) Hank Azaria, Russell Crowe.	A Good Year	312	517								
MSNBC	266	The Beat With Ari Melber	Decision 2020	All in With Chris Hayes	The Rachel Maddow Show	The Last Word	The 11th Hour	209	356						
MTV	49	Catfish: The TV Show	Catfish: The TV Show	Siesta Key	Siesta Key	Ridiculous	Ridiculous	Ridiculous	Ridiculous	160	331				
NICK	42	Casagrandes	Loud House	SpongeBob	SpongeBob	Young Dylan	SpongeBob	SpongeBob	SpongeBob	170	299				
PARMT	59	Two 1/2 Men	Two 1/2 Men	Two 1/2 Men	To Be Announced	Ink Master	To Be Announced	168	241						
SHO	221	Road House ('89) Sam Elliott, Patrick Swayze.	Ray Donovan "Fite Nite"	City on a Hill	The Loudest Voice "1995"	Drive Angry	318	545							
SHO2	222	The Sixth Sense	Ode to Joy ('19) Melissa Rauch, Morena Baccarin.	Something's Gotta Give ('03) Jack Nicholson.	Under the Tuscan Sun	320	547								
SYFY	54	The Mummy (1999, Adventure) Rachel Weisz, John Hannah, Brendan Fraser.	Law Abiding Citizen ('09) Gerard Butler, Jamie Foxx.	Futurama	122	244									
TBS	34	Family Guy	Family Guy	The Big Bang	The Big Bang	The Big Bang	The Big Bang	Celebrity Show-Off (P) (N)	Conan	Celebrity	139	247			
TCM	141	Pat and Mike ('52) Spencer Tracy.	I Was a Male War Bride ('49) Cary Grant.	The Man Who Came to Dinner	Monty Woodley.	132	256								
TLC	52	90 Day Fiancé	Sweet Home Sextuplets	OutDaughtered	OutDaughtered (N)	Sweet Home Sextuplets (N)	Counting On	183	280						
TNT	56	The Fast and the Furious: Tokyo Drift	Lucas Black.	Fast and Furious ('09) Paul Walker, Vin Diesel.	Non-Stop ('14) Julianne Moore, Liam Neeson.	138	245								
TOON	83	AppOn/AppOn	Gumball	BareBear	Amer. Dad	Amer. Dad	Amer. Dad	Rick & Morty	Bob's Burgers	Bob's Burgers	Family Guy	Family Guy	176	296	
TRAV	46	Ghost Adventures	Ghost Adventures	Ghost Adventures "Voices of the Dead" (N)	Ghost Adventures "Abandoned Spirits"	215	277								
TRUTV	259	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Tirdy Works	Imp. Jokers	Imp. Jokers	204	246			
TVLAND	60	A. Griffith	A. Griffith	A. Griffith	Love's Ray	Love's Ray	Love's Ray	Two 1/2 Men	Two 1/2 Men	King-Queens	King-Queens	106	304		
USA	55	Law & Order: S.V.U.	Law & Order: S.V.U.	"Exile"	Law & Order: S.V.U.	Law & Order: S.V.U.	Law & Order: S.V.U.	Dirty John (N)	Law & Order: S.V.U.	105	242				
VH1	48	Wild 'N Out	Wild 'N Out	Wild 'N Out	Wild 'N Out	Wild 'N Out	Wild 'N Out	Wild 'N Out	Wild 'N Out	Wild 'N Out	Wild 'N Out	162	335		
WE	140	Law & Order "Shield"	Law & Order "Juvenile"	Law & Order "Tabula Rasa"	Law & Order "Empire"	Law & Order "Ambitious"	Law & Order "Refuge" 1/2	128	260						
WGN	27	Blue Bloods "Mind Games"	Grown Ups ('10) Kevin James, Adam Sandler.	There's Something About Mary ('98) Cameron Diaz, Ben Stiller.	Married	239	307								
TMC	351	The Hummingbird Project ('18) Jesse Eisenberg.	The Usual Suspects ('95) Kevin Spacey.	Donnie Brasco ('97) Johnny Depp, Al Pacino.	327	554									

Tuesday Best Bets



CeCe Moore is "The Genetic Detective"

Face Off

(SYFY) 9 a.m.

Relive this unique competition series' final season, as 12 fan-favorite artists return for an epic battle royale. Doug Jones acts as a guest judge while the contestants are tasked with recreating characters in the style of Guillermo del Toro.

The Genetic Detective

(4) 10 p.m.

Genetic genealogist CeCe Moore uses her unique research skills and crime scene DNA to change the crime-solving landscape in this show. She explains how her work has been used in various cases to track down violent criminals and solve crimes.

The Loudest Voice

(SHD) 10 p.m.

Russell Crowe stars as Roger Ailes in this drama based on Gabriel Sherman's best-seller. In the premiere episode, Ailes joins forces with media magnate Rupert Murdoch (Simon McBurney) to create the conservative-leaning Fox network. Naomi Watts also stars.

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Movie Zone

SUNDAY

- 8 a.m.** (AMC) **Ocean's Eleven** ★★★ (Cri, '01) George Clooney, Brad Pitt. A gang of thieves devise a plan to rob an underground vault that serves three casinos. (2h45)
- (SYFY) **Dark Skies** ★★★ (Hor, '13) Keri Russell, Josh Hamilton. A series of terrifying events disrupts a peaceful suburban family's life. (2h09)
- 8:15 a.m.** (SHO2) **Close Encounters of the Third Kind** ★★★★★ (Sci-Fi, '77) Richard Dreyfuss, Teri Garr. An electrical lineman tries desperately to understand his close encounter with a UFO. (2h15)
- (TMC) **Bridget Jones's Diary** ★★★ (Com, '01) Renée Zellweger, Colin Firth. A woman decides to keep a diary about her dating, drinking, dieting and revelations. (1h45)
- 9 a.m.** (WGN) **The Bourne Identity** ★★★ (Act, '02) Matt Damon, Franka Potente. An amnesiac tries to piece together his mysterious past while eluding unknown assassins. (2h30)
- 9:10 a.m.** (Freeform) **The Game Plan** ★★★ (Fam, '07) Dwayne Johnson, Madison Pettis. A quarterback's bachelor lifestyle is put on hold when he discovers he has a daughter. (2h40)
- 9:30 a.m.** (MAX) **Sanctum** ★★★ (Act, '11) Rhys Wakefield, Christopher Baker. While exploring the least accessible cave in the world, a dive team experiences a crisis. (1h50)
- 10 a.m.** (TCM) **Underworld U.S.A.** ★★★ (Cri, '61) Cliff Robertson, Dolores Dorn. A son witnesses his father's murder and vows revenge when the killers become mob bosses. (2h)
- 10:30 a.m.** (SHO2) **Unforgiven** ★★★ (West, '92) Clint Eastwood, Gene Hackman. A retired assassin hunts down renegade cowboys to avenge the brutal rape of a prostitute. (2h15)

- 11:30 a.m.** (TBS) **Thor: Ragnarok** ★★★ (Act, '17) Chris Hemsworth, Cate Blanchett. Thor is joined by old allies and enemies to battle the goddess of death and save Asgard. (2h45)
- (WGN) **The Bourne Supremacy** ★★★ (Act, '04) Matt Damon, Franka Potente. A former assassin from a top secret project is framed for a botched CIA operation. (2h)
- 11:50 a.m.** (Freeform) **Despicable Me** ★★★ (Ani, '10) Voices of Steve Carell, Jason Segel. A criminal mastermind uses three orphans in his grand scheme to steal the moon. (2h05)
- Noon** (TCM) **A Family Affair** ★★★ (Com, '36) Lionel Barrymore, Mickey Rooney. A small-town judge fights for re-election while dealing with family problems. (1h30)
- (TMC) **Traitor** ★★★ (Dra, '08) Don Cheadle, Guy Pearce. Clayton tracks Horn around the world to discover the truth. (2h)
- 1 p.m.** (FLIX) **Dan in Real Life** ★★★ (Com, '07) Steve Carell, Juliette Binoche. A single father meets his dream woman only to learn she is his brother's new girlfriend. (1h45)
- (TNT) **Maleficent** ★★★ (Adv, '14) Angelina Jolie, Elle Fanning. A vengeful fairy curses a newborn princess, who may in fact be the key to restoring peace. (2h)
- (MAX) **I, Robot** ★★★ (Sci-Fi, '04) Will Smith, Bridget Moynahan. In 2035, a Chicago detective investigates a robot's role in the death of a scientist. (1h58)
- 1:30 p.m.** (A&E) **Predators** ★★★ (Sci-Fi, '10) Adrien Brody, Topher Grace. A group of elite warriors are hunted by a merciless alien race through the jungle. (2h)
- (COM) **Blended** ★★★ (Com, '14) Adam Sandler, Drew Barrymore. After an awful blind date, two single parents find themselves stuck together at a resort. (2h30)

- (TCM) **Our Vines Have Tender Grapes** ★★★★★ (Dra, '45) Margaret O'Brien, Agnes Moorehead. A Norwegian farmer tries to raise two children in the Midwest. (2h)
- (WGN) **The Bourne Ultimatum** ★★★ (Act, '07) Matt Damon. As government agents continue to track him down, Jason Bourne searches for his identity. (2h30)
- 2 p.m.** (TMC) **Donnie Brasco** ★★★ (Cri, '97) Al Pacino, Johnny Depp. An undercover FBI agent infiltrates the mob and finds himself identifying with the Mafia. (2h10)
- 2:15 p.m.** (TBS) **Black Panther** ★★★ (Act, '18) Chadwick Boseman, Michael B. Jordan. Black Panther teams up with a CIA agent to protect his kingdom and prevent a war. (3h)
- 2:50 p.m.** (SHO2) **Seven** ★★★ (Thrill, '95) Morgan Freeman, Brad Pitt. Detectives pursue a serial killer whose crimes embody the Bible's seven deadly sins. (2h10)
- 3 p.m.** (E) **Jurassic Park** ★★★ (Sci-Fi, '93) Sam Neill, Laura Dern. Genetically re-created dinosaurs break out of captivity and wreak havoc in a theme park. (3h)
- 3:30 p.m.** (A&E) **The Transporter** ★★★ (Act, '02) Jason Statham, Shu Qi. An outlaw finds his life becoming all the more dangerous when he turns against criminals. (2h)
- (TCM) **The Entertainer** ★★★ (Dra, '60) Laurence Olivier, Joan Plowright. A third-rate performer uses liquor and women to escape the pressures of life. (2h)
- 3:45 p.m.** (AMC) **National Lampoon's Vacation** ★★★ (Com, '83) Chevy Chase, Beverly D'Angelo. A family embarks on an all-American summer vacation filled with comical mishaps. (2h)
- 4 p.m.** (MAX) **The Mule** ★★★ (Cri, '18) Clint Eastwood, Bradley Cooper. A destitute old man becomes a drug mule for a Mexican cartel in order to make ends meet. (2h01)
- (VHT) **Hitch** ★★★ (Com, '05) Will Smith, Eva Mendes. While helping his latest client, a professional date doctor falls for a journalist. (3h)
- 4:10 p.m.** (MMAX) **Widows** ★★★ (Cri, '18) After their husbands are killed in a heist, three widows decide to finish the job. (2h10)
- 4:30 p.m.** (SYFY) **Speed** ★★★ (Act, '94) Keanu Reeves, Sandra Bullock. An officer must save trapped passengers when a mastermind plants a bomb on a city bus. (2h30)
- 5:15 p.m.** (TBS) **Thor: Ragnarok** ★★★ (Act, '17) Chris Hemsworth, Cate Blanchett. See 11:30 AM (2h45)
- 5:30 p.m.** (TCM) **The Courtship of Eddie's Father** ★★★ (Com/Dra, '63) Glenn Ford, Shirley Jones. A nine-year-old boy cleverly plots to find the perfect wife for his widowed father. (2h30)
- 6 p.m.** (PARMT) **Jack Reacher** ★★★ (Act, '12) Tom Cruise, Rosamund Pike. An investigator unravels disturbing details pertaining to a homicide relating to a sniper. (3h)
- (TNT) **Wonder Woman** ★★★ (Act, '17) Gal Gadot, Chris Pine. A warrior princess leaves

- her home with a crashed pilot to help end the First World War. (3h)
- 6:10 p.m.** (Freeform) **Coco** ★★★ (Ani, '17) Benjamin Bratt, Anthony Gonzalez. A boy from a family that forbids music journeys through the colorful Land of the Dead. (2h30)
- 6:15 p.m.** (FLIX) **50/50** ★★★ (Com/Dra, '11) Joseph Gordon-Levitt, Seth Rogen. A 27-year-old comes to terms with his life after being diagnosed with spinal cancer. (1h45)
- 6:20 p.m.** (HBO) **Ford V. Ferrari** ★★★ (Dra, '19) Matt Damon, Christian Bale. A designer and a race car driver try to build Ford a race car that can beat Ferrari. (2h40)
- 6:30 p.m.** (COM) **Blended** ★★★ (Com, '14) Adam Sandler, Drew Barrymore. See 1:30 PM (2h30)
- 7 p.m.** (SYFY) **John Wick** ★★★★★ (Act, '14) Keanu Reeves, Adriane Palicki. When Russian mobsters kill his beloved dog, an ex-hit man sets out to exact vengeance. (2h)
- 7:45 p.m.** (AMC) **National Lampoon's Christmas Vacation** ★★★ (Com, '89) Chevy Chase, Beverly D'Angelo. A man plays host to numerous dysfunctional relatives during the Christmas holidays. (2h15)
- 8 p.m.** (FLIX) **Dan in Real Life** ★★★ (Com, '07) Steve Carell, Juliette Binoche. See 1:00 PM (1h45)
- (EX) **Blockers** ★★★ (Com, '18) John Cena, Leslie Mann. Three parents try to stop their daughters from losing their virginity on prom night. (2h)
- 8:05 p.m.** (SHO2) **Close Encounters of the Third Kind** ★★★★★ (Sci-Fi, '77) Richard Dreyfuss, Teri Garr. See 8:15 AM (2h15)
- (TCM) **Life With Father** ★★★★★ (Com/Dra, '47) William Powell, Irene Dunne. A story about growing up in New York with a loving but eccentric father and his wife. (2h15)
- (TMC) **Traitor** ★★★ (Dra, '08) Don Cheadle, Guy Pearce. See 12:00 PM (2h)
- 8:45 p.m.** (HBO2) **Chocolat** ★★★ (Rom, '00) Juliette Binoche, Johnny Depp. A mother and daughter open a chocolate shop in a small conservative French village. (2h05)
- 9 p.m.** (SYFY) **John Wick: Chapter 2** ★★★★★ (Act, '17) Keanu Reeves, Common. Forced out of retirement, John Wick heads to Rome to face off against deadly killers. (2h30)
- 9:45 p.m.** (FLIX) **A Better Life** ★★★ (Dra, '11) Demian Bichir, Jose Julian. A gardener struggles to keep his son away from gangs and immigration agents. (1h45)
- 10 p.m.** (CMT) **The Lincoln Lawyer** ★★★ (Dra, '11) Matthew McConaughey, Marisa Tomei. A lawyer conducts business from his car while representing a high-profile client. (3h)
- (EX) **Blockers** ★★★ (Com, '18) John Cena, Leslie Mann. See 8:00 PM (2h)

MONDAY

- 9 a.m.** (HBO) **Loving** ★★★ (Bio, '16) Joel Edgerton, Ruth Negga. Richard and Mildred Loving, an interracial couple, fight for their right to be married. (2h05)
- (SYFY) **Power Rangers** ★★★ (Act, '17) Dacre Montgomery, RJ Cyler. Five teens must harness their new abilities when the Earth is attacked by a witch. (2h30)
- 9:10 a.m.** (TMC) **The Nines** ★★★ (Dra, '07) Ryan Reynolds, Hope Davis. A star under house arrest impacts the lives of his spirited publicist and a neighbor. (1h50)
- 9:15 a.m.** (SHO) **Official Secrets** ★★★ (Bio, '19) Keira Knightly, Matt Smith. A British whistleblower leaks a government memo to the press. (2h)
- (TCM) **Double Indemnity** ★★★★★ (Cri, '44) Barbara Stanwyck, Fred MacMurray. A woman seduces an agent into murdering her husband to collect his insurance policy. (2h)

- 9:30 a.m.** (FLIX) **Seraphim Falls** ★★★ (West, '06) Liam Neeson, Pierce Brosnan. A military colonel from the Civil War hunts for a soldier with a tragic secret. (2h)
- (SHO2) **The Birdcage** ★★★ (Com, '96) Robin Williams, Gene Hackman. A man is asked to hide his lifestyle when his son brings his fiancée's family to dinner. (2h)
- 11:05 a.m.** (HBO) **Aquaman** ★★★ (Act, '18) Jason Momoa, Amber Heard. A man learns that he is the half-human, half-Atlantean heir to an undersea kingdom. (2h25)
- 11:15 a.m.** (TCM) **The Seven Year Itch** ★★★★★ (Com, '55) Marilyn Monroe, Tom Ewell. A married man whose wife is on vacation falls for the blonde bombshell upstairs. (2h)
- 11:30 a.m.** (AMC) **Summer Rental** ★★★ (Com, '85) John Candy, Rip Torn. An air-traffic controller takes a vacation where everything is out of control. (2h)
- (SHO2) **Grosse Pointe Blank** ★★★ (Com, '97) John Cusack, Dan Aykroyd. A hitman returns home to do a little business and attend his high school reunion. (1h50)
- 1 p.m.** (VHT) **Hitch** ★★★ (Com, '05) Will Smith, Eva Mendes. See Sunday at 4:00 PM (3h)
- (TMC) **Stranger Than Fiction** ★★★ (Com, '06) Will Ferrell, Dustin Hoffman. An IRS agent begins to hear his life being narrated by a voice only he can hear. (2h)
- 1:15 p.m.** (TCM) **Love in the Afternoon** ★★★★★ (Rom, '57) Gary Cooper, Audrey Hepburn. A playboy is captivated by the daughter of a detective. (2h15)
- 1:20 p.m.** (SHO2) **The Usual Suspects** ★★★ (Cri, '95) Kevin Spacey, Gabriel Byrne. The sole survivor of a drug deal gone wrong recounts the events that led to an explosion. (1h50)
- 1:30 p.m.** (AMC) **National Lampoon's Vacation** ★★★ (Com, '83) Chevy Chase, Beverly D'Angelo. See Sunday at 3:45 PM (2h)
- 3 p.m.** (TMC) **Election** ★★★ (Com, '99) Matthew Broderick, Reese Witherspoon. A conflicted teacher opposes an overachiever running for student council president. (1h45)
- 3:30 p.m.** (TCM) **Some Like It Hot** ★★★ (Com, '59) Jack Lemmon, Marilyn Monroe. Two musicians on the run from gangsters masquerade as members of an all-girl band. (2h15)
- 4 p.m.** (MAX) **White Oleander** ★★★ (Dra, '02) Michelle Pfeiffer, Renée Zellweger. A teenager goes through a series of foster homes when her mother is imprisoned. (1h50)
- 4:30 p.m.** (FLIX) **The Big Chill** ★★★ (Com/Dra, '83) Glenn Close, Kevin Kline. Former college friends ponder their lives when they are reunited at a friend's funeral. (1h45)
- 5 p.m.** (Freeform) **Ice Age** ★★★ (Ani, '02) Voices of Ray Romano, John Leguizamo. A sloth, a sabre-tooth tiger, and a mammoth set out to return a human infant to his tribe. (2h)
- (SHO) **Hustlers** ★★★ (Dra, '19) Constance Wu, Jennifer Lopez. A group of New York strippers turn the tables on their wealthy Wall Street clients. (2h)
- (SHO2) **The Grey** ★★★ (Act, '11) Liam Neeson, Dermot Mulroney. After their plane crashes in Alaska, seven men must fight the elements for survival. (2h)
- 5:15 p.m.** (TNT) **Pain and Gain** ★★★ (Cri, '13) Mark Wahlberg, Dwayne Johnson. A man and two friends resort to kidnapping and extortion to have the American dream. (2h45)
- 6 p.m.** (HBO2) **Yesterday** ★★★ (Com, '19) Himesh Patel, Lily James. A man realizes he is the last person on Earth who remembers the Beatles. (1h59)
- 6:30 p.m.** (SYFY) **John Wick: Chapter 2** ★★★★★ (Act, '17) Keanu Reeves, Common. See Sunday at 9:00 PM (2h30)

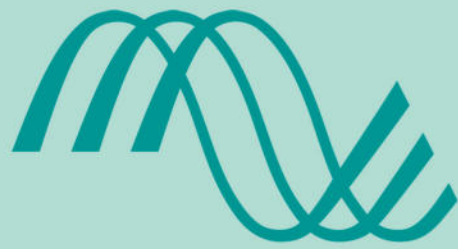
Sudoku

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