By Jim Bissett
djbisset@dailystarnews.com

That grocery receipt in Rabbi Stirling’s hand a couple of weeks back was a revelation. It showed that he made it through self-checkout — without ringing up the same item twice.

New, the leader of Morgantown’s Tree of Life Congregation ventures out wearing fashionable yarmulkes for yarmulkes from his synagogue gone by. “You do what you need to do to keep people safe,” he said Tuesday as he readied for Passover. Today marks the eight-day observance of the biblical Passover, commemorated for its symbolic-Plateau ritual of bitter herbs and unleavened bread. "These days, it's the COVID-19 pandemic keeping people isolated by the virus, which can be fatal. That's why today's Passover services at the synagogue on South High will be especially meaningful,” Stirling said. Congregants won't be there, but the rabbi will. A minimalist version of the celebration will be live-streamed five nights, including Tuesday night, on the synagogue’s Facebook page.

For stroke survivors, rehabilitation can be one of the most important parts of recovery. Our hospital offers innovative, customized therapy programs to improve function and strength, getting patients back into the community for the activities they love most.

Learn more at ehc.rehab/cms20
COVID-19

that to the previous conditions continue to take place. ’It really is making a difference.

Our power is our ability toCraig our disease from staying away from one another.

Nationally he said, the positive test rate is 13.1%. And the difference isn’t because ‘we’re better’ or ‘we’re able to do more. ’It is because a percentage of people, like any other country, have COVID-19.

The three counties with the highest positive test rates are Kanawha, 4%; Monongalia, 3.7%; and Marshall, 3.5%. The percent tested compared to the total population of West Virginia is still relatively low, he said. Because of the ongoing challenge, it is impossible to be 100% accurate.

Dr. Larry Chesnut, West Virginia secretary of Health and Human Resources, said the state is still preparing for a possible peak. He said the hospital in Charleston in Christian County, which is a public health system, is preparing other hospitals. WVU Medicine has referred a team to the hospital to prepare the public for the pandemic in the US. The team will be in place to help the hospitals and the state.

Around the US, the number of confirmed cases continues to rise. The state of Virginia has reported 14,659 cases and 502 deaths since March 1. The state is the 7th most populous state in the US.

The US has reported more than 650,000 cases and 30,000 deaths since January 20. The World Health Organization has reported more than 1.7 million cases and 100,000 deaths worldwide since December 31.

On Wednesday, April 8, West Virginia announced that it had received an additional $30 million in federal funding to help with the COVID-19 pandemic. The state said it would use the money for testing, contact tracing, and medical supplies.

The funding is part of a $2.2 trillion coronavirus relief package passed by Congress in March. West Virginia Governor Jim Justice said the state had been working to secure additional funding to help with the pandemic.

With the additional funding, the state said it would be able to conduct more tests and contact more people who have tested positive for COVID-19.

The funding will also be used to provide personal protective equipment for health care workers and to support the state’s emergency management infrastructure.

Justice said the state is working to ensure that the funding is used effectively and transparently.

The state also announced that it had received an additional $300 million in federal funding to help with the pandemic. The funding is part of a second round of coronavirus relief funding passed by Congress in March.

West Virginia has reported more than 6,000 cases of COVID-19 and 100 deaths since March 1. The state has gradually lifted restrictions on businesses and activities in recent weeks.

The state has also implemented a number of measures to help contain the spread of the virus, including mandatory mask-wearing, social distancing, and contact tracing.

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The Latest: New York City Sees Fewer Pit Bulls; New Delhi Sees First Drop

COVID-19

Virus deaths exceed 4,000, tolling off 9/11 attacks

By ANNA攝

New York City’s death toll from the pandemic has surpassed that of the Sept. 11 attacks, having killed at least 2,730 people in the city while also inflicting far more fatalities on the metropolitan area, which includes parts of Long Island, New Jersey and Connecticut.

CRIME

Nation

Two sexual assault cases lead to arrests

NEW YORK — Two sexual assault cases lead to the arrest of New York City’s top sex crime enforcer, who is set to take the witness stand in court this week.

A New York City trial is expected to start this week in the case of a 65-year-old man accused of raping a 13-year-old girl in a high-rise apartment in the city’s West Village neighborhood.

New York City’s top sex crime enforcer, the 65-year-old man accused of raping a 13-year-old girl in a high-rise apartment in the city’s West Village neighborhood, is set to take the witness stand in court this week.

BUSINESS

Sheetz launches new SHcan & Go! option at all locations

PITTSBURGH — Sheetz, an 18-state convenience store chain, announced Wednesday that it has launched a new convenience option at all of its locations.

The “SHcan & Go!” option allows customers to scan and pay for their purchases using the Sheetz app when in store, or online, 24/7.

According to the company, the option will continue to look for ways to serve customers and grow their business.

“Sheetz has been innovating with the customer in mind for over 50 years,” Sheetz CEO Kevin H. Sheetz Jr. said. “One of our customers, for example, is a mom who has three children. She used to have to leave her house for hours to get gas, groceries and other necessities. Now, she can buy these items at Sheetz and get them at her own convenience, without leaving her house.”

CRIME

Passover

A virtual seder will come to the Cohen’s of Morgantown this Passover.

When the Cohen kids were young, they’d spend hours sitting around the seder table waiting for their dad to tell them the story of the Israelites’ escape from Egypt.

This year, however, they’ll be too busy with their kids and jobs to think about the story too much.

But for the Cohen family, the story is still important.

For one thing, it’s the story of their ancestors.

And for another, it’s a story of struggle and survival.

So when the Cohen family decided to have a virtual seder this year, they knew they had to make it special.

They invited friends and family to join them via Zoom, and they prepared a traditional Passover menu, including bitter herbs, matzah, and other symbolic foods.

While the seder was virtual, the Cohen family still felt the meaning of the story.

“Even though we can’t be together in person, we’re still able to connect through the story,” said Cohen.

For the Cohen family, Passover is a time to reflect on their ancestors and their struggles, and to remember the importance of family and community.

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Staying positive vs. focusing on the negative:

A new study has shown that focusing on the positive aspects of life, even in the midst of challenges, can lead to better mental health outcomes. The research, conducted by psychologists at the University of California, San Diego, found that individuals who focus on positive aspects of their lives, such as gratitude and hope, experience lower levels of stress and anxiety, and higher levels of well-being.

The study involved a group of 100 participants who were asked to complete a daily journal for three weeks. The participants were divided into two groups: one group was asked to focus on positive aspects of their lives, while the other group was asked to focus on negative aspects of their lives.

The results showed that the group that focused on positive aspects of their lives experienced lower levels of stress and anxiety, and higher levels of well-being, than the group that focused on negative aspects of their lives. In addition, the group that focused on positive aspects of their lives showed a greater sense of purpose and meaning in their lives.

The researchers believe that focusing on positive aspects of life can help individuals to maintain their mental health, even in the face of difficult circumstances. They also suggest that focusing on positive aspects of life can be a valuable tool for individuals who are coping with stress or anxiety.

The study’s findings have important implications for mental health care, as they suggest that focusing on positive aspects of life can be an effective way to improve mental health outcomes. The researchers also suggest that health care providers can use these findings to develop new interventions that focus on promoting positive aspects of life, as a way to improve mental health outcomes.
**Pandemic setbacks for folk artists from 50 nations**

By Santra Corley

This year, many artists and arts organizations were preparing for the 2020 Smithsonian Folklife Festival, scheduled to be held on the National Mall in Washington, D.C., from June 29 to July 12. This year marks the 50th anniversary of the festival, which celebrates the diversity of the world’s living cultural expressions and traditions. But due to the COVID-19 pandemic, plans for the festival were put on hold.

The festival is usually held in June, but this year it was postponed to August, and then it was canceled altogether. The festival is a major event for folk artists and arts organizations from around the world, providing a platform for them to showcase their cultural practices and receive recognition for their work.

According to Santra Corley, a Smithsonian Folklife Festival planner, the pandemic has had a significant impact on the festival, and the decision to cancel it was made after careful consideration.

"The pandemic has had a significant impact on the festival," Corley said. "We had to make a difficult decision to cancel the festival, but it was necessary to ensure the safety of our participants and the public."}

**COVID-19**

The festival’s cancellation was a major setback for folk artists and arts organizations from around the world. Many of them had spent months preparing for the festival, and the cancellation has had a significant impact on their livelihoods.

"The cancellation of the festival has had a significant impact on our livelihoods," said a folk artist from one of the participating countries. "We had been looking forward to this festival for months, and now it’s gone. It’s been a tough blow."
Today is Wednesday, April 8, the 99th day of 2020. There are 267 days left in the year.

Highlight:
In 1864, the United States Senate passed, 38-6, the 13th Amendment to the U.S. Constitution abolishing slavery. (The House of Representatives passed it in January 1865; the amendment was ratified and adopted in December 1865.)

On this date:
In 1974, Hank Aaron of the Atlanta Braves hit his 715th career home run in a game against the Los Angeles Dodgers, breaking Babe Ruth’s record.

In 1994, Kurt Cobain, singer and guitarist for the grunge band Nirvana, was found dead in Seattle from an apparently self-inflicted gunshot wound; he was 27.

In 2003, kidnapper-rapist John Jamelske, who had imprisoned five women and girls, one after another, as sex slaves inside a makeshift dungeon in his DeWitt, N.Y., home, was arrested. (Jamelske, who pleaded guilty to five counts of first-degree kidnapping, is serving an 18 years-to-life sentence in a maximum-security prison.)

Today’s Birthdays:
Singer Peggy Lennon (The Lennon Sisters) is 79. Rock musician Steve Howe is 73. Rock musician Mel Schacher (Grand Funk Railroad) is 69. Actor John Schneider is 60. Singer Julian Lennon is 57. Rock singer-musician Donita Sparks is 57. Rapper Biz Markie is 56. Actress Emma Caulfield is 47. Rock singer-musician Ezra Koenig (Vampire Weekend) is 36. Actress Kirsten Storms is 36.

DEAR ABBY:
How would you suggest I deal with people who continually want to sabotage my diet?

I worked very hard to drop more than 30 pounds. I also have digestive health issues that are no one’s business.

An example: During the coffee break at a meeting at work, someone offered me lovely homemade baked goods. I said, “No, thank you.” Then got a snide remark about being ungrateful for all the effort that went into them and was urged to “just try a little bit to be sociable.”

Another time someone plunked a huge chunk of frosting-laden something in front of me. Or, a friend brings me a large quantity of candy or wine or strange “gourmet” stuff I can’t eat, all of which wind up in the trash even after I have asked them to please not.

When I visit my mother, she continues to pile stuff on my plate even after I repeatedly say, “No more, thank you.” Then I get a lecture about wasting food.

What do I need to be doing or saying differently?

— SABOTAGED IN CONNECTICUT

DEAR SABOTAGED:
Take your easily offended co-workers aside and tell them, individually, that you cannot eat their tempting pastries because your doctor has told you you mustn’t. I am sure it is the truth, and you should not feel guilty.

As to your mother, who really should know better, the next time she accuses you of wasting food, I don’t think you would be out of line to tell her in plain English that she, not you, is the one wasting food by piling more than you can comfortably eat on your plate.

TO MY READERS: Sun down marks the first night of the Jewish holiday of Passover. Happy Passover, everyone.

JEANNE PHILLIPS writes “Dear Abby” under the pseudonym Abigail Van Buren. Write Dear Abby at DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

JEANNE PHILLIPS
City Council discusses COVID-19 impact

Decisions made as Brake prepares to leave in mid-May

BY BEN CONLEY
Eben.Conley@DominionPost.com

COVID-19 related impacts to the city’s budget and airport, as well as the initial movement as the transition to a new city manager move up for discussion Tuesday as Morgantown City Council met via video conference.

Council voted unanimously to amend its current operating budget down $152,732 to reflect a 10% drop in hotel occupancy. Projected hotel occupancy tax revenue was reduced by $152,732, resulting in reduced contributions to both HIPOMIC ($37,313) and the CVB ($115,419).

As part of the amendment, $158,390 will be pulled from the city’s contingency fund to cover a number of expenses, including $51,095 for a city council strategic planning session. The council also approved the opening of a new city manager and moving expenses for the city’s new arts and culture director.

Given the looming transition in leadership — Brake’s last day on the job is expected to be May 14 — coupled with the looming economic upheaval of the COVID-19 lockdown, Brake recommended and received council’s blessing to spend $12,500 to hire Julie Novak of the Novak Consulting Group as a facilitator for a strategic planning session to be held in June or July.

“May departures with this ongoing review of the finances, there are still so many questions that need to be answered,” Brake said. “We have all the answers in June or July, but I think it’s important that council conduct a retreat and extract this narrative.”

Brake said the executive search for a new manager is expected to cost $25,000 and be a three-month process.

Assistant City Manager Emily Mannina will take over for Brake in an interim basis while the search is conducted.

In other city news, Brake said the city’s air carrier, Southern Airways, has asked to cut the number of weekly flights by half for all airlines at the airport. Brake said it was requesting that it still receive full fronting of funding from the essential air service program, through which dollars are tied to employment numbers.

According to Brake, discussions are underway about what the amendment threshold as the ongoing pandemic has dealt a steep blow to the entire travel industry.

The city will receive $521,000 from the CARES Act and $37,630 from the Coronavirus Development Block Grants as part of the CARES Act, though stipulations for how the COVID-19 pandemic has dealt a steep blow to the entire travel industry.

The amendment will reconcile property leased from WVU.

MON TOWNSHIP

Fairmont will now have their own clinic due to Mon Health

BY BEN CONLEY
Eben.Conley@DominionPost.com

Mon Health System, in collaboration with the Marion County Health Department, Fairmont State University and the Marion County Chamber of Commerce, established a new testing location for pre-registered, pre-eligible patients who suspect they may have COVID-19.

The newly established testing location will be at the offices of the Bonfili and Flowers at 1840 Locust Ave, Fairmont, operating from 3-6 p.m. Tuesdays and Thursdays.

To pre-register and pre-qualify, patients must call the Mon Health Patient Outreach Line at 304-285-3798.

Health care professionals will ask a series of qualifying questions following the Centers for Disease Control and Prevention screening guidelines. If the patient qualifies for testing, the patient’s information will be obtained for pre-registration.

Once pre-registered, the patient will receive confirmation that he or she is cleared for testing and should proceed to the nearest drive-through site.

Patients who have pre-registered and pre-qualify will not be tested in the drive-through process.

“As a long-standing member of the Monongalia County Health Force, we are committed to keeping health care resources local,” said David Goldberg, president and CEO of Mon Health System. “Through operation of our physician services at the Fairmont Pharmacy, our continuation of our longstanding durable medical equipment service in Fairmont and plans to bring a new hospital to the community we are proud to provide another opportunity for increased health care services to our Fairmont neighbors through this drive-through testing site.”

“With an excellent working relationship with the Marion County Health Department, the Marion County Chamber of Commerce and Fairmont Radio University all of whom are instrumental in the establishment of this testing opportunity, we thank these dedicated partners and our location owner for allowing us to bring this service to Fairmont,” Brake said.

Patients must present a government-issued identification card. The fast process is a simple nose swab. Patients will be notified if they test positive and will be available within 14 days.

“We have an excellent working relationship with the Marion County Health Department, the Marion County Chamber of Commerce and Fairmont Radio University all of whom are instrumental in the establishment of this testing opportunity,” Brake said. “We thank these dedicated partners and our location owner for allowing us to bring this service to Fairmont.”

New restrictions for businesses, gatherings and outdoor activities

Submitted to The Dominion Post

As West Virginia was able to relax many of its COVID-19 restrictions, the Department of Health and Human Resources announced new restrictions for businesses, gatherings and outdoor activities.

COVID-19 drive through testing site at 1840 Locust Ave, Fairmont.

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Spring Clean-up

WVU Medicine has scheduled the annual Spring Clean-up event for Saturday, April 25, from 10 a.m. to 1 p.m. This event is free and open to the public from 10 a.m. to 1 p.m. at the WVU Medicine HealthWorks building. Residents and visitors will be offered free COVID-19 testing and the opportunity to bring in single-use plastic and aluminum products to be recycled. "By bringing in the plastic and aluminum items, our patients will have additional options to dispose of these products in an environmentally friendly manner," said Joseph Schuster, MD, director of WVU Medicine HealthWorks. "In addition, we are excited to offer COVID-19 testing during this event. We believe this will provide the community with added access to testing services."

Boil advisory

Water from the Potomac River

The West Virginia Office of Homeland Security issued a boil advisory for the entire Elk River watershed, including all areas immediately downstream of the Elk River Dam, on April 6. The boil advisory will remain in effect until further notice.

DAILY REPORT

PREACHER

Johnathan, Mark. 46, of Kingwood, died of a sudden heart attack while out for a walk in the early morning hours Saturday. Services were held at New Beginnings Church in Bridgeport on Tuesday. A private family burial was held at Valley View Cemetery in Fairmont.

SHERIFF

PARKERSBURG

According to a law enforcement report, a 13-year-old male was found Friday, April 10, 2020, hanging from a tree in a wooded area near the Monongahela River in Wood County.

TRANSPORTATION

Mountain Line service change

The West Virginia Department of Transportation’s Mountain Line will begin using the new bus route between the Upper West End and the Lower West End on April 6. The new route will improve service for residents of the Upper West End community. The new route will also reduce service costs for the agency.

ENVIRONMENT

Southwest air quality improves

The Air Pollution Control Authority (APCA) has announced that air quality in West Virginia has improved significantly since the start of the COVID-19 pandemic. This is due to decreased emissions from the many factors contributing to air pollution, including industrial activity, transportation, and household energy usage.

BUSINESS

Liquor restriction change

The West Virginia Department of Commerce has announced that the state’s liquor laws will be revised to allow for the sale of alcohol at any time of day and night. This change is intended to provide greater flexibility for businesses and customers.

EDUCATION

WVU hosts first-ever Virtual Decision Day

Students will be able to interact with WVU faculty and staff, as well as the WVU community, to learn more about the University's programs and services.

NATION

Sunken California tall ship will be demolished

The 136-foot vessel, the California, a historic tall ship that sank in 1964, will be demolished by the state of California. This is part of a larger plan to remove the ship from the state's coastal area.

COUNCIL

The Town Council is expected to discuss the possibility of partnering with Mon Health Medical Center to provide primary care services to residents of the area.

HOMESERVICE

The Home Services program will provide assistance to low-income homeowners in West Virginia. This includes services such as home repairs, energy audits, and weatherization programs.

TESTING

The state has announced plans to expand COVID-19 testing to more locations and increase the number of tests performed. This will help to better monitor the spread of the virus and ensure that those who need to be tested can do so.

COUNCIL

The Council has approved a resolution to increase the property tax rate. This will help to cover the costs associated with providing services to the county.

FINANCIAL

The financial report for the month of March has been released. This shows a significant decrease in sales and revenue compared to previous months.

CONSTRUCTION

The construction of a new hospital facility is underway in Morgantown. This will provide much-needed space and resources for WVU Medicine.

HEALTH

A local family has donated $10,000 to WVU Medicine to support the hospital's COVID-19 response efforts. The donation will help to fund personal protective equipment and other necessary supplies.

SPORTS

The West Virginia University men's basketball team has accepted an invitation to participate in the NCAA Tournament. This will be the team's fourth appearance in the tournament.

CITY

The city council has approved a budget for the upcoming fiscal year. This includes funding for public safety, infrastructure improvements, and other essential services.

TRANSPORTATION

The Monongalia County Public Transportation Authority (MCPTA) has announced that it will be implementing a new fare structure effective April 1. This will result in reduced fares for many riders.

EDUCATION

The University of West Virginia has announced that it will be offering in-person classes on campus beginning in the fall semester. This decision was made after careful consideration of health and safety concerns.

GOVERNMENT

The state government has announced that it will be implementing a new policy to improve the delivery of government services. This includes increased use of technology and improved communication with citizens.

FIRE

Two firefighters were injured during a recent fire in Morgantown. The fire was caused by a lightning strike and resulted in significant damage to the home.

FOREST

The forest service has issued a warning to residents to be cautious when working with chainsaws and other forest-related equipment. This is due to the high fire risk currently facing the area.

PUBLIC SAFETY

The police department has announced that it will be implementing a new community policing program. This will involve increased engagement with the community and a focus on building trust and relationships.

TRANSPORTATION

The state transportation department has announced that it will be implementing a new policy to improve traffic flow and reduce congestion. This includes increased use of technology and improved communication with drivers.
Martin looking to WNBA now that her college career is over

BY JUSTIN JACKSON JJackson@DominionPost.com

The next step right in front of Tyrice Martin, yet she is unable to take it.

“The most frustrating thing right now is you have all of these questions and there are no answers,” the former WVU forward said Tuesday from her home in Atlanta.

The Mountaineers were in Kansas City, Mo., preparing to play in the Big 12 tournament when news hit that the remainder of the season was canceled due to the coronavirus pandemic.

After five years, a Big 12 championship in 2017 and 1,389 points scored, that was how Martin’s career came to an end.

Nofavicon 105 counts of applause. When the team returned to Morgantown, Martin said she was outvoted by WVU coach Mike Carey that there was nothing she would be able to do administratively at the school.

“We were told to basically just get everything put up,” she said. “I terminated my lease and drove home. We had nothing to come back for. They ran- raled graduation. They ran- raled our team banquet. Classes were online. It’s not the way I certainly pictured things happening.”

Even though the start of the WNBA season has been post- poned — it was originally sched- uled May 15 — the WNBA offered April 15 on ESPN. No players or media will be in attendance.

At some point during the three-round draft, Martin will hear her name called. April 17 on ESPN. No players or media will be in attendance.

“I was notified by WVU coach Mike Carey that there was nothing he would be able to do administratively at the school. We were told to basically just get everything put up,” she said. “I terminated my lease and drove home. We had nothing to come back for. They rallied graduation. They rallied our team banquet. Classes were online. It’s not the way I certainly pictured things happening.”

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Washington has the No. 2 overall pick in the 2020 NFL Draft and is debating whether to draft Ohio State’s Chase Young or trading back and acquiring more picks.

Associated Press

Ohio State coach Mike Gundy said Tuesday he has discussed the possibility of his team returning to its facilities on campus during the coronavirus pandemic. "We are being cautious and trying to find that middle ground," Gundy said. "We have a proposal that would definitely federal social-distancing guidelines and be quickly disputed by the university and its athletic director.

While at home, Martin said she is working with a local mechanic to work on her bike and a local electrician to update her house. "I am trying to stay as physically active as possible," Martin said. "Everything is in place for me to be able to do what I need to do." She has been doing some exercise at her home, she said. "It's really important to me to stay healthy and to be able to do the things that I want to do," she said.

Associated Press

Kevin Stitt, a Republican, has appealed the ruling that Oklahoma had to follow the federal social-distancing guidelines and was quickly disputed by the university and its athletic director. "We are being cautious and trying to find that middle ground," Gundy said. "We have a proposal that would definitely federal social-distancing guidelines and be quickly disputed by the university and its athletic director.

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Occasional naps linked to decreased heart disease

Dear Doctor:
I take a short nap once or twice a week (I use earplugs and a mask), which is something I’ve done to tease me about. I just read that napping is good for your heart, but they say if you take a nap during the day, you should sleep as well at night. Who’s right?

Dear Reader:
A recent study published in the journal Heart has linked the practice of occasional napping to a decreased risk of heart disease and stroke. Researchers in Switzerland analyzed the night-time sleep, daytime nap length and general lifestyle habits of 1,555 people, the majority of whom were overweight.

Men who smoked and said tended to be older study, who researchers didn’t extend to the most same health benefits those individuals had a. At the end of eight years, ping once or twice a week.

The exact reason for the better health outcomes of the occasional nappers isn’t known, but moderate sleep has been linked to a number of health problems, including high blood pressure, depression and heart disease, and the researchers suggested occasional napping helps to make up for any sleep deficit.

That said, there’s an important distinction between a 10-to-20-minute nap in the middle of the day and dropping into deep sleep for an hour or longer, particularly in the late afternoon. In those cases, not only do you run the risk of waking up thickheaded and groggy, which can take hours to shake off, it’s possible for a late-day nap to interfere with nighttime sleep.

Wednesday, April 8, 2020

Report source, initial reviewed, and updated situations. Take a minimalist approach to life to bypass getting trapped in something unimportant.

Aries (March 21-April 19): Don’t let anyone tell you to change your ways. Follow your heart and stick to your approach to life.

Taurus (April 20-May 20): Be a leader, not a follower. Things will improve if you’re proactive and persistent.

Gemini (May 21-June 20): Take a minimalist approach to life to bypass getting trapped in something unimportant.

Cancer (June 21-July 22): Your outgoing personality will inspire confidence in others. Events that require physical and mental discipline and understanding will give you the edge you need.

Leo (July 23-Aug. 22): Your leadership abilities will impress someone. An opportunity will arise. Be ready to seize it.

Virgo (Aug. 23-Sept. 22): Establish higher standards for yourself and your work. Your outgoing personality will encourage you.

Libra (Sept. 23-Oct. 22): Don’t let anyone interfere with your personal plans. If you make a promise to someone you love, be sure to follow through. A last-minute change will prompt an argument.

Scorpio (Oct. 23-Nov. 21): Don’t let work interfere with your personal plans. If you make a promise to someone you love, you may have to go into debt to improve someone.

Sagittarius (Nov. 22-Dec. 21): Do whatever it takes to make your intentions clear. You may find yourself in a difficult situation, but you don’t have to go into debt to improve someone.

Aquarius (Jan. 20-Feb. 18): Don’t let work interfere with personal plans. If you make a promise to someone you love, be sure to follow through. A last-minute change will prompt an argument.

Pisces (Feb. 19-March 20): Stick to your budget, regardless of how tempting an offer might be. Be a leader, not a follower.