

## University faces tough early season schedule



William Wotring/The Dominion Post

The seniors on University High School's football team, left to right, James Fortney-Garbart (82), Melique Lewis (45), Alex Donato (57), Anthony Rivera (62), Tanner Aucremanne (36), Luke Hudson (11), Seth Drvar (63), Trey Blunt (70), Michael Henson (25), John Coleman (8), Mason England (79).

#### Kelley leads young Hawks in 37th year coaching UHS

**BY MICHAEL GRIFFITH** 

Sports@DominionPost.com

**MORGANTOWN** Entering his 37th season as the head coach of the University High School football team, John Kelley has seen nearly every type of scenario when it comes to football.

This season, with nearly 80% of the roster either freshmen or sophomores, Kelley, his staff and the players are looking past a slight lack age and experience and focusing on discipline and playing to their strengths.

"We've had a great summer. The three-week period went well, now we're having a good camp," Kelley said. "A lot of young players who are inexperienced but I love it because they're talented. I say this every year, but the only way to get experience is by getting experience. The more they get, the better they're going to be. I think we have some great senior leadership and some older guys who are very talented returning for

us as well."

Fortunatley, UHS has some impact players returning at key positions of the field, particularly on offense.

Senior quarterback Luke Hudson will enter his second year as the starter after throwing for over 2,500 yards last year. That includes a 500-yard, five touchdown performance against Wheeling Park.

"Luke has a ton of talent and threw the ball well last year," Kelley said. "Melique Lewis should be a force with a good offensive line. We have some receivers that can also go out and make plays. The defensive line is strong; Brock Kehler could be one of the best linebackers in the state."

Hudson and John Coleman, who also play on the basketball team together, have a strong connection when it comes to the football field and this year, will help each other lead a team that has a lot of eyes on its captains.

that have came in an stepped up that we didn't expect," Hudson said. "Last year really helped me build the connections with the guys on the team that will carry over to this year, especially in the offense with the lineman and John and the wideouts."

Coleman said the examples set before him by the leaders he looked up to is something he hopes to do for the ones looking up to him now.

"Being a senior now we know we have to take the next step and be that leader," Coleman said. "It's important to keep that in mind before and during the season."

The Hawks will welcome two former members of the Trinity Christian football team, who had their program paused for the season due to lack of players. Junior Josh Jorge and sophomore Marcos Kniska will both aim to make an impact with UHS this fall.

The Hawks will open the "We have a lot of people year with two games at home, first welcoming John Marshall to Baker's Ridge, followed by Parkersburg South, who appeared in the state championship game last season.

Two tough road tests at Brooke and Wheeling Park then face UHS, with the annual Mohawk Bowl being hosted this season on Oct. 27 at University High.

"John Marshall is going to be a tough start, then we have a tough team coming here in Park South, who I predicted to be in the championship last season," Kelley said. "Brooke has an experienced roster, Wheeling Park has some of the best talent in the state. Fairmont Senior reloads every year. I hope we can make some noise the second-half of the season and then we get to play Morgantown here, which we always like to do. I can always see a season going many ways, but we have the tools to make this one successful."



AUG. 25: John Marshall 7:30 p.m.

SEPT. 1: Parkersburg South, 7:30 p.m.

**SEPT. 8:** at Brooke, 7:30 p.m.

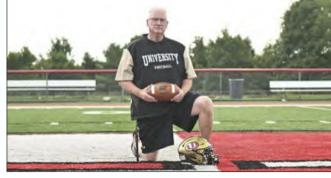
**SEPT. 15:** at Wheeling Park, 7 p.m. SEPT. 22: Fairmont Senior, 7:30 p.m.

SEPT. 29: at Buckhannon-Upshur, 7 p.m.

**OCT. 13:** Spring Mills, 7:30 p.m.

OCT. 20: at Preston, 7 p.m. **OCT. 27:** Morgantown, 7:30 p.m.

NOV. 3: at Oak Hill, 7 p.m.



John Kelley is entering his 37th year coaching at Univeristy High School.



**Donato** 



**Anthony** Rivera



**Brock** Kehler



James Fortney-Garbart



**John** Coleman



Hudson



**England** 



Melique Lewis



Tanner **Aucremanne** 



**Michael** Henson



**Trev Blunt** 



**Drvar** 



William Wotring/The Dominion Post

University quarterback Luke Hudson (11) makes a pass against Fairmont Senior last season. The senior is entering his second season as the Hawks' starting quarterback after passing for over 2,500 yards in 2022.



Benjamin Powell/The Dominion Post

University wide receiver John Coleman (8) makes a catch during a game against Wheeling Park last season. As one of the seniors on the UHS football team, Coleman has stepped into a larger leadership role for 2023.



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#### Cee-Bees on the hunt for 3rd straight playoffs



The seniors on the Clay-Battelle football team, left to right, Dakota Walls (42), Easton Rowan (62), Maddox Shriver (36), Zac Hall (2), JC Spears (9), Brady Nestor (14) and Joe Stewart (70). Not pictured: Gunner Price (20).

#### Clay-Battelle Schedule

AUG. 25: at Hundred 7 p.m.

SEPT. 8: Valley, 7 p.m.

**SEPT. 15:** Beallsville (Oh.), 7 p.m. SEPT. 22: at Tygarts Valley, 7 p.m.

SEPT. 29: at Hancock (Md.), 7 p.m.

OCT. 6: Meadow Bridge, 7 p.m.

OCT. 13: at Cameron, 7 p.m. **OCT. 20:** Belpre (Oh.), 7 p.m.

OCT. 27: Paden City, 7 p.m.

NOV. 3: Magnolia, 7 p.m.



Ryan Wilson is entering his 29th season as head coach of Clay-Battelle football.

#### Coach Ryan Wilson not downplaying his team's goals

**BY MARK SCHRAF** 

Sports@DominionPost.com

BLACKSVILLE — On the first day of camp, Clay-Battelle's veteran football coach Ryan Wilson brought it out into the open right away, talked about the elephant in the room, the one subject that some coaches ignore like a telemarketer's phone call.

Playoffs.

"Yeah, we talked about a three-peat," he admitted.

"Sure. We've qualified several times over the years, including the last two seasons, and I think it's a good thing when your program is strong and consistent enough to where that's an expectation every year. But we just mentioned it, then moved on and got to work. Getting to the post-season is always a goal every year, and we also know what it takes to get there."

And it's clear that the 2023 Cee-Bees are going go

as far as their talented senior backfield — quarterback JC Spears, fullback Max Shriver, and tailback Zac Hall — will take them.

"These guys played a lot for us last year," Wilson explained, "so they've had plenty of varsity reps. They know what to expect, they know what's expected of them within our offensive and defensive systems, and I know they're really ready for their senior year. It's their team, their chance to

make their mark, and all three of them are doing a great job preparing both themselves and our team for the season."

Clay-Battelle's offense is usually working at its best when featuring a balanced attack and Wilson feels like he's been blessed with an arsenal of weapons to choose from.

"Spears is very comfortable in the passing game -

SEE **CEE-BEES**. C-6 **Spears** 



Dakota **Walls** 



**Easton** Rowan



Gunner **Price** 



**Brady** 

**Nestor** 

Joe



**Stewart** 



**Maddox Shriver** 



Hall



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#### After Trinity Christian called off football, Marcos Kniska and Josh Jorge found a new home at UHS

BY MICHAEL GRIFFITH Sports@DominionPost.com

MORGANTOWN After the pausing of the football program at Trinity Christian School on August 1, some of the Warriors' players have found a home in other programs around both Monongalia and Pre-

ston counties. Per WVSSAC rules, with TCS being a private school, as long as the players hadn't participated in a practice after the designated beginning of the football season they could choose to play for whichever school was within the district of their home address.

Sophomore Kniska and junior Josh Jorge will join head coach John Kelley and the University Hawks for the 2023 and possibly beyond

Jorge will transfer in full, also attending UHS for school. Kniska will continue at Trinity Christian as a student and play with University as an athlete.

"Marcus Kniska is a real talent." Kelley said. "Josh Jorge, too, those guys are real talents. You can say that they were playing in single-A (with Trinity), but they can play at this level. They're very good. Kniska has really jumped off of the

Jason White, who was named head coach at Trin-





Sophomore Marcos Kniska (42), left, and junior Josh Jorge (12), right, will be playing football for University High School after Trinity Christian was forced to cancel its season due to a lack of participation. Kniska led the Warriors in tackles as a freshman last season, racking up a team-high 78. Jorge was a two-way player at TCS, totalling 56 tackles to go along with 356 receiving yards and six touchdowns.

for a better staff."

both say they are excited to

experience, especially at a

school like UHS with the

opponents they play and

they crowds that they get to

Friday nights, it's going to

"The crowds, how loud it

Kniska says the chance

ent of Kniska and Jorge player that I had last year.' I ing 28 passes as a wideout could make an impact on was thinking, 'what? I don't for 356 yards and six touch-

named the coach there and was on our staff for years, came up here for one of our practices and said that they had made the decision," Kelley said. "He said, 'You're going to get one of

know who he is.' But "Coach White, who was (Kniska) came in for a few days without pads and ele-

> both players could make the most impact. Kniska led TCS in tackles as a fresh-

ley's staf and knew the tal- may have been the best himself, while also catch-

good so far, to me, they've welcomed me and I like it

"The transition has been

"Transition has been can get and the lights on good," he said. "The kids mine, and contrary to what man with 78, including 39 have been nice. The be fun." Jorge said. you may have heard, he solo tackles. Jorge tallied 57 coaches also, I couldn't ask

to play at UHS while still Going from Class A to attending TCS is the perfect Class AAA is something

> "I found out less than two weeks ago that we wouldn't have a team," Kniska said. "I had the opportunity open up for me to come here and play football while still going to school at Trinity. That was the golden opportunity for





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## John Marshall leaning into smash-mouth identity

BY NICK HENTHORN The Intelligencer

GLEN DALE - Entering the 2023-24 season, the John Marshall Monarchs are

decreeing a new edict head coach Mark Cisar and his crew aim to dominate their opposition in the

Coming off a 4-6 season, the Monarchs are adapting to their new collection of players by moving away from their previous spread system and diving headfirst into a new identity as a bruising, smash-mouth football team.

As John Marshall looks to have a successful, winning season, establishing an identity is a key first step against a tough slate of opponents.

"Our expectations are high," Cisar said. "We return a bunch of offensive linemen, a bunch of defensive linemen on both sides of the ball. Our expectation is to make the playoffs, that's our goal every year, is to get in the playoffs, and then let's see what happens.

"Our schedule is very good, it's very competitive. Last year, of our 10 teams we played, six teams made the playoffs. It's the same caliber this year, a very challenging schedule. But we still have great expectations and it all starts with our line play.'

Cisar and his staff's decision to lean on their informed — the Monarchs are set to boast one of the biggest lines in the area, Tanen McNeil. Four guys with an average weight of

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John Marshall's Ashton Collett (28) stiff arms Preston's Trevor Thomas (11) during a game in Kingwood in 2021.

279 pounds, and two line- who played a ton for us last men topping 300 pounds. "At left tackle will be Andreas Hunter, big kid, 6-5. 305." Cisar said. "Beside who will be moving from center to guard, and our center will be Scotty Schenerlein, who last year was our number six lineman,

year starter coming back at guard, Victor McElwee. Then we've got a new guy filling in at right tackle this front. year, he got a ton of reps last year in JV and who's done a good job for us this summer,

but ended up getting a ton

year on the offensive line, and they're all really big, Also in the mix will be

Mason Mrkonich, Kyle Williams, Kreyton Gallaher, Josh Kaste, Silas Summers, Hudson Markwas, Jason Minor, Allick Summers, Willie Vessels, and Gage Hercules. With familiarity, experiseniors – size and grit, the

Aiden Price, Bo Drake,

"It all starts with our line on offense," Cisar said. "We'll go as far as our line

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"Last vear we were more spread, more three, fourwide. This year we're packwe're going to lean on our oline this year. We're going

to depend on them to win

games. We're going to con-

trol the ball, and see what

they can do. That's the goal

going in, now could that

change? Absolutely that

den Knapp and Jackson

can change, but right now that's our goal.' tion to be answered for the Monarchs will march to the Monarchs: who will be drum of their big boys up under center, taking snaps from their prime line? John Marshall has a quarterback

contest on it's hands, between sophomores Kay-

"Right now, neither one has really taken the spot, they're still competing for who will play fullback, also the spot," Cisar said. "Both of them provide different arm, one may roll out a little better than the other one. They're both sophomores, it's nice, we'll have them for two more years after this year. Hopefully we can run it, we don't think we'll throw it a ton this year, but if we have to they're very capable of throwing the ball.'

Conor Fitzpatrick and Quinton West will be John Marshall's specialists this

Senior Dimarion White figures to be "our main guy on the outside," Cisar said, along with senior Mason Xavier Wells, and junior

Also in the mix to catch passes out wide for John Marshall is Hunter Dunfee, Jacob Thames, Gavin Mason, Cain Martin, Curtis Whorton, Luke Beaton,

Haught, Alexander Calissie

and Waylon Wysong. Where the Monarchs the running game. John Marshall is set to roll out a menagerie of skill sets and personnel to run the rock

At fullback, John Mar-Andrew Lyons and Eugene Henry III. All three can also play tight end. Henry III will see most of his playing

also have Andrew Lyons some tight end. We have a nice tight end this year, our Eugene [Henry III], Eugene it just compounds on our

Junior Maverick LeMasters is moving from fullback to tailback, and is prepared for a full workload this fall.

"Maverick LeMasters will probably not come off the field this year," He's a tailback, he's a linebacker, he's a team leader, and he's only a junior, so expect good things out of him.'

"Mayerick LeMasters will probably not come off the field this year. He's a tailback, he's a linebacker. he's a team leader, and he's only a junior, so expect good things out of him.

Two-way play will be close to the norm for the Monarchs this season, a challenge Cisar wants his team to be ready for.

biggest thing right nowwe've got a lot of guys who are going both ways right We do have a lot of young Maybe we get through the season a little bit, they get reps, maybe they can help us









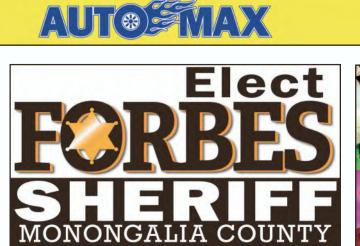


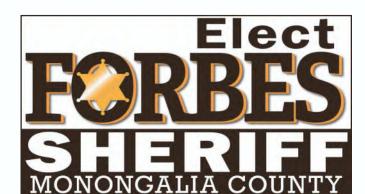


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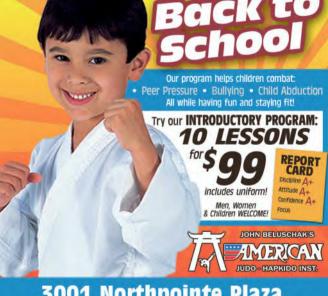




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#### **CEE-BEES**

FROM PAGE C-3

we saw that in our 7-on-7 competitions in the summer," Wilson said. "Hall will be our home run hitter both on the ground and in the passing game, and really Shriver has improved his speed and conditioning. Anytime you have a fullback who can get to the edge on a sweep, that's something special that you'd like to use to your advantage."

So how does this talented trio feel as they approach their final football season?

In a word, confident.

"We've grown up here in

this locker room and on this field with all our friends," Hall explained, "and we're all really close. We've run the same basic offense and defense, so we all know the system pretty much inside and out. Everything is in place, and now it's our turn to go out and get the job done.

Shriver concurred completely.

"So much hard work for so many years is about to pay off," he smiled. "Camp is all about knocking the rust of, getting acclimated to getting hit again, and sharpening up our execution. We know our receivers are really athletic, and I think we've got a

chance to be an explosive, big-play offense as well as control the clock with our running game. We're ready to go."

While his two teammates lead more by example, Spears is embracing his spot as the vocal leader as well as commander of the offense.

"I've learned a lot watching from the sidelines and playing with some of the upperclassmen," explained. "But now it's my time - it's our time - to run this offense and make it go. I know that every player on this team knows his role, and everybody will get a chance to make an impact. so great so far. Everybody knows they have to be ready."

So about that P-word?

"Look, this is Clay-Battelle," Spears stated with conviction, "and it's not a good season if we don't make the playoffs. It's just expected, and I think that's a good thing. But we don't think too much about it either, because Coach Wilson is really good at helping us focus on each game as it comes. He always says, 'we are 0-0 after every game', and we know that if we take care of our business each week, we'll be there at the end."



Benjamin Powell/The Dominion Post

Clay-Battelle running back Zac Hall (2) makes a move during a game against Cameron last season.



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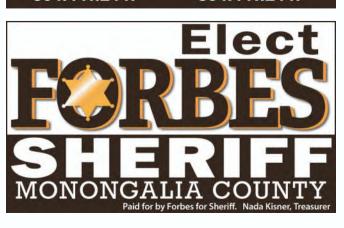




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#### **Cameron Dragons are** loaded with experience

**BY NICK HENTHORN** 

The Intelligencer

CAMERON — When it comes to the Cameron Dragons and their field of competition in single-A, a main ingredient to the success of a season can be how many players you have available on any given Friday.

"In small schools, it's about attrition sometimes," Cameron head coach Tim Brown said. "Hopefully we can stay healthy throughout the year, and if we can then I think we've got a lot of promise."

The Dragons are coming off an 11-1 season last year, after going 9-1 the year previous. Entering the '23-24 season, Brown and his team are not content to relish in their past success.

"We've had a lot of success in the past few years, and we want that to continue on," Brown said. "A lot of these guys who are seniors now, they started or played as freshmen. They've got a lot of game experience, a lot of playoff experience. We have high expectations.

"We've been fortunate enough to go undefeated the last two regular seasons, obviously that's a goal again. Every single-A team in the state wants to end up at the big game at the end, and that's where we want to

be." The Dragons equipped with an experienced roster with positional versatility up and down the roster — starting with their quarterbackslash-outside linebacker, senior Colson Wichterman. three-year starter.

Wichterman brings a steady presence and veteran know-how under cen-

"My quarterback is one of those really experienced players," Brown said. "Wichterman's a tough

Wichterman is one of several seniors and juniors who have multiple years of varsity experience under their belts. The Dragons graduated five seniors, but boast half a dozen seniors this go-round.

Much of Cameron's experience will be levied at the Dragons' offensive line, where seniors Ashton Hoge, Thad Dempewolf, Ryder Stern and Delbert VanTassel look to lock down four of the five line spots.

The wrinkle in the offensive line group — and across the entire Cameron roster — is that none of those players will be expected to only ply their trade blocking up-front.

With a smaller roster, each of the Dragons will be tasked with multiple positions in the upcoming sea-

"We're fortunate to have those six seniors who're really going to have the experience going in and I

think we're going to be lucky to have that, because our numbers aren't that great," Brown said. "So our guys are going to have to shift and be able to play multiple positions like we have the last couple years."

Hoge is someone who has played plenty of linebacker for the Dragons, and will be hopping aboard the o-line for the first time this season.

"Ashton Hoge had some injuries last year, but he's been a starter for us all the way through and he's been a big leader," Brown said. "He's really hit the weight room, he's a lot stronger than he's been, and he's a football fanatic. He's going to be a heck of an athlete for

"Hoge is a player who can play anywhere. Right now we have him at tackle because he's extremely strong and fast and that fits our program. He's a linebacker, he's going to be one of the stellar linebackers in our league this year."

Also at linebacker with Hoge and Wichterman will be sophomore Gunner Lillev, senior J Ross, and a variety of players who could also see time at running back, tight end, receiver, and safety.

Stern, Dempewolf and Vantassell will start along both the offensive and defensive lines, with the rest of the offensive line group flipping over to d-line as well.

While all of Cameron will have flexible position designations, a couple Dragons will be tasked with truly being jack-of-alltrades. Ross, Hoge and Slaton Pettit could be deployed across the gridiron, while a player like sophomore Kason Angel can tick off four — or more — boxes.

"Kason Angel's one of those kids who can play anywhere," Brown said. "He's the backup quarterback, he'll play safety, he can play linebacker, he may play running back. He's one of those kids, he's a multisport athlete, he's a multiposition athlete. We're fortunate to have so many of those kids out here.

"We've got kids who can play multiple positions here."

Featured on offense for the Dragons will be their new tailback Klypsan Wallace, a transfer who enters Cameron as a junior following back-to-back 1,000yard seasons at John Marshall. Ross and Hoge could also take carries, while Pettit and Lilley could line up at tight end in certain pack-

"[Wallace]'s been successful there, kid's been working very hard, building his strength in the weight room, very coachable kid, and we're expecting big things from him."

#### **Clay-Battelle not bothered by slightly smaller roster**

BY MARK SCHRAF

Sports@DominionPost.com

BLACKSVILLE Numbers can tell you a

Take a look at some numbers associated with Clay-Battelle football coach Ryan Wilson:

- 40th season in the program, starting as a trainer
- 29th season as head

■ Multiple season state playoff qualifier, including the last two seasons

Already you have an idea what those numbers describe, right? A dedicated, experienced, enthusiastic, successful coach.

Now check out this number - 26. It's the number of players on this year's Cee-Bees roster, and that number is definitely on the low end historically.

However, how you choose to react to numbers can often determine an attitude and course of action, and for Wilson, he knows exactly where his focus belongs.

"I'm not worried or dwelling on that at all," he insisted. "It's a statewide trend-nationwide, reallyand we see the impact that it has had with Trinity unable to field a team this season. Class A schools are always challenged to keep their numbers up.

"For us," he continued, brightening considerably, "what we have this season is simply a fantastic group of football players and young men, and my staff and I are really excited about this team. The work ethic has been great ever



Benjamin Powell/The Dominion Post

The Clay-Battelle football team lines up to run a play against Tygarts Valley during a game last season.

training began, and the three-week summer session was very productive."

Wilson was impressed both with his players' solid grasp of the playbook and the athleticism displayed in camp.

"We've looked very explosive on offense, especially in the passing game during 7-on-7's," explained. "But what's driving us the most right now is that since so many of our returning players are familiar with our basic offensive plays as well as our defensive schemes, we're running about a month ahead of schedule with our installation process. It's allowing us to really dig deep into the

already have in place, plus we're able to add more and more to our repertoire on both sides of the ball, and in special teams. It's a big advantage for us."

The long-time Cee-Bee coach is especially happy with the effort he's getting from every player.

"What these kids are doing that doesn't always happen is this: they're giving everything they have," he smiled, "and they are reaching near 100% of their current potential. Now, that doesn't mean that they don't have room to grow, to improve, to further excel. It just means that they are doing an excellent job of becoming the best players they can be each day – and as a coach,

more than that."

While the smaller roster does have some drawbacks. including absence of a JV team and potential depth issues, Wilson insists that there are benefits to realized as

"We actually have a few one-platoon players, surprisingly enough," he said, "so they should be able to be a little fresher, and they can help spell other guys if they need to play. And everyone on the roster knows he will have an important role to play. We will definitely have lots of kids playing lots of football for us this year, and that's always a good thing. We can't wait to get started and see what we can







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THE DOMINION POST

2023

AUGUST 25, 2023 SECTION D





#### **Expectations are soaring for Morgantown football in 2023**



The seniors on Morgantown's football team. Front row, left to right, Braylon Brown (55), Maddox Bowers (16), Caleb Nutter (26), Bobby Powell (11), Jacob Keir (12), Andrew Phares (13), Nick Deprespero (88), Jake Anderson (24) and Marcus Ullom (32). Middle row, left to right, Malik M'Bayo (54), Trey Andis (23), Trenton Brigman (71), Jaylon Hill (22), Michael Savasta (42), Mikey Burkhart (60), Patrick Ryan (51) and Gary Lazzelle (43). Back row, left to right, Gage Pettis (74), Ryan Principe (69), Andrew Anobile (21), James Harper (27), DaQuan Jones (81), Landen Bradley (80), Nic Jones (6) and Caleb Parks (73).

#### Morgantown Schedule

AUG. 25: South Charleston 7:30 p.m.

**SEPT. 1:** at Bridgeport, 7 p.m.

SEPT. 8: Musselman, 7 p.m.

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OCT. 20: at John Marshall, 7 p.m.

**OCT. 27:** at University, 7:30 p.m. **NOV. 3:** Linsly, 7 p.m.



Sean Biser is entering his fourth season as head coach of Morgantown football.

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#### Mohigans boast 25 seniors on roster

**BY ERIC HERTER** 

Sports@DominionPost.com

MORGANTOWN Expectations always seem to be at the highest this time of year when it comes to high school football.

The injuries haven't happened yet, the aches and pains are minor, and no one has lost a game.

At Morgantown High School, expectations are high for the 2023 season, but not just for the normal reasons. The Mohigans return 25 seniors and have roughly 120 players out for a team that returns plenty of tal-

Head coach Sean Biser. in his fourth season, has seen the atmosphere around MHS steadily improve after inheriting a program that had just 85 participants in his first sea-

"It has been a steady uptick over the last four years," Biser said. "We had some kids that didn't want to put the work in that didn't come back, but overall practices have been very competitive."

Biser enjoys the compe-

tition so much that not even returning starters guaranteed their spots for week one.

"We return a lot of kids," Biser said. "Every job is up for grabs. We have a very big senior and sophomore class but as a coach you have to be able to adapt and change every season."

With skill players such as running backs Bobby Powell, AJ Thomas and Caleb Nutter returning in Biser's run-heavy Wing-T offense, the talent level is there for MHS to improve upon last year's 6-5 record and first-round exit in the playoffs.

The key for MHS is going to be in the trenches where it lost several starters from a year ago but does return some players with playing experience.

"Up front is going to be a big challenge for us," Biser said. "The kids who have waited their turn are going to get a shot."

Tight end Nick Deprospero figures to be a key component to the offensive line along with senior tackle Braylon Brown and guard

M'Bayo. The other three spots are up for grabs as of right now with Trenton Brigman and Caleb Parks competing for the center spot. Ryan Principe, Dylan Shinkovich and Blake Buffington are fighting for time at tackle while Akir Johnson, Patrick Ryan, Gate Pettis, and Mike Burkhart are all in the mix at guard.

"You usually know who your top five players are on the team," Biser said. "But the players who are six through 30 are going to be the ones who have to come up and play. Maybe an average player who works hard can turn themselves into a good player. That is the core of your team."

Senior Maddox Bowers is likely to start quarterback for the Mohigans, but Biser did say he will have to fend off competition from senior Jacob Keir.

While Biser admits that he does enjoy running the ball, the Mohigans might air it out a little more this season with Powell, Nutter, Keir and Andrew Phares all

SEE MOHIGANS, D-4







**Andrew Anobile** 



**Powell** 



Braylon **Brown** 



**Caleb Caleb Nutter Parks** 



**DaQuan Jones** 



Gage Garv **Pettis** Lazzelle



Jacob Keir



Jake **Anderson** 



**James** 

Harper

**Jaylon** Hill



**Deprospero Bowers** 





Marcus **Ullom** 



Savasta



**Mikey Burkhart** 



**Jones** 



**Bradley** 



Ryan



**Principe** 



**Brigman** 

**Andis** 



**Johnson** 



William Wotring/ The Dominion Post

Morgantown's Caleb Nutter (26) carries the ball during a game last season.

#### Learning to love the weight room is key for MHS football

**BY ERIC HERTER** Sports@DominionPost.com

**MORGANTOWN** There might still be a key missing to the weight room

at Keyser High School. Sean Biser, a graduate of Keyser and the current head football coach at Morgantown High School, might just know where that

key is located. "I got a key to the weight room when I was in high school and I made a copy of it," Biser said. "I would go in there as much as I could. I was a multi-sport athlete. I played football, wrestled, baseball and threw shot put. I was big into mixed martial arts. Being an athlete and knowing that I need to be stronger and faster – I loved the way it made me feel."

Biser took that love of the weight room and basically built a strength and conditioning program from the ground up at MHS when he arrived on campus four vears ago.

"I'm 52 and I try to train like I am 22," Biser said. "I wrestled in college for two years and no wrestler is right in the head."

Now, four years into Biser's time with the Mohigans, the MHS football program is reaping the rewards of Biser's program and some hard work from the players.

"We promote the crap out of it," Biser said of the weight training and speed programs run during the offseason. "We have made a conscious effort to start from the ground up. We train legs, we work Olympic lifts, we try to work preventing on injuries."

Make no mistake about it, the Mohigans are stronger under Biser, but they aren't in the weight room focusing on lifting massive amounts of weight. It's all about sport-specific training.

"We are trying to make our kids better athletes," Biser said. "The (state champion) basketball team was doing the same thing. I trained all the basketball team this past year. We are training athletes."

While the results on the field are starting to show for MHS, Biser said he is impressed with the commitment the Mohigans are

"They've got 20 million things going on," Biser said of his team. "Often times, kids don't see this as a vital part of being successful in their sport. It's easy to go out and throw a football, it is hard to come in here and do this stuff. The weight

room doesn't lie to you, it teaches you discipline."

quarterback Senior Maddox Bowers is a prime example of how the training program at MHS has helped him.

Bowers came to MHS as a 119-pound freshman and will play this season at almost 200 pounds. He has also shaved an entire second off his 40-yard dash time in four years.

"We are playing a different brand of football because of this training," Bowers said. "When we show up in the weight room it is always intense. Coach is an intense individual. We are very fortunate to have someone like him who is so in the knowledgeable weight room."

Biser is a former strength coach at both George Washington and Potomac State. He also attends multiple clinics each year to learn the latest about training athletes.

"I'm not the fastest guy or the strongest guy," Biser said. "I go to clinics, I reach out to strength coaches, I read. It is very detailed in what we do."

And it isn't all weight lifting, there are speed drills too. Biser has instituted a speed camp where he times all the kids weekly to monitor if they are getting faster.

That training isn't just done in the offseason either. The Mohigans continue with training during the season. Many of the players have a weightlifting class or lift after practice three times a week.

"We try to manage their load," Biser said. "A lot of things have changed over the years with football. It's no longer two practices a day and running them all day. Really, there's no reason for that anymore."

Senior back/linebacker Caleb Nutter said it takes commitment to be part of the MHS football program.

In fact, Nutter has grown to love the weight room which is saying something for a high school student who would likely rather be in bed during some of the early-morning training ses-

"You have to find a love for it," Nutter said. "The biggest thing is to just keep going. It's not an overnight thing but you will see results over time. There are times you want to sleep in or stay home, but the reward outweighs the want or desire to sleep in."



# WELCOME BACK MONONGALIA COUNTY STUDENTS!

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#### MCS Student Attendance Requirements 2023-24

Monongalia County Schools values student success, and regular student attendance is the foundation of an exceptional education. Regular Attendance is defined as being physically present at least 95% of the time, engaged in the educational process.

Even excused absences keep a student out of school and unengaged with learning, so excused absences do count against Regular Attendance. Be aware that a parent or guardian note for excused absence must specify a valid excused absence reason listed in the MCS attendance policy 5200. The following excused absence reasons are summarized from state code (https://code.wvlegislature.gov/18-8-4) and MCS Policy 5200 (https://go.boarddocs.com/wv/mono/Board.nsf/Public)

- Absences that result from school-approved curricular/co-curricular activities; failure of the bus to run/hazardous conditions, SAT Plan, IEP or 504 Plan, and other Board-approved excused absences
- Personal illness or injury of the student\* Personal illness or injury of the student's parent, guardian, custodian, or family member, with a reasonable

Leaves of educational value approved in advance by the principal\*\*

- explanation for the student's absence caused by the illness or injury in the family Medical or dental appointment with valid written excuse from physician or dentist
- Documented chronic medical condition or disability that may require multiple or regular absences · Participation in homebound or hospital instruction due to an illness or injury or other extraordinary
- circumstance that warrants home or hospital confinement Documented disabilities consisting of any mental or physical impairments documented annually with a valid physician's approved and reviewed quarterly by the SAT, IEP or 504 team
- Calamity, such as a fire or flood\*
- Death in the family\* Judicial obligation or court appearance involving the student with official documentation
- Military requirement for students enlisted or enlisting in the military with official documentation Personal or academic circumstances approved by the principal

Observation of a religious holiday or attendance at approved religious instruction

 Contagious or parasite conditions, such as lice, not to exceed two (2) days per incident \*When absence notes are submitted by a parent or guardian, without additional documentation from a qualified professional, excused absences are limited to five (5) per semester for middle and high school and a total of ten (10) for elementary for the entire school year. If the student's absences exceed two (2) days, the

\*\*Leaves of Educational value or for personal or academic reasons must be submitted to the school administration and approved in advance of the absence if they are to be excused. School administrators may only approve up to 10 days total per school year. Schools may set stricter deadlines, but permission must be obtained at least 5 days prior to the start of the leave of educational value.

absences shall be unexcused unless written verification from a physician supports a longer time period.

*Unexcused Absences*: Any absence not specifically included in the definition of an excused absence will be unexcused. This includes out of school suspension and students unable to attend school due to not having the required immunizations. At the secondary level, class periods missed will count as an appropriate fraction of the day and will be used when calculating the total number of days absent.

Make-up Work: Any absence results in missing learning, and it is not possible to fully make up for missed time and engagement. However, students will have the opportunity to make up graded work missed due to absence. Students will have 2 days per day of absence to submit make-up work, up to a maximum of 6 days from the student's return to school. Teachers may, at their discretion, extend the deadline for make-up work beyond 6 days. Students are expected to work with their teachers if more time is needed. When possible, students should obtain make-up work prior to their absence.

Tardiness: Monongalia County believes that preventing student tardiness is very important and will serve students well throughout student and work life. Helping students acquire the habit of promptness requires positive preventive measures as well as appropriate consequences. Therefore, each student is responsible for addressing reasonable prevention of student tardiness. Unexcused tardies will also be used when determining total unexcused absences as follows:

Elementary/Middle/High School: Five tardies equal one day of absence Homebound: Absences incurred during homebound schooling will be assessed as follows: For each day of

homebound schooling that is an unexcused absence 2.5 days of absence will be assessed to the student. Academic Recovery Days: To encourage Regular Attendance and to provide academic assistance to students who will benefit from it, one day of each semester will be designated as an academic recovery day at each high school. These days will be immediately before or after the student comprehensive exam days for that semester. Students may be exempted from physical attendance on academic recovery days if they meet both

1) They have Regular Attendance (95% or more of enrolled school days) for that semester; and 2) They have a grade of C or better in each class.

Exempt students will be recorded as "Elsewhere" for attendance purposes, or may decide to attend to

On academic recovery days, students will engage in one or more of the following, at their teachers'

- Completing make-up assignments for grade and content recovery; Completing additional projects or assignments to fill knowledge gaps;
- Reviewing for comprehensive exams;
- Other activities of academic value.

\*Chronic absence — missing 10 percent or more of school days due to absence for any reason—excused, unexcused absences and suspensions—can translate into students having difficulty learning to read by the third grade, achieving in middle school, and graduating from high school. (Attendance Works) As a result, Monongalia County Schools is committed to reducing student absences for any reason. Students missing more than 18 days (out of 180 school days) are chronically absent and are at high risk of negative educational outcomes. Students should miss less than 5 percent (9 out of 180 school days) to best prepare them for

The full policy can be read at http://boe.mono.k12.wv.us/. Please take the time to read this policy in its entirety. Should questions arise, please direct them to the Director of Attendance, Danica Rubenstein, MCS Attendance Office at (304) 291-9210 ext 1502 - Attendance/Homeschool ext 1511 - Transfers





#### FROM PAGE D-2

capable of catching the "We want to do what

helps us win," Biser said. "In years past, we ran the ball because that's what we did best. If we have kids that can throw and catch, we will air it out a little."

Bowers is returning from an arm injury that he suffered at the end of last season. That injury prevented him from playing baseball in the spring but does have the signal caller feeling fresh to begin football season

"I'm going into camp healthy," Bowers, who injured his SC joint in his arm, said. "This is the best my arm has actually felt in

While the MHS offense averaged over 28 points a the defense from a cornergame last year, it was the defense that struggled at times. In fact, the Mohigans ball surrendered just nine points a game in their victories but 37.4 points in

"We would like to shave the points off the defensive average," Biser said. "There were a couple of times that we got in shootouts with people. I am a firm believer in defense

switched to a 4-3 hybrid defense from a base 4-4 under defensive coordinator Adam King and a key cog in that defense is Nutter who mans one of the linebacker spots.

"We have to be physical on defense," Nutter said. "We have a saying where we want nine guys to the ball. This year, we need all 11 rallying to the ball and getting everyone on the

The line will be key on the defensive side as well with Brown, M'Bayo, and Deprospero all back after seeing time up front last season. Biser said that junior Owen Williams and senior Marcus Ullom will also see time on the line.

Powell is the anchor of back spot as he seems to always be around the foot-

"He sets the tone," Biser said of Powell. "He is going to run through you when he comes at you, and he is going to take your soul when he hits you. He is one of the hardest hitting players that I have coached." Thomas, Kier and

Phares will also see time in

the defensive backfield.

and hopefully we can linebacker corps with Jaylon Hill, Troy Andis and Last year, the Mohigans Jake Anderson also in the

> The MHS special teams should be solid with Aiden Stire back at kicker while Powell and Landon Bradley will share punting duties.

> Once again, the Mohigans will face a tough schedule. They open with a home contest against South Charleston on Aug. 25 but also face Bridgeport, Musselman, Wheeling Park, Fairmont Senior, and rival University High School this

> "At Morgantown High, we don't have a track record of ducking people," Biser said. "I know there are games out there that some people would like us to play but I think our tough schedule has hurt us at times. It's tough to play all those without being dinged up."

Biser said this might be his most talented team at MHS, but the focus remains

"We don't worry about winning a game," Biser said. "This play is our mentality. In the grand scheme of things, we want to win a state championship and my expectation is our guys are going to work towards that championships Nutter anchors the every day."



Benjamin Powell/The Dominion Post

The Morgantown High School football team celebrates with the Mohawk Bowl Trophy after their victory against University last season.

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#### Wheeling Park Patriots looking to sustain 13-year playoff streak

#### **BY NICK HENTHORN**

The Intelligencer

WHEELING — Going into the 2023-24 season, the Wheeling Park Patriots have a long track record of success behind them- and, they expect, the pieces to continue to push forward at that same high standard.

With a playoff streak nearing the same number of years as some of the Patriot's players' ages, and a 7-4 record last year, there can be no doubt as to what Wheeling Park is working towards with the start of the season nearly upon

"Expectations always high here at Wheeling Park," head coach Chris Daugherty said. "I think we've made the playoffs 13 years in a row. Obviously we want to add to that. But it's one week at a time — we're going to have some young kids in some spots out on the field and it's going to be real important that we just get a little bit better every week."

Though they suffered some losses through graduation as every team does annually, the Patriots are hardly starting fresh, and

experienced among them for the football season." can step up their games juniors about midseason, and maybe juniors and

seniors that didn't get to Senior tailback Zac Lydick, play a ton last year are now looking like seasoned vet-Stephens Jr. return after eran kids," Daugherty said. productive seasons in '22-"I think the early part of the season is going to be real important for us, to be mistake-free. But also to continually grow every week,

every practice." single game. Offensively, Wheeling Park returns many parts of last year's whole, though there is a new face at quarterback. Junior Aidan Davis will be tasked with Along with Lydick,

"We have a new quarterback, but he's a talented kid. And he had to wait for another talented kid to graduate. But honestly, Aiden Davis was capable of playing last year, he's a quality quarterback, now offense and show everyone

running the offense this

"We've seen a lot of great tice but now it's going to be ball. Friday nights that he's going to get to go out. We

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Davis will hardly be might be a wideout, an Swauger. required to shoulder the inside slot. Amare's going entire show, as his sur- to be on the field as a wide rounding cast is filled with talent and experience. and senior wide receivers Mykel Davis and Keohn

Mykel Davis set a school record last year with four team. touchdown receptions in a

"[Mykel Davis] had a standout year last year," Daughterty said. "He really got better as the year went

sophomore Amare Johnson figures to see time both in the backfield and lined up as a receiver. The up-and-Also in the receiver coming athlete has quite a bit of family history going "We think we have a nice

young tailback for us in Amare Johnson," Daughit's his turn to take over the erty said. "His brother was an all-state tailback for us, his father was an all-state tailback for us, they both things out of him in prac- went on to play college foot-

"But Zac is quality, so

be in the backfield, he Trey Kocher, junior Isaac team's middle linebacker. receiver and maybe a

Versatility can be a key advantage for the Patriots offense, between Johnson and another multi-faceted player, Jameson Maynard, who Daugherty called "the heart and soul of our

Maynard, a junior, figures to line up as from the slot, as an in-line tight end, and in the backfield as a lead blocker or ball carrier. The ability to line up players in different spots, without bringing in different groupings of players, can help keep Wheeling Park from showing their hand.

room- and defensive back room– will be Kam Shanley, Noah Short, Jared Marsh, Ian Richards Owen Dobrzynski Hines, Mason Charlton, Xavier Neider, Isaac Sands, Bradley Kraft, Kolin Wiley, Brennen Wack, Cazh Campbell, Landen Hollingshead, Ronald Proctor, Michael West and

Sincear Galberth. In the runningback we're going to use Amare in room along with Lydick expect big things out of him some ways where he might and Johnson are junior

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sophomore more Malaki Washington, Biery and junior Gabe

Larance. Along the offensive line, junior Cameron Bryan looks to build off a sophomore season where the big man thrived in a position where physical maturity strength

paramount "Our right tackle is returning in Cameron Bryan," Daugherty said. "He's only a junior but he had to start last year as a sophomore and he had a great season. He's an even bigger, better version of

Junior Hunter Means and senior Derek Croghan are also penciled in at right and left guard, both receivline last season. The Patritled at center or left tackle Miller and senior Carson front runners at each of those respective spots.

When it comes to the defensive side of the ball, it once again starts with Maynard, who returns as the

In the trenches, Derek Croghan and Hunter Means give Daugherty and Park a luxury in two experienced, tough interior defensive linemen to repel run games and push the

Playing deep for the Patriots is another experienced player in Jared Marsh. Experience and speed, both physically and mentally, are must-haves at free safety, and Marsh- who Daugherty called "the brains back there [at safety]," checks all the

Surrounding those core

four, senior Jordan Beasley will figure in heavily along the defensive line, Washington and Nolan Yanchak are top candidates for lineback next to Maynard, while Mykel Davis and Stephens Jr. will likely fill in as defensive backs, perhaps next to Marsh as the safety tandem, perhaps in the mix at corner with senior Ian Richards, who saw plenty of time at cornerback last year, and Kam Shanley, who likewise got reps across from opposing

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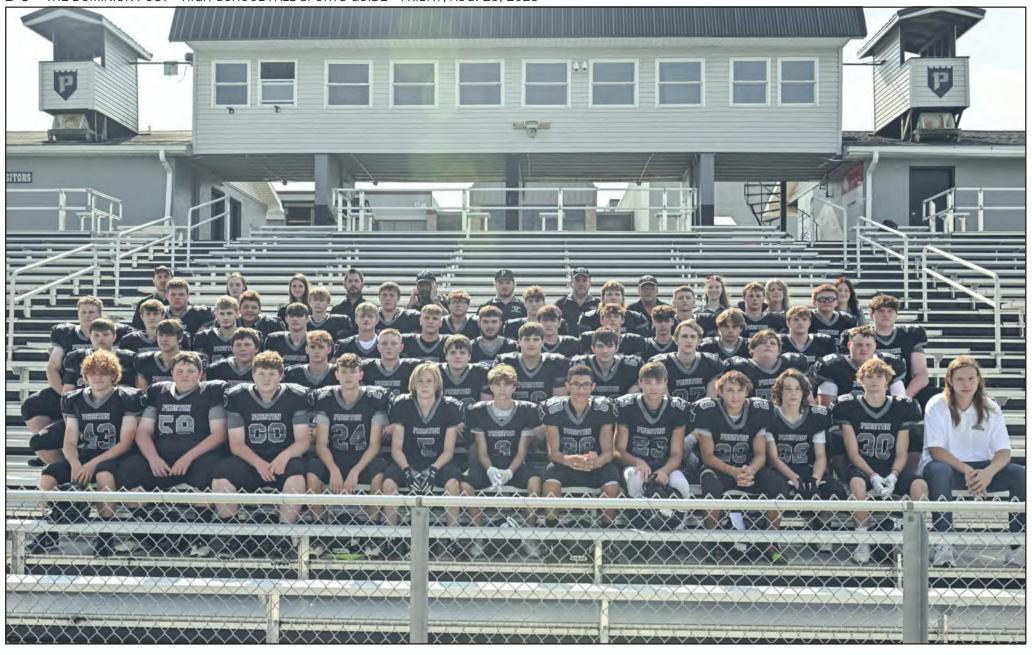
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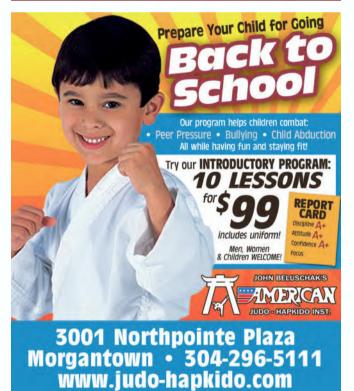
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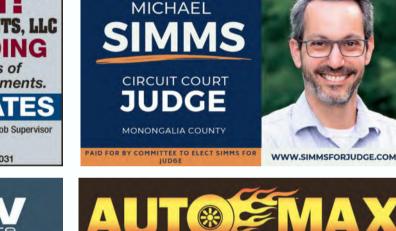






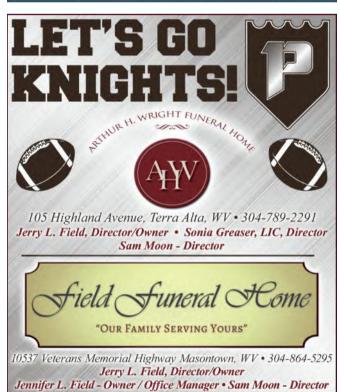














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#### Knights look to continue building under coach Mark Deep



William Wotring/The Dominion Post

The seniors on Preston High's football team, left to right, Donavan Weaver (52), Greyson Kuhn (64), Dillon Taylor (8), Aiden Swain (50) and Riley Land (20).

#### **BY MICHAEL GRIFFITH** Sports@DominionPost.com

KINGWOOD — Preston High School football head coach Mark Deep and his program have experienced plenty of "growing pains" over the years as far as the youth and inexperience of

the roster at the Class AAA

Despite only five seniors on the team coming into the 2023 season, the Knights are slightly larger in numbers, welcome three new coaches on the staff and could find some success aiming to build on a 1-9 2022 record in a year that will be very important for the program going forward.

"This is what the summer is for," Deep said. "We've been able to see some things click and take positive steps with our

scrimmages. We saw some things we were prepared for and that we weren't prepared for and we will learn from that. We try to get as much out of our offense and defense as we can and there's more to be done now and long-term for the season."

Deep and his team will welcome two transfers from Trinity Christian, Aaron White and Landon Goodwin, after the temporary halting of the football program at the private institution. Per WVSSAC rules, since TCS hadn't held a single football practice after the official season began, the players could choose to play for the school that was in-district of their home address. White and Goodwin will both suit up for PHS this season, and will have a chance to see playing time and make a positive impact.

White, checking in at 6'5 and over 220 pounds, is only a junior and could be a big part of both the offensive and defensive lines for the next two seasons at Preston.

One returning senior, captain Greyson Kuhn who lines up on both lines for PHS, says the offseason has felt like one of the best hes had during his time in the program and that he knows the future of the team is

"The summer has been awesome and we've seen so many freshman come out this year," Kuhn said. "With only the five seniors we know they will rely on us a lot but we have a bright future up here with the coaching staff and the youth. We are just ready to get out there and go fight."

Three new coaches will join coach Deep on the sidelines this season in Dominic Lough, Drew Toth, and Kevin Fike. Toth will serve as the offensive coordinator and the QB/RB coach, while assisting the linebackers and DB's on the other side of the ball.

"These first couple of weeks and games are important for leading and showing these new guys to have no doubt and play hard," Kuhn said. "We are trying to build the pride back at this school and really show what we can be. In the past we've had roster of 30 or so players total, and this year we have over 20 freshman coming out for the team.'

#### **Preston Schedule**

AUG. 25: at Hampshire, 7 p.m.

SEPT. 1: at North Marion, 7 p.m. SEPT. 8: at Fairmont Senior, 7 p.m.

SEPT. 15: Robert C. Byrd, 7 p.m.

SEPT. 22: at East Fairmont, 7 p.m.

SEPT. 28: Woodrow Wilson, 4 p.m. (Thursday) OCT. 13: at Bridgeport, 7 p.m.

OCT. 20: University, 7 p.m.

OCT. 27: at Buckhannon-Upshur, 7 p.m.

NOV. 3: Philip Barbour, 7 p.m.



Greyson Land Kuhn



Donavan Weaver



**Dillon Taylor** 



**Swain** 



Preston's Ethan Likens (7) reacts after making a play against Hampshire during a game last season.

Deep and his team will open the season with three straight games on the road, beginning with Hampshire who defeated the Knights 28-21 in the 2022 season opener. Two tough games against North Marion and Fairmont Senior follow in weeks two and three. PHS

on September 15, welcoming Robert C. Byrd.

"We know where we need to improve at and we will get to work on that next week," Deep said. "We have some talent on this team and are hopeful and excited to get started with this group."

#### Three new assistant coaches will be roaming Preston's sideline

**BY MICHAEL GRIFFITH** 

Sports@DominionPost.com

KINGWOOD — The future of the football program at Preston High School is now. With a roster of only five players in the senior class and a large chunk aging in the freshsophomore man and ranges, head coach Mark Deep and his staff know this year will be crucial for success in the years to come.

One attempt to make a change is to bring in some new faces when it comes to coaching, something Deep has done in the offseason with the addition of three new assistant coaches. Kevin Fike, Drew Toth, and Dominic Lough will all join the Knights football pro-

Toth will coordinate the



Preston football head coach Mark Deep added three new assistants to his coaching staff for 2023.

offense and coach the quarterbacks and running backs, while helping defensively with the linebacker group.

Fike will serve as the defensive coordinator and also coach the inside linebackers on defense, assisting with the offensive line on the other side of the

Finally, Lough will assist the wideouts and defensive backs of the team.

Each bring years of coaching experience to the sidelines, and Deep said all three have done a wonderful job so far.

Lough comes to Preston after spending the past two seasons at Grafton High School, where Toth was the head coach previously.

"I recently moved from Morgantown to Grafton, so when the opportunity came up I couldn't pass it up," Lough said. "All of the staff has welcomed me with open arms and the transition has been smooth."

Lough says one thing that has stood out to him with his new players is their coachability.

"I am impressed with how coachable our players are here," he said. "They are willing to step put of

their comfort zone to learn things they never have before. Our team goal is to change the culture of the program this season and be competitive on Friday nights."

will play its home opener

Toth mentioned the challenge of being a first-time coach with a program, especially one aiming to turn itself around. After spending the past seven years on staff at Lincoln High School, Toth is ready to help the Knights win games.

"Personally I'm excited for the challenge that comes with this position at Preston," he said. "The opportunity is exciting, I've been pleased with the effort from the kids so far, physically and mentally both. It's not easy to go out and change a playbook or a scheme, and they've done well."

Fike is back for his second stint in the county after spending eight years coaching at East Preston.

'Being able to come back to the county I graduated, where my sons graduated, and where my grandkids will graduate from is special," Fike said. "The evaluation process has been emphasized early in the year. Coach Deep and I talked before the season about the defense and we like the 4-2-5 and are working on the implementa-

tion." "We've got some young kids in the group, but they have potential," Fike said. "They have some size and athleticism and we have some good things to work with in the group."





# **WVU**Medicine

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